

Christian Brothers

High School is

the place to be.★





*Christian Brothers High School truly is the place  
to be if you are looking for excellent academics  
in a nurturing, faith-filled community.*



# Welcome★

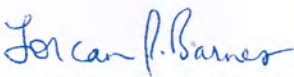
## Welcome to Christian Brothers High School...*the place to be!*

As educators and parents, we know firsthand the importance of finding the best possible place for your son or daughter to prepare for success in college and beyond. We are honored you have included Christian Brothers in your search.

Christian Brothers High School truly is *the place to be* if you are looking for excellent academics in a nurturing, faith-filled community. Visitors to our campus often comment on the warm and welcoming feeling among the faculty, staff and students. This comes from the venerated tradition of St. John Baptist de La Salle and his core belief that the sacred mission of teachers is to touch the hearts and minds of the students entrusted to their care. Excellence is the standard as teachers challenge students to engage fully in a curriculum and a community that prepare them well for the academic and social rigors of college.

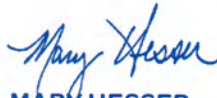
Christian Brothers' coeducational, multi-national environment allows students to grow and develop in a healthy setting that reflects the real world they will encounter in college and in their careers. Education at Christian Brothers focuses on finding and fostering the God-given talents and gifts unique to each student. Our dedication to educating the whole child includes outstanding programs in the arts and athletics, as well as unique opportunities for meaningful community service. Clubs and cocurricular programs allow students to fully engage as valued members of our campus life.

We invite you to tour our campus and talk with current students, parents and faculty to see firsthand the many reasons that Christian Brothers High School is *the place to be*.



**LORCAN P. BARNES**

*President*



**MARY HESSER**

*Principal*



*Christian Brothers' Principal Mary Hesser and President Lorcan Barnes greet Most Reverend Jaime Soto, Bishop of the Diocese of Sacramento, before he joins students for their morning classes.*



# *Be Part of a Community*★

Take a walk on the Christian Brothers High School campus and the feeling of community among the students, faculty and staff is palpable. In its more than 139 years in Sacramento, this venerable high school has changed its location three times and been known by six different names. What remains unchanged is the inimitable spirit – the Lasallian spirit and tradition of teaching and caring for young people in a community steadfastly dedicated to the intellectual growth and spiritual well-being of its students.

Christian Brothers is an extraordinary community of students from a variety of ethnic, economic and spiritual backgrounds. Together, students learn to recognize their own self-worth, as well as the unique diversity and value of others.





*With 64 colleges and universities, and more than 900 primary and secondary schools throughout the world, Lasallian educators live by the philosophy that the best teachers touch both the hearts and minds of their students.*



*"Christian Brothers High School prepared me well for every aspect of college. Academically, I had a solid foundation. Socially, Christian Brothers reinforced respecting and appreciating the differences in others, men and women, rich and poor, smart and struggling. That definitely helped in acclimating to college classes, living in the dorms, and collaborating with classmates."*

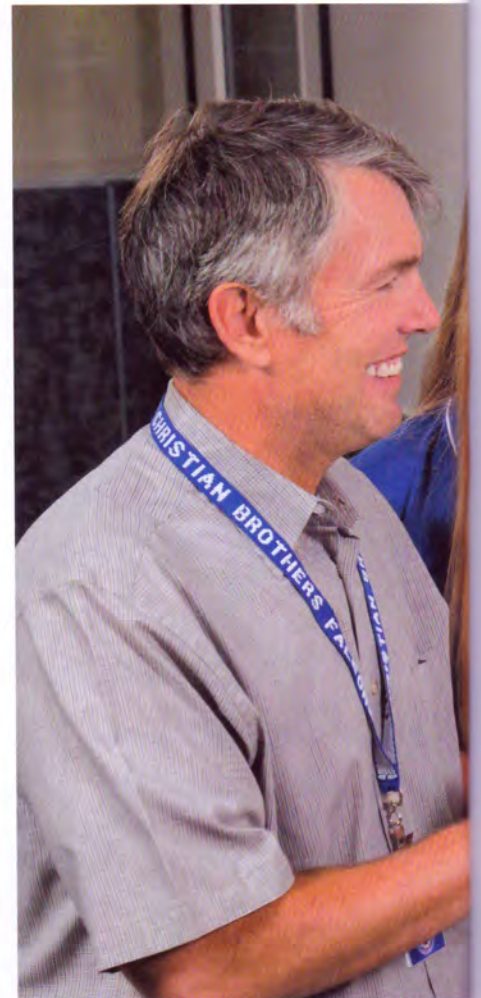
**PRESTIN BARNETT '14  
UNIVERSITY OF CHICAGO '18**



# Be Challenged.★

**Christian Brothers excels as a college preparatory high school.**

Students are challenged to meet their God-given potential with a core curriculum that emphasizes reflective thinking, critical analysis and writing skills. A wide variety of elective courses enhance each student's opportunity to pursue advanced studies in his or her area of interest. Graduates are well prepared for the academic rigors of college and establish habits of lifelong learning and service.



