

CHRISTIAN  
BROTHERS

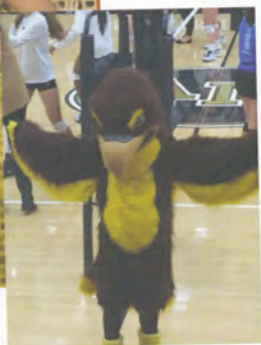


# Senior Night

WOMEN'S VARSITY VOLLEYBALL  
October 23, 2019



# Alise Cordano



Ali has participated in many sports and activities over the years. Ballet (starring role as Clara in the Sacramento Ballet Nutcracker), Musicals, Piano, PAL Basketball (mastering the Granny Shot and earning the nickname of Pit Bull), Land Park soccer (Mighty Hippos, her thirst quencher of choice-Perrier), Del Paso CC Swim Team (Squid Squad) Cycling (Dad's side kick), Track and Field, Lacrosse, and Volleyball!! Lots of mileage put on the car racing from one event to the next with minutes to spare! The art of changing from soccer cleats to tights and leotard in the back seat was mastered. Ali did all of this with the enthusiasm she brings to the court today!!

Ali attended Holy Spirit Parish School and Sacramento Country Day School. Ali first played volleyball in the 5th grade at HSPS for Coach JoAnn Curran. Ali's jersey was more like a dress on her at this age, and Coach Jo spent most of her time keeping Ali focused on the game! At Country Day, Ali was coached by Sarah Song. Ali has played club volleyball since the age of 11. She has played for Land Park Volleyball Club, Infinity VBC, NCVC, and Five Starz VBC. She has met many wonderful teammates from all over the Sacramento area and still maintains these friendships today.

Ali has played CB volleyball on the Freshman, JV, and Varsity teams. Ali has also been on the JV Lacrosse and Varsity Swim teams. Highlights in volleyball for Ali were wearing the Falcon Suit to cheer on the CB Varsity team at Nor Cal play offs in 2016, the Serve-it-Up Tournaments and winning the D3 Conference and NorCal Playoffs in 2018!! Playing on the varsity team in 2018 with her older sister, Caty, was especially memorable. Ali will cherish her memories at Christian Brothers and the fun and exciting times, on and off the court, she has shared with her teammates. She has enjoyed playing for Coach James Todd and loves his enthusiasm and competitive nature!! Ali would like to thank her Nan, Carole and Papa Ed for their sideline support at every sporting event and performance though out the years, rain or shine!

Ali is a CB Lasallian Ambassador and has visited many area schools for CBHS. She has hosted multiple students on campus "shadow day" visits, and she is enrolled in the 4 Year Art Program. Ali joined Team "Secure the Cure" in 2019 to raise money for the Leukemia Lymphoma Society. Ali has been a member of the National Charity League for 3 years. As part of NCL, she has volunteered for Mustard Seed School, Maryhouse, St. John's Shelter for Real Change, and the Foster Youth Fashion Show.

Ali is finishing up her college applications, so it's too early to tell where she will attend college. No matter what college you choose, we are excited that you are considering a career in nursing! Ali, we are so proud of the independent young lady you have become. We appreciate your kind soul, sense of humor, and inquisitive mind!! Keep being the unique individual that makes you so special!! We love you to the moon and back!! Mom, Dad, and Caty



# Dylan-Janice DeGuzman



Unlike many other players, Dylan-Janice deGuzman didn't start volleyball until her Freshman Year of high school. In elementary school, she was focused on Ballet. She started ballet at the age of 3 1/2 and had dreams of enrolling in the School of American Ballet, like her idol Misty Copeland. As a child, she danced for Deane Dance Center and appeared in many shows their school put together like Giselle and Sleeping Beauty. Her pinnacle roles were "Flower" in Waltz of the Flowers and a solo dance for a character piece in the end of the year Showcase. She also danced for the Sacramento Ballet for 6 years in their version of the Nutcracker with roles as Cherub, Arabian Attendant, Prologue, Sugar Plum Fairy Attendant, Chinese Attendant, and Angel. When parents ask how Dylan can jump so high, we always answer with, "Ballet!"

