

Christian Brothers High School

**THE PLACE TO BE**





## **Our Mission**

**Christian Brothers High School is a Lasallian Catholic coeducational college preparatory high school. We are dedicated to inspiring and empowering young men and women with a challenging, relevant, and diverse academic program and co-curricular activities. Students thrive in a Christ-centered community that fosters faith, integrity, global citizenship, leadership and service, preparing students for college and life.**



# WELCOME!

## Welcome to Christian Brothers High School... the place to be!

As educators, we know firsthand the importance of finding the best possible place for your son or daughter to prepare for success in college and life. We are honored you have included Christian Brothers in your search.

Christian Brothers High School truly is *the place to be* if you are looking for excellent academics in a nurturing, faith-filled community. Visitors to our campus often comment on the warm and welcoming feeling among our faculty, staff and students. This comes from the venerated tradition of St. John Baptist de La Salle and his core belief that the sacred mission of teachers is to touch the hearts and minds of the students entrusted to their care. Excellence is the standard as teachers challenge students to engage fully in a curriculum and a community that prepare them well for the academic and social rigors of college.

CB's coeducational, multi-national environment allows students to grow and develop in a healthy setting that reflects the real world they will encounter in college and in their careers. Education at Christian Brothers focuses on finding and fostering the God-given talents and gifts unique to each student. Our dedication to educating the whole child includes outstanding programs in the arts and athletics, as well as unique opportunities for meaningful community service. Clubs and co-curricular programs allow students to fully engage as valued members of our campus life.

We remain grounded in our Lasallian Catholic mission and are committed to ensuring that our students and families enjoy a wonderful four years. Thank you for considering Christian Brothers and we invite you to learn more about the amazing students, faculty, and staff who make up this phenomenal community.

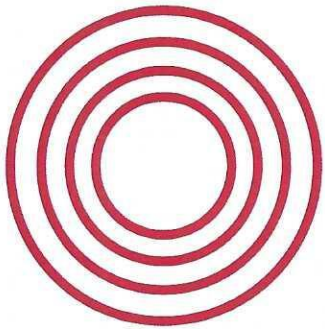
Sincerely,

**David Perry, Ed.D., President**





# BE PART OF A COMMUNITY



Take a walk on the Christian Brothers High School campus and the feeling of community among the students, faculty and staff is palpable.

In its almost 150 years in Sacramento, this venerable high school has changed locations three times and been known by six different names. What remains unchanged is its inimitable spirit – the Lasallian spirit and tradition of teaching and caring for young people in a community steadfastly dedicated to the intellectual growth and spiritual well-being of its students.

Christian Brothers is an extraordinary community of students from a variety of ethnic, economic, and spiritual backgrounds. Together, students learn to recognize their own self-worth, as well as the unique diversity and value of others.

With colleges, universities, primary and secondary schools in 80 countries serving more than 1 million students, Lasallian educators live by the philosophy that the best teachers touch both hearts and minds.



“

**Inclusive community isn't a goal, but a standard; concern for the poor isn't an idea, but an action; respect for all people is a responsibility; and faith in the presence of God is a blessing.**

**ELMER LIZARDE '16, UCLA '20**





# BE CHALLENGED

## Christian Brothers excels as a college preparatory high school.

Students are challenged to meet their God-given potential with a core curriculum that emphasizes reflective thinking, critical analysis and writing skills. A wide variety of elective courses enhance each student's opportunity to pursue advanced studies in his/her area of interest. Graduates are well prepared for the academic rigors of college and establish habits of lifelong learning and service.

Over **35 HONORS AND ADVANCED PLACEMENT (AP) CLASSES** provide exceptionally rigorous curricula and the opportunity to earn college credits while attending CB.

### Academic Programs That Meet Students Where They Are

A panel of experienced educators evaluates every incoming 9th grader to determine the academic program that will best challenge him/her in the freshman year. Placement is based on a number of factors including placement exam results, standardized test scores, teacher recommendations, past coursework, student achievement and grades.

Christian Brothers has two categories of college preparatory curriculum for freshmen:

- College Prep
- Accelerated College Prep

Beyond freshman year, a student's courses are determined by past performance, areas of interest and teacher recommendations. Students are not locked into a program or placement.

### Academic Resource Center

The Academic Resource Center (ARC) helps meet students' various learning needs and academic challenges by ensuring they have access to the resources and support they need to be successful within CB's college preparatory curriculum.

Students who need assistance with core academic content, homework organization and prioritization, and study skills may be enrolled in a one-semester ARC class. These classes are designed for small groups, aimed to meet the individual needs of each student.

