

Integrity, Honor and Excellence

Christian Brothers Athletic Department



L to R: Melissa Flowers, Assistant Athletic Director; Jacob Hunley '96, Assistant Athletic Director; Kolby Kuhn, ATC; Dale Milton, Athletic Director; Gloria Barela, Administrative Assistant; Darci Calista, ATC; Jamie Ralph '12, ATC

GO FALCONS!



Dear Parents, Students, Alumni and Fans:

Education at Christian Brothers High School extends beyond the classroom into the athletic arena as our student-athletes garner important life lessons in teamwork, perseverance, competition and school spirit. In our fifth year as a member of the Capital Athletic League, CB brought home two league titles in women's volleyball and men's cross country. We are proud to acknowledge the phenomenal accomplishment of the men's water polo team, which brought home a third consecutive Sac-Joaquin Section championship, as well as the women's basketball team on finishing the season as runner-up in the section. We look forward to more spirited competition as the Falcons face off against Capital Christian, Del Campo, El Camino, Rio Americano, Sacramento High School and Vista del Lago in 2019-20.

This year, more than 700 young men and women will participate in one or more of the school's 27 sports. They will take to the field, court, track and the pool – having earned the privilege to compete through hard work in the weight room and on the practice field. They have earned this privilege through hard work in the classroom and because they are young men and women committed to values of *integrity*, *honor* and *excellence*.

As a Lasallian Catholic community, we celebrate the athletic achievements of our student-athletes and ask that you join us in showing enthusiastic and positive support for these young women and men and all our league and non-league opponents. We thank you for your support of Christian Brothers High School student-athletes. Go Falcons!

Live Jesus in our hearts!

For can P. Barnes

God Bless,

Lorcan Barnes

President

Dale Milton

Athletic Director

CHRISTIAN BROTHERS 2019-2020

STUDENT ATHLETIC TRAINERS



ATHLETIC TRAINERS

Darci Calista, ATC Kolby Kuhn, ATC Jamie Ralph, ATC '12

STUDENT ATHLETIC TRAINERS

Name	rear	Name	rear	
Alyssa Angulo	'21	Bella Navarro	'22	
Mariana Bahena	'22	Scarlet Pope	'23	
Reina Barbosa	'22	Kyla Reimer	'21	
Taylor Byrne	'21	Ashley Rodriguez	'23	
Samantha Catanya	ag '22	Mira Saab	'20	
Yuliana Cervantes	'22	Sophia Sidley	'21	
Mikaela Dacanay	'20	Ashley Smith	'20	
Anna Jimenez	'20	Emelia Sprott	'20	

Year
'22
'20
'22
'21
'22
'21
'22

2019-2020 CHRISTIAN BROTHERS

STUDENT ATHLETIC TRAINERS



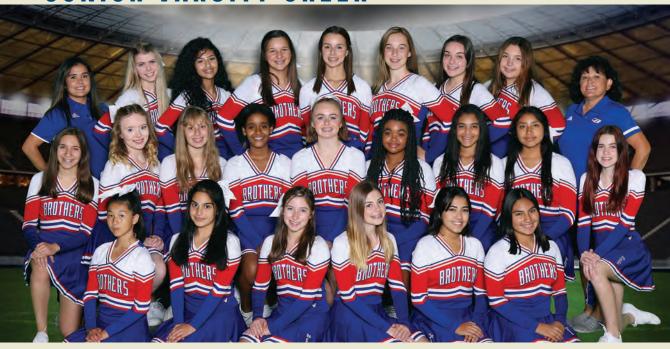


SENIORS

Mikaela Dacanay Anna Jimenez Mira Saab Ashley Smith Emelia Sprott Jimmie Thompson

CHRISTIAN BROTHERS 2019-2020

JUNIOR VARSITY CHEER



COACHES

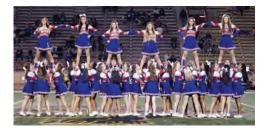
Head Coach

Courtney Arrieta '04

Assistant Coaches

Gloria Barela Cesar Salgado

Name	Year	Name	Year
Feven Berhane	'23	Aubriana Lene	'23
Olivia Cepeda	'22	Gisele Matocq	'23
Kelly Cook	'22	Martie Nolan	'22
Raquel Cortes-Torres	'22	Taylor Paton	'22
Danna De Lira	'23	Brooke Patterson	'22
Milana Emmitt	'23	Yoltzin Ponce	'23
Sage Felder	'23	Maya Sharma	'22
Natalia Finney	'23	Sydney Smith	'22
Sarah Garcia	'23	Gianna Stark	'22
Shirley Garcia	'22	Emily Wall	'22
Kaylin Holliman	'22	Sofia Zanzi	'22



