



Falcon Family News

Christian Brothers High School Monthly Newsletter

September 2004

Dear Parents,

Happy New Year.

Normally, Mr. Schulze, our Principal, opens each edition of *Falcon Family News* with a letter. This month, he has kindly allowed me this privilege. With this letter, I wish to share with you a little bit about my background, my role at Christian Brothers, and some thoughts on new beginnings.

I am proud to begin this journey with you

There are many nervous souls on campus these first few weeks. I join with the freshmen, the transfer students, new parents, and new faculty/staff as one who is starting a new chapter in life, and happy to be doing so at Christian Brothers High School.

For the past eight years, I served as President of Chaminade-Julienne Catholic H.S. in Dayton, Ohio. "C-J" is a school very similar to "CB" in terms of the religious vision which guides the school, its history, student body composition, academic and co-curricular activities. Prior to that, I served as teacher, coach, and Assistant to the President at Loyola High School in Los Angeles. I hold a degree in Liberal Arts from Loyola Marymount University and an M.B.A from Woodbury University.

My wife, Patti and I have three sons. While we thoroughly enjoyed our eight years in Ohio, we are very happy to be back in our native California. Patti and I are from Visalia and Los Angeles, respectively. Our family is peppered throughout the state.

When Patti and I were looking to move west to be closer to family, we looked at several opportunities. We were not just looking for a 'job.' We were looking for a family-friendly city to raise our children. We were looking for a parish community with a strong school for our three sons. We knew the high school where I chose to minister would be the school they would attend.

I have ministered in Catholic education for fifteen years. I have worked for four religious orders in three schools, in three states. Christian Brothers is a strong, healthy school. As parents, you can be proud that your children are getting an outstanding education from professional educators and Christian role models.

I am happy to be here. I am honored to have the opportunity to serve.

My role in your sons' and daughters' education

I am not on the front line with your children every day. But I am

there in spirit. Everything I do is done to ensure that your children receive a first class Catholic education in the Lasallian tradition. For the most part, my work is done behind the scenes and beyond our campus.

My job is to make sure the mission of Christian Brothers High School is vibrant and tangible for today's students and to take the steps necessary so that this educational ministry serves our Church and broader community for generations to come. To this end, I am involved with governance relationships (Board of Trustees, the Christian Brothers' District of San Francisco, etc.) financial oversight, fundraising, public relations, strategic planning, campus development, and other matters. As President, I delegate the daily operation of the school to Mr. Schulze and the rest of the administrative staff. It is my responsibility to provide Mr. Schulze and our staff with the vision and the resources to provide your daughters and sons with a first class Catholic education in the Lasallian tradition. Relieved from the demands of these aforementioned responsibilities, Mr. Schulze can focus on what a Principal is trained and inclined to do. This model of school leadership enables Mr. Schulze to focus on students, parents, faculty/staff, curriculum, co-curricular activities, etc.

Some thoughts on new beginnings

Whether you are a third generation Falcon or new to this community, each school year is a fresh start. Two hallmarks of our Catholic faith are forgiveness and hope. Let's show these teenagers by our own adult actions that God wants us to constantly reflect on our past and pursue our potential.

As parents, you are the primary educators of your children. As teachers, we are trained professionals. Thank you for entrusting your children to Christian Brothers High School. Together our partnership will give your children the religious roots, the self confidence, and the experiences to achieve their God-given potential. Let us make sure that our words of encouragement and our actions inspire these young men and women to make good choices.

To those parents whom I have met, thank you for the warm welcome you have extended to my family and me. I have been deeply touched by the warmth of this community. I look forward to school activities and events which will give me the opportunity to meet you and your children over the course of this school year.

God bless,

Lorcan P. Barnes
President

Campus Ministry News

A Parent's Prayer

*Lord, you are my patience, my strength, my light, and my counsel.
You guide me in what I have to say and do with my son and my
daughter,*

*and you help them be responsive to my words.
Be with them and with me at all times.*

*Give me, for their sake, a share in the gifts of your Holy Spirit:
wisdom, understanding, counsel, courage, knowledge, devotion,
and awe.*

Increase my faith and give me zeal to build your kingdom.

*Accept my loving commitment as a parent
to be the continuation of your divine Son's earthly ministry.
I ask this in His name. Amen.*



The Campus Ministry program provides liturgies, prayer, and a four-year retreat program. All are off to a busy and fulfilling start this year! We also offer prayer and spiritual resources for parents. Please come by and visit us in Brother Bertram Hall. If you have any questions or concerns, please contact Mrs. Susannah Nelson, Director of Campus Ministry, at 733-3626 or at snelson@cbhs-sacramento.org; or Ms. Stephanie DeBenedetti-Emanuel, Liturgy and Service-Learning Coordinator, at 733-3653 or at sdebenedetti-emanuel@cbhs-sacramento.org.

LITURGIES: We began the school year with an outdoor liturgy, the Mass of the Holy Spirit, on Aug. 26. Fr. Daniel Looney, the pastor of St. James Church in Davis, presided at the Mass, and Mr. Rudy Schulze, our principal, gave the reflection. **Parents are always invited to join us at our school liturgies.** All liturgies begin at 9:30 A.M. **Upcoming Liturgies:** Sept. 19 – *Sophomore Family Liturgy* (on the main lawn); Oct. 24 – *Frosh Family Liturgy*; Nov. 1 – *All Saints' Day Liturgy*; Nov. 25 – *Thanksgiving Liturgy*; Dec. 8 – *Immaculate Conception Liturgy*.

RETREATS: The Senior Retreat Leadership Team held their training session/retreat at the end of August at St. Joseph's Camp on the Russian River. By the end of the three days there, after praying, eating, and sharing time on the beach together, we all felt like one big family! The seniors will be busy this school year leading the Frosh, Sophomore, and Junior retreats. The **Senior Kairos Retreats** will be held October 19-21, January 25-28, and March 15-18. This is a four-day, student-led retreat grounded in the Christian belief that God is very much a part of our real world, especially through the continuing presence of Jesus Christ as he shows himself to us through our family and friends. Kairos is an experience of Christian community with a series of talks given by both student peers and adults. Prayer and self-discovery are also essential parts of this program, as well as the retreatants' involvement in discussions and other exercises. A letter will go home next week to all senior parents with details about this retreat.

Junior retreats, a one-day retreat held at Christ the King Retreat Center in Orangevale, occur during the second semester. A letter with details will go home to all junior parents after the Christmas break. The focus of this retreat is "journey." Juniors are also invited to make their Kairos retreat early, the week after school is out, when they are "brand-new" seniors. **Junior Retreat Dates:** Feb. 18; March 4; April 26; **Junior Kairos Retreat:** May 31-June 3

Sophomore retreats, held at the Newman Center (across from CSUS), will begin in February. Focusing on "values and choices," these one-day retreats will be further explained in a letter to sophomore parents that will go home after the Christmas break. **Sophomore Retreat Dates:** Feb. 1; March 1; April 12 and 29

Frosh retreats occur during the first semester at the Marengo Retreat Center in Loomis. The frosh attend these retreats with their religious studies classmates and teacher. This is a mandatory retreat; all frosh are required to attend. The frosh will explore their self-identity, their new CBHS identity, and their new membership in the worldwide Lasallian family. Details of this retreat will be in a letter to frosh parents that will be sent home next week. **Frosh Retreat Dates:** Sept. 14 and 28; Oct. 5 and 26; Nov. 5

Sophomore, Junior, and Senior retreats are optional. Students may sign up for these retreats in Campus Ministry.

NEWS FROM THE GUIDANCE DEPARTMENT

Welcome back, CB families! As the school year gears up, counselors are busy assisting students with strategies for academic success and also distributing a substantial amount of college planning information. Each counselor is visiting grade level classes this September and introducing students to the guidance program and the resources available to students in our College Center and on our website.

We welcome two new members to the Guidance Department this year. Mr. John Riley-Portal joins us as part-time counselor for the class of 2005. Mr. Riley-Portal comes to us with extensive experience in personal counseling and will be an invaluable addition to CB. A highly qualified counselor, Ms. Amy Bell, though not new to CB, has taken on the role of full-time counselor for the class of 2008. Mr. Kent Morrison continues in his role as the Wellness and Prevention counselor, and is also available as junior class counselor on Mondays and Fridays. Ms. Kambas continues to counsel the class of 2006, and, together with Mr. Purdy (class of 2007 counselor) and Mrs. Hesser (Director of Guidance Services and College Counselor), the entire Guidance Department is here to serve you and your child.

Here is a quick reference in case you need to contact us:

Ms. Amy Bell, Freshman Counselor	733-3689
Mr. Kirk Purdy, Sophomore Counselor	733-3686
Ms. Eleni Kambas & Mr. Kent Morrison, Junior Counselors	733-3692/733-3688
(Ms. Kambas is on campus every Tuesday, Wednesday and Thursday)	
John Riley-Portal, Senior Counselor	733-3678
(Mr. Riley-Portal is on campus M-W mornings and all day Thursdays)	
Kent Morrison, Wellness & Prevention Counselor	733-3688
Mary Hesser, Director of Guidance Services & College Counselor	733-3679

We are beginning a different counseling model starting with the 2004-2005 academic year. The counseling model is based on a four-year cycle. Each counselor will keep his/her class all four years for **personal** and **academic** counseling, with Mrs. Hesser as the **college** counselor for each grade level. Students will get to know their counselor(s) and vice-versa and do not have to change counselors in the middle of the four years. Please call your child's grade level counselor if you have questions. We are looking forward to a great year!

Congratulations to Mrs. Beth Brazil and Mrs. Holly Slabbinck (counselors from 2003-2004) on the birth of their babies! The Brazil's welcomed Joshua on July 20 and the Slabbinck's welcomed Laine on July 26!

2004-2005 SAT Test Dates



2004-2005 ACT Test Dates

<u>Test Date</u>	<u>Deadline to Register</u>	<u>Test Date</u>	<u>Deadline to Register</u>
October 9(@CB)	September 7	September 25	August 20
November 6	October 1	October 23(@CB)	September 17
December 4	October 29	December 11	November 5

CHRISTIAN BROTHERS ADMISSIONS OPEN HOUSE

Sunday, October 10, 2004 - 1:00 p.m. - 4:00 p.m.

Informational Presentations at 1:30 and 2:30 p.m.

For more information call 916-733-3690 or visit www.cbhs-sacramento.org

"Enter to Learn—Leave to Serve"

STUDENT ACTIVITIES

The Falcons Are Back!!

The QSP Magazine drive is due to blast into gear with a televised rally on September 10. From September 10 through September 22 our students will be working diligently to sell those subscriptions. Please be sure to save all magazine orders and renewals for the CBHS student of your choice.

QSP benefits all students and their student activities. Any organized group of students involved in student activities on campus has the right to request funds earned from the drive. Last year, the Student Council heard many proposals from their peers. Among the groups who benefited from QSP sales were the Athletic department, which received player seats for teams who use the gym; bat bags for the baseball teams; benches and bags for women's soccer; and new-team start-up fees for women's lacrosse. The Drama and Music departments received a backstage light bar and a bass and amplifier. As well, much needed video and camera equipment were designated for the yearbook staff and video production department. The benefits are not only financial support for our many student activities, but also the real life experience gained by students identifying needs, making proposals and persuasive presentations, and learning the skills of negotiation as those funds are carefully allocated.

We also have other important and entertaining events planned for September:

Freshmen class officer elections will be held on September 3. Our freshmen look to be a dynamic and eclectic class. Over thirty applications for office were picked up the first day they were available.

Top Gun is the theme of our first open dance of the year. On Friday, September 3, from 8 - 11 p.m. students from all four Catholic high schools will be dancing under the stars while they celebrate being back together after a long summer holiday.

If your student missed having his or her picture taken on processing day or if a retake is desired, the make-up picture day is set for September 29.

Three hundred ten freshmen enjoyed an exciting Lasallian welcome when student council members and senior volunteers hosted them at *Lock-In 2008*. Activities that followed were a dance, rally, magic show, all night activities and an early morning prayer service with a slide show. The freshmen saw the sun rise on the football field while they enjoyed donuts and cocoa and embraced their new experience as members of this Christian Brothers community.

Student Activities - QSP, Student Council, rallies, dances, Spirit Days, club activities and more!!

Marinara Sauce... a recipe from Mr. Schulte

2 t extra-virgin olive oil
1 finely chopped onion ("minced" would be too fine; I like a little texture)
½ bunch Italian parsley leaves (rough chop)
5-10 leaves of fresh basil (stems removed, rough chop)
2-3 large cloves of garlic, minced
2 28 oz. cans whole peeled San Marzano tomatoes
1 t salt
3 T tomato paste
a dash of dried oregano (optional)
Pepper to taste
1 splash of (good) red wine

Heat the olive oil in a large 4-quart saucepan over medium heat. Add the onion and sauté until translucent, about 10 min. Add the parsley and garlic and cook briefly to release their "essences." Drain peeled tomatoes and mash with utensil or hands. Reserve juice. Do not pulverize or use a blender—some texture is important. However, for a very smooth sauce, pulverize. Add basil, oregano, tomato paste and salt. Simmer at least 25-30 minutes. After about ten minutes, add a good splash of red wine, some of the reserved juice, and continue simmering until reduced to the proper consistency, stirring occasionally. (For thinner sauce, add more juice or wine!)

Taste and adjust the seasonings (salt and pepper). If the sauce tastes too acidic, add a pinch of baking soda. If the sauce needs more sweetness, add a pinch of sugar. ENJOY!!

CHRISTIAN BROTHERS ATHLETICS

Welcome to the new year in Christian Brothers Athletics! Our fall sports teams are working hard and showing promise of great seasons to start us off.



Cheerleading:

Under the leadership of Patti Lewkowitz, several stunt groups and each squad earned superior ratings at the USA Santa Cruz Camp this summer. The Varsity squad earned an overall superior rating.

Our 'in season' coaches will be keeping everyone informed in future *Falcon Family News* issues of the progress of their program.

We are also proud to announce our first ever Girls Water Polo team at Christian Brothers High School. Our boys and girls teams will compete in the Sierra Foothill League as our league (SVC) does not offer Water Polo.

Please check our athletic web site out for information about game and practice schedules, coaches, driving directions and results. Also, let us know if there is something that you think would be beneficial to add to improve this site to fit your needs.

Athletic Staff for the 2004-05 School Year

Jill Bennett	Athletic Director	Rich Henning	B- Basketball
Rich Henning	Associate Athletic Director	Joe Soto	G-Basketball
Diane Heine	Administrative Assistant	Byron Miller	Wrestling
Darci Stark	Athletic Trainer	Joe Gill	Baseball
Patti Lewkowitz	Cheerleading	Dede Crayne	Diving
Danny Delgado	Cross Country	Kirk Purdy	B-Golf
Bobby Fresques	Football	Brian Tyler	G-Lacrosse
Joe Soto	G-Golf	Tony Perez	G-Soccer
Vince Juarez	B-Soccer	Larry Dane	Softball
Patrick Harbison	G-Tennis	Diane Peck	Swimming
Diane Heine	G-Volleyball	Mark Jacoby	B-Tennis
Andrew Magee	B-Water Polo	Minh Nguyen	Track
Diane Peck	G-Water Polo	Heather Lee	B-Volleyball

We are committed to Excellence in Athletics! Go Falcons!

Congratulations to Matthew Connors, Class of 2007, who finished writing a book this summer entitled The Wary of Time: The Rise of Thelios. It is a fantasy about a world that is created and fought over by both good and evil. Mathew was inspired by the Lord of the Rings books and movies. This is the first book in a trilogy that he plans to write during the time he is here at Christian Brothers High School.

NEWS FROM THE... *Advancement Office*

MEETINGS & NEWS... *Booster & PSO Parent Groups*

SEPTEMBER All Meetings open to parents.

- 9/4 Red & Blue Scrimmage 9am – 12 Noon on the Athletic Fields
- 9/7 Grad Nite Planning Meeting in Bertram Hall at 6:30pm
- 9/8 Crab Feed Planning Meeting 6:30 pm in Bertram Hall Boardroom
- 9/9 Alumni Association Wine Tasting set-up
- 9/13 Booster Club General Meeting 6:30 pm in Bertram Hall Boardroom
- 9/14 Red & Blue Auction Meeting in Campus Ministry (Bertram Hall)
- 9/21 Parent Support Organization 6:30 pm in Bertram Hall Boardroom



9/10 Wine Tasting Extravaganza –7:00pm-11:00pm Main Lawn

Tickets are still available for \$50.00, 9/10 at 3pm. (\$65.00 at the door) Come join the fun at the most talked about Wine Tasting in Sacramento. Wineries, breweries, restaurants and dancing!

SAVE THE DATE *Red & Blue Auction*

Sail Away on the *USS Falcon* on March 5, 2005

An evening of fun while cruising the night away enjoying delectable food, a Silent & Live Auction and Monte Carlo Night. We need all hands on board from Captains to Deck Hands to send our guests on a memorable sail. The first Captains & First Officers meeting (Committee Chairs) will be **September 14 at 7:00 in Campus Ministry (Bertram Hall)**. The first Deck Hands meeting will be in October. If you would like to be a crew member (at any level) sign up at Back-to-School Night, the Red & Blue Scrimmage or contact Donna Adam at (916) 733-3662/dadam@cbhs-sacramento.org. *Check the list of positions and decide which is best for you.*

Annual Giving Program:

The beginning of the school year marks the commencement of our Annual Giving Program. During the month of August, the President's Office sent out information about the Annual Giving Program. The revenue raised through this effort helps to fund the difference between what we charge for tuition and the actual cost of educating each child. Our goal is to reach 100% current parent participation. The multiple year pledges, as well as one-time contributions, can involve various dollar levels and payment plans. This flexibility should allow every family to participate at a level commensurate with their ability. Remember, gifts of \$1000 or more will qualify you for our Ambassador's Club Dinner in February, 2005. **You can also support CB through a United Way payroll deduction.** If you have not yet returned your Annual Giving Program Pledge form, you will be receiving a phone call explaining the benefits of participating in the 2004 Annual Giving Program. For more information please call Debbie Woodford at (916) 733-3605.

BUZZ Books (Family Directory and Information Guide) WILL BE READY ON SEPTEMBER 15.

The directories will **NOT BE AVAILABLE** at Back-to-School Night on Sept. 1 as previously indicated. You may still purchase a directory at Back-to-School Night and at the Red & Blue Scrimmage or by calling 733-3662. The cost is \$25.00 per directory. It's a handy resource guide and a quick way to look up names and phone numbers for your student's friends and classmates. *Support PSO by buying a BUZZ Book!*

QSP Magazine Drive: Sept. 10-22 SAVE YOUR MAGAZINE SUBSCRIPTIONS FOR THE ONLY STUDENT FUND-RAISER OF THE YEAR! Students will bring home all materials on Friday, September 10 to start selling. Ordering online through the CBHS website is now available. Daily prizes!

Reserved Parking Spaces

Please note that there are two "RESERVED" parking spaces in front of the gym. Please be courteous and do not park in these spaces. They are to remain open 24 hours a day, 7 days a week for the families who have purchased them at the Red & Blue Auction. *Unauthorized vehicles will be towed at the owner's expense.*

SERVICE LEARNING NEWS

Many service learning opportunities will be occurring this year throughout the curriculum thanks to the energy and enthusiasm of our dedicated teaching staff. In addition, service opportunities outside the classroom and the school day will be advertised to students and their participation encouraged. There are no "required" service hours.

Any sophomores, juniors, or seniors who donated their time and were involved in community service projects over the summer need to fill out and submit the documentation form. These hours will be recorded and posted on students' transcripts. The form is available in the Campus Ministry office or online on the CBHS web site.

Any questions about the Service Learning program or the community service projects available to students should be directed to Ms. Stephanie DeBenedetti-Emanuel, Service Learning Coordinator, at sdbenedetti-emanuel@cbhs-sacramento.org or at 733-3653.

Immersion Retreats

Juniors and Seniors are encouraged to sign up for one of the immersion retreats, week-long experiences of faith, service, and community. November 5-11 students will travel to Browning, Montana, to the Blackfeet Indian Reservation. January 17-22 students will travel to Tijuana, Mexico, to Centro La Salle School. Sign-ups are available in the Campus Ministry office. Students must complete an application and interview to be eligible for these special retreats.

Lasallian Youth

Lasallian Youth is a service organization on campus. It offers unique opportunities for students to respond to Christ's call to the service of others, especially the poor. Throughout the world, Lasallian Youth groups revolve around the three components of faith, service, and community. It derives its name from St. John Baptist de La Salle, the founder of the De La Salle Christian Brothers. Membership in this club enables students to work with other CB students, as well as students at other Lasallian schools on the West Coast, as they serve their communities. Please encourage your son/daughter to contact Mrs. Elizabeth Coyner, the Lasallian Youth Moderator, if they are interested.

Dean's Diary



Thank you for your support and compliance with the new dress code. The "new look" has gone a long way in changing the appearance of the school.

We will continue to be as rigorous in following through with the consequences of dress code infractions throughout the year as we have during the first few weeks. However, the responsibility for dressing appropriately falls on the entire school community and not just the Dean's Office.

We would like you to please note pages 16 and 17 of the *Parent/Student Handbook*: "Alterations to the dress code, (knotting, pinning, cutting, tying or resizing garments), are considered serious and will be dealt with accordingly." "CB logo wear may not be altered or worn in a manner for which it was not intended." Some students have begun the process of shrinking their shirts in order for them to be more form-fitting, thus defeating the purpose of the polo—to create a more modest look.

Overall, the kids look terrific and the feedback has been positive. Believe me, we tell them how good they look every chance we get!

Please note: In order to minimize classroom interruptions, Dean's Office does not take messages for students except under certain conditions specified on page 16 of the *Parent/Student Handbook*.

SPRING SEMESTER 2003-2004 CBHS HONOR ROLL

CLASS OF 2007

Markie Ahney	Danica DuPaty	Collin Lygren	Aliza Kristina Santos
Matthew Anderson	Adam Egbert	Taylor Mahony	Alexa Shaul
Lyawna Archie	Louisa Feletto	Terry Martin	Joshua Silver
Colin Ballou	Scott Fenaroll	Scott McCalla	Nicholas Sullivan
Jessica Bond	Madeleine Flynn	Lindsay Meline	Vivian Thompson
Evan Burford	Katherine Groesbeck	Samantha Miller	Michael Van Beek
Christopher Carrillo	Jessica Harris	Alexandra Murphy	David Van Muyden
Angela Carter	Emily Hayes	Daniel Naraval	Zachary Voss
Matthew Connors	Victoria Hrabak	Veronica Olivas	Lora Walton
Britton Cope	Thomas Hua	Elizabeth Olveda	Christopher Webb
David Cotter	Amanda Johnston	Anthony Padilla	Logan Williams
Meghann Danley	Matthew Kalmanson	Anthony Pham	Ryan Wilson
Jeffrey Delgadillo	Jessica Lam	Tin Pham	Anne Winslow
Manuel Diaz	Lena Lam	Brendan Phillips	Christopher Wong
Katherine Drack	Lauren Leishman	Javier Plasencia	
Christopher DuCray	Nicole Link	Matthew Patrino-Mamola	

CLASS OF 2006

Khazet-Martin Bauer	Thomas Fassett	Daniel Leyva	Jennifer Roebuck
Maile-Rochet Bauer	Alexander Ferguson	Amanda Limeberger	Calvin Ruiz
Katherine Bedrosian	Maggie Fitzgerald	Brittany Liverett	Sydney Ryden
Adam Boles	Keenan Flynn	Steven Losco	Kaitlin Ryder
Brian Bonsignore	Rachel Franzola	Hannah Lowe	Michael Sanchez
Jessica Boriskin	Jaclyn Gallagher	Keith Lui	Kent Sargent
Matthew Braly	Carlos Garcia	Kaley Matthews	Erica Smith
Adam Brown	Claire Gilbert	Erin McKenna	Valerie Taylor
Michael Burlando	Gabrielle Grow	Jessica Metzner	Kelsey Thompson-Briggs
Jonathan Chaffin	Aileen Gugeler	Rafael Miguel	Kathryn Tonello
Joyce Chuk	Ann Guro	Natalie Nelson	Amanda Wallner
Alex Compton	Anastasia Hesser	Jeremy Nevis	James Waterhouse
Anna DeCosta	Laine Himmelmann	Alexander Newcomb	Mallory Weddle-Tokunaga
Timothy DeRodeff	Megan Hirano	Timothy Nguyen	Lindy Wilson
Andrea Diaz	Bryan Holst	Collin O'Brien	John Winslow
Megan Domich	Erica Howard	Megan Palermo	Brendan Wright
Douglas Druzd	Samuel Hyde	Justin Perez	Adam Zeboski
Andrew Duffy	Midori Iwata	Mark Polhemus	
Thomas Duffy	Jacqueline Jacobs	Salvador Ramirez, Jr.	
Lauren Evashenk	Alex Kemper-McCall	Angelica Rios	

CLASS OF 2005

Christine Amorose	Jennifer Ferreria	Matthew Louis	Alessandra Provasoli
Jeynysha Archie	Amy Field	Catherine Lyons	CJ Monique Quedado
Erin Barsanti	Rex Flores	Zachary Madewell	Miamah Reed
Danielle Bennett	Allison Froehler	Mario Madrigal	Brian Riley
Jenna Bodolay	Matthew Frye	Allison McCarthy	Kayla Simas
Andrew Boriskin	Ricardo Galdamez	Brianna McCoy	Melissa Singh
Michael Braly	Giancarlo Giuffra-Moncayo	Jane McMillan	Andrew Spisak
Giulia Brizio	Zane Griffin	Gary Miguel	Jennifer Stathos
Alicia Brosterhaus	Keith Henwood	Theodore Momon	Brian Taylor
Kristina Captain	Elizabeth Hogan	Engelbert Navarro	James Thompson
Jill Carvell	Erica Jaramillo	Katherine Niehaus	Spencer Tocherman
Adam Chapman	Christina Juarez	Elizabeth Nolan	Gilberto Tovar
Eric Chavez	Colleen Karbowski	Julie Okwu	Michael Vattuone
Brandon Chin	Kyle Kilby	Vishal Patel	Noah Webb
Stephanie Cotta	Ryan King	Victoria Paulk	Ashley Wright
Jonathan Curry	Adam Koppel	Sarah Perrin	Jared Yamasaki
Ashley Dodds	Monica Laubacher	Amanda Plasencia	Shane Zanze

September 2004

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6 LABOR DAY No Classes	7 ARBEFCG	8 AEDG Cooks' Dinner 1:11 pm Club Food Mtg. 6:15 pm Fresh C-Level Dinner Meeting 7:00 pm Issues Mtg.	9 BCD Classes Begin 1:00 pm Department Meetings Fall Activities Mtg. (Activity Period)	10 ARBEFCG QEP Body President's Reception Business Plan Meeting 7:00-11:00 pm SA Fresh Open House 8:00-11:00 pm	11
12	13 Business Plan Mtg. 6:00 pm	14 ARBEFCG Fresh Issues Board of Trustees Mtg. 6:00 pm Fall and Blue Spoons Mtg. 7:00 pm	15 AEDG College Night for Seniors and Parents 7:00 pm Cafeteria	16 BDE Classes Begin 1:00 pm Community Meeting Club Day Technology Committee 1:00 pm	17 ARBEFCG Fall and Blue Spoons Day 2003 Lunch BOLLY BOWL	18
19 Supplemental Family Literacy 9:00 am	20 ARBEFCG Program Support One	21 AGED Applications Due	22 BEP Classes Begin 1:00 pm Department Meetings Fall Sports Body Cooks' Dinner 1:11 pm	23 ARBEFCG Fall Progress Report	24 QEP Holiday (1 day to work) No Classes	25 ACT Test at CCR Fresh Open House 8:00-11:00 pm
26	27 ARBEFCG	28 ARBEFCG	29 ACSB Fresh Guidance Night (parents only) 7:00 pm Cafeteria	30 BFG Classes Begin 1:00 pm "Making High School Count" assembly for Fall Activities Period	31 ARBEFCG	

Aug 2004						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Sep 2004						
S	M	T	W	T	F	S
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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



Falcon Family News

Christian Brothers High School Monthly Newsletter

October 2004

Dear Parents:

In 0.06 seconds, the search engine on my computer produced 266,000 results for the entry: *integrity cheating*. I guess I'm not the only one thinking about this. One of the articles I found—"Why Integrity Matters"—is well worth reading (<http://www.scdavis.edu/integ1.htm>). This brief article discusses the consequences of dishonesty—the erosion of one's self-worth, personal relationships, community, and trust.

I believe that there are two underlying reasons why students choose to cheat: sloth and unrealistic parental expectations. Either they are just plain lazy or we adults are setting them up for a fall. On the one hand, students often choose not to do the work for a variety of reasons and indulge their indolent, sluggish, and lazy (slothful) tendencies. In effect, they choose not to learn and to take the "easy way out." On the other hand, parents can unwittingly place unrealistic expectations upon their children whose abilities and talents could not possibly meet the demand.

Somewhere along the line the designation "college prep" became an "outcome" rather than the "process" of education. The "outcome" was further measured by a rather select list of colleges and universities regardless of ability, talent, and sometimes even desire. We have forgotten that "college prep" means that the school attests to the fact that a student who successfully completes its curriculum is *prepared* for a number of higher education opportunities. It does not guarantee anything more or less.

I have known far too many students who played a sport they never enjoyed playing because doing so "promised" them a scholarship; and others who declared a major simply because it "promised" financial security. I wonder if we give students enough time and opportunities to discover their talents and strengths, or do we simply chart the course for them and demand nothing less than what we probably know they are incapable of giving. Have we set our kids up for a fall?

We have lost the true meaning of "average." For me "average" means that I have done my very best no matter what the grade is. In some areas, most of us are "average." In others, we run the gamut from "pitiful" to "exceptional." For example, I am "pitiful" at basketball and "average" at

math. And yet, many students perceive that "average" is completely unacceptable to their parents and peers and therefore feel compelled to find ways (cheating) to make "average" look "exceptional." Sometimes cheating in the classroom or on the playing fields or with one's body is "the easy way out" (sloth), and sometimes cheating is "the only way out" (of unrealistic expectations).

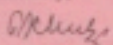
At what cost? If we do not choose a course of action that is based on doing the right thing because it is the right thing to do, we will have surrendered to the lowest form of moral development: "I won't cheat because I will get caught!"

I invite you to sit down one night and ask your children if they cheat. Talk about all kinds of cheating: academic, personal, relational, and physical. When, how, why? If the "why" is the result of their indolence, then ground them for life. If the "why" is connected to your expectations, (realistic or not), then you have an opening for honest dialogue about who they are and how they hope to shape their lives. Catch all the pronouns there: who *they* are and how *they* hope to shape *their* lives. You also have a chance to speak about integrity and to ask them to be young men and women of their word. If they choose to perform at a level beneath their "very best," they must suffer the consequences.

I remember Stephen Blankley who worked as hard as I've ever seen a kid work on a major paper. He was not a naturally gifted writer; the skills and techniques had to be learned and practiced and integrated into his writing style over and over again. The day I returned the papers, I was walking by the pay phones at recess. (It was a long time ago,) and overheard Stephen say excitedly: "Mom, I got an A-." (Pause for Mom.) *I know I worked hard.* That was about 25 years ago. Stephen still teaches me lessons about integrity, plagiarism, cheating, and doing my very best.

