# "PREPARE THE WAY."

#### PRINCIPAL SHARING:

History has moments that call upon us to be prepared. A while back, from the wilderness around the Jordan River, John the Baptist shouted "Prepare the way for the Lord"

At Christian Brothers we too answer that prophetic call to make straight the paths which enable students to encounter the Holy presence of God daily. We too hustle to get ready each summe for another school year. We too discover new ways to enjoy and thrive in providing excellent college prep, Catholic education.

As our first school bell approaches, allow me to highlight some innovations that'll help us be prepared to again touch our students' hearts as a Lasallian educational community.

#### Staying Connected with Connect-ED.

Over the last couple of years we've embraced PowerSchool as a powerful way for parents and students alike to have (via the Internet) "almost-real time" access to info on grades and academic

Now later this fall, we'll launch a new phone/e-mail messaging service that'll further improve our CB-to-parent communications. We'll utilize Connect-ED® to deliver personalized messages for attendance notifications, scheduling or emergency alerts, and community outreach.

We'll soon be able to quickly and reliably reach every family in just minutes. With more timely, meaningful communication our families' awareness will be heightened; our sense of community, strengthened.

#### Enriched Learning Through Educational Technology.

Using techno logy to learn is an essential 21st-Century skill. Thus CB student learning will be enriched

as we weave added educational technology into our curriculum

We'll expand use of our existing Technology Center as both a Foreign Language Lab and as a Reading Lab. All Spanish, French, and German courses will apply speech recognition technology/software to foreign language acquisition. Improved

technological support will assist students placed in our "C" Level summer courses and "SAGES" program to develop their silent reading fluency and comprehension.

One-half of our Library is also being reconfigured with 30 computer stations to start serving more as a Tech-Media research center for all academic classes.

#### On-Campus, After-School Preparation Offered for the SAI.

CB sophomores and juniors take the PSAT, a valuable "practice" experience for the SAT reasoning test, a college entrance exam. Using these results as a baseline, many students then decide to enroll in an SAT prep course.

This year we'll pilot our own on-campus, after-school prep. course, taught by CB teachers. A str-week curriculum, the Cambridge prep course SAT Victory, has been adopted which covers: skill reviews in critical reading, math, and writing; inclass problem solving and strategies; and practice test reinforcements. (Please see page #2)

#### Campus Upgrades (Cool-Air, Better Sym Floor)

Two substantial campus improvements are swiftly being completed. First of all, we'll soon be chilling-out to teach learn with air conditioning in all of those top-level (200s and 400s) classrooms of CB's older wings. Energy efficient renovations have replaced windows, covered walls with insulatory material, installed new lighting, and set-in place HVAC units.

On the heels of cooler air, will come our new gym floor. The tired old flooring was removed. In its place a new floor was built. Now a stronger, longer lasting wood cover is being laid. All this promises to provide more consistent bounce in the ball and better footing for our student-athletes.

In advance, welcome back. We're prepared, and looking forward, to another great year together.

LIVE JESUS IN OUR HEARTS, FOREVER!



#### SCHOOL CALENDAR - AUG. '07 ENTER TO LEARN, LEAVE TO SERVE

August 6 Beester Clok Mbg. 6:50 p.m.

August 6-8 Stretent Council Leadership Comp.

Aspert 8 Alamsi Mtg. 7:00 p.m.

August 18-11 Fresh Lock In

August 10 New Parents for Dream Social 7:00 p.m.

August 11 Coaches Orientation, CPR, Fell Coaches Mtg. August 13 Community Day of Reflection: Fall Sparts begin

August 14 Faculty/Staff Professional Day

August 15 Fresh/Remoter Drivetation; Senior Processing Day

August 16 Full Semester Bogins

August 23 Mass of the Huly Spirit 9:30 a.m.

Back to School Porent Bosets Liturgy and Dessert

August 24 Makeup Picture Day Falore Flox - Class Council speecher

August 25 Red and Blue Scrimmage August 26 PAL Fell Sports Mtg. 1:50-4:50 p.m.

August 27 Scholar Picnic

August 27-31 Fresh Campaign Week

August 28 Back to School Night "Special Schedule-

Early Dismissal" + Fall Athletes Meeting

August 29 Friends of the Arts Mtg. 8:30 p.m.

August 31 Open Dances - 7:38-10:30 p.m. Fresh/Soph © CBHS; Junion/Senior © St. Francis NSIDE:

SAT Pren

ampus Ministr

ident Activities

most thing Tours

Brothers honored 259 of our graduates with hugs, rousing applause, a pat on the pack and a gentle push forward. Over the summer, our entire Lasalian educational community was likewise hon ored, in being awarded with the highest rating of Schools and Colleges (WASC) and the Western

WASCWCEA was pleased to announce the action taken by the Accrediting Commission for Schools granting Christian Brothers High School a full six-year term of accreditation, expiring on June 30, 2013.

This accreditation recognizes and affirms:



1.) That Christian Brothers High School is highly effective as a thy college preparatory. Catholic institution of learning

- 2.3 That Christian Brothers High School supports high achievement for all students through its: Organization for Student Learn Personal and Academic Growth; and Resource Management De-
- 3.) That Diriction Brothers High School has embraced a long range, achoolivide action plan that will continue to improve student learning and high achievement.

BACK TO SCHOOL

ENTER TO LEARN

August 28, 2007 5:30 p.m.

Join us to meet your student's teachers.

### Welcome to the 2007-2008 school year!

The Guidance Department is busy preparing to welcome your student to a new year full of opportunities! The counselors will visit classrooms and share important academic and college information with your son or daughter soon after school begins. Additionally, each student will have a pre-scheduled individual meeting with his/her grade level counselor at some point during the first several weeks of school. We would also like to inform you of several upcoming events sponsored by our department that will assist us in supporting your child.

#### UPCOMING FIRST SEMESTER GUIDANCE EVENTS:

- · College Night for Seniors and Parents: Wednesday, September 12 at 7:00 pm in the CB Cafeteria
- · Frosh Guidance Night: Wednesday, September 19 at 7:00 pm in the CB Cafeteria (Parents only)
- · Testing Day: Wednesday, October 17, minimum school day
- · Staffing Days: Wednesday and Thursday, October 24 and 25, minimum school days
- · Parenting Teens: Wednesday, November 14, 7:00 pm in the CB Cafeteria
- College Financial Aid Night for Seniors and Parents: Wednesday, December 5 at 7:00 pm in the CB cafeteria

Counselors are available for consultation if needed. Please call your child's grade level counselor to make an appointment.

Please visit our website at www.cbhs-sacramento.org (Guidance/College Center) for more information.

# SAT PREP

Christian Brothers is offering an SAT exam preparation course for Class of 2008 students planning to take the October 6 sitting of the SAT. The class will be taught by our own English and Math teachers and will be held every Tuesday evening from 5:30 pm - 8:30 pm beginning August 21 (omitting August 28 due to Back-to School Night) and ending October 2. The class will meet in room 603.

The cost is \$125 per student, and to allow for maximum learning, class size is limited. Please go to the CB website to register. The registration deadline is August 7. We will be offering another six-week course for juniors beginning in late January in preparation for the March 1, 2008 SAT exam.

# A Parent's Prayer

Lord, you are my patience, my strength, my light, and my counsel.

You guide me in what I have to say and do with my son and my daughter, and you help them he responsive to my words.

Be with them and with me at all times.

Give me, for their sake, a share in the gifts of your Holy Spirit:
wisdom, understanding, coursel, courage, knowledge, devotion, and awe.
Increase my faith and give me zeal to build your kingdom.
Accept my loving commitment as a parent to be the continuation of your divine Son's earthly ministry.
I ask this in His name. Amen.

Welcome to the 2007-2008 school year! A very special welcome to the new families joining our CB community for the first time as your son or daughter enters the freshman class or transfers to our school. The Campus Ministry program provides liturgies, prayer, and a four-year retreat program for our students. We also offer prayer and spiritual resources for parents. Please come by and visit the Campus Ministry office in Brother Bertram Hall. If you have any questions or concerns, please contact Mrs. Susannah Nelson, Director of Campus Ministry, at 733-3626 or at snelson@cbhs-sacramento.org; or Ms. Mary Alice Bennett, Assistant Campus Minister and Liturgy Coordinator, at 733-3600 ext. 1040 or at mbennett@cbhs-sacramento.org.

#### Liturgies

We will begin the school year with our first school liturgy, the Mass of the Holy Spirit, on Aug. 23. Parents are always invited to join us at our school liturgies. All liturgies are held in the gym and begin at 9:30 A.M.

#### Upcoming Liturgies:

September 23 – Sophomore Family Liturgy October 4 – School Liturgy November 1 – All Saints' Day Liturgy November 18 – Frosh Family Liturgy December 6 – Advent Prayer Service

CAMPUS MINISTRY

#### Retreats

The Senior Retreat Leadership Team will participate in their training session/retreat at the end of August at St. Joseph's Camp. These seniors will be busy this school year leading the Frosh, Sophomore, and Junior retreats.

Frosh retreats occur during the first semester at the Marello Retreat Center in Loomis. Frosh attend these retreats with their religious studies classmates and teacher. This is a mandatory retreat; all frosh are required to attend. With the theme "Who Am I?," the frosh will explore their self-identity, their new CBHS identity, and their new membership in the worldwide Lasallian family. Details of this retreat will be in a letter to frosh parents that will be sent home in August. Frosh Retreat Dates: Sept. 7, 14, and 21; Oct. 26; Nov. 2.

Sophomore, Junior, and Senior retreats are optional. Students may sign up for these retreats in the Campus Ministry Office. **Sophomore retreats**, held at the Newman Center (across from CSUS), will begin in February. Focusing on "Who is Christ in My Life? What Are My Choices and Values?," these one-day retreats will be further explained in a letter to sophomore parents that will go home after the Christmas break. **Junior retreats**, a one-day retreat held at Christ the King Retreat Center in Citrus Heights, occur during the second semester. A letter with details will go home to all junior parents after the Christmas break. The focus of this retreat is "Christ's Message for Me – My Journey." Please consult the school calendar for the dates of these retreats during the spring semester.

The Senior Kairos Retreats will be October 2-5, November 13-16, January 22-25, and March 11-14. This is a four-day, student-led retreat grounded in the Christian belief that God is very much a part of our real world, especially through the continuing presence of Jesus Christ as he shows himself to us through our family and friends. Kairos is an experience of Christian community, with a series of talks given by both student peers and adults. Prayer and self-discovery are also essential parts of this program, as well as the retreatants' involvement in discussions and other exercises. A letterwill go home in September to all senior parents with details about this retreat. Juniors are also invited to make their Kairos retreat early, the week after school is out, when they are "brand-new" seniors.

#### Athletics

As we begin a new school we look forward to great competition by our student-athletes. A few reminders before our sports seasons officially begin:

- · All athletes must have an 'Athletic Consent and Release Form' filled out in entirety before being allowed to tryout for a team.
- · Our fall sports officially begin Monday, August 13. Please see the online athletic calendar for specific times.
- · Questions should be directed to the head coach of the sport; contact information can be obtained on the athletic webpage.

#### Fall sports include:

Cheerleading M-Soccer M/W Cross Country W-Tennis W-Golf W-Volleyball Football

M/W Water Polo

Go Falcons!

# Gentle Reminders from the Dean's Office

Safety First; Drop-Off/Pick-Up Guidelines. CBHS veterans will tell you that drop-off and pick-up in front of the school are always a challenge. To avoid delays, please try the

- Pull as far forward as possible and park leaving the center lane clear for traffic. Often students are dropped off directly in front of the school and the traffic backs-up quickly, when just a few feet ahead there is plenty of loading area available.
- Traffic out front is much lighter at 7:45 a.m. than at 7:55 a.m.; likewise, after school pick-ups are far easier after 3:15 p.m. than at 2:50 p.m. If possible, making some adjustments to your pick-up and drop-off times may be a real time saver in the long run.

#### Reporting Student Absences & Early Dismissals.

Please make sure you call in your student's absence (733-3625) before 9:30 a.m. each day the student is absent, and send him/her back to school with a note (page 14 of the Parent/Student Handbook). This helps the Attendance Office track attendance accurately. If you need an early dismissal, please send your student with a note that morning, so the early dismissal can be processed and the student ready to depart on time for the necessary appointment.

### SPECIAL BOOKSTORE HOURS

Regular Bookstore Hours vary and a subject to change. The Bookstore is supercally ones during break, part of runen, and after school for 30 minutes Please call the Bookstore (733-3645) for specific dolly times

#### **Avoiding Most Common Disciplinary** Consequences.

Help your students understand that detention in any form is to be avoided and that accumulating detentions will lead to far more serious consequences. Also, please review the dress code completely (pages 16-20 of the Patent/Student Handbook). The expectation is that students arrive at school in CB dress code. Failure to do so will result in sanctions that can be avoided with simple compliance and familiarity.

The Dean of Students, Mr. Barsanti, and Assistant Dean of Students, Mrs. Olson, are available to assist students and parents understand CB policies and procedures to ensure a successful and productive school year.

# AUGUST '07

We have a number of exciting events planned for August and the beginning of school.

#### On Friday, August 10 beginning at 7:00 p.m. Freshman Lock-In 2011 will be held.

Our Student Council and senior class volunteers host all the freshmen to an entire night of activities. It is a great way to make new friends before school begins. Parents are invited to join us for the New Parent kee Cream Social that evening. Attention freshmen and parents: if you have not signed up to attend Freshman Lock-in 2011 It is NOT too late. Turn in your RSVP in the large red basket in the Main Office.

Wednesday, August 15 is

Frosh/Transfer Orientation & Sr. Processing Day Starting with check-in at 8:30 a.m. freshmen and transfer students will meet in the gym for introductions and a prayer service. Then they'll meet their Senior Buddies, followed by taking a campus tour which will include finding their lockers and their classrooms. Freshmen are to come in dress code and bring their class schedule, their books in a backpack and their lock. When they are dismissed at 10:30 a.m. they will be ready for their first day of classes on Thursday. Senior Processing Day begins at 10:30 in the gym, and will include a class meeting and being measured for caps and gowns. These processing days are important and REQUIRED!! Students are to be present and in dress code!

# Friday, August 24 is Make-up Picture Day.

Any student/staff member who did not have their yearbook picture taken last spring will have one last opportunity to have their picture taken. The photographer will be on campus all day. Students will receive a form in homeroom and will be called out of class at a specific time for their picture.

### DANCING UNDER THE STARS ....

Friday, August 31, from 7:30 to 10:30 p.m., CB freshmen and sophomores will welcome lower division students from all five Catholic high schools to the first dance of the year here at Christian Brothers. On the same evening, our juniors and seniors will be hosted, along with upper division students from the five Catholic high schools, at St. Francis High School for their first upper division dance. Tickets will be limited, so plan ahead and buy them on the first day of ticket sales, August 27, outside the SAC. Celebrate being back together after a long summer holiday!

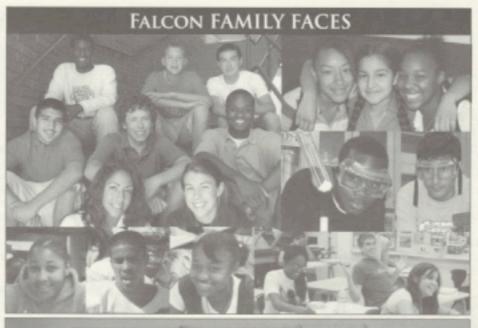
#### Freshmen Class Officer Elections

will be held on Friday, August 31. Applications will be available in the SAC on Friday, August 17 and are due Thursday, August 23. Student Council is a great way to be involved in the events of our school. Class officers plan all dances and rallies, represent our student body during Open House and Back-to-School Night, and participate in many other events here at CBHS.

# Quality School Program (QSP) Fundraiser.

The Quality School Program (QSP) drive is due to blast into high gear with a rally on September 6. From September 7 through September 27 our students will be working diligently to sell magazine subscriptions. Please be sure to save all magazine orders and renewals for the CBHS student of your choice. We honor renewal notice prices if they beat QSP prices. QSP benefits all students and their co-curricular activities. All organized groups of students involved in student activities and clubs on campus can request funds earned from the drive to support their goals. Financial support for our many student activities is not the only benefit. Students learn how to identify needs, make proposals and persuasive presentations, and develop negotiating skills as these funds are allocated.

Enjoy the rest of your summer and Student Council looks forward to seeing you all back in August!



# EXTRAVAGANZA 2007



CHRISTIAN BROTHERS HIGH SCHOOL 4315 Martin Luther King Jr. Blvd. Sacramento, CA 95820-2727

First-Class U.S. Postage PAID Permit # 1277 Sacramento, CA

n his Parable of the Talents, Jesus tells of three men entrusted with varying sums of talents (money) from their master. Two invest their talents wisely and make much more in return. The last fellow hides a single talent only to return what was given. By hiding his gift where it couldn't be lost - it also couldn't grow. So, rather than being praised for his prudence, he's reprimanded.

Jesus' parable of the talents reminds us that we're all given gifts from God. And when we successfully use these gifts, God entrusts us with even greater gifts and greater opportunities. Here at CB, we embrace this belief with an inclusive, Lasallian education

We believe every child is gifted for learning. We believe that these gifts thrive within an educational community that welcomes a diverse group of students: coeducationally, culturally, economically, and, yes, academically. All educated together on the same bench.

As such, CB's core curriculum is directly aimed at empowering students to succeed, each according to their ability. We meet stu dents where they are and then guide them to the next level.

For those freshmen who struggle academically, our 11-month SAGES program offers opportunities to secure strong foundational skills. For accelerated learners, our Scholars' path challenges them with exceptionally rigorous academics.

Three levels of college preparatory classes are available to students, with every curricular area offering "A," B," and "C" level courses. Students enjoy a careful blend of varied-level classes, with class schedules respectful of their individual strengths. About 23 Honors/AP courses are offered that provide even more advanced preparation.



Our faculty goes the extra mile to help guide students to grow their gifts. What students learn, and how they learn, at CB empowers them to experience success in using their gifts at their best. They're called upon to invest their talents wisely with the daring to excel, to improve.

Sure, our standards are high. Yet CB students go up and over. And come graduation day, our students' diplomas truly signify an achievement much greater than that of having amassed knowledge-our graduates have developed their own personal oreatness.

In Jesus' words, "well done, good and faithful servants."





#### 2007-2008 SCHOOL CALENDAR CHANGES!!

January 21, 2008 - Martin Luther King Jr. Holiday (moved from January 14) June 2, 2008 - Alumni Golf Tournament imoved from May 12) All Parent Club Meetings will be held in Room 106 (changed from Room 105)

#### SCHOOL CALENDAR - SEPT '07

September 3 LABOR DAY -- no classes September 4-5 Full Play Auditions September 5 Lecalize Perent Club Mtg. 8:30 p.m. Alumni 18ty, 7:00 p.m. September 6 CSP Kickell Relly - Felcon Flox September 7 Fresh Retroot Winetening Extranguese

September 10 Boester Club Mbg. 6:00 p.m. September 12: College Night for Seniors & Parents 7:50 p.m.

September 13 Classes begin 9:00 a.m. Sanior Class Prayer Service - Felcan Flox

September 14 Fresh Retrea September 18 Class of 2008 Parent Grad Night Mtg.

September 19 Fresh Guidance Night 7:50 p.m. September 29 Classes begin 9:00 a.m. Red & Blue Spirit Day Holy Bowl Rully & BBQ at leach September 21 Fresh Retreat September 22 HOLY BOWL

September 23 September Family Litargy 9:30 a.m. September 25 Friends of the Arts Mtg. 6:30 p.m.

September 26 Chesses begin 9:30 a.m. Fall Sports Rally -- Falcon Flor September 28 TENTATIVE CSP HOLIDAY

September 29 Open Dance - Fresh/Soph CO Jesuit: JL/St. C Leveto 7:35-10:30 p.m.

#### ENTER TO LEARN, LEAVE TO SERVE

# NSIDE

REMEMBER TO CHECK THE CB SCHOOL CALENDAR ONLINE FOR THE MOST CURRENT INFORMATION

#### www.cbhs-sacramento.org

Christian Brothers High School Moethly Newsletter 4315 Martin Luther King Jk., Blvd. Sacramento, CA 95820-2727

# **GUIDANCE DEPARTMENT NEWS**

# Welcome to Christian Brothers.

all new and returning families! As the school year gears up, counselors are busy assisting students with strategies for academic success and also distributing a substantial amount of college planning information. Each counselor has scheduled individual conferences with each of his/her students, so all students will be seen by their counselor this Fall for one-on-one counseling. In addition, Mrs. Hesser is visiting junior and senior English classes to discuss college planning and the resources available to students in our College Center and on our website. Mrs. Hesser will be hosting to the college Night for Seniors and Their Parexis on September 12 (7:00 p.m. CB Cafeteria) to present important and timely college information to seniors and parents.



CS parents were lintening attentively in their children's classrooms at Rack to School Night:

# College Exploration for Seniors

The early weeks of the senior year are a time when college exploration will continue and it is time to narrow down a "short list" of those colleges and universities that match up with desired characteristics identified by your son or daughter as important to their educational ambitions and needs. Unlike the junior year and earlier, this year is one that will be influenced by deadline dates and other milestones when tasks must be completed. The soundest piece of guidance you can give your senior student is to create a "things to do" list as the new school year begins. An orderly approach to all of the admission and financial aid applications tasks will ensure they do not become a distraction to the important things that must continue to happen in the classroom.