## Course Placement Process

A panel of experienced educators evaluates every student on an individual basis to determine the academic program that will best challenge and prepare him/her for college. Course placement is based on a number of factors including placement exam results, standardized test scores, teacher recommendations, past coursework, student achievement and grades. Christian Brothers has three categories of college preparatory curriculum:

- Foundational College Prep
- College Prep
- Accelerated College Prep

## Scholar Program

Highly motivated students who seek the additional challenge of the most rigorous college preparation in all subjects are invited to join the Scholar Program following their first year at Christian Brothers. Students selected to join the program benefit from activities that promote team building, leadership and Christian service.

## Potential Scholars

- Are enrolled in honors courses.
- Meet established grade-level GPA requirements.
- Possess keen critical-thinking skills.
- Learn rapidly.
- Desire to serve others through leadership.

Graduating from Christian Brothers as a Scholar is one of the school's highest distinctions. Students who successfully complete the Scholar Program receive additional recognition at graduation and in their high school transcripts.





Lasallian education is rooted in innovation and giving students what they need, when they need it.

Current projections indicate that more than 1.2 million U.S. jobs in science, technology, engineering and math (STEM) related fields will go unfilled by 2018. In 2014, Christian Brothers launched an engineering program featuring an award-winning four-year curriculum to augment its excellent programs in science, technology and math. Providing our students with a program that instills a love of engineering, and develops future innovators and problem-solvers who also possess deep core values, positions students for success.

*In 2013, 2014 and 2015 Christian Brothers earned a place on the Washington Post's list of "America's Most Challenging Private High Schools."*



*More than 26 Honors and Advanced Placement (AP) classes provide exceptionally rigorous curricula and the opportunity to earn college credits while attending Christian Brothers.*



# Be an Artist★

Christian Brothers' dedicated, motivated and creative visual and performing arts faculty encourage and challenge students to succeed. As Lasallian educators, they focus on finding and fostering the God-given talents and gifts unique to each student.

As part of its ongoing commitment to educating the "whole" child, Christian Brothers stepped up its commitment to the visual and performing arts. It now boasts an outstanding roster of eight choral groups; six instrumental performance groups; three annual theatre productions; and numerous art classes and exhibitions. Currently, 600 students (more than half of the student body) participate in the arts.

Freshmen may enroll in Introduction to Art, Men's Chorus, Women's Chorus, Beginning Band, Concert Band or Orchestra. Both Visual Arts and the Music Department offer four-year programs that allow students to pursue advanced study in their chosen discipline. Theatre productions are open to all students.







In the spring of 2014, Christian Brothers celebrated the grand opening of the George Cunningham '40 Performing Arts Center.

This 16,500 square-foot campus addition houses the 350-seat Thea Stidum Theatre, the Taylor Family Gallery and two music classrooms.



KBFT, Christian Brothers' student-produced newscast offers hands-on experience in television, video and audio-engineering production. Rated No. 1 in the nation nine times in the past 12 years, KBFT has earned more than 90 national and local awards for best live news broadcast, best news commentary, best music video, best live sports broadcast, best graphics and numerous other categories. Students may also further their media studies in Christian Brothers' Writing For Publication classes.



Check us out on YouTube: [YouTube.com/KBFT](https://www.youtube.com/KBFT)

# Be an Athlete★

Education at Christian Brothers extends beyond the classrooms into the athletic arena. From early on, the school's athletic programs provided students with life lessons in teamwork, perseverance, competition and school spirit. Today, more than 600 student-athletes participate in one or more of the school's 28 sports.

## Men's Athletics

- Baseball
- Basketball
- Cross-Country
- Diving
- Golf
- Football
- Rugby
- Soccer
- Swimming
- Tennis
- Track & Field
- Volleyball
- Water Polo
- Wrestling

## Women's Athletics

- Basketball
- Cheerleading
- Cross-Country
- Diving
- Golf
- Lacrosse
- Soccer
- Softball
- Swimming
- Tennis
- Track & Field
- Volleyball
- Water Polo
- Wrestling



*"Thanks to my teachers and coaches, I had a fantastic high school experience and achieved my goal of playing college football."*

VINCENT JOHNSON '13  
UC BERKELEY '17



CHRISTIAN BROTHERS HIGH SCHOOL



*In the past 4 years, 61 student-athletes committed to play for college sports' programs.*





# Be Inspired★

High school years are an ideal time for young people to embrace and celebrate faith. The foundation of our mission as a Lasallian Catholic school is the spiritual development of our students.