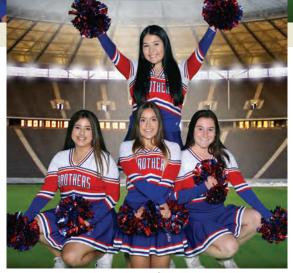
2019-2020 CHRISTIAN BROTHERS

VARSITY CHEER



TEAM

ICAM	
Name	Year
Gabriella Alvarez	'21
Marisa Cabrera	'21
Melanie De Lira	'21
Gabriella DeMarais	'21
Carmen Greiner	'21
Addison Kinter	'21
Marina Kordich	'21
Olivia Morton	'21
Cristal Ramirez	'20
Tavia Richardson	'21
Yazmine Rodriguez	'21
Jacqueline Roy	'20
Olivia Tanberg	'20
Cynthia Vasquez	'20





SENIORS

Cristal Ramirez Jacqueline Roy Olivia Tanberg Cynthia Vasquez

WOMEN'S FRESHMAN BASKETBALL



COACHES

Head Coach Ken Lewis '71

Assistant Coaches

Jalen Walker '13

Number	Name	Year
0	Nicole Staggs	'23
2	Eliza Lopez	'23
3	Anna Thomas	'23
4	Natalie Rominger	'23
5	Yadhira Rodriguez	'23
10	Angel Mucheru	'23
11	Calista Rapolla	'23
12	Alexxa Riley	'23
14	Madison Davies	'23
20	Rebecca Buethe	'23
22	Alicia Romani	'23
24	Analicia Castellano	'23
33	Araceli Friedman-Pitti	'23
44	Grace MacDonald	'23

WOMEN'S FRESHMAN BASKETBALL

Туре	Date	Time	Home/Host	Opponent	Location
Game	11-27-19	4:00PM	Christian Brothers	Casa Roble	Christian Brothers High School
Game	12-03-19	4:00PM	Davis	Christian Brothers	Davis High School
Tournament	12-05-19	5:00PM	Ponderosa	Christian Brothers	John F. Kennedy High School
Tournament	12-06-19	5:00PM	John F. Kennedy	Christian Brothers	John F. Kennedy High School
Tournament	12-07-19	11:30AM	Oak Ridge	Christian Brothers	John F. Kennedy High School
Tournament	12-12-19	TBD	Folsom	Christian Brothers	Folsom High School
Tournament	12-13-19	TBD	Folsom	Christian Brothers	Folsom High School
Tournament	12-14-19	TBD	Folsom	Christian Brothers	Folsom High School
Tournament	12-27-19	TBD	Rocklin	Christian Brothers	Rocklin High School
Tournament	12-28-19	TBD	Rocklin	Christian Brothers	Rocklin High School
Tournament	12-30-19	TBD	Rocklin	Christian Brothers	Rocklin High School
Game	01-08-20	4:00PM	Del Campo	Christian Brothers	Del Campo High School
Game	01-11-20	2:00PM	Christian Brothers	St. Francis	Christian Brothers High School
Game	01-17-20	4:00PM	Christian Brothers	Vista del Lago	Christian Brothers High School
Game	01-24-20	4:00PM	Rio Americano	Christian Brothers	Rio Americano High School
Game	01-31-20	4:00PM	Franklin	Christian Brothers	Franklin High School
Game	02-04-20	4:00PM	Christian Brothers	Rio Americano	Christian Brothers High School
Game	02-10-20	4:00PM	Vista del Lago	Christian Brothers	Vista del Lago High School
Game	02-12-20	4:00PM	Christian Brothers	Del Campo	Christian Brothers High School



WOMEN'S JUNIOR VARSITY BASKETBALL



COACHES

Head CoachAlbert Johnson

Assistant Coach

Jocelyn Jasso Sean Wong

Managers

Kayla Gannon '22 Sarai Rice '22

Number	Name	Year
1	Carley Hunt	'22
2	Kemani Williams	'23
3	Adelina Castellano	'22
4	Kendyl Chin	'22
11	Clare Camasura	'22
20	Abigail Fox	'22
23	Ofa Po'oi	'23
24	Jené Wells	'22
33	Kimora McKechnie	'23