#### Reminders for everyone:

School has resumed! Summer jobs have ceased. Trips to the beach or lake are behind your college-bound children as the bell sounds for the 2007-2008 school year. Monitor these early weeks of school and make certain your son or daughter attends to the following tasks:

- Launch the year determined to be as successful as possible. Don't allow the college exploration, decisionmaking or application process to become a distraction.
- Review the courses on your child's current schedule and make certain they are pointing toward her or his college goals. Plan ahead for next year's classes; also look at upcoming testing dates and their registration deadlines.
- Juniors and Seniors should schedule visits to the colleges they haven't seen to this point. Revisit those where unanswered questions exist. For seniors, this is the countdown year and they will soon be refirning their list of colleges and initiating the application process.
- Make sure your child listens to the daily announcements and KBFT, and checks the CB website in order to hear about specific fall college evenings presented by specific colleges/universities that provide information about the admission and financial aid application process. Remind them to sign up for any of the 30-40 college rep visits on our campus and to attend the College Fair that CB co-hosts with the other Catholic high schools. This year it will be held at St. Francis H.S. on Thursday, October 11, from 7:00-9:00 p.m.
- Juniors should begin to map out a long-range strategy for exploration. Sometime soon each student must identify those characteristics that she or he is looking for in a college and now is the time to begin thinking about those criteria. Initial exploration can involve general college guides and videos or the more specific information presented by colleges on their websites as well as exploring the guidance section of the CB website. Juniors should not take the SAT or ACT until March or later of the 2007-2008 academic year. Each junior has received an individual code that allows students to register at our college planning website, CB's Family Connection. Juniors should complete the personality profile/career interest survey at Family Connection called "Do What You Are" by the end of this semester.
- Some analous sophomores may want to become more engaged in the school-to-college transition, but this is a time for them to concentrate on the classroom and do the best job they can do to bring home good grades in challenging college prep classes.

#### College admission test dates:



SAI TEST DATE October 6 (# CB) November 1 DEADLINE TO REGISTER September 10 October 2 October 30 ACT TEST DATE September 15 October 27 (@CB) December 8 DEADLINE TO REGISTER August 10 September 21 November 2

CAMPUS MINISTRY

#### LITURGIES:

We began the school year with our first school liturgy, the Mass of the Holy Spirit, on August 23. We were honored to have Fr. George Wanser, S.J., the pastor of the Newman Center, as our presider at the Mass. The Seniors who were trained as Eucharistic Ministers were commissioned in their special ministry of distributing communion at our liturgies, and students were recognized for the many hours of service they have given to the community. We also welcomed new teachers and staff members to our community.

#### Attention Sophomore Parents!

The Sophomore Family Liturgy is right around the corner! Join us for Mass, followed by a continental breakfast, on Sunday, September 23 at 9:30 a.m. in the gym. Our presider will be Fr. Innocent Subiza of St. Teresa of Avila Church in Auburn.

Upcoming Liturgies: Sept. 23 - Sophomore Family Liturgy

Oct. 4 - School Liturgy Nov. 1 - All Saints' Day Liturgy Nov. 18 - Frosh Family Liturgy

Dec. 6 - Advent Prayer Service

Parents are always invited to join us at our school liturgies. All liturgies are held in the gym and begin at 9:30 A.M.

#### RETREATS:

The Senior Retreat Leadership Team held their training session/retreat at the end of August at St. Joseph's Camp. By the end of the three days there, after praying, eating, and sharing time together, we felt like one big family! These 17 seniors will be busy this school year leading the Frosh, Sophomore, and Junior retreats.

The Senior Kairos Retreat dates are October 2-5 and November 13-16, 2007, and January 22-25, and March 11-14, 2008. A letter will go home this week to all Senior parents with details about this retreat. Sign-ups are now available in the Campus Ministry office.

The Frosh Retreats begin this month. The Frosh attend these retreats with their religious studies classmates and teacher. This is a mandatory retreat; all Frosh are required to attend. Details of this retreat were sent home to parents in a letter from Campus Ministry.

Frosh Retreat Dates: September 7, 14, and 21; October 26; November 2 Check the CB web site under "Campus Ministry" for details on these retreats.

Save this date! The Parent/Student Retreat will take place Saturday, February 9, 2008 from 8:30 A.M. to 2:30 P.M. at Christ the King Retreat Center. You won't want to miss this opportunity to spend a special time of prayer, fellowship, and reflection with your CB student. All parents and all grade level students are welcome. More details later!

You are invited to an informal dessert social

#### Wednesday, September 5 at 6:30pm on the Main Lawn.

Join other parents who support the parent experience at CBHS by being part of a partnership that encourages participation, helping parents find their place on campus and helping build school community. Your support creates a stronger resource for all CBHS parents. You will have fun and get to know the inner workings of CB.

We look forward to meeting you!

# Parent Club Pessert Social



# CHRISTIAN SERVICE

Christian Service provides opportunities for community service, yearly almsgiving projects, Christian service-learning, Venaver, an immersion program, and service clubs on campus including Big Brothers, Lasallian Youth, and Wellspring. These programs allow the students hands on experience to proclaim the Gospel and build the Kingdom of God by serving the poor and vulnerable.

#### **Christian Service Awards:**

Christian Service Awards were announced at our opening school liturgy on Thursday, August 23, 2007. The following students of the class of 2010 received a Christian Service Award for completing 25 or more hours of service last year: Christopher Barthelow, Kylle Masten, Anthony Miller, Patrick Price, Jose Ruiz, Faith Siler, Francesca Tongco.

The following students of the Class of 2009 received a Christian Service Award for completing 50 or more hours of service during their years at Christian Brothers: Destini Bouldin, Jonathan Carrillo, Brittany Chamalbide, Elise Delgado, Amy Egerter, Geanna Flavetta, Sasha Haft, Jason Howard, Michael LaRosa, Ryan Lutz, Collin Mulhern, Raquel Perez, Natalile Reyes, Jennifer Rodrigues, Jazmine Santacruz, Mazie Sleppy-Bird, Christine Van Beek, Kelly Vellanoweth, and Evan Wisheropp.

The following students of the class of 2008 received a Christian Service Award for completing 75 hours of service during their years at Christian Brothers: Samantha Anderson, Matthew Aronson, Samantha Calkins, Katelyn Collins, Sophia Crawford, Amanda D'Elia, Cailtin Ferguson, Erica Havey, Katherine Holst, Claire Jennings-Bledsoe, Megan King, Scott Lewis, Lara Marlon, Ian Markham, Kelly McEnerney, Erin Perry, Trevor Rappleye, Mark Rossow, Adrian Speed, Shane Torpey, Nathan Trefethen, David Tracy, and Jennifer Ulibas-Pascual.

Congratulations to all of our students who strive to implement our school motto

"Enter to Learn, Leave to Serve."

### **Documenting Community Service Hours**

All sophomores, juriors, or seniors who volunteered over the summer please remember to turn in your documentation forms so we can keep track of your community service hours.

- · Students who volunteer can document their hours for college transcripts
- Students can pick up a form in the Christian Service Center or on our website under People & Places, Christian Service Program, How to Document Service.
- Students should fill out one form for each agency or placement where they volunteered.
- Students need to assess themselves and have a supervisor sign the paper.
   For any questions about the Christian Service Program including community service, Service Learning, or school-wide almsgiving, please see Ms. DeBenedetti-Emanuel in the Christian Service Center or contact her at sdebenedetti-emanuel@cbhs-sacramento.org or 733-3653.

#### Venaver — Tijuana Immersion Trip

VEN A VER (literally come and see in Spanish) is an intense immersion experience in which the students have the opportunity to journey to our sister school, Centro La Salle, in Tijuana, Mexico. The VEN A VER experience allows the students the opportunity to move beyond his or her own known borders and to live and serve in another culture. As part of this trip students see, experience, and live for five days in a setting unlike any other. It is hoped that the "moving beyond the border" is more than crossing into another country, but really an intellectual, spiritual, social, emotional, and communal experience as well.

Our two Venaver trips this year will be:

- · January 15-19, 2008
- · February 19-23, 2008

All juniors and seniors are encouraged to apply. Applications are available in the Christian Service Center (next to the Attendance Office) or see Ms. DeBenedetti-Emanuel.

Oak Park CleanUp: This year Christian Brothers will be teaming up with the Oak Park Business Association and Job Corp to help clean up Oak Park. The Oak Park street cleanups occur on the second Saturday of every month. The next cleanup is on Saturday, September 8, 2007 from 8:00 a.m. – 12:00 noon. All interested participants need to sign-up with Ms. Lystrup in room 208. All students, faculty, staff, and families are welcome.

AIDS Run/Walk: 7th Annual Sacramento AIDS Run/Walk is on Sunday, September 9, 2007, on the West steps of the Capitol. This is a great way to support a good cause and an opportunity for the whole family to exercise together. For more information call 916-448-1110.

Run to Feed the Hungry: 14th Annual Run to Feed the Hungry takes place on Thanksgiving Day, November 22, 2007. This is a great opportunity to run or volunteer as a family. All the proceeds benefit our neighbor, Sacramento Food Bank and Family Services. For more information, check out their website: www.sfbs.org or see Ms. DeBenedetti-Emanuel in the Christian Service Center.

# STUDENT ACTIVITIES

FROSH LOCK-IN: Two hundred seventy freshmen enjoyed an exciting Lasallian welcome when Student Council members and senior volunteers hosted them at Lock-in 2011. Activities included were a dance, ice breakers, rally, and an early morning prayer service with a slide show. The freshmen saw the sun rise on the football field while they enjoyed donuts and cocoa and embraced their new experience as members of this Christian Brothers community. They had a fantastic night and look forward to a great four years here at Christian Brothers High School.

#### **QSP MAGAZINE DRIVE:**

The Quality School Program (QSP) drive is due to blast into high gear with a rally on September 6. From September 7 through September 27 our students will be working diligently to sell magazine subscriptions. Please be sure to save all magazine orders and renewals for the CBHS student of your choice. We honor renewal notice prices if they beat QSP prices. FRIDAY, SEPTEMBER 28TH IS A SCHOOL "HOLIDAY" ONLY IF WE ACHIEVE OUR GOAL OF \$100,000 DURING THE MAGAZINE DRIVE.

QSP benefits all students and their co-curricular activities. All organized groups of students involved in student activities on campus can request funds earned from the drive to support their goals. Last year, the Student Council heard many proposals from their peers. Among the groups who benefited from QSP sales were the Athletic Department which received a the computer and software to run concussion tests; equipment for our Baseball team; a runway for our Track; jackets for the Rugby team; safety equipment for the Softball team; and new golf bags for our Golf teams. The Band received funds to buy hand-bells. The Theater Department received funds for a much needed sound board.

Many of our clubs also received QSP funds. For example, Big Brothers received funds to support their yearly activities, Communion and Liberation received money for Study Days they sponsor at the end of each semester, and the Asian Pacific and French clubs received funds for cultural experiences to benefit their members and our school. Open Mic Night and the Sticks n' Strings Club received funds to buy sound equipment for their performances. Wellspring and Scientific Olympiad also received funding from QSP. Financial support for our many student activities is not the only benefit. Students also learn how to identify needs, make proposals and persuasive presentations, and develop negotiating skills as these funds are allocated.

#### **UPCOMING EVENTS THIS FALL:**

Club Day activities will be held during lunch on September 13. We have over forty-five clubs here at Christian Brothers and they will be represented at information booths that day. Every student should be able to find a club to match his/her interests. The clubs will advertise what they do and where and when they meet.

The Sophomore Family Liturgy is being planned by the Sophomore Class Council, and will be held on Sunday morning, September 23, at 9:30 a.m., followed by a continental breakfast. A letter will be sent home regarding the Liturgy with an RSVP form for the continental breakfast.

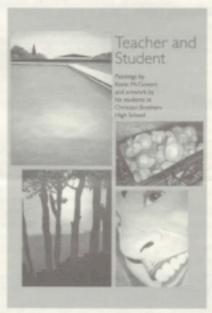
Holy Bowl is coming on September 22. To fire up for this cross town challenge we will have a Spirit Day and BBQ on Thursday September 20, with a rally to cheer on our football team and show them our support as they head into this annual athletic battle. The Fall Sports Rally that celebrates all of our athletic teams will quickly follow on September 26.

Homecoming may be far off but some of our students bring guests who attend a school other than one of the five Catholic high schools. The guest passes will be available September 14 and will be due no later than October 1.



Looking for group "23" at Frosh Look-in.
Howevor groups sport time together getting acquainted.

If you missed our exhibit at CSUS this past June, entitled "Teacher and Student: Paintings by Kevin McGovern and Artwork by his Students at Christian Brothers", there is still a chance to purchase the 36-page color catalogue that was sold at the reception. The catalogue can be purchased at the CB Bookstore or the Main Office at Christian Brothers for \$10.00, with all proceeds going to the Friends of the Arts.



CHRISTIAN BROTHERS

# AUCTION 2008 KICK-OFF MEETING

Join the FUN and SUPPORT the school!

Tuesday, September 11, 6:00 p.m.
in the Library

RSVP to Sally Sylva at (916) 995-4290
or e-mail at sylvaranch@gmail.com

### School Beyond the Halls of Christian Brothers –

### Europe in the Summer of 2008

Thirty excited Christian Brothers' students returned to Sacramento in June and July, 2007 after a 16-day tour of some of the major sites of Italy and France with Ms. Patti Gallagher and Mr. Tom English. For seventeen of the students a three-week home stay in France was added to the trip. All CB students interested in enjoying a similar experience during this coming Summer 2008 may sign up for a trip to Italy. Switzerland and France, once again led by Ms. Gallagher and Mr. English. The highlights of this trip will include the major attractions of Rome and Florence, the Engelberg region of Switzerland to visit the Swiss Alps, experience the charm of Luceme, and taste Swiss chocolate, and then Paris where, among other activities, we will tour the Louvre, Notre Dame Cathedral, the Eiffel tower, and take a boat trip along the Seine. Excursions to Versailles and Vaux-le-Vicomte are also included. After Paris, students may elect to stay for a threeweek home stay in France, or possibly Spain, to work on their language skills. If students are interested in this summer's upcoming trip, please contact Ms. Gallagher or Mr. English soon as there are limited spaces available. There will be a meeting on Thursday, September 13 at 7:00 pm in Room 702 regarding the Summer 2008 trip for those who are interested. All CB students are welcome.



# FALCON ATHLETICS

#### **Fall Sports**

Our fall sports are working hard gearing up for successful seasons, but we also want to take a moment to ask for your support for an organization that assists the Athletic Department run successful programs. The Boosters organization is a group of parents who assist in raising funds and providing coordination and workers for various athletic events. Last year through fundraising and manpower the Boosters helped provide:

- New uniforms for men's and women's basketball, wrestling, women's tennis and cross country teams
- Facility rental of Sam Pannell Center for our men's and women's water polo and swim programs, and Laguna Racquet Club for men's and women's tennis
- · Senior flowers for all sport programs
- · Pop-up tents to be used for all sports
- · Red and Blue Scrimmage
- Spring Sports 88Q

Please help us continue the tradition. If you are a parent of a current CB athlete then you already understand the importance of the Booster Club. For new CB parents, your participation is essential to the continuation of the CB sports program and its many related functions. Whatever your strength or talent, the Boosters have a place for you. The Booster Club sponsors the snack shack at home games; sells CBHS Spirit Wear (dress code ready!) available at most home games and special events; and hosts traditional events including the Red & Blue Scrimmage in late August and the Spring Sports BBQ. You won't want to miss any of these experiences, so mark them on your school calendars.

Website: New this year for the Boosters is the development of a website which will enhance information and 'boasting' for all athletic programs on campus. Please click on 'Falcon Boosters' under Popular Links on the home page of the CB website. In addition, the Boosters are looking for assistance in getting pictures and stories for each level of each sport. They need reporters to submit scores and game reports for all teams. The reports can be as brief or as detailed as you'd like. If no stories are submitted, the Boosters can't follow the progress of your team's season. To send in scores/summaries, e-mail to javine@citlink.net. Enjoy the new website and support our CB Boosters!

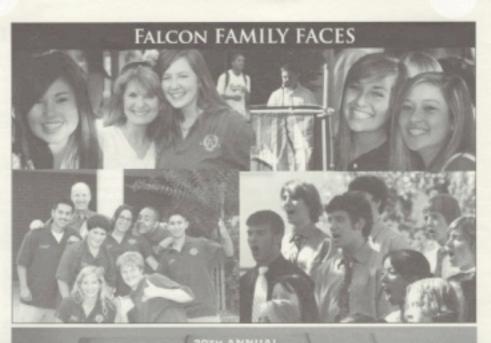
#### Go Falcons!











# ALUMNI WINE TASTING EXTRAVAGANZA 2007



CHRISTIAN BROTHERS HIGH SCHOOL 4315 Martin Luther King Jr. Blvd. Sacramento, CA 95820-2727

PRSRT First-Class U.S. Postage PAID Permit # 1277

SNGLP

# FALCON FAMILY NEWS

#### PRINCIPAL SHARING:

MOVING FORWARD ON 2ND GYM FOR FALL '08

5 even years ago, Christian Brothers opened the Science, Math, and Technology wing. That exciting addition was Phase I of a vision to achieve a long-term campus master plan which includes a number of additions and enhancements to better serve our students.

We are proud to announce today that CB is moving forward on a significant project within Phase II. By fall 2008, students and families will benefit from a new, 2nd gymnasium on campus. This 18,000 square -foot "Field House" will contain two practice basketball/volleyball courts, a weight room, administrative offices, restrooms and a

concession stand. The new building will be located west of the football field, between the Limeberger Gym, the handball courts and the cafeteria.

During construction (approx. October 2007 – October 2008), we anticipate a shortage of parking spaces and other inconveniences. Thank you, in advance, for your patience, co-

operation and understanding as we move forward. Progress updates and scheduling notices will be included in the FALCON FAMILY NEWS.

This project is being paid for by private donations from alumni, parents, and friends. Although the funding for all of the components of Phase II is yet to be secured in its entirety, the decision was made to begin construction on the Field House immediately for a number of reasons. First, early success in fundraising specific to this project. Second, the desire to have students benefiting from these new facilities as soon as possible. And, third, to build even more excitement for Phase II's fundraising efforts by demonstrating tangible progress.

With such financial support, movement forward on other facilities' enhancements, annual giving and endowment growth essential to Phase II will continue. The scope and timing of these additions will be directly tied to the momentum of our fundraising success.

If you are able to make a capital gift in direct support of these exciting improvements, or if you can assist the school in identifying benefactors with the ability to make a major gift (typically \$25,000 or more over five years), please contact the CB Advancement Department.

In the meantime, if you have any questions, comments or concerns about this project, please contact either Lorcan Barnes or Raymond Burnell at 733-3603.



- no classes

Jercan

Lorcan P. Barnes, President





Penny Drive (also 18/15-19)

#### SCHOOL CALENDAR - OCT. '07 NTER TO LEARN, LEAVE TO SERVE Det. 1-5 Weltpring Week Det. 10 Mathleton CD CB Dec.70 Hanacoming Parade, INSIDE: Det. 1 Sourcer Date May, 8:00 p.m. Det. 11-14 PM, Volleyholl Game & Dance Oct. 2-5 Kains 18 Private/Parachiel HS Stadent College Oct. 24-25 Staffing Days - Minimum Det. 11 Alumni Mag, 7:50 p.m. Det. 3 Fair @ St. Francis IS 7:50 p.m. Days/Special Schedule Det. 4 Claracs begin 8:00 a.m. Open Mic Night 7:00 p.m. Des. 12 Full Sports Raily -- Felcon Flox School Literay 9:30 a.m. Oct. 75 Det. 13 Dak Park Clean-up #:50 a.m.-noon Fresh Ratesat Det. 8 SUI OF DI Drt. 15-19 Homecoming Spirit Week & Powder Puff Oct. 27 MIGHT Oct. 7 CS Does House and Arts Fene Det. 15 8th Grade Stanlow Visits begin LaSalle Clab Coaches Hall of Det. B School Haliday-on classes Testing Day/Senior Mass Det. 17 Ferne Disser Oct. 9-12 Million Esans. Det. 18 Chesses begin 9:00 a.m. Faculty/Staff Professional Day

Might Rulls

Wednesday, October 17, is an important day for students at CB. Testing Day is a half-day of school that involves freshman, sophomores, and juniors in college admission testing and career planning. School will begin at 9:00 a.m. on October 17 and will be dismissed no later than 12:15 p.m. (depending on which test your child is taking). Coordinated by the counselors, teachers administer the following assessments to students:

 Juniors will take the PSAT/NMSQT Exam (preliminary SAT). This test is great practice for the SAT, and also allows high achieving students to qualify for participation in the National Merit Program.

 Sophomores will also take the PSAT Exam (preliminary SAT); however their test will be normed for 10th graders. This test is great practice for the SAT.

- Freshmen will take the PLAN exam (practice ACT). This is an opportunity for ninth graders to experience what the ACT test is about. The PLAN also includes a career component and invites students to self-report college plans and academic strengths and weaknesses.
- Seniors will attend the Senior Diocesan Liturgy at the Cathedral downtown.

Please mark your calendars for this important day! Here are some tips to help students do their best on the exam:

- Remind your child to get plenty of rest the night before the test
- Students should eat a nutritious breakfast the morning of the test and bring a healthy snack for the break (the cafeteria will be closed on October 17)
- Students received information and material about the PSAT & PLAN from their counselor during their individual counselor-student conference, including a PSAT practice exam. Please encourage your child to prepare for the test by taking the practice exam at home before Testing Day
- Remind your child to bring two #2 pencils and his/ her calculator
- Encourage your child to develop long-term ways to prepare for college admission exams. These include reading and writing (for pleasure, beyond homework) as much as possible, developing strong study habits, increasing vocabulary, and utilizing free preparation materials.