### Scholar Program

Highly motivated students who seek the additional challenge of the most rigorous college preparation in all subjects while meeting the GPA requirements are invited to join the Scholar Program.

Students selected to join the program benefit from activities that promote team building, leadership and Christian service.

Potential Scholars:

- Are enrolled in honors courses.
- Meet established grade-level GPA requirements.
- Possess keen critical thinking skills.
- Learn rapidly.
- Desire to serve others through leadership.

Graduating from CB as a Scholar is one of the school's highest distinctions. Students who successfully complete the Scholar Program receive additional recognition at graduation and in their high school transcripts.





## LASALLIAN EDUCATION

Lasallian education is rooted in innovation and giving students what they need, when they need it. Current projections indicate that more than 3.5 million U.S. jobs in science, technology, engineering and math (STEM) related fields will go unfilled. In 2014, CB launched an engineering program featuring an award-winning four-year curriculum to augment its excellent programs in science, technology and math. Providing a program that instills a love of engineering and develops future innovators and creative problem-solvers who also possess deep core values, positions our students for success.

The **ACADEMIC RESOURCE CENTER (ARC)** is part of a quartet of support services for students that also includes academic counseling, health and wellness counseling, and pastoral care.

# BE AN ARTIST

**Christian Brothers' dedicated, motivated and creative media, visual and performing arts faculty encourage and challenge students to succeed.**

As Lasallian educators, they focus on finding and fostering the God-given talents and gifts unique to each student.

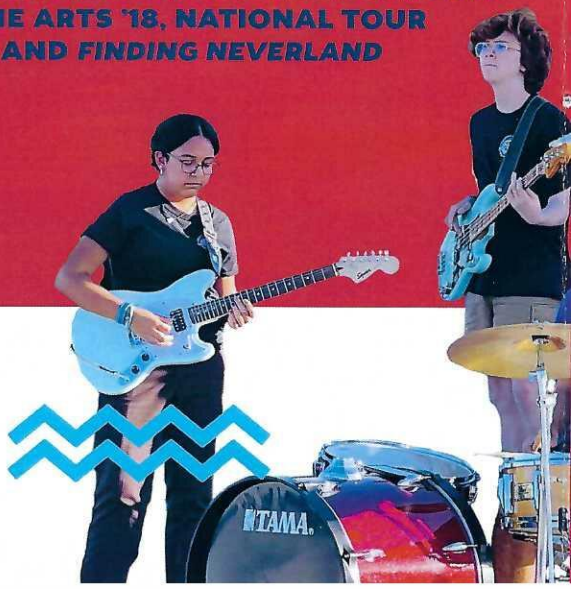
As part of its ongoing commitment to educating the "whole" child, Christian Brothers enhanced and expanded its commitment to the arts. It now boasts an outstanding roster of six choral groups, numerous instrumental performance groups, three annual theatre productions and numerous art classes and exhibitions. Currently, 600 students (more than half of the student body) participate in the arts.

Freshmen may enroll in Introduction to Art, theater, choir, guitar, band or honors band. Both visual arts and the music department offer four-year programs that allow students to pursue advanced study in their chosen discipline. Theatre productions and courses are open to all students.



***CB absolutely prepared me to succeed in the classroom. The theatre arts program fostered my love of performing and really instilled in me the confidence to follow my dreams.***

**ALLISON LIAN '14, NYU TISCH SCHOOL OF THE ARTS '18, NATIONAL TOUR CATS AND FINDING NEVERLAND**





KBFT, the school's student-produced newscast, offers hands-on experience in television, video and audio-engineering production. Rated number one in the nation numerous times since its inception in 2002, KBFT has earned more than 100 national and local awards for best live news broadcast, best news commentary, best music video, best live sports broadcast, best graphics and many other categories. Students may also further their media studies in Sports Broadcasting, Writing for Publication courses and an Advanced Journalism course.



CB students showcase their talents in the **GEORGE CUNNINGHAM '40 PERFORMING ARTS CENTER**. This 16,500-square-foot campus gem houses the 350-seat Thea Stidum Theatre, Taylor Family Gallery, and two music classrooms.



# BE AN ATHLETE

Education at Christian Brothers extends beyond the classrooms into the athletic arena.