If you find out anything about cheating that we should know, call us.

Sincerely,


Rudolf Schöde
Principal

Campus Ministry News



In their book **The Blessing**, Gary Smalley and John Trent look to the Bible for wisdom on how to give young people "the blessing" they need to grow well. Borrowing from Biblical example, the authors outline five elements of blessing that you can incorporate into your relationship with your son/daughter:

1. **Meaningful touch** – Most sacramental moments involve significant touch that conveys energy, healing, love, and personal acceptance.
2. **A spoken message** – Young people need to hear why we believe in them and what we value.
3. **Attaching high value to the one being blessed** – Speak about one of your son's/daughter's specific positive traits. This reflects your awareness that your son/daughter is a work in progress, someone developing with mighty potential for good.
4. **Picturing a special future for the one being blessed** – Young people need hope that the world holds a place for them. You can illuminate a path of promise for them based on their gifts.
5. **An active commitment** – This means you are declaring your intention and willingness to do whatever it takes to fulfill this blessing for your son/daughter. You promise to be there to guide, support, coach, and do whatever it takes to help your son/daughter achieve a worthy future.

LITURGIES:

Congratulations to the Sophomore Class Officers – Jeffrey Delgadillo, Javier Plasencia, Bryan Caselli, Jessica Lam, and Lindsay Bourgeois-Marriott – and their moderators – Ms. Kathy Rosenfield and Mr. Chuck Zanetti – for a beautiful Sophomore Family Liturgy on September 19. The presider, Fr. J. Patrick Foley, spoke about their theme, "Renewing Ourselves: Turning Over a New Leaf." A special thanks to the Honors Chorale under the direction of Mr. Ron Slabbinek and all the talented sophomores who served as readers and members of processions. You all put in a great effort, especially when God sent us rain.

Upcoming liturgies:

- **Freshman Family Liturgy on October 24 at 9:30 A.M. in the gym**
- **All Saints' Day Liturgy with Bishop William Weigand, presider, on November 1 at 9:30 A.M. in the gym.**

RETREATS: Four more **Frosh Retreats** are scheduled for October 1, 5, and 26 and November 5. Look for permission slips coming home with your son or daughter if they are scheduled to attend. Thanks to the Frosh Religious Studies teachers - Mr. Paul Havey, Ms. Julie Greene, Ms. Jennifer Lystrup, Mr. Findlay McIntosh, and Br. Dat Hoang for accompanying their students on the Frosh Retreats. And a special thanks to the Senior Retreat Team Leaders for their energy and enthusiasm in leading these experiences of discovery and camaraderie as the Frosh explore the retreat theme, "Who Am I?", and enjoy the Marelio Youth Retreat Center.

Kairos 4, a Senior retreat, is scheduled for **October 19-22**. Permission slips for that retreat are due now.

CAMPUS SECURITY UPDATE

A new security team has been hired by Christian Brothers to cover the campus from 7:00 a.m. until about 11:00 p.m. CERT (Critical Environment Response Team) is a locally owned and operated security company with an excellent reputation and references. In addition to their regular rounds and duties, the security officers will use bicycles to navigate our campus and its environs to ensure student safety and campus security. With some modifications, our new CB polo shirts will be part of their daytime uniforms.

NEWS FROM THE GUIDANCE DEPARTMENT



The school year is in full gear with many activities and events sponsored by the Guidance Department! Mrs. Hesser, assisted by Mr. Riley-Portal, hosted *College Night for Seniors and Their Parents* in mid-September, and presented important and timely college information to an enthusiastic crowd of seniors and parents.

The freshman counselor, Ms. Bell, assisted by Mr. Purdy, Ms. Kambas, and Mr. Morrison hosted *Frosh Guidance Night* on September 29. This Guidance evening is a program especially designed for parents of freshman and deals with the academic, social, and psychological changes experienced by young people as they transition to high school. Tips on beginning college planning were also presented.

Wednesday, October 13 is an important day for students at CB. Testing Day is a half-day of school that involves freshman, sophomores, and juniors in college admission testing and career planning. Coordinated by the counselors, teachers administer the following assessments to students:

Juniors will take the PSAT/NMSQT Exam (preliminary SAT I.) This test is great practice for the new SAT, and also allows high achieving students to qualify for participation in the National Merit Program.

Sophomores will take the PLAN exam (practice ACT.) This is an opportunity for tenth graders to experience what the ACT test is about. The PLAN also includes a career component and invites students to self-report college plans and academic strengths and weaknesses.

Freshmen will take the EXPLORE exam (an achievement test which also includes a career interest inventory). This exam will assist them in identifying their academic strengths and offer career options based on the results of the test.

Seniors will have the day off.

Please mark your calendars for this important day and remind your child to get **plenty of rest** the night before and **eat a healthy breakfast**. Results of the exams will be returned to students by their counselor in **January, 2005**. If you have any questions, or if we can assist you in any way, please call the Guidance Department at 733-3680.

NATIONAL MERIT



SCHOLARSHIPS

More than one million students took the 2003 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT) last October and entered the National Merit Program, a nationwide competition for recognition and awards conducted by National Merit Scholarship Corporation. Some 16,000 highest performers nationwide were designated *Semi-Finalists* on a state representational basis. Two students, **Gary Miguel** and **Jill Carvell**, achieved this distinction and will have an opportunity to continue in the Merit Scholarship 2005 competition.

Commended Students are being recognized for the exceptional academic promise demonstrated by their outstanding performance on the qualifying test used for program entry, ranking among the 34,000 highest scorers in the nation. The following students have qualified for this distinction: **Michael Braly, Ryan King, Catherine Lyons, Mario Madrigal, and Brian Taylor**. Congratulations!!

STUDENT ACTIVITIES



Fabulous Fall will soon be upon us, and the students will be in full stride with activities this month. The Christian Brothers annual *Open House* will be held from 1:00 p.m. until 4:00 p.m. on Sunday, October 10. Our energetic and eclectic clubs will be on display demonstrating this community's blessed diversity. *Spirit Week* will take place October 12 through October 15. We will have many entertaining activities during the week with the seniors and the frosh working together, the juniors and the sophomores in tandem, and the ASB Council planning the *Friday Fun Day*. We will also hold our annual *Night Rally* on Thursday, October 14. The *Homecoming Game* will take place at American River College on Friday, October 15, so plan to welcome home our alums, see the floats and bask in the beauty of our Royal Court. The *Homecoming Dance*—"A Night at the Roxbury"—will be held Saturday, October 16, from 8:00 p.m. until 11:00 p.m.

The *Freshman Family Liturgy* will take place on Sunday, October 24, at 9:30 a.m. It will be a time to welcome the families of the Class of 2008 and celebrate the blessings the Frosh bring to this community.

We will end the month with our *Fall Sports Rally* on October 27, when we will acknowledge and embrace our many fall sports athletes.

QSP MAGAZINE DRIVE A HUGE SUCCESS!!

Congratulations to the CBHS student body for a tremendous effort that resulted in an all-time sales record of approximately \$135,000. Our students not only earned two days off, but will now be able to request and receive funds to support their sports, clubs, and activities. Way to go, CB!

CHRISTIAN BROTHERS

OPEN HOUSE

Sunday, October 10, 2004 - 1:00 p.m. - 4:00 p.m.

All families and students interested in learning more about Christian Brothers High School are invited to attend, especially families with children in eighth grade. Younger students and potential transfer students are most welcome to attend with their parents or guardians.

Informational Presentations at 1:30 and 2:30 p.m.

For more information call 916-733-3690 or visit

www.cbhs-sacramento.org

"Enter to Learn—Leave to Serve"



IMPORTANT CALENDAR CHANGE

Please note: Because of Election Day, *Report Card Night*, which was scheduled on Tuesday evening, November 2, 2004 has been moved to Thursday, November 4 from 5:30 p.m.—8:00 p.m.

CHRISTIAN BROTHERS ATHLETICS

As we enjoy our fall sports there are a few safety reminders:

- Athletes need to be hydrated before, during and after physical exertion. Drinking water throughout the day is very important.
- Water bottles should not be shared. Each athlete should bring water to practice and games.
- All athletes should put mosquito repellent on before going outdoors for activity.



We want our athletes to have a great experience and their health is our paramount concern.

Cross Country: CB cross country has been a real surprise this year. Led by several experienced seniors, the Falcon Harriers are off to a great start in 2004. Senior Ryan King has been a consistent force, setting personal best times each week while finishing in the top twenty in his races. He has been leading several upper division runners who are doing the same. But, the most pleasant surprise this season has been both the frosh/soph girls and boys teams! Meet after meet they have finished in the top ten in their respective races. Starting with Sly Park (boys: 2nd place and girls: 1st place), continuing in Novato (eighth place for both teams) and finishing this past weekend in Frogtown where the boy's team won the small school title with the team of George Cantu-Cook, Eric Liddle, Jose Nieto, Jon Gayton, Jon Soto and Brian McGovern, these teams have been awesome. Other runners of note include Ally Clark who has had three consecutive top twenty finishes including a first place at Sly Park, Katie Holst and Megan King. These three runners have led the girls' team in all races this season. Other team members that have contributed to the frosh/soph team success are Elisa Cuomo, Haley Cavanaugh and Jane Vaden. For the boys, Larry Morla, Tommy Roybal, Tavis Whitted and Grant McNamee, along with Sophomore Matt Delgado, round out this very successful team.

Girls' Golf: The Christian Brothers Girls' Golf team is 2 - 3 in league play. The team is made up of seniors Melissa Singh and Nadia DeAla, juniors Kelly Ahrendt and Christianna Golden, and sophomores Tara McGee and Cybil Bryant. Although a very young team with minimal experience, they are working hard and improving with each match.

Boys' Soccer: The boys' soccer program is off to a very good start. The varsity is currently 3 - 0 in league beating Cordova 2 - 1, Ponderosa 3 - 2, and El Dorado 5 - 1. The team has been working very hard since our preseason opener against Jesuit resulted in a 2 - 1 loss. Winning our flight in the Del Campo tournament gave the team renewed confidence to begin league play. The flight championship game against Bella Vista was won 5 - 4 in penalty kicks with a blocked shot by goalkeeper Keenan Flynn to give us the win. Since then we have recorded non-league wins against Napa 4 - 0 and Lincoln (Lincoln) 2 - 1, making our overall record 5 - 1. With a very solid defensive line, the team is sharing in the offense with eight players scoring a combined 32 goals so far. We are encouraged with the way the team is playing. The JV team has been equally impressive, being undefeated in league play with only one loss overall.

Girls' Tennis: The women's tennis team is off to a smashing start - already doubling last season's win record! Co-captains and returning players Angela Stassi and Teal Burger have brought their 'A' game to the courts, defeating tough competition like Ponderosa and Rosemont. Likewise, senior and number one ranked Victoria Damiani-Paulk has had a wonderful start to her season, going undefeated and scoring an impressive win over Oak Ridge. Other returning players are also having success; sophomore Sidney Scheideman has notched three impressive wins, and seniors Christine Amorose and Katelyn Downey have both improved tremendously, consistently moving up our team ladder. New blood has brought great excitement to the program as well. Seniors Monica Laubacher and Lauren Singer have played with great enthusiasm and garnered wins against schools like Cordova and Rosemont. Freshman Jackie Ruiz and sophomores Emily Hayes, Aoria Lawrence and Lindsay Meline have also brought great spunk and personality to the team, with their games maturing rapidly. We have also had outstanding performances by returning players Tara Cogan, Lindy Wilson and Katy Groesbeck who continue to impress and inspire, notching impressive wins and consistent improvement. The season will only get better from here! Go Falcons!

Girls' Volleyball: The teams entered league play on September 16 with all three teams defeating the Lancers of Cordova for a great start. The frosh are doing well with a record of 4-1. The JV are currently undefeated at 5-0. They also took 2nd place at the Carmichael Invitational. The varsity is starting to come together and currently are 2-4. The girls finished in the top 8th at the Davis Tournament.

NEWS FROM THE... *Advancement Office*

MEETINGS & NEWS... *Booster & PSO Parent Groups*

OCTOBER All meetings open to parents. **JOIN US!**

- 10/4 Booster Club General Meeting 6:30 p.m. in Bertram Hall Boardroom
- 10/6 Crab Feed Planning Meeting 6:30 p.m. in Bertram Hall Boardroom
- 10/13 Auction Planning Meeting 7:00 p.m. in Bertram Hall Boardroom
- 10/19 Parent Support Organization 6:30 p.m. in Bertram Hall Boardroom
- 10/20 Crab Feed Planning Meeting 6:30 p.m. in Bertram Hall Boardroom
- 10/26 Grad Nite Planning Meeting 6:30 p.m. in Bertram Hall Boardroom



BUZZ BOOKS (Family Directory and Information Guide) **ARE READY TO BE PICKED UP. YOU OR YOUR STUDENT CAN PICK THE BOOKS UP IN BERTRAM HALL FROM 8:00 AM-3:30PM.**

QSP Magazine Drive: A very big thank-you to Committee Chairs Valerie Boles, Georgia Crane, Sylvia Chavez and Sherron McCarthy who made sure we had enough volunteers and that all operations ran smoothly. A round of applause to the parent volunteers who worked many hours processing the magazine orders. A lot of hard work by the student sellers has earned them 2 days off.

SAVE THE DATE- NOVEMBER 6, 2004

CRAB FEED & DANCE Tickets on sale October 6, 2004 \$50.00 per person. Make your table reservation with family and friends for a scrumptious all -you-can-eat Crab Dinner with Anti-Pasta, Rigatoni and Dessert. Music by Danelectro. Watch for your invitation in the mail!

ADULT VOLUNTEERS NEEDED TO WORK AT THE CRAB FEED!

Decorations, Food Prep & Set-up in the morning ,or work at the event as a Table Captain, Server, Bartender or behind the scenes with the Kitchen Crew or Clean-Up.
Call Karen Weddle (916) 202-0022 or Glen Cagley (916)802-0587 to volunteer.

SAVE THE DATE March 5, 2005

Sail Away on the *USS Falcon* for an evening of fun while cruising the night away enjoying delectable food, A Silent & Live Auction and Monte Carlo Night.

This event was not on the volunteer form mailed to your home this summer. We need all hands on board to send our guests on a memorable sail. Please fill out the enclosed form and return to the Main Office or contact Karen Weddle (916) 202-0022 or Glen Cagley (916) 802-0587.

CBHS AUCTION VOLUNTEER RECRUITMENT - c/o DONNA ADAM, Advancement Office

I WOULD LIKE TO VOLUNTEER FOR THE *USS FALCON* AUCTION CRUISE TO BE HELD AT CBHS ON MARCH 5, 2005. PLEASE CONTACT ME.

NAME:

PHONE:

I would like to work in the following areas: (Please circle)

Silent or Live Auction (Procurement Team, Office Assistants, Table Marshals, Spotters)

Food & Beverage, Business, Set-up, Decorations

Business Office & Check out (Cashiering, Bagging, Computer entry)

PARENTS IN TOUCH

Are you interested in learning more about your son/daughter's world?

If the answer is yes, here is an opportunity for you as parents to get involved and take a proactive step towards guiding your child through some of today's struggles. Jesuit Parents In Touch (JPIT) is a parent support organization that was started nearly 10 years ago. JPIT is a parental community created to help support and guide teenagers through the challenging high school years. JPIT meets on the 4th Tuesday of every month and provides knowledgeable speakers on topics related to the growth and development of your son/daughter. At this monthly meeting the social, emotional, and spiritual growth of teenagers is the central focus. Topics include communication, dating, parties, alcohol and drug issues, setting goals, anger management and many more. JPIT is extending an invitation to all the Catholic high schools and Christian Brothers High School is encouraging our parent community to attend and get involved.

It is important to the growth and development of your sons and daughters that parents stay involved. In today's world our children need parental guidance, even if they don't think so. JPIT is offering a great opportunity to get involved and get educated on important issues in your son/daughter's life. Please take the time to attend and participate with JPIT.

Questions? Ideas? Contact Michael or Darreis (Dee-Dee) Lucien at (916) 681-2231 or email: deecrucien@comcast.net

When: 4th Tuesday of every month (Except Wed. Feb. 23)

Where: King Library at Jesuit H.S.

Time: 7:00 – 9:00pm

Website: www.jhsac.org (JPIT)

MEETING DATES	TOPIC (subject to speaker availability)
Tuesday, September 28, 2004	"A Healthy Body, Sound Mind and Strong Spirit" Panel - Dr. Marder, Dr. Lucien, Fr. Klein
Tuesday, October 26, 2004	"Sex, Drugs & Alcohol Issues" - Kent Morrison
Tuesday, November 30, 2004	"Parenting an Adolescent" Michael Cheney & Therese Sorrentino
Tuesday, December 14, 2004	"Life Within the Halls" - Mr. Warren and other Catholic H.S. Deans of Students
Tuesday, January 25, 2005	Parent Education Meeting - For all parents in the Gym
Wednesday, February 23, 2005	"Teens Transitioning to High School" - Student Panel
Tuesday, March 22, 2005	"Anger Management" - David Barnitz
Tuesday, April 26, 2005	"Smart, Safe Choices for Teens" - Jan Scully & Panel
Tuesday, May 17, 2005	"Surviving & Enjoying the Extraordinary Teenage Years"
June, July, August, 2005	ENJOY YOUR SUMMER VACATION!

To Students, Parents, and Others....

The Brothers Chapel, located between Bertram Hall and the school, may be used for private prayer and reflection by students, parents, and others. See Trisha Rodden at the Bertram Hall receptionist's desk for the key. The Brothers' daily mass and prayers are also open to everyone. Please feel welcome to join us if you're on campus.



We are in the midst of our Annual Giving Program. We would like to thank you for your generosity and support. It is greatly appreciated.

Jeffrey and Michele Adams
William and Katherine Alger
Alma
Cathy and Anne Anderson
John and Christine Anderson
Rand and Frances Anderson '89
Larry Aronson & Kathryn Demoran
Aronson and Catherine Aronson
James and Elizabeth Averlag
Steven and Sandra Bacci
Anna Bacci
Gary and Pamela Baker
Jack and Catherine Baker
Jill Ballard
Linda Barkowsky
Bank America Foundations/
Matching Gifts Program
Steven and Beverly Barch
Steve and Ashley Barch
Randall and Shirley Barch
Gary and Sheri Beck
Ted and Janet Beltraman
Ken and Elizabeth Bellini
Todd and Cynthia Bird '78
Lynn and Tim Black
Michael Boscoe & Jennifer Jennings
Mark and Vickie Bohn
James and Marie Bohn
Isa and Cindy Boreddy
Cynthia Brady & Greg Owen
Bruce and Priscilla Brady
Cynthia Brigg
David and Judy Brown
William Brown & Perla Natta
Yvonne and Donald Brandy
Thomas and Sandra Brando
Marianne Calbert
Joe and Diane Calkins
Ralph and Tracy Calzillo
Kennedy and Joanne Campbell
Edward and Crystal Carey '85
Don and Nancy Carroll
Michael Carpenter & Phyllis Nowson
Baronow and Zensula Carpio
Michael and Linda Carroll
Kathleen Carlsberry
David and Rita Chamberlain
Joe and Gladys Chavez
Jill Coffin
John and Karen Cogan
Mauro Collins
Cynthia Cook & Anthony St. Milan
Ana and Joe Corra
Leland and Stacy Crawford
Jerry and Ann Crutcher

Ed and Karen Crockett
Antonio and Carmen Cua
Mark Curran & Margaret Fernandez
Gina D'Agostino
James and Jeanne DeLoey '85
David and Dorothy DeGallo '78
John and Carole D'Elia
Diana DeMaddis
Mabander and Teranya Dhalwal
Carl Dixon
Joseph and Barbara Dorek '75
Josephine Doregas
Robert and Laurel Duggan
David and Patricia Dyba
Mark and Suzanne Eaker
Dorena Easley
Dorell and Mary Egle
John and Helen Evans
Merritt and Nancy England
Mark and Anne Engstrom
Michael and Marianne Evansch
Richard and Jennifer Ewing
Michael and Katherine Faby
Eric and Linda Fel
William and Aylene Ferrone
Greg and Debra Ferreira
Michael Fissas
Donald and Kathleen Fitzgerald
Edward Flores
Jose and Mandy Flores
M. Flores
Stephen and Jill Foulds
Lily and Antonia Forns
Suzanne Fox
David and Jane Francis
Dennis and Sally Fowler
William and Vera Fisher
Amanda and Kristin Galligan '82
Stephen and Karen Gaudin
Richard and Tim Gerfin
David and Kathleen Guertman
David and Terry Gue '76
Deborah George
Robert Glynn '51
Alan Gordon
Dorian Greene
Rose Guerrero
Kerri and Treva Hale
David and Amanda Hall
Dor and James Hanson
Albert and Patricia Harris
Fred and Sandra Harms
Robert and Jacqueline Harms
Stephen and Terry Harris

Joseph and Debra Hart
John and Michele Hayes
Doris and Suzanne Haversick
Steve and Adria Henderson
Nancy Hernandez & Kevin Darla
Sharon Howard
Elin Hultcrantz
Michael and Elaine Hill
Thomas and Kimberly Hirsch
Russell and Carol Hinson
Robert and Donna Hodson
Nicholas and Julia Hoidal
Arden and Cynthia Hoidal
Kenneth and Deborah Hoidal
Loren and Suzanne Hoidal
Gregg and Karen Houston
Christina Houser
Joni Cooperman
Fred Jaber
Dale and Betty Jakubsky '71
George and Joanne Alkhatib
Jackson Properties, Inc.
Paul and Karen Jacobs '77
Stephen Jefferson & Michele Olson
Janet Propert
David and Kathy Johnson
Debbie Johnson
Matthew and Lisa Johnson
Richard and Sherrie Johnson '89
Arthur and Theresa Jordan
Frederic and Catherine Katsimian
Michael and Donna Karadokya
Helen and Arnie Kasari
Michael and Deborah Kennedy
Jerrill and Carol Kishick
Tanya and Loren Kissel
Lynette Kleinfeld-Fornasero
Ronald and Suzanne Kosel
Thomas and Theresa Kennedy
Nancy Kramer
Robert and Priscilla Krain
Russell and Karen Kross
Mark and Monika Ledwith
David and Julie Lee
Keren and Susan Lewis
Shel and Valerie Lethbrun
Adelle and Susan Lewis
Alan and Lynn LeVine
Michael and Diane Lewis '85
Mary Lichtenberger
John Liddle & Deborah Dean
S. Linggayar

Kenneth and Mary Kay Lark
Kerisa and Susan Lipp
Angel and Linda Lopez
Luis and Virginia Lopez
Per-Sling and Christina Lai
Nicholas and Yvonne Latt
Margaret Lyons
Robert and Mary Catherine Lyons
Stephen and Michelle MacKee
Stewart and Nancy MacKenzie
Bruce and Alexa Madwell
Timothy and Leisa Madsen '85
Ken and Sherry Maier
Michael and Christine Malczewski
Robbin and Jane Malin
Vincent and Rene Marzuc
David and Judy Mansfield
Robert and Terrence Mann
K. Brian and Anne-Leth Mallock
William and Donna McDonald
John and Susan McBurney
Douglas and Marilyn Mack
Dagmar and Evelyn Meredick
Robert and Susan Merz
Norman Merzoff
Stephen and Barbara Meyer '85
K.J. Merzowaldner
Philip and Avetika Mijagd
Hilary and Sara Mitchell
Richard and Susan Monroye
Patrick and Pamela Monroye
James Monro & Kristin Wilson
Dorcas Musicko
Bonnie Mulbin
Karen Murphy
Terri and Elizabeth Murphy
Joe and Sharon Nara
Erin and Carmelo Naccarato
Jeffrey and Carolyn Nelson
Edward and Teresa Niata
Daniel Norbee '81
Dorothy O'Connor
Michael and Kathleen O'Connor
Alfred and Kathy O'Hara '77
James Ota & Addi Vaser
Blanca Padilla
Isabel and Nancy Pezz
Edward and Wilma Peiss
Alfredo Peiss
Russell and Jacqueline Peiss
Mark and Patricia Peissel

Howard Shoroff
John Sherman & Arthur Thorne
Victor Skomal
Robert Silva & Patricia Pevone
Steven and Heather Silva
Wesley Silva
Manuel and Maria Silvia
John Sims & Nancy Drabble
Billy and Julia Skarls
Steven and Jackie Slaby '76
Mr. Smith
Sharon Smith-Dwyer
Marvin and Terri Spindel
Richard and Evelyn Spitznwald
Gunter Spitznwald
Thomas and Shelley Stamm '70
Michael and Mary Stimmel
Brian and Nancy Taugher '84
J.B. Taylor
James and Opheelia Torrey
Silvestro and Marguerite Trigo
Susan and Paul Trovsky
Lance and Anne Ulysh
David and Sylvia Valverde
James and Kerri Van Condy
Raymond and Laraine Vaquero
Della Vapp
Rick and Jean Vengata
Marnel and Alice Vera '81
Waltera Veronesi
Bruce and Lynn Walters
Tory Walters & Maureen Sargent
Eric and Carol Ward
Dorothy Warburton
Wells Fargo Bank Matching Gift
Center
Bruce and Jacqueline Whelan
David and Terrell Whitford
Philip and Veronica Wilber
Richard and Terri Williamson
Jacqueline Wilson
John and Kathy Sue Wilson '71
Laurie Wittman
Dale Wing & Cynthia Customons
R. Stephens and Patrick Worman
David and Catherine Wright
Robert and Barbara Zaro

If you have not yet pledged, we encourage you to do so. Your gift is tax deductible; payment options are available. Please contact Debbie Woodford 735-1662 or donor@cedarvalley.com

October 2004

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4 ARBCEFG Board Paper CMG 8:30 pm	5 ARBDFGE Fresh Potatoes	6 ADEBF Cook's Class 1:15 pm Alumni Mtg 6:15 pm	7 BDC Class Paper 1:15 pm Department Meeting - 1st Day Training	8 ARBCEFD Marketing Events Open Mtg Night 7:00 p.m.	9 SAT DHI Sat CMG
10 CB OPEN HOUSE 1:00 - 4:00 pm Announce B.S. Open House 11 am - 1 pm	11 No Classes St. Richard's Day Principals and President's College Paper 7:00-8:00 pm (Location B5)	12 ARBDFGE Social Studies Language Exam No. Reviews Exam	13 Training Day Special Education 10:00-11:00 am English 8, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30	14 ARBCEFD English/Science Exam Technology Conference 1:15 pm Business Conference Mtg. w/ French 40 French of the Arts Mtg. 6:15 pm Night Rally	15 ARBCEFD Homecoming Game @ ABC	16 CBHS Homecoming Dinner 8:00 - 11:00 pm
17 Lecture B.S. Open House 11 pm - 1 pm	18 Credits Due No Classes Faculty Professional Day	19 ARBDFGE Pre-Placement Test Board of Trustees Mtg. 1:00 pm 1900 Parent CMG Mtg. 6:15 pm	20 AEFG Cook's Class 1:15 pm	21 BCD Allot Checks Community Meeting Classical Night 8:00 pm	22 ARBCEFD Scholarship Mtg. 5:00 pm LITFB	23 ACT Sat CMG Annual Fall Home Dinner Crestview Paper 6:00 pm CMG
24 Fresh Faculty Luncheon 8:30 a.m.	25 ARBCEFG St. Francis HS Open House 1 - 4 pm	26 AFDC Fresh Potatoes New Teacher Mtg. 1:15 pm Graduation Mtg. 6:15 pm	27 BDC Class Paper 1:15 pm Department Meeting Fall Sports Rally	28 ARBDFGE	29 ARBCEFD Softball Day No Classes	30
31						

Sep 2004						
S	M	T	W	T	F	S
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Nov 2004						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

October 2004

ATHLETICS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
3	4 BHS vs. Oak Ridge 7:30 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	5 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	6 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	7 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	8 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	9 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	2 CC - York County Inv. @ Hickory 7:30 pm VYHS vs. Sevier vs. Greene
10	11 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	12 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	13 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	14 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	15 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	16 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	23 CC - York County Inv. @ Hickory 7:30 pm VYHS vs. Sevier vs. Greene
17	18 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	19 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	20 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	21 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	22 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	23 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	30 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30
24	25 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	26 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	27 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	28 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	29 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	30 BHS vs. Sevier vs. Greene 8:30 BHS vs. Sevier vs. Greene 9:30	31



Falcon Family News

Christian Brothers High School Monthly Newsletter

November 2004

Dear Parents:

I am often complimented on how well-mannered and polite our students are, how comfortable they are with adults and guests, and how well they carry themselves. I am convinced that the credit belongs to you as parents. However, we also see them in the many other lights and shadows of their days.

In 1703, the Founder, Saint John Baptist de La Salle, published a wonderful little book entitled *The Rules of Christian Decorum and Civility* in which he describes Christian decorum as "that wise and well-regulated conduct which governs what we do and say. It arises from sentiments of modesty, respect, union, and charity toward our neighbor. It leads us to give due regard to proper times and places, and to the persons with whom we have to deal." (4)

We do not live in the France of Louis XIV and so some of the Founder's admonitions and directives are not only inappropriate for today's manners and customs, but are actually quite amusing. I have chosen ten of them for your edification and enjoyment. I want you to see how practical a man he was, how he read the signs of his times and prepared his students for the real world of seventeenth-century France, and how he looked beyond textbooks and lessons to help students live a human and Christian life. Remember that in 1950 Pope Pius XII proudly named Saint John Baptist de La Salle the *Patron of Teachers*—an extraordinary distinction and witness for the universal Church.

When seated, do not sprawl out in a slovenly way nor lean too noticeably against the back of your chair. (10)

It is not appropriate to wear a feather behind your ear or to put flowers in your ear or to have pierced ears with earrings. This is most inappropriate for a man, for it is a sign of slavery, which is not at all becoming. (12)

Do not, however, stare fixedly at anyone, especially persons of the opposite sex or persons of higher rank. And if it is proper to look at anyone, do this in a natural manner, gently and decently, so that no one can recognize in your glances any ill-regulated passion or affection. (20)

After spitting into your handkerchief, fold it immediately, without looking at it, and replace it in your pocket. It is extremely rude to spit out of a window, or into the fire...or even against a wall, or in any place where the spittle can be stepped on. (30)

It is altogether against politeness to lean on your elbows while listening to someone talk. It is even more impolite to do so at table, and to adopt this posture while praying would be a gross lack of respect for God. (32)

When in company it is most unseemly to let gas escape your body, whether from the upper or lower part, even if this done without noise. And it is shameful and disgusting to do so in such a way that you can be heard by others. (37)

Still, it is not always advisable to adopt all the newest fashions right away. Some of them are capricious and bizarre, just as there are some which are reasonable and conformable to decorum...You should also change your shirt frequently, at least every week, and see to it that it is always white. (50-51)

When you are being served sliced portions of meat, it is rude to stretch out your plate hurriedly so as to be one of the first served. This is a sign and consequence of extreme greediness. (65)

With regard to [dances], suffice it to say that these are gatherings where behavior is neither Christian nor refined. They take place at night, for it seems that people want to hide from themselves the unbecoming things that take place and prefer to engage in them under cover of darkness so as to feel freer to do what is wrong. (94)

If any young persons have been left at your house, it is not proper to send them home alone, especially after nightfall; and if it is some distance to their homes, you should take them home yourself or entrust them to some reliable person for this purpose. (107)

The Rules of Christian Decorum and Civility by John Baptist de La Salle, translated by Richard Arandez, FSC and edited by Gregory Wright, FSC in 1990, is available for \$15. Log onto <http://db.cbconf.org/cbc/index.html>. I think the students would enjoy the book and it would make a great stocking stuffer!