Results of the exams will be returned to students by their counselor in January, 2008. If you have any questions, or if we can assist you in any way, please call the Guidance Department at 733-3680.

#### **Upcoming Guidance Dates:**

October 6 - SAT at CB

(Only stand-by registration available -see Ms. Kambes)

October 17 - Testing Day October 27 - ACT at CB

(Only stand-by registration available - see Ms. Bell)

Orly stand-by registration available – see Ms October 25/26 – Staffing Days

(If your student will be Staffed, you will receive a letter in the

November 3 - SAT not at CB

(Late registration deadline Oct. 2 - www.collegeboard.com)

December 1 - SAT not at CB

(Registration deadline Oct. 10 - www.collegeboard.com)

December 8 - ACT not at CB

(Registration deadline Nov. 2 - www.actstudent.org)

#### FROM THE DEAN'S OFFICE...

We are off to another great start here at Christian Brothers, in large part because of the willingness of our families, administrators, faculty and staff to work together to accomplish everything that needs to happen at the beginning of a new school year.

This article is an opportunity to discuss briefly one of the functions of the Dean's Office and how it relates to the development of our students. The topic is detention. The purpose of both lunch and after school detention is to hold the students accountable for transgressions in their conduct as Christian Brothers students. Both types of detentions fit in the "misdemeanor" category and are easily corrected. On rare occasions the accumulation of detentions takes a more serious tone and consequences may be increased. Mrs. Julie Olson, the Assistant Dean of Students, conducts both the lunch and after school detention sessions for the school. In an effort to reduce the number of students in detention, we have identified the top five reasons students earn detention, (note the corresponding sections of the Parent/Sudent Handbook in parentheses):

- 1) Dress code violations (pages 16-17)
- 2) Tardy to school or class (page 15)
- 3) Cell phone use at school (page 21)
- Inappropriate conduct/behavior during the school day (page 22-24)
- A missed lunch detention or after school detention (page 25-26)

Overall, we are proud of how our students conduct themselves each day and recognize their behavior is generally good as a result of a joint effort by both their families and the school. Our hope is by sharing these common causes, you might assist us in encouraging your student(s) to avoid accumulating detentions throughout the year.

# CAMPUS MINISTRY

# Give me patience...

Give me patience with systelf, Lord! When I want to give up, encourage me to go on

When I am afraid, give me confidence to believe

Teach me to trust you, Lord!
When I cannot see the way forward, let me take one step.
When the world teems strange, give me faith in you.

Help me to accept your love, Lord! When I feel alone, enable me to embrace others

When I aim anxious, may I calm another's fears

Give me patience with myself, Lord! And grant me the grace to listen for your voice.

#### Retreats

Two more Frosh Retreats are scheduled for October 26 and November 2. Look for permission slips coming home with your son or daughter if they are scheduled to attend.

- · October 26 Ms. Greene's B and G sets
- · November 2 Mr. Symkowick-Rose's C and E sets

Kairos 19 for seniors is November 13-16. To ensure a spot on this retreat, permission forms must be turned in to Campus Ministry as soon as possible.

The Parent/Student Retreat is a time for you and your CB student to relax, reflect, and renew your relationship. Mark your calendars now for Saturday, February 9 at Christ the King Retreat Center in Citrus Heights, 8:30 am -2:30 pml

#### Liturgies

The members of the Class of 2008 will join the seniors of St. Francis High School, Bishop Quinn High School, Mercy High School, and St. Patrick/ St. Vincent High School at the Diocesan Senior Liturgy on Wednesday, October 17 at 10:00 A.M. at the Cathedral of the Blessed Sacrament. The presider will be Bishop William Weigand.

As part of this liturgy, the seniors are requested to bring a donation for those undergoing chemotherapy for cancer: "chemo caps" and/or blankets. The "chemo caps" provide warmth and protection for sensitive skin due to hair falling out; the blankets provide warmth during the chemotherapy procedure. Knit caps, scarves, or fisherman-style caps are appreciated, in sizes to fit male or female adults and young people. The caps and blankets must be new; no secondhand items, please.

Join us for the October 4 School Liturgy at 9:30

A.M. on the main lawn. Our theme is "Proclaim the Gospel at All Times – When Necessary, Use Words." Our presider is Fr. Uriel of Holy Rosary Parish in Woodland.

Join us for the All Saints' Day Liturgy ,Thursday, November 1, at 9:30 A.M.

The Frosh Family Liturgy will be celebrated Sunday, November 18 at 9:30 A.M. in the gym, followed by a continental breakfast in the cafeteria. More info will be coming home soon in a letter to all Frosh parents.

# Thank You

Thank you very much to the many parent volunteers who worked so hard to make the Wine Tasting Extravaganza such a successful event, to Karen Weddle for organizing the parent volunteer effort, to Joe Guilherme and his great crew, to Chef Bob Girasek, to the Brothers for the use of their home for the President's Reception, to Jan Brown, Rick Brannin and Kristen McCarthy, to the Alumni Board of Directors and other alumni volunteers, and to the behind-the-scenes faculty and staff members (gym class help, Arts Department, etc.) who assisted in this major effort.

It was really a fun evening enjoyed by over 1,500 attendees in absolutely perfect weather conditions.

Thanks for your efforts on behalf of our great school!

Paul Rieschick, Director of Advancement

# CHRISTIAN SERVICE

Christian Service provides opportunities for community service, yearly almsgiving projects, Christian service-learning, Venaver - an immersion program, and service clubs on campus including Big Brothers, Lasallian Youth, and Wellspring. These programs allow the students hands on experience to proclaim the Gospel and build the Kingdom of God by serving the poor and vulnerable

#### **Wellspring Week**

Wellspring Week: Wellspring Week begins October 1st and ends October 5th . During this week students are encouraged to support the women and children of the Wellspring Women's Center through donations of foil, pancake mix, syrup, vegetable oil, and cash. The cash donations pay for the eggs used. Wellspring is a Christian Service Club that meets each Friday morning at 6:00 a.m. Dedicated students meet in the kitchen of CB to make breakfast. They scramble eggs and flip pancakes as well and clean up afterwards. The breakfast is then delivered to Wellspring. If you are interested in donating during Wellspring week just have your son or daughter bring any of the above items to their religion classes. If you have any further questions please email Ms. Jennifer Lystrup at lystrup@cbhs-sacramento.org.

# Oak Park Clean Up:

This year Christian Brothers will be teaming up with the Oak Park Business Association and Job Corp. to help clean up Oak Park. The Oak Park street cleanups occur on the second Saturday of every month. The next cleanup is on Saturday, October 13, 2007 from 8:00 a.m. – 12:00 noon. All interested participants need to sign-up with Ms. Lystrup in room 208. All students, faculty, staff, and families are welcome.

#### Run to Feed the Hungry:

14th Annual Run to Feed the Hungry takes place on Thanksgiving Day, November 22, 2007. This is a great opportunity to run or volunteer as a family. All the proceeds benefit our neighbor, Sacramento Food Bank and Family Services. For more information, check out their website: www.sfbs.org or see Ms, Jennifer Lystrup in Room 208.

# Lasallian Youth:

Any student interested in joining Lasallian Youth should see Ms. Mary Alice Bennett in Room 206. Lasallian Youth conducts a tutoring program for the Oak Ridge Elementary students throughout the year. Students meet in Room 206 on Tuesdays and Thursdays after school from 3:15 -4:15 p.m. They also provide fun and safe holiday activities for Oakridge students on Halloween and at Christmas time.

### Service Learning for Wind Youth Center:

Athletic Trainer and Physical Education teacher Darci Stark, and her students recently organized a health advocacy project. The students wanted to collect and donate used clothing to the WIND Youth Center. The WIND Youth Center provides homeless street youth a place of safety. Young teens are provided with resources to help them move from crisis to healthy independence by way of tutoring and a sixteen-bed crisis center. To promote their project, Ms. Stark's students hung posters on the school walls and made announcements to the CB community. Ms. Stark's students found the overall experience rewarding. Student Paige Castleberry stated, "This project made us aware of the needs of others and also helped us to get involved in making a difference in our community. It was also spiritually healthy because helping others through charity is a major aspect of the Catholic faith." Student Micaela Newman offered, "The project really opened my eyes and forced me to realize some harsh realities, but in the end I am so alad we did this project."

# **Documenting Community Service Hours**

- Students who volunteer their time to service or service events can document their hours for college transcripts
- Students can pick up a form in Room 208 or on our website under People & Places, Christian Service Program, How to Document Service.
- Students should fill out one form for each agency or placement where they volunteered.
- Students need to assess themselves and have a supervisor sign the paper.

For any questions about the Christian Service Program including community service, Service Learning, or school-wide almsgiving, please see Ms. Jennifer Lystrup in Room 208 or email at jlystrup@cbhs-sacramento.org.

### Europe, 2008:

#### Thinking About Going?

There are only five spaces left on this coming summer's student trip to Europe with Ms. Gallagher, Mr. Adams, and Mr. English. The 15 day trip includes time in Italy, Switzerland, and France. Some of the cit-



ies and regions to be visited are Florence, Rome, Lucerne, Engelberg, and Paris. The major sites in each city and region will be explored along with other interesting and off-the-beaten path locations. All excursions and admissions are included in the cost. The trip may be extended for an additional three weeks through a home stay in France and possibly Spain where students can work on their language skills. Interested parents and students should contact Ms. Gallagher, Mr. Adams, or Mr. English before the October 9th registration deadline. All Christian Brothers students are welcome to participate in this exciting and educational adventure.

#### **FOURTH ANNUAL ARTS EXPO**

#### The Arts are alive at Christian Brothers High School!

One of Sacramento's finest Visual and Performing Arts programs will be on display in October. The fourth annual Arts Expo will take place at Christian Brothers High School on Sunday, October 7 from 12:30 to 3:30 in conjunction with the school's Open House.

Performances by Christian Brothers' choirs and bands will be com-



plemented by displays of the student's artwork and actual student artists sketching scenes on the main lawn of the school.

The impressive technology of Christian Brothers' own award-winning television station (KBFT) will also be on display, along with a presentation from the school's Drama Program.

#### Rewarding Position Available at CB

Do you know someone who is hard working, well organized, committed to the Lasallian mission and Catholic education? Does she or he possess excellent leadership, organizational, writing and communications skills? We are looking for an individual who will be responsible for unrestricted annual giving, cultivating relationships with nearly 9,000 alumni/ae, and organizing and managing class reunion programs and major revenue producing events for CB.

The position of Director of Alumni Affairs and Annual Giving will report to the Director of Advancement. It will require computer literacy and night/weekend work flexibility. It offers a competitive salary and excellent benefits. Preference will be given to qualified alumni/ae.

Applicants should send a cover letter of interest and a resume to: Paul Bleschick, Director of Advancement Christian Brothers High School 4315 Martin Luther King, Jr. Blvd Sacramento, CA 95820.

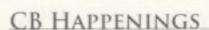
### Quarter Exams ("Midterms")

Quarter Exams are just around the corner. Teachers are not obligated to give quarter exams but if they do, they will follow the following schedule:

Tuesday, October 9 Wednesday, October 10 Thursday, October 11 Friday, October 12 Foreign Language/Social Studies Math/Religion

English/Science Fine Arts/PE

The last day of the quarter is Friday, October 12th. Grades are due on Monday, October 15th. Second Quarter eligibility will be determined from these grades. Grades entered after October 12th cannot change eligibility. All students with a grade point average below 2.0 will be ineligible for sports during the second quarter. The ineligibility period starts on October 21st. Report cards will be sent out on Thursday, October 18th. Ineligibility letters will be mailed on Friday October 19th.



#### Europe, 2008:

#### Thinking About Going?

There are only five spaces left on this coming summer's student trip to Europe with Ms. Gallagher, Mr. Adams, and Mr. English. The 15 day trip includes time in Italy, Switzerland, and France. Some of the cit-



ies and regions to be visited are Florence, Rome, Lucerne, Engelberg, and Paris. The major sites in each city and region will be explored along with other interesting and off-the-beaten path locations. All excursions and admissions are included in the cost. The trip may be extended for an additional three weeks through a home stay in France and possibly Spain where students can work on their language skills. Interested parents and students should contact Ms. Gallagher, Mr. Adams, or Mr. English before the October 9th registration deadline. All Christian Brothers students are welcome to participate in this exciting and educational adventure.

#### **FOURTH ANNUAL ARTS EXPO**

#### The Arts are alive at Christian Brothers High School!

One of Sacramento's finest Visual and Performing Arts programs will be on display in October. The fourth annual Arts Expo will take place at Christian Brothers High School on Sunday, October 7 from 12:30 to 3:30 in conjunction with the school's Open House.

Performances by Christian Brothers' choirs and bands will be com-

plemented by displays of the student's artwork and actual student artists sketching scenes on the main lawn of the school.

The impressive technology of Christian Brothers' own award-winning television station (KBFT) will also be on display, along with a presentation from the school's Drama Program.

### Rewarding Position Available at CB

Do you know someone who is hard working, well organized, committed to the Lasallian mission and Catholic education? Does she or he possess excellent leadership, organizational, writing and communications skills? We are looking for an individual who will be responsible for unrestricted annual giving, cultivating relationships with nearly 9,000 alumni/ae. and organizing and managing class reunion programs and major revenue producing events for CB.

The position of Director of Alumni Affairs and Annual Giving will report to the Director of Advancement. It will require computer literacy and night/weekend work flexibility. It offers a competitive salary and excellent benefits. Preference will be given to qualified alumni/ae.

Applicants should send a cover letter of interest and a resume to: Paul Rieschick, Director of Advancement Christian Brothers High School 4315 Martin Luther King, Jr. Blvd Sacramento, CA 95820.

#### Quarter Exams ("Midterms")

Quarter Exams are just around the corner. Teachers are not obligated to give quarter exams but if they do, they will follow the following schedule:

Tuesday, October 9 Wednesday, October 10 Thursday, October 11 Friday, October 12

Foreign Language/Social Studies Math/Religion English/Science

Fine Arts/PE The last day of the quarter is Friday, October 12th. Grades are due on Monday, October 15th. Second Quarter eligibility will be determined from these grades. Grades entered after October 12th cannot change eligibility. All students with a grade point average below 2.0 will be ineligible for sports during the second quarter. The ineligibility period starts on October 21st. Report cards will be sent out on Thursday, October 18th. Ineligibility letters will be mailed on Friday, October 19th.

# FALCON ATHLETICS

# Our fall sports are off to great starts!! Here are the highlights:

#### **Cross Country**

Our Harriers are currently ranked number 1 in Men's Varsity and number 2 in Women's Varsity for division 4 in our section. All squads have placed very high in recent invitationals.

#### Women's Golf

Our women are off to a strong start with 2 – 2 league record under first-year Head Coach Debbie Henning. Megan Padilla and Bianca Gayton lead the young squad.

#### Women's Tennis

Our Women's Tennis team looks strong heading into league play after a great pre-season with a 4 – 2 record. Sophomore Ashley Turpen and freshman Julie Ruiz are the number one and two seeds for the team.

#### Women's Volleyball

All three programs are starting right where they left off last year. The Frosh are currently 5 – 0, the JV 6 – 0 and the varsity 7 – 0 in non-league matches. All three squads should vie for league championships.

#### Women's Water Polo

The varsity squad is 2 – 1 under first-year Coach Liz Abrams. Another young squad looks ready for league play.

#### Men's Water Polo

The varsity team also looks strong under Coach Adam Donovan. They are 2 – 1 currently and look to make a strong impression in league play.

#### Men's Soccer

Our soccer teams are playing one of the most challenging non-league schedules around with the intent to be prepared for league play. The varsity currently is 1-4-1 and JV is 1-2-2 in non-league action.

#### Football

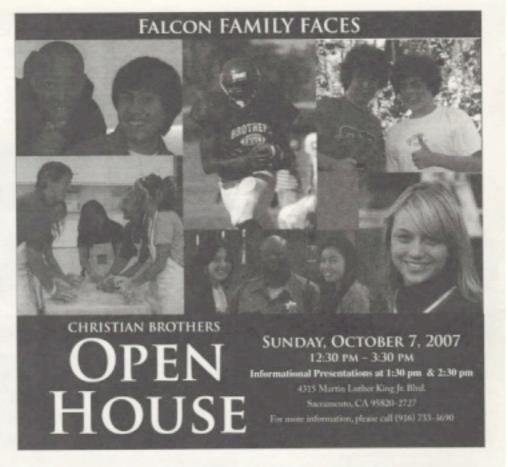
All three teams were undefeated going into Holy Bowl week and had high expectations in our match-ups with Jesuit. The Frosh had a nail-biting, heart-stopping 7 – 6 victory with an impressive goal line stand when Jesuit tried a 2-point conversion with 5 minutes left in the game.

Our JV team dominated Jesuit with a 49 - 0 score. In a tough, but disappointing 32 - 29 loss, our Varsity team showed it has much to be proud of and should challenge for a league title this season.











CHRISTIAN BROTHERS HIGH SCHOOL 4315 Martin Luther King Jr. Blvd. Sacramento, CA 95820-2727

First-Class U.S. Postage PAID Permit # 1277 Secremento, CA

# PYGMALION TO TAKE CB'S CENTER STAGE

PRINCIPAL SHARING:

cross Sacramento Christian Brothers has made a name as a premier school for visual arts, choral and instrumental music, theater, technology, and media arts. You'll find our students' talents in the spotlight from the television studios of KBFT, to the stage of the Mondavi Center for the Performing Arts, to the Crocker Art Museum's galleries.

This month our gifted theatrical performers will energize our home stage crowd, with our Fall Play, PYGMALION (See Show Times on back page).

pair of antagonists than the indomitable Eliza Doolittle and the perfectly arrogant Professor Henry Higgins? George Bernard Shaw's play about the poor cockney flower

girl's transformation into a sophisticated, articulate woman has been pleasing audiences for many decades, and the new production at Christian Brothers looks to be living up to, and beyond all expectations. Everyone's heard of or seen the classic musical, My Fair Lady -

We know the characters so well. Is there a more delightful

well, here's the book! Pygmalion, a wonderfully witty and engaging comedy, set at the end of the Victorian Age, attacks the conventional wisdom of the time, and reveals the hypocrisy behind the Victorian idea of middle class morality, women's rights and class distinction.

It's is a deliciously rich, unconventional, and delightful comedy. Our drama students and techies at Christian Brothers have been working hard to make the event as rich and haughty as the Victorians themselves.

Rehearsing British dialects of all rank and status, dusting off top hats, and painting London's streets and cathedrals on backdrops takes a lot of commitment and paint! "It's a real challenge", says Director of Visual and Performing Arts, Ron-Slabbinck, "but it looks like the audience will be in for a quite a treat."

Please plan on joining us.

LIVE JESUS IN OUR HEARTS, FOREVERS





SCHOOL CALENDAR - NOV. '07 ENTER TO LEARN, LEAVE TO SERV NOV 1 Classes begin 8:00 a.m. NOV. 8 Classes begin 9:00 a.m.

All Saints Day Liturgy 9:30 a.m. SPECIAL SCHEDULE/EARLY DISMISSIAL Parent-Teacher Hight 5:30-8:30 p.m. NOV 2 Classes begin E:00 a.m.

Fresh Retreat NOV 3 CB Chair at Memorial Auditorium

NOV.5 Booster Clob Mbg. E-50 p.m.

NOV 5-9 International French Week

NOV. 6 Winter Coaches Mtg. and Open Ferson E:00 p.m.

NOV.7 Lecellon Farest Club Mbg. 8:30 p.m. Alumni Mtg. 7:00 p.m.

**OSP Grand Finals Rully - at Lorch** Full Play 7:00 p.m. NOV.9 Fell Play 7:00 p.m.

NOV. 10 Winter Sports Begin Dait Park Cleanup St.30 a.m.-soon

Fall Play 7:00 p.m. NOV. 11 Full Play 2:00 p.m.

NOV. 12 VETERARS' DAY HOUSING

NOV. 13-16 Kaines 19

Thanksgiving Food Drive NOV.14 Mathletes Parenting Tones Speaker 7:00 p.m. NOV. 15. Classes begin 9:00 a.m. Winter Advisors Mrg. FALCON FLEX

Fall Play 7:00 p.m. NOV. 16.17 Fell Play 7:00 p.m.

NOV. 18 Fresh Femily Litaryy 9:30 a.m. Fall Play 2:00 p.m.

NOV. 21-23 THANKSGIVING RECESS NOV. 25-33 Advent Almopiving

NOV. 28 Friends of the Arts Why, 8:30 p.m.

