

FALCON FAMILY NEWS

PRINCIPAL SHARING: TRUE TREASURES

One hillside afternoon Jesus taught his friends... "Look where your treasure is, for there you will find your heart." How wonderfully our community at Christian Brothers cherishes Christ's teaching.

Generously our parents give their labors and hard earned dollars, weeknights and weekends, not to things that can wear out, rust away with age, or lose their value. They invest instead in their children's faith, their life-long learning, and their moral growth.

Gifts that endure here on Earth, true treasures in heaven.

Likewise our CB educators spend themselves wholeheartedly not only to teach, but touch our students' hearts as big brothers/sisters, guardian angels and good shepherds.

Far beyond an eight-hour day or a ten-month school calendar, our faculty/staff prepare students for success in college and life beyond that, as well as: *To wake-up every morning ready to learn, willing to serve... To remember that they are always in God's holy presence... To live each moment with Jesus in their hearts.* This demands a lot of them. Plenty of their time, all their talents.

Belonging to our Christian Brothers community takes a heart committed to what lasts. Allow me to highlight some new growth that we'll embrace this year with such devotion.

READY TO WELCOME BACK, READY TO WELCOME.

Christian Brothers thrives as a Lasallian school. We're founded, and driven, by the charism of St. John Baptist de La Salle.

De La Salle formed a community of "Brothers" for a distinct purpose. Together, they reached-out to educate the poor and working class of 17th Century France. They welcomed a wide range of students, educating them all together on the same bench.

As a 21st Century Lasallian community CB continues this tradition and blessing. Soon we'll welcome back our wonderfully **inclusive student body**: young men and young women, from a rainbow of cultures and academic abilities, from wealthy families to families faced with financial hardships.

Such healthy diversity creates a real world experience that reinforces that positive feeling among our students that they belong here. For them, CB truly is the place to be.

Next year we'll also say hello to almost four hundred additional students who'll join us. Like their classmates who are returning as

CB students, these **new Falcons** reflect a common grace and energy. They share a spirit to excel both in their academic studies and the many joys of high school life.

Our larger population will bring a few special dynamics we do appreciate, and are ready to welcome. With the combination of freshmen and transfers, over one-third of our enrollment will be new students. With this demographic we'll have a more balanced ratio among male and female students. And, generally, CB's student body will be older, with fifty-three percent of our students in the upper division.

IMPROVEMENTS AROUND CAMPUS.

Three significant campus improvements are being completed to help support our increased enrollment this coming year.

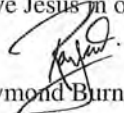
The first was actually made just prior to summer vacation with a new **Faculty/Staff Parking Lot** behind CB's campus. Especially with a greater demand for parking from more upper division students, this will free-up more designated student parking on-campus.

Secondly, a **new Student Plaza** on our main lawn will be finished by mid-August. This plaza will open-up a lot of usable space. Wider central gathering areas and walkways will help alleviate congestion during school days. And a covered outdoor seating area, adjacent to our cafeteria, will accommodate up to one hundred students during Sacramento's variable seasons.

The final improvement to mention is a restoration of our old weight room back into a "**Dance Room**" that'll serve multiple curricular and co-curricular purposes. Unique hardwood flooring, mirrors and mounted barres on three walls, will be ideal for the performing arts. This room will also be well suited for P.E. exercise classes, aerobic classes, and even after school cheer-leading practice.

In advance, thank you for your commitment to Christian Brothers. We're looking forward to another great year together.

Live Jesus in our hearts forever!


Raymond Burnell,
Principal

SCHOOL CALENDAR - AUG '09

August 3-5 Student Council Camp
August 11 Frosh Scholars Ropes Course
August 12 Bookstore open 9:00 a.m. - noon
Senior Processing Day 9:00 a.m. - 11:00 a.m.
Eucharistic Minister Training
Transfer Student Orientation
Academic Orientation for Parents of
Transfer Students 7:00 p.m.
August 13 Faculty/Staff Professional Day - no classes
Bookstore open 5:00-7:00 p.m.
August 14 Faculty/Staff Professional Day - no classes
Frosh Lock-In
Frosh Parent Ice Cream Social
August 15 Bookstore open 9:00 a.m. - noon

August 17 Fall Semester begins
Fall sports begin
Welcome Back Coffee 7:30-8:30 a.m.
Bookstore open 7:00-8:00 a.m./2:00-4:00 p.m.
August 18 Bookstore open 7:00-8:00 a.m./2:00-4:00 p.m.
August 21 Makeup Picture Day
Faculty/Staff Welcome BBQ
August 22 SAT Prep Class 9:30 a.m. - 12:30 p.m.
Student Ambassador Retreat and Training
August 24 Frosh Student Council apps available
August 26 Friends of the Arts Mtg. 6:30 p.m.
August 27 Classes begin 8:00 a.m.
Mass of the Holy Spirit 9:30 a.m.
QSP Student Training at lunch

ENTER TO LEARN, LEAVE TO SERVE

August 28 QSP Kickoff
Frosh/Soph Open Dance 7:30 - 10:30 p.m.
August 28-30 Senior Retreat Leadership Team Retreat
August 29 Red & Blue Scrimmage
SAT Prep Class

INSIDE:

Campus Ministry
CB Happenings
Student Activities
Athletics
Visual & Performing Arts
Falcon Family Faces

GUIDANCE DEPARTMENT NEWS

Welcome to the 2009-2010 School Year!

The Guidance Department is busy preparing to welcome your student to a new year full of opportunities! The counselors will visit classrooms and share important academic and college information with your son or daughter soon after school begins. Additionally, each student will have a pre-scheduled **individual meeting with his/her grade level counselor during the fall semester**. We would also like to inform you of several upcoming events sponsored by our department that will assist us in supporting your child.

Upcoming Guidance Dates + Events:

- **SAT Preparation Class for Seniors (in preparation for the October 10 SAT Exam):** Six Weeks, Saturdays, 9:30 am – 12:30 pm beginning August 22 (excluding September 5 due to the Labor Day weekend) in Rooms 601 and 611.
- **College Night for Seniors and Their Parents:** Wednesday, September 16 at 7:00 pm in the CB Cafeteria
- **Frosh Guidance Night:** Wednesday, September 30 at 7:00 pm in the CB Cafeteria (Parents only)
- **College-Bound Athletes (Sophomore Parents):** Wednesday, October 21 at 7:00 pm in the CB Cafeteria
- **Testing Day:** Wednesday, October 14, minimum school day
- **Staffing Days:** Wednesday and Thursday, October 28 and 29, minimum school days
- **Parent-Teacher Night:** Wednesday, November 4, 5:30 pm
- **College Financial Aid Night for Seniors and Their Parents:** Tuesday, December 8 at 7:00 pm in the CB cafeteria

Counselors are available for consultation if needed. Please call your child's grade level counselor to make an appointment. Please visit our website at www.cbhs-sacramento.org (Guidance/College Center) for more information.

SAT PREP

Christian Brothers is offering an SAT exam preparation course for class of 2010 students planning to sit for the October 10 SAT. The class will be taught by our own English and Math teachers and will be held every Saturday from 9:30 am – 12:30 pm beginning August 22 (omitting September 5 due to the Labor Day weekend) and ending October 3*.

The class will meet in rooms 601 and 611. **The cost is \$150 per student and space is limited. Please go to the CB website to register. The registration deadline is August 10.** We will be offering another six-week course for juniors beginning in late January in preparation for the March 13, 2010 SAT exam.

***Seniors will need to register at www.collegeboard.com for the October 10 test! Deadline to register is September 9.**

SAVE THESE DATES

Academic Orientation for Parents of Transfer Students

for *parents* of ALL *transfer* students

Wednesday evening, August 12, 2009 in the Cafeteria – 7:00 – 9:00 p.m.

Please join us on this evening to learn about some of the "day-to-day" communication and procedural issues that are important for new CB families.

As you join the Christian Brothers community, you will need to know the "ins 'n outs", "nuts 'n bolts" and "do's 'n don'ts" of different aspects of school life.

You will have a hands-on opportunity to 'test drive' our school web page and navigate the Power School database system that provides access to up-to-date grades, attendance, and other student information.

We hope that this evening will make your transition to Christian Brothers more seamless and less stressful for the coming year.

Please join us for the Ice Cream Social

To welcome *freshman families* to CBHS

Friday evening, August 14, 2009 on the Mary Lawn ~ 6:30 - 8:00 p.m.

Sign your student in for Lock-in and join us for dessert!

Pick up and complete your Class of 2013 Parent Passport and a chance to win amazing raffle prizes! This evening is just the beginning of your high school experience at Christian Brothers... Let's work together and share in the fun!

Kindly respond by calling Donna Adam (916) 733-3662 or

e-mailing: dadam@cbhs-sacramento.org

with confirmation or regrets by August 7, 2009

New Parents Welcome Evening: *Getting to Know our CB Lasallian Community for ALL new Christian Brothers parents*

**Wednesday Evening, September 9
in the Field House – 7:00 – 8:00 p.m.**

You are invited to interact personally in conversations with our President, Principal, and School Administrator in an intimate setting.

You will have an opportunity to get to know the members of our leadership team on a personal level, and the special roles they play within the CB community to prepare our students to succeed and carry on the Christian Brothers tradition.

Enter to Learn, Leave to Serve.

August '09

2

FALL SEMESTER

Welcome to the 2009-2010 school year! A very special welcome to the new families joining our CB community for the first time as your son or daughter enters the freshman class or transfers to our school. The Campus Ministry program provides liturgies, prayer, and a four-year retreat program for our students. We also offer prayer and spiritual resources for parents. Please come by and visit the Campus Ministry office in Brother Bertram Hall. If you have any questions or concerns, please contact Mrs. Susannah Nelson, Director of Campus Ministry, at 733-3626 or at snelson@cbhs-sacramento.org; or Mrs. Mary Alice Spinelli, Assistant Campus Minister and Liturgy Coordinator, at 733-3600 ext. 1040 or at mspinelli@cbhs-sacramento.org.

Retreats

The Senior Retreat Leadership Team will participate in their training session/retreat August 28-30 at St. Joseph's Camp. These seniors will be busy this school year leading the Frosh, Sophomore, and Junior retreats.

The **Senior Kairos Retreats** will be September 29-October 2, December 1-4, January 19-22, and March 23-26. This is a four-day, student-led retreat grounded in the Christian belief that God is very much a part of our real world, especially through the continuing presence of Jesus Christ as he shows himself to us through our family and friends. Kairos is an experience of Christian community, with a series of talks given by both student peers and adults. Prayer and self-discovery are also essential parts of this program, as well as the retreatants' involvement in discussions and other exercises. A letter will go home in September to all senior parents with details about this retreat.

Junior retreats, a one-day retreat held at Christ the King Retreat Center in Citrus Heights, occur during the second semester. A letter with details will go home to all junior parents after the Christmas break. The focus of this retreat is "Christ's Message for Me - My Journey." Juniors are also invited to make their Kairos retreat early, the week after school is out, when they are "brand-new" seniors.