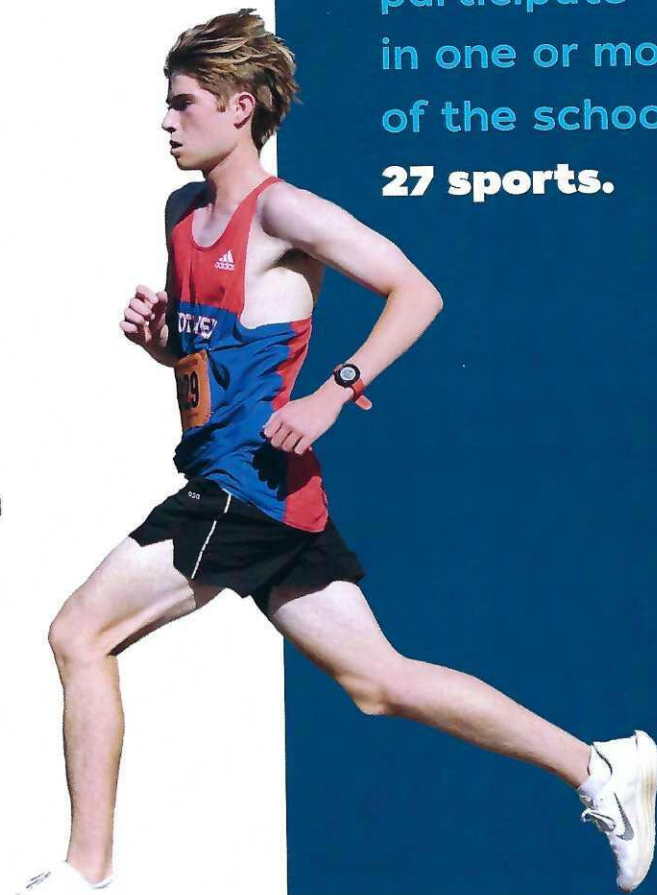
The school's athletic programs provide students with life lessons in teamwork, perseverance, competition and school spirit. Today, more than 600 student-athletes participate in one or more of the school's 27 sports.

## Men's Athletics

- Baseball
- Basketball
- Cross-Country
- Diving
- Football
- Golf
- Lacrosse
- Soccer
- Swimming
- Tennis
- Track and Field
- Volleyball
- Water Polo

## Women's Athletics

- Basketball
- Cheerleading
- Cross-Country
- Diving
- Flag Football
- Golf
- Lacrosse
- Soccer
- Softball
- Swimming
- Tennis
- Track and Field
- Volleyball
- Water Polo



**More than 600  
student-  
athletes  
participate  
in one or more  
of the school's  
27 sports.**



More than

**50**

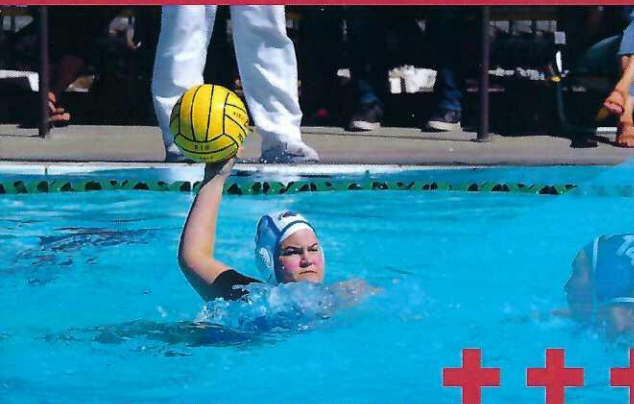
student-athletes, in the past five years, committed to play for college sports' programs.



“

*As a student-athlete at Christian Brothers, I had a lot of people in my corner helping me on and off the court. I was able to set a strong foundation for my future and my time at CB taught me time management and discipline.*

**JADA HUNTER '23, ST. MARY'S COLLEGE '27**





# BE INSPIRED

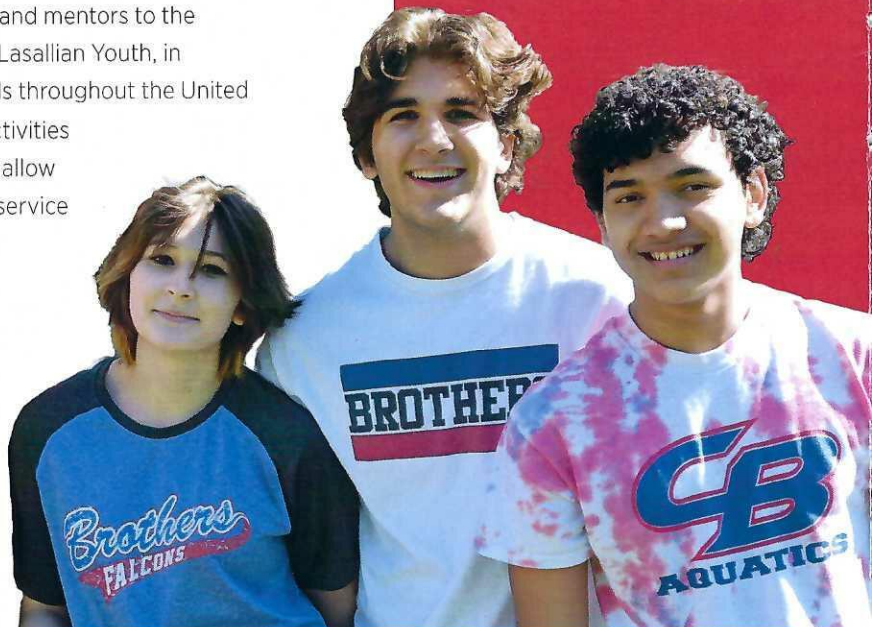
**High school years are an ideal time for young people to celebrate faith and get involved in campus life. The foundation of our mission as a Lasallian Catholic school is the development of the whole person for our students.**