NOV. 29 Classes begin 9:00 a.m. Junior Class Prayer Service - FALCON FLEX Senior Class picture in gym — FALCON FLEX

NOV 30 Bleef Drive

#### INSIDE:

# GUIDANCE DEPARTMENT NEWS

# CB Students Achieve Highly!

The National Merit Scholarship Program is conducted by the National Merit Scholarship Corporation in conjunction with the College Board, and is a competition open to all high school students who take the Preliminary SAT test (PSAT). Winners of scholarships are chosen on the basis of their abilities, skills, and accomplishments. In October each year, approximately 1.3 million high school juniors take the PSAT. Of those, students who achieve significantly high scores are selected by the NMSC to enter the National Merit Program. Approximately 50,000 students achieve commended status in the Program, and approximately 16,000 are named semi-finalists. The Class of 2008 boasts seven students with National Merit Commended status, and three students who achieved National Merit Semi-Finalist status

The Commended students are:

Amanda D'Elia Cimone Nunley Gregory Miguel Erin Perry

Andrew Nelson Robert Scherer

Margaret Waterhouse

Our National Merit Semi-Finalists, who represent the top 1% of high school students in America, are:

Joseph LaBriola

Alexander Hall

Ian Markham

In addition, the NMSC sponsors the National Achievement Scholarship Program for African-American students with qualifying scores on the PSAT. This year's National Achievement Scholar is:

Cimone Nunley

As you may know, Christian Brothers provides one of the most comprehensive programs of Advanced Placement course offerings in the region. We currently offer fourteen Advanced Placement courses, with over 300 AP exams scheduled to be taken by our students next May. We are pleased to announce that the following students earned special recognition from the Advanced Placement program based on 2007 exam results:

AP Scholar [Granted to students who receive grades of 3 or higher on three or more AP Exams on full-year courses (or the equivalent)):

Jessica Bond Kevin Bonsignore Christopher Carrillo Elisa Cuomo Amanda D'Elia Nicole Evashenk

Stacey Howell Megan King Helen Klein Lena Lam Taylor Mahony Scott McCalla

Gregory Miguel Allison Moser Andrew Nelson Cimone Nunley Caitlin Olson-Kelly Erin Perry

Kiana Salazar-Thompson Laurel Schmidt Tracy Schwartz Briana Wilborn Anne Winslow Christopher E Wong

AP Scholar With Honor | Granted to students who receive an average grade of at least 3.25 on all AP Exams taken. and grades of 3 or higher on four or more of these exams on full-year courses (or the equivalent)):

Megan Degang Katherine Groesbeck Alexander Hall

Joseph Lipper Connor Long Trevor Meek

David Tracy Michael Van Beek

AP Scholar With Distinction [Granted to students who receive an average grade of at least 3.5 on all AP Exams taken, and grades of 3 or higher on five or more of these exams on full-year courses (or the equivalent)]:

Evan Burford William Coddington David Cotter Matthew Delgado

Manuel Diaz Madeleine Flynn Joseph LaBriola Lindsay Meline

Alexandra Murphy Robert Scherer Elizabeth Olveda Anthony Pham Javier Plasencia

Joshua Silver Ryan Wilson

AP National Scholar [Granted to students who receive an average grade of at least 4 on all AP Exams taken, and grades of 4 or higher on eight or more of these exams on full-year courses (or the equivalent)]: Ryan Wilson

Congratulations, Falcons!

# **CAMPUS MINISTRY**

#### APRAYER OF THANKSCIVING

Father of the Ages, thank You for providing everything we need.

Thank You for teaching so to love by loving as, and for all the love You give and we share.

Thank You for surrounding us with the miracle of Your creation.

Thank You for laughter and others to length with, for service and others to serve with.

Thank You for hands to work and hands to hold, holidays and heavy, books and moste, children and homes, food and rest, health and memories. We are so blessed.

Thank you for heavy the service with so, warring, helping.



# Liturgies

Thursday, November 1 - All Saints' Day Liturgy - 9:30 a.m. - in the gym with our presider, Bishop Francis Quinn.

Parents are always welcome at our school liturgies.

Sunday, November 18 – Frosh Family Liturgy – 9:30 a.m. – In the gym with our presider, Fr. David Colhour, from the Passionist community at Christ the King Retreat Center. We look forward to celebrating this liturgy with the Frosh students and their families. It will be followed by a continental breakfast in the cafeteria. Please RSVP in the main office, using the form you receive in the mail.

Thursday, November 29 – Junior Class Prayer Service – during the Falcon Flex Period at the end of the school day in the cafeteria. The Junior Class will gather for a prayer experience to celebrate their class and their faith.

#### Retreats

Kairos 18 was a bonding experience of faith and fellowship at Our Lady of the Oaks Retreat Center in Applegate. The senior retreatants came to know themselves, their classmates, and their relationship with God on a deeper level. Many thanks to the adult and student leaders who put hours of time into preparing and leading this retreat!

#### Senior Retreat Dates:

Kairos 19 – November 13-16 Kairos 20 – January 22-25 Kairos 21 – March 11-14

Sign-ups for these retreats are available in the Campus Ministry office.

The **Frosh** have been enjoying the facilities of the Marello Youth Retreat Center in Loomis and the exploration of who they are as new members of the Lasallian family on the **Frosh Retreats**. Many thanks to their religious studies teachers for accompanying them on these special days of discovery and camaraderie. Special thanks, also, to the Senior Retreat Team Leaders who lead the Frosh in activities and discussions throughout the day. The last Frosh Retreat is **November 2** with **Mr. Symkowick-Rose's C and E sets**.

Sign-ups for the Sophomore and Junior Retreats will be available in December.

The Parent/Student Retreat will take place on Saturday, February 9 at Christ the King Retreat Center in Citrus Heights. The day will begin with a continental breakfast at 8:30 a.m. and conclude at 2:30 p.m. Lunch is included. Mark your calendars now for this special opportunity to share a day of relaxation, renewal, and reflection with your CB son and/or daughter. What a perfect Valentine gift for you to give to each other – the gift of time together! There is no fee for this retreat. If you have any questions, please contact Susannah Nelson, Director of Campus Ministry, at 733-3626.

# CHRISTIAN SERVICE

Christian Service provides opportunities for community service, yearly almsgiving projects, Christian service-learning, Venaver - an immersion program, and service clubs on campus including Big Brothers, Lasallian Youth, and Wellspring. These programs allow the students hands on experience to proclaim the Gaspel and build the Kingdom of God by serving the poor and vulnerable.

#### Wellspring Week Success!

Wellspring members would like to thank the CB community and its extended community for the wonderful donations received. The club received around \$900.00 in egg money as well as enough pancake mix, oil, foil, and syrup to last through May. Your thoughtful contributions have given the women at Wellspring a hot breakfast every Friday morning! Thank you.

#### Run To Feed the Hungry:

The 14th Annual Run to Feed the Hungry will take place on Thanksgiving Day, November 22, 2007. Christian Brothers coach and instructor Jake Hunley is organizing the CB team that will participate. If you are a CB student interested in joining the team there is still time. See Mr. Hunley. If you don't want to run but would like to help out with the set-up, please contact Ms. Lystrup in Room 208. Last year there were 20,000 participants in the race so the Sacramento Food Bank Family Services (SFBFS) can use all of the help they can get! All of the proceeds benefit the SFBFS.

#### Oak Park Clean Up:

There will be an Oak Park clean up Saturday, November 10th. From 9:30 am.-12:00p.m. For more information see Ms. Lystrup in Room 208.

Venaver Congratulations:

Twenty-four students have been selected to participate in our Venaver Immersion Program. The students will journey to our Lasallian school, Centro La Salle in Tijuana, Mexico. This intense immersion program will address social justice issues, living simply, deepen faith lives, and help students gain an understanding of another culture outside of their own. The following students will travel to Tijuana in January and February: Ryan Lutz, Britta Swanson, Laurel Schmidt, Katina Feil, Jennifer Rodrigues, Destini Bouldin, Elise Delgado, Vincent O'Brien, Gabriella Casteneda, Emily deRodeff, Jon Gayton, Siena Encinas, Anthony Sylva, Katie Piazza, Spencer Kennedy, Mike Mahaney, Dillon Ashley, Chelsea Cook, Amy Egerter, Becca Mosbarger, Taylor Sharp, Blair Stenvick, Natalie Luera, Alisa Mosman with January moderators Sarah Mungus and Bryson Adams and February moderators Karen Perone and Brendan Hogan. Congratulations to all participants!

# Thanksgiving Canned Food Drive:

The Science Department and its students will be doing their annual Christian Service Learning Project to benefit St. Francis Terrace. The department will hold their canned food drive from November 5- November 16. Students will donate cans of food to help provide a holiday dinner for those in need. Students will be learning about nutrients, nutritional values, and the issues of hunger.

# SENIOR PARENTS-WE NEED YOUR HELP FOR GRAD NIGHT!

Please check the CB home page web link for Senior Parent news and updates. The information about Grad Night is listed under Parent Information in Visitor Links. Grad Night is moving forward with committees being formed and plans being made. Many seniors parents have signed up to help with Grad Night, but more are needed. Plans for the invitations began in October, and invitations will be mailed in late November. Other event planning will begin at the January 22, 2008 Grad Night meeting. There is much to do and we need your help!



ATHLETICS



· Freshmen Football to date in league 2 - 1 and 7 - 1 overall

· JV Football

is 3 - 0 in league and 7 - 1 overall

· Varsity Football

is 3 - 0 in league / looking to go to playoffs

· Freshmen and JV Volleyball Undefeated teams

· Varsity Volleyball

is 7 - 1 and tied for first in a tough Sierra Valley Conference and ranked #2 in Division 4 power rankings

Men's Varsity Soccer

is 6 - 3 - 1 and going against Burbank in the first round of playoffs

· Women's Golf

had Bianca Gaytan and Megan Padilla making the 'All League' team

· Women's Tennis

Ashley Turpen, undefeated league champion, is the number 1 player in the league. She was also voted the MVP of the Sierra Valley Conference.

· Water Polo men's and women's teams have had more wins than ever before

#### Athletes in the Classroom

Along with our successes in competition our athletes have been impressive in the classroom. The following teams have achieved a 3.0 or better g.p.a.

as a team: Cross Country 3.35 Freshmen Football 3.08 Varsity Football 3.05 Women's Golf 3.21 Men's Varsity Soccer 3.25 Women's Tennis 3.35 Women's Freshmen Volleyball 3.37 Women's JV Volleyball 3.46 Women's Varsity Volleyball 3,49 Men's JV Water Polo 3.0 Men's Varsity Water Polo 3.45 Women's Varsity Water Polo 3.26

The following fall athletes distinguished themselves as scholarathletes by achieving a 3.5 or better g.p.a. as of October 24. 2007.

Cheerleading: Alivia Owyoung, Morgan White, Chelsea Cook

Cross Country: Kelsey Wong, Connor Gardner, Cameron Goodman, Matthew Havey, Evan Lian, Hannah Coyner, Joseph Finney, Geanna Flavetta, Silvia Gulden, Daniel Hansen, Jason Howard, Greg Hufford, Kate Jelicich, Michael LaRosa, Robert Meyer, Maria Ortoleva, Colin Rooney, Spencer Tierney, Elliot Wenzel, Samantha Calkins, Nicole Evashenk, Erica Havey, Katle Holst, Megan King, Reid Konkel, Kelly McEnerney, Margaret Waterhouse

Football: Jonathan Bias, Alexander Bickler, Alejandro Cuomo. Nicholas Domke, Sean Dunston, Kevin Hua, Ade Jackson, Connor Lee, Casey Long, Paul McFadden, James Reedy, Jacob Santiago, Robert Templeton, Estevan Tovar, Travis Hart, Anthony Miller, Eddie Ralph, Jamett Omand, Nick Stathos, Justin Demianew, Asa Jackson, Chris McKinnon, Mark Sauser

Women's Golf: Kamikio Tsuchida, Amanda D'Elia

Men's Soccer: Anthony Franzola, Ross Gallup, Joseph Hill, Andrew Stoltenberg, Scott Valine, Aleksander Fornalski, Shephen Johnson, Ruben Montoya, Kyle Patterson, Alexander Hayes, Bryan Perrin,

Women's Tennis: Emily Bonsignore, Julianna Ruiz, Katherine Sylva, Dawn Fleming, Ashley Turpen, Alexandra Watt, Mina Mohaddess, Raquelle Felder, Kathleen Simmons, Kayla Thompson

Women's Volleyball: Megan Carmazzi, Lisa Caselli, Megan Engstrom, Caitlynn Richard, Morgan Rothenbaum, Shelby Zenovieff, Ruby Santos, Jourdan Messick, Samantha Schumann, Jessica Jones, Kelly Pelz, Whitney Swain, Mary Ahern, Paige Castleberry, Allison Moser

Men's Water Polo: Michael Gonzales, Grady Pierroz, Dylan Tabor, Joe LaBriola, Joe Lipper, Trevor Meek, Blair Pierroz, David Tracy

Women's Water Polo: Morgan Murphy, Kathleen Schlavenza, Katherine Rodota

# STUDENT ACTIVITIES

#### **Homecoming 2007**

Homecoming Week was filled with activity. Each day of the week had a unique theme, and our Night Rally featured dancing and acrobatics by the cheerleaders and football team, and introduction of the royal court. The events culminated with the Homecoming football game, including a parade during half time, and the Homecoming Dance that evening. A nice job was done by our float builders – the winners of the float competition were: Sophomores – honorable mention, Juniors – third place, Seniors – second place, and Freshmen – first place! Our Homecoming Court included the following:

Freshman Court: Ruby Santos, Travis Limeberger Sophomore Court: Laura Shetler, Asante Cleveland Junior Court: Carly Haw, Mathew McCarthy

Senior Court Princess: Christina Garrucho, Briana Wilborn

Senior Court Prince: Brooks Hale, Greg Cotta Homecoming Queen: Vanessa Parga Homecoming King: Dominic Alcala

#### Powder Puff Season:

One fun tradition we have during Homecoming Week is our Powder Puff flag football competition. The games began on Monday with the Freshmen playing the Sophomores and the Juniors playing the Seniors. The consolation game and championship game were both played on Thursday. After two exciting days of play, this year's championship team is the SENIORS! All teams showed team work and sportsmanship on the field. By the noise and the size of the crowds watching the games it was apparent that the players and their enthusiastic supporters thoroughly enjoyed themselves.



#### Cancer Awareness Week:

Cancer Awareness Club sponsored Cancer Awareness Week from October 22 through October 26. Each day members of the club provided statistics and facts about the various forms of cancer and led a morning prayer. They handed out ribbons of different colors, each standing for a different type of cancer, and displayed a large poster for anyone to sign who knows someone suffering from, has survived, or has died from this disease.

#### **Upcoming November Events:**

#### **Blood Drive**

CB's first Blood Drive of the year will take place on November 30. All students may donate blood if older than 16 years of age and over 110 lbs. A permission form must be filled out by the donor and his/her parents before any blood will be drawn. Remember, there are always cookies and drinks waiting for students once they have given blood. Special thanks go out to CB's teacher/trainer Ms. Darci Stark who is in charge of this important donation day.

#### Freshmen Are You Ready?

To all freshmen and their families, your Freshman Family Liturgy will be held on Sunday, November 18 in the Ron Limeberger Gym. The Liturgy will begin at 9:30 a.m. and will be followed by a continental breakfast in the cafeteria. Please remember to come in appropriate liturgical attire. This is a good way to spend time with both your family and friends.

#### Viva la France!

November 5 through November 9 is International French Week, an opportunity for French enthusiasts to celebrate French culture in their own communities. Le Cercle Francais (CBHS French Club) will be leading the CBHS community in a celebration this year. Activities will include café au lait and croissants served during break and lunch, French music, and boules (bocci ball) played on the main lawn.

# **CB's Student Ambassadors**

More than sixty sophomores, juniors and seniors, selected for their character, contributions, and enthusiasm, are serving as CB's Student Ambassadors. These students participate in parochial, private, and public middle school visits, act as hosts during our Shadow Program, serve as docents during Open House, and will offer assistance at Frosh Enrollment Night. For more information about our Student Ambassador Program, please contact Kenny Kirrene, Director of Admissions.



Thank You!

A big thank-you to the following individuals who made a difference at the Sunday, October 7, Open House hospitality tables, tour and shadow tables, and greeters who welcomed visiting families. This dedicated group of current and alumni parents and the LPC Board members are the greatest!

Lyane Giovannetti, Shauna Pompci, Sandru Puliz, Cyethia Boriskin, Kim Hughes, Marylon Rose, Demise Rose, Brenda Fleming, Dawn Cooper, Renda Cooper, Marcia LaRosa, Katie Michels, Joanne Hufford, Susanne Howard, Cindy Fenocchie, Katherine Ensign, Kathy Donovan, Nella Dolislager, Sally Emslander, Betty Price, Elaine Chew, Valerie Wong, Kathy & Michael O'Connor, Cindy Castronovo, Susan Iwata, Perla Netto, Sherry Cohen, Sharon McFadden, Charlene & Dan Fontenot, Mary Goldberg, Werty, Consile Vanenburg, Stephanie Noc, Maria Ruiz, Preggy Valine, Vinnie Valine, Margi Stimmons, Roger & Jane Wennal

...and the dedicated team of parent bakers:

Melissa B. Aliotti, Patricia A. Alien-Hanter, Cynthia A. Arcuri-Perez, Elizabeth D. Axelgard, Sandra L. Bacchi, Kristine Bird, Jennifer F. Jennings, Margie D. Bowe, Annette M. Buckmuster, Sandra C. Burlando, Diane E. Calkins, Betty Calkins, Phyllis A. Newton, Suzanne L. Chan, Elaine W. Chew, Sherry L. Cohen, Patrela A. Davis, Dozothy A. Delgado, Joni Deuson, Vickie A. Dodds, Janet V. Demonchelle, Kristin Echols, Katherine H. Ensign, Leslie M. Fenner-Hoffman, Cynthia A. Fennocchio, Elaine A. Fluvetta, Chariss M. Fong, Charlene Fontenot, Lisa Giroux, Stacy Griffith, Kathryn Guegler, Denise Rose, Cindy Woodston

# Save the date for the next Lasallian Parent (lub (LPC) meeting:

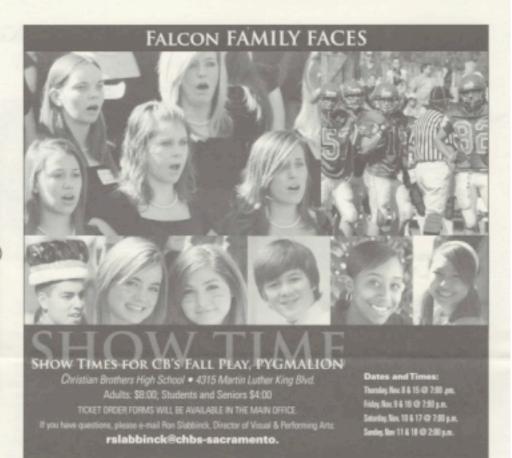
Do you want to meet other parents and share information?

Would you like to meet the decision makers at CB?

Have you had fun volumeering at school events?

Did you know that LPC has fun and exciting desserts at their meetings?

Please attend the next LPC meeting to have your questions answered...and more! For more information, contact: Donna Adam /CB Main Office Call (916) 733-3662 or email: dadam@chbs-sacramento.org





CHRISTIAN BROTHERS HIGH SCHOOL 4315 Martin Lother King Jr. Blvd. Sacramento, CA 95820-2727 PRSRT First-Class U.S. Postage PAID Permit # 1277 Sacramento, C.F.

# FALCON FAMILY NEWS

PRINCIPAL SHARING: "GOD'S LANDING."

On June 25, 1936 American Airlines flew the world's first commercial DC-3 trip from Chicago to New York. Upon landing, a huge crowd exploded with cheers, balloons, and band music as the doors opened and smiling passengers appeared.

Among the crowd was a young family. Sitting on top of her father's shoulders the tiniest child looked down and asked, "Daddy how do people climb up to the sky and get into planes?" Her father explained that passengers didn't have to climb up to the sky to get into planes. The planes came down from the sky to get the passengers.

This child's question helps reveal the mystery of Christmas. It celebrates the fact that we don't have to climb to the sky to get to God. God has come down to earth to us.

The joy of Christmas is both glorious and life-touching. We celebrate Christmas not merely as the birthday of our divine teacher and healer, but as a moment in the life of God that actually embraces us.

Existing in God, Jesus, the Eternal Word, was made flesh and dwelt among us.

Christmas' miracle reminds us that, in every moment, we are in the Holy presence of God. Right now, then, always.

Let's take time during the holidays to especially encounter God on our right and left. Welcome Emmanuel, God with us.

Enjoy a blessed Christmas!





The Word didn't become a philosophy, a theory or a concept to be discussed, debated, or pondered. But the Word became a life to be followed, enjoyed, and loved.

May your heart know Him... enjoy Him... and love Him, always.

#### SCHOOL CALENDAR - DEC. '07 ENTER TO LEARN, LEAVE TO SERVE

Charal/Instrumental Christmas Cancert 7:50 p.m. December 3-7 Advent Almsgiving

Sverter Dati Mts, 8:00 p.m. December 3 Alumni Mtg.7:00 p.m. December 5

December 6 Classes begin 8:00 a.m.

Advent Proyer Service 9:30 a.m. Dak Park Cleanup S:30 a.m. - seen

December 8 December 8-9 PSL Tournament (G) December 11 Galcidge Christmas Party

December 12-14 Review Days

December 12 Methletes @ Burbank

Feurcial Aid Night for Seniors & Parents 7:00 p.m.

December 14 **Dirictore Music Accombly** Red & Green Spirit Day

Open Mic Night 7:00 p.m. December 15-16 PAL Tournament (C) December 17-20 Semester Exams (Special Schedule)

December 21- Christmas Recess

January 6 MERRY CHRISTMAS & HAPPY NEW YEAR!!

#### INSIDE:

# **GUIDANCE DEPARTMENT NEWS**

# **DATE CHANGE!**

Financial Aid Night for Seniors and Their Parents will be held December 12, 2007 at 7:00 pm in the CB Cafeteria (changed from Dec. 5 on the Calendar) Mrs. Doris Keller from the California Student Aid Commission will be speaking. She is very knowledgeable and will go over the FAFSA, Cal Grant Information, etc. See you there! Since this evening is primarily for parents, it is not necessary for students to attend.