Junior Retreat Dates: February 9; March 2; April 13 and 27

Junior Kairos Retreat: June 1-4

Sophomore retreats, held at the Newman Center (across from CSUS), will begin in February. Focusing on "Who Is Christ in My Life? What Are My Choices and Values?," these one-day retreats will be further explained in a letter to sophomore parents that will go home after the Christmas break.

Sophomore Retreat Dates: February 5 and 19; March 5; April 16

Frosh retreats occur during the first semester at the Marellio Retreat Center in Loomis. Frosh attend these retreats with their religious studies classmates and teacher. This is a mandatory retreat; all frosh are required to attend. With the theme "Who Am I?," the frosh will explore their self-identity, their new CBHS identity, and their new membership in the worldwide Lasallian family. Details of this retreat will be in a letter to frosh parents that will be sent home in August.

Frosh Retreat Dates: September 11 and 18; October 9, 16, and 30

Sophomore, Junior, and Senior retreats are optional. Students may sign up for these retreats in the Campus Ministry Office.

Save this date! The **Parent/Student Retreat** will take place **Saturday, February 6**, from **9:00 A.M. to 3:00 P.M.** at **Christ the King Retreat Center**. You won't want to miss this opportunity to spend a special time of prayer, fellowship, and reflection with your CB student. **All parents and all grade level students are welcome. More details later!**

A Parent's Prayer

*Loving God,
I thank You for the gift of my children
and for the privilege and responsibility
of being a parent,
for this is my way of holiness.
May I regard each of my children
as a sacred pledge of Your love
and a beautiful sign of Your confidence in me.
Help me to pass on to my children
our greatest treasures,
faith in Your truths,
hope in Your goodness,
love in Your Name for all.
I entrust my children to Your loving care.
Banish from our home any bitterness or
lack of forgiveness.
Let us have time, deep concern,
and a sense of sacrifice for one another.
Help us to live in the way of Jesus,
sharing the truth and love of the Gospel message.
Give us Your Holy Spirit
to unite, bless, and inspire our family. Amen.*

Liturgies

We will begin the school year with our **first school liturgy, the Mass of the Holy Spirit, on August 27. Parents are always invited to join us at our school liturgies.** All liturgies are held in the gym and begin at **9:30 A.M.**

Upcoming Liturgies:

September 20 - Sophomore Family Liturgy
October 1 - School Liturgy
November 12 - School Liturgy
November 15 - Frosh Family Liturgy
December 8 - Immaculate Conception Liturgy

Words of St. John Baptist de La Salle

*If you show the firmness of a father
in withdrawing the children from evil,
you should also show the tenderness of a mother
in gathering them together, and in doing
them all the good in your power.*

(Meditation 101.3)

CB HAPPENINGS

The Dean's Office...

Please accept my welcome to all for this upcoming year at Christian Brothers; we are all looking forward to a great 2009-10 school year.

Student Drop-Off and Pick-Up!

One topic that comes up every year is how we handle drop-offs and pick-ups each day at school. Working together we can make everyone's life a little easier during these busy times of day.

Arrivals: We suggest arriving early, as we approach 8:00 a.m. both traffic in cars and on foot becomes more hectic. Dropping students off before 7:45 a.m. can avoid undue delays. When dropping off in front of the school, please keep the center lane clear and pull as far forward as possible, even past the main crosswalk to keep the flow of traffic going and allow you to get in and out quickly.

Departures: Schedules are tight at 3:00 p.m. and when the bell rings, it is crunch time and stress levels are rising. We suggest arriving closer to 3:30 p.m. as much of the rush is gone by then. When picking up in the front parking lot, please pull as far forward as possible and keep the center lane moving. Please follow the directions of security and staff to ensure the smooth flow of traffic and the safety of those on foot.

If you are picking up after 4:00 p.m., we will have students move toward the back of the campus to wait for their rides in one of two areas. One is between the Field House and the cafeteria where there are rest rooms, a snack bar, and shady trees where students can gather. The other area is on the west side of the cafeteria facing the main lawn, where we are building a covered eating area – this too offers protection from the elements and is much quieter than the front of the school. To meet students in these areas, enter through the student parking lot and proceed around to the Field House or the back of the cafeteria.

The beginning of the school year is always hectic and its rhythms and routines take a little time to become established. By following the above suggestions we hope to alleviate some of the stresses for everyone.

Detention Notification

From time to time students earn detention for their behavior here at Christian Brothers. One of three different levels of detention is "After School" detention. After school detention runs for approximately 45 minutes after the school day (please see pages 25-26 of the Parent/Student Handbook for more details). In an effort to keep families informed about their student's behavior, one tool we are going to use this year is our Connect-ED system to send you notifications about your student's detentions. The Connect-ED electronic message is meant to apprise of you son or daughter's conduct and consequences. The notices will take one of two forms: 1) a message informing you that he or she has earned an after school detention; or 2) a notice that he or she did not serve an after school detention as required. Hopefully, with this information going home to you in a timely manner, you can help us all to maintain high standards of decorum at our school.

REMINDER – turn in your signed Handbook Partnership Statement.

The **Partnership Statement** must be returned to Christian Brothers High School **no later than the fifth day of classes, Friday, August 21, 2009.** Students whose **Partnership Statements** are not turned in by homeroom period on **Friday, August 21** will not be allowed to attend classes until the signed **Partnership Statement** is received. These students will have an "unexcused" absence recorded for the classes missed until the **Partnership Statement** is submitted and will be subject to the consequences for unexcused absences as described in the *Handbook*.

Thank you very much for your cooperation. If you have any questions or concerns about the above, or other matters related to student conduct, discipline, or procedures at CB, please contact Mr. Steven Barsanti '78, Dean of Students, at 733-3611, or sbarsanti@cbhs-sacramento.org.

ALL STUDENTS TO WEAR "PROFESSIONAL ATTIRE" ON WEDNESDAY, SEPTEMBER 2

To promote presenting oneself appropriately for future careers/vocations, Christian Brothers' students are required to dress-up and out of regular school dress code by wearing "PROFESSIONAL DRESS ATTIRE" on the First Wednesday of every month (formerly the first Friday). When wearing Professional Dress Attire, all students are required to abide by the guidelines stated on page 19 of our Parent-Student Handbook throughout the entire school day. Please note Professional Attire dress code distinctions between upper and lower division students (i.e. No skirts allowed for Freshmen and Sophomore ladies).

** Once again... **Wednesday, September 2** will be our first "Professional Attire" day for all Students.

** Any students having financial issues regarding the cost of professional dress attire should contact our Registrar, Ms. Jan Warren, for help.

STUDENT COUNCIL OFFICERS 2009 – 2001

ASB COUNCIL

Moderators: Rose Ann Holmes, Annie Hoekmann
and Kent Morrison

PRESIDENT: Andrew Florita
VICE-PRESIDENT: Alex Schrick
SECRETARY: Annie Peabody
TREASURER: Zach Anderson
PUBLICITY/HISTORIAN: Diavonti Escasena,
Dominga Noe
RALLY CHAIRS: Cassie Drysdale,
Ruby Santos

Senior Class Council

Moderators: Tom English and Marian Shackel
Raeann Cooper
Dawn Flemming
Diana Jacinto
Sofia Kozlowski
Jonathan Laubacher
Steven Leyva
Julian Rosario

Junior Class Council

Moderators: Annie Hoekmann and Michael Hood
Maddy Grover
Julia Hidalgo
Ade' Jackson
Kathleen Schiavenza
Taylor Valmores
Erin Wakabayashi

Sophomore Class Council

Moderators: Bernie Eckel and Chuck Zannetti
Patrick Donovan
Kayla Gardner
Candace Guthmiller
A.J. Johnson
Briana Lovett

Freshman Class Council

Moderators: Lorie Frias and Minh Nguyen
Elections will be held in September

*So many of the activities on campus are planned by Student Council, and it is a great way to be involved on campus. Our Student Council members will have already gone to one leadership camp before school starts. But they are missing an important link, our **Freshman Council**. A number of candidates turned in their applications for council during last spring. Applications will again be available on August 24th for those who did not previously turn one in. All applications are due by lunch on September 9th, with a meeting of all candidates in Room 106 during lunch that day. Campaign week will be during the week of September 14th – 18th. Speeches will be heard on September 17th and the Frosh Council election will be held on September 18th.*

Welcome to the 2009-2010 school year.

Our year starts off full of opportunities for students to become involved on the CB campus. Co-curricular activities keep our students interested in school and help them grow physically, emotionally, and socially. Through being involved in dances, rallies, the QSP Drive, clubs, and other activities our students learn to support their own interests, preparing them for the real world.

FROSH LOCK-IN is our first welcoming activity where members of Student Council and the Senior class hold an all night event for our incoming freshmen. By the end of Lock-in our new frosh should have their books locked in their lockers, have attended their first rally and dance, own a class spirit shirt, know their way around campus, and have made new friends. They end Lock-in by seeing the sun rise on their four years here at Christian Brothers.

Make-up Picture Day is August 21st. If your student is a new transfer student or was absent during picture days last spring, they will be called to have a picture taken for the yearbook. Order forms for pictures packages will be available in the main office and online. Students will also receive their ID card that day.

The annual QSP Magazine Drive will officially kick off on Friday, August 28th. Students will be bringing home envelopes with magazine selections and order forms. This fundraiser brings in money to support the many student activities on campus. Plan to renew your magazine subscriptions through QSP this year and support our students and their campus activities. Orders can also be made online by clicking on the QSP link on the school web site.

The Frosh/Soph Open Dance will be held August 28th. This dance is open to all freshmen and sophomores attending any Sacramento Catholic High school. The cost is \$7.00. Students will need to be in dress code as stated in the Parent/Student Handbook, show a school ID and have a pre-purchased bracelet to be admitted to the dance which takes place on our Mary Lawn from 7:30-10:30 p.m. This is always a great way for our students to start the year and see their friends who attend the various Catholic High schools. Not to be outdone, the **Junior/Senior Open Dance** will be held at St. Francis High School on September 4th. Bracelets for dances will go on sale the week before the dance is scheduled and are pre-purchased only. No tickets are available at the door on the night of the dance.

Clubs are popular on the CB campus and are a great way for students to develop new interests and friends. Students will have the opportunity to shop around for clubs that may interest them at our **Club Day, September 10th**. During lunch on Club Day, all active clubs will be on display and will be taking membership sign ups.

ATHLETICS

The athletic world has had a very busy summer preparing for our 2009-10 athletic campaigns. Welcome to all our returning students as well as the many new faces that will join us this fall.

We are pleased to announce two not-so-new faces to lead our cheerleading and women's lacrosse programs this year.

Vanessa Ruiz '04 – is stepping up to take the leadership role in our **cheerleading program**. Not only did Vanessa cheer while attending Christian Brothers, she assisted for a year right after graduation and then rejoined the staff in 2007.