Through our Lasallian Student Life program, students are encouraged to use their God-given gifts and talents to get involved in campus life outside of the classroom. The Lasallian Student Life Office oversees student council, organizes liturgies and prayer services, coordinates a four-year retreat program, facilitates outreach and service opportunities, and orchestrates numerous enriching co-curricular activities. Students actively participate in planning and putting together community-building events and activities, such as rallies, dances, retreats, service drives, liturgies, and prayer services.

*Enter to learn, leave to serve.* While that motto is proudly inscribed on the tower of the school's state-of-the-art STEM wing, it is also inscribed in the heart of our learning philosophy. The school's Oak Park location provides for meaningful, ongoing service to some of the community's most vulnerable members. Students act as tutors and mentors to the children at the local elementary school. The Lasallian Youth, in conjunction with students in Lasallian schools throughout the United States, organize and participate in service activities and charity drives. Monthly collection drives allow our CB families and students to take part in service projects including feeding the hungry, neighborhood clean-up, and helping the homeless.



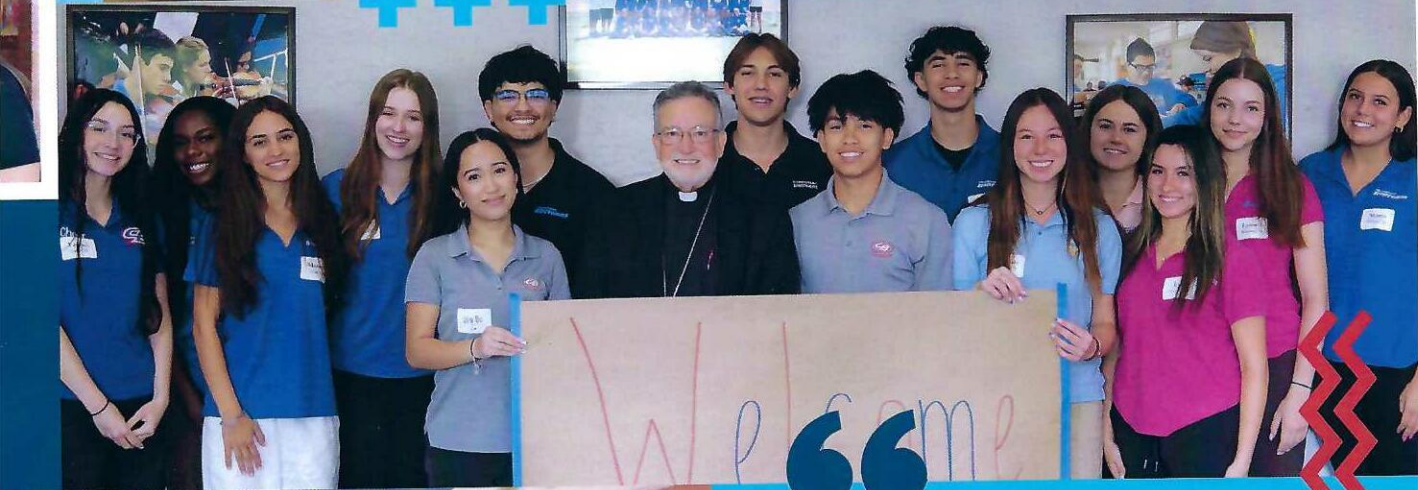
**Let us remember... that we are in the holy presence of God.**





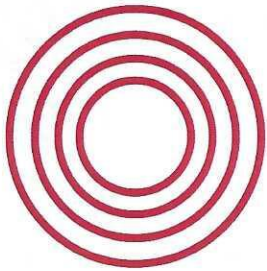
## ST. JOHN BAPTIST DE LA SALLE

At the time of his death in 1719, De La Salle not only left a network of quality schools throughout France, but a legacy of inspiring others how to teach and care for young people. Today the De La Salle Christian Brothers continue that legacy – and have built a distinguished reputation for excellence in education, always in a nurturing, faith-filled environment. In 1876, the De La Salle Christian Brothers and members of the Catholic community brought that legacy to the Sacramento Valley, establishing a Christian Brothers school in Sacramento.