#### About College Entrance Exams

Mrs. Hesser, Director of Guidance and College Counselor

Most colleges and universities require a college entrance test score as part of the application process. The two national tests are the ACT (American College Test) and the SAT (SAT Reasoning Test). While here in the West the SAT is more widely known (and three times as many students take the SAT as the ACT), ALL four-year colleges and universities will accept either score. Both tests are offered at local area high schools 6-7 times throughout the year. Christian Brothers is a test center for both the ACT and the SAT - we administer both exams on dates in October, April, and May.

Research indicates that students often perform differently on the ACT and SAT. The goal of the ACT is to measure academic achievement in the four areas and contains analytical and problem-solving exercises related to what has been learned in class. In addition, the ACT recently began offering an optional Writing section (which must be taken if applying to the University of California). The SAT determines critical reading, math, and writing skills, and is designed to measure academic aptitude in analytical skills, numeric reasoning, and writing. Current juniors should use the next few months to prepare for the SAT and plan on taking it for the first time in March.

Taking the tests too early is not advised, especially if the student has not covered the course work necessary to gain the skills needed for a successful testing experience. Since Christian Brothers has all freshmen take the PLAN test (the practice ACT exam) and all sophomores and juniors take the PSAT (the preliminary SAT exam), we have avenues for students to explore the testing experience. There is never a penalty for taking a test early, however, or for taking a test more than once. Colleges will see every score, but always take the highest score. The UC system takes the best score from one sitting; many private colleges and the CSU system will take a student's highest score from each section from different sittings and combine them into the highest possible score.

Since colleges will accept either the SAT or ACT and take the highest score, we recommend that students take both tests at least once. A student who has had three years of science may do better on the ACT; a student who is strong in English and writing may do better on the SAT. It will help to compare results from the PLAN and the PSAT and see which score is stronger to help predict your score on either test. By taking both exams, students increase their chances of achieving a successful score.

SAT Subject tests are subject area tests that UC and a few selective private colleges require. The UC system requires two subject area tests that are the student's choice (in addition to the SAT or ACT). It is important to register and take these exams by fall of the senior year.

We recommend juniors take the tests in the spring of their junior year. They will then have time to take the tests again in fall of their senior year if they wish to improve their scores. Seniors should not take the tests into the year 2008, as these test dates are too late to be submitted with other application material. Students should register for the SAT test online at www.collegeboard.com and the ACT at www.actstudent.org (or paper registration packets are available in Edward Hall).

Admission test scores are only one piece of information a college looks at when considering applications. A student's GPA, number and rigor of college prep courses completed, and other factors are also considered. These factors include co-curricular activities, the college essay, community service, and other aspects of the individual that make him/her distinctive. It should also be noted that a growing number of schools are accepting applications with no testing requirement; instead they are requiring writing samples or other data. Be sure to come to College Nights here at CB and check out the college section of the CB website for more information.

#### Important Dates to remember:

# SAT: Deadline to register:

January 26 December 26 March 1 January 29 May 3(@CB) March 12 June 7 April 16

# ACT: Deadline to register:

February 9 January 4 April 12(@CB) March 7 June 14 May 9

Counselors will visit classrooms in January to return PLAN and PSAT exam results!

CORRECTION: Last month we listed the AP Scholars from 2007 and inadvertently left off the name of one student. Congratulations to Evann Whitelam, class of 2008, for earning the distinction of AP Scholar [Granted to students who receive grades of 3 or higher on three or more AP Exams on full-year courses (or the equivalent)].

# ACADEMIC AFFAIRS

#### FINALS ARE COMING!!!!!

Final exams are coming up soon! Final Exam Week is December 17th - 20th. Teachers and students will be reviewing for finals on December 12th - 14th. The following practices are in effect for our final examination preparation week on December 12th - 14th:

- 1. No new major topics or units will be introduced and no tests or major examinations will be given. Minor quizzes may be given.
- 2. Review periods will assist students with organizing and synthesizing the course material.
- 3. A reasonable amount of homework may be given and will complement and assist the student's review.
- 4. The final examination will be comprehensive in nature for the semester.

#### Concerning the administration of final examinations:

- 1. Students may not schedule their own examinations to meet personal needs. They must take the final during their class period (i.e. a student in 'G' set cannot take the final during 'C' set because they are free during
- 2. The Parent-Student Handbook on page 8 states the following:

"All students are required to take final exams during the final examination period. Students who are unable to take a final exam will receive an "Incomplete" for their final grade and will need to make up their final exam after Christmas break. Upon correction of the final exam, the final grade will be entered into the student's transcript."

3. Students who are absent for one final during finals week may make up that exam after A set on Thursday, December 20th.

#### FALL SEMESTER EXAMINATION SCHEDULE

TIME	MONDAY December 17	TUESDAY December 18	WEDNESDAY December 19	THURSDAY December20
9:00 am - 10:35 am	B SET	DSET	FSET	ASET
10:35 am - 10:50 am	BREAK	BREAK	BREAK	
10:55 am - 12:25 pm	C SET	ESET	G SET	

# **CB Holiday Musical Events**

Opportunities abound to see our student performers in the month of December! For the fourth consecutive year, our ladies will be singing in the Sacramento Ballet's production of "The Nutcracker." They will be performing an opening night, December 7 and in a matinee on December 9. If you come to opening night, you will get to hear CB City Rhythm and Honors Chorale in the



lobby before the show. You can also hear CB City Rhythm as they compete at the CSUS Jazz Festival at 8:00 a.m. on December 8.

Our Choirs will be touring elementary schools on December 11, performing at Creative Connections Arts Academy in North Highlands at 8:30 a.m., Holy Spirit at 10:00 a.m., and St. Mary's at 2:00 p.m.

Our instrumental and choral groups will perform for the CB student body at our Christmas Assembly on December 14 during the school day, and you are invited listen to the talented students of the CB community that same evening in our Little Theater. for the second Open Mic Night of the year.

If you would like information about any of the events mentioned above, please feel free to contact Director of Visual and Performing Arts, Ron-Slabbinck at (916)733-3617 or rslabbinck@cbhssacramento.org. You can also visit the new Visual and Performing Arts website at www.cbarts.org.

# CAMPUS MINISTRY

The lighting of the Advent wreath is one of Christianity's most popular Advent traditions. Its origin is in pre-Christian Germany and Scandinavia where the people gathered to celebrate the return of the sun after the winter solstice. The circular wreath made of evergreens with four candles interspersed represented the circle of the year and the life that endures through the winter. As the days grew longer, people lit candles to offer thanks to the "sun god" for the light. For Christians, the lighting of the Advent candles represents the

As the light of the Advent wreath grows, we share in the expectation of Isaiah, of John the Baptist, and of Mary for the fulfillment of God's promise to send a savior. We look forward to the coming of Jesus who pierces the darkness of sin by the light of his love.

Many families choose to make the Advent wreath a focus of their prayer during this season, often at meal time. Choose a time that best suits your family and try to involve everyone. One child could light the candles or read the prayer, another could offer a petition or blow out the candles.

A Prayer for the Lighting of the Advent Wreath

Creator God, all powerful Lord of Light, bless our wreath of evergreens with its candles. May our Advent be a time of preparation. Help us reflect on the power of light to dispel darkness in our world and in our lives. Touch our hearts with the warmth of your love. May the increasing light of these candles brighten our minds and hearts to be steadfast in faith, joyful in hope and untiring in love. so that we are ready again to receive true peace, Jesus, the Light of the World, our Lord and Savior. Amen.

How to Make an Advent Wreath: Begin with a round piece of styrofoam, available at craft shops, and cut four evenly-spaced holes into which you will place the four candles. Traditionally there are three purple candles and one rose candle (for the third Sunday), but blue candles can also be used. The four candles represent the four weeks of Advent and the thousands of years that the People of God awaited the promised Messiah. The purple color is a reminder of the spirit of penance and prayer that marks the Advent season.

promise of the coming of Jesus, the Light of the World. The rose color symbolizes our joy and hope as we wait. Place fresh evergreen branches over the styrofoam. Replace them when they dry out in order to preserve the symbolism of the vitality of God's love. Each week one candle is lighted until all four are aglow on the Fourth Sunday of Advent.

Several books and pamphlets are available in the Campus Ministry office with ideas for activities and prayers for families during the Advent season. Please call or come by and browse.

May you and your family enjoy a peaceful and prayerful Advent - all the joys of the Christmas season - and a New Year filled with God's grace and blessings.

Liturgies: Please join us for the Advent Prayer Service on Thursday, December 6 at 9:30 a.m. in the school gym. Parents and family members are always welcome at our school liturgies.

Retreats: The Frosh retreats are completed. Many thanks to the members of the Senior Retreat Leadership. Team for helping with the five Frosh retreats.

Sign-ups for Sophomore and Junior retreats are now available in the Campus Ministry office. These retreats are optional; students must sign up to indicate which one they would like to attend. Information about these retreats will be sent home next month in a letter to sophomore and junior parents.

- Sophomore Retreat Dates: February 8 and 22; March 7; April 11
- Junior Retreat Dates: February 19; March 18; April 15 and 29
- The Junior Kairos will be May 27-30. Sign-up sheets are now available in the Campus Ministry office for this retreat. Juniors may attend both the Junior Retreat and the Junior Kairos.
- There are two more Senior Kairos Retreats this school year. Kairos 20 will be January 22-25, and Kairos 21 will be March 11-14. Sign-up sheets are available in the Campus Ministry office for these retreats.
- · Don't forget! Mark your calendars! The Parent/Student Retreat will be Saturday, February 9, 8:30-2:30, at Christ the King Retreat Center in Citrus Heights. Plan now to share this special time of prayer and reflection with your CB son/daughter. Questions? Call Mrs. Nelson at 733-3626.

# CHRISTIAN SERVICE

#### OAK PARK CLEAN-UP

There will be an Oak Park Clean-up on Saturday, December 8th. For further information and permission forms see Ms. Lystrup in Room 208.

#### **Coat Drive**

The Christian Brothers annual January Coat Drive will begin when we return from winter break. Anyone wishing to donate coats, jackets, gloves, scarves and winter hats just needs to drop them in front of the Christian Service office in the main hallway. There will be a huge bin for the clothing items. They must be clean and in good condition. For any further questions please contact Mr. Havey or Ms. Lystrup.

#### RUN TO FEED THE HUNGRY

A huge congratulations to all those students, faculty, and CB families that participated in the Sacramento Food Bank's RUNTO FEED THE HUNGRY. It was a success all the way around. Christian Brothers' students, faculty, families, friends and alumni all enjoyed participating in this amazing Thanksgiving Day event. Christian Brothers had 75 team members and raised around \$5,000 for the Sacramento Food Bank. A huge'shout out'and thank you to Mr. Jake Hunley who organized and registered the CB participants! Mr. Hunley had this to say about the run: "This was a fun time. The CB participants got to experience team building among a sea of 20,000 other folks participating. Everyone had such a great attitude. The community support was amazing. The neighborhoods had music playing, people were in their front yards or on the streets cheering us on, giving out juice and water, the encouragement was great! I am looking forward to organizing Team Christian Brothers next year.

Advent Almsgiving

CB's Advent Almsgiving Project takes place from November 26 through December 14. Our almsgiving will benefit the Mustard Seed School.

The Mustard Seed School is connected to Loaves and Fishes. It is a free private school established in 1989 to help meet the needs of homeless children. Each day 15 to 35 students from ages 3 to 15 years attend the Mustard Seed. The goal of Mustard Seed is to prepare and enroll homeless students into public schools. Christian Brothers is pleased that our almsgiving project will benefit this program. We are asking for cash donations. The alms will go to classroom materials such as construction paper, glue sticks, colored pens and pencils, stencils etc. We are also requesting contributions of new and packaged undergarments and socks for both boys and girls of all sizes.

The Christian Service Corps will be collecting alms during B set. All other donations for the Mustard Seed can be dropped off in Room 208 to Ms. Lystrup.

#### **CANNED FOOD DRIVE**

Thank you to the Science Department and the success of their Christian Service Learning Canned Food Drive for St. Francis Terrace. The Christian Service Corps. as well as Ms. Nelson and Ms. Vicki Campbell, transported the food items that were delivered in laundry baskets and brown paper bags. Cash donations as well as gift cards were also sent over to St. Francis Terrace as part of the holiday drive. The residents at St. Francis Terrace deeply appreciated the canned goods that will also help them through the coming holidays.



#### TIME TO GET READY FOR THE SAT!

#### Christian Brothers SAT Prep

WHEN: January 12, January 19, February 2, February 9, February 16, February 23

WHERE: CB SMAT Rooms 601 & 611

COST: The cost is \$150 per student

Christian Brothers is offering an SAT exam preparation course for class of 2009 students planning to take the March 1 sitting of the SAT. The class will be taught by our own English and Math teachers.

#### Space is limited!!

Registration deadline: Fill out the registration form and mail or bring to the Main Office or Br. Edward Hall by Wednesday, <u>December 12</u>!!

#### Christian Brothers High School

#### **SAT Preparation Course**

Please print this form and return to the Main Office or Br. Edward Hall with payment by December 12, 2007

Name:	
Current Grade:	
Home phone:	
Student cell phone:	
Student email address:	

Fee: \$150. Please pay by check (payable to Christian Brothers High School) or cash. Attach payment to this form.

All classes will meet in Rooms 601 and 611. Classes meet Saturdays from 9:30 am - 12:30 pm and are held on the following dates: January 12, January 19, February 2, February 9, February 16, February 23 (post-test)

The post-test may be picked up on February 29. The SAT is March 1. Students will be expected to take the Pre-Test on their own over Christmas vacation (may be picked up on December 14). Students will divide their time at each session between Critical Reading/Writing and Math preparation (50/50/).



#### **NOVEMBER ACTIVITIES**

ECEMBER '07

After the many activities that took place at the beginning of the year, including Lock-In, our QSP Magazine Drive, Holy Bowl, and Homecoming, November and December seem relatively quiet. On November 18 we had our Freshman Family Liturgy. As always, the freshmen worked hard to have many hands help. The members of the class were invited to not only attend the liturgy but to participate in the event. We had a large turn out of families as our freshmen prayed together. A continental breakfast was served afterwards in the cafeteria.

On November 30, CBHS hosted a Fall Blood Drive in our gym. Many students start a life-long habit of giving with their first blood drive, a gift that can truly

### Mother-Son / Father-Daughter

Dance

Student Council is hoping everyone is already looking forward to this favorite dance of the year. The Mother-Son / Father-Daughter Dance will be held on January 19, 2008. This is a benefit dessert dance with desserts beginning at 7:00 p.m. and dancing beginning at 7:30 p.m. The theme title has not been determined yet, but we know it will have something to do with Disney! Considering this is a dance where most attendees dress up in costume, Student Council members are anticipating lots of Disney characters attending our dance that evening. Naturally the delicious chocolate fountain will make its return again this year.

Again "Thank You"

The Student Activities Department wishes everyone a blessed Christmas and is thankful for the presence of our students on this campus.

#### **DECEMBER ACTIVITIES**

We have two upcoming activities in December - our Red and Green Spirit Day on December 14 and the allocation of our QSP profits. Friday, December 14 will include a combination band, orchestra, and choir Music Assembly during the day for our students. For this special day, students will be allowed to dress in holiday dress with as much red and green as possible to show their holiday spirit. During break we always have a nice surprise brought to us from Student Council. This is one of the most enjoyable days of the year for many community members, and a great way to end Review Week as our students enter into their semester finals.

Before Christmas break, the profits from our QSP magazine drive will be allocated. This community's generosity, again, has made our annual QSP magazine fundraising drive so successful. The students sold over \$119,000 dollars worth of magazine subscriptions. The decisions regarding the distribution of the funds will be made by the ASB Executive Council. Members of clubs, sports and other student extra curricular activities are invited to apply and present their proposals for requested funds. In allocating the QSP funds, the ASB Executive Council will follow the following criteria:

- A. Overall effect on the community; our Lasallian Mission-Enter to Learn, Leave to Serve; and the five Core Principles of a Lasallian School - Respect for All People, Inclusive Community, Faith in the Presence of God, Concern for the Poor and Social Justice, and Quality Education.
- B. Overall need in the given area
- C. The number of students impacted
- D. Feasibility
- E. Realistic and accurate estimates given in the proposal
- F. Quality of oral proposal.
- G. Following the application and proposal process
- H. Participation of the club members/team members in the QSP Magazine Drive

The funds offer students opportunities to purchase various desired "wish list" items for their activities. Extra curricular activities keep our students interested in school and help them grow physically, emotionally and socially. It's great to see our students support their own interests, preparing them for the real world.

May they manifest the glory of God that is within them and let their light shine!

### Men's Cross Country

Our Cross Country teams have done it again. Both our men's and women's teams competed in the State Championships where our ladies came in 17th and Kelly McEmerney placed 12th overall. Our men's team came in 12th in the state and was paced by Jason Howard. Congratulations to the entire program for a great season!

#### Men's Soccer

Congratulations to our Men's Soccer team who advanced to the Division 2 Section Semifinals where they lost to the eventual champion Rocklin High School.



Our Football team qualified for playoffs this season and lost a well fought first round game against Burbank 22 - 20. Meanwhile our JV squad captured the league title with a perfect 5 - 0 league record.

#### Tennis

W-Golf

Our Tennis team narrowly missed competing as a team in the Division 2 section tournament, but that didn't slow down Ashley Turpin who had an undefeated season and won the singles title by beating Jackie Ruiz, our number 2 player this fall for the section singles championship. Ashley was also honored as the MVP of the league.

The following players have been recognized as being selected to the 'All Conference Teams.'

Bianca Gaytan, Megan Padilla Football Danny Bird (Defensive Co-MVP), Asa Jackson, Josh Tucker, Brooks Hale, Daniel Cox, Matt McCarthy. Marcello Adamo M-Soccer Ruben Montoya, Julian Vallejo, Michael Teixeira W-Tennis Ashley Turpin (MVP), Jackie Ruiz W-Water Polo

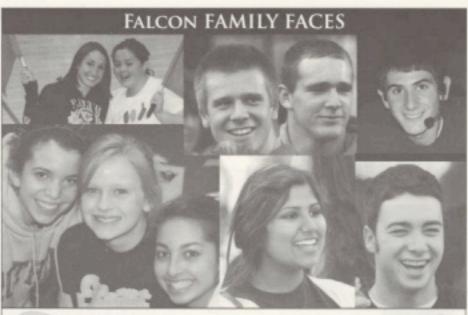
Kathleen Schiavenza, Claire Peletta M-Water Polo James Jones, Joe LaBriola Brittany Woodard, Kayla Neto, W-Volleyball

Katie Hoekman

### Congratulations

to our Women's Volleyball team who competed in the Northern California Division 4 Championships Tuesday, November 27 at Christian Brothers High School Without 'All Conference' Kayla Neto, who sprained her ankle the day before the match, we lost to Harker Academy of San Jose in 4 games for the championship. The Falcons advanced to the finals by capturing the Division 4 section crown (for the third consecutive year) and defeating Justin Siena and the number 1 seed, Menlo High School, in the first two rounds of Nor Cal playoffs. Also, congratulations to Brittany Woodard who was selected as the Northern California Athlete of the Week named by Cal-Hi Sports and NorCalPrepScores.com. Brittany earned this honor for her outstanding play in the first two rounds of NorCal playoffs. The future also looks bright as the freshmen and JV squads both went undefeated this season.





Before your holiday shopping, sign-up with OScrip, schoolpop or



This is an easy way for everyone to raise funds for Christian Brothers High School...and make a difference."

Register with eScrip or School Pop, and make purchases using your registered ATM card or credit card as usual and CBHS will receive a percentage of the dollars spent.

Don't forget your Raley's/Bel Air and Nugget Market Cards!

If you don't have one, contact the Main Office to obtain a card with registration information.

CBHS website: www.cbhs-sacramento.org Parent Information/Scrip Fundraising



CHRISTIAN BROTHERS HIGH SCHOOL 4315 Martin Luther King Jr. Blvd. Sacramento, CA 95820-2727 PRSRT First-Class U.S. Postage PAID Parmit # 1277 Sacramento, CA

## FALCON FAMILY NEWS

PRINCIPAL SHARING:

"PRESSING ON"

Ever wonder what St. Paul's New Year's resolutions sounded like?

Well, although we don't have any specifics, we just have to listen to Paul's own words to hear his attitude. An attitude that echoes throughout our newly revised school wide learning expectations which challenge our students to "ENTER TO LEARN, LEAVE TO SERVE."

Paul, that rugged and feisty Apostle, was never one to glory in his past achievements or use them as an excuse to take a breather. Writing to the Phillipians he shouted: "I am forgetting that which is behind, reaching-out to the things which are in front, I press on towards the goal."

As Paul saw it, a Christian ministry must always be moving forward toward a specific purpose, like a racer who is running hard for the tape. He describes this effort in terms of an athlete's passion for crossing the finish line, with eyes for nothing but that goal.

We, too, share such a determination in providing excellent college preparatory, Catholic education in the Lasallian tradition that is steadfastly focused upon high student learning expectations. Here at CB, we call those expectations our Lasallian Educational Outcomes (LEOs).

On page #7 of this FALCON FAMILY NEWS you'll find a full listing of our LEOs. These are also available in every Parent-Student Handbook and posted in each classroom.

Similar to a curricular framework, the new LEOs framework is constructed with four interconnected areas of emphasis and two or three concrete student outcomes for each. Two areas of emphasis center upon preparing students for college success and life. The other two areas emphasize service as an expression of a love of God and love of neighbor (The Great Commandment).