In her 8th grade year, Dylan had an injury that prevented her from participating in ballet classes for 6 months. She decided to walk away from ballet. Knowing that she needed to continue to be physically active she decided to start playing volleyball at the end of her 8th grade year to get ready for Freshman Year tryouts. Luckily, Mom and Dad were coaching the Boys Volleyball Team at St. Francis Elementary School. She attended all the practices to learn the basics of volleyball. She was so nervous during her tryouts, but she made the Freshman Team. She ended her season by being awarded Most Improved.

She played club volleyball at SPVC under the tutelage of Coaches Martin Soyama, Paul Giacamoto, and Kalani Pananganan. There, she continued to learn the intricacies of blocking, court awareness, and self-confidence. She continued to play for Marty and Paul for 3 years developing lifelong relationships with coaches and teammates. During that time, Coach Kalani worked with Dylan during clinics and last season of SPVC. He was the first coach that Dylan was able to yell back during a game, "I got this!" We were so proud!

She continued to play at Christian Brothers during her Sophomore year for Coach Kristen Matthew. There, she learned to be a better leader on and off the court. She ended her JV season by being brought up to Varsity for Section and State Playoffs. That year, she received the Falco Award- CB's MVP award for leadership. Junior and Senior year, she played for Coach James Todd and Meggie. He not only has taught her the game of volleyball, but she learned to grow a thicker skin and enjoy the game for what it is- a game of strategy.

Academically, Dylan has achieved so much in her years at Christian Brothers. Throughout all her years at CB, she has been on the Honor Roll and Highest Honor Roll. Dylan has won a department award for Mandarin for 2016 and 2017 school years. She received 2nd place at the CA State Fair Student Arts Showcase in her age division for colored pencils. In 2018, she received the Scholar Award from Sac-Joaquin Section for her GPA. And in 2019, Dylan received the AP Scholar Award from the College Board.

Dylan would like to thank all her coaches and teachers who have helped her throughout her years here at CB. She would also like to thank her teammates for the support and great memories she's made. It's been a blast playing with Drew, her little sister, for the first time during Dylan's last season. Dylan would like to thank the SPVC and CB for all the travels she's been able to do with volleyball- Chicago (2x) where

she found an amazing Ramen House, Philadelphia where she a tear for the amazing Philly Cheesesteaks, and New York where she had the BEST tapas. She's excited to continue to study Kinesiology.

Peanut, we love you and are so proud of you. You've worked so hard these past years and we hope you enjoy your last year at Christian Brothers. Selfishly, we are glad you played an indoor sport in the heat of Sacramento. And selfishly, we are glad you chose volleyball- a game we love so much. It's been great watching you play.



# Sydney Durana



Volleyball is the only sport Syd fell in love with. She started playing when she was in 5th grade in St. Philomene and became the captain for her last two years of middle school. Her dad and brother were her first coaches, teaching her the basics of passing a ball. She started playing competitively in 8th grade when she made the 14s power team for Legends Volleyball Club. She continued her competitive journey at SPVC for two years and her most recent 18-1 season at Five Stars coached by Debby Colberg.

Syd has worked hard as an athlete, starting from playing volleyball in the backyard with her family to traveling to Texas for Junior Nationals playing on an 18s team, while barely turning 17. She played with Coach alum, Catherine Cordano, and their team placed 5th in the national division. As a freshman, she started on junior varsity as the libero. Her sophomore year, she excitedly made varsity as a bench-warming defense specialist and since then, has worked hard to earn the libero jersey for her last year playing for Christian Brothers.

Academically, Syd never ceases to amaze us. She has received an honor roll award each semester at Christian Brothers, maintaining a wonderful deserved GPA. She is a Lasallian Student Ambassador and participated in many clubs and school events. She has gained a sense of maturity and time management, taking on jobs like babysitting, housesitting, working with her dad in construction, helping with the family business, and recently her part-time job at Jamba Juice! Syd works hard, juggling school life, her friends and family, her job, and her love for volleyball. Four years of playing volleyball in Christian Brothers has been like a second home to Syd. Her coaches and teammates have become family to her and she has made unforgettable memories that she will cherish forever.