WOMEN'S JUNIOR VARSITY BASKETBALL

Туре	Date	Time	Home/Host	Opponent	Location
Scrimmage	11-21-19	5:30PM	Cordova	Christian Brothers	Cordova High School
Game	11-23-19	2:30PM	Miramonte	Christian Brothers	Miramonte High School
Game	11-27-19	5:30PM	Christian Brothers	Grant Union	Christian Brothers High School
Game	12-03-19	5:30PM	Davis	Christian Brothers	Davis High School
Tournament	12-12-19	5:00PM	Inderkum	Christian Brothers	John F. Kennedy
Tournament	12-13-19	5:00PM	Consumnes Oaks	Christian Brothers	John F. Kennedy
Tournament	12-14-19	TBD	John F. Kennedy	Christian Brothers	John F. Kennedy
Game	12-16-19	5:30PM	Cosumnes Oaks	Christian Brothers	Cosumnes Oaks High School
Tournament	12-27-19	TBD	Rocklin	Christian Brothers	Rocklin High School
Tournament	12-28-19	TBD	Rocklin	Christian Brothers	Rocklin High School
Tournament	12-30-19	TBD	Rocklin	Christian Brothers	Rocklin High School
Game	01-03-20	5:30PM	Christian Brothers	St. Mary's	Christian Brothers High School
Game	01-08-20	5:30PM	Del Campo	Christian Brothers	Del Campo
Game	01-11-20	4:00PM	Christian Brothers	St. Francis	Christian Brothers High School
Game	01-14-20	5:30PM	Capital Christian	Christian Brothers	Capital Christian
Game	01-17-20	5:30PM	Christian Brothers	Vista del Lago	Christian Brothers High School
Game	01-22-20	5:30PM	Christian Brothers	El Camino	Christian Brothers High School
Game	01-23-20	5:30PM	Sacramento	Christian Brothers	Sacramento High School
Game	01-24-20	5:30PM	Rio Americano	Christian Brothers	Rio Americano High School
Game	01-31-20	5:30PM	El Camino	Christian Brothers	El Camino High School
Game	02-04-20	5:30PM	Christian Brothers	Rio Americano	Christian Brothers High School
Game	02-07-20	5:30PM	Christian Brothers	Sacramento	Christian Brothers High School
Game	02-10-20	5:30PM	Vista del Lago	Christian Brothers	Vista del Lago - Folsom
Game	02-12-20	5:30PM	Christian Brothers	Del Campo	Christian Brothers High School
Game	02-14-20	5:30PM	Christian Brothers	Capital Christian	Christian Brothers High School



WOMEN'S VARSITY BASKETBALL



COACHES

Head Coach Shandyn Foster '00

Assistant Coaches

Dave Carmichael Melissa Flowers

Number	Name	Year
1	Karli Cooper	'22
2	Faith Mucheru	'21
3	Janelle Chin	'21
4	Anna Vishaj	'20
5	Sarah Jackson	'21
12	Isabella Warford	'20
20	Julia White	'22
23	Laney Prichard	'20
33	Donnelli Allen	'22
41	Bria Shine	'20

WOMEN'S VARSITY BASKETBALL

Season Schedule

Type Scrimmage	Date 11-16-19	Time TBD	Home/Host Monterey Trail	Opponent Christian Brothers	Location Monterey Trail High School
Scrimmage	11-21-19	7:00PM	Cordova	Christian Brothers	Cordova High School
Game	11-23-19	4:00PM	Miramonte	Christian Brothers	Miramonte High School
Foundation Game		6:00PM	Del Oro	Christian Brothers	Del Oro High School
Game	11-27-19	7:00PM	Christian Brothers	Grant	Christian Brothers High School
Game	12-03-19	7:00PM	Davis	Christian Brothers	Davis High School
Tournament	12-05-19	7:00PM	Antelope	Christian Brothers	Elk Grove High School
Tournament	12-06-19	TBD	Elk Grove	Christian Brothers	Elk Grove High School
Tournament	12-07-19	TBD	Elk Grove	Christian Brothers	Elk Grove High School
Tournament	12-12-19	TBD	Folsom	Christian Brothers	Folsom High School
Tournament	12-13-19	TBD	Folsom	Christian Brothers	Folsom High School
Tournament	12-14-19	TBD	Folsom	Christian Brothers	Folsom High School
Game	12-16-19	7:00PM	Cosumnes Oaks	Christian Brothers	Cosumnes Oaks High School
Tournament	12-19-19	8:00PM	Orange	Christian Brothers	Santa Barbara High School
Tournament	12-20-19	TBD	Santa Barbara	Christian Brothers	Santa Barbara High School
Tournament	12-21-19	TBD	Santa Barbara	Christian Brothers	Santa Barbara High School
Game	12-28-19	2:00PM	Christian Brothers	Franklin	Christian Brothers High School
Game	01-03-20	7:00PM	Christian Brothers	St. Mary's	Christian Brothers High School
Game	01-08-20	7:00PM	Del Campo	Christian Brothers	Del Campo High School
Game	01-11-20	5:30PM	Christian Brothers	St. Francis	Christian Brothers High School
Game	01-14-20	7:00PM	Capital Christian	Christian Brothers	Capital Christian High School
Game	01-17-20	7:00PM	Christian Brothers	Vista del Lago	Christian Brothers High School
Game	01-22-20	7:00PM	Christian Brothers	El Camino	Christian Brothers High School
Game	01-23-20	7:00PM	Sacramento	Christian Brothers	Sacramento High School
Game	01-24-20	7:00PM	Rio Americano	Christian Brothers	Rio Americano High School
Game	01-31-20	7:00PM	El Camino	Christian Brothers	El Camino High School
Game	02-04-20	7:00PM	Christian Brothers	Rio Americano	Christian Brothers High School
Game	02-07-20	7:00PM	Christian Brothers	Sacramento	Christian Brothers High School
Game	02-10-20	7:00PM	Vista del Lago	Christian Brothers	Vista del Lago High School
Game	02-12-20	7:00PM	Christian Brothers	Del Campo	Christian Brothers High School
Game	02-14-20	7:00PM	Christian Brothers	Capital Christian	Christian Brothers High School