Kevin Van Den Bogart – will assume the head coach responsibilities of the **women's lacrosse program**. Kevin is the chairperson of the science department and has been a part of our Christian Brothers teaching community since 2003.

August '09

9

FALL SEMESTER

Important Reminders for...

Fall Sport Athletes:

1. Official practice for all fall sports begins Monday, August 17. Many teams will be conditioning during August; for specific information regarding conditioning and practice times please look at the athletic calendar on the website or contact the head coach.

2. Student-Athletes must submit a completed 'athletic consent and release' form to the coach on the first day of tryouts. The form is available on the athletic website under 'Athlete Forms'. Part of the form is a doctor's clearance so please plan on having everything in order before August 17.

Mark your calendars for...

Saturday, August 29

Our annual '**Red/Blue Scrimmage**' kicking off our fall sports. All our athletic programs will be represented in this enjoyable start to our athletic season. The fun begins at 9:00 a.m. and wraps up around 11:00 a.m.

We look forward to much success and many memorable moments this year; we welcome you to join us in the excitement.

GO FALCONS!!!

VOLUNTEER SUPPORT in the CBHS Community

The faculty, staff, students, current/alumni parents and members of the Alumni Association believe in and care deeply about Christian Brothers High School. Our Lasallian community is enriched by volunteers contributing their gifts, talent and time that benefits the school and continues to build a welcoming atmosphere.

Volunteering is a wonderful way to become involved and meet other parents. Start the process by filling out the **Volunteer Support** form which will be in the packet mailed August 1st. Your name and information will be added to the volunteer database. For the latest volunteer news and parent support go to the parent information link on the CB website: www.cbhs-sacramento.org. **Thanks!**

Help support CBHS with your everyday shopping!

Scrip is an easy way for schools to raise funds. You do your everyday shopping, and CBHS receives a percentage of your total purchases. Simply register with your grocery store and our scrip merchant-partners and continue to do your shopping as always. The CBHS office staff is happy to help you register.

Nugget
MARKETS

Raley's BELAIR

eScrip



SAVE MART
SUPERMARKETS

Your Life. Your Town. Your Store.



onecause[®]

Click, Shop, Contribute

We will be adding other merchant fundraising opportunities during the school year. Updates will be posted in the monthly parent newsletter **FALCON FAMILY NEWS** or on the CBHS website: www.cbhs-sacramento.org – Parent Information/Scrip

VISUAL & PERFORMING ARTS

We're back and we're better than ever! Coming off of a year in which our Visual, Performing and Media Artists once again demonstrated why Christian Brothers High School truly is the high school for aspiring artists to attend, we have new and exciting things to share.

...There is a time to dance...

Over the summer, the old weight room in the Limeberger Gymnasium was renovated and is now a state-of-the-art dance room. A professional dance floor, mirrors and dance bars have set the stage for our new dance club moderator, Ms. Sandra Hill. Ms. Hill comes to us with an extensive background in dance, having taught and choreographed Ballet, Jazz, Musical Theater and Cheerleading for more than 15 years, as well as being a certified personal trainer and aerobic instructor. Most recently she was the Dance and Theater instructor at Loretto High School.

This year's dance club will meet 4-5 days a week and will attend and compete in dance festivals. Any students interested in participating in the dance club should contact the Director of Visual and Performing Arts at (916) 733-3617 or rslabbinck@cbhs-sacramento.org.

Race for the Arts

On Friday, August 28th Christian Brothers Friends of the Arts will be participating in the Race for the Arts 2009 5K Run/Walk and Children's Fun Run. All CB students and their families are more than welcome to participate in the event. If you feel even more motivated, in addition to entering the race, you can fill out a pledge sheet and collect donations for CB's Friends of the Arts. All donations are tax deductible and 100% of donations go directly to benefit the Visual, Performing and Media Arts programs at Christian Brothers High School. It is a great way to join the community, get some exercise and support the arts. For more information visit www.raceforthearts.com or contact the Director of Visual and Performing Arts.

Always keep your eye on the electronic school calendar on the CB website, as new VPA events are frequently added. There are countless opportunities to see our fantastic students showcasing their talents. From Open Mic Nights, Plays, One Acts, Musicals, Instrumental Concerts, Choir Concerts, Art Shows, Television/Video Productions and now Dance Recitals, our campus is always alive with the arts. I cordially invite you to attend our various events throughout the year and get involved in any way possible. As always, if at any time you have any thoughts, questions or compliments to share, please contact Ron Slabbinck, Director of Visual and Performing Arts.

FALL PLAY - *Our Town* - BE A PART OF IT!

YOU ARE INVITED! All students are urged to attend auditions and a technical meeting for our fall dramatic production of Thornton Wilder's wonderful classic drama, *Our Town*, Wednesday, Thursday and Friday, August 19, 20 & 21, after school in the Little Theatre.

The play requires over twenty-five actors and numerous technicians, so whether you want a lead role with lots of lines, a walk on, or a chance to work backstage, this show gives actors and technicians with varying ranges of experience a chance to work on or backstage.

A synopsis of characters from the play and a sign-up sheet for an audition time slot will be posted on the bulletin board outside the theatre on Wednesday. Students are welcome to come prepared with a monologue, but most will be asked to do a cold reading from the play.

Also, our first official meeting of Troop 5376 of the International Thespian's Society will take place on Monday, August 17 after school in the Little Theatre. All are welcome.

WE LOOK FORWARD TO SEEING YOU THERE.

FALCON ALUMNI FACES

August '09

83

FALL SEMESTER



CB Alumni Association



Wine, Beer & Food *Extravaganza*

Friday September 11
7 p.m. - 10 p.m.

Purchase On-line: <http://cbhs-sacramento.maestroweb.com>
For more information: Call (916) 733-3600 or Go to www.cbhs-sacramento.org



CHRISTIAN BROTHERS HIGH SCHOOL
4315 Martin Luther King Jr. Blvd.
Sacramento, CA 95820-2727



PSRRT
First-Class
U.S. Postage
PAID
Permit # 127
Sacramento,

FALCON FAMILY NEWS

PRINCIPAL SHARING: APPRECIATING PROGRESS REPORTS, SEEING PATTERNS

Good carpenters “measure twice, cut once.” This practice ensures an accurate cut.

With very intricate woodworks, multiple measurements are taken into account before precisely guiding the saw’s teeth for best results. Like skilled carpentry, helping young men and women experience high school success entails frequent assessments.

Here at Christian Brothers, we formally gauge students’ academics at several key measuring points to gain an authentic view of their progress in learning. Such measures are taken four times each semester (or about once a month): a progress report, quarter grades, a second progress report, and semester grades.

By measuring grades at numerous intervals, CB students (along with their parents) are kept fully aware of their current academic position. This enables us to then accurately guide students – on the home front and at school – to achieve educationally; thus becoming prepared for college success, and as life-long learners.

In a couple of weeks, as we reach the mid-point before first quarter grading, the year’s first progress reports will be mailed home. Here are some thoughts to keep in mind.

APPRECIATE THE EARLY “HEADS-UP”

Let’s start with an important appreciation. Every progress report is invaluable to CB’s open communication with families, and engages parents as the first and foremost educators of their children. Yet, this first one has its limits.

This progress report includes only the initial weeks of our new school year. As a result, please respect that it’s only an early preliminary indicator. Although still a good “heads-up”, this report’s assessment data is limited and may create an exaggerated picture, either too low or too high, of a student’s actual progress in a course.




PATTERNS BECOME AN ACADEMIC FOCUS

Instead of putting too much emphasis on any one grade, look for patterns. Carefully read all teacher comments together as one message. This can shed some light on why a student’s grades are what they are. More crucially, where they might be heading.

Warning sign patterns must be addressed: numerous missing or incomplete assignments, recurring cautionary remarks about effort, conduct, or that infamous “working below ability.” Likewise patterns of genuine academic growth, good self-discipline, and a solid work ethic are worthy of hearty handshakes or a hug.

In either case, deeper communication and vigilance are called for along specific lines. Progress report patterns become a reliable measure for areas where students can now focus to remediate, reinforce, or accelerate, their overall academic performance/study habits.

Live Jesus in our hearts forever!


Raymond Burnell,
Principal

SCHOOL CALENDAR - SEPT. '09

ENTER TO LEARN, LEAVE TO SERVE

SEPT. 1	Special Schedule – Early dismissal at 2:00 pm QSP Collection Day BACK TO SCHOOL NIGHT – 5:30 pm	SEPT. 10	Classes begin 9:00 am Club Day at lunch	SEPT. 21	QSP Collection Day
SEPT. 2	Classes begin 9:00 a.m. Professional Attire Day for Students Club Moderators & Reps Mtg. – Falcon Flex Alumni Mtg. 7:00 p.m.	SEPT. 11	Frosh Retreat Alumni Wine, Beer and Food Extravaganza	SEPT. 23	Friends of the Arts Mtg. 6:30 p.m.
SEPT. 3	Kairos 27 Reunion 3:00-5:00 p.m. Auction Committee Mtg. 6:00 p.m.	SEPT. 12	SAT Prep Class 9:30 am – 12:30 pm	SEPT. 24	Classes begin 9:00 a.m. Holy Bowl BBQ @ lunch QSP/Holy Bowl Rally – Falcon Flex
SEPT. 4	First Friday Vocation Awareness Day Jr/Sr Open Dance @ St. Francis HS 7:30-10:30 pm	SEPT. 14	Frosh Campaign Week Jesuit Colleges ‘Mini College Fair’ @ UD lunch Booster Club Mtg. 6:00 pm	SEPT. 25	QSP tentative holiday Frosh/Soph Open Dance @ Jesuit HS 7:30-10:30 p.m.
SEPT. 7	LABOR DAY HOLIDAY – no classes	SEPT. 16	College Night for Seniors and Parents 7:00 pm	SEPT. 26	SAT Prep Class 9:30 a.m. – 12:30 p.m. HOLY BOWL
SEPT. 8	QSP Collection Day Fall Play Auditions (Sept. 8-9) Jesuit Colleges Fair @ Jesuit HS 7:00-9:00 pm	SEPT. 17	Classes begin 9:00 am Frosh speeches/Senior Class prayer service – Falcon Flex	SEPT. 28	Wellspring Week
SEPT. 9	Frosh Council apps due and interviews LPC Meeting & Social 6:30 pm	SEPT. 18	Frosh Elections Frosh Retreat	SEPT. 29	Kairos 28 Open Mic Auditions after school (Sept. 29-30)
		SEPT. 19	SAT Prep Class 9:30 am – 12:30 pm Shadow Host & Open House Training 9:00-11:00 am	SEPT. 30	Frosh Guidance Night 7:00 p.m.
		SEPT. 20	Sophomore Family Liturgy 9:30 a.m.		