For us in 2004, a few practical matters. We do not allow students to wear hats inside of buildings. We teach them to have a firm handshake and to make eye contact when they are speaking to individuals or to a group. Our "dressy dress days" are themselves lessons in how to dress for special occasions. Recently, I have been embarrassed about this generation's notion of appropriate dress for a funeral: shorts, athletic shoes, and young women whose outfits wouldn't pass our dance dress code much less our "dressy dress" code. I wondered how they got out of the house.

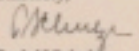
A good friend of mine worked in the Capitol for many years. He regularly interviewed students for internships and adults for other government positions. In going through hundreds of résumés each year, one spelling error was enough to bounce the résumé to the circular file. "The word typo is your problem, not the government's problem." If the candidate was interviewed, how

they dressed and how they conducted themselves were important. A wrinkled shirt or slacks, a too-short skirt, and a five o'clock shadow were death knells.

Preparing students for "life" was a foundational element of the Founder's mission to provide students with a "human and Christian education." He wrote another book entitled *The Conduct of Schools*—a kind of recipe book for school administrators—which discusses daily life in the schools, establishing and maintaining order in the schools, and the training of new teachers. How students conducted themselves, the life lessons they were taught about manners and civility,

and their preparation as good and productive citizens of society were of paramount importance because these were means to an end: the salvation of their souls through a good, healthy, and productive Christian life. That's all that really matters to us here: the salvation of their souls.

Sincerely,


Rudolf Schulze
Principal

Campus Ministry News

A Prayer of Thanksgiving by Joseph Auslander

*We thank thee for our daily bread,
For faith by which the soul is fed,
For burdens given us to bear,
For help that lifts the heart's despair.*

*We thank thee, Lord, for eyes to see
The truth that makes and keeps us free;
For faults – and for the strength to mend them,
For dreams – and courage to defend them.*

*We have so much to thank thee for,
Dear Lord, we beg but one boon more:
Peace in the hearts of all people living,
Peace in the whole world on this Thanksgiving.*



Retreats

Kairos 4 was a bonding experience of faith and fellowship at Christ the King Retreat Center in Citrus Heights. The 24 retreatants came to know themselves, their classmates, and their relationship with God on a deeper level. Many thanks to the student leaders who put hours of time into preparing and leading this retreat: Jordan Miller, Grace Blacksea, Courtney Vellanoweth, Katie Roth, Katie Nsehaus, and Lauren Struebing. Many thanks to the adult leaders for their faith-sharing over the four-day retreat: Mr. Dave Nelson, Mr. Tomas Capogreco, Ms. Linda Moulton, Mr. Damon Summers, Mrs. Elizabeth Coyner, Mr. Paul Hovey, Mrs. Susannah Nelson, and Fr. John Folmer.

Senior Retreat Dates:

Kairos 5 - January 25-28

Kairos 6 - March 15-18

Sign-ups for these retreats are now available in the Campus Ministry office.

The Frosh have been enjoying the facilities of the Mareello Youth Retreat Center in Loomis and the exploration of who they are as new members of the Lasallian family on the **Frosh Retreats**. Many thanks to their religious studies teachers for accompanying them on these special days of discovery and camaraderie. Special thanks, also, to the Senior Retreat Team Leaders who lead the Frosh in activities and discussions throughout the day. The last Frosh Retreat is **November 5** with **Ms. Greene's D set** and **Br. Dat's C and F sets**.

Sign-ups for the **Sophomore and Junior Retreats** will be available in December.

NEWS FROM THE GUIDANCE DEPARTMENT

A Word to Senior Parents

Mrs. Hesser, Director of Guidance Services and College Counselor

The Senior class is involved now in the very serious business of applying to colleges. The first of the early applications have already been mailed, and both the University of California and California State University applications have a November 30 deadline. The process of application, with its possibility of rejection as well as acceptance, is stressful for everyone involved.

Some of the stress can be reduced. By and large, the seniors have the process well in hand and there should be little or no last minute panic. Essays are being written, auditions prepared, portfolios assembled. Students have contacted their recommenders. Students who are still selecting colleges to which they will apply have taken the standardized testing, determined their priorities, and organized the task at hand. To be so well into the process in early December means that students have time to present thoughtful applications.

At September's National Conference of College and Admissions Counselors, several sessions addressed various tension points in the process of communication between applicant and college. One of them is this: as deadlines are met, the colleges' admission offices fill up with mail (applications, recommendations, transcripts, and so forth) -- all of this needs to be filed before folders are read. Often, during the filing period, colleges send letters to applicants noting that some materials are not yet in the files. Don't panic! The material in question is usually in the admissions office itself, somewhere in those sacks of mail and yet to be filed. The letters go out as a sort of insurance. Admissions offices, too, are under pressure to get all the folders complete for timely and considered reading. Harvard, for example, is very careful when asking for a second copy of any material to note that this sort of difficulty would in no way jeopardize an applicant's chance of admission. This assurance was reiterated at the conference by spokespeople at many college admission offices. The appropriate response to a letter like this is merely to ask me to call and verify the file. By the time the student speaks to me and I call the Admissions Office with a request to check the file, it is usually complete. I keep copies of everything that is mailed from the College Office, and encourage students to keep copies of their applications. Colleges also encourage making a copy of all application materials for the student's own records. Should any document be missing from an admissions file, there is plenty of time to fax a duplicate. The sooner I am contacted, the sooner I can ease everyone's concerns.

As your student completes and sends the applications, the pressure is reduced. The anxiety of waiting for the colleges responses, however, remains. Your confidence in the positive outcome of your child's application work is a great support -- as are your congratulations on the completion of a complex task. The class of 2005 is working hard on the college application process, and I congratulate them on a job well done!

REMINDER!

Financial Aid Night for Seniors and Their Parents is coming up December 1, 2004 at 7:00pm in the CB Cafeteria. Mr. Tim Bonnel from the California Student Aid Commission will be speaking. He is very knowledgeable and will go over the FAFSA, Cal Grant information, etc. See you there!

HELP FOR PARENTS

The CB Wellness Information Night (WIN) will be held November 17 at 7:00 pm in the CBHS Cafeteria. Kent Morrison, our Wellness and Prevention counselor, will discuss topics including drug use, drinking, and parties. The intent of this informational evening is to help our parent community become more aware of what potential risks are facing our children. The meeting will not only outline possible risks but also provide parents with skills to help their children overcome some of today's pressures. Please join us for an informative evening and bring any questions or concerns you may have. We look forward to seeing you there. Also, Jesuit Parents in Touch (JPIT) is hosting a November meeting Tuesday, November 30, 2004 at 7:00pm in the King Library on the Jesuit campus. This month's topic is "Parenting an Adolescent" presented by Michael Cheney and Therese Sorrentino. Christian Brother's parents are encouraged to attend and join with Jesuit to help guide our children through the high school years.

*Report Card Night has been moved to
Thursday, November 4, 2004
5:30 p.m. - 8:00 p.m.*

Dear Parents: Because of Election Day (November 2nd), we have moved
Report Card Night to Thursday, November 4th.

The faculty looks forward to visiting with you on Report Card Night to discuss your child's progress.

STUDENT ACTIVITIES



The Senior Leadership Class is hosting our annual *Blood Drive* on November 9 from 9:00 a.m. until 2:00 p.m. in our newly renovated Ron Limeberger Gymnasium. Your donation will be used to make a difference in the lives of children with leukemia, burn victims, transplant patients and those who will undergo surgery.

To be a donor, you must have a picture I.D., be at least sixteen years old (with signed parental consent), weigh at least one hundred ten pounds, be free from cold or flu symptoms for forty-eight hours and have good health. Please eat a healthy meal and drink plenty of fluids.

This will be a good opportunity for our alumni to stop by, visit your old/new gym and be of service to those in need.

Documenting Community Service

If you are interested in continuing to encourage your daughter/son to volunteer outside of the 8:00am – 3:00pm school day, please see the section below outlining how to document their time.

- Students who volunteer can document their hours for college applications
- Students can pick up a new form in Campus Ministry or on our website under Campus Ministry & Service Program
- Students should fill out one form for each agency or placement where they volunteered
- Students need to assess themselves and have a supervisor sign the paper

Service hours can include but is not limited to volunteering at a Harvest Festival, an elder care facility, helping at a fundraising/awareness raising walk, tutoring, or helping a neighbor who is unable to mow her/his lawn. These are all great ways to reach out and help others. If you would like further information please see our "Service Board" or Ms. DeBenedetti-Emanuel in Campus Ministry.

"Oki-Ni-Soo-Ka-Wa" – Come and See

From November 5-11, 2004, eleven students and two staff members will experience an Immersion Retreat, or VENAVER, at the De La Salle Blackfeet Middle School on the Blackfeet Native American Reservation, Browning, MT.

The VENAVER program is an intense immersion experience in which the students have the opportunity to journey to the Blackfeet Native American Reservation in Browning, Montana, in order to see, experience, and live for 5 days in a setting unlike any other. The VENAVER experience allows the student the opportunity to move beyond his or her own known borders and to live and serve in another culture. It is hoped that the "moving beyond the border" is more than crossing into the reservation, but really an intellectual, spiritual, social, emotional, and communal experience as well.

The eleven students, as well as, the two moderators, Stephanie DeBenedetti-Emanuel, Director of Service Learning, and Rolf Schumann, Assistant Principal, have been preparing for six weeks for this awesome adventure.

Liturgies

The newly elected Fresh Class Officers, Francesca Arostegui, Adrian Speed, Alexandria Dhaliwal, Akilah Jones, Dillon Ashley and Monica Hudnall, and their class moderators, Ms. Theresa Kamik and Mr. Danny Delgado, worked hard to prepare and present the *Freshman Family Liturgy* on Sunday, October 24, 2004. The choir, under the direction of Mr. Ron Slabbinck, shared their musical gifts as they led us in song. Our presider, Fr. Jack Folmer, spoke about their theme, "Let Yourself Shine Through Your True Colors." Thanks to all the talented and energetic Freshmen who served as greeters, altar servers, readers, and members of the processions. It was worship well done!

All students and parents are cordially invited to join with the entire Christian Brothers community for the

Ron Limeberger Gym Dedication

Sunday, November 21, 2004

10:00 a.m. Mass celebrated by Bishop Richard Garcia

11:10 a.m. Dedication Ceremony

11:30 a.m. Light Branch

Please RSVP—733-3600

The Thanksgiving Liturgy will be celebrated on Tuesday, November 23, 2004, at 9:30 A.M. in the Ron Limeberger Gymnasium.

PARENTS ARE ALWAYS WELCOME AT OUR SCHOOL LITURGIES.

CHRISTIAN BROTHERS ATHLETICS

Cross Country: Once again, the CBS cross country team has shown its mettle against some formidable opponents. In our second SVC league meet at Cordova, the frosh/soph girls and boys finished second in their respective races. Our varsity boys again finished fourth with Ryan King leading the varsity charge in a very competitive race. On October 16 in Hayward, CBS once again proved itself to be an up and coming force as the frosh/soph boys finished second in the small school division. Lead by the second place finish of freshman George Canto-Cook, the team took over several of the top twenty positions and refused to relinquish them. Other highlights of this meet were Eric Liddle, Matt Delgado, Tommy Roybal, Jose Nieto, Jon Soto, Larry Morla and Jon Gayton. On the girl's side, the frosh/soph girls were spectacular. All Clark finished seventh overall with Katie Holst and Elisa Cuomo finishing close behind at 11th and 16th. Senior Ryan King, Junior Matt Smolich and senior, Gary Miguel also earned medals in the varsity small school division. Senior, Annie Conley, dropped nearly five minutes off last year's time earning a medal in the varsity girl's race. Other notable performances included personal best races by Haley Cavanaugh and Jane Valen in the frosh/soph girl's race along with Brian McGovern in the frosh/soph boys race.

Football: Our Homecoming game vs. the Placer Hillmen was one of the best of the season. With the fired up CB crowd and some inspired play by our athletes, we were in it until the final drive of the game. Defensively we played a 'head but do not break' game that had numerous stops in key situations throughout the contest. Blake Mendoza, Kameron White, and Calvin Ruiz applied pressure up front all night. Other noteworthy defensive performances included Jake Jablonsky, Chris Vassell, and Anthony Molina. Collectively the CB defense held Placer in check for most of the game. Pivotal Defensive stops turned into opportunities for the offense that was moving the ball up and down the field behind Ryan Boemer and the running of Rashad DuPaty and Chris Vassell. With these unfortunate turnovers in Hillmen territory (that would have all but guaranteed victory) the offense came through when needed most late in the 4th quarter. Chris Vassell capped off the drive with an apparent game winning TD run with 3:25 left in the game. Unfortunately, it was about a minute too much time. The Frosh team is off to a 3-4 start behind Blake Edwards and Julian Vallejo.

Boys' Water Polo: We are almost done with our second year of Boys Water Polo at Christian Brothers High School, and we have notched our first victory in CB history. We won our first game in a scrimmage against Franklin High School 18-2. We are in a new, more experienced league this year. Each game we play we get better, A LOT BETTER!!! Game scores are getting closer and the players themselves are looking stronger. Lead by team captains Stewart Winslow and Alex Kemper-McCall, the team improves with each game. Stewart, who leads in scoring, is averaging four goals a game. Alex Kemper-McCall is our fast-break man and our fastest swimmer. In the goal cage we have senior Spencer Murphy, in his first year of play, averaging 12 saves a game. We could not be more proud to have today with our supporting players who include Addison Flynn, Keith Lui, Kevin O'Connor, Alex Newcomb, Trevor Messick, Justin Perez, Blake Miller, and David Tracy, all who play hard game in and game out. Look for CB to close with a very strong season this year.

Girls' Water Polo: In their first season, the girls are improving with determination. The team has yet to win a game, but for these girls, winning isn't everything. Step by step, the girls are improving their sprinting, ball handling skills, shooting and their defense. Their progress is not only noticed by their coach, Diane Peck, parents and the players themselves, but by their opponents. Leading the team are captains and starters Stacey Howell (junior) and Hannah Murphy (sophomore). First-time goalie, Claire Peletta (freshman), is diminishing her opponent's score with the help of drivers Liz Olveda (junior) and Jenny Stathos (senior). Pam Mosburger (sophomore), and Mallory Weddle (junior) provide a tough defense, while Ashley Aurich powers the ball into the goal. All of the girls are first-time water polo players, but prove themselves to be quick learners with endurance, skill and Falcon spirit!

Girls' Volleyball: The girls' varsity team is battling hard the 2nd half of league play for a playoff berth. Competition is tough in the SVC so the girls will have to bring their A game to achieve. Sophomore outside hitter Nicole Link leads all hitters with 111 kills, followed by our middle hitters Brittany Woodard with 99 and Cara Crowder with 85. Brittany also leads the team in blocks with 81. Senior captain Ana Carrasco leads the team with 42 service aces. Defensive specialists Kayla Simas (46 digs) and Kelly McGrane (49 digs) are playing great defense. The freshman girls started out on fire with an 8 - 1 record. Unfortunately, they ran into some tough competition for a two-week stretch dropping 4 of 5 matches. They look to rebound and finish strong in the league finale and Tournament of Champions. The team is led by the outstanding all-around play of Niesha Reed and Emily Johnson. The strong defense is anchored by the steady passing of Ashley Ferrierse and Siena Encinas. Finally, the leadership of team captains Vanessa Parga and Annie Steinel has opened up the team's strong hitting attack.

Girls' Tennis: The season is already winding down, and as our girl's head into league finals we can be assured of more great success stories. Some particular standouts from the second half of our season include a heart-pounding third set tie break win from our number 3 doubles team senior Catherine Lyons and freshman Jackie Ruiz. Sophomore Sidney Scheideman has returned to the team after a shoulder injury and dominated her competition with easy victories over Cordova, and Penderosa. Likewise, seniors Angela Stasi and Teal Burger have also continued their fabulous seasons with multiple wins at the number 3 and 4 singles spots respectively. We'd also like to give a shout out to senior Christine Amorose who stepped up her game play and had her first singles career win over Rosemont.



NEWS FROM THE... *Advancement Office*

MEETINGS & NEWS... *Booster & PSO Parent Groups*

Now that fall is upon us, we hope your family is happily adjusting to the new school year! This is a very busy time for the Advancement Department. We are in the middle of our Annual Giving Campaign and Gym Improvement Fund drives. The Boosters are in full swing with Crab Feed planning, and the PSO are participating in any and all school related activities. The Alumni Department is reeling from another successful Wine Tasting, and planning for the Annual Alumni Appeal Campaign in the spring. We would like to thank all of our students, parents and alumni for your support in all that we do. We are off to a wonderful start, and, with your on-going support, looking forward to achieving great things over the course of the year!

NOVEMBER All meetings open to parents. **JOIN US!**

11/1 Booster Club General Meeting 6:30 pm in Bertram Hall Boardroom

11/17 Auction Planning Meeting 7:00 pm in Bertram Hall Boardroom

Update: There will NOT be a Parent Support Organization meeting in November.



CRAB FEED & DANCE - NOVEMBER 6, 2004 Tickets on sale NOW! \$50.00 per person.

Reserved seating for an all you can eat Crab Dinner with Antipasti, Rigatoni and Dessert. CB Jazz Choir will perform from 6:15-7pm. Dance music by Danelectro. Have you made your reservation? Call 916-733-3600 to reserve your seat!

Annual Giving Program:

If you have not yet pledged to the campaign, we encourage you to do so. Your gift is tax-deductible, and payment options are available to fit any budget. We are hoping for 100% participation by the end of the year, but we need your help. The multiple year pledges, as well as one time contributions, can involve various dollar levels and payment plans. This flexibility should allow every family to participate at a level commensurate with their ability. Remember, gifts of \$1000 or more will qualify you for our Ambassador's Club Dinner in February 2005. You can also support CB through a United Way payroll deduction. Our United Way code is 05219. If you are giving through United Way, please notify Debbie Woodsford, Senior Advancement Director at (916) 733-3605 or e-mail dwoodsford@cbhs-sacramento.org

BUZZ BOOKS (Family Directory and Information Guide) **ARE READY TO BE PICKED UP. YOU OR YOUR STUDENT CAN PICK THE BOOKS UP IN BERTRAM HALL FROM 8:00 AM-3:30PM.**

CB Seeks Director of Advancement

Christian Brothers High School is seeking a high energy leader for the position of Director of Advancement. Candidates must have a strong moral character, three years of experience in fundraising, and a demonstrated commitment to Catholic education. The Director is a member of the Management Team and reports directly to the President. He/She is responsible for all fundraising and public relations. If you are (or someone you know is) qualified and interested, please contact the President's office at 733-3650 to receive additional information.

PLEASE CUT & RETURN:

**I WOULD LIKE TO VOLUNTEER FOR THE USS FALCON AUCTION CRUISE
TO BE HELD AT CBHS ON MARCH 5, 2005. PLEASE CONTACT ME.**

NAME:

PHONE:

I would like to work in the following areas: (Please circle)

- Silent or Live Auction
- Food & Beverage, Set-up, Decorations
- Business Office & Check out (Cashiering, Bagging, Computer entry)

This event was not on the volunteer form mailed to your home this summer. We need all hands on deck to send our guests on a memorable voyage. Please fill out the enclosed form and return to the Main Office or contact Karen Weddle (916) 457-5509 or Glen Cagley (916) 802-0587.

AUCTION VOLUNTEERS - C/O DONNA ADAM, ADV. OFFICE

Christian Brothers High School
Presents

Information: 916-733-3600
4315 Martin Luther King Jr Blvd
Sacramento, CA 95820

Arsenic & Old Lace

ADULT \$7 - STUDENT \$5
LIMITED SEATING

When	Price	When	Price	When	Price
Friday	November 12 - 7:30pm	Monday	November 15 - 7:30pm	Thursday	November 18 - 7:30pm
Saturday	November 13 - 2:00pm	Tuesday	November 16 - 7:30pm	Friday	November 19 - 7:30pm
		Wednesday	November 20 - 7:30pm	Saturday	November 21 - 2:00pm

Christian Brothers High School proudly presents the rollicking romantic dark comedy *Arsenic and Old Lace* by Joseph Kesselring. The show dates are November 12, 13, 18, 19, and 20 at 7:30 pm and November 21 at 2:00 p.m. in the Little Theatre at Christian Brothers. Contact Ms. Loretta Kenney for information at 733-3600 extension 1048. Come and join us for a fatally fun affair.

Visual and Performing Art News

California Musical Theater

Students have had some great opportunities this year because of the new partnership CB has with the California Musical Theater. In Sept. Tony Award nominee John Herrera visited the school and gave workshops for several classes. Students were also treated to the Music Circus production of *Jesus Christ Superstar* in which Mr. Herrera played Pontius Pilot. More recently, CB was given an opportunity to meet many of the actors and the producer of the Broadway Series production *Hairspray*. The California Musical Theater is also planning to help with the upcoming production of *Arsenic and Old Lace* as well as the One Acts and spring CB musical. We are extremely grateful for California Musical Theater's generosity and enthusiasm and look forward to working with them.

Friends of the Arts

This year the Friends of the Arts has continued to grow and be active in all of the arts on campus. It is a pleasure to announce that a new board has been elected to lead the over 100 member strong group of parents and volunteers. Under the chairmanship of Lon Burford, the FOTA are actively planning for this years' events and beyond. For a full listing of the board, or for info on how to contact FOTA, please email Kevin Haag at khaag@cbhs-sacramento.org or call 733-3600 ext 1064.

Lasallian Youth

Lasallian Youth, a school service club, will be sponsoring a holiday party for Oak Ridge Elementary School students in preschool through third grade. This includes over 300 students in 16 different classrooms. The club needs the help of the entire CB community.

The holiday celebration will be a *Christmas party* complete with a visit from Santa Claus and a present for every boy and girl. This is where *Lasallian Youth* needs the most help from the community as we need more than 300 presents. Can you make plans to buy and wrap a Christmas present for an Oak Ridge boy or girl? In November look for the opportunity to sign up. Then bring your wrapped present to Campus Ministry between December 1st and 7th. We will host the students on our campus on *Red and Green Spirit Day*, December 10, 2004. Other ways you can help include decorating for the party, escorting the classes between the campuses, joining in singing some carols and helping to sign up the gift donors. Please prayerfully consider how you can support this Christmas outreach ministry.

Future service opportunities we have planned include Oak Park Community cleanups on February 12th and April 9th. For further information on any of these activities contact *Lasallian Youth* Moderator Elizabeth Coyner by email: ecoyner@cbhs-sacramento.org.

REMINDERS FOR PARENTS

Parent/Student Handbook - pages 14-15

Planned Absences

Requests for permission to miss part or all of a school day for any other cause than those defined in this Handbook as "excused absences" must be submitted in writing, using the "Absence Permission Form," five (5) school days before a decision is needed. Each of the student's teachers must acknowledge the absence and sign the "Absence Permission Form" in order for it to be excused without further consideration.... If the request is approved by the Dean, the absence will be considered "excused. The student is then responsible for class work missed and is to follow the guidelines established and published by the teachers regarding missed tests and quizzes. If the request is denied by the Dean, any absence will be considered "unexcused."

College Visitations

Seniors and juniors are permitted two school days to visit colleges although they are encouraged to visit colleges during Christmas and Easter vacations and on other school holidays. Students must clear these visits beforehand through the Director of Guidance Services. Students are responsible for all work missed while absent. The "Request to Visit a College Campus" form is available in Brother Edward Hall and must be approved by the Director of Guidance Services in advance of each visit so that the absence is excused. The Director of Guidance Services will file a copy with the Attendance Office. If the absence is not cleared in advance, the Dean of Students will consider the absence "unexcused" with its attendant consequences. Upon returning to school, a completed "College Visit Evaluation" form must also be filed with the Director of Guidance Services. This procedure applies to each campus visit.

October Alumni Association News

The Alumni Association would like to thank JoAnne Payan, PSO Volunteer Coordinator, and all her many volunteers for their help with the 17th Annual Wine Tasting Extravaganza. This year's event hosted over 1,800 guests and generated a record \$53,000 in revenue. Many sponsors, vendors and volunteers contributed the necessary funds, time and energy to make this event another big success.

Next on the Alumni Association calendar is the Annual Alumni Dinner featuring the Class of '55. They will be celebrating their 50th Anniversary and will be receiving their Golden Diplomas on the night of January 22, 2005.

Mr. Schulze's Turkey Stuffing *Tacchino Ripieno*



Ingredients:

1 stick of butter	3 slices of prosciutto (thickness of a quarter, cut into 1/2-inch squares)
Olive Oil	1/2 cup of pine nuts (lightly toasted)
2 eggs (slightly beaten)	1 - 1 1/2 cups of white and wild rice
3 garlic cloves (finely chopped)	2 cups unseasoned croutons (homemade or good brand—Acme, Grace Baking)
3 medium onions (finely chopped)	1 cup good white wine (Chardonnay)
1 bunch of celery, including leaves (chopped)	1/2 t thyme
1 Granny Smith apple (peeled, cored, and diced)	salt and freshly ground black pepper
8-10 fresh mushrooms (medium size, sliced)	
3 mild Italian sausages	

You need 3 pots going on at the same time! (Or pace yourself!) (1) Cook the rice according to directions and allow to cool thoroughly. (2) Remove the sausages from their casings, cook thoroughly in a skillet with 2 T of olive oil over medium-high heat until browned, breaking up the meat with a fork. Drain and pat dry with paper towels. (3) In a skillet, melt 4 T of butter and 2 T of olive oil and sauté garlic, onions, and celery until the onions are a light golden color (about 10-15 minutes). Add apples and mushrooms and cook about 10 minutes, stirring occasionally. Add 1/2 cup of (good) white wine. (If you wouldn't drink it, don't cook with it!) Add cooked sausage and prosciutto and cook for three minutes more. Cool the mixture thoroughly. When everything is cooled, combine mixture with rice, croutons, eggs, pine nuts, and 1/2 cup of white wine. You may use more or less wine, rice, eggs, or croutons than indicated, so add them slowly until the proper "stuffing consistency" is achieved. When in doubt, add more rice or croutons! Refrigerate before using.

Either stuff the bird (Don't overstuff!) or serve in a buttered casserole (325 degrees for 35-40 minutes). Be careful that the stuffing doesn't dry out in the oven—use more wine! *Happy Thanksgiving!*

November 2004

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 ABCDEF AB Sublet Day Library 9:30 a.m. Chess Chess Day	2 ABDEF Banned Paper (No. 10) 4:30 pm	3 ABCDEF Chess Chess 5:15 pm Chess Chess 6:00 pm Chess Chess 6:45 pm	4 BCD Chess Chess 5:15 pm 5:45 pm Fall Sports Study	5 BCDE Chess Chess 5:15 pm 5:45 pm Fall Sports Study	6 ABCDEF SAT US 10:00 a.m. Lecture of A. DeMunnick 6:00 pm 7:00 pm Chess Chess Four and Seven	7 ABCDEF Chess Chess 5:15 pm Chess Chess 6:00 pm Chess Chess 6:45 pm	
8 ABCDEF Chess Chess 5:15 pm Chess Chess 6:00 pm Chess Chess 6:45 pm	9 ACDE Blood Drive	10 BCD Chess Chess 5:15 pm Chess Chess 6:00 pm Chess Chess 6:45 pm Fall Play Faculty Preview 4:15 pm	11 BCD Veterans' Day Holiday No Classes	12 ABCDEF Chess Chess 5:15 pm Chess Chess 6:00 pm Chess Chess 6:45 pm Fall Play Faculty Preview 4:15 pm	13 ABCDEF Chess Chess 5:15 pm Chess Chess 6:00 pm Chess Chess 6:45 pm Fall Play Faculty Preview 4:15 pm	14 ABCDEF Chess Chess 5:15 pm Chess Chess 6:00 pm Chess Chess 6:45 pm Fall Play Faculty Preview 4:15 pm	
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Nov 2004

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November 2004

ATHLETICS

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	1 HS Golf Team TBA Winter Sports Dept	2 HS & B1 Physics at New River 3-41 HS Tennis - League Single HSFB or club Single + you	3	4 HS Tennis - League Double	5 HS Soccer Playoff TBA Franklin HS @ Condon 1:00 PM	6 HS Soccer Playoff TBA CC Submarine @ Anglin Camp																																																																																																		
7	8 HS Golf National TBA HS Tennis - Team Double TBA	9	10 HS Tennis Section Team TBA	11	12 HS Tennis Ind. Section TBA Franklin HS @ Union Mills 1:00 PM	13 HS Soccer Playoff USF Browns Creek Field CC Section TBA																																																																																																		
14	15 HS Tennis Section Team TBA	16 HS Tennis Section Team TBA	17	18 Winter Athletic Mgt. Activity See	19 HS Football Playoff Game TBA	20 HS Soccer Playoff Finals @ USE Wrestling Tournament TBA																																																																																																		
21	22	23 HS Golf Team TBA	24	25	26	27 HSFB - For Action @ Mason's Center CC Meet TBA																																																																																																		
28	29	30 Foundation Fundraising game HS V. MS @ Lorenz's Gym	<table border="1" style="float: right; margin-right: 20px;"> <tr><th colspan="7">Oct 2004</th></tr> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td></tr> </table> <table border="1" style="float: right;"> <tr><th colspan="7">Nov 2004</th></tr> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td></tr> </table>				Oct 2004							S	M	T	W	T	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			Nov 2004							S	M	T	W	T	F	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
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Falcon Family News

Christian Brothers High School Monthly Newsletter December 2004/January 2005

Dear Parents,

Thank you for your prayers and words of encouragement these past few weeks. It is an understatement to say that our faculty/staff was shocked and saddened by Mr. Schulze's untimely death. At the prayer service Monday morning following Mr. Schulze's death, senior Roxanne Campos said, "Faculty, you have been there for us. We are here for you now." Her words were so mature and so sincere. Thank you also for your patience this past month. It has been very important to us that your daughters and sons continue to experience an excellent Lasallian education despite administrative challenges behind the scenes.

Mr. Schulze was known for his witty and poignant letters to parents. Although it will be difficult to fill Mr. Schulze's shoes, an administrator will continue to communicate timely thoughts to parents in each edition of the *Falcon Family News*. With this issue, I wish to communicate to you our operational response to the unforeseeable loss our school community has suffered.

As president, it is my responsibility to hire a principal. This is my single most important responsibility. In my eight years as a Catholic high school president, I have had to hire an interim principal and a long-term principal. In approaching our situation this past month, I have drawn on those experiences. I have also consulted with members of the faculty/staff, the Board of Trustees, and the broader Lasallian family of the District of San Francisco. Our school community is fortunate to have so many caring individuals.