Every outcome is a brief summary of what our students should know, understand, and be able to do within these areas.

This LEOs framework gives a simple focus and meaning to our motto. Each day, students are guided toward success in *learning for college* and *learning for life*, while serving God and serving others.

At the start of this new calendar year, even as we recall last semester's achievements, let's press on. Like St. Paul, let's press on together toward the goal of supporting CB students to embrace our LEOs – not as a motto on the side of a building, but as a genuine way of life.

Live Jesus in our hearts forever,



#### Good News On Some Great Progress!

As you know, last summer the classrooms of the 200's and 400's received a major appraide. The appraide included a new HAPC (feeding, serolation, and air conditioning) system, new windows, dropped onling, new lighting.

Since we announced this project, it's been our plan to make the same improvements to the 100's and 300's in the summer of 2008. We're still on tack with that plan.

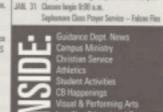
In addition, last semester a decision was nade to go one step further. And, we did! Over Christmas vacation HIAC and now windows were added to our Library/Media Center and Little Theatre this year as well. Such campus improvements will go a long way to further upgrade CB's learning environment for all students.

### SCHOOL CALENDAR - JAN. '08

#### ENTER TO LEARN, LEAVE TO SERVE

	2000	Languals name Limited and - 40 POAPOET
		Booster Club 18hp, 6:00 p.m.
	JAIL B	Spring Semester bogins
		Lessilian Parent Clob 10tg, 6:30 p.m.
	JAML 9	Mathletes @ Jessit
ı		Friends of the Arts Mbg. 8:30 p.m.
ı		Alomoi Mrg. 7:00 p.m.
ı	JAN. 10	Classes begin 9:00 a.m.
ı		Wester Sports Rally Falcon Flex
ı	JAN. 12	Dak Park Cleanup 9:30 a.m nees
ı	JAN. 13-14	Sophemore Scholars Loudership Retreat
ı	JAN. 15-19	Ves a Ver Tijuana
ı	JAN. 15	College Night for Juniors & Parents 7:00 p.m.
1		

JAN. 17	Cleases begin 8:00 a.m.
	Celebrating Diversity Proper Service 9:30 a.s.
JAVL 18	One Acts 7:00 p.m.
JAN. 19-20	Dive Acts 2:00 p.m.
JAN. 19	Mother-Son/Father-Doughter Dessert & Dans
JANL 21	Martin Lather King Jr. Holiday - NO CLASSE
JAN. 21-25	Wellspring Week II
	Kairut 20
JAN. 22	2008 Goal Night Mhy, 8:30 p.m.
JANL 24	Classes begin 9:00 a.m.
JAN. 25-26	One Acts 7:00 p.m.
JAN. 25	Cli Placement Exam
JAN. 27	One Acts 2:00 p.m.



JAMIL 28 Spring Coaches Mtg. & Open Forum 8:00 p.m.

### **GUIDANCE DEPARTMENT NEWS**

# Parents, if your child has D's or F's on his/her report card, please READ THIS!

As pages 9 and 10 of the CB Parent/Student Handbook emphasize, "F's" and "D's" are bad news on report cards! It is important for you and your student to understand that neither "D's" nor "F's" are acceptable. "F" grades must be repeated for credit in order to graduate from Christian Brothers High School. "D" grades. though worth 5 credits towards graduation, are NOT accepted by four-year colleges and universities. All California State University campuses, University of California campuses, and most private institutions require a "C" or above in ALL core courses (core courses are approved History, English, Math, Lab Science, Foreign Language, Visual and Performing Art, and Elective courses - also known as the "a-g" list of approved courses - see below for a chart of these requirements). If students have "D's" on the transcript in any a-g courses and do not remediate them they are not eligible to apply for admission to CSU and UC, and therefore are seriously limiting their choices for college.

If your child would like to keep his/her options open and remain eligible to apply to a four-year college, the Guidance Department highly recommends that he/she remediate (repeat for credit) any "D" grades earned in a-g approved courses. Students may enroll in a variety of classes during the 2008 CBHS summer school session in order to remediate a grade. While previous grades are never removed from a student's transcript, if a student completes the course in summer school with a "C" or above, his/her transcript will reflect the new credits and the new grade will be used when calculating the grade point average.

For example, if your child is currently enrolled in Biology and received a "D" the first semester, he/she should consider repeating Biology this summer. If he/she is currently enrolled in a Math course or foreign language course and received a low grade the first semester, it is important to receive a "C" or above at the end of the spring semester. CSU and UC will "validate" (count as successful) the whole year of Math courses and foreign language courses If the student shows marked improvement the second semester (i.e., goes from a "D" to a "C," B", or "A"). Therefore, students have a choice - work very hard this semester and bring the grade up, or repeat it in summer school to raise the grade. Since a full four years of English is a basic requirement for eligibility, any "D's" in English should be remediated. One year of World History is the minimum requirement for eligibility, so students should be sure to have a "C" or above for at least two of the four semesters of Frosh/Soph World History. Any US History "D's" should also be remediated.

Please contact your child's counselor if you have questions about remediating grades. If you intend to register for summer school, pre-reg forms will be available in the Main Office in early spring and require a \$250 deposit when submitted. Check the CB website in February for further information regarding summer school.

Subject	REQUIREMENT
Social Science	2 years (1 year World History & 1 year US History or
	1 semester US History/1 semester government)
English	4 years including frequent writing
Mathematics	3 years including Algebra II; 4 years recommended
Laboratory Science	2 years; 3 years recommended (one must be a life science and one a physical science
Foreign Language	2 years (of the same language); 3 years recommended
Visual & Performing Arts	Lyon
College Preparatory Electives	I year (More Recommended)

If you wish to view the approved a-g course list for Christian Brothers, go to the CB website, click on Guidance/College Center under "Popular Links" and click on the CBHS UC a-g List folder.

### CAMPUS MINISTRY

#### Retreats

Don't forget! Mark your calendars! The Parent / Student Retreat will be Saturday, February 9, 8:30-2:30, at Christ the King Retreat Center in Citrus Heights. Plan now to share this special time of prayer and reflection with your CB son/daughter. Reservations must be made to attend this retreat. Please see the front page of the CB web site for the reservation information. You can also reserve your space on this retreat by calling Susannah Nelson, Director of Campus Ministry, at (916) 733-3626.

Sign-ups for Sophomore and Junior retreats are now available in the Campus Ministry office. These retreats are optional; students must sign up to indicate which one they would like to attend. Information about these retreats will be sent home this month in a letter to sophomore and junior parents.

Sophomore Retreat Dates:

February 8 and 22, March 7, April 11 Junior Retreat Dates:

February 19, March 18, April 15 and 29

The Junior Kairos is May 27-May 30. Sign-up sheets are now available in the Campus Ministry office for this retreat. Juniors may attend both the Junior Retreat and the Junior Kairos.

There are two more Senior Kairos Retreats this school year. Kairos 20 will be held January 22-25, and Kairos 21 will be held March 11-14. The Kairos 20 retreat is now full; a sign-up sheet is available in the Campus Ministry office for Kairos 21 in March. The March Kairos is the last opportunity for members of the Class of '08 to attend their senior retreat.

### A New Year's Praver

### Liturgies

You are warmly invited to all the prayer services and liturgies that the school celebrates. They begin at 9:30 a.m. and are held in the gym. Here is the list of upcoming liturgies for the Spring 2008 Semester:

Sunday, March 2 Thursday, March 20 Sunday, April 27 Thursday, May 15

Thursday, January 17 Celebrating Diversity Liturgy Wednesday, February 6 Ash Wednesday Prayer Service Junior Class Family Liturgy Holy Thursday Prayer Service Senior Class Family Liturgy St. La Salle Liturgy

### CHRISTIAN SERVICE

Our Advent Almsgiving project to benefit the Mustard Seed School was very successful and greatly appreciated. Boxes of socks, underwear and other gifts were received with genuine thanks and relief. Cash donations were used to purchase \$1200 worth of Safeway and Target gift cards as well. In addition, Ms. Virk's Baking Club baked 250 cookies and put them in beautiful cookie tins for the Mustard Seed students. Thank you again for your generous contributions to those in need during the Christmas season.

### Words of St. John Baptist de la Salle

The star did not appear to the Magi in vain, for this sight caused them to receive the grace of God, and it made this day a day of salvation for them because they showed themselves most faithful to the divine inspiration. Are we attentive to the inspirations we receive from God?

- Meditation 96.1 (Feast of the Epiphany; Matthew 2:1-12)

Our Winter Sports begin league play with high expectations, as our programs have been very successful in preseason action.

### Women's Basketball

- Our Frosh team captured the Mira Loma tournament and has improved dramatically in tough competition in December.
- Our JV squad has been very impressive with a current non-league record of 13 – 1 and championships in the Vanden, Natomas, and Lincoln tournaments.
- The Varsity squad has been equally imposing with a 13 – 1 record and championships in the Forest Lake, Loretto, and Lincoln tournaments.
   The sole loss came at the hands of the #1 team in the area – Sacramento High School.

### Men's Basketball

- The Frosh team has had a successful preseason posting a 12 – 2 non-league record, and a championship in the Mira Loma Tournament.
- The JV team is off to a strong start with a 10

   2 record and a championship in the El Camino tournament.
- The Varsity squad is ready for league action after a slow start, dropping the first two games with an 8 4 record. They captured the championship for the second consecutive year at the Marysville tournament.

Wrestling

The wrestlers are off to a great start. The largest JV squad in recent history at 13 gives much promise in the future. Unlike many teams we compete against in league, most athletes on the wrestling team have no experience in the sport when they join our program. The coaches have developed great wrestlers who stay with the demanding sport for 4 years. Our Varsity squad is small in number at 9, but looks forward to tough competitions and success this season.





For more information on Athletics, please go to thCB website www.cbhs-sacramento.org and click on the Falcon Boosters icon for schedules, rosters and results.

### STUDENT ACTIVITIES

### OSP FUND PROPOSALS:

During Finals Week, members of the Executive Student Council heard presentations from student groups requesting money earned during our fall QSP magazine drive. Groups from all over campus have requested much needed funds. The total amount requested exceeds what is available, so the Student Council members have their work cut out for them. Conversations and negotiations are forthcoming as they decide how to allocate the money, keeping the needs of our students and our LaSallian mission in their hearts and in their minds. Groups selected to receive QSP funds will be notified when we return to school in January.

#### DANCING WITH DISNEY:

Mark your calendar now for the Mother-Son/Father-Daughter Benefit Dessert Dance and Social to be held on Saturday, January 19, 2008. This year's theme for the dance is "The Wonderful World of Disney', so we're hoping to see some of our favorite Disney characters—old and new! If you are not into costumes and would be more comfortable "coming casual" that's fine too! Desserts will be served and socializing will begin at 7:00 p.m., and we will be dancing from 7:30-10:30 p.m. Tickets will go on sale on Monday, January 14 for \$30.00 per couple and \$5.00 for each additional family member. Plan now to attend this special event. Please remember all proceeds go to our sister school, Meki Catholic School in Meki-Ethiopia.

### CB HAPPENINGS SOPHOMORES:

### IMPORTANT REMINDER

Mastering the Essay test will be administered on Thursday, January 31. STUDENTS MUST BE AT SCHOOL and IN THEIR ASSIGNED CLASSROOM at 7:45 a.m. on that day.

### Changes to the Buzz book

2007-2008 Family Directory

Phone number correction: Elliott, Timothy 2009 Elliott, Trevor 2011 Daniel & Claudia Elliott 4822 Roseln Way Elk Grove, CA 95758 916-684-4430

#### Addition

Sheppard-Sakakihara, Anthony Paul 2011 Paul Sakakihara & Marian Sheppard 11 Sail Court 5-acramento, CA 95831 916-429-1530



Please make these changes to your Buzz Book!

### UPDATE FROM THE DEAN OF STUDENTS

We would like to share with our families that we received phone calls toward the end of the fall semester from our neighboring merchants concerned about CB students and/or parents using their private parking spaces throughout the day or for pick-up/drop-off of students. Please be cognizant and respectful of our neighbors and please do not use their private lots for these purposes.

As darkness settles in earlier during the winter months, students who wait for rides after 4:00 p.m. each day should be picked up in the back parking lot near the gym/cafeteria. This serves two purposes 1) we can secure the front of the school when the Main Office closes, and 2) the students will be easier to monitor one common area as they wait to be picked up after school.

As always, thank you for your consideration.

### **CB** Parents!

Don't forget to check out the **PARENT INFORMATION** link on the C8 website. Find information by grade level, Falcon Parent support opportunities by month, Scrip Fundraising and more! The information is updated weekly.

For more information, please contact: Donna Adam, Christian Brothers High School • Main Office

Donna Adam, Christian Brothers Frigh School \* Main Office (916) 733-3662 or dadam@cbhs-sacramento.org The 20th Street Art Gallery in downtown Sacramento will once again host the seventh annual High School Self-Portrait Show. Christian Brothers Art Instructor Findlay McIntosh will be serving as Chairperson for the event. The goal of the show is to give local students an opportunity to hang in a commercial gallery.

Jim Ferry of 20th Street Art Gallery, is continuing his practice of taking no commission: 80% of the sales will go to the student and 20% will go to this year's charity, Heart Gallery, an organization that helps older children find permanent-adopted homes. Chalk-It-Up has been a generous sponsor and supporter of this event and will continue to support this year's show.

Many schools in the Sacramento area have been invited to participate and as of this date, the following schools have agreed to submit artwork: Christian Brothers High School, Natomas Charter School, Sacramento High School

Please join all the participants at the reception for the show on February 2, 2008 from 6-8:30 pm at the gallery. Awards will be handed out and refreshments will be provided.

DATE AND TIME: Sat. February 2, 2008 from 6-8:30 pm (show opens Wed. Jan. 30)
LOCATION: 20th Street Art Gallery, 911-20th Street, Sacramento, CA 95814
COST: Admission is free

### Visual & Performing Arts

Once again it is another busy month for the Arts at Christian Brothers.

On Salamary, January 12, select band members will be performing in a CMEA Capitol Section concert during the day, and we will be hosting the Sacramento News and Review sponsored "Jammies" audition in our Little Theater in the evening.

The following week our KBFT students will travel to Los Angeles to participate in the National Student Television Network competition and our student directed "One Acts" will open.

In Primary 2, our gifted artists will be featured at the 20th Street Art Gallery in their Student Self-Portrait Show (see above) while a number of our instrumental students participate in the North State Honors Band. And IN PRIMARY 5, our very own Honors Chorale will be on the Mondavi Stage once again, representing high school choirs in the 2008 Classical Jammies.

Want more information? Go to www.cbarts.org or call Ron Slabbinck, Director of Visual and Performing Arts at (916) 733-3617.







#### CHRISTIAN BROTHERS HIGH SCHOOL

### LASALLIAN EDUCATIONAL OUTCOMES

("ENTER TO LEARN, LEAVE TO SERVE")

#### Learning for College

Christian Brothers' students will:

- Acquire curricular knowledge/skills, personal discipline, and integrity required for academic success at the university-level.
- Utilize sound educational planning and time-management skills that balance family life, academic achievement, co-curricular activities, and recreation.

#### Learning for Life

Christian Brothers' students will:

- Learn how to engage in collaborative work, moral reasoning, critical analysis, creative and reflective thinking.
- Develop an understanding of 21st century literacies to access, evaluate, synthesize information and communicate effectively.
- Respect and appreciate the diverse cultures, religious beliefs, economic backgrounds, and competencies of others.

#### Serving God

Christian Brothers' students will:

- · Honor the presence of God in oneself, in others, and in all of God's creation.
- Understand the core beliefs, commitments, and practices of Christianity and the Roman Catholic Church.

#### Serving Others

Christian Brothers' students will:

- Be intellectually prepared to participate positively in a community of faith, civic affairs, and a global society.
- Put faith into action by recognizing and responding proactively through service and advocacy to the needs of others, especially the poor and vulnerable.

# BO. AMPONDE



# PRING SEMESTER

#### CHRISTIAN BROTHERS HIGH SCHOOL

#### LASALLIAN EDUCATIONAL OUTCOMES "ENTER TO LEARN, LEAVE TO SERVE"

#### Learning for College

#### Christian Brothers' students will:

- Acquire curricular knowledge/skills, personal discipline, and integrity required for academic success at the university-level.
- Utilize sound educational planning and time-management skills that balance family life, academic achievement, co-curricular activities, and recreation.

#### Learning for Life

#### Christian Brothers' students will:

- Learn how to engage in collaborative work, moral reasoning, critical analysis, creative and reflective thinking.
- Develop an understanding of 21st century literacies to access, evaluate, synthesize information and communicate effectively.
- Respect and appreciate the diverse cultures, religious beliefs, economic backgrounds, and competencies of others.

#### Serving God

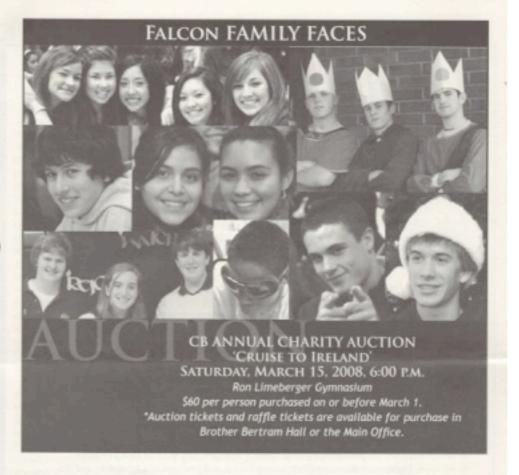
#### Christian Brothers' students will:

- · Honor the presence of God in oneself, in others, and in all of God's creation.
- Understand the core beliefs, commitments, and practices of Christianity and the Roman Catholic Church.

#### Serving Others

#### Christian Brothers' students will:

- Be intellectually prepared to participate positively in a community of faith, civic af fairs, and a global society.
- Put faith into action by recognizing and responding proactively through service and advocacy to the needs of others, especially the poor and vulnerable.





CHRISTIAN BROTHERS HIGH SCHOOL 4315 Martin Luther King Jr. Blvd. Sacramento, CA 95820-2727

First-Class U.S. Postage PAID Permit # 1277 Sacramento, CA



FALCON FAMILY NEWS

Catholic Schools Week



Dear Parents.

 ${f T}$  his is Catholic Schools Week, a time when we join with Catholic schools throughout the U.S. to highlight our common mission to provide an excellent faith-based education to tomorrow's leaders. I am so grateful and proud that you entrust your sons and daughters to us at Christian Brothers High School. We realize that providing your sons and daughters

with a Catholic education represents a significant financial commitment and we believe deeply there is no better investment you can make than a quality, values-based education. Your financial investment, together with your love and example, provide an immeasurable and permanent "return on your investment."

We are partners in this endeavor. As parents and family members, you are the primary educators: we are the professional educators. Our faculty and staff embrace with great zeal the sacred responsibility of providing a Catholic, Lasallian education. We are honored to stand with you to reinforce strong morals and standards of excellence for our students, your children.

Last week, 8th graders sat for the placement test at CB. They were nervous. Their parents ... terrified. As you know, parenting a teenager today (as if it were easier for our parents' generation[?]) is a daunting task. If you know the families of these 8th graders, please reach out and affirm that Christian Brothers High School is an excellent place for them to spend their formative years and a worthy investment of their family's resources.

Thank you for choosing a Catholic, Lasallian education for your sons and daughters and for playing an integral role In Christian Brothers' continuous success as Sacramento's longest-thriving Catholic high school.

Live Jesus in our Hearts ... Forever.

Lorcan P. Barnes, President (916) 733-3603

FEB.19

FEB. 20

SCHOOL CALENDAR - FEB. '08	ENTER TO LEARN, LEAVE TO SERVE
	THE RESIDENCE OF THE PROPERTY

				1	
FEB. 2	SAT Prop Class 9:30 am-12:30 pm	FB.11	Spring Sports Impin	FEB. 21	Classes begin 8:00 a.m.
	Je/Sr Open Dance CD Jesuit 7:30-10:30 pm	FEB. 12	Special Mtg. 'Floride' Choin/parents 8:30 pm	1	School-wide Assembly-Special Schedule
	Alamai Dianar 5:30 pm	FEB. 13	Mathletes	FBI. 22	Suplemore Retreat
	20th Street High School Self Plytosit Art Show		Friends of the Arts 8:30 pm		Fresh/Seph Open Dance - St. Francis 7:30-10:30 pm
HB.4	Beester Clab Mhp. E:00 p.m.	FEB. 14	Clesses begin 9:00 a.m.	FB3.23	SAT Prop Class 9:30 am-12:30 pm
FEB. 6	Classes begin 8:00 a.m.	100.11	Red and Fink Spirit Day		Catholic High School Choral Festival
	Ash Wednesday Prayer Service 9:30 am		Spring Affilietes Mrg Folcon Flex		PSL Teurnament (2/23-25)
	Lexton Almogiving begins		Scholars Jo/Sr Rip (2/14-15)	FEB. 25-20	PRE-RES WEEK - Special Schedule
	Alumni Mts. 7:00 p.m.	FEB. 15	Open Mic Night, 7:00 pm	FEB. 25	2006 Gred Night May, 6:30 pm
RB.E	Soah Retreat	FEB. 15	SAT Prep Class 9:30 am-12:30 pm	FEB. 27-29	L.A. Religious Education Carrievence
HB.9	SAT Prop Class 9:30 am-12:30 pm	100.10	PAL Toursament (2/16-17)	FB.28	Classes begin 9:00 am
	Parent Student Retreat 8:30 am-2:30 pm	HB.18	PRESIDENTS' DAY HOUDAY - NO CLASSES	7.74	
	Oak Park Cloom-up 9:30 am-mon		Ver a Ver Timens		

Soph Parents Academic Planning Night 7:00 pm

Christian Brothers High School Meethly Newsletter 4315 Martin Lother King Jr., Blvd, Sacramento, CA 95820-2727 www.cbhs-sacramento.org

(3) Velentine Date Dance 7:30-10:30 pm

PAI, Tournament (2/9-10)



### Seven Myths About College Admission

Myth #1: "Colleges receive so many personal essays that they probably only glance at them."