INSIDE:

Guidance
Campus Ministry
Christian Service
Student Activities
Athletics
Visual & Performing Arts
Falcon Family Faces

GUIDANCE DEPARTMENT NEWS

September '09

2

FALL SEMESTER

Welcome to Christian Brothers

, all new and returning families! As the school year gears up, counselors are busy assisting students with strategies for academic success and also distributing a substantial amount of college planning information. Each counselor has scheduled individual conferences with his/her students, so all students will be seen by their counselor this Fall for one-on-one counseling. In addition, Mrs. Hesser is visiting junior and senior English classes to discuss college planning and the resources available to students in our College Center and on our website. Mrs. Hesser will be hosting **College Night for Seniors and Their Parents** on **September 16 (7:00 pm, CB Cafeteria)** to present important and timely college information to seniors and parents.

College Exploration for Seniors

The early weeks of the senior year are a time when college exploration will continue and it is time to narrow down a "short list" of those colleges and universities that match up with desired characteristics identified by your son or daughter as important to their educational ambitions and needs. Unlike the junior year and earlier, this year is one that will be influenced by deadline dates and other milestones when tasks must be completed. The soundest piece of guidance you can give your senior student is to create a "things to do" list as the new school year begins. An orderly approach to all of the admission and financial aid applications tasks will ensure they do not become a distraction to the important things that must continue to happen in the classroom.

COLLEGE Admission Test Dates

SAT TEST DATE

OCT. 10 @ CB

DEADLINE to Register: SEPT. 9

NOV. 7

DEADLINE to Register: OCT. 1

ACT TEST DATE

SEPT. 12

DEADLINE to Register: AUG. 7

OCT. 24 @ CB

DEADLINE to Register: SEPT. 18

DEC. 12

DEADLINE to Register: NOV. 6

Reminders for Everyone:

School is in full swing! Summer jobs have ceased. Trips to the beach or lake are behind your college-bound children and the bell has sounded for the 2009-2010 school year. Monitor these early weeks of school and make certain your son or daughter attends to the following tasks:

- Launch the year determined to be as successful as possible. Don't allow the college exploration, decision-making or application process to become a distraction.
- Review the courses on your child's current schedule and make certain they are pointing toward her or his college goals. Plan ahead for next year's classes. Also look at upcoming testing dates and their registration deadlines.
- Juniors and Seniors should schedule visits to the colleges they haven't seen to this point. Revisit those where unanswered questions exist. For seniors, this is the countdown year and they will soon be refining their list of colleges and initiating the application process.
- Make sure your child listens to the daily announcements and KBFT, and checks the CB website in order to hear about fall college evenings presented by specific colleges/universities that provide information about the admission and financial aid application process. Remind them to sign up for any of the 30-40 college rep visits on our campus and to attend the College Fair that CB co-hosts with the other Catholic high schools. This year it will be held at Jesuit H.S. on Monday, Oct. 5, from 7:00-9:00 p.m.
- Juniors should begin to map out a long-range strategy for college exploration. Sometime soon each student must identify the characteristics that she or he is looking for in a college and now is the time to begin thinking about those criteria. Initial exploration can involve general college guides and videos or the more specific information presented by colleges on their websites as well as exploring the guidance section of the CB website. Juniors should plan on taking the SAT or ACT March or later of the 2009-2010 academic year. Each junior has received an individual code that allows students to register at our college planning website, CB's Family Connection. If they have not already done so, Juniors should complete the personality profile/career interest survey at Family Connection called "Do What You Are" by the end of this semester.
- Some eager sophomores may want to become more engaged in the school-to-college transition, but this is a time for them to concentrate on the classroom and do the best job they can do to bring home good grades in challenging college prep classes.

WANT TO DRIVE?

Driver's Education classes will be offered before school during the 2nd, 3rd, and 4th quarters. Students must be 15 years of age or older. No academic credits are earned. This course meets the State of California requirement to obtain a driving permit. The fee for the course is \$100 plus the cost of the textbook. Classes will be subject to an enrollment minimum. Please **contact Rona Gordon at 733-3674** for further information and registration.

Retreats

The Senior Retreat Leadership Team held their training session/retreat in August at St. Joseph's Camp. By the end of the three days there, after praying, eating, and sharing time together, we felt like one big family! These 21 seniors will be busy this school year leading the Frosh, Sophomore, and Junior retreats.

The **Senior Kairos Retreat** dates are September 29 - October 2, December 1 - 4, January 19 - 11, and March 23 -26. A letter will go home this week to all Senior parents with details about this retreat. Sign-ups are now available in the Campus Ministry office.

The **Frosh Retreats** begin this month. The Frosh attend these retreats with their religious studies classmates and teacher. This is a mandatory retreat; all Frosh are required to attend. Details of this retreat were sent home to parents in a letter from Campus Ministry.

Frosh Retreat Dates: September 11 and 18; October 9 and 16 Check the CB web site under "Campus Ministry" for details on these retreats.

Save this date! The **Parent/Student Retreat** will take place **Saturday, February 6**, from **9:00 A.M. to 3:00 P.M.** at **Christ the King Retreat Center**. You won't want to miss this opportunity to spend a special time of prayer, fellowship, and reflection with your CB student. **All parents and all grade level students are welcome. More details later!**



It is a tradition at Christian Brothers High School to begin each school year with the Mass of the Holy Spirit, at which we pray for the blessings of the Holy Spirit upon our school year.

We invite you to pray the following prayer for yourself, your family, and our school community.

St. Augustine's Prayer to the Holy Spirit

*Breathe in me, O Holy Spirit, that my thoughts may all be holy.
Act in me, O Holy Spirit, that my work, too, may be holy.
Draw my heart to You, O Holy Spirit, that I may love what is holy.
Strengthen me, O Holy Spirit, to defend all that is holy.
Guard me, O Holy Spirit, that I always may be holy.
Amen.*

Liturgies

We began the school year with our first school liturgy, the Mass of the Holy Spirit, on August 27. We were honored to have Fr. George Wanser, SJ, the pastor of the Newman Catholic Community, as our presider at the Mass. The Seniors who were trained as Eucharistic Ministers were commissioned in their special ministry of distributing communion at our liturgies, and students were recognized for the many hours of service they have given to the community. We also welcomed new teachers and staff members.

Attention Sophomore Parents! The **Sophomore Family Liturgy** is right around the corner! Join us for Mass, followed by a continental breakfast, on **Sunday, September 20 at 9:30 a.m. in the Gym**. More information and an RSVP form will be coming to you in the mail regarding this liturgy.

Upcoming Liturgies:

- Sept. 20 – *Sophomore Family Liturgy*
- Oct. 1 – *School Liturgy*
- Nov. 12 – *School Liturgy*
- Nov. 15 – *Frosh Family Liturgy*
- Dec. 8 – *Immaculate Conception Liturgy*

Parents are always invited to join us at our school liturgies. All liturgies are held in the gym and begin at 9:30 A.M.

Words of St. John Baptist de La Salle

It is inconceivable how much Jesus Christ loves those who give up everything for him, and how many graces He gives them both for themselves and for others. As their hearts are empty of the things of this world, God fills them with his Holy Spirit.

(Meditation 167.2)

CHRISTIAN SERVICE

September '09

4

FALL SEMESTER

Christian Service is based on the charism of St. John Baptist De La Salle and our motto "Enter to Learn, Leave to Serve." Leading students to a deeper and richer understanding of self, others, and God, enables them to embrace their faith during their teenage years and move on to college and adulthood with meaningful ties to the Catholic Church. What distinguishes Lasallian schools is the constant reminder that we study, pray, and play "in the presence of God."

Christian Service provides four cornerstones of opportunity for almsgiving, club and class outreach, Christian service-learning, and VENAVER, an immersion program. Christian Service also includes five service clubs on campus: Big Brothers, Lasallian Youth, Wellspring Breakfast Club, Respect for Life, and Christian Service Corps. These programs allow the students hands-on experience to proclaim the Gospel and build the Kingdom of God by serving the poor and vulnerable.

Christian Service Awards

Christian Service Awards were announced at our opening school liturgy on Thursday, August 27, 2009. The following students of the class of 2012 received a Christian Service Award for completing 25 or more hours of service last year:

Grace Kellison, Jamie Quinn, Miguel Ruiz, Samantha Mulligan, Justin Alan Sjaaheim, Emily Whitefoot, and Elizabeth Wilson.

The following students of the Class of 2011 received a Christian Service Award for completing 50 or more hours of service during their years at Christian Brothers: **Madily Amez, Jordyn Chew, Anne Conway, Ashlee Difuntorum, Nicholas Domke, Scott Fenocchio, Miguel Francisco, Anthony Franzoia, Miranda Friel, Nathan Goncalves, Veronica Gray, Dillon Greenberg, Martin Hall, Kevin Hua, Brianna Hutton, Kyle Jelichich, Connor Lee, Sarah Mackenzie Long, Jenny Lysaght, Sana Mahmood, Katherine Marshall, Kristen McEnerney, Shannon McNamee, Matthew Puliz, Nicole Quinn, Samuel Rose, Morgan Rothenbaum, Julianna Ruiz, Michael Signorotti, Meredith Stawicki, Mikaela Stirling, Andrew Stoltenberg, Katherine Sullivan, Abigail Williams, Hannah Wilson.**

The following students of the class of 2010 received a Christian Service Award for completing 75 hours of service during their years at Christian Brothers: **Ekenna Anya-Gafu, Julian Antunez, Allison Backers, Christopher Barthelow, Alexander Bayani, Claire Costa, Mary Alice Curran, Sydney Davis, Halie Ferrante, Chanel Garcia, Matthew Havey, Casey Hoffman, Molly Hopcraft, Kelsey Ito, Hannah Jorge, Jamison Kato, Kate Kempton, Michael Lahey, Leslie Lai, Joshua Lee, Jarrett Link, Sarah Marks, Kelsey McNamara, Anthony Miller, Austin Moore, Morgan Murphrey, Anne Peabody, Patrick Price, Edward Ralph, Jose Ruiz, Kevin Sargent, Alex Schrick, Faith Siler, Will Simmons, Chloe Skewis, Chelsea Thomas, Francesca Tongco, and Nathan Weisberg.**

*Congratulations to all of our students who strive to implement our school motto
"Enter to Learn, Leave to Serve."*

Documenting Community Service Hours

All Sophomores, Juniors, or Seniors who volunteered over the summer, please remember to turn in your Documentation Forms so we can keep track of your Christian Service hours.

- Students who volunteer can document their hours for college transcripts
- Students can pick up a form in the Christian Service Center or on our website under Christian Service, Documenting Service Hours.
- Students should fill out one form for each agency or placement where they volunteered.
- Students need to assess themselves and have a supervisor verify their hours with a signature.

For questions about Christian Service including service hours, Service Learning, or school wide almsgiving, please see Ms. DeBenedetti-Emanuel, in the Christian Service Center or contact her at sdebenedetti-emanuel@cbhs-sacramento.org or 733-3653.

VENAVER (literally "come and see" in Spanish) is an intense immersion experience in which the students have the opportunity to immerse themselves in the lives of other people in our community, in our country, and in our world.

For over 20 years Christian Brothers High School students have journeyed to places near and far to be ambassadors of faith, hope, and love. We will be sponsoring two Ven A Ver trips this year.