Through our Lasallian Student Life program, students explore and experience faith in a community that allows their God-given gifts and talents to flourish. The Lasallian Student Life Office organizes liturgies, coordinates a four-year retreat program, facilitates a vibrant Christian Service program and leads a dedicated group of student-volunteers known as Lasallian Youth. Students actively participate in planning and orchestrating liturgies, and serve as retreat leaders helping organize and facilitate student and family retreats.

Enter to learn, leave to serve. While that motto is proudly inscribed on the tower of the school's state-of-the-art STEM wing, it is also inscribed in the heart of our learning philosophy. Christian Brothers' Oak Park location provides for meaningful, ongoing service to some of the community's most vulnerable members. Students act as tutors and mentors to the children at the local elementary school. The Lasallian Youth, in conjunction with students in Lasallian schools throughout the United States, organize and participate in service activities and charity drives. Throughout the year, ongoing service projects include feeding the hungry, neighborhood clean-up, and helping the homeless.

*Lessons taught in the classroom come to life through Christian Service-Learning as students take those lessons and apply them through meaningful service projects that help the school and the community.*





At the time of his death in 1719, De La Salle not only left a network of quality schools throughout France, but a legacy of inspiring others how to teach and care for young people. Today the De La Salle Christian Brothers continue that legacy - and have built a distinguished reputation for excellence in education, always in a nurturing, faith-filled environment. In 1876, the De La Salle Christian Brothers and members of the Catholic community brought that legacy to the Sacramento Valley, establishing a Christian Brothers school in Sacramento.

*“Christian Brothers’ motto, ‘Enter to learn, leave to serve,’ could not have been more accurate for me. In my four years, I was able to grow in faith through activities such as altar serving, Eucharistic ministering, retreat leading, and a service immersion trip to New Orleans. The opportunities to live a Christian lifestyle truly are countless at Christian Brothers.”*

ALEX CONTRERAS '11, STANFORD UNIVERSITY '15





# Be Connected★

Christian Brothers' Lasallian mission calls for innovation in ensuring that students are prepared to take their place as ethical leaders in an interdependent, diverse and rapidly changing world. Today, that means an international, 21st century education that equips them with cultural knowledge, technological skills and integrity.

In 2012, Christian Brothers launched an International Student Program. Since then, students have come to Christian Brothers from 15 different countries. Yet, welcoming young men and women from other countries and cultures is only part of the equation. Learning about other cultures is integrated throughout the curriculum. Our faculty understands that teaching about other cultures, faiths, and ways of living helps students better understand the various perspectives that frame the world in which they live.

*"My family and I looked at many schools in the United States. Christian Brothers stood out for me as the best and it has definitely lived up to my expectations. I am grateful for the excellent education I am receiving, and the teachers who go above and beyond to help me be successful."*

**GELIANG 'NEIL' ZHANG '16, INTERNATIONAL STUDENT ▶**





## 1:1 Student iPad Program

Technology is also a vital component of 21st century learning connecting students with the world in real-time. Teenagers today are surrounded by technology – the internet, cell phones, Facebook, Instagram, Snapchat, text messaging, etc. Their ability to multitask and embrace new technologies has changed the way they learn and, in turn, changes the way we teach. Integrating technology into Christian Brothers' classrooms and enhancing the learning environment are priorities embraced at Christian Brothers.

In 2013, Christian Brothers began its 1:1 student iPad program to harness students' energy and enthusiasm for technology while developing essential skill areas of complex communication, new media literacy, collaboration, creativity, and self-directed learning. In a global economy where colleges and employers select candidates from around the world, Christian Brothers graduates will be strategically positioned and prepared for success. With increased cultural understanding and the vast expanse of resources now available to them, Christian Brothers students have the world at their fingertips.

Since 2012, students have come to Christian Brothers from **15 different countries.**



# *Be In a Real-World Coeducational Environment.*★

Back in the 1980s when discussions began between the Diocese of Sacramento, Christian Brothers High School, the Board of Regents, students, families, alumni and Sacramento's other Catholic high schools, it became clear that coeducation was an idea whose time had come. Twenty-five years after making that transition, the school stands as a stalwart example of just how right they were.