I am pleased to announce that Brother Dan Morgan, FSC will serve as our Interim Principal for the remainder of the 2004-05 school year. His first official day will be Monday, November 29. Brother Dan comes to Christian Brothers H.S. with 25 years experience in Catholic secondary education. He has served at five schools in a variety of capacities, including two stints as Principal. He taught at CB from 1980 to 1985 and during the 2003-04 school

year. He holds two Masters Degrees, one in Communications and one in Education. Brother Dan was enjoying a sabbatical in the state of Washington this year. He has agreed to postpone his studies in order to return to CB. We are very fortunate to have a person of Brother Dan's character and experience to serve our school community under these circumstances. It is a strong sign of how devoted the Christian Brothers are to our school.

As Interim Principal, Brother Dan will work closely with Mr. Barsanti, Mr. English, Mrs. Powers, and Mr. Schumann, as well as the rest of the faculty/staff to ensure that this school year continues to provide excellence at all levels for our students. We have a very strong and mission-oriented administrative team. I am confident they will work well with Brother Dan to serve your sons and daughters. Although he is an Interim Principal, Brother Dan will have the authority to make any and all decisions that normally fall on the desk of the Principal. Brother Dan will also ensure that we continue to look beyond the immediate to ensure that Christian Brothers continues to be a leader in Catholic education and a servant to our Church for future generations. To this end, he will be instrumental in ensuring a smooth transition to a long-term principal. A thorough search process to attract a long-term principal will begin after the holidays.

Advent is a time of new beginnings. As we wait with breathless anticipation for the celebration of Our Lord's birth, let us all take time to count our blessings. It is hard to understand why God took Mr. Schulze. Ours is not to understand. Ours is to have faith that Rudy is reveling in the joy of eternal life. Ours is not to dwell on the blessings He has chosen to take from us, but rather to enjoy the blessings God has given us.

Sincerely,

Lorcan P. Barnes
President

Campus Ministry News



They waited four thousand years –
the People of God . . .
Waiting to be redeemed, waiting to be brought back
from all that snatches us up into slavery and sin.
That is the real waiting.
We wait for weeks.
Really, we, too, wait a lifetime.
For waiting is the stuff of life,
waiting is the stuff that gives us grace
to understand gift,
patience,
humility –
the miracles of time.
O Lord, help us to wait,
watch,
keep vigil,
understand and love these passing days
until your Son is born again
in our vacant, yearning bodies.



May you and your family enjoy a peaceful and prayerful Advent – all the joys of the Christmas season – and a New Year filled with God's grace and blessings.

Sophomore Retreats

Sophomore retreat dates: Feb. 1, March 1, April 12, and April 29. These retreats are optional. Students interested in attending must sign up in the Campus Ministry office.

Junior Retreats

Junior retreat dates: Feb. 18, March 4, and April 26. These retreats are optional. Students interested in attending must sign up in the Campus Ministry office. The Junior Kairos will be held May 31-June 3. Sign-up sheets are now available in the Campus Ministry office for this retreat. Juniors may attend the Junior Retreat **and** the Junior Kairos, if they so desire.

Senior Retreat

Kairos 5 will be held January 25-28. Sign-up sheets are now available in the Campus Ministry office for this retreat.

Any questions? Call Mrs. Susannah Nelson, Director of Campus Ministry, at 733-3626.

Liturgies – We had the opportunity to gather at three liturgies in November: November 1, All Saint's Day, November 21, Gym Dedication, November 23, Thanksgiving Liturgy. We thank our guest presiders for coming to CB to share with us in prayer. Please join us for the **Immaculate Conception Liturgy on Wednesday, December 8 at 9:30 a.m.**

Service Learning

The Science Department implemented a successful Thanksgiving basket food drive for the St. Francis Terrace. They filled over 40 baskets with food to be distributed to low income families in Sacramento.

LaSallian Youth

LaSallian Youth is hosting our annual Oak Ridge Christmas Party. They are gathering gifts for the Pre-K – 2nd grade students at Oak Ridge Elementary School. All the gifts will be distributed by Santa Claus and his elves, to share some Christmas cheer. On behalf of LaSallian Youth's Christmas Party for Oakridge Elementary School, thank you for your generosity and support. Merry Christmas!

Painting the Labyrinth at Christ the King Retreat Center was cancelled due to rain. It will be rescheduled.

Oak Park Community cleanup with the Sacramento County Sheriff's Department and District Attorney's Office is scheduled for February 12 and April 9, 2005. Both events are on Saturdays from 8:30 a.m.-12:30 p.m.



NEWS FROM THE GUIDANCE DEPARTMENT
Mrs. Hesser, Director of Guidance Services and College Counselor
About College Entrance Exams

Most colleges and universities require a college entrance test score as part of the application process. The two national tests are the ACT (American College Test) and the SAT I (Scholastic Assessment Test). Most four-year colleges and universities will accept either score. Here in the West, the SAT is more widely known and three times as many students take the SAT as the ACT. Both tests are offered at local area high schools 6-7 times throughout the year. Christian Brothers is a test center for both the ACT and the SAT - we administer both exams on dates in October, April, and May.

Research indicates that students often perform differently on the ACT and SAT I. The tests, while considered equally for admission, are different in the material covered. The ACT test content has four areas: English, Math, Reading, and Science Reasoning. The goal of the ACT is to measure academic achievement in the four areas and contains analytical and problem-solving exercises related to what has been learned in class. Beginning in March 2005, the ACT will also offer an optional Writing section. The NEW SAT I (first exam March 2005) tests critical reading, math skills, and writing, and is designed to measure academic aptitude in analytical skills, numeric reasoning, and writing. **Current juniors should use the next few months to prepare for the new SAT and plan on taking it for the first time in March.**

Though the trend seems to be to begin taking these tests earlier and earlier in a student's high school career, we do not see any significant benefit to this action. Taking the tests too early is not advised, especially if the student has not covered the course work necessary to gain the skills needed for a successful testing experience. Since Christian Brothers has all sophomores take the PLAN test (the practice ACT exam) and all juniors take the PSAT (the preliminary SAT exam), we have avenues for students to explore the testing experience. There is never a penalty for taking a test early, however, or for taking a test more than once. Colleges will see every score, but always take the highest score. The UC system takes the best score from one sitting; many private colleges and the CSU system will take a student's highest score from each section from different sittings and combine them into the highest possible score.

Since colleges will accept either the SAT or ACT and take the highest score, we recommend that students take **both** tests. A student who has had three years of science may do better on the ACT; a student who is strong in English and writing may do better on the new SAT. It will help to compare results from the PLAN and the PSAT and see which score is stronger to help predict your score on either test. By taking both exams, students increase their chances of achieving a successful score.

SAT II tests are subject area tests that UC and some selective private colleges require. Beginning in March, the UC system requires two subject area tests that are the student's choice (in addition to the SAT I or ACT). It is important to register and take these exams by fall of the senior year.

We recommend juniors take the tests in the spring of their junior year. They will then have time to take the tests again in fall of their senior year if they wish to improve their scores. Seniors should not take the tests into the year 2005, as these test dates are too late to be submitted with other application material. Students should register for the SAT test online at www.collegeboard.com and the ACT at www.act.org (or paper registration packets are available in Edward Hall).

Admission test scores are only one piece of information a college looks at when considering applications. A student's GPA, number and rigor of college prep courses completed, and other factors are also considered. These factors include co-curricular activities, the college essay, community service, and other aspects of the individual that make him/her distinctive. It should also be noted that a growing number of schools are accepting applications with no testing requirement; instead they are requiring writing samples or other data. Be sure to come to College Nights here at CB and check out the college section of the CB website for more information.

Important Dates to Remember:

SAT I & II:	Deadline to register:
January 22	December 20
NEW SAT I - March 12	February 7
May 7 @ CB	March 25
June 4	April 29
ACT:	Deadline to register:
February 12	January 7
April 9 @ CB	March 4
June 11	May 6
Counselors will visit classrooms in January to return EXPLORE, PLAN, and PSAT exam results!	

STUDENT ACTIVITIES

No Grinches will be admitted! The Class of 2005 will be celebrating the upcoming holidays with the "Jingle Bell Rock Dance" on Saturday, December 4, from 8:00 p.m. until 11:00 p.m. It will be an open dance, so students from all the local Catholic high schools are invited.

On Friday, December 10, two of our traditional holiday events will take place. The Lasallian Youth will be hosting its annual Christmas party for students from Oak Ridge Elementary School. Dasher, Donner and Santa are currently en route to join the children for some glad tidings and gifts. As well, the Student Council will host Red and Green Spirit Day when the student body will enjoy some morning candy canes and hot cocoa to warm up spirits for their upcoming final exams.

The CBHS Dance Club will host members from the Sacramento Ballet Company as they bring their grace to our campus for a mini-preview and exhibition of *Romeo and Juliet*. The event is scheduled for Wednesday, January 19, from 3:00 until 4:00. The club has also been invited to view an in-studio rehearsal of the ballet as the company prepares for its February performance.

The Winter Sports Rally is set for Thursday, January 20 when we will introduce and "psych-up" our athletes for their seasonal sports.

The CBHS Drama Department is currently auditioning students for our Festival of One-Act Plays to be held January 27-28 at 7:30 p.m. The two productions will be Garrison Keillor's *The Prodigal Son*, a humorous look at the Biblical parable, and W.W. Jacob's classic horror tale *The Monkey's Paw*, a tale of those proverbial three wishes.

And Back By Popular Demand: "Revenge of the Famous Couples," this year's theme for our Mother-Son / Father-Daughter Dessert Dance and Social. So if you want to do some good ol' fashioned "dress-up" that would be great, and if you would be more comfortable "coming casual" that's fine too. The soiree will take place on Saturday, January 29, 2005. The paparazzi will arrive at five o'clock, if you want to snap some memories before dinner, and will be here until eleven p.m. Desserts will be served and socializing will begin around "sevenish," and we will "trip the light fantastic" from eight o'clock until eleven. Tickets will go on sale on Monday, January 24, and will be \$25.00 per couple and \$5.00 for each additional family member.

QSP Update

As a result of the Fall 2004 QSP Magazine Drive fundraiser, approximately \$40,000 is available for distribution throughout the Christian Brothers community. Applications were accepted from CB clubs, teams or student organizations through Wednesday, December 1, 2004. Oral presentations describing the use of funds in light of the criteria will take place during December. Even though teachers and coaches may be a driving force behind the request, CB students must make up the proposal team. The quality of the oral proposal is an important part in our decision. Students should see Rex Flores or Ms. Holmes if there are any questions. The ASB Executive Student Council will make the decisions regarding the distribution of funds. Final notice of funding will take place no later than January, 2005.

FALL SEMESTER EXAMINATION SCHEDULE

TIME	MONDAY December 13	TUESDAY December 14	WEDNESDAY December 15	THURSDAY December 16
9:00 a.m. – 10:35 a.m.	B SET	D SET	F SET	A SET
10:35 a.m. – 10:50 a.m.	BREAK	BREAK	BREAK	
10:55 a.m. – 12:25 p.m.	C SET	E SET	G SET	

CHRISTIAN BROTHERS ATHLETICS

Cross Country—On Saturday, November 13 the Falcon cross country team made its way to the Willow Hills Reservoir in Folsom to participate in the Sac Joaquin Section cross country finals. This meet would pit the best runners from Fresno to Vallejo and Auburn to Placerville on a new but very challenging course that featured many hills, rocks and puddles left over from the week's rainstorms. By the end of the day, 17 CBHS runners had another exceptional day to add to an already successful season.

In the first race, Senior Annie Conley had the race of her life as she ran the 3.1 mile course in 25:58, a whopping two minutes faster than the first time she ran the course back in early September and a minute faster than two weeks ago. In the varsity boys' race, Ryan King's ninth place finish earned him a spot in the California State Cross Country Meet on November 27 in Fresno, and led the Falcons to a sixth place finish overall in the Division 4 race.

Beyond Ryan's qualification for the State Meet, the other topper was the success of CB's frosh team. True to their performances during the SVC finals and the SJS preliminaries, the boy's team of George Cook-Cantu (1), Eric Liddle (2), Tommy Roybal (3), Jon Soto (4), Jose Nieto (6), John Gayton and Larry Morla overwhelmed the competition, winning the frosh Division 4 team title earning a low score of 16. Frosh runners Megan King and Katie Holst finished 12th and 13th respectively in the frosh/soph Division 4 girls' race and although they missed earning medals, both ran very well on this difficult two mile course.
GO FALCONS!

Girls' Varsity Volleyball—The girls finished 6-6 in the competitive Sierra Valley Conference, tying with El Dorado for 3rd place. They qualified for playoffs and had to play a very talented group of girls from Golden Sierra (who ended up winning the section). Freshman Brittany Woodard was selected to the All League 1st Team. Ana Carrasco, Nicole Link and Cara Crowder were named "Honorable Mention". Ana was also voted team MVP, with "Most Inspirational" being Kayla Semas, and Brittany Woodard selected as "Most Improved". Kim McGann and Laine Himmelman shared the "Coach's Award" and Nicole Link earned the new "David Dacong Award". Great job by the entire team who should be proud of all their efforts.

Boys' Water Polo—The season came to an end for the Boys' Water Polo Team in a loss to Oakmont. All in all, it was a tough league for the up and coming CB team, but they were able to show that they will be a threat in the future. With only three seniors leaving us, we are looking for a lot of returnees to come back so we can continue building a solid water polo program. Although seniors Spencer Murphy (Most Improved Player), Addison Flynn and Blake Miller will be missed, the team will still have returnees Stewart Window (Most Valuable Player, Second All League Team), Alex Kemper-McCall, (Team Spirit Award) and many others to lead the team. We had a great season with a lot of improvement and will be looking for another one next fall. Thanks again to the parents for all your support this season. We hope everyone comes back next year and good luck to the seniors!!!!

Girls' Water Polo—CB Girls' water polo came to an end with an exciting win over Bear River High School. In the first quarter, Bear River was up 0-1. We evened it out in the second quarter 2-2. By the third quarter it was 3-2, CB. At the end of the fourth quarter the score was 4-4. We went into overtime playing two three-minute periods. The crowd was cheering wildly. The girls were exhausted, but thriving on their determination to win. Freshman goalie Claire Peletta stopped shot after shot while senior Jenny Stathos slammed ball after ball into the net. Christian Brothers came out on top with the winning goal scored by sophomore Hannah Murphy. Jenny Stathos scored three, Gabby Grow scored one, and Hannah Murphy scored one, making the score 5-4. What a way to end a great season!

Tennis—It was a great season for girls' tennis. Victoria Damiani-Paulk is competing for the section title once more. Angela Stasi took the league championships in number 3 singles competition. Victoria, Angela and Sydsey Scheideman were selected to the SVC All Conference 1st Team. The girls had a great season showing tremendous growth. The future is bright!

Soccer—Our boys' soccer team again took the SVC title for the 5th consecutive year. Unfortunately they were tripped up in the first round of playoffs by Del Campo. This doesn't diminish a great season and we had many honorees in All Conference selections. Jon Curry was selected the MVP of the league and the following players were named to the first team: Michael Plasencia, Kebba Marjang, Keith Henwood, Andrew Boriskin, Stephen Schetter, and Chris Cosby. Second team selections included Gary Miguel, Keenan Flynn, Ricci Hidalgo, Eric Ehrhardt and Tyler Brown. Colin O'Brien, Christian Bass and Gilbert Vaca received Honorable Mention.

Football—Congratulations to Ryan Boemer, Chris Vasell and Rashad DuPaty who were named to the SVC 1st team.

Wrestling—Wrestling season started November 1 and the team has been working hard in preparation for their first contact. The season began with our intersquad match on Saturday, November 20 and our first official match is the Kennedy JV tournament on December 4. Although our team is small, we have several talented wrestlers; sophomores David Cotter, Joe Ezaki and Scott Webb should all produce a number of wins at the varsity level this year. Juniors Albert Tapia, Shane Rogers and Tom Daffy have already placed at the Varsity Tournaments last season and should solidify the middle of the line-up. Juniors Mike Brulando, Alex Ferguson, Bryan Holst, Eric DelReal and Gabe Gaenica should see success at their first full year at the varsity level. As of right now we only have one senior, Justin Walters on the team. Justin has been one of our best wrestlers since his freshman year. All in all we are returning a record 5 wrestlers who qualified for sub-sections last year. We wrestle a tough schedule against many outstanding teams such as Ponderosa, Oak Ridge and Ponderosa. We also attend some of the areas toughest tournaments so our wrestlers are best prepared for the post-season. We just took delivery of our brand new wrestling mat and can't wait to compete on it and represent our school.



Placement Exam

On Saturday, January 29, 2005, the Admissions Office will be administering the Placement Exam for the class of 2009. Typically every year the number of those taking the exam and applying to Christian Brothers substantially exceeds the number of freshmen we are able to accept. Next year's freshman class promises to be no exception. In spite of the increased competition for a spot in next year's class, Christian Brothers is always looking for quality young men and women and their families to join one of Sacramento's longest and oldest traditions.

Christian Brothers remains committed to serving the community of Sacramento, as it has for the past 128 years, in providing a comprehensive and challenging college preparatory education in the vision of the founder, St. John Baptist de La Salle. Registration for the Placement Exam can be made by contacting the Admissions Office at 916-733-3690 before January 20, 2005.

NEWS FROM THE... *Advancement Office* MEETINGS & NEWS...*Booster & PSO Parent Groups*

The Advancement Office wishes to thank the CBHS families, faculty and staff for the wonderful support we have received from you during this year. We feel very blessed and hope the upcoming holiday season will fill your hearts with joy, hope and peace.
—Debbie Woodford, Donna Adam, Larry Cline and Mary Westlake.

DECEMBER /JANUARY All meetings open to parents. JOIN US!

- 12/6 Booster Club General Meeting - 6:30 pm in Bertram Hall Boardroom
- 1/10 Booster Club General Meeting - 6:30 pm in Bertram Hall Boardroom
- 1/12 Grad Nite Meeting for ALL Parents - 6:30 pm in Bertram Hall Boardroom
- 1/18 PSO (Parent Support Organization) - 6:30 pm in Bertram Hall Boardroom



Annual Giving Program

Thanks to everyone who has participated thus far in our Annual Giving Program. We are nudging closer to our budgeted goal for the year. However, we still need the help of every family in order to reach that goal. If you have not yet participated, we are requesting that you consider making a pledge (paid in monthly installments), or a one time gift commensurate with your ability to give. Remember, now is the perfect time of year to get in those last minute tax deductible gifts! Please contact Debbie Woodford in the Advancement Office if you have questions or need to make payment arrangements.

CRAB FEED & DANCE – THANK YOU TO THE FOLLOWING COMMITTEE MEMBERS WHO MADE THE EVENING A HUGE SUCCESS:

Ray Lewis, Event Chair

Debbie Woodford, Deborah Seiler, Diane Calkins, Don Fitzgerald, Elaine Hill, Eric Boemer, Hannah Guro, Jeff Nordlander, Jennifer Ehrhardt, Jill Matranga, Judy & Paul Teixeira, Karen Weddle, Ken Guerard, Leonard Hanks, Mike Havey, Pam Kennedy, Rose Guerrero, Sheila McShane, and Wendy Voss.

BUZZ BOOKS (Family Directory and Information Guide): PICK UP IN BERTRAM HALL!

CUT & RETURN-----

I WOULD LIKE TO VOLUNTEER FOR THE *USS FALCON AUCTION CRUISE & MONTE CARLO EVENING* ON MARCH 5, 2005. PLEASE CONTACT ME.

NAME:

PHONE:

I would like to work in the following areas: (Please check)

- Silent or Live Auction (Set-Up, Display, Marshals)
- Food & Beverage (Set-up, Decorations)
- Event Check out (Cashiering, Bagging, Computer entry)

We need all hands on board to send our guests on a memorable voyage. Please fill out this form and return it to the Main Office, or contact Karen Weddle (916) 457-5509 or Glen Cagley (916) 802-0587.

AUCTION VOLUNTEERS – C/O DONNA ADAM, ADVANCEMENT OFFICE

Would You Like to Take a Religious Studies Course – A Survey of Catholic Subject Areas?

For some years now, we have all heard comments from parents on Back-to-School night such as these: "I would like to take this course myself." "Boy, this is interesting stuff. I wish I were back in school again." "Why don't you have some classes for parents?" Parents, and others, are very interested in the topics that are covered in our religious studies classes, but they have neither the opportunity nor the connections to be able to pursue them. Under the sponsorship of De La Salle University, the new tertiary education project that the Brothers are beginning in the Sacramento region, we can now do something about that.

Religious Studies instructors at the school have responded positively to an invitation to teach short, concentrated classes in the religion subjects that they teach every day to their students. The next step is to find out if enough parents and others are interested in participating.

Proposed Course: A Survey of Catholic Subject Areas

Description: This is a course designed for parents of high school students and other adults who have expressed an interest in "taking" the courses that high-school-aged students are taking. A range of religious subject areas representing the scope of a contemporary high school religion curriculum will be surveyed in 2-hour increments by current instructors who specialize in those specific areas. The course is geared towards adults, highly condensed, and a great way of becoming familiar with contemporary religious topics and resources among Catholics, Christians, and all people of faith.

Details: The classes would be held on the following dates: Jan 18; Feb. 15; March 15; April 19; May 17. Each class would be held from 7 - 9 PM at the school. Topics would be chosen from among Hebrew Scripture / Christian Testament; Christian Morality, Church History; Social Justice; Christian Lifestyles; Comparative Religions; Catholic Social Teaching; The Mystery of Suffering and Death, Lasallian Spirituality, and others.

Credit: Those who wish may receive 1.0 CEU credit for the course through Saint Mary's College.

Cost: There would be a nominal cost for these courses – not more than \$100 for the entire series - primarily in order to provide a stipend for the teachers and cover basic overhead.

If enough parents and others express an interest in participating, the course will be offered. Please let me know if you might be interested in attending one or more of these classes. By responding through email, I will be able to keep you informed. Please invite others (neighbors, relatives, book-club members, etc.) to consider this class for their personal spiritual growth.

Br. George Van Grieken, FSC
Vice President
De La Salle University
www.delasalleuniversity.org

brothergeorge@delasalleuniversity.org
brothergeorge@cbhs-sacramento.org



COURSE PRE-REGISTRATION FOR 2005-2006—Friday, January 28, 2005

Pre-registration is the students opportunity to choose courses for the following year. A course catalogue and a planning sheet will be mailed to you at your home in mid-January. The catalogue lists a description of the courses, their pre-requisites, as well as the requirements for Christian Brothers' graduation and admission to the University of California (UC) and California State University (CSU) campuses.

Students will attend a class meeting to explain the pre-registration process on Friday, January 21, 2005. The counselors and Mr. Schumann will be present to answer questions. The schedule for Pre-Registration Day, Friday, January 28, is as follows:

8:00—8:30 a.m.	Freshmen A-L	9:30—10:00 a.m.	Sophomores M-Z
8:30—9:00 a.m.	Freshmen M-Z	10:00—11:00 a.m.	Juniors A-L
9:00—9:30 a.m.	Sophomores A-L	11:00 a.m.—noon	Juniors M-Z

Pre-registration allows the school to create a schedule with the number of sections to ensure a class size appropriate for a quality education. Christian Brothers hires teachers for the next school year based upon these numbers. Students should consider their course selections and their alternates carefully. A student's request for a schedule change in August may have to be denied if a class would become too large.

Please note that there are no classes on this day and the only times students must be present are during the hours indicated above. Unexcused absences will result in detention.

Dean's Corner

We all are aware that we live in an "instant message-digital text-cellular phone-www dot" world that presents us with opportunities to share information and ideas at anytime of the day or night. One of the more recent phenomena in this world of technology are "web logs" or "blogs" as they are commonly known. These are journal-like Internet sites where people can communicate and post entries on a variety of topics. "Blogs" have gained popularity and purpose in several areas including politics, economics, pop culture and as personal diaries. They are also growing in use among a wide variety of people including our children.

The majority of this "blogging" is positive and has enhanced our lives. Many of our kids have turned to "blogs" as a way to express themselves and talk about their lives with friends. In some respects these are similar to the journals and diaries we kept back in our youth; however, there is one glaring difference: we kept our journals in our sock drawer—private, and not open for comment on the World Wide Web.

Much of the content of these "blogs" is predictable: "I hate math," "School stinks," "I broke up with my girlfriend," and "My parents do not understand me." Sound familiar? Unfortunately, being adolescents, students often do not fully understand three major issues that arise from "blogging": 1) the content can go too far; 2) what students think is private can end up being public and harmful; and 3) specific references to their school and its community compromise reputations.

At times, inappropriate language, pictures, and information not in keeping with the values of our school, appear in these "blogs." Recently, it has come to our attention that postings include personal information, the school name and logos, provocative pictures, and questionable stories.

Additionally, the assumption made by students that blogs are private and protected is inaccurate. Imagine that back in high school, you wrote a personal note to a friend about a crush you had on another student. If that note was lost, personal details and feelings were now out of your control. Worse yet, the note was shown to others and open for comment by strangers. Certainly this would be an embarrassing situation. Now multiply this by the access of the World Wide Web. Our kids assume that there are built-in protections, but that is not the case.

Finally, the Christian Brothers High School community has a valued and trusted reputation that is important to all of us. Content and remarks that cast a shadow on any part of our community and its reputation are not acceptable. The 2004-2005 *Parent/Student Handbook* states: "Students who establish personal web sites, or participate in "web blogs" containing material or connections to material contrary to the mission and philosophy of Christian Brothers may be suspended or dismissed" (page 11 and page 22).

What should we all do? On behalf of the school administration, there is no move to stop "blogs" or "blogging" across the board. The purpose of this article is to make you aware of this trend and to provide you an opportunity to discuss the topic with your children. While talking with your child, find out how these "blogs" work and whether or not your child has one. Make him or her aware of the above-mentioned issues and help them see the dangers and any consequences that may arise. Any reference to the school, names of people within the school community, or personal information should be removed. If the school is forced to act because inappropriate items have been posted that we are made aware of, then we will do so properly in accordance with the "Rules and Code of Ethics for Technology" and "Failures in Good Order" sections of the *Parent/Student Handbook*. The school has a right to correct this behavior for the protection of all concerned.

Please help your children see that this is not meant to be another circumstance where authority figures are trying to run their lives, but rather, is intended to help guide them to an understanding that will allow them to be healthy and prosperous. Your involvement and assistance are very important as we partner together in the education of your child.

For your information, below are some of the web site addresses for "blogs" of which the school is aware:

- www.xanga.com
- www.livejournal.com
- www.opendiary.com
- www.myspaces.com

December 2004

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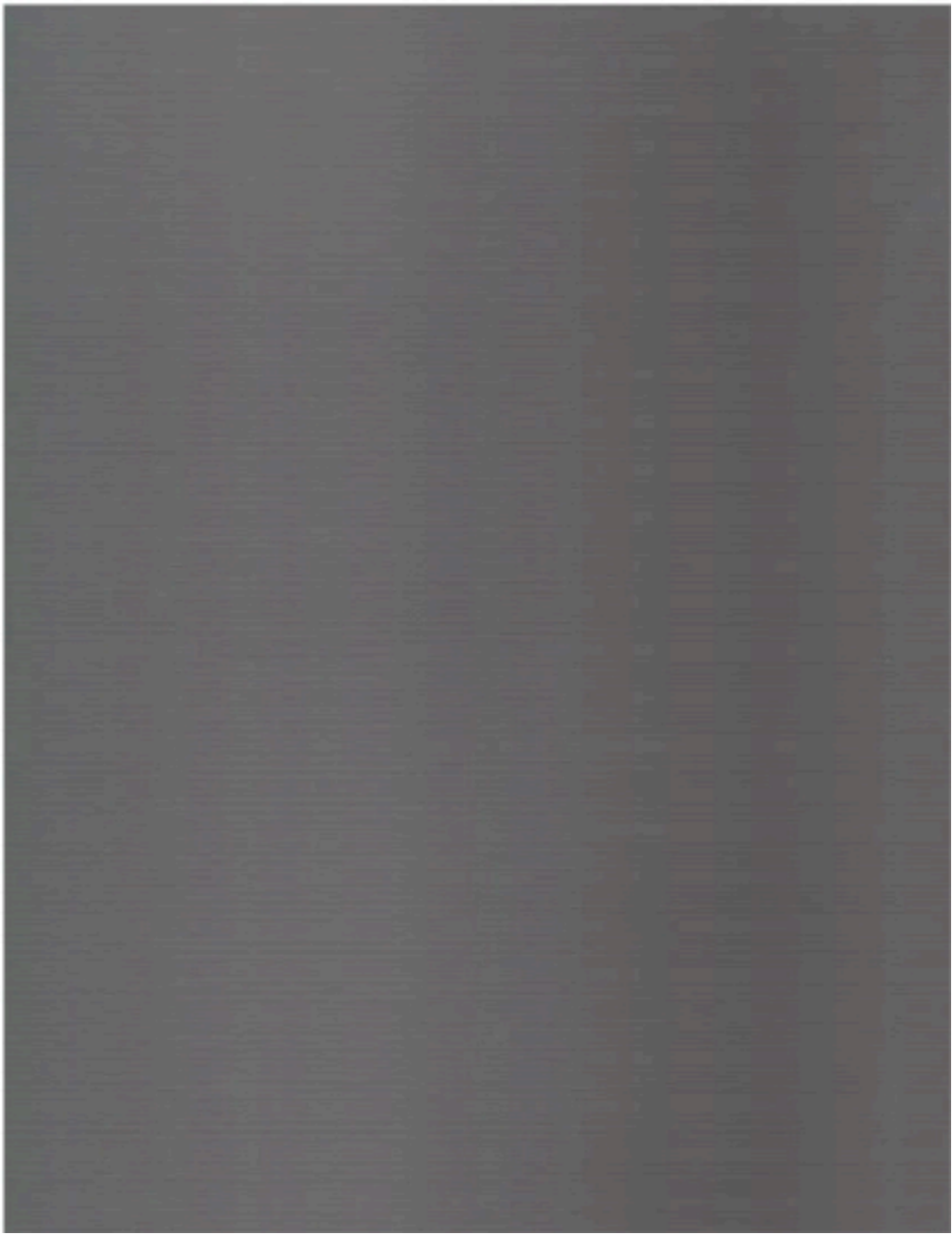
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January 2005

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Falcon Family News

Christian Brothers High School Monthly Newsletter

February 2005

Dear Parents,

Rudy Schulze, our former principal whose letters traditionally filled this page in journeyman fashion, wrote the students of Christian Brothers a Valentines Day card in this month's newsletter last year. Alas, my history of St. Valentine in the fifth century and abilities to dispense advice to teenagers regarding relationships, love, and life's journey are sorely lacking (though if you asked my daughter who is a junior this year she'd tell you I'm full of a lot of things including plenty of advice!).

One of the passages of spring every year comes near the *Ides of March* (March 15th). It is the mailing of Letters of Admission for the next year's freshman class. I contextualize this event with a reference to one of Shakespeare's plays and the fortune teller's warning to Caesar because, for many potential new families to Christian Brothers, this becomes an ominous time of year as the "fate" of their son or daughter's choice of high school lies in the hands of an admissions committee.

Each year more students apply to our school than we have spaces available. Last year 465 eighth graders signed up for and took the High School Placement Test at CB in hopes of securing a seat in the class of 2008. In kind, Christian Brothers admitted the largest freshman class ever, starting this school year with 326 freshmen. By doing the math, the warning to "*beware the Ides of March*" takes on a different connotation if your son or daughter is applying to Christian Brothers or one of the other Catholic high schools in Sacramento these days.