Laney Prichard Bria Shine Anna Vishaj Isabella Warford



MEN'S FRESHMAN BASKETBALL



COACHES

Head Coach

Ray Cordano '94

Assistant Coaches

Mark Ito

Kellen Ralph '15

TE 4 1 4			
TEAM	Number	Name	Year
ILAM	0	John Vishaj	'23
	1	James DeMarais	'23
	4	Garret Souza	'23
	5	Marcus Price	'23
	10	Kenneth Phillips	'23
	11	Georgio Mackis	'23
	15	Joaquin Hernandez	'23
	20	Joseph Vanacore	'23
	21	Adam Corgiat	'23
	22	Jake Westman	'23
	23	Isaiah Ito	'23
	24	Jared Wiley	'23
	25	Benjamin Adams-Munoz	'23
	32	Drew Perry	'23
	33	Noah Wheeler	'23

MEN'S FRESHMAN BASKETBALL

Туре	Date	Time	Home/Host	Opponent	Location
Scrimmage	11-16-19	3:30PM	Granite Bay	Christian Brothers	Granite Bay High School
Game	11-22-19	4:00PM	Christian Brothers	Valley	Christian Brothers High School
Game	11-23-19	10:00AM	River City	Christian Brothers	River City High School
Game	11-27-19	4:00PM	Vacaville	Christian Brothers	Vacaville High School
Game	11-30-19	2:00PM	Christian Brothers	Lodi	Christian Brothers High School
Tournament	12-05-19	4:00PM	C.K. McClatchy	Christian Brothers	Elk Grove High School
Tournament	12-06-19	TBD	TBA	Christian Brothers	Elk Grove High School
Tournament	12-07-19	TBD	TBA	Christian Brothers	Elk Grove High School
Tournament	12-12-19	8:00PM	Sheldon	Christian Brothers	Sheldon High School
Tournament	12-13-19	TBD	TBD	Christian Brothers	Sheldon High School
Tournament	12-14-19	TBD	TBD	Christian Brothers	Sheldon High School
Tournament	12-19-19	TBD	TBD	Christian Brothers	Ponderosa High School
Tournament	12-20-19	TBD	TBD	Christian Brothers	Ponderosa High School
Tournament	12-21-19	TBD	TBD	Christian Brothers	Ponderosa High School
Tournament	12-28-19	TBD	TBD	Christian Brothers	Jesuit High School
Tournament	12-29-19	TBD	TBD	Christian Brothers	Jesuit High School
Game	12-30-19	3:00PM	Bear Creek	Christian Brothers	Bear Creek High School
Game	01-04-20	3:00PM	Jesuit	Christian Brothers	Jesuit High School
Game	01-08-20	4:00PM	Christian Brothers	Del Campo	Christian Brothers High School
Game	01-13-20	4:00PM	El Camino	Christian Brothers	El Camino High School
Game	01-15-20	4:00PM	Christian Brothers	Capital Christian	Christian Brothers High School
Game	01-17-20	4:00PM	Vista del Lago	Christian Brothers	Vista del Lago High School
Game	01-21-20	4:00PM	Christian Brothers	Sacramento	Christian Brothers High School
Game	01-24-20	4:00PM	Christian Brothers	Rio Americano	Christian Brothers High School
Game	01-29-20	4:00PM	Del Campo	Christian Brothers	Del Campo High School
Game	02-01-20	4:00PM	El Camino	Christian Brothers	El Camino High School
Game	02-05-20	4:00PM	Rio Americano	Christian Brothers	Rio Americano High School
Game	02-07-20	4:00PM	Sacramento	Christian Brothers	Sacramento High School
Game	02-11-20	4:00PM	Christian Brothers	Vista del Lago	Christian Brothers High School
Game	02-14-20	4:00PM	Capital Christian	Christian Brothers	Capital Christian High School



MEN'S JUNIOR VARSITY BASKETBALL



COACHES

Head Coach Cesar Raga

Assistant Coach

Elison Alcovendaz Mitch McLaughlin

Number	Name	Year
0	Cooper Rapton	'22
1	Devin Johnson	'22
2	Donovan Chock	'22
3	Miles Mendis	'22
4	Michael Anthony Wiggin	'22
5	Ezekiel Jackson	'22
11	Andre Verspieren	'22
15	John Marengo	'22
22	Jeremy Hays Jr.	'22
23	Ryan Rodriguez	'22
24	John Piegaro	'22
25	Avante Lee	'22
32	Elias Emseih	'22

