

All-Metro football honors for schools small, medium and large

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Every little felt right about high school football this season. For starters, it was a spring sport, pushed out of the traditional fall months and into March and April because the pandemic pushed a lot of things out of order. But there were games, lessons learned, and there were spirited achievements worthy of All-Metro nomination, even if there were no Sac-Joaquin Section playoffs.

In keeping with tradition dating back to the 1940s, The Bee's 2021 All-Metro team (spring flavor) is reflective of the teams and talents that made for a unique season and experience. The playoffs are generally the deciding factor in picking players and coaches of the year. Instead of The Bee trotting out a first, second and honorable mention lineups per the norm, we rallied up one large team. We spread the wealth unlike any time before, including players of the year and coaches of the year for large-enrollment schools, medium, small and really small.

The Bee's 2021 Spring Player of the Year is Chris Lands, the explosive Monterey Trail senior do-all star. He rushed for 612 yards and seven touchdowns in helping the Mustangs go 5-0. He accumulated 805 total yards, including returns on special teams. Lands, uncommitted to college at this time, also made tackles for loss, had interceptions, forced fumbles and jammed up every opponent.

The Mustangs finished No. 2 in the area behind Folsom.

"Chris Lands is a Swiss Army knife, the ultimate competitive gamer," Monterey Trail coach T.J. Ewing



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Folsom's Tyler Tremain shared Extra Large School Player of the Year honors with his brother, defender Josh Tremain.

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shine. Tyler Tremain passed for 2,024 yards and 27 touchdowns with four interceptions, and he ran for 178 yards and two scores during a 6-0 campaign. He started his season with a bang, engineering a late-game 90-yard drive to beat rival Oak Ridge 23-18 in an opener.

Josh Tremain led the Bulldogs in tackles with 57, averaging 11.4 a game, and he had 10.5 stops for loss. He also had two sacks and returned 41 kickoffs for 1,964 yards and he booted 28 point-after touchdowns.

The Bee's Large School Coach of the Year is Mike Alberghini, who won Bee coaching honors his first head-coaching season at Grant in 1991 and in his final campaign. The Pacers, winners of one game last season, went 2-0 this season, with late-game heroics amid myriad stop-and-starts, and he bowed out as the section's winningest coach with 282. He planned to return as

head coach for another season but will not as Grant administration has invited him to remain as a mentor to the coaches. Longtime Grant assistant Carl Reed is the Pacers new head coach.

The Bee's Medium School Player of the Year is D.J. Crowther of Christian Brothers. The junior rushed for 769 yards and 12 touchdowns during a 3-3 season, and he caught 286 yards worth of passes and reached the end zone three times. He had 1,205 all-purpose yards, averaging nearly 201 a game in scoring 17 times total.

"There isn't anything Crowther couldn't do for us," said outgoing Christian Brothers coach John Wiley.

The Bee's Medium School Coach of the Year is Mike Struebing of Vista del Lago, who led six playoff teams and had his best team this spring, highlighted by an inspiring win over talent-laden Inderkum.

The Bee's Small School Player of the Year is Dylan Overstreet of Casa Roble. The senior running back rushed for 823 yards and 11 touchdowns in a 4-0 sea-

son, averaging 205.8 yards. He is a player, whom Rams coach Chris Horner said, "Can do it all and did it all. Great player."

The Bee's Small School Coaches of the Year are Bear River's Terry Logue and Scott Savoie. This was more of a lifetime achievement award as they bow out together after three decades of coaching, including a string of championships.

The Bee's Smallest School Player of the Year is Carson Lowrie of Winters, who played every down for the powerhouse program that went 4-1. Lowrie rushed for 865 yards and 11 touchdowns, averaging 173.0 yards a game. He also caught 18 passes for 209 yards and two scores, averaged 8.2 tackles a game and made two interceptions.

The Bee's Smallest School Coach of the Year is Ryan Reynolds of Sutter. The Huskies of the Northern Section have been a longtime power, and they never let up during the shortened spring, going 5-0, including 4-0 in the competitive Butte View League.

4/2020/2021

The Bee's Top 20

With 2019 record in parentheses.

1. Oak Ridge (11-3)
2. Folsom (10-2)
3. Monterey Trail (12-2)
4. Rocklin (7-4)
5. Cosumnes Oaks (8-4)
6. Jesuit (6-6)
7. Inderkum (11-1)
8. Elk Grove (10-5)
9. Capital Christian (9-3)
10. Placer (10-3)
11. Granite Bay (5-7)
12. Del Oro (6-5)
13. Davis (10-2)
14. Vista del Lago (9-3)
15. Vacaville (8-3)
16. Christian Brothers (7-4)
17. Roseville (7-5)
18. Whitney (7-7)
19. Pleasant Grove (6-5)
- TIE 20. Antelope (6-6)
- TIE 20. Yuba City (7-5)

Bubble teams

3/20/21

The Bee's final Top 25

FOOTBALL

1. Folsom (6-0)
2. Monterey Trail (5-0)
3. Rocklin (4-0)
4. Granite Bay (4-2)
5. Cosumnes Oaks (2-1)
6. Vacaville (5-0)
7. Elk Grove (0-1)
8. Cosumnes Oaks (1-1)
9. Grant (2-0)
10. Oak Ridge (2-4)
11. Jesuit (3-2)
12. Vista del Lago (4-1)
13. Lincoln (3-1)
14. Oakmont (3-0)
15. Antelope (2-2)
16. Inderkum (3-3)
17. Yuba City (3-1)
18. Capital Christian (1-2)
19. Sheldon (2-1)
20. Pleasant Grove (2-2)
21. Franklin (2-1)
22. Casa Roble (4-0)
23. Placer (2-1)
24. Christian Brothers (3-3)
25. (TIE) Colfax (3-0)
25. (TIE) El Dorado (3-0)

Bubble teams:

(alphabetical order): Amador (1-1), Argonaut (2-2), Bear River (2-3), (Bradshaw Christian (1-1), Colfax (3-0), Davis (1-3), Del Campo (2-1), Dixon (2-2), Foothill (2-2), Kennedy (3-1), Natomas (4-2), Nevada Union (1-1), Pioneer (3-1), River City (1-2), Rio Linda (2-3), Roseville (1-2), Sacramento (2-2), Sutter (4-0), Union Mine (2-1), Vanden (3-2), Wood (2-3), Woodcreek (2-2), Woodland (2-2). - Joe Davidson