Christian Brothers admits the most diverse student body of any of the four Catholic high schools because of the educational philosophy of the Brothers of the Christian Schools, our founding order. Because of this, the young boy or girl who hasn't grasped the concepts of algebra in seventh or eighth grade and has struggled academically can find a place at Christian Brothers. Likewise, the young girl or boy who has remained at the top of their class can find a place at Christian Brothers where they will be challenged in mind, body, and spirit.

The fact of the matter is that despite the intimidating numbers that get out there and sometimes overwhelm,

cause concern, anxiety, or worry, our school has been able, with very few exceptions, to find a place for almost every child who applies to our school regardless of affiliation or ability to afford tuition.

The Christian Brothers community is inclusive. What that correlates to is 70% of our students participating in athletics and all of our students studying either art, music, or drama as part of their studies, and all of our students being invited and encouraged to involve themselves in student government, clubs and activities. Most importantly, CB challenges students to believe that they are a part of something larger than themselves and the accomplishments they have achieved in the four years they have attended high school.

The fourteenth of February is marked by a celebration of love, admiration, and an invitation to get to know one another on a more personable level. The day is marked by flowers, balloons, candy, and the invitation to "*be mine*". We are blessed to be a part of a community where differences are embraced and where the love for one another is genuine. If there is ever doubt to the truth of that last statement, you only need to spend a day on this campus when someone is in pain, is suffering a loss, or is in need of a sympathetic ear and a helping hand.

Next month we invite the next class of young men and women and their parents to the Christian Brothers community. With their letter of acceptance and their subsequent registration for the class of 2009, they will be reminded of the prophecy to *beware*. To be aware that notions will be challenged, sacrifices will be made and that the commitment to one's self and to others in the spirit of Jesus Christ will be asked of all who enroll or aspire to belong to a tradition that echoes voices from generations preceding them.

May the season of love and the promise of new life this spring be upon us all and those who will join us in the next school year.

Dave Jablonsky, '82
Director of Admissions

Campus Ministry News



As we enter into the Church season of Lent on Ash Wednesday, February 9, we are called to examine our lives as individuals and as a community. We know there is room for improvement in each of us as ambassadors for Christ. Every time is an acceptable time; every day is a day of salvation.

But we need to set aside special times and days to call ourselves back to the simplicity of our belief and mission as followers of Christ. During Lent we have a special opportunity to do this. The Catholic Church calls us to three activities during Lent: prayer, fasting, and almsgiving. The good works we do, the sacrifices we make, the money/time/gifts we share, the prayer and fasting in which we engage, are all ways to live our faith.

Lent is a perfect time to involve your family in prayer and fasting experiences, as well as outreach and service to others. Call the Campus Ministry office for resources and help in these areas. Have a blessed and holy Lenten experience.



Liturgies:

We will be celebrating our *Ash Wednesday Prayer Service* on Wednesday, February 9, 2005 at 9:30 a.m. in the Ron Limeberger Gymnasium. Sr. Margie Will, O.S.F., from St. Francis Parish, will be giving a reflection. All parents and families of Christian Brothers students are welcome to attend.

Attention Junior Families: The *Junior Family Liturgy* will be held on Sunday, February 27, 2005 at 9:30 a.m. in the Ron Limberger Gymnasium. During the Mass, the Class of 2006 rings will be blessed and distributed to those who have ordered and paid for them. If your child is not receiving a ring, there is a commemorative gift for each member of the class and each student present at the liturgy will be recognized. The liturgy will be followed by a continental breakfast. All Juniors and their families are invited to join us.

Retreats

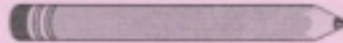
Sophomore Retreats – Feb. 1, March 1, April 12, April 29 – Newman Center (across the street from CSUS). Room is still available on these retreats. Encourage your son or daughter to sign up in Campus Ministry for the date that best fits his/her schedule.

Junior Retreats – Feb. 18, March 4, April 26 – Christ the King Retreat Center in Citrus Heights. Room is still available on these retreats. Encourage your son or daughter to sign up in Campus Ministry for the date that best fits his/her schedule.

Junior Kairos Retreat (K7) – May 31-June 3 – Christ the King Retreat Center in Citrus Heights. This retreat is in addition to the Junior Retreat mentioned above. This will be the first opportunity for your son or daughter to make their senior retreat, the Kairos retreat. Encourage your son or daughter to sign up in Campus Ministry if they are interested in this retreat.

Senior Kairos Retreat (K6) – March 15-18 – Our Lady of the Oaks Retreat Center in Applegate. Room is still available on this retreat. Encourage your son or daughter to sign up in Campus Ministry. This is the **last opportunity** for your son or daughter to experience the senior Kairos retreat.

NEWS FROM THE GUIDANCE DEPARTMENT



Parents, if your child has D's or F's on his/her report card, READ THIS!

As page 8 of the CB *Parent/Student Handbook* emphasizes, "F's" and "D's" are bad news on report cards! It is important for you and your student to understand that neither "D's" nor "F's" are acceptable. "F" grades must be repeated for credit in order to graduate from Christian Brothers High School. "D" grades, though worth 5 credits towards graduation, are NOT accepted by four-year colleges and universities. All California State University campuses, University of California campuses, and most private institutions require a "C" or above in ALL core courses (core courses are approved History, English, Math, Lab Science, Foreign Language, Visual and Performing Art, and Elective courses - also known as the "a-g" list of approved courses - see below for a chart of these requirements). If students have "D's" on the transcript they are not eligible to apply for admission to CSU and UC, and therefore are seriously limiting their choices for college.

If your child would like to keep his/her options open and remain *eligible* to apply to a four-year college, the Guidance Department highly recommends that he/she remediate (repeat for credit) any "D" grades. Students may enroll in a variety of classes during the 2005 CBHS summer school session in order to remediate a grade. If a student completes the course in summer school with a "C" or above, his/her transcript will reflect the new credits and the new grade will be used when calculating the grade point average. For example, if your child is currently enrolled in Biology and received a "D" the first semester, he/she should consider repeating Biology this summer. If he/she is currently enrolled in Chemistry, it is important to receive a "C" or above at the end of the spring semester. CSU and UC will "validate" (count as successful) the whole year of Chemistry (but only Chemistry, no other science course) if the student shows marked improvement the second semester (i.e., goes from a "D" to a "C", "B", or "A"). Therefore, Chemistry students have a choice - work very hard this semester and bring the grade up, or repeat Chemistry in summer school to raise the grade. This holds true for all Math courses and foreign language courses as well. Since a full four years of English is a basic requirement for eligibility, any "D's" in English should be remediated. One year of World History is the minimum requirement for eligibility, so students should be sure to have a "C" or above for at least two of the four semesters of Fresh/Soph World History. Any U.S. History "D's" should also be remediated.

Please contact Mrs. Hesser at 733-3679 if you have questions about college eligibility and remediating grades. If you have not already registered for summer school, pre-registration forms are available in the Main Office or Bertram Hall and require a \$250 deposit when submitted. Summer classes are available for enrichment and advancement as well as remediation. Questions regarding summer school should be directed to Noel Hesser, Summer School director, at 733-3697 (voicemail) or nhesser@cbhs-sacramento.org.

Subject	Requirement
a Social Science	2 years (1 year World History & 1 year US History or 1 semester US History/1 semester government)
b English	4 years including frequent writing
c Mathematics	3 years including Algebra II; 4 years recommended
d Laboratory Science	2 years; 2 years recommended
e Foreign Language	2 years (of the same language);
f Visual & Performing Arts	1 year
g College Preparatory Electives	1 year

As you may know, Christian Brothers provides one of the most comprehensive programs of **Advanced Placement** course offerings in the region. We currently offer thirteen Advanced Placement courses, with around 200 of our students currently enrolled in one or more AP class. We are pleased to announce that the following students earned special recognition from the Advanced Placement program based on 2004 exam results. ***Congratulations, Falcons!***

AP Scholar [Granted to students who receive grades of 3 or higher on three or more AP Exams on *full-year courses* (or the equivalent)]:

Christine Amorose	Nicholas Goncalves	Elizabeth Nolan
Matthew Boyd	Steven Holmes	Lauren Schaub
Charles Darcy	Derek Katz	Joseph Smith
James Delgadillo	Catherine Lyons	Kaitlen Tratten
Nathan Freeland	Lauren Manning	

AP Scholar With Honor [Granted to students who receive an average grade of at least 3.25 on all AP Exams taken, and grades of 3 or higher on **four** or more of these exams on *full-year courses* (or the equivalent)]:

Eric Chavez	Courtney Patterson	Daniel Turkovich
Amy Field	Amber Rankin	Michael Vattuone
Mario Madrigal	Audrey Tucker	Timothy Willis

Scholar With Distinction [Granted to students who receive an average grade of at least 3.5 on all AP Exams taken, and grades of 3 or higher on **five** or more of these exams on *full-year courses* (or the equivalent)]:

Ashley Baker	Aimee Darville	Alexandra O'Brien
Michael Braly	Patrick Fitzgerald	Erin Parr
Leslie Campbell	Ryan King	Samuel Rada
Emmanuel Cua	Gary Miguel	Brian Taylor

Parents of Sophomores and Juniors: Interested in learning how to choose the right college for your child? One of many articles on our website to assist you and your child is **Narrowing Options/Making College Decisions**. The full text of this article can be found on the CBHS website www.cbhs.sacramento.org - click on **Guidance / College Center**; then **Narrowing Options**.

STUDENT ACTIVITIES

Grim, gloomy and gray. Yes, that may be the February meteorological forecast, but here in 'Student Activities Central' all is bustling, bright and bountiful.

Our rough and tumble students have begun a new club—C.B.'s *Rugby Club*, which began competing against other schools in January. They are showing a lot of heart and have started their season with a victory over Antioch High School and a tie against De La Salle of Concord.

And speaking of hearts. . . Saturday, February 12, from 8:00 p.m. until 11:00 p.m., the students will host "Ladies' Night," our Valentines' Dance. It will be a date dance with a photographer snapping pictures of the students with hearts all a flutter. Students who wish to bring a date from a non-Catholic high school may pick up a dance contract in the Student Activities Center; it must be completed and returned to the SAC by 3:00 p.m., Friday, February 4.

Monday, February 14, the students will celebrate Saint Valentine's Day with school-wide pink and red hues.

Friday, February 25, from 7:00 p.m. until 10:00 p.m., the students will host our annual *Talent Show*. It's always standing room only as many of our multi-talented student body members perform their various talents for their friends and family.

Tuesday, March 1, our *Blood Drive* will engage in saving lives as the Blood Source will be on campus to facilitate our community as we assist our local, and global, community with much-needed donations.

Keep the faith community members, if it's almost Valentine's Day, then spring is just a blink away.

CHRISTIAN BROTHERS ATHLETICS

Football

It is with great pleasure the Athletic Department announces the addition of Vance Mueller to our Christian Brothers High School Community as our new **Head Varsity Football Coach**. Vance has been a part of our football program the last two years and will also assist in our track program this spring along with his wife Lissa. He will be joining the athletic administration in a part time capacity, but plans on being a huge presence on this campus and in our community. Please join me in welcoming Vance to the best school in Sacramento.

Athletic Training

On January 15th Darci Stark was joined by her student sports medicine staff as volunteers for the 3rd annual *Guns and Hoses* Football Game. The game is played annually to raise money for various local charities including Food for Families. Students Marina Baham, Tara Larson, Rachel Franzosa, Stephanie Gabrielli and Sidney Schiedeman braved the cold weather to provide water and assist the athletic trainers with the local Sacramento Area Firefighters.

Wrestling

At the Del Campo JV tournament on December 19 our team took 8th out of 19 teams. We had two undefeated wrestlers and several runners up. Champs were David Cotter at 103 and Mike Burlando at 152. On December 22 at the Galt Varsity tourney we took 14th out of 31 teams. Albert Tapia led the team with a 3rd at 119 pounds, and Tom Duffy at 160 and Scott Webb at 215 both took 5th. By placing so high at a varsity tournament, Scott Webb earned a starting spot on the Varsity team despite only being a sophomore. At the Johnson JV tourney on January 8, we had several medalists and one champ, Spencer Carroll at 189. The same day at the El Camino Varsity Tourney the team placed 11 out of 28 teams. The next weekend at the Lincoln Varsity tournament the team placed 11 out of 29 teams. Tom Duffy took second and avenged a 6 to 0 loss from the week before in the finals at El Camino with a 16 to 1 victory in the semi-finals over a highly rated wrestler from Lincoln High. The same day at the Foothill JV tourney we again had several medalists with Joe Eraki leading the team with a third at 189 pounds. Last weekend our team competed at the toughest tournament in northern California, the Advocate Classic at Memorial Auditorium. Albert Tapia won 5 matches and made it to the top twelve in his weight class. David Cotter at 103 and Scott Webb at 215 also won matches at this very tough tournament. There are 3 freshmen, 3 sophomores and 6 juniors on the Varsity squad; if they all return along with our JV's stepping up their wrestling, we should be looking good for next year. Our next goal is to get as many wrestlers to qualify out of our league tournament on February 11 and advance to the Sub-Section and Section Meet and possibly the State Championships in early March.

Girls' Basketball

Our girls varsity program is 4 - 2 in league and 14 - 7 overall. Coach Soto is very pleased with the team's progress. We started off with 2 losses in league to the top teams in the league, Galt and Oak Ridge. Since then the team has had 4 wins in a row against Cordova, El Dorado, Union Mine and a huge win over Ponderosa. Leading the Falcons in scoring is freshman Brittany Woodard, followed by sophomore Ashley Aurich. Team leaders and co-captains Amanda Plasencia and Marina Baham have been very important in stabilizing this young team. Juniors Amanda Limeberger, Sydney Ryden and Kelly McGrane have been pivotal coming off the bench. Kayla Simas, Jacqui Minas, Danielle Bennett and Christiana Golden are vital to the success of the team. We look forward to the second half and a run in the playoffs.

The JV Lady Falcons are blasting through a challenging basketball season with a 9 - 9 overall record and a 1 - 3 league record. They hope to bounce back against the tough teams in the second half of league play. Lauren Lahey is leading the team with a 14 ppg average with Britany Wynne and Alex Murphy each adding 8 ppg. Great defense by Teresa Rojas and Sidney Schiedeman are helping the Lady Falcons get ready for the second half of the season!

Boys' Basketball

The boys' basketball program has been very competitive this season. The Varsity has an 11-9 record playing six of the top ten teams in the area. Seniors Ted Monson, Anthony Chilleli, George Golden, Ryan Crowder, and sophomore Bo Henning lead the way. The JV team has a 10-7 record with Sonny Birtwistle, Joe Lewis and Jeff Delgadillo. We have two frosh teams (blue and red) allowing us to develop 22 players. Top players are Joe Lipper, Larry Morla, Danny Bird, Jon Mora and Julian Vallejo.

Baseball

Returning varsity players Tyler Wichmann, Brendan Wright, Cory Valine, and Shane Zarze, have been leading players during January conditioning, running distance, lifting weights, and working on agility. The troops have been working hard and they are anxious to begin the defense of their league championship when official practice begins.

Swimming

The 2005 Christian Brothers swim season is bound to be successful and fun. Returning as head coach are Diane Peck and assistant coach Andrew Magee. Juniors Alex Kemper-McCall, the butterfly phenomenon, and Stewart Winslow, the six-foot-three freestyler, return to lead the team. Also returning is the record-breaking girls relay: Maggie Fitzgerald, Hannah Murphy, Chelsea Carnocelli and Stacey Olveda. Many talented swimmers are coming back for another season and new faces promise a positive addition to the already outstanding dynamics of the team.



PARENT & ALUMNI INVOLVEMENT
Booster Club, Parent Support Organization & and the Alumni Association.

FEBRUARY All meetings are open to parents and members of the Alumni Association.

- 2/3 Alumni Association Board Meeting - 6:30 pm in the SMAT Wing (Feb./ March Meetings)
- 2/7 Booster Club General Meeting - 6:30 pm in Bertram Hall Boardroom
- 2/10 Grad Nite Meeting for ALL Parents - 6:30 pm in the Cafeteria (NOTE DATE CHANGE)
- 2/15 PSO (Parent Support Organization) - 6:30 pm in Bertram Hall Boardroom- Executive Board Mtg.

Annual Giving Program

Thanks to everyone who has participated thus far in our Annual Giving Program. We are nudging closer to our budgeted goal for the year. *However, we still need the help of every family in order to make it!* If you have not yet participated, we are requesting that you consider making a pledge (paid in monthly installments), or a one time gift commensurate with your ability to give. Please contact Debbie Woodsford in the Advancement Office if you have questions or need to make payment arrangements.

17th Annual Alumni Golf Tournament - Rancho Marieta Country Club

Monday, May 16, 2005 - 1:00 pm Shotgun Start - Four person Scramble

Come out and enjoy a fun afternoon of golf and the camaraderie of the Christian Brothers community. Last year's tournament **SOLD OUT** three weeks prior the event so mark your calendar and to obtain Reservations and Sponsorship information. Contact Christian Brothers Alumni Association.: Larry Cline, Director of Alumni Relations - (916) 733-3647 - lcline@cbhs-sacramento.org



S.S. FALCON
Auction & Monte Carlo Evening
Christian Brothers High School
March 5, 2005

The most updated information will be on the CBHS website. Click on the Auction-Monte Carlo logo to find all the information you need for your **PASSPORT TO FUN!**

WISH LIST FOR THE AUCTION

The Auction Committee is seeking the following donations for the Silent & Live Auction:

- Airline Tickets or Transferable Frequent Flyer Airfare Coupons
- Gift Basket Ingredients for: Gardening, Cooking, Teen's, Easter, Mom's & Dad's, Graduates
- Tickets to Kings games and other Sporting Events, Rounds of Golf, Skiing Passes, Use of Vacation Homes
- Gift Cards/Gift Certificates for: Restaurants (Casual and Fine Dining), Beverages (Spirits, Coffee), Entertainment (Movies, Theatre, Concerts), Framed Art, Shopping.
- Electronics, music and computer gear
- Hosted dinners or other creative group events

CONTACT DONNA ADAM REGARDING DONATIONS: (916) 733-3662.

CUT & RETURN-----

VOLUNTEERS ARE NEEDED When: March 4th and 5th

Preference: (Check One)

- March 4 (Set-Up) Beginning at 4:00 pm - Come when you can!
- March 5 (Set-Up or Auction-Monte Carlo Night)

You will be contacted by the Volunteer Coordinator with job assignment and details.

Name _____ Phone number _____

Please fill RETURN the enclosed form to the Main Office or contact Glen Cagley (916) 802-0587.

Service Learning News

Documenting Community Service

If you are interested in continuing to encourage your daughter/son to volunteer outside of the 8:00am – 3:00pm school day, please see the section below outlining how to document their time.

- Students who volunteer can document their hours for college applications
- Students can pick up a new form in Campus Ministry or on our website under Campus Ministry & Service Program
- Students should fill out one form for each agency or placement where they volunteered
- Students need to assess themselves and have a supervisor sign the paper

Service hours can include but are not limited to volunteering at a Harvest Festival, an elder care facility, helping at a fundraising/awareness raising walk, tutoring, or helping a neighbor who is unable to mow her/his lawn. These are all great ways to reach out and help others. If you would like further information please see our "Service Board" or Ms. DeBenedetti-Emanuel in Campus Ministry.

Upcoming Service Opportunities

St. Mary's Parish – Needs help with childcare during their fundraiser on Saturday, February 26, 2005, from 4:30 pm – 11:00 pm. You can volunteer for the entire time or just a few hours. All interested parties please call Kelly Whittman at 681-3503 or kelybug@aol.com.

Oak Park Clean Up – Christian Brothers teams up with the District Attorney's Office and Sheriff's Department a few times a year to help clean up trash and do graffiti abatement in Oak Park. Our dates for this year are Saturday, February 12, 2005 from 8:45 am – 12:30 pm and Saturday, April 9, 2005 from 8:45 am – 12:30 pm. All Christian Brothers Students and their families are welcome to join in the fun.

Muscular Dystrophy Summer Camp

Muscular Dystrophy Association's summer camp program at Camp Ronald McDonald (at Eagle Lake) is looking for camp counselors. Counselors assist individuals with neuromuscular disorders in their daily activities and have lots of fun with the campers. A speaker from Muscular Dystrophy Association will be on campus on Thursday, February 3, during Falcon Flex Period, in Campus Ministry. All are encouraged and welcome to attend.

FINANCIAL AID FORMS AVAILABLE

Financial Assistance forms for the 2005-2006 school year are available in the Main Office, and in Bertram Hall, as of January 26, 2005. Completed 2005-2006 Financial Assistance Forms are to be postmarked NO LATER THAN MARCH 14, 2005. If you have any questions regarding financial assistance at Christian Brothers High School, please contact Mr. Todd A. Barsanti, Staff Accountant, at (916) 733-3644.

Scholarships

Scholarships are available for entering and returning high school students from St. Peter and Paul Church. College scholarship applications for our current and graduated students who are parishioners at St. Peter and Paul Church are also available. Awards range from \$500 to \$1,500. Students may inquire about eligibility and obtain packets by calling St. Peter and Paul's at (916) 624-5827 or on the web site at www.sspeter-paul.net. Scholarship application packets are also available at the parish office.

Many other college scholarship opportunities are available for seniors—please check in Edward Hall for details.

Dean's Corner

MORNING TRAFFIC

Morning drop-off in front of the school is an ongoing problem for all of us at CBHS. Our security guard has been asked to try to move the cars along as far forward as best he can. It would help all of us if, when dropping off your student, you pull as far forward as possible towards the SMAT wing, before letting your son or daughter out. This would assist in getting as many cars as possible off of Martin Luther King Jr. Blvd. and into the parking lot. If your schedule permits, arriving a bit earlier would also be helpful. We know that this situation can be frustrating, and hopefully with your patience and cooperation, it should smooth out for all of us for the remainder of this semester.

"A" SET TARDIES

On a related note, an inordinate number of seniors, who do not have an "A" set class, are arriving late and are tardy to their "B" set class. Excess traffic during the morning rush should not be an issue for these students, since their school day begins at 8:50 a.m. We are hoping to reverse this trend. Please help us reinforce the importance of coming to school in a timely manner.

DRESS CODE

Adherence to the dress code and shaving policies seems to be a bit shaky of late. The *Parent/Student Handbook* is very clear, specifically that CB logo wear must be worn and must fit properly. Non CB gear and bare midriffs are reappearing. We have reminded teachers to be more vigilant in reinforcing the dress code. Please help them and the Dean's Office by paying attention to this issue. Make sure clothes fit appropriately—midriffs should be covered, and belts worn to avoid "sagging." Young men need to be suitably shaved. We will continue the practice of sending your son or daughter home as we did earlier this year; our expectation is that they come to school in appropriate dress every day. Thank you for your cooperation.

ABSENCE VERIFICATION

It is critical to the Attendance Office that a student return to school with a note for an absence. This closes the loop when you have called in for your son or daughter on a day when they are absent from school. Ms. Hoffart spends a tremendous amount of time tracking down notes and verifying absences and anything that you can to assist her is appreciated.

Congratulations!!!!

Christian Brothers sophomore, **Anthony Pham**, was awarded Boy Scouts' highest honor, the Eagle Scout award, on January 18, 2005. Anthony earned 23 merit badges, held numerous leadership positions, and did extensive community service as a member of Boy Scout Troop 259. For his Eagle Scout community service project, he recruited and worked with more than a dozen student and parent volunteers to renovate the gymnasium bleachers at Christian Brothers to enhance student safety during school assemblies and sports events. Congratulations, Anthony, on this outstanding achievement.

Another Christian Brothers sophomore, **Matthew Connors**, is the author of a recently-published 400+ page science fiction book entitled "The Wars of Time: The Rise of Thelios." This is quite an accomplishment, requiring him to divide his time between writing, academics, and other pursuits including extensive involvement in Brother Roch's video production class. He is currently working on the sequel. Congratulations, Matthew, on a job well-done!

Christian Brothers had three student-athletes represented on *All-City Fall Sports Teams*: **Jon Curry**—All-Metro Soccer Team, **Mike Plasencia**—All-Metro Soccer Second Team, and **Victoria Damlanai-Paulk**—All-Metro Tennis Team. We are very proud of their hard work and outstanding skills. Congratulations to all!



February 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 One-Act Plays 5:00 pm	7 Faculty Professional Day Progress Reports Due No Classes Basketball Club Mtg. 6:00 pm	8 ABFEFG Performance One New Teacher Mtg. 5:00 pm Board of Trustees Mtg. 6:00 pm	9 BCD Ask Wednesday Program Services 8:00 a.m. Drama Club Open House 8:00 am Initiation @ Kennedy	10 ABFD Act Progress Reports Technology Committee 5:00 pm Friends of the Act Mtg. 6:00 pm CoEd Mtg. 6:00 pm	11 ABFEFG Workshop League Tournament	12 ACT (Not at CDI) CW Wednesday's Dinner 8:00-11:00 pm
13	14 ABCDEFG No Voluntary Aid and Peak Sports Day	15 ABFEFG P&G from Club Mtg. 6:00 pm	16 AFGC Com. Comm. 5:00 pm	17 BDE Class Input 5:00 am Community Meeting Making Your College Search Count Assembly (parents) - Activity Track	18 ABFEFG Active Exercise	19
20	21 Prevalence Day Holiday No Classes	22 ABFEFG Admin. Committee Meeting	23 AGCB Com. Comm. 5:00 pm	24 BEF Class Input 6:00 am Department Meeting Spring Welcome Mtg. (Faculty Parents) Coordinated Band and Choral Concert 5:00 pm	25 ABFEFG Schedules Meeting Grades 11-12 Ticket Show	26
27 Junior Family Library 8:00 am	28 ABCDEFG	Administrative Committee Meeting				

Mar 2005

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6	7	8	9	10	11	12
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27	28	29	30	31		

Feb 2005

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23	24	25	26	27	28	29
30	31					

February 2005

ATHLETICS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 GRRB vs Oak Ridge 4:30PM-7:30 Spring Sports Begins	2 GRRB vs Oak Ridge 4:30PM-7:30 Wrestling @ Oak Ridge	3 GRRB vs Concho 4:30PM-7:30	4 GRRB vs Concho 4:30PM-7:30	5 Wrestling Team Tour - TBA
6	7	8 GRRB vs El Dorado 4:30PM-7:30	9 GRRB vs El Dorado 4:30PM-7:30	11 GRRB vs Udoni Moore 4:30PM-7:30 Wrestling (wrestling) Tourney @ CBO	12 GRRB vs El Dorado 4:30PM-7:30
13	14	15 GRRB vs Paducah 4:30PM-7:30	16 GRRB vs Paducah 4:30PM-7:30 (F) Soc vs Kentucky 3:30PM	18 GRRB vs Huntington 4:30PM-7:30	19 GRRB vs Huntington 4:30PM-7:30 T & P - Hootyquade Inv PAL Boys BB Wrestling Inv - Huntington TBA
20 PAL Boys BB Tourney	21	22 GRRB vs El Dorado 4:30PM-7:30 Playoff GRRB vs St. Francis 3:30PM	23 GRRB vs Oak Ridge 4:30PM-7:30 S.C. 8 am	24 GRRB vs New River 4:30PM-7:30 GRRB vs Paducah 4:30PM-7:30 Spring Athletics Mtg. Activity TBA	25 Wrestling Inv - Huntington TBA
27 GRRB vs Paducah TBOC	28 GRRB vs El Dorado 4:30PM-7:30 Playoff GRRB vs St. Francis 3:30PM	29 GRRB vs Paducah 4:30PM-7:30 Playoff GRRB vs St. Francis 3:30PM	30 GRRB vs Paducah 4:30PM-7:30 Playoff GRRB vs St. Francis 3:30PM	31 GRRB vs Paducah 4:30PM-7:30 Playoff GRRB vs St. Francis 3:30PM	1 GRRB vs Paducah 4:30PM-7:30 Playoff GRRB vs St. Francis 3:30PM

Feb 2005

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Mar 2005

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29	30	31				



Falcon Family News

Christian Brothers High School Monthly Newsletter

March 2005

Ad Reinhardt once said: "Art is too serious to be taken seriously." The humor in his statement lies in the sad fact that, for some, Art has all too often been considered a lesser form of academia. For others, it has simply been labeled as an unpractical path to take if one is to make a decent living.

When I was a student at Christian Brothers in the 80's, the art program barely registered on the radar. My desire to attend CB was driven exclusively by the prospect of a strong education and playing football. This was certainly the status quo for most students here at the time: academics and sports, not necessarily in that order. Art was something you learned to appreciate in Humanities class, but, practically speaking, was viewed simply as a cool hobby.

Fortunately, I had parents that encouraged me to continue my pursuit of the Arts. With their support, I branched off into sculpture, music, and poetry. Between homework and football practice, I poured my turbo-charged teenaged emotions into visual and auditory creations, certainly a positive outlet that gave me personal satisfaction as well as coordination, problem solving skills, and self-esteem. However, as I entered college, I hesitated to focus my studies on Art. I felt a sense of guilt in studying something that I enjoyed so much. Besides, what was I going to do with an Art degree... teach?

The fact is there is a multitude of opportunities in the Arts. Take the time to note how bombarded you are by the Arts on any given day. How many songs do you hear? How many television shows, commercials, news broadcasts, or movies do you watch? What about those ads, articles and photos in front of you? Is there any office in town that doesn't have something on the walls? Do you play video games? What's on display in your home?

Art is big business. Much of the success our country has enjoyed in the global market has been from the ability to take mathematical and scientific principles into creative directions. Playing the numbers and tabulating statistics certainly has legitimacy, but any business knows that it takes creative foresight to rise to the top. "Thinking outside of the box" requires development of both sides of the brain.

As LaSallian educators, it is our duty to educate the whole person by encouraging them to stretch their horizons and pursue their talents. It is heartening to see that through the diligence of people like Mr. Kevin McGovern and our dearly departed Mr. Rudy Schulze, the Arts programs at CB have expanded to serve the needs of our students. Although

we still have much to do, CB has made a name for itself in the Sacramento community as a premier school for visual arts, instrumental and choral music, drama, and media arts.

At any given time of the year, over sixty percent of the student body is enrolled in a visual or performing arts class. After the bell rings, these classes continue on in the form of concerts, plays, recording, editing, and exhibits. Students that are not enrolled in a class have the opportunity to audition for plays, art shows, or the phenomenon known as Open Mic, which in January had an audience of nearly 700!

If you have not attended any of the Art functions, I encourage you to do so even if your child is not in the spotlight. If you have, then I urge you to come to an event outside of your child's specialty. There are a number of exhibits, plays, broadcasts, Open Mics, dance recitals, and a talent show coming up. If you want to catch everything all at once, check out the Arts Expo on Sat. March 12th. You will not find more talented or professional high school artisans and entertainers than your children...our students. While you're there, be sure to stop by the Friends of the Arts table and get involved.

Things have certainly changed over the years at CB. The school I remember from the 80's has evolved in many positive ways. It's co-ed, the sports programs have doubled, and our student body is more socially and academically diverse than ever. The math, science and technology facilities are top notch, the Ron Limeberger gym has never looked better, and, as a UC college prep school, we offer four year programs in Choral, Instrumental and Visual Arts.