**Enter to learn, leave to serve is not just a sign on a building. The faculty and staff at Christian Brothers High School work incredibly hard to ensure that students have numerous opportunities and experiences to serve others and grow in faith.**

**SELENA CONNELL '17,  
TEXAS CHRISTIAN UNIVERSITY '21**



# BE CONNECTED

**Technology is an important component of the learning experience at Christian Brothers, connecting students with the world in real-time.**

Teenagers are surrounded by technology - the Internet, cell phones, Instagram, Snapchat, YouTube, TikTok, text messaging, etc. Their ability to multitask and embrace new technologies has changed the way they learn and, in turn, changed the way CB instructors teach. Integrating technology into the classroom, a long-held priority at the school, allowed for a seamless transition between in-person and virtual learning throughout COVID-19 stay at home orders, and remains a vital means of enhancing the learning environment.

CB is blessed to have a robust technology program anchored by our iPad program in which every student has a device equipped with the tools they need to creatively expand learning opportunities in and outside of the classroom. Students have access to a vast expanse of resources, a comprehensive learning management system, and a community of teachers and counselors who provide guidance and assistance, while building on the Lasallian charism of teacher-student relationships.





## Global Connection

In a global economy where colleges and employers select candidates from around the world, CB graduates will be strategically positioned and prepared for success. With increased cultural understanding and the ability to be adaptable and creative, Christian Brothers students have the world at their fingertips.

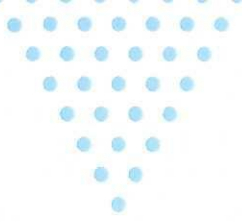
In 2012, the school launched an International Student Program. Since then, students have come to the school from a wide range of countries including China, Colombia, Germany, Italy, Japan, Korea, Sweden, and more. While welcoming young men and women from other countries and backgrounds is only one part of the equation, learning about other cultures is also integrated throughout the curriculum. In a diverse environment of cultures, faiths, and ways of living, CB students better understand the various perspectives that frame the world in which they live.



***CB provides a lot of academic opportunities in an amazing and diverse community. With the iPad, all of my resources are in one place, and I'm able to connect with my classmates and teachers, whether we're together at school or collaborating online.***

**GRANT PREVOST '22, USF '26**





# BE IN A REAL-WORLD COEDUCATIONAL ENVIRONMENT

**Back in the 1980s when discussions began between the Diocese of Sacramento, Christian Brothers High School, the Board of Regents, students, families, alumni and Sacramento's other Catholic high schools, it became clear that coeducation was an idea whose time had come.**

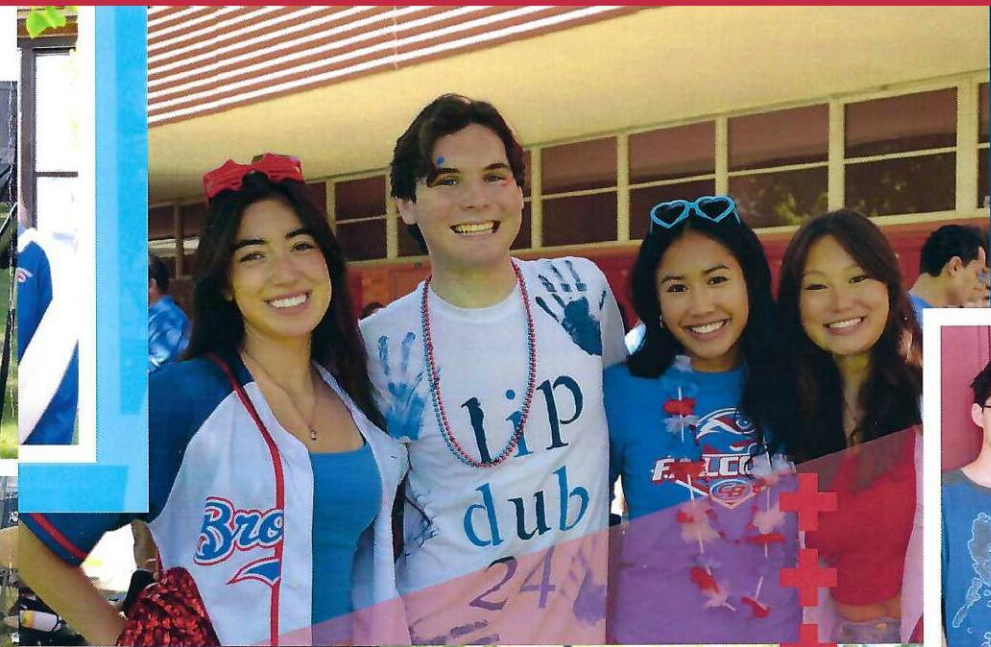
Nearly 35 years after making that transition, the school stands as a stalwart example of just how right they were.