Syd and her family would like to thank the following people who played a part of her volleyball journey: Her Legends coach, Coach Polo, who first noticed her potential as a volleyball athlete; the Cordano family, who guided Syd, allowing her to play on a national level; The Overstreet and Wynn family for always accommodating Syd; Debby Colberg for bringing out the best in Syd's ability as an athlete. The volleyball program's coaches, especially Coach James Todd for the opportunity you gave Syd to grow on and off the court. As she wraps up her high school journey, she is excited to see what's in store in the future. We will miss watching our girl play for Christian Brothers. Each ace, pass, and dig makes us feel like the proudest parents in the gym. Thank you Syd for the opportunity you have given us to see her grow and the family bonding time that has come from that.





# Whitney Hunt



Being active and involved in sports has been a part of Whitney's life since she took her first dance class at the age of three. From there through elementary school, she continued her athletic journey as she played basketball, cheerleading and volleyball for the YMCA youth sports program in Woodland. Whitney loved being surrounded by friends who shared a common goal of using teamwork, spirit and having fun while learning new skills. It was also at this young age that she started to display a sense of leadership, and competitiveness toward sports that was unique for such a young athlete. During her Junior High years she continued to play basketball, volleyball and tried her hand at swimming which she loved. It was obvious Whitney enjoyed all aspects of being an athlete; camaraderie amongst teammates, physical strength, mental toughness and the commitment that is made to the coach and the team.

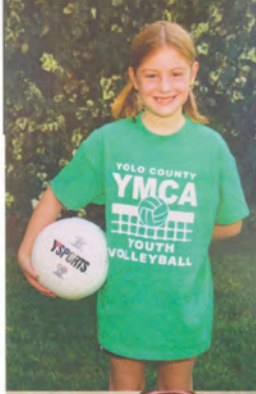
It was at the age of twelve that Whitney decided she wanted to focus on volleyball and tryout for Club. Committing to join the Club volleyball scene is a decision she looks back on as one of the best experiences she made as an athlete and is extremely grateful for all the teams she played for; Dynamics, Five Starz and SPVC. Being a part of these teams was not only a chance for her to advance her skills, but also gave her the opportunity to make life lasting friendships with fellow competitors, their families and GREAT coaches!

As ninth grade approached she was super excited to tryout for Christian Brothers volleyball team and to her surprise made the JV team. Although she was starting at a High School that she knew very few people, she had no problem making tons of friends and felt an immediate connection with her team. She continued to play on JV her Sophomore year and played Varsity for Coach James for her final two. Whitney has an energy that is contagious; her spirit, excitement and love for the game is recognized by not only her teammates, but also parents and fans earning her nicknames such as "Super 2" "Sergeant" and "Firecracker." Being a Team Captain as well as one of the leaders of Christian Brothers Falcon Force has brought Whitney pure joy as she can motivate, inspire and share her passion for being a leader. The last four years at Christian Brothers have been a gift she will cherish for the rest of her life.

Whit, your dad and I are so proud of you! Keep your passion alive and go make your mark in the world! It has been a privilege watching you grow into such a strong, beautiful young woman. We love you so much!







# Sophia Overstreet



Sophia's love of sports started at a young age. Her athletic endeavors have included Land Park Soccer, Little Dribblers and PAL basketball for Holy Spirit School and AAU basketball for Sac Fury.

In 3rd grade she began playing volleyball for LPVC. She was coached by legendary Jo Curran. Jo has a gift for teaching the fundamentals of volleyball and Sophia became a true student of the game under her tutelage. Sophia played PAL volleyball from 5th through the 8th grade at Holy Spirit, where she was also coached by CB's own Katie Cunanan. After LPVC, Sophia moved on to the NCVA Power League. During her club career Sophia is thankful for being blessed with many gifted coaches. She played for NCVC 13-1's team led by coaches Alynn and Taryn Wright, followed by two years at Five Starz Volleyball Club for coaches Dana Anglin and Todd Rhoads. Most recently she has had the privilege to play for Delta Valley under coaches James Todd and Lisa Fowkes. Her first season at Delta culminated with qualifying for a bid and playing at Junior Nationals. Her club experience has been marked by many successes and even more importantly many cherished friendships.