As we continue to change, it is imperative that we maintain our LaSallian mission. The "poor" that De La Salle refers to throughout his meditations is not necessarily a financial label. As Christian Brothers teachers we are called to nurture our students' spirituality, intellect, and compassion. Maintaining excellence in the Arts truly reflects this conviction by encouraging your children's creativity and diligence; traits that will help them to be successful in whatever they choose to pursue in life. We are committed to "enriching" their lives in hopes that they will carry on the mission. In this pursuit, we must take every subject seriously.

Kevin Haag, '87
Director of Visual and Performing Arts

Campus Ministry News



Prayer for Lent

*Redeemer Lord,
as we prepare to celebrate the great mystery
of your dying and rising,
send your Holy Spirit to guide us this Lent.
May we be led to a spirit of true repentance for our sins
and grateful appreciation for the gift of salvation.
May we forgive as we have been forgiven,
love as we have been loved,
and serve as we have been served.
May we trust in you at all times,
confident that in your mercy
you have willed the redemption of the whole world.
Amen.*

Retreats

The **Kairos 6 Senior Retreat** will be held **March 15-18** at Our Lady of the Oaks Retreat Center in Applegate. Please remember the retreatants, student leaders, and adult leaders in your prayers during these four days of spiritual reflection and growth.

The next **Junior Retreat** is **Friday, March 4** at Christ the King Retreat Center. The next **Sophomore Retreat** is **Tuesday, March 1** at the Newman Center. Sign-ups for these retreats are still available.

The **Sophomore Retreat** that was originally scheduled for **April 29** has been changed. That retreat will now be held on **Friday, April 22**.

STUDENT ACTIVITIES

March - Roaring in like a lion or bleating like a lamb? Well, around Student Activities Central it's a little of both. February saw the *Asian-Pacific Club* dish up some delectable treats to celebrate the *Chinese New Year*—the Year of the Rooster. As well, the *French Club* celebrated *Mardi Gras* by serving some delicious crepes.

The student body will recognize and fire up our spring sports athletes during our *Spring Sports Rally* on Thursday, March 10. We have eleven sports teams competing in athletics this season, and we look forward to an exciting rally as we say, "Hooray!" to our competitors and "Good-bye" to our beloved seniors.

The *Upper Division Ball* will be held Friday, April 15, and bids will go on sale to seniors on Friday, March 11, and Monday, March 14. Juniors may begin purchasing their bids on Tuesday, March 15. The final day bids may be purchased is Monday, March 21. As the students and the department are still considering the various decorative and dining options available for the event, the bid price has not yet been established.

For upcoming upper division students (classes of '06 and '07) who have a strong desire to get *really* involved with many of the activities on our campus, applications for *Associated Student Body Council* will be available beginning Tuesday, March 15. *Class Council* applications will be available Monday, April 25.

The Student Activities Department would like to wish all of our community members a *Happy Easter* and a joyous upcoming spring.



NEWS FROM THE GUIDANCE DEPARTMENT

Just another reminder! SUMMER SCHOOL REGISTRATION IS STILL OPEN. SUMMER SCHOOL BROCHURES WILL BE AVAILABLE IN THE MAIN OFFICE BEGINNING IN MID-MARCH. REGISTRATION REQUIRES A NON-REFUNDABLE \$250 DEPOSIT. If you have questions about summer school, please call Director Noel Hesser at 733-3697 (this is a voice mail number only). Parents, if your child has D's or F's on his/her report card, READ THIS!

As page 8 of the *CB Parent/Student Handbook* emphasizes, "D's" and "F's" are bad news on report cards! It is important for you and your student to understand that neither "D's" nor "F's" are acceptable. "F" grades must be repeated for credit in order to graduate from Christian Brothers High School. "D" grades, though worth 5 credits towards graduation, are NOT accepted by four-year colleges and universities. All California State University campuses, University of California campuses, and most private institutions require a "C" or above in ALL core courses (core courses are approved History, English, Math, Lab Science, Foreign Language, Visual and Performing Art, and Elective courses - also known as the "a-g" list of approved courses). If students have "D's" on the transcript they are not eligible to apply for admission to CSU and UC, and therefore are seriously limiting their choices for college.

If your child would like to keep his/her options open and remain *eligible* to apply to a four-year college, the Guidance Department highly recommends that he/she remediate (repeat for credit) any "D" grades. Students may enroll in a variety of classes during the 2005 CBHS summer school session in order to remediate a grade. If a student completes the course in summer school with a "C" or above, his/her transcript will reflect the new credits and the new grade will be used when calculating the grade point average. For example, if your child is currently enrolled in Biology and received a "D" the first semester, he/she should consider repeating Biology this summer. If he/she is currently enrolled in Chemistry, it is important to receive a "C" or above at the end of the spring semester. **CSU and UC will "validate" (count as successful) the whole year of Chemistry (but only Chemistry, no other science course) if the student shows marked improvement the second semester (i.e., goes from a "D" to a "C", "B", or "A").** Therefore, Chemistry students have a choice - work very hard this semester and bring the grade up, or repeat Chemistry in summer school to raise the grade. **This holds true for all Math courses and foreign language courses as well.** Since a *full four years* of English is a basic requirement for eligibility, any "D's" in English should be remediated. *One year* of World History is the minimum requirement for eligibility, so students should be sure to have a "C" or above for **at least two** of the four semesters of Fresh/Soph World History. Any US History "D's" should also be remediated.

NEWSFLASH! The latest news from the University of California regarding Chemistry: Change in Validation Rules for Fall 2007 Chemistry

UC faculty has approved a change to the rule governing how students may clear a deficiency in chemistry. Implementation of the rule change has been delayed until fall 2007 to avoid disadvantaging high school students who plan to apply to UC in 2005 and 2006. The change means that current high school sophomores who take chemistry in the 2004-05 school year and receive a D or F grade in the first semester must repeat this semester and earn a grade of C or better to satisfy part of the 'd' subject requirement. The semester of coursework may be repeated any time prior to high school graduation. Students who apply to UC in 2005 and 2006 will not be affected by this change and will still follow the current validation rule. Under the current rule, a student who earns a D or F grade in the first semester of chemistry may clear the subject omission and scholarship deficiency if he or she earns a grade of C or higher in the second semester of the course.

Service Learning/Community Service

Lenten Alms Giving: On December 25, 2005 our community was struck by a horrible tragedy. Two of our students were involved in an automobile accident, which resulted in the deaths of four young people. On that same day half way across the world, the Tsunami hit South East Asia and over 302,000 were killed in seven different countries (that number could still be rising). The first week of school was a difficult time; we were struggling on a local level with the sudden death of Tia Santos and on a global level with the tragic death of thousands of Tsunami victims.

It was the students who impressed me the most during that time. In the midst of mourning the death of one of their classmates and worrying about the fate of the one who survived, our students continued to pour into Campus Ministry and ask what our response was going to be to the Tsunami disaster. They wanted to know what they could donate, what they should donate, where they should donate, and when? We hadn't even put the final touches on the prayer service we held to honor the life of Tia. I was stunned and at a momentary loss for words, something that rarely happens to me. After I recovered I let the students know that we would certainly be doing something, but I wasn't exactly sure what or when. I was deeply struck by the maturity of our students, in all four grades, to be able to grieve the loss of one of their own, worry about the fate of another, but still be concerned with those who had lost more than just one. Our students were concerned about the Tsunami victims who were worried about the fate of their entire family or village, not just one friend. Having only been at CB for six months, I am struck by how much the mission of De La Salle has become a part of our students and how deeply they live out his teachings. I am also struck by the faith they learned from their families before ever coming to Christian Brothers.

It is by the strong urging of our students that the student/staff Tsunami Response Team was formed very quickly. The Response Team decided that students can give in three ways: 1) Donate money in the various Tsunami Relief cans placed around campus. 2) Buy a Tsunami Relief bracelet for \$3.00 in Campus Ministry. 3) Donate money at the Talent Show to be held on April 7. All proceeds from the above activities will go to our Lasallian Schools in South India that are partnering with other local groups to rebuild the devastated schools and local communities. The students have raised over a \$1,000 towards our Lenten Project of Tsunami Relief efforts.

Thank you to all of the students who came forward during this time. You have inspired me on what it truly means to be a member of the De La Salle Community, something I thought I learned fifteen years ago.

Ms. DeBenedetto-Emanuel
Service Learning Coordinator

Oak Park Clean Up a Great Success - Christian Brothers recently teamed up with the District Attorney's Office and the Sacramento Sheriff's Department to help clean the trash and do graffiti abatement in Oak Park. We had more than 65 students come out for this great event. Thank you to Mrs. Coyner for all her hard work to put this day together. The next Oak Park Clean up is on Saturday, April 9, 2005 from 8:45am - 12:30pm. All Christian Brothers Students and their families are welcome to join in the fun.

Muscular Dystrophy Summer Camp

Muscular Dystrophy Association's summer camp program at Camp Ronald McDonald (at Eagle Lake) is looking for camp counselors. Counselors assist individuals with neuromuscular disorders in their daily activities and have lots of fun with the campers. A speaker from Muscular Dystrophy Association will be on campus on Thursday, March 10, during Falcon Flex Period, in Campus Ministry. All are encouraged and welcome to attend.

ROTARY CLUB SPEECH COMPETITION

Three students from Mr. O'Brien's Speech and Debate class participated in the Rotary Club's speech competition in mid-January. Congratulations go out to Kevin Ericson, who won first place, Trevor Messick, who took second and Erika Crane, who came in third. Kevin will go on to compete at the district level on March 22, 2005. GOOD LUCK, KEVIN!

2004-2005 Fall Semester Honor Roll
Students with 3.5 gpa or above

Freshman

Shalvessa Josephine Ali
Samantha Kristine Anderson
Matthew Donovan Aronson
Francesca Rose Aronstein
Chelsea Thomas Barta
Lauren Newton Carpenter
Paige Noelle Castleberry
Haley Kathleen Cavensugh
Taylor Ramon Chamberlain
Kaitlyn Ann Collins
Sophia Rose Crawford
Elisa Maria Cuomo
Amanda Helen D'Elia
Aaron James Dennings
Nathaniel Paul Dorrek
Aaron Garcia Domingo
Ian Alexander Dwight
Sena Elena Ercinat
Reynaldo Arthur Enriquez
Nicole Marie Evashek
Mason Paige Gallagher
Anthony Cole Galligan
Charizee Amarissa Gardiel
Alexander Parker Hall
Kelly James Harris
Erica Marie Hawey
Edward Charles Henry
Jason Robert Holmes
Emmanuel J Hunter
Andrew Tim-Ahn Jackson
Aan Rabban Webster Jackson
Claire Elizabeth Jennings-Bledsoe
Megan Nicole King
Brian Thomas Karmally
Joseph Mark LaBricola
Joseph Jackson Lipper
Connor Terhaar Long
Luis Apollinar Lopez
Natalie Laura
Bilawal Mahmood
Amanda Lea McDonald
Kelly Ann McEweney
Grant Joseph McNamee
Trevor Neil Meek
Tyler Makana'olua Meredith
Veronica Grace Mooney
Allison Lynn Moser
Samantha Lou Moser
Andrew Norris Nelson
Jose Silvano Nieto
Cimona Antonette Nasley
Kaitlyn Mary O'Hara
Jennifer Lena Pascaul
Raj Jayesh Patel
Ivan Alejandro Perez
Erin Frances Perry
Charles Russell Pflast
Blair H. Pierre
Nelson Evaristo Ramirez
Kaitlin Alexa Robinson
Katherine Leigh Rodola
Robert Eugene Schorn
Laurel Elizabeth Schreid
Carlynn Rose Suchsra
Kelsey Justine Sharp
Ann Faby Starnad
Michael Valin Teixeira
Stephen Christopher Thomas
Kayla Shauntelle Thompson
Samantha Skye Torado
David Truman Tracy
Margaret Moore Waterhouse
Britany Yvonne Wilborn
Stefan Ailyn Wilbur
Matthew Benjamin Wong
Amanda Michele Z

Sophomores

Marice Taylor Abney
Polo Giovanni Adams
Lysivna Jelynn Archie
Ashley Marie Aurich
Dene Christian Axelgard
Colin James Ballou
Jessica Grace Bond
Ewan Phillip Burford
Christopher Camilo Carrillo
Angela Therese Carter
William Coddington
Candace Marie-Gurman Cole
Matthew Joseph Leon Connors
Tyler Skover Coons
Britton Andrew Cope
David Garrett Cotter
Megan Marcelina Dejang
Jeffrey Alexander Delgado
Matthew Patrick Delgado
Manuel Xosha Diaz
Natasha Doreen-Hanlin
Danica La'Nea DuPuy
Joseph H Enski
Madeline Clare Flynn
Jonathan Ramaventura Garrucho
Katherine Anne Gnosbeck
Vincent Nicholas Guidara
Alexander Glenn Haw
Leslie Ann Hoffelitz
Isiah Lyn Horning
Stacy Jane Howell
Victoria Desiree Hrubak
Alicia Christina Isaacs
Amanda Catherine Johnson
Matthew James Kalmanian
J. (Joey) Joseph Keahy-Moore
Richard Leroy King
Caitlyn Marie Knox
Timothy David Kutz
Lauren Anne Lahey
Jessica Renee Lam
Lena Lam
Adria Patricia Lawrence
Lauren Ann Leishman
Joseph Raymond Lewis
Nicole Caitlin Link
Colin Elliot Lyggen
Taylor Praga Mahony
Scott Graison McCalla
Chayla Charisse McDevil
Lindsay Terumi Melinc
Samantha Lion Miller
Patricia Anne Mosberger
Alexandra Kathleen Murphy
Daniel Anthony Narval
Veronica Alicia Olivas
Caitlin Mae Olson-Kenny
Elizabeth Marie Olveda
Nicole Gabrielle Ortega
Anthony Q Pham
Tin Hong Pham
Brendan T Phillips
Javier Andres Plasencia
Matthew Louis Putrino-Mamola
Kiana Josephine Salazar-Thompson
Aliza Kristina Batoon Santos
Sidney Morgan Kennedy Schweideman
Joshua Stanford Bide Silver
Nicholas Adam Sullivan
Clark Garrett Taylor
Allison Joyce Tinnin
Chelsea Rose S. Van Doren
David Michael Van Maydon
Hugo Vega-Ramirez
Lena Danielle Walton

Christopher Keith Webb
Logan G Williams
Ryan Timothy Wilson
Anne Meredith Winlow
Christopher Elliott Woon
Juniors
Jennifer Lynn Ary
Khazim-Marin Alshihani Bauer
Maile-Rochet Nanaikalani Bauer
Katherine Anoush Bedrosian
Brian Anthony Bonagnore
Jessica Nicole Boroskin
Matthew Benjamin Braly
Adam Jordan Brown
Michael Jack Burlando
Allison May Carpio
Jonathan David Chaffin
Raque Charvet
Alex Jonathan Compton
Erika Nicole Crane
Anna Elise Chape DeCosta
Timothy Andrew DeRodeff
Andrea Maria Diaz
Douglas Quincy Druud
Thomas Noah Duffy
Lauren Helene Evashek
Irene Ferra
Maggie Eileen Fitzgerald
Korran Mikal Flynn
Rachel Ann Franzetta
Julyn Marie Gallagher
Carlos Enrique Garcia
Claire Elizabeth Gilbert
Gabrielle Elizabeth Grew
Allan Elizabeth Guggler
Kelly Kathleen Hawkins
Rebecca Hernandez
Anastasia Katherine Hesser
Laine Marielle Himmelmann
Megan Krys Hinson
Bryan Edward Holist
Erica Danielle Howard
Samuel Sherman Hyde
Edward Tim-Ming Jackson
Neil Taylor Johnson
Lisa Ann Kalkoon
Alex Kemper-McCall
Tara Michelle Lanson
Erica Wai Ki Lee
Daniel Joseph Leyva
Brittany Kayla Livewort
Steven James Losco
Hannah Christine Lowe
Keith Kee-Chi Lui
Christopher James Luna
Marie Rebecca Marco
Ashley Nicole Martin
Erin Kathleen McKenna
Justica Elaine Metzam
Rafael Mendlin Miguel
Natalie Lynn Nelson
Jeremy Robert Nevis
Alexander William Newcomb
Timothy Dang-Nam Nguyen
Colin Byrne O'Brien
Megan Michelle Palermo
Justin Dieter Andres Perez
Mark Ellis Polhemus
Adam Craig Price
Jennifer Lynn Rodabauck
Claudia Romanelli
Anne Marie Rosenstiel
Calvin John Ruiz
Kaitlin Margaret Ryder
Kent Edward Sargent
Theodore Michael Segers

Erica Danielle Smith
Valerie Karen Taylor
Kelsey Ann Thompson-Briggs
Kathryn Leigh Tomello
Karin Raquel Vallejo
Amanda Melane Walner
James Leo Waterhouse
Kelli Annette Waters
Melbory Kamiko Tokunaga
Lindy Lee Wilson
John Stewart Winkler
Brendan Samuel Wright
Adam Paul Zeboski
Gregory Norman Zeman

Seniors

Christine Elizabeth Ansonse
Jeynsba Lorynn Archie
Eris Leigh Barasani
Danielle Nicole Bennett
Jenna Leigh Boddeley
Andrew David Borakins
Michael Amos Braly
Alicia Renee Breitenhaus
Tyler Wayne Brown
Renae Alyssa Campos
Adam Jeffrey Chapman
Eric Perez Chavez
Brandon Timothy Chen
Stephanie Ann Cotta
Anthony John Crisostomo
Kristina Renee De Anda
Christopher James DeWitt
Ashley Michelle Dadds
Jennifer Nicole Ferreira
Amy Leigh Field
Allison Marie Froschler

Zane Palacios Griffin
Keith Jefferson Herwood
Maughan Nicole Hillan
Elizabeth Joan Hogan
Cody James Howie
Alexander Scott Hughes
Erica Michelle Jaramillo
Evan Michele Jeffries
Michael Frank Jones
Christina Elizabeth Juarez
Colleen Patricia Karbowski
Ryan Nicholas King
Adam Robert Koppel
Bridget Marie Krasner
Audrey Jane Laine
Monica Mary Laubacher
Matthew David Louie
Catherine Elizabeth Lyons
Zachary Joseph Madewell
Marie Madrigal
Tessa Kay Malinowski
Allison Elizabeth McCarthy
Brianna McCoy
Kimberly Michelle McGinn
Janae Ashley McMillan
McKenzie Miska Malone
Gary Miodlin Miguel
Jacqueline Norma Minas
Edward James Mivattani
Theodore John Monson
Marissa Andrea Montoya
Brydson John Norrme
Andrea Mariana Navarro
Engelbert Chua Navarro
Katherine Davida Niehaus
Elizabeth Anne Nolan
Andrew Lloyd Oliva

Kevin Patrick Park
Vishal Dhillipal Patel
Sarah Nicole Ferrin
Amanda Natalie Platenica
CJ Monique Barba Quindale
Heather Lynn Ravas
Jose Horacio Raymundo
Miamah Bendo Reed
Brian Michael Riley
Deirda Santiago San Pedro
Nicolaus Cortopassi Seppi
Andrew Dmitri Sherepp
Kayla Lee Simon
Laura Michelle Singer
Melissa Anne Singh
Angela Courtney Stanzl
Jennifer Lynn Stalton
Lauren Kathleen Struching
Brian Richard Taylor
Sonya Elizabeth Teclat
Destina Louise Thomas
James Howard Thompson
Spencer Russell Tochenman
Giberto Valentino Tovar
Michael Joseph Vannone
Courtney Cathie Vellenoweth
Michael Andrew Veridiano
Noah Douglas Webb
Tyler Robert Wichmann
Ashley Anne Wright
Jared Ivo Yarnowski
Shane Andrew Zane

**DATE CHANGE
for
FRESHMAN ENROLLMENT NIGHT**

Freshman Enrollment Night will take place on
Tuesday, April 5, 2005
(instead of Wednesday, April 6)
from 4:00—7:00 p.m.
in the
Ron Limeberger Gymnasium

Congratulations to our German students!

They did it again! In the latter part of January this year CB students took the National German Exam given by the prestigious AATG (American Association of Teachers of German). Among a very high number of test takers they scored high enough to make the heart of their German teacher, Gabriele Truhitte, beat quite a bit faster. "Your students were among those who scored on or above the 85th percentile. This achievement, in light of the large number of test participants, brings honor to the school district, to you, your students, and your German program."

One of our top students, Kelsey Lindelof, scored high enough to reach the very top level! Next qualification for Kelsey is to pass an interview over the telephone, done entirely in German. Good luck, Kelsey!

CHRISTIAN BROTHERS ATHLETICS

Girls and Boys Basketball

Our girls and boys basketball teams have been a huge success this season. Our boys were seeded number 7 in playoffs and looked strong in their opening round victory over Mariposa. They were eliminated in the second round of playoffs after a loss to Encina. The girls climbed to the number 3 seed in playoffs and earned 1st and 2nd round home playoff games. They handled Riverbank and will take on Escalon in the second round. Both programs should be very proud of all they accomplished this year.

Wrestling

CB Wrestling team is gearing up for the post season. Christian Brothers hosted the first round of the State Championship Wrestling Tournament. The SVC Tournament was held Feb 11 and several CB wrestlers earned hard fought medals in their respectful weight classes. Freshman Jose Nieto placed 5th at 103 pounds as well as Sophomore Joe Ezaki at 189 pounds. Junior Albert Tapia was 2nd at 119 and Tom Duffy and Bryan Holst were 4th at 160 and 171 pounds. All three juniors qualified for the Sub-Section meet at Del Oro High School on Feb 18-19. Albert Tapia led our team with a 5th place finish. He has now qualified for the Section Meet that will be held on Feb 25-26 at Pitman High School in Turlock CA.

Baseball

The varsity baseball team played its first scrimmage against Casa Robles on Saturday, February 19th. Strong pitching performances were turned in by Tyler Wichmann, Cory Valine, Tyler Coons, and Danny O'Brien. Curtis Raulinaitis provided some nice defensive plays; Brendan Wright threw out several runners. The bats were somewhat silent, but hitting can be expected to improve as the season progresses.

Diving

Christian Brothers diving team is going strong with one of its biggest teams ever. Leading the team with both experience and enthusiasm is Teal Burger who will complete her 4th year of diving this season. She has been responsible for 90% of the recruiting as well as leading the team in points.

Aside from Teal, the team only has one other diver with experience, Jenna Bodolay. However, our incoming freshman boy, Blair Piemur will be a force to be reckoned with and our new sophomore Katherine Brun-Karrn, along with senior, Bryce McCarthy are certainly going to add that factor of determination and dedication that every team needs. We are off to a strong and fun filled start and look forward to beginning competition in the upcoming weeks.

Swimming

Three weeks into their pre-season training, the Falcon swimmers are hard at work. They're pulling, kicking, diving, turning, sprinting and racing- all in preparation for their season competitions. With a team full of enthusiastic and dedicated athletes, wonderful things are bound to happen! Come out and see us compete against our toughest opponent, Oak Ridge on Tuesday, April 12th at Sam Pannell Pool on 24th and Meadowview!

All Spring Sports

Please keep checking our website for changes to schedules this spring. You can get up-to-the minute information at the click of the hand. With so many sports affected by the weather this will be the best way to keep current on all the happenings this spring. Come out and enjoy great competition!

GO FALCONS!!



UPCOMING ARTS EVENTS

Golden Empire Music Festival - The CB Choirs will be competing at CSUS in Capistrano Hall at 2:15 and 3:00 p.m.

JAMMIES Contemporary Show - March 5th at the Crest Theater, featuring the student band *Running Riot*, winners of the Sacramento *Battle of the Bands*.

Arts Expo - Saturday, March 12 from 5:00-7:00 p.m. at CB in the SMAT wing, theater and main lawn. Free admission, hot dogs and snacks. All aspects of the visual and performing arts on display!

12th Annual Jazz Dessert Concert - Right after the Arts Expo, 7:00 p.m. in the gym. \$5 in advance or at the door. Great music and desserts!

Crocker Art Gallery - March 1-April 21. Senior Desdra San Pedro will be featured in the *Youth Art Month* exhibit competing with artists from all over northern California. Reception on Sunday, March 13.

JAMMIES Evening of Classical Music - Featuring the CB Vocal Jazz Ensemble Sunday March 20 from 6:00-9:00 p.m. at the Mondavi Center for the Performing Arts in Davis. Ticket info at www.JAMMIES.com

CB Talent Show - April 8 at 7:00 p.m. in the gym.

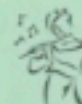
Spring Musical - *A Funny Thing Happened on the Way to the Forum* - April 22-24, 29, 30, May 1.

13th Annual La Salle Art Exhibit - Thursday, May 5 at CB in the SMAT wing from 7:00-8:30 p.m. Submissions are now being accepted for this judged show.

Open Mic - May 6 at CB, time to be announced.

Instrumental Concert - 7:00 p.m. at CB.

Choral Concert - 7:00 p.m. at CB.



PARENT & ALUMNI INVOLVEMENT

Booster Club, Parent Support Organization & and the Alumni Association.

GRAD NITE "101"

What is Grad Nite?

Grad Nite started as a partnership between the school administration and parent volunteers who wanted to provide a graduation party in a drug and alcohol free environment. This *safe and sober* event is for *all* graduating seniors. The schools faculty, staff and parent volunteer committee is dedicated to encouraging students to celebrate their graduation without drugs and alcohol. Grad Nite is an all night celebration following graduation on May 20, 2005 with non-stop activities from 10pm-5am. Grad Nite is organized by parents at each grade level (Freshmen - Senior).

How much does Grad Nite cost? The cost for Grad Nite is \$90.00 per student - for everything. This will cover all the entertainment, food (all you can eat), videos and pictures to take home. Scholarships to cover the cost are available for those in need. If you need assistance or know of a family that does, please contact Donna Adam by phone (733-3662) or e-mail (dadam@cbhs-sacramento.org). The information for a student in need is confidential between the student and me. We are offering a three month payment plan of \$30.00 to be paid in March, April and May.

Parents, how can you help?

Senior Class Parents: First, please encourage your son or daughter to attend this unforgettable event. This is the last time the seniors will celebrate together as a class. The Classes of 2001, 2002, 2003 and 2004 had near 100% participation at their Grad Nite event. It will be an evening filled with non-stop activity, friends and most importantly...memories. Secondly, help plan the phenomenal celebration and with your ideas to help put the event together. Our next scheduled meeting is March 9 at 6:30 pm in the Boardroom located in Brother Bertram Hall.

Junior Class Parents: are the Grad Nite Event and Committee Chairs. Junior parents are responsible for planning and organizing all parts of Grad Nite from booking entertainment, securing location, raffle prizes and all volunteers. It's a fun and unforgettable event to volunteer for.

Sophomore Class Parents: Assist with Raffle Prizes donation of gift cards. Watch for a postcard mailing in April with details.

Freshman Class Parents: Contribute snacks for the graduates to munch on during the festivities. Watch for a postcard mailing in May with details.

2005 GRAD NITE PLANNING COMMITTEE

Meets the second Wednesday of every month (Jan-May 2005) at 6:30pm for approximately one hour.

Position	Name	Phone
Chairman (Junior Class)	Cindy Castronovo (Ryan '06)	395-3212
Co-Chairman (Junior Class)	Christy Donoghue (Ryan '06)	684-3821
Sophomore Chair	Sonya St. Mary (Taylor '07)	624-9585
Freshman Chair	Jennifer Jennings (Claire '08)	455-2176
Advancement Office	Donna Adam (Connor '06)	733-3662
	dadam@cbhs-sacramento.org	
Casino Night Chair	Pam Kennedy & Rob Scheideman (Sidney, '07)	452-1690
Decorations/Set-Up Event	Cindy Holst (Bryan '06, Katherine '08)	455-7366
Entertainment		
Food Chair	Sharon Field (Amy '05)	991-3255
Invitations/Reservations	Debbie Woodsford (Ronny '06)	733-3605
Lanyards	Janis Franzoia (Rachel '06)	442-5486
	Linda Bray (Addison '05, Elyse '06)	715-8411
Publicity		
Runner/Shopper	Tin Quan (Minh '06)	421-7621
Secretary		
Security (at event)		
Security (at school)	C. Donoghue, S. St. Mary, J. Jennings	
Stow-a-way bags	LouAnne Meline (McKenzie '05, Lindsay '07)	645-3418
Student Check-in (at event)	Jim Van Gundy (Alyssa '06)	429-7010
Student Check-in (at school)	Colby & Annie Anderson (Colby '07)	456-2533
Transportation	Jerry & Susan Raulinaitis (Curtis '06)	456-7327
Volunteer Coordinator	Mary Messick (Trevor '06)	996-9809

March 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																															
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<p>27</p> <p>EASTER SUNDAY</p>	<p>28</p> <p>ABCEFDG</p>	<p>29</p> <p>ABCEFDG</p>	<p>30</p> <p>ABCEFDG</p>	<p>31</p> <p>ABCEFDG</p>	<p>Easter Break</p>	<p>Easter Break</p>																																																															

Apr 2005						
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Falcon Family News

Christian Brothers High School Monthly Newsletter

April 2005

Dear Parents,

The poet Victor Depta, in his book *The Helen Poems*, writes of his teen daughter in the poem *Tuition Costs*:

I'd raised a child, practically
as if the end were something I'd thought about
prepared for, worked toward
when, in fact, I was amazed how little time was left
what with the ACT, SAT, the mailbox cluttered with college ads

loan forms, tuition costs, room and board
as if I were packaging her, fully insured
for Berkeley, Davis, somewhere deliverable to
and tarpered with, probably
opened like a certified intelligence.

I'd raised a child
as if a million million hadn't done the same
yet it was fresh to me, fragrant as irises
as the climbing rose on the back porch
where I kept myself busy to distract myself

sawing fretwork, attaching it to the posts
and painting everything white, white as the roses
wonderfully unreal, a dream-labor
old fashioned as the moon in May, delicate
as she readied to go away.

The poignancy he feels as he prepares to launch his daughter off to college and into adulthood is something to which we parents (especially parents of seniors!) can relate. The process of "letting go" can be a challenge. You have carefully guided and helped select the choices your son or daughter has made to this point, including choosing Christian Brothers as the special place to prepare him or her for college. We at CB have labored diligently in partnership with you to provide a strong academic foundation and intellectually vibrant community to best prepare your student

for higher education. That is part of our mission as a college-preparatory school.

But I hope that all of us, in focusing on college and the future, have not put "second things" first. The primary mission of Christian Brothers is to give your child, as our Founder, St. John Baptist De La Salle stated, "a human and Christian education."

This encompasses so much more than mere academics and is reflected in our motto "Enter to Learn-Leave to Serve." We are about the business of salvation: teaching Gospel values, modeling Christian character, and striving to produce graduates who truly know the presence of God in their lives and know how to live abundantly, giving to others in return for all which they have received.

Sometimes in the complicated 21st century business of "packaging" our kids for the best universities, we may forget that there is more to life than a prestigious bumper sticker on the back of the family car. Perhaps just for today we should stop all the planning and fretting about college entrance and remember, as Depta puts it, "how little time was left." The Easter season is a time of joy, of new life, and of remembering Christ's death and resurrection for us. What better time to take a deep breath, remember we are in the holy presence of God, and look deeply into the eyes of our child with a grateful heart for this precious gift from God. Enjoy this moment with him or her, knowing these wonderful years at Christian Brothers will be over all too soon. May all of us exemplify for our kids the priorities of unconditional love and a "big picture" view of the purpose and meaning of a Christian Brothers education.