Look beneath Christian Brothers' excellent college admissions and high standardized test scores, and you will find an inclusive, spirited school community grounded in reinforcing mutual respect and preparing students to thrive in the real world of college and beyond.

As a Lasallian Catholic school, it is Christian Brothers' responsibility to prepare students to thrive in college, a workforce and world that include both men and women. Rather than separating boys and girls during this important developmental time, educators mindfully facilitate interactions that reinforce mutual respect, collaboration, friendship and learning to appreciate differences in others. Doing so in the classroom is ideal as it is both purposeful and supervised.

*"I think that my experiences collaborating with boys and girls in the classroom, in KBFT and on service projects definitely helped in my transition to college. There was no learning curve in terms of speaking out or finding my voice."*

**KATIE SYLVA '11, UNIVERSITY OF NOTRE DAME '15**







A growing body of research shows the benefits of coeducation include:



Increased confidence in expressing views in the presence of opposite-gender peers.



An ability to make friends easily with both males and females.



Increased opportunities to participate in cocurricular activities with opposite-gender peers.



Increased participation by girls in the classroom.



*"We attended elementary school together. We are going to go to college together and work together. It seems a little ridiculous to say that we can't learn together in high school. How do you really get ready for college when you haven't worked with 51 percent of the population?"*

**RYAN PEABODY '12, UCLA '16**



# Be Prepared for Success in College★

Caring, attentive and highly-skilled college and guidance counselors work closely with each student to ensure they are well prepared, academically and socially, for success in high school and ultimately with the college admissions process. Christian Brothers provides students with dedicated grade-level counselors, a four-year comprehensive guidance program, and a wellness and prevention program to proactively address the many choices and challenges facing teens today.

*“Christian Brothers changed my life. I met the most amazing people and my intellect was challenged every day by an extraordinary faculty.”*

**MATTHEW READE '14  
POMONA COLLEGE '18**



## Recent graduates of Christian Brothers High School were offered admission to the following colleges and universities:

Academy of Art College  
 American University  
 Auburn University  
 Barnard College  
 Berklee College of Music  
 Boise State University  
 Boston College  
 Boston University  
 California Institute of Technology  
 California Institute of the Arts  
 California Polytechnic University  
 California State University - all campuses  
 Carroll College  
 Chaminade University  
 Chapman University

Claremont-McKenna College  
 Clark Atlanta University  
 College of William and Mary  
 Columbia University  
 Cornell University  
 Creighton University  
 Dartmouth College  
 De Paul University  
 Dickinson College  
 Dillard University  
 Dominican University  
 Duke University  
 Embry-Riddle Aeronautical University  
 Emerson College  
 Evergreen State University  
 Fisk University

Fordham University  
 Franklin & Pierce University  
 Franklin College Switzerland  
 George Washington University  
 Georgia Tech  
 Georgetown University  
 Gonzaga University  
 Graceland University  
 Great Falls University  
 Hampton University  
 Harvard University  
 Harvey Mudd College  
 Hendrix College  
 Holy Names College  
 Howard University  
 Indiana University

Lafayette College  
 La Salle University  
 Lehigh University  
 Lewis University  
 Lewis & Clark College  
 Loyola Marymount University  
 Macalester College  
 Manhattan College  
 Massachusetts Institute of Technology  
 Middlebury College  
 Mills College  
 Morehouse College  
 Mount Holyoke College  
 Mount St. Mary's College  
 New Mexico Military Institute  
 New York University



**100 percent** of respondents indicated that Christian Brothers' academic programs prepared them for the rigors of college.

(IN A RECENT SURVEY)



Members of the Class of 2015 are attending college in **20 states** and two **foreign countries**.



**Ninety-nine percent** of Christian Brothers students typically enroll in college immediately following graduation.

Northern Arizona University  
Northwestern University  
Occidental College  
Oregon State University  
Pepperdine University  
Pomona College  
Princeton University  
Purdue University  
Reed College  
Regis University  
Rice University  
Rutgers University  
Saint Mary's College  
Santa Clara University  
Scripps College  
Southern Methodist University

Spelman College  
Stanford University  
St. John's University  
Texas A & M University  
Tufts University  
Tulane University  
Tuskegee University  
U.S. Air Force Academy  
U.S. Coast Guard Academy  
U.S. Military Academy (West Point)  
U.S. Naval Academy (Annapolis)  
University of Arizona  
University of California - all campuses  
University of Chicago  
University of Colorado

University of Florida  
University of Georgia  
University of Idaho  
University of Illinois  
University of Maine  
University of Miami  
University of Montana  
University of Nebraska  
University of Nevada: Las Vegas  
University of Nevada: Reno  
University of New Mexico  
University of New South Wales  
University of Notre Dame  
University of Oregon  
University of the Pacific  
University of Pennsylvania