At Christian Brothers, Sophia has been fortunate enough to play on the varsity team for all four years. Her freshman year was really special because she played alongside her cousin, Mackenzie Lusich. Sophia's volleyball career at CB has had many exciting highlights. Sophia will never forget Holy Court 2016 when CB battled back from a 2 game deficit to beat St. Francis 3-2! Other highlights include winning league titles for the past 3 seasons, going undefeated in 2016, 3 consecutive visits to the semifinals for SJS Section Championships, winning the section title in 2016 and competing in the last 3 Nor Cal playoffs. During her tenure at CB, Sophia was named an All-League player for the last 2 years. She received recognition in The Sacramento Bee as a player to watch for the 2019 season. Most recently she was named a 2019 Falcon Athlete of the Week. Sophia is extremely honored to have served as a Team Captain for her junior and senior years. She loves her teammates and values the connections and friendships she has made at CB.

Along with Sophia's volleyball accolades, we are very proud of her achievements in the classroom. She has been on the Honor Roll for most of her time at CB, and is a Lasallian Ambassador. She earned the Capital Athletic League Scholar Athlete award in 2017 and 2018. When her time at CB comes to a close we are most thankful to the family and friends we have made here and we thank you for your kindness, friendship and support. Sophia has grown as both a person and a player and is thankful and appreciative to her Coaches James Todd, Meghan Larson and Katie Cunanan for their passion, support and dedication to the volleyball program here at CBHS!

Sophia's dedication to her studies has prepared her well for success in college and beyond. She is applying to numerous colleges, and things she may be interested in a career in counseling and possibly more volleyball...

Sophia, it has been an absolute pleasure watching you play volleyball for the last 10 years. We admire your instinct and court awareness. Most importantly we are proud of your hard work, determination and character. We are so blessed to be your parents and we love you so much.



# Malia Wienstroer



Malia came into this world with a smile on her face and a skip in her step. Her love of life, love for Jesus, and compassion for others is what sets her apart. Malia lives her life to the fullest and loves nothing more than being with family & friends, enjoying nature, music, and being part of team sports. Starting at the age of 3, Malia took ballet and tap classes and owned the stage with each performance. This was a clue to what was to come! She played t-ball, then softball, followed by fastpitch softball and basketball with Dad coaching all along the way. Skiing, soccer, track & field, and running 5Ks showcased her speed and fueled her competitive spirit. But quickly we could see that Malia loved everything about the game of volleyball. She started in 4th grade at the local YMCA with matches where we were lucky to see one or two volleys in a set! She continued on and played for Holy Rosary School in grades 5-8, where she once served 23 points straight, then served it into the net because she was hurt to see the other team not get a chance." That is Malia! A young lady with a strong, competitive spirit and a caring, empathetic soul.

While in junior high, Malia began playing for Five Starz Volleyball Club, starting as an outside hitter. In recent years, she switched to defensive specialist and was privileged to be coached by UCD standout, Malia Bolko, who was instrumental in helping her develop and perfect a ready skill set. In 2016, Malia was honored to become a part of the Christ the Brothers High School volleyball family. Coach Alaysha, Coach Kristin, and Coach James Todd have made Malia's high school years a time in her life she will never forget.

Malia, we are so very proud of your ambition, your fearlessness, and your work ethic, but above all, we are proud of the spirited, fun-loving person you are. You're an amazing friend & teammate and you are a blessing from God. It has been so incredibly fun to watch you grow into the person. From tapping onstage in a pink tutu to watching your impressive serve receives at the varsity level. Be proud of all you have accomplished because you have earned it! We hope you enjoy this special time at Senior Night. We love you and we can't wait to see what's next!