Live Jesus in our hearts,

Mary Hesser
Director of Guidance Services

SPECIAL PARENT PRESENTATION—Thursday, April 7, 2005

When:	Thursday, April 7, 2005 from 7:00 PM – 9:00 PM
Where:	Ron Limeberger Gymnasium
What:	Special Parent Presentation
Presenters:	Jon Daily, LSW and CADC – <i>Teenage Substance Use/Abuse</i> Ben, 9 th Grade Jesuit HS Student – <i>What Parents Can Look For</i> Detective Steve Ferry, Sacramento County Sheriff – <i>Drugs in Sacramento</i>
Who:	Parents and guardians of CB Students
RSVP:	Parents@cbls-sacramento.org (include child's name and number attending)

ANNOUNCEMENT OF NEW PRINCIPAL

We are pleased to announce the appointment of **Raymond John Burnell** as Principal of Christian Brothers High School effective July 1, 2005.

Mr. Burnell comes to Christian Brothers with eighteen years experience in Catholic education. He has served the Sacramento Catholic community as Principal of Sacred Heart School since 2001. He has also served as principal of two other Catholic schools in the Diocese of Monterey. From 1996-99, he served as Assistant Secretary of Education for Catholic Schools and Parental Rights Advocacy for the United States Catholic Conference in Washington D.C. In the late 1980's he taught three years at Palma Catholic High School in Salinas, California.

Mr. Burnell holds a Bachelor of Science degree in political science and a Master's degree in Public Administration from Arizona State University. He has also earned a Master of Education degree with an emphasis in Catholic Educational Leadership from the University of San Francisco. In addition to these academic credentials, Mr. Burnell is a Master Catechist with an emphasis in social justice.

This appointment comes after a thorough search process. In the coming months, efforts will be made to provide opportunities for Mr. Burnell to get to know the Christian Brothers High School community. His foremost obligation will be to the Sacred Heart School community for the remainder of the current school year.

Campus Ministry News

Prayer for Easter

Risen Savior,
your rising from the dead
fills us with immense wonder and great hope.
In your abundant mercy,
you endured death to prove your love for us
and set us free from sin and death.
Fear, hatred, suffering, and failure cannot endure.
In our celebration of the great feast of Easter,
we look forward in certain hope for new life,
not only after death,
but in our hearts right now.
Throughout the Easter Season,
may we seek and find your gift of a spirit renewed.
Amen.

Retreats

There are two sophomore retreat opportunities left - **Tuesday, April 12** and **Friday, April 22** at the Newman Center across from CSUS. The final **Junior Retreat** of the year will be **Tuesday, April 26**. Space is still available on these retreats - encourage your son or daughter to sign up in the Campus Ministry office.

Attention Junior Parents! Kairos 7 takes place **May 31-June 3** at **Christ the King Retreat Center** in Citrus Heights. This four-day retreat is for **current juniors only** - it will be their first opportunity to participate in their senior Kairos retreat program. This is an ideal opportunity for those students who want to make this retreat but are concerned about missing three days of school. In addition, the students who attend this retreat will be eligible to lead the other Kairos retreats during the 2005-2006 school year.

The faculty and staff will be enjoying a well-deserved two-day **Community Retreat** on **April 18-19**. **There will be no classes on those two days.**

Liturgies

Our **Multicultural Prayer Service** will take place on **Thursday, April 28, 2005** at 9:30 a.m. in the Ron Limeberger Gymnasium. In prayer, song, and readings, we will celebrate the diversity of our Christian Brothers Community and the unity we share as the Christian Brothers family.

The **Senior Family Liturgy** will take place on **Sunday, April 24, 2005** at 9:30 a.m. in the Ron Limeberger Gymnasium. We look forward to celebrating with the Seniors and their families in the final steps of their journey towards graduation.

NEWS FROM THE GUIDANCE DEPARTMENT

COLLEGE NEWS

Congratulations to the class of 2005! Admission decisions have been steadily arriving for our seniors, with more to come throughout the month of April. Some of the colleges and universities this year's graduating class have been admitted to are:

Stanford University	Massachusetts Institute of Technology (MIT)	
Yale University	University of Southern California	University of the Pacific
Most UC campuses	Saint Mary's College	Boston University
Loyola Marymount University	University of San Francisco	Seattle University
Brandeis University	Goetzaga University	Lewis & Clark College
Many CSU campuses	University of Portland	University of Ohio

and many more too numerous to list. All colleges students have been admitted to and those they will attend will be listed in the Commencement Program next month. **Parents, be sure to have your senior turn in the "Senior Survey" by either completing it online at the "Family Connection" (see website for details) or filling out a paper version at school and returning it to Mrs. Hesser as soon as possible. Students need to list ALL colleges to which they have been admitted and ALL scholarships, awards, etc. We must have this information in order to accurately recognize your child at the Senior Family Liturgy on April 24 and at graduation on May 20.**

Sophomores and Juniors: This spring is a good time to take the SAT and ACT exams! Sophomores, if you are completing a course you feel you have done well in (for example, AP World History, Chemistry, etc.) and want to take the SAT subject exam, be sure to register to take the **June 4 SAT subject exam** (the registration deadline is **April 29**; go to www.collegeboard.com to register). Juniors, if you did not register to take the **May 7 SAT exam** by the deadline, you may still register late until **April 6** (there is a late registration fee). Be sure to register for either the SAT or SAT subject exams **June 4** date by **April 29**. The next ACT exam is **June 11** - the registration deadline is **May 6**. Go to www.act.org to register.

SUMMER PROGRAMS -- DO SOMETHING EXTRAORDINARY THIS SUMMER!

Summer will be here before we know it! Summer is a wonderful time for students to expand their horizons, enrich their lives with fascinating experiences, and improve their readiness for college through academic pursuits. Each year Christian Brothers High School receives materials from schools and organizations describing programs available to high school students during the summer. Some of these are travel/study programs or camps abroad. Many programs are offered on U.S. high school or college campuses. These materials have been organized in a box in Brother Edward Hall -- feel free to stop by and peruse the many brochures. (The inclusion of a program in this listing is not an endorsement or recommendation by CBHS. Students and their parents should look closely into any programs they are considering.) The Christian Brothers' website lists dozens of summer programs that are available to your child. Check it out at www.cbhs-sacramento.org -- go to "Popular Links" on the homepage and click on "Guidance/College Center," then click on the **Summer Programs** folder. More information is added weekly.

Student Evaluation of Teachers

During the second and third weeks of April, students will be selected at random to participate in this year's Student Evaluation of Teachers. Students will be asked to complete anonymously the evaluation forms which will be mailed home to them. Once the evaluation forms are completed, they need to be returned to school via U.S. mail or in person at a drop-off basket in the main office. If your child receives one or several of these forms, please help us with this process by making sure that they complete and return the forms.

STUDENT ACTIVITIES

"April is the cruelest month." So said T.S. Eliot not so long ago. Well, Mr. Eliot, around this community, it's a time of refreshed renewal as we look ahead to the 2005-2006 school year and celebrate the cultural mosaic that this school presents to our city.

Tuesday, April 5, from 4:00 p.m. until 7:00 p.m., in the Ron Limeberger Memorial Gymnasium, will be *Freshman Enrollment Night* when we will welcome many of our incoming freshmen and their parents. It will be a time to complete some registration materials, visit athletic and club booths, and do a bit of mingling with families.

Friday, April 8, from 7:00 p.m. until 9:00 p.m., also in the gym, will be our *Talent Show* when many of our gifted students will venture onto the stage and share their talents with a welcoming crowd of supporters. The cost of admission will be a donation to our Tsunami Relief project.

Next year's Associated Student Body Council candidates will campaign for offices beginning Monday, April 11. Their speeches will be presented to the student body on Wednesday, April 13, and the election will be held on Thursday, April 14.

The day after elections, Friday, April 15, the CB community will have a day off thanks to the hard work of our students during their QSP magazine drive last fall.

Have you ever wanted to wear a mask to a ballroom dance with a mysterious enchantment about you and your glorious magnificence? Good, because we are having our Upper Division *Masquerade Ball* on Friday, April 15. While the rest of the student body are enjoying their "mental health day," the upper division students will be spending the day getting their hair cut and make-up done, in last minute preparation for the Ball.

Our Rock-M-Sock-M Girls' *Powder Puff* football teams will blast their ways through a tournament from Wednesday, April 20, until Monday, April 25.

2005-2006 Student Body Class Council applications will be available beginning Monday, April 25, and are due Friday, April 29.

Multicultural Week will take place from Tuesday, April 26, until Friday, April 29. On Tuesday, the Maya Club will celebrate its rich heritage with food and music. Wednesday will be European Day when the Italian, German, French and Irish Clubs, as well as the Hebrew Student Union will present the wealth of their respective cultures. Thursday, the Black Student Union will take the stage and display their talents. On Friday, the Asian-Pacific Club will offer food and dance in a demonstration of its heritage. As well, the World of Difference will be presenting itself throughout the week in a display of the eclectic, ethnic, religious and cultural tolerance it works diligently to model for our campus.

The *Wellspring Breakfast Club* has been nominated for the *People Helping People Award* presented by the Sacramento Planning Council. The awards banquet will be on April 20th, and several members of the Breakfast Club will be on hand for the announcement of the winners. The Breakfast Club will also appear in the next issue of *Sacramento Magazine*. Check the next *Falcons Family News* for details about the awards banquet.

Congratulations to Ryan King, senior, who was recently awarded the Michael W. Wolfe \$10,000 college scholarship by the Golden Empire Council of the Boy Scouts of America. This award was based on his outstanding academic record as well as his school and community activities. Ryan will attend Massachusetts Institute of Technology (MIT) in the fall where he plans to study engineering.

NEWS FROM THE BOOKSTORE

During Finals Week in May, the Bookstore will be accepting textbooks for resale at the Book Sale in July. Teachers will be handing out Used Book Tags in each class prior to Finals Week. We will no longer be accepting paperback novels for resale.

GRAD NITE UPDATES

The latest Grad Nite updates will be on the CB website under: Parent Involvement/Grad Nite.

Parents, how can you help On May 20-21?

5/20 - Grad Nite Set-up/Decorating
At Country Club Lanes (during the day)
Volunteers Needed: 10

5/20 - Grad Nite Check at CBHS Cafeteria
(8:00pm-10:30pm)

Job	Volunteers Needed
Check Bags	12
Lanyards	12
Bus Riders	10
Perimeter Security	8

Volunteer May 20-21

Have questions? Call:

Chairman (Junior Class) Cindy Castronovo
(Ryan '06) 395-3212

Co-Chairman (Junior Class) Christy Donoghue
(Ryan '06) 684-3821

Senior Class Parents: Grad Nite tickets will be sold in April during two Upper Division lunches (TBA) and at the Senior Liturgy on 4/24. The deadline to guarantee shirt size is May 2. Watch the CBHS website under Grad Nite to see who is attending!

April/May Parent Meetings are open to all current and former parents.

- 4/4 Booster Club General Meeting - 6:30 pm in Bertram Hall Boardroom
- 4/13 Grad Nite Meeting for ALL Parents - 6:30 pm at Country Club Lanes. NOTE: Location change.
- 4/19 PSO (Parent Support Organization) - 6:30 pm in Bertram Hall Boardroom
- 5/2 Booster Club General Meeting - 6:30 pm in Bertram Hall Boardroom.
- 5/3 Auction 2006 Meeting - 6:30 pm in Bertram Hall Boardroom
- 5/11 Grad Nite Meeting for ALL Parents - 6:30 pm in Bertram Hall Boardroom
- 5/17 PSO Mtg. and Grad Nite assembly for "goodie" bags.

BOOSTER CLUB/PSO NOMINATIONS FOR THE EXECUTIVE BOARD ACCEPTED THROUGH APRIL 4.

The following positions are elected positions on the parent boards:

President, Vice President, Secretary, Treasurer (Booster Club only), Volunteer Coordinator, Sports Rep Coordinator (Booster Club only), Spirit Chair (Booster Club only), Member-at-Large. For a description of all elected and non-elected positions, please visit the CBHS website: Parent Involvement/Nominations & Elections

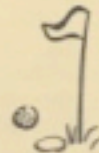
April Alumni Association Meetings are open to all Alumni.

- 4/3 Alumni Association Board Meeting - 6:30 pm in the Bertram Hall Boardroom
- 5/4 Alumni Association Board Meeting - 6:30 pm in the Bertram Hall Boardrooms

17th Annual Alumni Golf Tournament -Rancho Murieta Country Club
Monday, May 16, 2005 - 1:00 pm Shotgun Start - Four Person Scramble
\$175.00 Individual entry fee includes: Gold Shirt, Lunch, Dinner, Cart and much more!
Come out and enjoy a fun afternoon of golf and the camaraderie of the CB community.

- ✓ Last year's tournament SOLD OUT three weeks prior to last year's event.
- ✓ First paid, first reserved. Make Reservations and obtain Sponsorship information by contacting:
Christian Brothers Alumni Association

Larry Cline, Director of Alumni Relations - (916) 733-3647 - cline@cbhs-sacramento.org



5/20-21 Event Crew/Country Club Lanes

10:00pm-5:30am)

(Times and shifts vary)

Volunteer Check In	2
Stow-a-way Area	4
Rovers	3
Bowling Alley	4
Lazer X	2
Video Arcade/Pool Tables	3
Exit & Entrance Security	4
Raffle	2
Food	4
Casino	20

Exit Crew:

4 volunteers: 4:30am at entrance ---Perfect for Senior Parents who will be picking up at CCLH

To volunteer, call:

Mary Messick (Trevor '06) 428-3049

ARE YOU AN EXPERIENCED CARD PLAYER? WE NEED **BLACKJACK & POKER** DEALERS FOR GRAD NITE.

CBHS AUCTION AND MONTE CARLO NIGHT
 Thank-you to the following Crew Members who helped the S.S.
 FALCON set sail on March 5.

Event Captains - Don and Kathy Fitzgerald

Executive Committee - Mary Anderson, Mary Ann Burford, Claudia Page, Craig Price, Helen Pierson
Audio/ Visual Committee - Dot O'Connor, Lynn Walters, Mike Caselli '76, Kevin Haag '87, Brother
 Roch Dufresne, FSC

Beverage Service - Leonard & Ronda Hanks, Dawn Cooper, Mike Havey '69, Mike Hayes, Colby &
 Annie Anderson, Jim Mosman, Jeff & Phyllis Westman, Dolores Buck, Diane Calkins, Wendy
 Voss, Rich Johnston

Business Manager - Catherine Lyons

Cashiering - Paul & Kathy McKenna, Tom & Debbie Chaney, Dave Palermo, John Trelford

Decorations and Theme - Lynne Giovannetti, Shauna Pompei, Mary Aye, Elaine Hill, Chandra
 Domich, Maribeth DaRosa, Helen Encinas

Floater Volunteers - Chris Iwata, Susan Benson, Tin Quan

Food and Hospitality Committee - Sue Larson, Mary Jenkins, Ginger Compton, Deborah Dunn &
 John Liddle, Terry & Joyce Flynn, Karen Bertagnini, Anna Maria Harrison, Dorothy Bida-Silver,
 Diane Heine, Linda Borden, Angelo Bertagnini, Glen Cagley, Kirk & Mary Messick, Nancy Caselli,
 Cindy Castronovo

Gift Processing and Data Entry - Mary Ann Burford, Pam Lygren

Graphic Display Print Production Committee - Claudia Page, Sylva Lewis

Greeters - Bridget Lacey, Susan Lemus, ...and members of the CBHS student community: Connor
 Adam, Christine Amorose, Nate Bollinger, Maggie Fitzgerald, Rachael Franzoia, Jordan Miller,
 Hannah Murphy, Miamah Reed, Mark Sauser, Joey Schlosser, Kayla Simas, Jenny Stathos, Paul
 Wolfing, Amanda Plasencia

Live Auction - Helen Pierson

Marshals - Mary Anderson, Steve Benson, Melissa Hill, Cynthia Boriskin, Robert & Marie Kootstra,
 Carole Cabias, Bob Lygren, Daniel Chamberlain, Nancy Mar, Mike Chilelli, Sarah Sylva, Lilian
 Clark, Suzie Tremblay,

Monte Carlo/ Entertainment Committee - Liz and Doug Murphy, Dave & Terry Gau, Mary Kay
 Link, Deborah Kennedy

Procurement Committee - Craig Price, Cathy Dougherty, Ann Sharp, Carol McCall, Lydia Howell,
 Lee Kemper, Pam Kennedy, Rich Johnston '59, Suzanne Trefethen, Nick Lowe, Tracey Walsh

Registration - Debbie Woodsford, Zenaida Carpio, Jennifer Jennings, David & Patricia Dyba
 Debbie McVay

Recorders/Runners/Props/Spotters - Mary Ann Burford, Allison Cagley, Debbie McVay, Rich
 Johnston '59, Mike Chilelli, Deborah Kennedy, Larry Cline

Set Up/ Tear Down - Craig Price, Jim & Cindy Butcher, Penny Hilson, Glen Cagley, Julie Mansfield,
 Jeff Chorn, Sheila McShane, John & Helen Encina, Gerogianna Pfof, Terry Harris, Diane Price,
 Kyle Harris, Adam Price '06, David Johnson, Jessie Silva '06, Kevin & Sherry Kelly

Sewing Committee - Lynne Giovannetti, Linda Anderson, Elena Gimenez, Sandy Burlando, Diane
 Lewis, Cynthia Castronovo, Judy McKinnon, Jill Fornalski, Theresa Taviani

Silent Auction - Kathy Fitzgerald, Melissa Hill, Sarah Sylva, Karen Himmelmann, Mary Ann Burford,
 Patti Stathos

Sponsor Solicitation Committee - Don Fitzgerald, Chair

Volunteer Coordinator & Check in - Glen Cagley, Marcia & Frank LaRosa '62

The S.S. Falcon Crew is getting ready to set sail for 2006! Join us at the first planning
 meeting on April 27 at 6:30pm in Bertram Hall's Boardroom. Don't miss the boat!

CHRISTIAN BROTHERS ATHLETICS

On Thursday, April 14 you are invited to our *Red & Blue Spring Sports Celebration*, sponsored by the Booster Club to honor our many spring sports participants. The event will take place from 3:00-7:00 p.m. BBQ hot dogs and hamburgers will be sold (free to all spring sports players and opponents!) JV and Frosh baseball, girl's soccer, softball and lacrosse teams all play at home that day. If your team is playing away from campus, please stop by after your game, match or meet.

The athletic department respectfully requests that there is no parking on the outdoor basketball courts. It is an emergency lane and a major thoroughfare for athletes and equipment. We thank you for your cooperation.

Are you a doctor or nurse? Would you be willing to assist in providing physicals for our athletes next year? The athletic department is trying to set a date in early June and another in mid-August to help make sure all our student-athletes are safe for competition in the 2005-06 school-year. If you could help please contact Diane Heine at 733-3680. On behalf of our students, thank you for your generosity.

Cheerleading

Patti Lewkowicz has resigned as the head cheerleading coach. Patti put in countless hours working with our girls and single-handedly turned around a program in crisis. She has other work opportunities that will preclude her from being able to come back. We thank her for her dedication and commitment to our student-athletes.

We are in the process of finding a replacement for this position and encourage any person with experience and interest in taking over the program or getting involved in an assistant role to please contact Jill Bennett (733-3673). With tryouts for next year right around the corner, filling this role is a high priority. Please see Jill if you might consider getting involved.

Brothers' Men's Tennis team is off to its best start in YEARS with a whopping 4-0 record mid season! The team has added a healthy roster of new talent including Matt Braly and Tim Nguyen who have gone undefeated at the number three double's position! Success has also been found with the addition of Rafael Miguel to the team. Returning players make up our singles ladder, and are led by Dane Axtgard who moves into the number 1 position from 5th place last year. Seniors and co-captains Spencer Tocherman and Addison Flynn have also staged impressive wins, as have Sophomores Matt Edwards and Adam Egbert. Much improvement has also been seen by seniors Sean DeGuzman and Andy Spisak.

This year the program has added assistant coach Zan Zuna, a former player himself, who has whipped our guys into far better shape physically by having them run and do drills at least twice a week. It's Game, Set, Match for the men's tennis team so far this season! Here's to capping off the second half of our season with just as much success!

It has been a wonderful start to our Track and Field program. Our team is 90 strong, book-ended by an outstanding Senior class

and a very large, talented Freshman class. For the first time in twenty years, we hosted a track meet "at" CB. On March 16, we welcomed the Diamondbacks of Union Mine to Oak Park and defeated them in two out of the three divisions. We added 4 new coaches to the staff, bringing our total to 8. We are very excited about the direction the program is headed and all the support from families, teachers, and the administration.

The journey to a 2nd consecutive section title for the Women's varsity soccer team has begun. Although 7 key players from last year's team have gone on to college, the current team remains confident. The defense looks to be impenetrable, with talent and tenacity in the midfield, and the offense looking to score at every possible opportunity.

The Varsity baseball team has an overall record of 3-5 and a league record of 2-1. Our young team faced 4 ranked teams in our first 2 weeks of play. The team posted a 3-2 win over El Dorado, a game in which Tyler Wichmann threw 10 strikeouts. Cory Valine is also a mainstay on the mound with 11 strikeouts. Solid hitting has come from Valine, who has 7 doubles, and Curtis Raulmainis, who has a team leading 8 stolen bases and 10 runs scored. Brendan Wright leads the team in RBI's with 9. We are preparing for a busy week prior to Easter vacation in which we will be playing 5 games in the Granite Bay Tournament. Following that week, we resume league play. The league should be a real battle between Oak Ridge, Ponderosa, Cordova, and CBS.

After the first meet against the CK McClatchy Lions, the Falcons swimmers proved themselves vicious in the water. With everybody swimming as speedy as a torpedo, the CB swim team kicked off another great season. Newcomers Monica Anderson and Katy Drack shook off their first-meet nerves while the veterans ran through their meet preparation. Many of the parents came out in support of their swimmers and volunteered their time to successfully run a smooth meet. We sincerely hope to see more of the CB family cheering us on!

The 2005 Freshman Baseball Team has a full roster of 19 players. With the last game at El Camino, the Frosh improved their won-lost record to 4 wins and 2 losses. But more importantly, their "baby steps" they are taking now will provide them that "varsity stride" in the future. There have been some outstanding performances during the first six games and these highlights will be a good foundational start for this pack of baseball players. We have 20 more games left in the season and we do play at home, so please come out and see us!

Pitching has been the mainstay for the 2005 JV Baseball team. The team is 4-2 through March 18. The JV Falcons have received outstanding starting pitching performances from Matt Comni, Erik Carrier twice, and Palmer Brown. This year's JV club boasts a fine bullpen as well, and offensively they display a great mix of power and speed throughout their lineup. The 2005 JV Falcons are one of the hardest working teams at CB, and with their pitching depth, offensive flexibility, and intense desire to learn and win, they will be a team to watch.

April 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
<div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 0 auto;"> Easter Break </div>	ARCBDFG Board of Trustees (1:30-4:00 pm)	ARBDFGC Fresh Experiences (1:30-4:00 pm)	ARDFG Career Center (1:15-4:00 pm) Alumni (1:30-4:00 pm)	BCD Church (1:30-4:00 pm) Department Meetings Meeting (1:30-4:00 pm) SPECIAL AGENDA PRESIDENTIAL 1:30-4:00 pm Symposium	ARBDFGC Staff Appreciation Day Ticket Show (1:30-4:00 pm) Staff Appreciation Dinner (4:00-11:00 pm)	ACT (at CBS)
10	11	12	13	14	15	16
ARCBDFG No Classes	ARDFG AED Campaign Week Staff Retreat New Teachers (1:30-4:00 pm) Board of Trustees (1:30-4:00 pm)	ARBDFGC AED Campaign Week Staff Retreat New Teachers (1:30-4:00 pm) Board of Trustees (1:30-4:00 pm)	BDE Church (1:30-4:00 pm) Community Meeting AED Specialist Assembly Mathletes (1:30-4:00 pm) Football (1:30-4:00 pm)	ARBDFGC AED Director Technology Committee (1:15-4:00 pm) Friends of the Arts (1:30-4:00 pm)	ARBDFGC No classes St. Francis Teaching Dinner (6:00-11:00 pm) C.B. STEPHENSON BASKETBALL 7:00 pm - 11:00 am	ARBDFGC No classes Learning Technology Dinner (6:00-11:00 pm) Learning Upper Elementary Dinner (5:30-11:00 pm)
17	18	19	20	21	22	23
ARCBDFG Parents in Leadership Education Commission Breakfast	ARBDFGC Community Retreat No Classes	ARBDFGC Progress Reports Due Career Center (1:15-4:00 pm) Faculty Preview Spring Schedule (4:00 pm)	ARBDFGC Progress Reports Due Spring Meeting (3:30-4:00 pm)	ARBDFGC Progress Reports Due Spring Meeting (3:30-4:00 pm)	ARBDFGC AED Progress Reports Employees Retreat Spring Meeting (3:30-4:00 pm) Board of Trustees (1:30-4:00 pm)	ARBDFGC Learning Technology Dinner (6:00-11:00 pm) Learning Upper Elementary Dinner (5:30-11:00 pm) Spring Meeting (3:30-4:00 pm)
24	25	26	27	28	29	30
ARBDFGC Board of Trustees (1:30-4:00 pm)	ARBDFGC Chair Council (1:30-4:00 pm)	ARBDFGC Chair Council (1:30-4:00 pm)	ARBDFGC Mathematics (1:30-4:00 pm) Career (1:30-4:00 pm)	BDF Mathematics (1:30-4:00 pm) Career (1:30-4:00 pm)	ARBDFGC Chair Council (1:30-4:00 pm)	ARBDFGC Spring Meeting (3:30-4:00 pm)

May 2005						
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22	23	24	25	26	27	28
29	30	31				

May 2005						
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



Falcon Family News

Christian Brothers High School Monthly Newsletter

May/June 2005

Dear Parents,

The view from the front steps of the school is quite remarkable. Standing out there every morning has allowed me to observe, reflect, and interact in quite unexpected ways. In fact the whole thing is still a bit of a mystery to me. What started out as only a first-day-of-school greeting two years ago was repeated the next day, stretched into a week, then became a month, and finally turned into a daily ritual. Gradually, others came to expect me to be there, and now I expect myself to be there as well, despite whatever else awaits my attention that day. Along the way I've discovered that you can learn a lot from one spot in the world, and you can sometimes accomplish a lot simply by showing up and just being there. That's not a bad thing to remember as we come to the end of a rather turbulent year in the lives of so many here at CB.

So what are some of the more interesting things that I've observed every morning? 1) Students emerge from cars exhibiting varying levels of perceptible life. Ditto on the parents. However, the most alert occupants are in those vehicles where parent and student switch driver-seats after arriving, the parents sometimes slowly shaking their heads as the students walk smilingly into school. 2) Arrival times seem to be timed to the second. The difference in the volume of cars over a period of three or four minutes is remarkable. There's a crush of cars between 7:54 AM and 7:59 AM, and then the street and front drive are deserted by 8:02 PM. It's uncanny - almost like a community biological clock. 3) Students generally return a morning greeting, ranging from a wonderfully smiling and genuine response to a head-down mumbled something to a bewildered, pre-occupied, blissful ignorance of the outside world that makes me watch them to make sure that they don't trip on that first step or walk into a wall somewhere. 4) People have their own pace when they walk, from leisurely to self-conscious to hurried. Whether ten minutes early or one minute before the second bell, their walking speed is constant and is only marginally changed by being in the company of others. In fact, friends are probably those who walk at a common pace. 5) You can learn a lot about people in daily 5-second increments stretched out over a year or two. Individuals reveal themselves in their walk, their voice, their face, and their eyes. Over time, the wonder of their personalities shines out in ways they don't realize. It's a true blessing to encounter that, even for those who sometimes act as if the word "goofy" might have been invented just for them.

The thing that comes most to mind, however, when I stop to reflect on these short daily encounters, is the interplay between permanence and change that defines our lives. Students are the same every day, yet we see them change profoundly over time. The school day is the same most days and weeks, yet each day is absolutely unique and different. This solid community of 1000+ teenagers and devoted adults is a beehive of organized educational life all year, yet every once in while - and all too regularly over the last few years - major changes or losses have required us to adjust in how we see and do things. It reminds me of the British author C. S. Lewis who wrote that God "whispers to us in our joys, speaks to us in our conscience, and shouts to us in our pain." All are invitations to remember the presence of God, something we hear every day. In the interplay between the things that are permanent and the things that change, God's presence abides. Whether in educational contexts such as the variations of a jazz tune, biological classifications, historical trends, linguistic permutations, physical training, and a host of other class topics, or in the circumstances of our personal or communal lives, certain things stay the same while others change. The difference is made in how we encounter that reality. And in a major way, that encounter and its "how" is what CB is about.

Lest you think that all that has nothing to do with standing in front of school every day greeting students, may I suggest that God also stands at the front steps of each of our lives, greeting us rain or shine, foggy or fair. God greets us daily in the people we meet, the situations we face, and even the challenges we run into - or perhaps run into us. God's love for us is about as permanent as anything permanent gets, and God's expression of that love is as attentive, authentic, and pervasive as the world around us and the people who show up before us. We can choose to respond with a wonderfully smiling and genuine response or a head-down mumbled something or a bewildered, pre-occupied, blissful ignorance. But it does make a difference. You can bet your life on it.

Brother George Van Grieken, FSC
Director of the Brothers Community

Campus Ministry News



A simple prayer for Pentecost (May 15):

"Loving and gracious God, today the fire of your Holy Spirit enkindles the face of the Earth. May the warmth of Christ's presence among us give us the strength to speak your wisdom and the power to accomplish your will. We ask this through Christ, our strength and counsel. Amen."

(Prayers for Dawn and Dusk by Edward F. Gabriele)

On behalf of the Campus Ministry team, I express my gratitude for being able to "pray and play" with your sons and daughters through our retreat program this year. May your family be filled with the love and grace of God, and may the Holy Spirit touch you and all those you hold dear.

Retreats

Many thanks to the **Senior Retreat Leadership Team** for their faith and leadership skills as they led 10 frosh, sophomore, and junior retreats this year. The application and interview process for next year's team is underway. All current juniors who are interested in being a Senior Retreat Leadership Team member next year should see Mrs. Nelson in Campus Ministry.

The last **KAIROS** retreat of the year will be **May 31-June 3** at Christ the King Retreat Center and is for **current Juniors only**. See Mrs. Nelson in Campus Ministry for more information.

Liturgies

Our St. La Salle Liturgy in honor of our founder, St. John Baptist de La Salle, will be Wednesday, May 11 at 9:30am in the Ron Limeberger Gym. **PARENTS ARE ALWAYS WELCOME AT OUR SCHOOL LITURGIES.** Please join us for this special beginning of our Founder's Day celebration week. Joining us as our presider for this liturgy will be Bishop Richard Garcia. The Baccalaureate Liturgy for the graduating class of 2005 will be Friday, May 20, at 9:00am in the Ron Limeberger Gym. Bishop Richard Garcia again be presiding.