Look beneath CB's excellent college admissions and high standardized test scores, and you will find an inclusive, spirited school community grounded in reinforcing mutual respect and preparing students to thrive in the real world of college and beyond.

A growing body of research shows the benefits of coeducation include:

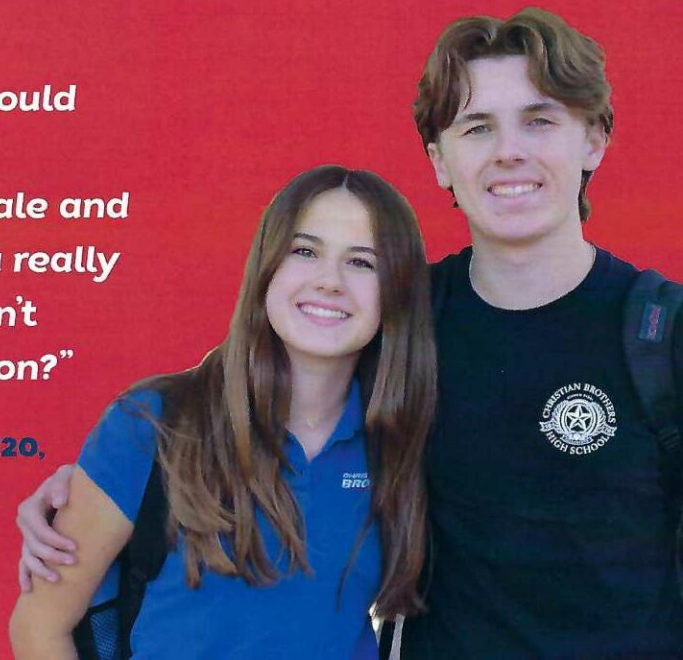
- Boosted confidence in expressing views in the presence of opposite-gender peers.
- An ability to make friends easily with both males and females.
- More opportunities to participate in co-curricular activities with opposite-gender peers.
- Increased participation by girls in the classroom.

As a Lasallian Catholic school, it is Christian Brothers' responsibility to prepare students to thrive in college, a workforce and world that include both men and women. Rather than separating boys and girls during this important developmental time, educators mindfully facilitate interactions that reinforce mutual respect, collaboration, friendship and learning to appreciate differences in others. Doing so in the classroom is ideal as it is both purposeful and supervised.



*The education I received at CB would have been incomplete without discussing issues and hearing male and female perspectives. How do you really get ready for college if you haven't worked with half of the population?"*

**DR. MOLLY HALLSTEN '16, UC BERKELEY '20,  
UC DAVIS SCHOOL OF VETERINARY  
MEDICINE '24**



# BE PREPARED FOR SUCCESS IN COLLEGE

Caring, attentive and highly-skilled college and guidance counselors work closely with each student to ensure they are well prepared, academically and socially, for success in high school and ultimately with the college admissions process.

CB provides students with dedicated grade-level counselors, a four-year comprehensive guidance program, and a wellness and prevention program to proactively address the many choices and challenges facing teens today.



In a recent survey of CB graduates, **100 PERCENT OF RESPONDENTS** indicated that CB's academic programs prepared them for the rigors of college.



*I loved my four years at CB. I met the most amazing people. My teachers challenged me to be my very best and I loved coming to school every day!*

**HALLIE MIKACICH '19,  
STANFORD UNIVERSITY '23**

**Recent graduates of Christian Brothers High School were offered admission to the following colleges and universities:**