♥Mom & Dad





# Isabella Wynn

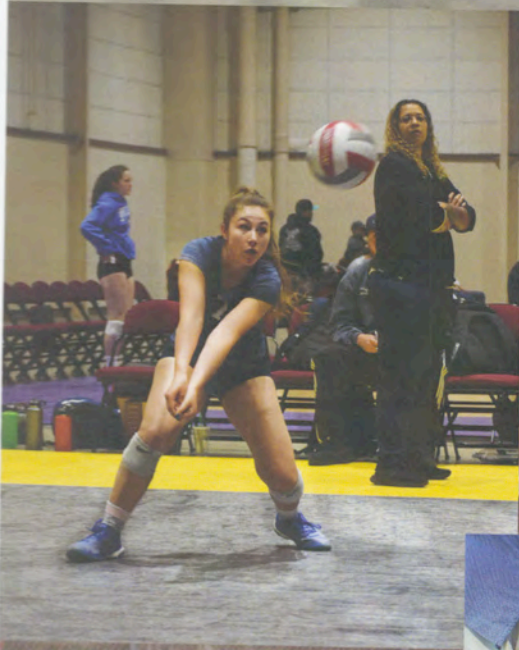


Sports have been a constant in Isabella's life ever since Greenhaven soccer club as a preschooler. Then on to the "Mighty Hippos" and Land Park Soccer club where she first played with teammates that she has to this day! Isabella's first PAL sports experience was basketball and little dribblers, which became her sport of choice. By the 5th grade Isabella's parents thought that it was too early for Isabella to specialize in a sport and under much duress Isabella tried out for Jo Curran Holy Spirit Bears JV volleyball team. Isabella made a deal with her parents that she only had to try it for one day and if she didn't like it she never had to go back. Well, there was no looking back. Ever since then volleyball has been one of Isabella's passions.

Isabella played for HSPS throughout 8th grade where she played for CB's Katie Cunanan as a varsity player. Isabella's club experience was first for LPVC as a 5th and 6th grader, then on to Legends volleyball club. The following year Isabella heard that Delta Valley Volleyball club was in need of hitters and decided to take a chance. This is where we first met James Todd and Isabella's volleyball skills were pushed to a new level. It was during that club season that Isabella was able to go with her team to Junior Nationals. Isabella's hard work was rewarded when she made the JV team here at CBHS as a Freshman and Varsity team as a sophomore. Isabella and her family are so thankful for all of the wonderful coaches and mentors that she has been blessed with over the years. They have not only been instrumental in her working towards her potential as a volleyball player but they have helped her become the well rounded, confident, poised young woman that she is today.

Another of Isabella's passions is art; both visual art and creative writing. She is currently completing the 4 year art curriculum in the visual arts at CBHS, with drawing as her favorite medium. Isabella's dream is to become a screenwriter for television and is currently working on screenplays in her free time.

Isabella has cherished her time as a part of CBHS volleyball for the camaraderie, competition, teamwork, development and life lessons it has brought her. Our whole family has enjoyed all of the good times we have had! We will all miss being a part of this and will be back to support CB volleyball in years ahead.





## CHRISTIAN BROTHERS 2019-2020 WOMEN'S VARSITY VOLLEYBALL

### COACHES

**Head Coach**  
James Todd  
**Assistant Coaches**  
Meggie Larson '13  
Natassja Bowman '15  
**Team Manager**  
Lauren McGinness '22

### TEAM

Number	Name	Year	Height	Position
0	Alise Cordano	'20	5'4"	DS
11	Allison Corgiat	'21	5'11"	"MH
16	Drew-Marie DeGuzman	'23	5'4"	S
14	Dylan-Janice DeGuzman	'20	5'9"	MH
8	Sydney Durana	'20	5'2"	L
12	Madelyn Hesse	'21	5'11"	OH
2	Whitney Hunt	'20	5'6"	OH
15	Gillian Hurley	'22	5'11"	OPP
18	Payton Koepke	'22	6'1"	MB
5	Margaret Melarkey	'22	5'4"	S
20	Sophia Overstreet	'20	5'11"	OH
13	Lilian Patock	'22	5'11"	OPP
1	Jessica Salyer	'21	5'4"	S
9	Malia Wienstroer	'20	5'5"	DS
7	Isabella Wynn	'20	5'5"	DS