University of Portland  
University of Redlands  
University of St. Andrews (Scotland)  
University of San Diego  
University of San Francisco  
University of Southern California  
University of Sydney  
University of Washington  
Vanderbilt University  
Wake Forest University  
Washington State University  
Wellesley College  
Whitman College  
Willamette University  
Xavier University



# Be Yourself★

Education at Christian Brothers is more than textbooks, examinations and report cards. Although these are all important, the goal at Christian Brothers is to develop the whole person. With a diverse and wide-ranging list of student clubs and activities, we encourage all of our students to become involved in campus life outside of the classroom.



## Student Government

- Associated Student Body Officers
- Class Councils

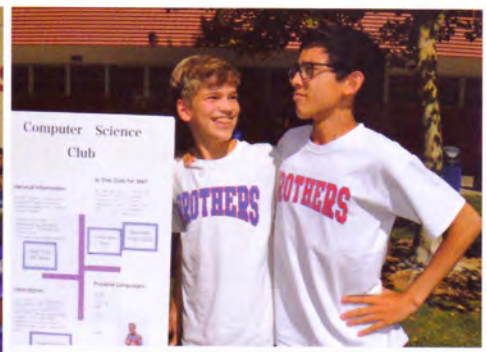
## Activities and Clubs

- Academic Decathlon
- Anime Club
- Announcement Club
- Badminton Club
- Asian Pacific Club
- Best of Friends
- Block Club
- BSU
- CB Cinema
- Christian Service Corps
- Club 106 (Ping Pong Club)
- Communion & Liberation
- Computer Science Club
- Cooking Club

- Dignity Club
- Disney Club
- Environmental Club
- Falcon Force
- French Club
- GQ Club
- Heartbeats
- Helping Others (Grief Group)
- Interact
- Intramural Club
- Kids-4-Kids

- Lasallian Youth
- Life Savers
- Literary Arts Journal
- Mathletes
- Maya Club
- Moot Court
- NextGenVest
- Open Mic
- Ping Pong
- Political Club
- Red Cross Club
- Respect Life
- Robotics
- Science Olympiad
- Theatre Society
- Super Blankets
- Wellspring
- Yoga Club





*Lasallian education means touching the hearts and minds of students entrusted to our care.*

In a recent survey of graduates, **100 percent** of respondents indicated that if given the opportunity to choose again, they would **choose to attend Christian Brothers High School.**





# Be One of Us.★

## Admissions

Christian Brothers invites a wide range of students to apply for admission. Students who are accepted to the 9th grade each year range from individuals seeking the most rigorous college preparatory curriculum to young men and women needing additional skill development as they prepare for college. Courses are taught to ensure every student reaches his or her potential. Christian Brothers seeks to admit students from Catholic elementary schools, children of alumni and families presently enrolled, as well as those from other religious, private and public schools. Since applications exceed the spaces available, all applicants must follow the procedures noted below.

- Complete the application, including the parent/student questionnaire. Applications are accepted online.
- Teacher Evaluation Forms and Transcript Request Forms are available online or upon request through the admissions office.
- Take the High School Placement Test at Christian Brothers in January.

*Please visit our web site at [cbhs-sacramento.org](http://cbhs-sacramento.org) for a complete admissions timeline including important deadlines and test dates.*

## Transferring to Christian Brothers

Christian Brothers welcomes students interested in transferring in the sophomore or junior years. The following process is offered to be considered for admission:

- **Campus Visits:** Students considering transferring to Christian Brothers are invited to join us for a campus visit. Please contact the admissions office at (916) 733-3690 to schedule your visit.
- **Application, Transcripts and Recommendation Forms:** Transfer applications are accepted online. The school will also need an immunization record, student transcript, daily attendance record and all required CIF paperwork.

*Please contact the office of admissions at (916) 733-3690 or visit our website at [cbhs-sacramento.org](http://cbhs-sacramento.org) for more detailed information and exact dates.*



Follow us on Facebook at:

[FACEBOOK.COM/CBSACRAMENTO](https://www.facebook.com/CBSACRAMENTO)



Students come to Christian Brothers from 70 zip codes throughout Sacramento and its surrounding communities.



Christian Brothers does not discriminate on the basis of gender, race, color or racial or ethnic origin in the administration of its education policies, admission policies or tuition assistance.

Academic excellence and a caring community are the primary reasons parents cite for choosing to send their sons and daughters to Christian Brothers.





## Christian Brothers High School

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