- |   |   |  |                                       |
|---|---|--|---------------------------------------|
| Academy of Art University                                       | Emerson College                               | University of Nevada — Reno                  | Seattle Pacific University            |
| University of Alabama   | Emory University                              | University of New Hampshire                  | Seattle University                    |
| Alabama A&M University  | Fisk University                               | at Durham                                    | Seton Hall University                 |
| American University   | University of Florida                         | University of New Mexico                     | Sierra College                        |
| The American University<br>of Paris                             | Florida Institute of Technology               | New York University                          | Sonoma State University               |
| Arizona State University  | Florida State University                      | Nichols College                              | University of South Carolina          |
| University of Arizona   | Fordham University                            | North Carolina State University              | Southeastern Louisiana<br>University  |
| Auburn University   | University of the Fraser Valley               | Northeastern University                      | University of Southern<br>California  |
| Baylor University   | Georgetown University                         | Northern Arizona University                  | Southern Oregon University            |
| Boise State University  | University of Georgia                         | University of Northern<br>Colorado           | Southern University at<br>New Orleans |
| Boston College  | Georgia State University                      | University of Notre Dame                     | Spelman College                       |
| Boston University   | Gonzaga University                            | University of Oklahoma                       | Stanford University                   |
| Brown University  | Grand Canyon University                       | Oklahoma City University                     | Stetson University                    |
| Butler University   | Hampton University                            | Oklahoma State University                    | Stevens Institute<br>of Technology    |
| Cal Maritime  | Harvard University                            | University of Oregon                         | St. John's University                 |
| California Baptist University                                   | Harvey Mudd College                           | Oregon State University                      | Suffolk University                    |
| California Institute of the Arts                                | University of Hawaii at Manoa                 | Pacific Lutheran University                  | Swarthmore College                    |
| California Lutheran University                                  | Hawaii Pacific University                     | Pacific University                           | Syracuse University                   |
| California State Polytechnic<br>University — Pomona             | Hillsdale College                             | University of the Pacific                    | University of Tampa                   |
| California Polytechnic<br>State University —<br>San Luis Obispo | Hofstra University                            | Pennsylvania State University                | Temple University                     |
| California State University<br>(all campuses)                   | Howard University                             | Pepperdine University                        | Texas A&M University                  |
| UC Berkeley   | Humboldt State University                     | Point Loma Nazarene<br>University            | Texas Christian University            |
| UC Davis  | University of Illinois at<br>Urbana-Champaign | Portland State University                    | The New School                        |
| UC Irvine   | Indiana University<br>at Bloomington          | University of Portland                       | Thompson Rivers University            |
| UCLA  | James Madison University                      | Pratt Institute                              | Ohio State University                 |
| UC Merced   | Johns Hopkins University                      | University of Puget Sound                    | University of Toronto                 |
| UC Riverside  | University of Kansas                          | Purdue University                            | Tuskegee University                   |
| UC San Diego  | Lane College                                  | University of Redlands                       | University of Utah                    |
| UC Santa Barbara  | Lindenwood University                         | Regis University                             | Utah State University                 |
| UC Santa Cruz   | Long Island University —<br>Brooklyn          | Rensselaer Polytechnic<br>Institute          | University of Victoria                |
| Catholic University of America                                  | Los Rios Community Colleges<br>(all campuses) | University of Rhode Island                   | Villanova University                  |
| Chapman University  | Louisiana State University                    | Rollins College                              | Washington State University           |
| Claremont McKenna College                                       | Loyola Marymount University                   | Rotary Youth Internship<br>Exchange — Brazil | University of Washington              |
| Clemson University  | Loyola University Chicago                     | Saint Louis University                       | University of Washington —<br>Tacoma  |
| University of Colorado<br>at Boulder                            | Manhattan College                             | Saint Mary's College<br>of California        | Weber State University                |
| University of Colorado  | Marquette University                          | Saint Martin's University                    | Western Washington<br>University      |
| Colorado School of Mines  | University of Massachusetts —<br>Amherst      | Salve Regina University                      | Whittier College                      |
| Colorado State University                                       | Massachusetts Institute<br>of Technology      | University of San Diego                      | Willamette University                 |
| Columbia University   | Michigan State University                     | San Diego State University                   | William Jessup University             |
| Concordia University — Irvine                                   | University of Mississippi                     | University of San Francisco                  | University of Wisconsin —<br>Madison  |
| Cornell University  | University of Missouri —<br>Columbia          | San Francisco State University               | University of Wyoming                 |
| Creighton University  | University of Montana —<br>Missoula           | San Jose State University                    | Xavier University of Louisiana        |
| Dartmouth College   | Montana State University —<br>Bozeman         | College of San Mateo                         | Yale University                       |
| Dominican University<br>of California                           | Morgan State University                       | Santa Barbara City College                   |                                       |
| Drexel University   | Mount Saint Mary's University                 | Santa Clara University                       |                                       |
| Duke University   | University of Nevada —<br>Las Vegas           | School of the Art Institute<br>of Chicago    |                                       |
| Eastern Washington University                                   |   | School of Visual Arts                        |                                       |
| Elon University   |   | Schreiner University                         |                                       |
|   |   | Scripps College                              |                                       |



# BE YOURSELF

**Education at CB is more than textbooks, examinations and report cards.**

Although these are all important, the goal at CB is to develop the whole person. With a diverse and wide range of student clubs and activities, we encourage all students to become involved in campus life outside of the classroom. Students are welcome to start their own club if there isn't already one for their interests.