MEN'S JUNIOR VARSITY BASKETBALL

Туре	Date	Time	Home/Host	Opponent	Location
Scrimmage	11-16-19	1:00PM	Granite Bay	Christian Brothers	Granite Bay High School
Game	11-22-19	5:30PM	Christian Brothers	Valley	Christian Brothers High School
Game	11-23-19	11:30AM	River City	Christian Brothers	River City High School
Game	11-27-19	5:30PM	Vacaville	Christian Brothers	Vacaville High School
Game	11-30-19	3:30PM	Christian Brothers	Lodi	Christian Brothers High School
Tournament	12-05-19	8:00PM	Pleasant Valley	Christian Brothers	Jesuit High School
Tournament	12-06-19	TBD	TBA	Christian Brothers	Jesuit High School
Tournament	12-07-19	TBD	TBA	Christian Brothers	Jesuit High School
Tournament	12-12-19	3:30PM	Sheldon	Christian Brothers	Folsom High School
Tournament	12-13-19	5:00PM	Woodcreek	Christian Brothers	Folsom High School
Tournament	12-14-19	2:30PM	TBA	Christian Brothers	Folsom High School
Tournament	12-19-19	TBD	TBA	Christian Brothers	Davis High School
Tournament	12-20-19	TBD	TBA	Christian Brothers	Davis High School
Tournament	12-21-19	TBD	TBA	Christian Brothers	Davis High School
Game	12-30-19	4:30PM	Bear Creek	Christian Brothers	Bear Creek High School
Game	01-04-20	4:30PM	Jesuit	Christian Brothers	Jesuit High School
Game	01-08-20	5:30PM	Christian Brothers	Del Campo	Christian Brothers High School
Game	01-13-20	5:30PM	El Camino	Christian Brothers	El Camino High School
Game	01-15-20	5:30PM	Christian Brothers	Capital Christian	Christian Brothers High School
Game	01-17-20	5:30PM	Vista del Lago	Christian Brothers	Vista del Lago High School
Game	01-21-20	5:30PM	Christian Brothers	Sacramento	Christian Brothers High School
Game	01-24-20	5:30PM	Christian Brothers	Rio Americano	Christian Brothers High School
Game	01-29-20	5:30PM	Del Campo	Christian Brothers	Del Campo High School
Game	02-01-20	5:30PM	El Camino	Christian Brothers	El Camino High School
Game	02-05-20	5:30PM	Rio Americano	Christian Brothers	Rio Americano High School
Game	02-07-20	5:30PM	Sacramento	Christian Brothers	Sacramento High School
Game	02-11-20	5:30PM	Christian Brothers	Vista del Lago	Christian Brothers High School
Game	02-14-20	5:30PM	Capital Christian	Christian Brothers	Capital Christian High School



MEN'S VARSITY BASKETBALL



COACHES

Head Coach Al Seyford

Assistant Coaches

John Adenrele Tim McGann '02 Eddie Ralph '10 Sean Ryan

Number	Name	Year
0	Elijah Covington	'21
1	Shahkai Nichols	'20
2	Miguel Gonzalez	'20
3	Angelo Butler	'20
5	Ryan Toschi	'20
10	Luke Jones	'20
11	Solomon Orr	'20
12	Aiden McKinney	'21
13	Shane Zapata	'20
14	Dylan Delucchi	'21
15	Parker Spellacy	'22
20	Emilio Ralph	'21
21	Thomas Milton	'21
22	Michael Moreno	'21
23	Wesley Howell	'21

MEN'S VARSITY BASKETBALL

Season Schedule

Туре	Date	Time	Home/Host	Opponent	Location
Scrimmage	11-16-19	8:00AM	Granite Bay	Christian Brothers	Granite Bay High School
Game	11-22-19	7:00PM	Christian Brothers	Valley	Christian Brothers High School
Game	11-23-19	1:00PM	River City	Christian Brothers	River City High School
Game	11-27-19	7:00PM	Vacaville	Christian Brothers	Vacaville High School
Game	11-30-19	5:00PM	Christian Brothers	Lodi	Christian Brothers High School
Tournament	12-05-19	7:00PM	TBA	Christian Brothers	Elk Grove High School
Tournament	12-06-19	TBD	TBA	Christian Brothers	Elk Grove High School
Tournament	12-07-19	TBD	TBA	Christian Brothers	Elk Grove High School
Tournament	12-10-19	6:30PM	Vanden	Christian Brothers	Central Catholic High School
Tournament	12-12-19	5:00PM	TBA	Christian Brothers	Central Catholic High School
Tournament	12-13-19	TBD	TBA	Christian Brothers	Central Catholic High School
Tournament	12-14-19	TBD	TBA	Christian Brothers	Central Catholic High School
Tournament	12-19-19	TBD	TBA	Christian Brothers	Davis High School
Tournament	12-20-19	TBD	TBA	Christian Brothers	Davis High School
Tournament	12-21-19	TBD	TBA	Christian Brothers	Davis High School
Game	12-30-19	6:00PM	Bear Creek	Christian Brothers	Bear Creek High School
Game	01-04-20	6:00PM	Jesuit	Christian Brothers	Jesuit High School
Game	01-08-20	7:00PM	Christian Brothers	Del Campo	Christian Brothers High School
Game	01-13-20	7:00PM	El Camino	Christian Brothers	El Camino High School
Game	01-15-20	7:00PM	Christian Brothers	Capital Christian	Christian Brothers High School
Game	01-17-20	7:00PM	Vista del Lago	Christian Brothers	Vista del Lago High School
Game	01-21-20	7:00PM	Christian Brothers	Sacramento	Christian Brothers High School
Game	01-24-20	7:00PM	Christian Brothers	Rio Americano	Christian Brothers High School
Game	01-29-20	7:00PM	Del Campo	Christian Brothers	Del Campo High School
Game	02-01-20	7:00PM	El Camino	Christian Brothers	El Camino High School
Game	02-05-20	7:00PM	Rio Americano	Christian Brothers	Rio Americano High School
Game	02-07-20	7:00PM	Sacramento	Christian Brothers	Sacramento High School
Game	02-11-20	7:00PM	Christian Brothers	Vista del Lago	Christian Brothers High School
Game	02-14-20	7:00PM	Capital Christian	Christian Brothers	Capital Christian High School