VENAVER Salinas - October 6-10, 2009

VENAVER New Orleans - January 12-17, 2010

Last fall all juniors and seniors had a chance to apply for our VENAVER trips. The following students were selected to accompany **Ms. Hoekman & Ms. Mungus to Salinas, CA: Jacqueline Galdamez, Kelsey McNamara, Gabriela Michel, Natali Plasencia, Rebecca Reyes, Melissa Roberts, and Taylor Shahbazian.** The following students were selected to accompany **Mrs. Peabody & Mr. Hogan to New Orleans, LA: Hallie Ferrante, Diego Garcia, Megan Graham, Matthew Havey, Julia Hidalgo, Kelsey Ito, Cole Lancaster, Adrian Lara, Edward Ralph, Samantha Schumann, Whitney Swain, and Abigail Williams.**



Run to Feed the Hungry: The 16th Annual 10K Run & 5K Run/Walk to Feed the Hungry takes place on Thanksgiving Day, November 26, 2009. CB will have a team again this year, and you are invited to sign up. You do not have to be an athlete to participate. People of all ages and athletic abilities are welcome. This is a great opportunity to run/walk or volunteer as a family. All the proceeds benefit our neighbor, Sacramento Food Bank and Family Services. For more information check out their website: www.sfbs.org or see Mr. Jake Hunley.

STUDENT ACTIVITIES



May the Force be with you the FALCON FORCE that is... Welcome Back!

Other FUN Events....

Freshman class officer elections will be held on September 18. Our freshmen look to be a dynamic and eclectic class. Applications are now available and are due Friday, September 4. September 14 - 18 will be the campaign week. There should be many great campaign posters decorating our halls. The freshman class will hear the candidates speak on Thursday during the Falcon Flex period and will have the opportunity to vote on Friday, before school, during break and at lunch.

Club Day activities will be held during lunch on September 10. We have approximately 30 clubs at CB and they will all be represented with information booths that day. Any student should be able to find a club to match his/her interests. The clubs will advertise their function on campus and where and when they meet.

SPIRIT RALLY

Drum line sets the beat, each class will be judged on how many members are wearing their spirit shirts and who can chant the best cheer! That's right—time for a RALLY! The **Fall Spirit Rally** is scheduled for September 24. All students stay for Falcon Flex period that day to attend the rally.

Sophomore Family Liturgy

The sophomore class council is already busy planning for their Sophomore Family Liturgy. The liturgy will be held in the gym on Sunday morning, September 20 at 9:30 a.m. followed by a continental breakfast served in the cafeteria.

Holy Bowl is September 26. To fire up for this cross town challenge we will have a **Spirit day and BBQ** on Thursday September 24. During lunch the students will attend a BBQ and have a rally to cheer on our football team and show them support as they head into this annual athletic battle. Our newest club, the Falcon Force, has some surprises planned for Holy Bowl this year, so plan now to attend.

Lock-In 2013

Two hundred fifty freshmen enjoyed an exciting La Sallian welcome when student council members and senior volunteers hosted them at Lock-In 2013. Activities included a dance, ice breakers, rally, all night activities and an early morning prayer service including a slide show. The freshmen saw the sun rise on the football field while they enjoyed donuts and cocoa and embraced their new experience as members of this Christian Brothers community. They had a fantastic night and look forward to a great four years here at Christian Brothers High School.

The Quality School Program (QSP)

The QSP drive is due to blast into high gear on Friday, August 28. From August 28 through September 21 our students will be working diligently to sell magazine subscriptions. Please be sure to save all magazine orders and renewals for the CBHS student of your choice. We honor renewal notice prices if they beat QSP prices. Orders may also be placed online. Go to our school website and click on the QSP link (or go to QSP.com); select "SHOP NOW" and enter: 425012001. Online orders placed during the drive will help earn prizes for the student of your choice.

QSP benefits all students and their activities. All organized groups of students involved in activities on campus are eligible to request funds earned from the drive to support their goals. Last year, the student council heard many proposals from their peers. Among the groups who benefited from magazine sales were athletics, the arts, and clubs.

Many of our clubs also received much needed funds. For example: Big Brothers received funds to sponsor their yearly activities, Communion and Liberation received money for sponsored Study Days, and the Black Student Union and German Club received funds so their members and our school could benefit from cultural experiences. Open Mic Night, Speech and Debate, and the Sticks n' Strings Club received funds to buy microphones and other sound equipment for their various performances. Engineering and Robotics, Literary Arts Journal, and the Senior Class also benefited from our magazine drive. In addition to the financial support for our many student activities, students also learn how to identify needs, make proposals and persuasive presentations, and learn negotiating skills as these funds are allocated.

EXTRA—EXTRA !!!

FRIDAY, SEPTEMBER 25TH IS A DAY OFF ONLY IF WE MAKE OUR GOAL OF \$106,524 DURING OUR MAGAZINE DRIVE. PLEASE SUPPORT OUR STUDENTS WITH YOUR MAGAZINE ORDERS! THE DRIVE RUNS FROM AUGUST 28 THROUGH SEPTEMBER 21.

ATHLETICS

September '09

9

FALL SEMESTER

Most fall rosters are now complete in what was a very competitive process of team tryouts. Coaches are busy distributing uniforms and gearing up for our final year as a member of the Sierra Valley Conference. We look forward to going out in strong fashion with very competitive teams vying for league and section championships. We begin with our fall line-up of programs which consist of cheerleading, cross country, football, women's golf, men's soccer, women's tennis, women's volleyball, as well as men's and women's water polo.

Below is a guide on how to obtain information related to athletics by going to the Christian Brothers website at

www.cbhs-sacramento.org:

Schedules:

Click on CB Sports Calendar (under Popular Links). To view an entire season's schedule for a specific team click on the Season tab and identify what team you want to view. To get automatic alerts when schedules change, simply click on Get Alerts and fill in appropriate information.

Driving Directions:

For most league events, click directly on the away event on the Sports Calendar and then click on directions. Mapquest will pop up. For other events, click on Athletics, then Driving Directions and select the league, non-league or cross country meet locations to get directions.

Head Coach Directory:

Click on Athletics, and then on the Head Coach Directory for phone and e-mail.

Updates:

Click on the Boosters icon (under Popular Links) and select which sport(s) you want to view.

This year could prove to be a challenge as schools determine how the cutbacks to public school districts will be handled. Our first major conference change occurred as Galt High School dropped its freshman football program this year. With the opening of Liberty Ranch, Galt lost a large portion of the student body, creating a dramatic decrease in the number of freshman football players; as a result, Galt made the difficult decision to eliminate their freshman football program this fall. We are in the process of finding a replacement game.

We hope to see you out supporting our Falcons at upcoming contests.

GO FALCONS!!!



You are invited to a
Root Beer Float Social

Wed. Sept. 9

at 6:30pm in Room 106

Hosted by the Lasallian Parent Club (LPC)



Special guest speakers

Lorcan Barnes, President, CBHS
Stephanie DeBenedetti-Emanuel,
Christian Service Coordinator

LPC members help build school community through parent events, meetings and hospitality.

You are invited to become involved to find your place on campus.

For more information, contact:

Marijo Classen, trojanboat@sbcglobal.

We look forward to meeting you!

Come join our crew as we "Set Sail to Spain"
for the CB Auction on March 20, 2010.

If you are interested in helping to plan this exciting event, please come to our back-to-school meeting on Thursday, September 3rd at 6:00 p.m. in Bertram Hall at CB. If you would like more information about the auction, donating an item, or sponsoring the event, please contact Sally Sylva or Elizabeth Belme at (916) 733-3605 or send an e-mail to cbhsauction08@gmail.com.



PICKING UP STUDENTS AFTER 4:00 p.m.

To help us supervise your students after school, we are moving the pick-up area for parents to the back of campus (Field House courtyard/SAC gate area) after 4:00 p.m. We have comfortable areas for the kids while they wait, a snack bar, restroom, and this also allows security to better supervise the back lot and athletic fields. Thanks for your cooperation.

VISUAL & PERFORMING ARTS

Auditions are done. The cast lists are up. Bands are rehearsing, Choirs are practicing, the Dance Company is stretching, KBFT is filming, artists are dirtying their brushes and our actors are penciling in their subtext. The aspiring young artisans of Christian Brothers High School are preparing for another fantastic year of productions. The students are doing their part, now here is how you can do yours...

• **Come to the VPA events!** Our students are truly gifted artists. The shows that they put on are always entertaining. It is a guaranteed good time and it means a whole lot to the students when they look out and see so many people interested in what they are doing.

• **Encourage your child to participate!** Sometimes all it takes is a little nudge from a parent to tip the scale. Participating in the arts provide skills, experiences and opportunities that last a lifetime. Encourage them to audition for Open Mic nights, One-Acts or the musical. Suggest that they take a class in the arts that they may not have considered before. Help your child become the Renaissance student that carries her band instrument to volleyball practice, or the one who runs from choir practice to water polo practice, or the track star that gets a medal in the La Salle Art show, or the cheerleader that hurries from cheer practice to play practice. Through your encouragement, you can watch your child grow in ways that will thrill you and give you memories that last forever.

• **Volunteer!** Come to our Friends of the Arts meetings and keep your finger on the pulse of the program. You do not have to be a member to attend, and if you enjoy the arts, you will meet a large group of parents who share your passion. It is a great way to be a part of the Christian Brothers Community. Our next meeting is at 6:30 p.m. on September 23 in Room 109. Christian Brothers President Lorcan Barnes will be our guest. All are welcome and we would love to see you there.

Attention All CB Students and Parents:



Would you like to spend part of your summer this year looking at Paris at night from the top of the Eiffel Tower; visiting the major palaces of the kings of Spain and France (the Escorial and Versailles); touring and shopping in the villages and markets in the south of France; visiting a modern town that still possesses its medieval buildings and atmosphere; eating lunch or dinner at outdoor cafes in Madrid, Barcelona, and Paris; traveling through the countryside of Spain and France, or walking the halls of the Louvre and other major museums in Paris enjoying art - all while staying in three and four star hotels??