## Student Government

- Associated Student Body Officers
- Class Councils

## Academic Clubs

- Academic Decathlon
- Engineering Club
- Mathletes
- Mock Trial
- Model United Nations
- Robotics
- Science Olympiad

## Affinity Clubs

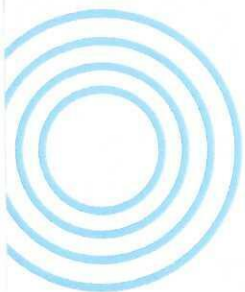
- Asian Cultural Alliance
- Black Student Union
- Disability and Neurodivergence Awareness
- Diversity and Inclusion Student Committee
- Indian Cultural Alliance
- La Raza
- Pacific Islander & Filipino Association

## Service Clubs

- Camp ReCreation
- Compassion Action Leadership (CAL)
- Future Medical Professionals
- God Squad
- Lasallian Youth Tutoring
- Social Action Leadership Team
- Wellspring Breakfast Club

## Social Clubs and Activities

- Anime Club
- Baking Club
- Christian Brothers PRISM
- De La Dudes
- De La Femme
- Environmental Club
- Gaming Club
- Guitar Club
- Literary Arts Journal
- Movie Club
- Open Mic
- Photography Club
- Spikeball Club
- Tea Time
- Wellness Club
- Wizards of the Coast Club

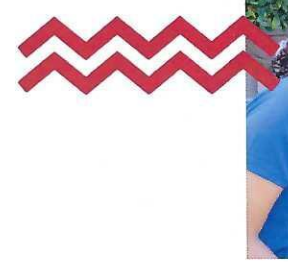
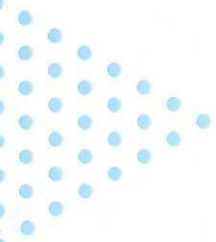




Students come to Christian Brothers from **75 zip codes** throughout Sacramento and its surrounding communities.

Christian Brothers leads the region in providing need-based tuition assistance. The school provides approximately **\$3 MILLION TO 450 DESERVING YOUNG MEN AND WOMEN** each year.





# BE A FALCON

## Admissions

Christian Brothers invites a wide range of students to apply for admission. Students who are accepted to the 9th grade each year range from individuals seeking the most rigorous college preparatory curriculum to young men and women needing additional skill development as they prepare for college. Courses are taught to ensure every student reaches his/her potential. Christian Brothers seeks to admit students from Catholic elementary schools, children of alumni and families presently enrolled as well as those from other religious, private and public schools. Since applications exceed the spaces available, all applicants must follow the procedures noted below.

- Complete the online application, including the parent/student questionnaire.
- Teacher Evaluation Forms and Transcript Request Forms are available as a part of the online application process.
- Take the High School Placement Test at Christian Brothers in January.

Please visit our website at [www.cbhs-sacramento.org](http://www.cbhs-sacramento.org) for a complete admissions timeline including important deadlines and test dates.

## Transferring to Christian Brothers

Christian Brothers welcomes students interested in transferring into the sophomore or junior year. The school looks for enthusiastic students who are ready to challenge themselves academically and contribute to our school community through service and leadership. All transfer candidates must be academically qualified and in good standing in areas of conduct and attendance.

Students seeking to transfer to CB will need to do the following:

- Complete an online application
- Provide an up-to-date transcript from current school
- Submit recommendation forms from current principal and teachers

Prior to submitting documents, please contact the admissions office at (916) 733-3690 and visit our website at [www.cbhs-sacramento.org](http://www.cbhs-sacramento.org) for more detailed information.





**CB DOES NOT DISCRIMINATE** on the basis of gender, race, color or racial or ethnic origin in the administration of its education policies, admission policies or tuition assistance.



*Christian Brothers High School prepared me well for every aspect of college. Academically, I had a solid foundation. Socially, CB reinforced respecting and appreciating the differences in others which is so important in acclimating to the college environment.*

**JESSICA KEEVER '17,  
HARVARD UNIVERSITY '22**





## CHRISTIAN BROTHERS HIGH SCHOOL

4315 Martin Luther King, Jr. Blvd. Sacramento, CA 95820-2727  
916.733.3600 · [www.cbhs-sacramento.org](http://www.cbhs-sacramento.org)



[FB.com/CBSacramento](https://www.facebook.com/CBSacramento)



[@CBSacramento](https://www.instagram.com/CBSacramento)



[YouTube.com/KBFT](https://www.youtube.com/KBFT)