Service Learning

At the Senior Family Liturgy on Sunday, April 24, 2005, the following seniors received a service award for completing 125 or more hours of service during their years at Christian Brothers: Trung (Michael) Dang, Allison Froehler, William Giovannetti, Jr., Meaghan Hilson, Adam Koppel, Colm McEvilly, McKenzie Meline, Jane McMillan, Sarah Perrin, Heather Ravas, Jordan Ruiz, Andrew Spisak, Brian Taylor, and Samuel Trux.

The following students received a service award with distinction for completing 250 or more hours of service during their years at Christian Brothers: Evan Jefferies, Alexander Hughes, and Allison McCarthy.

Upcoming Service Opportunities

Muscular Dystrophy Summer Camp

Muscular Dystrophy Association's summer camp program at Camp Ronald McDonald (at Eagle Lake) is looking for camp counselors. Counselors assist individuals with neuromuscular disorders in their daily activities and have lots of fun with the campers. See Ms. DeBenedetti-Emanuel for an application.

Mercy Education and Resource Center's (MERC) Summer School

MERC is looking for volunteers for their summer school program. The program serves first to sixth graders. Summer school will be June 13th - July 8th from 8:30am - 11:30am. See Ms. DeBenedetti-Emanuel for more details or call Mona Moretto at (916) 737-6026.



NEWS FROM THE GUIDANCE DEPARTMENT

Gear up for summer! The counselors would like to remind students and parents that summertime is a good time to continue college planning and academic preparation. Parents: studies have shown that students who suffer from the dreaded "B" word (boredom) in the summer are more likely to engage in at-risk behavior with drugs, alcohol, early sexual activity, and "partying" than those students who are involved in structured, productive activities. Busy, involved students who are working on academic pursuits, a summer job, or enrichment activities are better prepared for the rest of high school and for college. In addition to the many summer program opportunities available (see the article in the April Falcon Family News for details or check out the CB website Guidance Section under "Summer Programs"), there are several other things that students should be doing this summer:

All underclassmen, remember to spend time this summer completing your **summer reading** assignments!!!

Sophomores: consider taking the SAT Subject Exam on **June 4** in a subject area you just completed (for example, AP World History or Chemistry)

Juniors: A checklist of reminders:

May

- Take SAT or SAT Subject Exams **May 7**. Students who did not register in time can come to CB on May 7 as stand-by registrants (there is a late fee - see Ms. Kambas for details).
- Register for the **June 11** ACT Exam by May 6. Go to www.act.org to register
- If enrolled in AP classes, take Advanced Placement Exams
- Plan for a challenging senior year
- Start checking out financial aid and scholarship resources. Try www.fastweb.com or www.finaid.com
- Study hard for your finals

June

- Take the SAT or SAT Subject Exams **June 4** (new requirement for UC, any two Subject Exams of your choice as long as they are not in the same curriculum area). It is a good idea to take an SAT subject area test in a curriculum area you've just completed, for example, US History or Chemistry
- Take the ACT **June 11**

Summer

- Complete summer "homework" for college admission (distributed by Mrs. Hesser to all juniors the second week of May - **this is due the first day of school in August!**)
- Send for college applications
- Study for SAT/ACT
- Begin drafting college essay
- Do something extraordinary! Try a summer program on a college campus, work at a summer job, or travel..

Seniors: A checklist of reminders:

May

- Congratulate yourself (but stay focused on finals!) You did it!
- Tell Mrs. Hesser by **May 5** where you have decided to enroll
- Advanced Placement Exams for AP students
- Fill out housing forms and pay careful attention to deadlines concerning housing deposits, etc.
- Write "Thanks but no thanks" letters to colleges you will not attend
- Take the Entry Level Writing Requirement (previously known as the Subject A Requirement) test for UC-bound students or the ELM & EPT for CSU-bound students
- Enjoy your graduation and begin your college journey!

June

- Make sure you have responded to all requests from your college
- **Have the CB Registrar send your final transcript to college no later than JULY 15--** and don't forget to thank your teachers, counselor, the registrar, etc. for all of their help over the past four years!

CHRISTIAN BROTHERS ATHLETICS

Boys' Golf

The Varsity Golf Team is currently in a tie for second place in the league heading into the second League Match (May 2nd). Their current record is 10-3. They will have one more match vs. Union Mine (May 4th) and then hope to qualify for the playoffs as a team. Sub-Sections will be held on Monday, May 9th at Cold Springs Country Club in Placerville. Recently, the team shot a score of 181 (one-over par) at Bartley Cavanaugh Golf Course in a 10-stroke win over previously undefeated Oak Ridge. Freshman Cameron Rappleye shot a phenomenal 5-under par 31 in that match. He, his brother Grant Rappleye (9) and Scott Hackney (9) all have a good chance to make the All-League Team as freshmen. It would be quite a feat indeed! Eric Ehrhardt (12), Kyle Kilby (12), Mike Jimenez (11) and Matt Jimenez (10) are the other solid contributors for the Falcons.

The JV Golf Team is 4-5 with two matches remaining. They also have their League Championship Tourney at Brookside Country Club in Stockton on May 4th. Matt Kalmanson (10) continues to be the #1 player. Matt Stevens (10), Howie Strunk, Bryan Joelson, Matt Aronson and Mike Kuykendall have also been in the mix, as have a host of other freshmen and sophomores.

Swimming

As the 2005 swim season comes to its final competition, the swimmers prepare themselves to swim faster than they ever have. Freshman Mark Sausser is mere hundredths of a second from qualifying for Sectionals in the 100-yard freestyle. The JV Girls 200-yard Freestyle Relay is less than half a second from qualifying. The JV Boys 200-yard Medley Relay, 200-yard Freestyle Relay and the 400-yard Freestyle Relay have already qualified. Freshman captain Joe LaBriola qualified in 100-yard backstroke with a 1:05.2 (beating the qualifying time of 1:08.00). Along with working hard, the swim team also enjoys socializing! After a meet the team gathered at the Old Spaghetti Factory for a fun team dinner. Good food and many laughs were shared. The camaraderie of this team is strong and there is a powerful sense of team spirit. The CB swim team is bound to finish the season with flying colors!

Track and Field

The track team is gearing up for the league finals with our girls varsity team in third place and our JV boys undefeated. Nick Cronenwett and Chris Vassell pace the varsity team with outstanding performances weekly. The girls are paced by the sprinter Brittany Woodard, jumper Kiana Thompson, and Allison Clark in distance. An outstanding JV boys team has a 10 meet unbeaten streak with Asa Jackson, George Cook-Cantu, David Van Muyden, Aaron Dennings, and Larry Morla leading the team in points.

Boys' Tennis

The CBS Men's tennis team is winding down the season after another home win against Rosemont High, 8-1. Although not in the championship playoff hunt, the team is giving a great showing with much improvement in many positions including the doubles team.

Next week league tournament competition begins on Tuesday for singles and Thursday for doubles. CBS has always given added effort on these days which can position some of the players for additional post season play. The two finalists in the singles positions of #1 and #2 can go on to the section series the following week. And the Super Doubles teams we form from 4 of our 6 singles positions can also move on to the section if they achieve either a first or a second in the league tournament. As always, our # 1, 2 and 3 doubles teams will be very competitive as well next and will be sure to have great results. All in all, the CBS men's tennis team is in position to represent our school as expected with spirit and teamwork in the finest tradition of Christian Brothers High.

Diving

SVC Diving League Championships took place on April 27 with great results. Teal Burger won Varsity girls, Katherine Brua-Kami won JV girls, and Katie Groesbeck came in third place. Blair Pierruz won Varsity boys and Bryce McCarthy took 4th. Next week the team heads to Section Trials where they will be fighting for one of the top 8 spots to move into the finals.

Women's Soccer

We find ourselves into the 2nd half of the season in 2nd place with a league record of 7 - 2 and having the opportunity to win the league title again for the third time in a row.

Early in the season, we were struggling making individual mental errors and being punished by opposing teams. We had a tough non-league schedule and we lost many close games, at one point losing 4 in a row. As of late, we are finally playing as a unit and the individual mistakes have been reduced. Captain Amanda Plasencia has been steadfast in her improvement and with Marina Baham have provided the one-two scoring punch with seven goals apiece. Sophomore Nicole Link, who provides spirit and tenacity, leads the team with 10 assists. Tara Larson has been stellar in goal making breath taking saves when needed and she has strong support from her defensive line, Captain Meaghan Hilson, Sydney Ryden, Angela Stassi and Courtney Vellanoweth. One surprise of the season is Amanda Limeberger who has stepped into the spot vacated last year by MVP - All City Leslie Campbell. Amanda has provided stability and consistency in the middle part of the field, allowing Katie Ward to move out of the back line into the attack. That has made a huge difference in the Falcons girls being much more dangerous near the goal. Every player on the roster has added to our championship run. We needed to be faster in our play and stronger in our commitment to work hard. Our confidence is high and we fully expect to defend our Section title.

Congratulations to senior volleyball player Ana Carrasco for being selected to the 18th Annual Girls High School All Star Volleyball Team. She will compete, along with other top volleyball players in the area, in the annual Evening Optimist Club game on May 19 at 7:30 pm at El Camino High School. Way to go, Ana!

Boys' Volleyball

This year Men's volleyball has had its positives and negatives, but looking back, we cannot wait for next year. All the players have advanced immensely, not only in their abilities but in their knowledge of the game. So far, the Junior Varsity, which consists of 13 freshmen, is 4-2 in league and improving every game. Led by setter Brian Ferrin, middle hitter Eric Liddle, outside hitters Enrique Campos and Jack Taylor and our super defensive specialists Alfredo Parra and Anthony Sylva, the team fights hard each and every game. In addition to the great improvement in their defense and passing, their hitting has become a prominent and striking offense.

The varsity team is currently at a league record of 3-3. Even with the tough competition of Oakridge and Ponderosa, the team has fought hard being led by senior setter Donald Drysdale, middle hitters Calvin Raiz and David Hart, outside hitters Austin Eaker and Anthony Pham, and defensive specialists (that seem to fly to every ball) Javi Plasencia and Tim DeRodeff. With only one senior on the team, our juniors and sophomores are beginning to step into the leadership roles. We hope to finish this season strong and continue to build the skills of our young program.



GO FALCONS!!

Student Activities

Spring has arrived and the students (and faculty) are hearing the call of summer adventures, but before all that . . . The 2005-2006 *Associated Student Body* officers were elected from a strong and competitive field of candidates. They are as follows: President Tara Larson, Vice-President Daniel Leyva, Secretary Maggie Fitzgerald, Treasurer Lindy Wilson, Rally Chairs Sidney Scheideman and Adria Lawrence, and Publicity/Historians Jessica Lam and Javier Plasencia. Each of them will well represent this community and our values.

The *Associated Student Body* class officer campaigns will begin Monday, May 2, and the election will be held Friday, May 6.

The annual springtime *Frosh/Soph Dance*—"On the Boardwalk"—will take place from 8:00 p.m. until 11:00 p.m. on Saturday, May 7. To add the "boardwalk" atmosphere there will be carnival booths for the guest to enjoy as well as the dance.

School pictures will be taken this spring. On May 10 and 11 all current freshman, sophomores and juniors will have their pictures taken for next year's ID cards. Picture packages will be available for purchase. Juniors will be receiving information about senior portraits and may be able to sign up for a senior portrait appointment date.

Our traditional *Founder's Day* Celebration will occur on Friday, May 13. We will begin the day with homeroom when the students will receive their yearbooks. The remainder of the morning the students will sign yearbooks and enjoy slushies and cotton candy. As well, it's always a poignant day for our seniors as they celebrate for the last time as members of the school-wide community before they embark on the next exciting step in their lives.

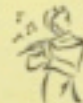
UPCOMING ARTS EVENTS



La Salle Art Exhibit - May 5 from 7:00 - 8:30 p.m. at CB in the SMAT Building

Spring Instrumental Concert - May 12 at 7:00 p.m. at CB in the Gymnasium

Hollywood Bowl Choir Concert - May 13 at 7:00 p.m. at CB on the Mary Lawn



CB Students Bound for Italy and France

On Tuesday, May 31, thirty-four CB students, one CB parent, Ms. Gallagher and Mr. English are flying to Rome, Italy. Rome will be the first stop of a 16-day visit to Italy and France. The itinerary includes Rome, Florence, Venice, Nice, Avignon, and Paris. Along the way there will be stops at museums, churches, monuments and historical sights, as well as great food food, interesting conversation, and education outside the CB walls of learning.

The CB travelers made a decision in April, 2004 to take this trip, and now the trip is almost a reality. Students will soon be saying "Bon Voyage" to parents and families, with some of the students gone for up to six weeks.

If you are interested in a future adventure similar to the one taking place this summer, Mr. English and Ms. Gallagher will again be taking students to Europe in the summer of 2006. The journey will begin in Central Europe with visits to Salzburg, Vienna, Neuschwanstein, Dachau, Paris, Versailles, and Chartres. Students will also have the option of a home stay with a family in the country of the language they are presently studying. Because the 2005 trip was full due to early sign-ups, we recommend that you sign up soon if you want to reserve a space for the 2006 trip. This trip is open to current CB sophomores and juniors.

If you have any questions you can contact either Mr. English at tenglish@cbhs-sacramento.org or Ms. Gallagher at pgallagher@cbhs-sacramento.org and they would be happy to respond.

Italian Student Hosts Needed for the 2005-2006 Academic Year

Would you like to have an Italian student live with your family next year? For the past four years Sacred Heart High School in Milan, Italy has sent students to Christian Brothers, and we are now looking for families willing to host a junior male or female for the 2005-2006 school year. A host family should be willing to welcome another member to their family for a year, but is not responsible for financially supporting the Italian student. If you are interested in exploring the idea of hosting a student, please contact Dr. Holly Peterson at CBHS (733-3600, extension 1086.)

CBHS Students Honored with the *People Helping People* Award

On April 20th, the Wellspring Breakfast Club of Christian Brothers High School was honored by the Sacramento City Planning council with the *People Helping People* Award for young volunteers. Accepting the award on behalf of the Breakfast Club at this event at the Radisson Hotel were club president and senior **Zane Griffin**, senior **Alicia Brousterhous**, and juniors **Bianca Rodriguez** and **Alex Newcomb**. The Wellspring Breakfast Club, which has made breakfast weekly for the women and children at the Wellspring Women's Center in Oak Park, is featured in the May issue of *Sacramento Magazine*. Congratulations to our students for this honor and many thanks to the parents who for the past year have made the 6:00 a.m. drop-offs for their students to participate in this wonderful ministry.

Just a reminder....the balance of summer school tuition is due **June 1**, and may be turned into the main office. The first session of summer school begins on June 13.

NEWS FROM THE Advancement Office...

CONGRATULATIONS - The Alumni Association, Booster Club and Parent Support Organization congratulates the Class of 2005. The Alumni Association welcomes them to the community of alumni that represent the Christian Brothers legacy. *Best of luck with your new journey and please keep in touch.*

PARENT & ALUMNI SUPPORT GROUP MEETINGS & NEWS

Alumni Association Board Meeting - May 4 - 6:30pm in Bertram Hall's Boardroom
Alumni Golf Tournament May 16 at Rancho Murieta Country Club. For more information, contact Larry Cline, Director of Alumni Relations - (916) 733-3647; lcline@cbhs-sacramento.org.
Auction Planning Meeting - May 3 - 6:30pm in Bertram Hall's Boardroom
Booster Club Meeting - May 2 - 6:30pm in Bertram Hall's Boardroom
Grad Nite Planning Meeting - May 11 - 6:30 pm in Bertram Hall's Boardroom
PSO-Parent Support Organization Meeting May 17 6:30 pm in Bertram Hall's Boardroom

Volunteers are needed for:

Graduation Day - May 20

- > Baccalaureate Mass & Family Lunch at CBHS
- > Commencement at Memorial Auditorium
- > Grad Nite - May 20-21 at Country Club Lanes
- > Fireworks Booth - June 28-July 4 at Tower Theater parking Lot

To Volunteer

Contact Donna Adam
916-733-3662
dadam@cbhs-sacramento.org

WE NEED YOU!

LASALLIAN PARENT CONNECTION

The PSO (Parent Support Organization) will be getting a "face-lift" this summer with a new name and a new vision!

There is a place for you as a Lasallian parent at CBHS.

- > Based on the recent parent information evenings, there is a great need to present current topics of concern and information to parents. We are seeking parents to help plan for monthly speakers and Quarterly Parent Information Nights.
- > Are you a senior parent? Join Mum's for Alum's and Dad's for Grads' which reconnects parents of graduates.
- > Do you like to speak to other parents about Christian Brothers? Get involved in Hospitality!
- > QSP needs lots of volunteers in September and Grad Nite will be here for the Class of 2006 before you know it. Parent Class Rep's volunteer with class level responsibilities.

If you would like to be involved please call Shauna Pompei at (916) 447-2419 or Donna Adam at (916) 733-3662 to get involved and make a difference.

ANNUAL GIVING PROGRAM

Thank you to everyone who has participated in this year's Annual Giving Program. The revenue generated from this program enables us to provide tuition assistance and continually enhance academic and co-curricular programs allowing us to better serve your children. Please contact Debbie Woodsford in the Advancement Office if you have questions or need to make payment arrangements. Thank you to all the parents who participated in the Annual Giving Program. Your generous tax deductible donation has helped the Annual Giving Program reach 91% of its goal! **GREAT JOB CB PARENTS!**

17th Annual Alumni Golf Tournament - Rancho Murieta Country Club

Monday, May 16, 2005 - 1:00 pm Shotgun Start - Four Person Scramble

\$175.00 Individual entry fee includes: Golf Shirt, Lunch, Dinner, Cart and much more!

Come out and enjoy a fun afternoon of golf and the camaraderie of the CB community.

- ✓ Last year's tournament **SOLD OUT** three weeks prior to last year's event.
- ✓ First paid, first reserved. Make Reservations and obtain Sponsorship information by contacting:

Christian Brothers Alumni Association

Larry Cline, Director of Alumni Relations - (916) 733-3647 - lcline@cbhs-sacramento.org

MARK YOUR CALENDARS for the 18th Annual Wine Tasting on 9/9/05!

May 2005

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																		
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ATHLETICS

Christian Brothers High School—May 2005

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2 TBA S V GOLF @ League Match A 2:00PM G JV SOC @ St Donato A 1:00PM S FR 98 @ Corbin A 1:00PM G VJ 98 @ Corbin A 1:00PM G V SOC @ St Donato	3 TBA S V TEN @ League Match A 1:00PM S V 98 @ Union Mine A 1:00PM S JV 98 @ Union Mine A 1:00PM G V LAC @ Campobello High School A 1:00PM S JV VLS @ Americana High School A 1:00PM S V VLS @ Americana High School	4 A 1:00AM S JV GOLF @ League Championships A 1:00PM S V 11 @ Ponderosa A 1:00PM S JV VLS @ Ponderosa A 1:00PM S V VLS @ Ponderosa	5 TBA S V TEN @ League Doubles A 1:00AM G V Dv @ Girls Section Final A 1:00PM G V SOC @ St Francis A 1:00PM S V 98 @ Union Mine A 1:00PM S FR 98 @ Oak Mine A 1:00PM G VJ 98 @ Oak Mine A 1:00PM G JV SOC @ Oak Mine	6 A 1:00AM S V Dv @ Girls Section Final A 1:00PM S V 11 @ Oak Mine A 1:00PM G JV 98 @ Oak Mine A 1:00PM S V 98 @ Union Mine A 1:00PM S FR 98 @ Oak Mine A 1:00PM S JV 98 @ Union Mine A 1:00PM G VJ 98 @ Oak Mine A 1:00PM G JV SOC @ Oak Mine	7 A 1:00AM S V Dv @ Girls Section Final A 1:00PM S V 11 @ Oak Mine A 1:00PM G JV 98 @ Oak Mine A 1:00PM S V 98 @ Union Mine A 1:00PM S FR 98 @ Oak Mine A 1:00PM S JV 98 @ Union Mine A 1:00PM G VJ 98 @ Oak Mine A 1:00PM G JV SOC @ Oak Mine	8 A 1:00AM S V Dv @ Girls Section Final A 1:00PM S V 11 @ Oak Mine A 1:00PM G JV 98 @ Oak Mine A 1:00PM S V 98 @ Union Mine A 1:00PM S FR 98 @ Oak Mine A 1:00PM S JV 98 @ Union Mine A 1:00PM G VJ 98 @ Oak Mine A 1:00PM G JV SOC @ Oak Mine
9	10 TBA S V GOLF @ Subsection A 1:00PM S V 98 @ Ponderosa A 1:00PM S FR 98 @ Oak Mine High School A 1:00PM S JV 98 @ Ponderosa A 1:00PM G JV 98 @ Interlaken A 1:00PM G V LAC @ California High School	11 TBA S V TEN @ Section Team A 1:00PM S V 98 @ Ponderosa A 1:00PM S FR 98 @ Oak Mine High School A 1:00PM S JV 98 @ Ponderosa A 1:00PM G JV 98 @ Interlaken A 1:00PM G V LAC @ California High School	12 TBA S V TEN @ Section Team A 1:00PM S V 11 @ League Team A 1:00PM S V 98 @ Ponderosa A 1:00PM S FR 98 @ Rosemead High School A 1:00PM S JV 98 @ Ponderosa A 1:00PM G JV 98 @ Rosemead High School	13 TBA S V TEN @ Section Individuals A 1:00PM S V 11 @ League Team A 1:00PM S V 98 @ Ponderosa A 1:00PM S FR 98 @ Rosemead High School A 1:00PM S JV 98 @ Ponderosa A 1:00PM G JV 98 @ Rosemead High School	14 TBA S V TEN @ Section Individuals A 1:00PM S V 11 @ League Team A 1:00PM S V 98 @ Ponderosa A 1:00PM S FR 98 @ Oak Mine High School A 1:00PM S JV 98 @ Union Mine A 1:00PM G VJ 98 @ Oak Mine A 1:00PM G JV SOC @ Oak Mine	15 TBA S V TEN @ Section Team A 1:00PM S V 98 @ Ponderosa A 1:00PM S FR 98 @ Oak Mine High School A 1:00PM S JV 98 @ Ponderosa A 1:00PM G JV 98 @ Interlaken A 1:00PM G V LAC @ California High School	16 TBA S V TEN @ Section Team A 1:00PM S V 98 @ Ponderosa A 1:00PM S FR 98 @ Oak Mine High School A 1:00PM S JV 98 @ Ponderosa A 1:00PM G JV 98 @ Interlaken A 1:00PM G V LAC @ California High School
17	18 TBA S V GOLF @ Section Team TBA S V TEN @ Section Team	19 TBA S V TEN @ Section Team TBA S V TEN @ Section Team	20 TBA S V TEN @ Section Team TBA S V TEN @ Section Team	21 TBA S V TEN @ Section Team TBA S V TEN @ Section Team	22 TBA S V TEN @ Section Team TBA S V TEN @ Section Team	23 TBA S V TEN @ Section Team TBA S V TEN @ Section Team	
24	25 TBA S V GOLF @ Non-Cat	26 TBA S V TEN @ Section Team	27 TBA S V TEN @ Section Team	28 TBA S V TEN @ Section Team	29 TBA S V TEN @ Section Team	30 TBA S V TEN @ Section Team	
31	1 TBA S V GOLF @ Non-Cat	2 TBA S V TEN @ Section Team	3 TBA S V TEN @ Section Team	4 TBA S V TEN @ Section Team	5 TBA S V TEN @ Section Team	6 TBA S V TEN @ Section Team	



Falcon Family News

Christian Brothers High School Summer Newsletter

July 2005

ENTERING TO LEARN & SERVE.

In the Holy Land, there are two major lakes.

Up north the Sea of Galilee welcomes pure rain and mountain streams, only to give water generously away in forming the Jordan River that flows out and down Israel's countryside. As a result, this lake's waters are filled with abundant life, its neighboring hills are green and growing.

At the lake on the other end it's a different story. Here much fresh water also flows in. But not a drop is given out. This causes the water to grow stale and lifeless. The surrounding hillside is hard, brown, barren. All day long a smelly mist hovers over this lake. That's why its name – the Dead Sea – fits so well.

Christian Brothers embraces the life-giving goodness created by the Sea of Galilee. CB's motto (*Enter to Learn, Leave to Serve*) focuses our entire ministry on the belief that the real measure of a person's life is what she or he gives to others.

I'm deeply honored and excited to now join CB's team as principal. I'm very grateful to those who have so warmly welcomed me into our community. As I begin my tenure, allow me to touch on three questions all I meet tend to ask.

WHO AM I?

Personally, I'm a family man with a solid faith life. My wife Bonnie, our almost two-year old son Benjamin, and I, are well settled in our home just minutes away from CB's campus. As active parishioners of Sacred Heart Church we celebrate our Catholic faith with a wonderful group of friends.

Professionally speaking I'm first and foremost a Catholic high school teacher. At Palma High School in Salinas I enjoyed educating students in religion, history and the law. From there I served a dozen years as principal at the elementary and Jr. High levels, - most recently with one of CB's feeder schools, Sacred Heart Parish School. Along the way I passed to serve three years advocating Catholic education with the U.S. Congress, and in state legislatures around our country.

Upon this journey I've gained a strong appreciation for both where Catholic high school students are coming from, and the possibilities of where we can achieve together.

WHY CHRISTIAN BROTHERS?

Well, there are two sides to that coin.

As a teacher, I've long shared with the Lasallian Brothers a common Catholic educational philosophy. As a parent, CB is where my little boy will one day go to high school. So, it's very exciting to be part of both such a rich heritage and my son's future.

You see I believe CB is a great place to learn, to teach, and to belong. I believe that CB is called to serve a very special mission. A call we're answering from within, and well beyond our classrooms.

Blessed by our wonderfully diverse community, CB excels as a college prep Catholic educational ministry. We achieve this through a Lasallian "personality" that guides our students in developing their full human greatness. As a result, CB faithfully prepares students not only for college success and life, but also instills a heart of Christian service toward others.

It's an honor to now work together with you to make sure CB remains such a great place. Side by side we'll safeguard, and advance to the next level, our shared mission/ministry.

WHAT'S MY GAME PLAN?

My approach, or "game plan," reflects the Spirit of CB's Motto... I'm *Entering to Learn and Serve*.

Since last spring, and over the summertime, I've been learning more about CB's traditions and issues, our joys and hopes for our future. I'm eager to continue this on-going education with my own lived experiences of CB in action.

Equipped with such insights my top priority is to serve the specific mission and common good of CB, while also placing myself at the service of those people devoted to our ministry. Mathematically speaking, my service as principal can best be seen as (E⁴):

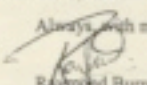
- + First of all, being **ENGAGED** fully in CB's life (yet always honoring my own family life).
- + Next, helping **EMPOWER** our team of teachers/staff and students alike to be successful.
- + Third, **EXPLORING** together those opportunities where we can reinforce today's strengths at CB – as well as discovering new ways that will make our great Catholic high school even better.
- + And, finally, to **ENJOY** every step on this adventure.

In a couple months, and for many years ahead, we'll get a chance to know one another better. But for the moment, please accept my best wishes for a refreshing vacation and a thank you.

My sincere thanks to each student, every family, all our teachers/staff, for sharing your gifts at CB. Through your generosity we grow as a community of learners and believers.

Live Jesus in our hearts, forever!

Always, with my highest respect,


Raymond Burnell
Principal

Welcome Back to CB Information — Part I

2005-06 OPENING DAYS &

CBHS CALENDAR/SCHEDULES: Seniors start school on Wednesday, August 17, from 8:30-11:00 a.m. for mandatory meetings regarding their graduating year. Classes for all Freshmen through Seniors begin on Thursday, August 18, 2005 with a regular school schedule. As with the entire school year, students should plan on being on campus 10 minutes ahead of their starting class.

Contained in this first CBHS summer mailing you have received a preview of our school calendar and a preliminary list of scheduled classes. School calendars and your final class schedule will be mailed in early August.

PARENT/STUDENT HANDBOOKS: Official 2005-06 Christian Brothers High School Handbooks will be sent home later this summer. This Handbook serves as a guide for our entire CBHS community: parents/guardians, students, teachers and staff. CBHS policies, standards, and administrative operations are included.

Keeping current with our Parent/Student Handbook is **VERY IMPORTANT** and every family member's responsibility. Every family's continual enrollment depends upon the fulfillment of their responsibilities and adherence to the policies stated in this handbook. All families receive at least one handbook. The Handbook Partnership Statement included with each handbook is to be signed and returned to the Main Office by Friday, August 19. *Please note the following significant changes in CBHS policies:*

1. Attendance Policy (Consequences for Excessive Absences & Tardies).

CBHS students are expected to be in class, on time, and prepared to learn. Curriculum and instruction is planned by each teacher according to the CBHS calendar/schedules. Excessive absences from school, and excessive tardiness to class, cause students to miss valuable instructional time specific to our curriculum. Additionally, such absences and tardies can be very disruptive to the learning of others. Therefore,

- ** *If a student is absent more than 10 times per semester from any class he/she will receive NO CREDIT for that class for that semester. If a student is more than 15 minutes late for any given set, the tardy is an absence. This rule includes all absences (excused or unexcused) with the exception of those that are "school-related" as defined in the Parent/Student Handbook.*
- ** *Students who are less than fifteen (15) minutes late should report directly to class. Students who are more than fifteen (15) minutes late should report to the Attendance Office. If a student is more than 15 minutes late for any given set, the tardy will be considered an unexcused absence for that class. Students are still required to go to that class, if they fail to do so they will be considered truant from that class.*

Students will be allowed five (5) tardies per semester; any tardy after that will result in behavioral detention. There are no longer "excused" tardies. Students who are returning from appointments must report to the Attendance Office and present verification before they receive an admit slip.

2. Dress Code Policy (No Sandals) (No Skirts) (Liturgy Dress Days)

CBHS' Dress Code represents solidarity among our entire student body and is a good reflection of each student's own Falcon pride. Students are best prepared for school when they are properly dressed and groomed in accordance with our dress code; thus encouraging better behavior and a better learning environment. Abiding by CBHS' Dress Code also emphasizes modesty and self-discipline within students, while reducing peer pressure on campus. Therefore,

- ** *Sandals/flip flops of any type are no longer allowed.*
- ** *Skirts and dresses are no longer allowed. (Only well-maintained long pants, walking shorts, or capris may be worn at CBHS)*
- ** *As in prior years, students will be required to dress specifically for school liturgies or prayer services; however, girls will no longer wear dresses or skirts and boys will no longer wear dress shirts and ties. To show reverence and solidarity during CBHS faith celebrations, all students (Boys and Girls) are now required to wear the following on designated "Liturgy Dress Days":*
 - > *Appropriately sized CB logo wear polo shirts must be worn. NO T-shirts, sweaters, sweatshirts, or any other type of top other than a CB sweatshirt or CB jacket on cold days.*
 - > *Appropriately sized dress pants/slacks or dockers-type khaki slacks must be worn. NO shorts or skirts.*
 - > *Appropriate shoes. Dress shoes are preferred; however, tennis shoes, athletic shoes are acceptable.*

PRAYERS FOR MR. DONCH: Last month one of our teachers, Mr. John Donch, suffered a stroke. He is now progressing well in his recovery at the Kaiser Rehabilitation Center in Vallejo. Please keep him in your prayers for his continued healing. Your thoughtful cards of support can be sent to John in care of Debbie McVay at Christian Brothers High School