*If you would like to do any of these things or be involved in many other similar activities in Spain and France this summer, please see Ms. Gallagher, Mr. English, or Mr. Delgado for further information on this coming summer's Europe trip. **The deadline to apply and register for this trip is Thursday, September 10, 2009.** Registration includes a nonrefundable deposit of \$150.00. **Don't be left out!***

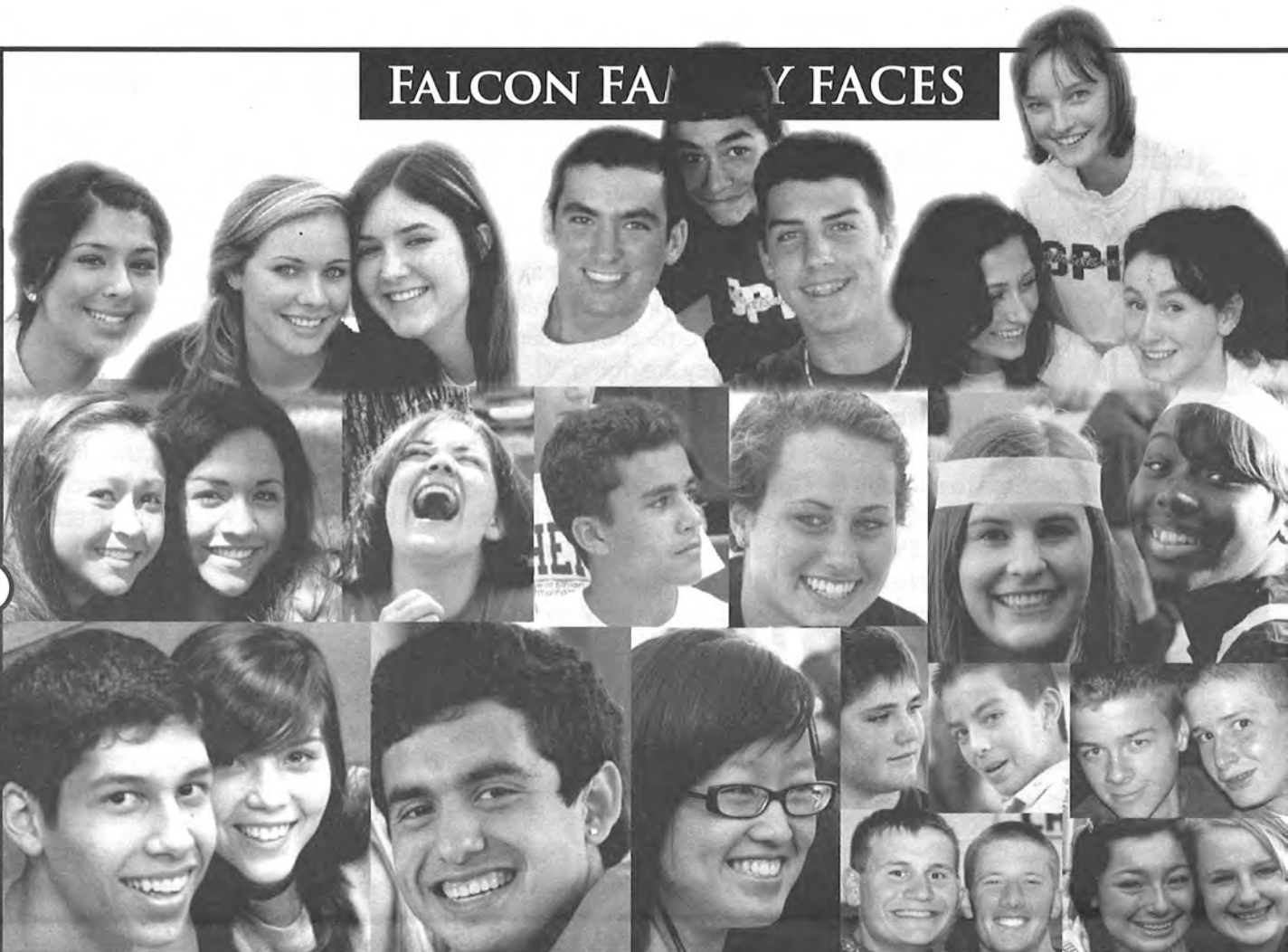


FALCON FAMILY FACES

September '09

88

FALL SEMESTER



CB Alumni Association



Wine, Beer & Food Extrava-ganza

Friday September 11
7 p.m. - 10 p.m.

Purchase On-line: <http://cbhs-sacramento.maestroweb.com>
For more information: Call (916) 733-3600 or Go to www.cbhs-sacramento.org



CHRISTIAN BROTHERS HIGH SCHOOL
4315 Martin Luther King Jr. Blvd.
Sacramento, CA 95820-2727

PRSR
First-Class
U.S. Postage
PAID
Permit # 127
Sacramento,

FALCON FAMILY NEWS

PRINCIPAL SHARING: *HOLY BOWL VICTORY*

Lombardi's Green Bay Packers are legendary. Over eight years the Packers, under coach Vince Lombardi, dominated professional football winning six divisional and five NFL championships, as well as history's first two Super Bowl rings.

Lombardi firmly believed that our finest hour, the greatest fulfillment of all that we hold dear, is that moment when we worked our hearts out in a good cause and lie exhausted on the field of battle - **VICTORIOUS**.

Holy Bowl XL was Christian Brothers' hour. The September 26th win over Jesuit (21-6) was our noble cause, our victory. Both decisively and together.

Every football warrior on the gridiron battled as champions; each voice of CB's Falcon Force roared relentlessly; all our families, friends, and generations of alumni, embraced our team with pride and promise. This year's Holy Bowl triumph was indeed another example of the greatness that is our CB community.

With grace and gratitude we are honored to have experienced victory in the Holy Bowl. Together we were focused on doing our best and deeply supportive in our spirit for one another.

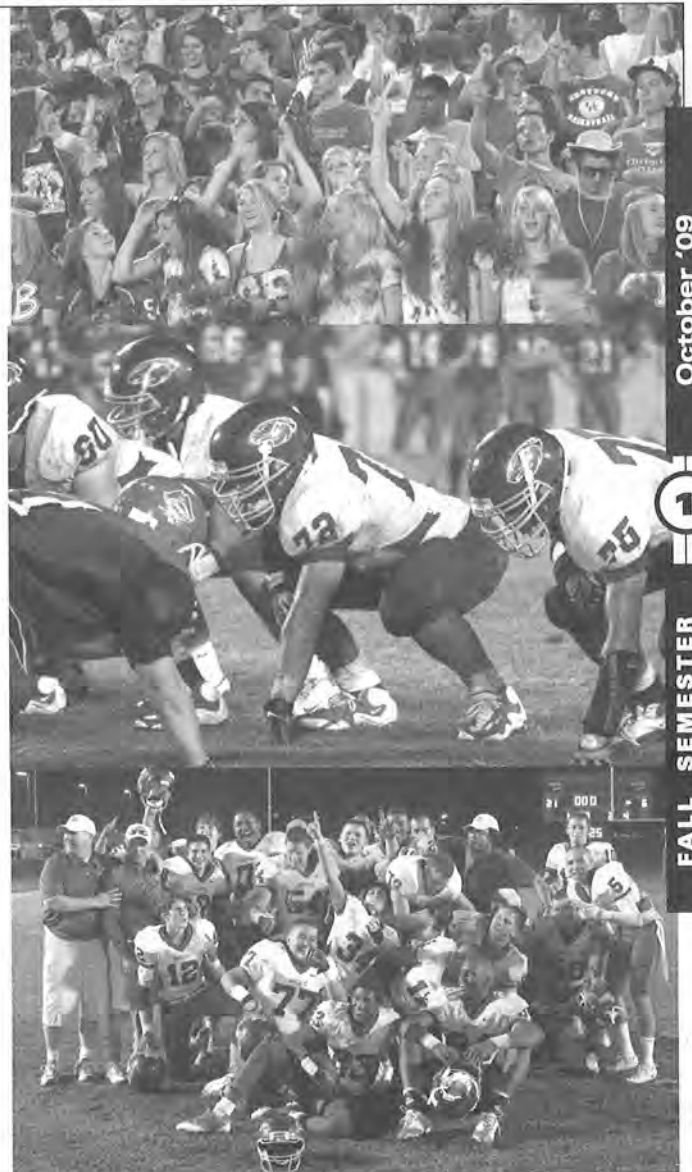
In all we do St. Paul calls upon us to "run so as to win." Here at CB we answered this calling yet again. Not as victory at all costs - but, victory with **INTEGRITY • HONOR • EXCELLENCE**.

May we be blessed in our own personal lives as well to live each day, and in every way, so victoriously.

Live Jesus in our hearts forever!



Raymond Burnell,
Principal



October '09

1

FALL SEMESTER

SCHOOL CALENDAR - OCT. '09

ENTER TO LEARN, LEAVE TO SERVE

OCT. 1	Classes begin 8:00 a.m. School Liturgy 9:30 a.m.	OCT. 8	Classes begin 9:00 a.m. One Act Auditions after school Auction Committee Mtg. 6:00 p.m.	OCT. 19	Faculty/Staff Professional Day - no classes Shadow Host & Open House Training 9-11 a.m.
OCT. 2	First Friday Vocation Awareness Day	OCT. 9	Frosh Retreat One Act Auditions after school Open Mic Night 7:00 p.m.	OCT. 20	Homecoming/Powder Puff Week.
OCT. 3	Girls' Volleyball Tournament @ CB SAT Prep Class 9:30 a.m. - 12:30 p.m.	OCT. 10	SAT @ CB	OCT. 21	Athletics/Guidance Night 7:00 p.m.
OCT. 4	CB OPEN HOUSE & Art Expo 12:00-3:00 p.m.	OCT. 12	Red Ribbon Week	OCT. 22	Classes begin 9:00 a.m. Night Rally
OCT. 5	SCHOOL HOLIDAY - no classes Booster Club Mtg. 6:00 p.m. Private/Parochial Schools College Fair @ Jesuit HS 7:00-9:00 p.m.	OCT. 14	Testing Day - Special Schedule (8:45 a.m. - 12:15 p.m.) Frosh/Soph/Juniors [College Visit Day for Seniors] Ambassadors Dinner	OCT. 24	ACT @ CB Homecoming Game and Dance
OCT. 6	Ven a Ver Salinas (through October 10) Penny Drive (through October 16)	OCT. 15	Classes begin 9:00 a.m. Frosh speeches/Senior Class prayer service - Falcon Flex	OCT. 28	Staffing Day - Minimum Day (8:00 a.m. - 12:15 p.m.) Friends of the Arts Mtg. 6:30 p.m.
OCT. 7	Professional Attire Day for Students Conversations on Lasallian Topics 3:15 p.m. Alumni Mtg. 7:00 p.m.	OCT. 16	Frosh Retreat First quarter ends	OCT. 29	Staffing Day - Minimum Day (9:00 a.m. - 12:15 p.m.)

INSIDE:

Guidance
Campus Ministry
Christian Service
Student Activities
Athletics
Visual & Performing Arts
Falcon Family Faces

GUIDANCE DEPARTMENT NEWS

TESTING DAY:

Wednesday, October 14, is an important day for students at CB. Testing Day is a **half-day of school** that involves freshmen, sophomores, and juniors in college admission testing and career planning. **School will begin at 9 am on October 14 and will be dismissed no later than 12:15 pm** (depending on which test your child is taking, dismissal could be earlier). Coordinated by the counselors, teachers administer the following assessments to students:

- **Juniors will take the PSAT/NMSQT Exam** (preliminary SAT). This test is great practice for the SAT, and also allows high achieving students to qualify for participation in the National Merit Program.
- **Sophomores will also take the PSAT Exam** (preliminary SAT); however their test will be normed for 10th graders. This test is great practice for the SAT.
- **Freshmen will take the PLAN exam** (practice ACT). This is an opportunity for ninth graders to experience what the ACT test is about. The PLAN also includes a career component and invites students to self-report college plans and academic strengths and weaknesses.
- **Seniors will be given the day off – however, this day is a great opportunity to use for college visits.** Each senior should be ready to begin applying to college in October and if he/she has not visited local or regional colleges yet, this mid-week day is a perfect time to schedule a tour and find out more about a college while it is in full swing. In addition, remember that seniors are allowed two days per year for college visits, but the procedure to request the day(s) as excused must be done in advance of the visit (forms are available in Br. Edward Hall or may be downloaded at the CB website – go to the Student Forms folder in the Guidance/College section).