SENIORS

Angelo Butler Miguel Gonzalez Luke Jones Shahkai Nichols Solomon Orr Ryan Toschi Shane Zapata



WOMEN'S JUNIOR VARSITY SOCCER



COACHES

Head Coach Autro Jacobo '85

Assistant Coach

Alexia De La Paz '15 Javier Plasencia '74

Number	Name	Year	Number	Name	Year
2	Gwyneth Culleton	'22	13	Cera Lacomb	'22
3	Abigail Vandepol	'23	14	Talyn Fale	'23
4	Savannah Castillo	'23	15	Emma Liu	'22
5	Lauren Reefer	'23	17	Emma Vellanoweth	'23
6	Samantha Smith	'23	19	Aurora Velasco	'23
7	Lily Jensen	'23	20	Paola Pasqua	'23
8	Scarlet Pope	'23	21	Milana Emmitt	'23
9	Anne Rodriguez	'23	23	Jennifer Poletti	'23
10	Peyton McDonald	'23	24	Natalie Pu	'23
11	Emily Mayes	'23	25	Katelyn Spencer	'22
12	Caitlynn Drew	'23			

WOMEN'S JUNIOR VARSITY SOCCER

Туре	Date	Time	Home/Host	Opponent	Location
Game	12-13-19	4:00PM	Bella Vista	Christian Brothers	Bella Vista High School
Game	12-17-19	6:00PM	Christian Brothers	Foothill	Sacramento City College
Game	12-19-19	4:00PM	Oak Ridge	Christian Brothers	Oak Ridge High School
Game	01-07-20	5:30PM	Rio Americano	Christian Brothers	Rio Americano High School
Game	01-09-20	6:00PM	Christian Brothers	River City	Sacramento City College
Game	01-10-20	3:00PM	C.K. McClatchy	Christian Brothers	C.K. McClatchy High School
Game	01-14-20	5:30PM	El Camino	Christian Brothers	El Camino High School
Game	01-16-20	5:30PM	Vista del Lago	Christian Brothers	Vista del Lago High School
Game	01-21-20	6:00PM	Christian Brothers	Del Campo	Sacramento City College
Game	01-25-20	2:00PM	St. Francis	Christian Brothers	Cristo Rey High School
Game	01-30-20	6:00PM	Christian Brothers	Rio Americano	Sacramento City College
Game	02-04-20	6:30PM	River City	Christian Brothers	River City High School
Game	02-06-20	5:30PM	Christian Brothers	El Camino	Sacramento City College
Game	02-11-20	5:30PM	Christian Brothers	Vista del Lago	Sacramento City College
Game	02-13-20	5:30PM	Del Campo	Christian Brothers	Del Campo High School



WOMEN'S VARSITY SOCCER



COACHES

Head Coach Rudy Ruvalcaba

Assistant Coaches

Paul Fenner '87 Arika Griffith

Number	Name	Year	Number	Name	Year
3	Lillian Smith	'22	13	Payton Smith	'21
4	Kathryn Maebori	'20	14	Ainsley Carroll	'20
5	Kristin Lee	'22	16	Katherine Lopez	'23
6	Claire LaRocca	'22	17	Mariah Hudnut	'20
7	Isabella Pond	'21	18	Elizabeth Ledesma	'23
9	Jordan Pieretti	'21	19	Eliana Pellegri	'22
10	Sara Cruz	'20	20	Grace Cloete	'22
11	Brooklyn Horst	'23	27	Lauren Towne	'20
12	Lexi Rakela	'21	28	Gracelynn Selleaze	'20