Fact: Private college admission officers read personal essays with great care. Writing about yourself in a way that makes you unique and distinctive is the one significant thing you can do to overcome lack-luster test scores and a less than stellar GPA. Don't wait until just before the deadline and dash off anything to get it in the mail. Even at the University of California, a well-written personal statement can tip the scales in your favor; the personal essay does make a difference.

Myth #2: "Colleges do not look at the senior year grades." Fact: All private college admission committees analyze not only senior year grades in the first semester, but also the degree of difficulty of the senior year course of study. The UC and Cal State systems look very closely at the courses taken in the senior year. As for second semester grades, if there is a significant change in academic performance from January to June, the college that originally accepted you may require summer school work, put you on probation for the first semester of college, or rescind your acceptance on grounds that you are not the same student that they accepted.

Myth #3: "It's important to have as many varied extracurricular activities as possible to impress college admission people." Fact: Colleges are looking for quality of involvement rather than quantity. They want a well-rounded student body made up of students who are vitally interested in particular activities and haven't spread themselves so thin that they've demonstrated no commitment to anything. Go for depth, not breadth. Colleges prefer, for example, the student who was a solely dedicated yearbook editor rather than the student who dashed in and out of ten activities. They call this "productive follow-through."

Myth #4: "It is better to go to a big university that is well known than to a small college that few people have ever heard of." Fact: All generalizations about large versus small schools are dangerous. A prestigious university like Stanford would be ideal for some students, but some would fare far better in a small, less widely known college such as Notre Dame de Namur in Belmont, CA. It is important to define the things you want in a college – to understand yourself and not to be influenced by others' opinions.

Myth #5: "Ivy League colleges are the only ones worth applying to." Fact: This is another cliché. The Ivy League colleges (Brown, Columbia, Cornell, Dartmouth, Harvard, Univ. of Pennsylvania, Princeton, and Yale) are among the most selective in the nation, but they may not offer what you want; besides, did you know that the Ivy League is simply an athletic league, like the Big 10 or Pac-10? Certainly the Ivy League is known for its academic quality, but it does not have a monopoly on academic excellence! It is worthwhile to explore other areas of the country and to remember that many prominent men and women have graduated from non-Ivy League schools. Suggested reading: Looking Beyond the Ivy League by Loren Pope and hy League Programs at State School Prices by Robert Sullivan.

Myth #6: "The financial aid situation is completely hopeless this year." Fact: Financial aid continues to be more readily available than you might think in the forms of grants, loans, opportunities for on-campus work, and merit-based scholarships. But you do need to "dig" for the merit-based scholarships, especially those not institutionally-based, and research and apply accordingly.

Myth #7: "If I make the wrong decision about college, my life will be ruined." Fact: While it is important to realize the significance of your college choice, you should remember that if you find, in spite of an informed choice, that you are not well-suited to your college, you can transfer to another college. So be conscientious, but don't envision yourself as a character in a Greek tragedy.

### PRE-REGISTRATION 2008-2009

Once again it is time for our students to start planning their schedules for the 2008-09 school year. Counselors have already been meeting with the students to discuss their schedules for next year. On February 1st, pre-registration materials were sent by mail to students and parents. These materials included a pre-registration worksheet along with the 2008-09 course catalogue. Please take some time to sit down and discuss with your child his/her schedule for next year. Pre-registration is very important to you and to the school. From the results of this process we will decide whether a course will be offered and determine the number of sections for each course.

On Tuesday, February 19th, students will be given additional registration materials in homeroom. Throughout the week of February 19-22 students will meet with their teachers to get placement signatures for the classes they plan to take next year. Teachers will advise students based upon current grades and the required pre-requisites for each course. If students improve their grades, teachers can still move them to a higher level at the end of April when teachers review all course level placements again.

### CAMPUS MINISTRY

### Liturgies

### ASH WEDNESDAY PRAYER SERVICE

You are invited to attend the Ash Wednesday Prayer Service on Wednesday, February 6 at 9:30 a.m. in the gym. The prayer service will include the distribution of ashes. We look forward to your presence as we begin our Lenten journey together.

#### JUNIOR FAMILY LITURGY

The Junior Family Liturgy is Sunday, March 2 at 9:30 a.m. in the gym. Juniors and their families are warmly invited to attend the liturgy and the continental breakfast that follows. Please check your mail for a letter from the school with more information about this event and an RSVP form for you to return to the school office.

#### Retreats

The Parent/Student Retreat still has room! It is Saturday, February 9 at Christ the King Retreat Center in Citrus Heights. Last chance to RSVP on the website! The retreat begins at 8:30 a.m. and ends at 2:30 p.m. It's a wonderful Valentine gift for your son or daughter – time away together! There is no fee for this retreat.

Sophomore Retreats – February 8 and 22, March 7, and April 11 – at the Newman Center (across from CSUS). Room is still available on these retreats. Encourage your son or daughter to sign up in Campus Ministry.

Junior Retreats – February 19, March 18, and April 15 and 29 – at Christ the King Retreat Center in Citrus Heights. Room is still available on these retreats. Encourage your son or daughter to sign up in Campus Ministry.

Senior Kairos 21 Retreat - March 11-14 - Our Lady of the Oaks Retreat Center in Applegate. Room is still available on this retreat. This is the last chance for members of the Class of '08 to attend their senior retreat!

O God, we begin Lent with a distracted mind and divided heart yet with a desire to know. Ione, and serve you better,

Lead at into a choser union with you, and help as live in self-giving low. Assen.



As we enter into the Church season of Lent on Ash Wednesday, February 6, we are called to examine our lives as individuals and as a community. We know there is room for improvement in each of us as ambassadors for Christ. Every time is an acceptable time; every day is a day of salvation.

But we need to set aside special times and days to call ourselves back to the simplicity of our belief and mission as followers of Christ. During Lent we have a special opportunity to do this. The Catholic Church calls us to three activities during Lent: prayer, fasting, and almsgiving. The good works we do, the sacrifices we make, the money/time/gifts we share, the prayer and fasting in which we engage, are all ways to live our faith.

Lent is a perfect time to involve your family in prayer and fasting experiences, as well as outreach and service to others. Call the Campus Ministry office for resources and help in these areas. Have a blessed and holy Lenten experience - - -

### Words of St. John Baptist de la Salle

Be convinced that God is ready to refuse you nothing that you ask of him with faith and confidence in his goodness.

- Meditation 38.2

#### PRE-REGISTRATION (Continued)

During Pre-Registration week (February 25 – February 29), Christian Brothers will follow the 'Hot Day' schedules and school will be dismissed at 2:15 p.m. The Thursday, February 28 dismissal will be at 2:25 p.m. as normal. Students will pre-register in the Tech Center according to the following schedule:

 Monday, February 25th
 Juniors (A – M)
 2 20 – 3:20 p.m.

 Tuesday, February 26th
 Juniors (N – Z)
 2:20 – 3:20 p.m.

 Wednesday February 27th
 Sophomores (A – Z)
 2:20 – 3:20 p.m.

 Thursday, February 28th
 Freshman (A – Z)
 2:30 – 3:30 p.m.

 Friday, February 29th
 Make-up pre-registration
 2:20 – 3:00 p.m.

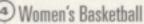
All teachers will be available in their classrooms from 2:15 – 3:15 p.m. during Pre-Reg week for any last minute course recommendations and signatures. Upon completion of pre-registration, students will receive a pink duplicate of all their requested classes.

If you have any further questions regarding pre-registration, please contact Mr. Schumann at 733-3620.

# Our winter sports are having some great successes on the courts and mat!!

### Highlights include: Men's Baskethall

- The frosh team is impressive with a 5–1 league record and 17–3 overall record.
- JV are currently 2–4 in league actions and 12–6 overall.
- Our versity team is 2–3 in league play and 11–7 overall, and ranked 13 in Division IV power rankings



- Our frosh team is currently 2 4 in league play and 8 – 9 overall
- The JV team is 4 2 in league action and 17 – 3 overall
- Varsity has shocked the Sacramento area posting a 3 – 2 league record and 16 – 3 overall record. They are currently ranked number 8 in the area, and are the number 2 seed in Division IV.

Wrestling

The wrestling team is having a great season with big victories over Cordova and Galt in league matches. They lost in points to a very strong Oak Ridge squad, but gained much respect on the mat. Highlights included pins by Chris Jensen and victories by Jason Howard and Ryan Lutz. Sophomores Tyler Ewing, Jameson Cordeiro and Dylan Orr were defeated in great matches, showing they are well on their way to being top wrestlers in the area in coming years.





Big Changes: Christian Brothers High School is very blessed to have a great coaching staff that are not only knowledgeable about their sports, but are wonderful, nurturing adults who go the extra mile for their athletes and programs. Below are significant losses and gains by our department recently.

Vince Juarez (men's soccer) - After 43 years of coaching - 20 years at Christian Brothers, with 17 of those years as head coach, Vince has decided to retire. He has led our soccer program to 7 league championships, 3 section championships, and assisted numerous athletes in pursuing their dream of playing soccer at the collegiate level.

We are pleased to announce that Jake Hunley '96 will be taking over the men's soccer program next fall. Jake is currently a teacher at Christian Brothers and has been the women's JV head coach the past 2 years, as well as assisting the men's soccer program last season.

Diane Heine '71 (women's volleyball) - Dianebegan coaching at CBHS in 1991 and took over as head coach in 2004. Her teams won section titles in 2005, 2006 and 2007, and went to the state championship in 2006 and NorCal finals in 2007. In 2006, Diane was named the All-City Coach of the Year by the Sacramento Bee.

Applications for the Head Women's Volleyball position are being accepted until February 15, 2008. Applications and questions can be directed to Jill Bennett at jbennett@cbhs-sacramento.org.

Along with our successes in competition our athletes have been impressive in the classroom.

The following teams have achieved a 3.0 or better g.p.a. as a team:

a 3.0 or better g.p.a. as a tea	am:
Men's Varsity Basketball	3.0
Wrestling	3.2
Women's JV Basketball	3.3
Women's Varsity Basketball	3.4
Women's Ernsh Baskethall	3.5

The following winter athletes distinguished themselves as scholar-athletes by achieving a 3.5 or better g.p.a. in the first semester:

Men's Basketball: Casey Long, Nicholas Mar, Paul McFadden, Robert Templeton, Peter Vanenburg, Jason Henderson, Matt McCarthy, Paul Sikes Women's Basketball: Britney Belme, Megan Carmazzi, Marina Hernandez, Melissa Huang, Hannah O'Hearn, Cristina Patian, Ashlee Difuntorum, Lauren Cox, Dawn Fleming, Katie Hoekman, Jessica Jones, Megan Walters, Sarah Woolston, Mary Ahern, Kaitlyn Amegin, Vivlana Becerra,

Walters, Sarah Woolston, Mary Ahern, Kaitlyn Amegin, Viviana Becerra,
Destini Bouldin, Geanna Flavetta, Chelsea Williamson, Kayla Thompson,
Amara Wainwright
Wrestling: Alexander Bickler, Robin Davis, Christopher Venegas, Connor

Sheedy, Dylan Tabor, Jason Howard, Robert Scherer



Annual Charity Auction

CHARITY AUCTION CRUISE TO IRELAND
SATURDAY MARCH 15, 2008
6:00 PM
SPONSORED BY CHARLIE MCCLILLEY, CLASS OF '34

RON LIMEBERGER GYM
CHRISTIAN BROTHERS HIGH SCHOOL
4315 MARTIN LUTHER KING, JR. BLVD.
SACRAMENTO, CALIFORNIA

\$60 PER PERSON (PURCHASE ON OR BEFORE 3/01/08) \$75 PER PERSON (PURCHASE AFTER 3/01/08) FAMILY STYLE DINNER CATERED BY THE SUPPER CLUB CASUAL CRUISE ATTIRE

MASTER OF CEREMONIES

DAN ELLIOTT

CHANNEL 10 NEWS ANCHOR

SILENT AND LIVE AUCTION

ENTERTAINMENT BY CHRISTIAN BROTHERS VOCAL JAZZ CHOIR

RESERVATIONS BY MARCH I APPRECIATED

RAFILE TICKETS

WIN A TRIP FOR TWO TO IRELAND OR
A \$5000.00 TRAVEL VOUCHER
\$25.00 PER TICKET OR \$ TICKETS FOR \$100.00

DRAWING WILL BE HELD DURING THE AUCTION ON MARCH 15, 2008

NEED NOT BE PRESENT TO WIN

ADDITIONAL RAFFLE TICKETS ARE AVAILABLE AT BERTHAM HALL

### STUDENT ACTIVITIES

### SPIRIT RALLY:

But first—We have spirit, yes we do!! We have spirit—How about you??? On Thursday, January 10th, we had our Winter Spirit Raily. Our Raily Chairs, Michael and Jonny, put together a number of incredibly wild games designed to see which class was the best! The raily also included our Cheerleaders performing, class spirit shirt judging, decorations judging, and even a game where the teachers got involved. The competition was so wild and the judging was so close that the final cheer-off between classes determined the winner.

#### Junior Family Liturgy:

Sunday, March 2nd is the Junior Class Family Liturgy and Ring Ceremony. The Junior Class Officers have been planning the liturgy and continental breakfast. All juniors attending will receive a Class of "09" memento. Those having ordered rings will also receive their rings. All families with junior class students are invited and encouraged to attend this memorable event. Please plan to stay afterwards for a continental breakfast and time to socialize with the other families.

"Raindrops on roses and whiskers on kittens, Bright copper kettles and warm woolen mittens, Brown paper packages tied up with strings \_\_\_\_ these go along with our favorite things."

### Valentines' Dance

On Saturday, February 9 the Senior Student Council will host "Cupid's Arrow," our Valentines' Dance. It will be a date dance with a photographer snapping pictures of the students with hearts all a flutter. For this dance, boys are to wear a dress shirt, tie, dress slacks or docker style pants, and dress shoes. NO DENIM. Girls may wear a nice dress or skirt and dress shoes. No part of the skirt may be shorter than 4 inches above the knee. No plunging neckline-front or back (no backless dresses); however, halter, strapless and spaghetti strap dresses are allowed. As always, we ask that students use thoughtful judgment by dressing in a respectful, neat manner. Profits from this dance will go to the Senior Class fund to help with graduation and end of the year expenses.

Valentine Spirit Day: On Tuesday, February 14th, the students will celebrate Saint Valentine's Day with school-wide pink and red hues. This is a spirit day which means if students wear bright red or Valentine's pink they may wear denim shorts or pants. Specific dress guidelines will be given to the students as we get closer to the day. Our school will be filled with hearts to warm the spirits of all as they enter our campus.

### **QSP FUNDS ALLOCATED**

Student Council received many worthwhile applications and heard excellent verbal presentations from student groups requesting funds. Since the total amount requested exceeded the funds available, not all requests could be honored in full. The decisions were difficult. The Student Council members took their responsibilities seriously and were able to honor most of the requests, at least in part.

Thank you all for your support of our QSP magazine drive this year. The process of students running their own drive and allocating the funds raised to help their own student activities, athletics, and arts is powerful.

Following are the final QSP fund allocations from the proceeds of the 2007-08 QSP magazine sales drive:

CLUB / ACTIVITY	PROJECT	FUNDS ALLOCATED
DIT	Equipment	\$ 7,000
Big Brothers	Yearly activities and equipment	1.195
Right	Equipment / fields	2,375
SAGES	Visigraph readings assessment tool	2,500
Independent Film Club	Movie night and neetings	300
Track and Field	The Fest is Mightler than the Sword	2.100
Senior Class Council	Grad Night	3,000
Weltspring	Sandwiches and oggs	800
Zio Club	Trip to San Francisco Zoo for members	800
Stix o-Strings	Equipment.	500
CB Sound	Sound equipment	2.900
Baking Out	Baking Supplies	400
Muslim Student Assoc.	Multicultural week entertainment & food	750
Science Disepted Team	Entry fees and supply costs	707
Communion & Liberation	J. Paul Getty Museum Trip	1,300
Robotics Club	Entry fees and supply cots	1,000
Softball Team	Fencing sugglies labor will be danated	1.800
Jacy Band	Trip to Disneyland	6.410
Dhoir	Trip to Florida	4.500
FE Dept.	Heart monitors	1,000
Feetball Team	Uniforms	3,900
Deniches Ultrance	Working to raise awareness of CBHS	800
German Dub	Cultural experience for club members	500
Student Athletic Trainers	Sports medicine competition	1.850
Science and P.E. Dept.	Educational trip to Body World	1,000
Black Student Union	BSU trip to Sac State + others	1.000
Open Mic Night	Microphones and speaker upgrades	750
Theater Dub	Technical Equipment	1.940

GRAND TOTALS 47,876

There is a multitude of opportunities to see our student artists, musicians and thespians showcase their talents this month.

If you missed the brilliant presentation of student-directed One Acts, you will have the opportunity to see the competition piece "The Worker" directed by Steven Leyva and Celeste Nunley at the Sacramento Lenegea Festival. Also, our spring musical, "The Wiz" has been cast, and in CB tradition, once again the musical should be a huge success.

The work of CB artists will be gracing the walls of the 20th Street Art Gallery in the 6th Annual Self-Portrait Show on February 2nd. High Schools from around the city participate, and Christian Brothers has been a stand out among them every year.

On Friday, February 8, Honors Chorale will be performing at the UC Davis Mondayl Center in the 6th Annual Sacramento Jammies. This is Christian Brothers' third appearance in the past four years in this Showcase Concert featuring the top high school music programs in the metropolitan area.

Are you are looking for a way to impress your Valentine? Bring him or her to *Open Mic Night* on February 15th. The night starts at 7:00 and is always sees a sellout crowd, so get your tickets well in advance.

If you want to see all of the CB choirs perform, come to the Second Annual Catholic High School Choral Festival on February 23rd at St. Ignatius Church. Stop by during the afternoon to watch the choirs participate in a master class, or come out in the evening to hear a beautiful concert put on by all of the Catholic High Schools.

On March 1st, one of the biggest music events of the year takes place. Don't miss the 16th Annual Jazz Dessert Concert. If you enjoy jazz, and you enjoy desserts, you will get your fill at this sellout event. Get your tickets in advance as seats are limited. Prices are: \$10 for adults and \$5 for students/seniors.

Finally, Congratulations to Brendan Hogan and the KBFT crew who recently traveled to Los Angeles to compete in the STN awards. 1,800 students from around the country competed, and once again our students

put together their best performances when it counted most and brought home numerous honors and awards, keeping KBFT one of the top student-run television networks in the nation.

For information on any of the above events, please contact Ron Slabbinck @ (916) 733-3617 or rslabbinck@cbhs-sacramento.org

#### Christian Brothers Chair Selected to Perform at

### 2008 JAMMIES AT THE MONDAVI CENTER

We are proud to announce that our Honors Chorale has been selected to perform in the classical section at this year's sixth annual Jammies. The Jammies, sponsored by Sacramento News and Review is a "benefit concert series showcasing some of the finest high school musicians in the Sacramento area".

This is the third time a Christian Brothers ensemble has been a part of the event in its six years of existence. The event will take place at the Mondavi Center for the Performing Arts on the campus of U.C. Davis.

#### DATE AND TIME:

DATE AND TIME: Friday, February 8, 2008 at 7:30pm LOCATION: The Mondayl Center for the Performing Arts. One Shields Ave. University of California, Dayls, CA 95616-8543 COST: \$24.00 adults, \$17.00 child/student/se



### Mother-Son/Father Daughter Dance:

On Saturday, January 19th we had our annual Mother-Son / Father - Daughter Dance. The theme this year was "The Wonderful World of Disney". It was a real "Mickey Mouse" affair! Congratulations to the Tea Pot and Beauty (Cassie and Dan Drysdale) for winning the costume contest and the Nieves "family dancers" for winning the dance contest. The desserts were wonderful, the chocolate fountain was heavenly. We hope to see you all (minus the seniors-sorry) again next year. The proceeds of over \$1,000 from this dance will be donated to help our twin school, Meki Catholic Mission School, in Ethiopia.









#### MARK YOUR CALENDARS!!!

This wonderful evening of food, fun and entertainment benefits the Class of 2008's all night Grad Night party following graduation.

THE 3RD ANNUAL SPAGHETTI FEED WILL BE HELD

Friday, April 11, 2008

AT CHRISTIAN BROTHERS HIGH SCHOOL.

The Spaghetti Feed is open to all CB families. Planning for the event is under way and the committee is hoping to exceed last year's total of just under \$5,000.00. Ticket prices, menu and the evening events will be posted on the CB website in February and in the March Falcon Family News.

