

# Athletics Updates from the CIF

The California Interscholastic Federation (CIF) and CIF Sac-Joaquin Section announced modified dates for this year's competitive sports seasons. The changes, necessitated by public health restrictions related to the COVID-19 pandemic, include moving the start of athletics to late December and reducing the standard three seasons (Fall, Winter, Spring), to two (Season 1, Season 2). The seasons will begin in late December and run through June.

## **Season One: Begins 12/7/20**

- Football
- Cross Country
- Volleyball (Men's and Women's)
- Water Polo (Men's and Women's)

## **Season Two: Begins 2/22/21**

- Soccer (Men's and Women's)
- Tennis (Men's and Women's)
- Basketball (Men's and Women's)
- Baseball
- Softball
- Golf (Men's and Women's)
- Swim and Dive (Men's and Women's)
- Track and Field
- Lacrosse (Men's and Women's)

CB's athletic directors are hard at work revising conditioning, tryouts, practice, and game schedules, look forward to sharing more information in the coming weeks.

For more details, please see the following releases from the CIF and Sac-Joaquin Section:

- [https://cifstate.org/covid-19/7.20.20\\_release](https://cifstate.org/covid-19/7.20.20_release)
- <https://www.cifsjs.org/announcements/July20Announcement>

All student-athletes must have the FinalForms athletic medical clearance with a valid physical prior to any participation or tryouts for athletics. For more information about FinalForms, please [click here](#).

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Next

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