WOMEN'S VARSITY SOCCER

Season Schedule

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Туре	Date	Time	Home/Host	Opponent	Location
Tournament	12-06-19	TBD	TBA	Christian Brothers	Rocklin High School
Tournament	12-07-19	TBD	TBA	Christian Brothers	Rocklin High School
Game	12-10-19	6:00PM	Christian Brothers	Sacramento	Sacramento City College
Game	12-12-19	7:00PM	Christian Brothers	Capital Christian	Sacramento City College
Game	12-13-19	6:00PM	Bella Vista	Christian Brothers	Bella Vista High School
Game	12-17-19	7:30PM	Christian Brothers	Foothill	Sacramento City College
Game	12-19-19	6:00PM	Oak Ridge	Christian Brothers	Oak Ridge High School
Game	01-07-20	7:00PM	Rio Americano	Christian Brothers	Rio Americano High School
Game	01-10-20	1:30PM	C.K. McClatchy	Christian Brothers	C.K. McClatchy High School
Game	01-14-20	7:00PM	El Camino	Christian Brothers	El Camino High School
Game	01-16-20	7:00PM	Vista del Lago	Christian Brothers	Vista del Lago High School
Game	01-21-20	7:30PM	Christian Brothers	Del Campo	Sacramento City College
Game	01-23-20	3:00PM	Sacramento	Christian Brothers	Sacramento High School
Game	01-25-20	4:00PM	St. Francis	Christian Brothers	Cristo Rey High School
Game	01-28-20	6:00PM	Capital Christian	Christian Brothers	Capital Christian
Game	01-30-20	7:30PM	Christian Brothers	Rio Americano	Sacramento City College
Game	02-06-20	7:00PM	Christian Brothers	El Camino	Sacramento City College
Game	02-11-20	7:00PM	Christian Brothers	Vista del Lago	Sacramento City College
Game	02-13-20	7:00PM	Del Campo	Christian Brothers	Del Campo High School



SENIORS

Ainsley Carroll Sara Cruz Mariah Hudnut Kathryn Maebori Gracelynn Selleaze Lauren Towne



MEN'S JUNIOR VARSITY SOCCER



COACHES | TEAM

Head Coach

Mario Moreno '93

Assistant Coaches

Milton Moreno '97 Alec Edelmayer '15

Manager

Jacob Harris '21

Name	Year	Number	Name	Year
Gabriel Eshleman	'23	11	Frank Maldonado Jr.	'22
David Arias	'22	13	Christian Vaughan	'22
Carson Brown	'22	14	Zachary Hembd	'23
Ryan Clark	'22	15	Luis-Gabriel Larraguivel	'23
Jack Bergfeld	'23	16	Miles Tibon	'22
Jackson Clark	'23	17	Andrew Avalos Jr.	'22
Miguel Cornejo	'22	18	Aedan Carroll	'22
Demonte Robinson	'22	19	Lucas Walter	'23
Jake Young	'22	21	Dominic Dimare	'23
Jace Arnaudo	'22	23	Andrew Tolamatl Montandon	'23
	Gabriel Eshleman David Arias Carson Brown Ryan Clark Jack Bergfeld Jackson Clark Miguel Cornejo Demonte Robinson Jake Young	Gabriel Eshleman '23 David Arias '22 Carson Brown '22 Ryan Clark '22 Jack Bergfeld '23 Jackson Clark '23 Miguel Cornejo '22 Demonte Robinson '22 Jake Young '22	Gabriel Eshleman '23 11 David Arias '22 13 Carson Brown '22 14 Ryan Clark '22 15 Jack Bergfeld '23 16 Jackson Clark '23 17 Miguel Cornejo '22 18 Demonte Robinson '22 19 Jake Young '22 21	Gabriel Eshleman '23 11 Frank Maldonado Jr. David Arias '22 13 Christian Vaughan Carson Brown '22 14 Zachary Hembd Ryan Clark '22 15 Luis-Gabriel Larraguivel Jack Bergfeld '23 16 Miles Tibon Jackson Clark '23 17 Andrew Avalos Jr. Miguel Cornejo '22 18 Aedan Carroll Demonte Robinson '22 19 Lucas Walter Jake Young '22 21 Dominic Dimare

MEN'S JUNIOR VARSITY SOCCER

Туре	Date	Time	Home/Host	Opponent	Location
Game	11-26-19	7:30PM	Christian Brothers	John F. Kennedy	Sacramento City College
Game	12-02-19	4:00PM	Cosumnes Oaks	Christian Brothers	Cosumnes Oaks High School
Game	12-04-19	5:00PM	Christian Brothers	Jesuit	Sacramento City College
Tournament	12-05-19	2:10PM	Sierra	Christian Brothers	River City High School
Tournament	12-06-19	10:00AM	Will C. Wood	Christian Brothers	River City High School
Tournament	12-07-19	10:00AM	River City	Christian Brothers	River City High School
Game	12-11-19	5:00PM	River City	Christian Brothers	River City High School
Game	12-12-19	5:30PM	Capital Christian	Christian Brothers	Capital Christian High School
Tournament	12-13-19	2:30PM	Inderkum	Christian Brothers	Inderkum High School
Tournament	12-14-19	10:00AM	Pittsburg	Christian Brothers	Inderkum High School
Tournament	12-14-19	4:00PM	Rio Linda	Christian Brothers	Inderkum High School
Game	12-17-19	3:00PM	C.K. McClatchy	Christian Brothers	C.K. McClatchy High School
Game	01-07-20	5:30PM	Christian Brothers	Rio Americano	Sacramento City College
Game	01-09-20	5:30PM	Oakmont	Christian Brothers	Oakmont High School
Game	01-14-20	5:30PM	Christian Brothers	El Camino	Sacramento City College
Game	01-16-20	5:30PM	Christian Brothers	Vista del Lago	Sacramento City College
Game	01-21-20	5:30PM	Del Campo	Christian Brothers	Del Campo High School
Game	01-23-20	3:00PM	River City	Christian Brothers	River City High School
Game	01-28-20	5:30PM	Christian Brothers	Capital Christian	Sacramento City College
Game	01-30-20	5:30PM	Rio Americano	Christian Brothers	Rio Americano High School
Game	02-06-20	5:30PM	El Camino	Christian Brothers	El Camino High School
Game	02-11-20	5:30PM	Vista del Lago	Christian Brothers	Vista del Lago High School
Game	02-13-20	5:30PM	Christian Brothers	Del Campo	Sacramento City College