 Please mark your calendars for this important day! Here are some tips to help students do their best on the exam:

- ▶ Remind your child to get **plenty of rest** the night before the test
- ▶ Students should eat a **nutritious breakfast** the morning of the test and **bring a healthy snack** for the break (the **cafeteria will be closed** October 14)
- ▶ Students received information and material about the PSAT & PLAN from their counselor during their individual counselor-student conference, including a **PSAT practice exam**. Please encourage your child to prepare for the test by taking the practice exam at home before Testing Day
- ▶ Remind your child to bring **two sharpened #2 pencils** and his/her **calculator**
- ▶ Encourage your child to **develop long-term ways to prepare for college admission exams**. These include **extensive reading and writing** (for pleasure, beyond homework) as much as possible, developing **strong study habits**, increasing **vocabulary**, and utilizing free **preparation materials**

Results of the exams will be returned to students by their counselor in **January, 2010**. If you have any questions, or if we can assist you in any way, please call the Guidance Department at 733-3680.

Upcoming Guidance Dates:

- **October 10** SAT at CB (only stand-by registration available – see Ms. Kambas)
- **October 14** Testing Day
- **October 25** ACT at CB (only stand-by registration available – see Mrs. Archer)
- **October 28/29** Staffing Days (if your student will be Staffed, you will receive a letter in the mail one week before the date)
- **November 7** SAT not at CB (late registration deadline October 1 – www.collegeboard.com)
- **December 5** SAT not at CB (registration deadline October 30 – www.collegeboard.com)
- **December 12** ACT not at CB (registration deadline November 6 – www.actstudent.org)

October is celebrated in the Catholic Church as the month of the Most Holy Rosary. The word Rosary means "Crown of Roses". The Holy Rosary is considered a perfect prayer because within it lies the story of our salvation. In praying the Rosary, we meditate upon the mysteries of joy, sorrow, glory, and luminosity in the lives of Jesus and Mary. In reciting the Hail Mary, we invite Mary to pray for us.



*Hail Mary, full of grace, the Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death. Amen.*

Retreats

Two more **Frosh Retreats** are scheduled for **October 9 and 16**. Look for permission slips coming home with your son or daughter if they are scheduled to attend.

- **October 24** – Ms. Lystrup's C and G sets and Mr. Symkowick-Rose's D set
- **October 31** – Ms. Greene's G set and Mrs. Spinelli's F set

Kairos 29 for seniors is **December 1-4**. Permission forms will go home soon for all those who have signed up to attend this retreat.

The **Parent/Student Retreat** is a time for you and your CB student to relax, reflect, and renew your relationship. Mark your calendars now for **Saturday, February 6** at **Christ the King Retreat Center in Citrus Heights, 9:00 a.m.-3:00 p.m.!**

Liturgies

Join us for the **October 1 School Liturgy at 9:30 A.M. in the gym**. The theme is "Our Vocation: Say Yes." Our presider is Fr. Michael Hebda.

The **Frosh Family Liturgy** will be celebrated **Sunday, November 15 at 9:30 a.m.** in the gym, followed by a continental breakfast in the cafeteria. Our presider is Fr. Dennis Thiessen, SDS. **More information will be coming home soon in a letter to all Frosh parents.**

Words of St. John Baptist de La Salle

Do you offer this prayer (the Rosary) as a tribute, which in our Institute we pay to the Most Blessed Virgin, and as a powerful way to draw down on our Institute and on your work her help and protection?

(Meditation 150.3)



QUARTER EXAMS - "MIDTERMS"

Quarter Exams are just around the corner. Teachers are **not obligated** to give quarter exams, but if they do, they will be given over a two-week period between October 5th and October 16th. The last day of the quarter is Friday, October 16th. Grades are due on Monday, October 19th. Second Quarter eligibility will be determined from these grades. Assignments dated after October 19th cannot change eligibility. All students with an unweighted grade point average below 2.0 will be **ineligible** for sports during the second quarter. The ineligibility period starts on October 25th. Report cards will be sent out on Thursday, October 22nd. Ineligibility letters will be mailed on Friday, October 23rd.

CHRISTIAN SERVICE

October '09

4

FALL SEMESTER

Auburn Fire Donations:

Thank you to everyone who made donations for our neighbors that were affected by the Auburn fire. We collected over 200 bags of clothing and household goods. The recipients in Auburn expressed their gratitude for your generosity.

Christian Service-Learning:

Within our Christian Service-Learning curriculum, students gain experience in serving others through Direct Aid and Social Change. For the fourth year in a row, freshman students will have the opportunity to directly assist those in need at the Sacramento Food Bank located in Oak Park.

We would like to extend an invitation to all freshman parents to come and participate with your son or daughter during this Christian Service field trip. Your presence will help the tour of Oak Park go smoothly. You may also learn things about Oak Park you didn't know before. Shared experiences like these are a great educational tool for fostering communication for your family and contributing to a larger understanding of the neighborhood. If you would like to participate or if you have any questions, please email Mrs. Stephanie DeBenedetti-Emanuel at sdebenedetti@cbhs-sacramento.org or call (916)733-3653.

Environmental Club:

The Environmental Club will sponsor the 10th Annual Penny Drive to take place October 6-16, 2009. The Penny Drive is a competition between all four classes and the faculty. Pennies are considered positive points and silver coins and dollar bills are considered negative points. The group with the most positive points wins. One group can sabotage the other by putting in silver coins and dollar bills into a different class, so watch out for your classmates! All proceeds benefit the Cosumnes River Preserve.

Women's Tennis Team and Christian Service

Monday, September 7th most teens were sleeping in or BBQing with their family. However, the Girls Tennis Team put a new spin on Labor Day. They spent the afternoon making blankets as a service project. They made 15 blankets to benefit a local children's organization. The team had a great time, built up their team spirit, and managed to help out others at the same time.



Christian Service Clubs on Campus

Kids for Kids are CB students who will be doing various service projects through out the year to benefit children in our community. They hope to serve Sacramento Food Bank and Moral Values Program, as well as participate in Oak Park Clean Ups. Please see Mr. Havey in room 408 if you are interested in joining the club.

Big Brothers are sophomore, juniors, and seniors who mentor Oak Ridge Elementary students once a week on Thursday mornings. They also plan one party or fun activity a quarter, including a harvest day party, a Christmas party, and a Valentine's Day activity. If you are interested in joining this club please see the moderator Mrs. Moulton in room 604.

Christian Service Corps Christian Service Corps is made up of students who work together to plan and implement almsgiving projects on CBHS campus. These include our three almsgiving projects during Thanksgiving, Advent, and Lent. If you are interested in joining please see the moderator Ms. DeBenedetti-Emanuel, in the Christian Service Center.

Lasallian Youth is a worldwide movement in Lasallian schools to promote the tenets of faith, service, community, and social justice in education among the student body and within the broader community. At Christian Brothers High School, Lasallian Youth sponsors a bi-weekly tutoring program for Oak Ridge elementary school on Mondays and Thursdays from 3:15pm - 4:15pm. They also plan holiday parties, as well as an annual field trip in the spring.

Every summer the District Office of Education brings students and faculty together to participate in the annual Lasallian Youth Assembly for secondary school students. Last year our students spent a week in San Francisco with a 100 other Lasallian students working and serving with the poor. Stay tuned for details about this year's trip. If you are interested in being part of Lasallian Youth, please see Dr. Peterson in room 208 or Mrs. Peabody in room 609.

Heartbeats is a group of students who will be working to ensure that all forms of life are respected and protected, including the unborn, the elderly, and the disabled. Please see Mr. Levasseur or Mrs. Bowers in room 502.

Run to Feed the Hungry

Run to Feed the Hungry: 16th Annual 10K Run & 5K Run/Walk to Feed the Hungry on Thanksgiving Day, November 26, 2009. Christian Brothers will have a team again this year. You do not have to be an athlete to participate. People of all ages and athletic abilities are welcome. This is a great opportunity to run/walk or volunteer as a family. All the proceeds benefit our neighbor, Sacramento Food Bank and Family Services. Please go to www.RunToFeedTheHungry.com for details on how to sign up or see Mr. Jake Hunley.



Congratulations Christian Brothers Community!

We sold over \$111,000 dollars in magazines during our QSP Drive with 70% of our students participating. The QSP "store" will be open for the next two weeks so the students may spend their hard-earned money. Student Council would like to thank you for supporting our Falcons!

Frosh Council

We would like to welcome our new **Frosh Council**. The freshman class had a big week September 14 – 18. This was Frosh Campaign Week and the students were very busy running for office. They put up posters, campaigned during breaks and lunch, and nervously gave speeches in front of their classmates. Elections were held on Friday and after a difficult choice by the freshmen, we now have our new Frosh Council. The officers are:

Dalila Arbizu	Maria Castro
Brielle Cruz-Vega	Carter Giroux
Sam Howard	

Moderators for the Frosh Council are Mr. Minh Nguyen and Mrs. Lorie Frias.

Comming up in October

Coming up this month we have **Red Ribbon Week, October 12 – 16** and **Homecoming Week, October 19 – 24**. The class councils will be involved in building the floats, setting up Powder Puff teams, and preparing for our **Homecoming Dance**. The Powder Puff games will be held during lunch and our annual **Night Rally** will be held Thursday October 22 in the gym, in anticipation of our **Homecoming** football game. We invite you to join us at the Homecoming game vs. Oak Ridge High School on October 24. See you there. Go Falcons!

CLUB DAY

Club Day was held September 10th on the main lawn. We had a great turnout. There was an air of excitement and anticipation as the Car Club rolled onto the grass, the Hip Hop Dance Club showed us their moves, and the Baking Club fed us their wonderful creations. We have over 50 clubs this year. If you would like to see a list of our clubs, they will be posted on the website.

SPIRIT RALLY

We had our first Spirit Rally on Thursday, September 17. This rally was incredible. Our new Falcon Force has remarkable enthusiasm, and they pumped up the student body with new cheers and dynamic energy. The favorite cheer seems to be the Roller Coaster which encouraged the crowd to applaud our team to victory. The Falcon Force has the fervor and energy we need at our games. Last Saturday at the Holy Bowl our students won on the field and off the field in a sea of blue.