MEN'S VARSITY SOCCER



COACHES

Head CoachJake Hunley '96

Assistant Coaches

Alec Edelmayer '15 Stephen Schetter '06

Number	Name	Year	Number	Name	Year
0	Andre Martin Tabunda	'22	13	Benjamin Delfino	'21
1	Johnnie White III	'20	14	Declan Simonovich	'20
2	Clayton Ketcher	'21	15	Tyler Valerio	'21
3	John Posas III	'21	16	Richard Dore	'20
4	Scott Cotter	'20	17	Antonio Jacobo	'21
6	Hunter Dierlam	'20	18	Josaun Fitten	'20
7	Nicholas Hanna	'21	19	Cole Mellor	'21
8	Clark Jacobson	'20	20	Jackson Ryan	'20
9	Colin Quinn	'20	21	Everett McAvoy-Jensen	'21
10	Kenrick Dawson	'21	24	Caleb Quinn	'20
11	Lars Jensen	'20	26	Jose Regalado	'21
12	Zachary Santsche-Chav	ez '21			

MEN'S VARSITY SOCCER

Season Schedule

Туре	Date	Time	Home/Host	Opponent	Location
Game	11-26-19	6:00PM	Christian Brothers	John F. Kennedy	Sacramento City College
Game	12-02-19	6:00PM	Cosumnes Oaks	Christian Brothers	Cosumnes Oaks High School
Game	12-04-19	7:00PM	Christian Brothers	Jesuit	Sacramento City College
Tournament	12-06-19	TBD	TBA	Christian Brothers	Rocklin High School
Tournament	12-07-19	TBD	TBA	Christian Brothers	Rocklin High School
Game	12-10-19	3:00PM	Sacramento	Christian Brothers	Sacramento High School
Game	12-11-19	7:00PM	River City	Christian Brothers	River City High School
Game	12-12-19	7:00PM	Capital Christian	Christian Brothers	Capital Christian High School
Tournament	12-14-19	4:00PM	Patterson	Christian Brothers	De La Salle High School
Game	12-20-19	1:30PM	C.K. McClatchy	Christian Brothers	C. K. McClatchy
Game	01-07-20	7:00PM	Christian Brothers	Rio Americano	Sacramento City College
Game	01-09-20	7:00PM	0akmont	Christian Brothers	Oakmont High School
Game	01-14-20	7:00PM	Christian Brothers	El Camino	Sacramento City College
Game	01-16-20	7:00PM	Christian Brothers	Vista del Lago	Sacramento City College
Game	01-21-20	7:00PM	Del Campo	Christian Brothers	Del Campo High School
Game	01-23-20	6:00PM	Christian Brothers	Sacramento	Sacramento City College
Game	01-28-20	7:00PM	Christian Brothers	Capital Christian	Sacramento City College
Game	01-30-20	7:00PM	Rio Americano	Christian Brothers	Rio Americano High School
Game	02-06-20	7:00PM	El Camino	Christian Brothers	El Camino High School
Game	02-11-20	7:00PM	Vista del Lago	Christian Brothers	Vista del Lago High School
Game	02-13-20	7:00PM	Christian Brothers	Del Campo	Sacramento City College



Scott Cotter
Hunter Dierlam
Richard Dore
Josaun Fitten
Clark Jacobson
Lars Jensen
Caleb Quinn
Colin Quinn
Jackson Ryan
Declan Simonovich
Johnnie White III



Congratulations

2019-2020 ATHLETES

who will be competing at the collegiate level



Max Martinez '20, Sara Cruz '20, Lauren Towne '20, Katherine Phipps '20, Bria Shine '20

The La Salle Club

Helping Student Athletes Since 1939

If you would like to become a La Salle Club member please visit our website

thelasalleclub.com

The La Salle Club Mission Statement

Founded in 1939 The La Salle Club is a volunteer group of alumni and friends of Christian Brothers
High School dedicated to supporting the financial needs of the Athletic Department and the student-athletes.

It is the purpose of The La Salle Club to collaborate with the school to
fund projects outside the scope of the school's operating budget.