PROFESSIONAL DRESS on WEDNESDAY OCTOBER 7

To promote presenting oneself appropriately for future careers/vocations, Christian Brothers' students are required to *dress-up and out* of regular school dress code by wearing "PROFESSIONAL DRESS ATTIRE" on the **First Wednesday of every month**. When wearing Professional Dress Attire, all students are **required** to abide by the guidelines stated on page 19 of our Parent-Student Handbook **throughout the entire school day**. Please note Professional Attire dress code distinctions between upper and lower division students (i.e. No skirts allowed for Freshman and Sophomore ladies).

Wednesday, October 7 will be our next "Professional Dress Attire" day for all students. Any student having financial issues regarding the cost of professional dress attire should contact our Registrar, Ms. Jan Warren, for assistance.

ATHLETICS

Health Update

We need healthy athletes! If your son or daughter is sick please keep them home until healthy. School and athletic department policy dictate that students must be in school at least ½ day of school to be eligible to participate in any after school function. They cannot come back just to watch.

Along the same line of thought, please reinforce with your children not to share drinks or food as this quickly spreads germs. We have been hit hard with different nasty bugs that are hanging on for days.

Sports Update

Cross Country: The Falcons are young and talented. The frosh/soph men's team took 1st place in the small school division while the frosh/soph ladies placed 3rd in the same division at the Trojan Classic. Last weekend at the prestigious Stanford Invitational meet, Cameron Goodman, Nick Perez and Samantha McKibbon had great showings. At the Frogtown Classic in the Boys' 10th grade race, Jimmy Barnes edged out teammate Nic Domek in a one/two finish to lead the Falcons to a first place finish among small school teams. Not to be outdone, Iris Perez led the Falcons frosh/soph girls to a first place team finish as well, placing 4th overall in her race. In the girls' JV race, CB bested its opponents, winning this race behind the efforts of Stephanie Braziel, Hannah Wilson and Sarah Woolston.

Football: What a Holy Bowl!!!! Our frosh team opened the event with an impressive win; after Jesuit began the game with an impressive 95 yard scoring drive, our Falcons clamped down and didn't allow another score by the Marauders. Final score: CB 24 - Jesuit 7.

The JV have pulled out two close games with late game heroics, but fell short on Saturday. After scoring on the first possession of the second half to extend a lead to 20 - 7 the team ran out of gas and Jesuit went on a roll. Final score: CB 20 - Jesuit 35.

The Varsity team had started the season strong with a win over Burbank, but stumbled the next week against San Joaquin Memorial from Fresno. Coach Petrissans told the student body that the team's focus was on effort and pride and challenged the entire school to bring both to the Holy Bowl game on Saturday. Everyone - players, students, faculty and staff, families and alumni brought their CB spirit!! The cheering section was an unbelievable sea of blue and the team responded. The defense held the Marauders to 6 rushing yards and 79 yards passing. The offense was fired up as well, amassing 379 total yards. From the starting kickoff to the final seconds CB dominated and showed what effort and pride are all about. **Final score: CB 21 - Jesuit 6.**

W - Golf: Our women's golf team is off to their best start in years. Our lady golfers are currently 6 - 0 with a great victory over Oak Ridge by 1 stroke. They compete in the league tournament on Monday, September 28.

M - Soccer: Our varsity is finding the competition tough, but they come out each game and play their best. Recently the team tied a strong Ponderosa team and hope this is the turning tide.

W - Tennis: Our women's tennis team is also playing excellent team tennis. With a 9 - 1 overall record and 3 - 0 league record they look to challenge for a league title.

W - Volleyball: The frosh are off to another great start with a 16 - 3 overall and 2 - 0 league record. The JV are likewise again strong with a 12 - 5 overall and 2 - 0 league record. The varsity are challenging the top teams in the area, as well as from across the country, helping them prepare for the postseason. They are currently 9 - 7 overall and 2 - 0 in league action.

M - Water Polo: Our men's JV team is playing hard with a 6 - 7 record, and the varsity continues to improve with a 10 - 6 record as the water polo league play begins

W - Water Polo: The varsity record is 2 - 5 as they head into league play. We have a JV team for the first time which will help continue to develop our women's team in the future.

GO FALCONS!!!



Casting Call:

Auditions for a **Festival of One-Acts** take place in the Little Theater after school on Thursday and Friday, October 8 & 9. Aspiring student writers and directors should talk to Mr. O'Brien for details. Actors, directors, writers and tech crew are needed.

Mark your Calendars

On November 6 at 7:00 in the cafeteria our vocal jazz group **CB City Rhythm**, under the direction of Holly Slabbinck is privileged to share the stage with the College of the Siskiyous vocal jazz ensemble, directed by Roger Emerson. Roger Emerson is one of the most prolific writers of choral music for high school and junior high choirs, with over 500 titles in print and 15 million copies in circulation. Some of his most recent arrangements have been featured on the hit television show "Glee." Arrive early as seating is limited.

Our fall play "**Our Town**" opens on November 13th in the Little Theater. For tickets and information, contact theater director Mr. O'Brien.

VPA Alumni News! Congratulations to Rachel Malinowski ('09) who is starting her degree in Music at Cal Poly this semester. When she found out that they did not have a vocal jazz group, she decided to audition to be the lead vocalist for one of their three jazz bands. Although she was the only freshman to audition, she is now the lead singer for their top Jazz Band. In the past, the Jazz Band has toured China and Brazil and they continue to achieve superior ratings in the top Jazz Band competitions in the nation. Way to go Rachel, we are all really proud of you!

Things are really cookin' in **Ceramics**. Thanks to Friends of the Arts (FOTA) our Ceramics class is enjoying the benefits of a second kiln. With six semester classes of Ceramics filled to capacity, it became evident that functioning with only one kiln would be nearly impossible. When told of our predicament, FOTA got 'fired up' and quickly agreed to purchase a second kiln, allowing our students to produce even more of their beautiful artwork. Imagine what we will be able to do for the Empty Bowls project this year. To get involved with FOTA, please attend their next meeting on Wednesday, October 28 in room 109 at 6:30 p.m. All are welcome.

If you haven't heard our **Drum Line** yet, you are really missing out. They have grown from a fledgling group of six percussionists three years ago to an integral part of the school community. Under the supervision of Mr. Maslen, this group of highly motivated students writes and choreographs their own numbers, with each performance more intricate than the last. Whether at rallies, assemblies, games or other events, this group gets every audience hyped up and filled with CB Spirit.



SHOPPING WAYS TO SUPPORT CB!!!

Many of you have asked how to support CB with your everyday shopping and now...internet surfing! There are several Scrip Fundraising options in place. For detailed information, here is the CB web link:

<http://cbhs.ca.campusgrid.net/home/People+&+Places/Advancement+Office/Parent+Information/Script+Fundraising+Programs>

For **Raley's/Bel Air, Save Mart** or **Nugget Markets**: pick up the store card in the Main Office.

For **Safeway**: sign up on www.escrip.com. **Renew your Safeway Club Card** with eScrip! Your club card will become inactive with eScrip on November 1, 2009 unless you renew your commitment.

You can also register your **Macy's card** on eScrip to support Macy's Shop for Education program and many other online merchants.

Good Search is a web browser that earns money for CB without spending a dime. Search the web with www.goodsearch.com and money from Yahoo advertisers will go to CBHS.

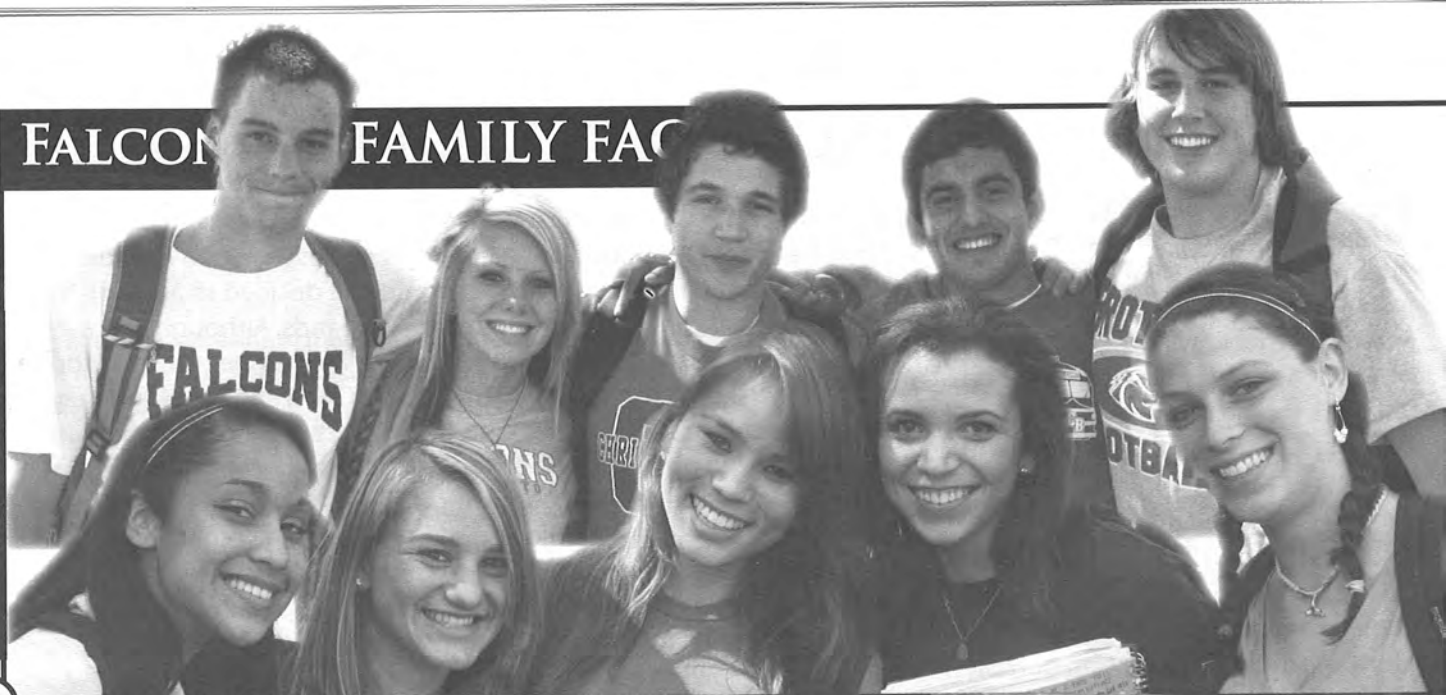
Your active support of Christian Brothers is gratefully appreciated!!

FALCON FAMILY FAC

October '09

09

FALL SEMESTER



SACRAMENTO CITY COLLEGE

PEPSI

GUEST	00:00	HOME			
21		6			
TIME OUTS LEFT	DOWN	TO GO	BALL ON	QTR	TIME OUTS LEFT
	1	10	2	4	



CHRISTIAN BROTHERS HIGH SCHOOL
 4315 Martin Luther King Jr. Blvd.
 Sacramento, CA 95820-2727

PRSR
 First-Class
 U.S. Postage
 PAID
 Permit # 1277
 Sacramento, CA