### **Upcoming Guidance Events:**

February 20 - Sophomore Parent Academic Planning Night, 7-8:30 pm, CB Cafeteria

February 25 - 28 - Pre-Reg week (special schedule, early dismissal)

March 12 ~ Exploring Colleges for Juniors and Their Parents 7-8:30 pm CB Cafeteria

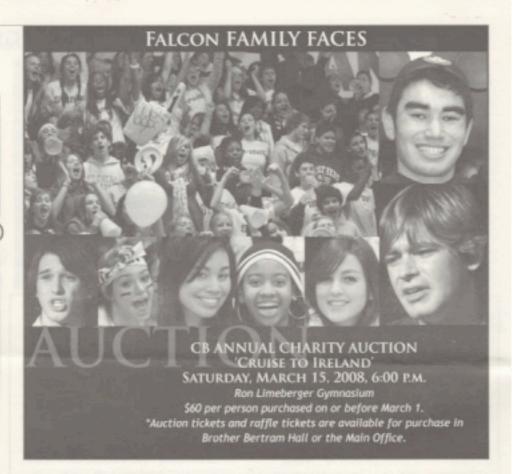
March 18 - Athletics/Guidance Night for Parents 7-8 pm CB Cafeteria

### "Grad Night 2008"

Just a reminder, our safe and sober Grad Night 2008 will be held on May 23-24, 2008 (following graduation). All seniors are invited to attend this fun and exciting event. This is the last opportunity for seniors to gather with their classmates and celebrate the completion of their high school journey. Grad Night invitations have been mailed and reservations may be dropped off in the Main Office. Financial aid is available for seniors.

Please see Mrs. Adam in the Main office or call 733-3662.







CHRISTIAN BROTHERS HIGH SCHOOL 4315 Martin Luther King Jr. Blvd. Sacramento, CA 95820-2727

First-Class U.S. Postage PAID Permit # 1277

# FALCON FAMILY NEWS

### \$1 Million in Tuition Assistance Approved for Students in Need

At its February meeting, the Christian Brothers High School Board of Trustees unanimously voted to approve \$1 million in tuition assistance for the 2008-09 school year.

As Sacramento's longest-thriving Catholic high school, Christian Brothers remains steadfastly dedicated to the principles of our founder, St. John Baptist de La Salle and the Brothers of the Christian Schools who continue his efforts to provide an excellent,



faith-based education to young people - especially the poor.

Time and time again, it's been shown that education is truly the only long-term solution to breaking the cycle of poverty. Today, 99% of our graduates go on to college. We're blessed and fortunate to have a Board of Trustees who wants to ensure that a Christian Brothers education is available to students whose families would otherwise not be able to afford to send their children here.

At Christian Brothers, tuition assistance is based on financial need. Students' families submit financial information to an independent company that evaluates and recommends the amount of assistance needed by each student. Awards are based on the company's recommendations and other compelling circumstances affecting families when necessary.

Even with single-digit tuition increases over the past two years, the demand for tuition assistance expands. Currently, 158 of our 1,054 students receive tuition assistance. Offering \$1 million in tuition assistance is a first among this area's

"...you have been entrusted especially with the care of their souls, which is what God had most at heart when He made you the guides and guardians of these young children."

St. John Bagtist de La Salle

Catholic high schools. This will help us preserve access to the high quality, Catholic education at Christian Brothers,

It's our tradition and blessing at Christian Brothers to welcome a diverse group of students: coeducationally, academically, culturally, and economically. Our young men and women come from families who have financial

wealth, families who struggle financially to make ends meet, and all economic levels in between.

From this real life experience during their high school years, our students are well prepared for life in college, and we believe ultimately, go on to make our community a better place. Reaching this \$1 million milestone helps us help more students to do that.

We are profoundly grateful to the alumni, family and friends whose generous support of the educational endowment, the Alumni Giving Program, and the Annual Fund make this mission-driven step forward possible.

Live Jesus in our hearts, forever!

President

#### SCHOOL CALENDAR - MARCH '08 ENTER TO LEARN, LEAVE TO SERVE

March 1 March 2 March 3-5 March 3 March 4 March 5 March 7 March 8 March 10 March 11-14	Jazz Dessert Concert 7:00 p.m. Junior Family Liturgy 9:30 a.m. Midterm Exams Booster Club Mtg. 6:00 p.m. Lasallian Parent Club Mtg. 6:30 p.m. Alumni Mtg. 7:00 p.m. Soph Retreat CB Community Dance Diocesan Jt. High Academic Decathlon @ CB Oak Park Clean-up 9:30 a.mnoon Faculty/Staff Professional Day — NO CLASSES Kaines 21	March 13 March 14 March 15 March 18 March 19 March 20	Classes begin 9:00 a.m. Acceptance Letters mailed — Class of 2012 CB Annual Auction Junior Retreat Blood Drive ASB applications and speeches due Athletics/Guidance Night for Sophomore Perents 7:00 p.m. Lenten Almsgiving ends Friends of the Arts Mtg. 6:30 p.m. Minimum School Day — SPECIAL SCHEDULE Holy Thursday Prayer Service Easter Recess	INSIDE: Guidance Dept. New Campus Ministry Summer School Christian Service Student Activities 3rd Quarter Exams Athletics Visual & Performing Italian Students Falcon Family Faces
Manch 12	Machines Exploring Colleges for Juniors and Parents 7:00 p.m.	March 31	Classes resume	CB Auction

٧S

Arts

### GUIDANCE DEPARTMENT NEWS

### Narrowing Options for College - A Four-Step Process

### This month: Steps One & Two

Many students ask, "How do I choose a college that is right for me?" And what does that mean - a college that's 'right' for me? Only you can find the answer to that guestion, but there are clues and roadmarks that can help you along the way toward your final decision. The college search is a good time to get to know yourself - to discover what interests, passions, and pursuits are meaningful to you, and how those translate into your future. Generally speaking, a 'right' fitting college is one where you will fit in both scholastically and socially - and one that will prepare you for the future you want while allowing you to discover new facets of yourself along the way. With over 3500 colleges and universities in the U.S. today, it may sometimes feel overwhelming. Don't let that statistic prove daunting, but rest assured that you will find several schools that may meet your needs. A step by step approach can lead you to the right campus, with the right curriculum, faculty, and atmosphere for you. But remember, there is no such thing as a 'perfect college'.

#### Step 1 – Take a self-inventory

Know yourself. A college that is perfect for a friend may be a disaster for you. The college decision may be one of the biggest of your life – don't leave it to chance. To help you identify your unique characteristics and priorities, try asking yourself some questions:

What are my goals? Is making a lot of money important to me? What about public service? Having a family?

What are my interests? Are there hobbies I would like to pursue in college and beyond? What captivates me when I'm not in school?

What are my abilities? What do I do best? What has always been my favorite subject in school? What do I do well outside of school?

What is my learning style? Are small discussion groups better for me or do I enjoy lectures? Am I a visual, auditory, or kinesthetic learner? What are my multiple intelligences?

What kind of worker am I? Do my study habits fit in with the type of structure at a particular college? Do I need lots of structure or very little?

What kinds of relationships are important to me?

Will I need lots of friends at college or just a few close friends? How far away from my family will I feel comfortable?

#### Step 2 - Consider Types of Colleges

Now that you know your desires, try to eliminate colleges that will not fit your needs. You can narrow the field by considering college characteristics and the strengths and weaknesses each has to offer. The easiest way to accomplish this is by using search engines available at websites and on college software programs. There are basic differences in types of colleges and programs offered. Typical questions that search engines will ask you are: What type of college are you interested in? You can choose between two year and four year colleges, liberal arts colleges, large research universities, technical institutes, vocational schools, professional schools, women's colleges, service academies, historically black colleges, community colleges, etc. You will need to explore each kind by researching college guidebooks. Several of the general college websites also offer this information. Start with the CB Family Connection which has a great college search feature or try www.collegeboard.com.

Where do you want to go? Consider location. You can enter geographic information by state, region, or even foreign country. Start with a wider range, than scale down to a specific geographic area as you narrow your search. Distance from home is an important factor. Additional travel expenses may be a factor when calculating cost.

What size college do you want to attend? Do you want to attend a small college in a large city? A large university in a small college town? What are the choices for weekend activities? Do you want an intimate setting or a large student population? How big is the department you will major in? How many books are there in the library? What sort of technological resources are available?

How selective should the college be? Review your high school record and your standardized test results (SAT/ACT) and be realistic about your performance. Use the "scatter-grams" on Family Connection to compare yourself to other CB students who applied to a college you are considering. There are only a few schools in America that have big name recognition - while they are often highly selective and may seem out of reach, there are scores of smaller or less well known colleges with excellent quality and outstanding programs. Sometimes the 'famous' colleges are not a good fit for your needs. You may receive more for your money at a college you had never before considered.

What types of academic programs are offered? What will you major in? If this school offers your major, what else does it have to offer in case you decide to change your major? Are professors easily accessible? What sort of reputation does this school have? Is it on a semester or quarter system? Does it have a study abroad program? What about internships?

What is campus life like? Quality of life issues become important when thinking about this area. What do you want to do outside of the classroom? What sort of social and athletic organizations does the college offer? Do you want to join a fraternity or sorority? Do you have special talents and want to belong to music or drama groups? Do you want to play on a sports team? Is there a balance between academic and social activities? How diverse is the student population? Will you get to know a variety of people who are different from you or will most come from similar backgrounds?

### **CAMPUS MINISTRY**

God of all compassion,

Father of all goodness, to
heal the wounds our sins and
selfishness bring upon us, you
bid us turn to fasting, prayer,
and sharing with our brothers
and sisters. We acknowledge our sinfulness;
when our weakness causes discouragement,
let your compassion fill us with hope and lead
us through a Lent of repentance to the beauty
of Easter joy. Amen.

Lent offers us a special opportunity to grow in our relationship with God and to deepen our commitment to a way of life rooted in our baptism. In our busy world, Lent provides us the time to reflect upon our behavioral patterns, to pray more deeply, to experience sorrow for what we have done and failed to do, and to be generous to those in need.

### Liturgies

The Junior Family Liturgy is Sunday, March 2 at 9:30 a.m. in the gym. The liturgy will be followed by a continental breakfast. Please RSVP to the school office. Fr. Franklin Fong, OFM, will be our presider at this special liturgy at which the junior class rings and a class memento will be blessed and distributed.

The Holy Thursday Prayer Service will take place Thursday, March 20 at 9:30 a.m. in the gym. Please join our CBHS community as we enter reverently into the three holy days of the Easter Triduum.

### Retreats

The Kairos 21 Senior Retreat, the last senior retreat of the year, will be March 11-14 at Our Lady of the Oaks Retreat Center in Applegate. Please remember the retreatants, student leaders, and adult leaders in your prayers during these four days of spiritual reflection and growth.

The next Junior Retreat is Tuesday, March 18 at Christ the King Retreat Center. The next Sophomore Retreat is Friday, March 7 at the Newman Center. Sign-ups for these retreats are still available.

### Words of St. John Baptist de La Salle

God feels such great tenderness for us that he gives us his own Son to nourish our souls.

- Med 51.1 (cf. John 3:16)

### (Narrowing Options for College - Continued from page 2)

Do you want to attend a school with a religious orientation? A large number of American colleges and universities are affiliated with a church or religious organization. Most do not discriminate against those not of their faith, but a few do require chapel attendance or a community service commitment. Do you have a particular faith-based orientation that a certain type of college will complement? Do you want to attend a Catholic college?

How much will it cost? This is probably one of the biggest factors for most potential students. Do you have college savings? Are you eligible for specific types of financial aid? At this point in your research, do not preclude a college based on cost alone. All colleges work hard to put together financial aid packages that meet your needs, though more and more it will include loans (not just grants or scholarships). While it is important to be realistic, it is also important to dream. At the initial search stage, keep options open related to cost. As you narrow the search, cost becomes a bigger factor.

Next Month: Step 3 - Time for Research & Step 4 - Decision-making

### Summer School News

Registration for Summer School 2008 is now taking place. The first session runs from June 9th through June 27th; second session runs from June 30th through July 18th. Courses are available for remediation and for regular credit. For more information about offerings, check out the CBHS website, or to request a Summer School brochure please contact the Main Office (733-3662). Registration forms may also be picked up and turned in, with payment, at the school's Main Office. The Summer School Director, Dr. Holly Peterson, can be reached at (916) 733-3600 (ext. 1086).

### **Upcoming Guidance Events:**

Wednesday, March 12 - Exploring Colleges for Juniors and Their Parents, 7:00 p.m. CB Cafeteria

Tuesday, March 18 – NCAA/College Athletics Information Evening, 7.00 p.m. CB Cafeteria (Co-hosted by the Guidance and Athletic Departments)

### CHRISTIAN SERVICE

### **Lenten Almsgiving**

Each year during the liturgical season of Lent CB engages in a school wide Almsgiving project to benefit an organization that serves the poor and vulnerable. This year the Christian Service Corps (CSC) will be sponsoring our Lenten Almsgiving to benefit Pennies for Peace.

CSC hopes to raise money to enhance the educational opportunities of teenagers in Pakistan and Afghanistan, since teenagers in every country are the future leaders of the world. Students can donate at lunch in the cafeteria. If you are interested in donating to this worthy cause, please call or write Ms. DeBenedetti-Emanuel at 916-733-3653 or sdebenedetti-emanuel@cbhs-sacramento.org.

### **Christian Service Corps**

Christian Service Corps (CSC) is a group of students who work in conjunction with Ms. DeBenedetti-Emanuel, Christian Service Coordinator, to plan and implement almsgiving projects on campus. CSC also helps support other groups or classes on campus that sponsor almsgiving projects. For example, CSC played a key role in helping deliver all the donated food from our Thanksgiving Food Drive, which is actually a Christian Service-Learning project sponsored by the Science Department. All students are welcome to join the Christian Service Corps. If you are interested please see Ms. DeBenedetti-Emanuel in the Christian Service Center.

### **Ven A Ver**

Each spring semester CB sponsors two trips to our sister school, Centro La Salle, in Tijuana, Mexico. For five days the students live, work, and pray with the people of Tijuana. The majority of the work day is spent engaging in various service projects, such as, serving at a soup kitchen, hanging dry wall, mixing and pouring cement, eating dinner with people who have recently been deported, teaching English classes to adults, conducting creative projects with pre-schoolers, and feeding people who work at the local city dump.

In January, Mr. Adams & Ms. Mungus took Destini Bouldin, Gabriella Castaneda, Elise Delgado, Emily DeRodeff, Katina Feil, Jonathan Gayton, Natalie Luera, Ryan Lutz, Vincent O'Brien, Jennifer Rodrigues, Laurel Schmidt, and Britta Swanson.

In February, Mr. Hogan & Mrs. Perone took Dillon Ashley, Chelsea Cook, Amy Egerter, Spencer Kennedy, Mike Mahaney, Becca Mosbarger, Alisa Mosman, Katie Piazza, Blair Stenvick, Anthony Silva, and Siena Encinas.

Upon returning from their trip the students shared that Ven A Ver was an experience of a lifetime. They said it changed the way they see the world and value material possessions. They were overwhelmed by how happy people can be who live in such poverty. They were also struck by the warm hospitality they were given, even though they were strangers. At a prayer service, the January group encouraged the February group to open their eyes to everything they encounter and to reach out and get to know the people.



January Ven A Ver Group



Mixing Cement



Crafting w/ Pre-School Children

### "Extreme School Makeover" has come to Sacramento! Join us!



The five Catholic High Schools in Sacramento are doing a joint service project. This project is open to all Freshmen and Sophomores and their families.

Who: 9th and 10th grade students and their parents - all five Catholic high schools

What Cleaning, organizing, and improving landscaping

When: Saturday, May 3

Where: Hely Cross School in West Secremento

Why: To revitalize a school! To put our faith into action! To make a difference!

### STUDENT ACTIVITIES

## **Upper Division Ball:**

This year's Upper Division Ball, Glitz, Glamour and All That Jazz, will be held Friday, April 4. Bids will go on sale to seniors beginning Thursday, March 6. Juniors may begin pur chasing their bids on Tuesday, March 11. The final day bids may be purchased is Friday, March 17. This is a formal dance held at the glamorous Arden Hills Country Club, Tickets for the UD Ball will cost \$110 per couple. This includes a buffet dinner, dessert, dancing and a commemorative party favor. Sodas and picture packages will be available for an additional fee. Students should come hungry and bring your dancing shoes!

Student Government: For soon-to-be upper division students (classes of '09 and '10) who have a strong desire to get really involved with many of the activities on our campus, applications for Associated Student Body Council will be available beginning Tuesday, March 4. Campaign week and elections will be held the two weeks after we return from Easter Break. Class Council applications will be available Tuesday, April 15.

In like a lion? Out like a lamb? March will fly by quickly no matter the weather!

Valentine Spirit Day: For many of us Valentine's Day was our favorite Spirit Day. Upon arrival to school on Valentine's Day. community members were greeted with red hearts everywhere. It was fun for everyone to search for their hearts as the day went along since we all had a heart somewhere on campus with our name on it. Our students brought cheer to the day as well, with a majority of our student body wearing bright red to show their spirit. During B-set our Leadership class delivered the valentine grams with small bags of candy hearts, or roses, that students had purchased for their friends. The whole day made people feel loved and included.

CB Community Dance: Our first ever Christian Brothers High School Community Dance will be held March 7th from 7:30 until 10:30 p.m. The theme is "I Love New York". The dance is open to CB students only and we're hoping to see ALL of us there! The entire event takes place in the gym with dancing, photos and socializing. The dress code is casual, and the decorations should make us feel like we're in the Big Apple! See you there.

### Blood Drive:

The second Blood Drive of the year will take place on March 18, All donors are welcome to come help save lives. Students under the age of 18 must pick up a parent permission form to be able to join in the day. We hope to make this blood drive our best ever, but we need your help to get there!

Junior Family Liturgy: The Junior Family Liturgy will take place Sunday, March 2. We hope to see all you junior families there! Besides a wonderful gathering for the families of all of our juniors, the junior students will receive their class ring and/or a class memento. The liturgy is followed by a complimentary continental breakfast in the cafeteria.

### 3rd Quarter Exams (Midterms)

Quarter Exams are just around the corner. Teachers are not obligated to give quarter exams, but if they do, exams will follow this schedule:

The last day of the quarter is Friday, March 7th. Grades are due on Monday, March 10th. Fourth Quarter eligibility will be determined from these grades. Grades entered after March 10th cannot change eligibility. All students with a grade point average below 2.0 will be ineligible for sports during the fourth quarter. The ineligibility period starts on March 16th. Report cards will be sent out on Thursday, March 13th. Ineligibility letters will be mailed on Friday, March 14th.

Monday, March 3 Math/Religion

Tuesday, March 4 English/Science

Wednesday, March 5 Foreign Language, Social Studies

Thursday, March 6 Fine Arts/PE

### Some great achievements in our Winter Sports programs!!

Wrestling For the first time in over ten years we had 3 athletes qualify for the Master Tournament: Jameson Cordeiro, Ryan Lutz and Jason Howard each won a match before being eliminated from competition. The team had a great season with many individual accomplishments, and the future is very bright with only 3 wrestlers (Chris Claridad, Robbie Scherer and Zach Hill) who will be graduating at the end of this school year.

Men's Baskethall: The Frosh team had a great season posting a 10 2 league record and 22 - 4 overall record.

The JV squad had many close contests throughout the season. They posted a 4 - 8 league record and 14 - 10 overall.

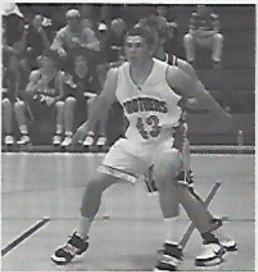
The Varsity team came on late in the season winning their last two games, including a thrilling 65-59 victory over Cordova. They continued their hot streak in the playoffs as the # 12 seed, first defeating the # 5 seed Bear River Warriors 59-50, and following up with a stunning 52-50 win over the # 4 seed San Juan. They continued in the playoffs at Tokay on Wednesday, February 27, falling to the #1 seed Colfax 66 - 49. Great season, guys!



KUQDY: Frosh-Soph are playing well and learning with each contest. They are currently 2-3. Our Varsity B team is off to a great start with a 4-0-1 record. They were undefeated in the Kick Off Tournament to start the season,

Our Varsity team is very strong and is currently undefeated with a 7-0 record. Highlights include winning the international division of the annual Kick Off Tournament and an impressive win over the Jesuit A team.

As we begin games this spring season, please keep checking the website for schedule changes and pray for sunshine!





### Women's Basketball:

The Frosh ladies kept improving all season, finishing with a 4 - 8 league record and a 9 13 overall record.

The JV squad had a great season posting a 10 - 2 league record and a 23 - 3 overall record. They had impressive victories over Oak Ridge and Vista del Lago during the second half of play.

The Varsity squad likewise finished 2nd in league and got a jump start on the playoffs with a huge win against Oak Ridge for the league championship tournament. They continued to roll with home victories in the first two playoff rounds; the first win a dominating 80-17 over North Hills Christian and a convincing 66-49 victory over West Campus in the second round. The #1 seed Lady Falcons continued in playoffs Wednesday, February 27 in Tokay, defeating Linden High School 79 - 68. Next stop: Arco Arena vs. Modesto Christian at noon on Saturday, March 1.

### ISUAL AND PERFORMING ARTS







### Sports - Academic Achievment

Our last newsletter highlighted winter sport teams that achieved a 3.0 grade point average at the semester, and those athletes who achieved a 3.5 g.p.a. during their season. Due to a data error on our part, the following achievements were inadvertently omitted, and we are pleased to recognize them now: Our men's JV basketball team also achieved a 3.0 g.p.a., and congratulations to Paul Drozd (men's JV basketball) and Brittany Woodard (women's varsity basketball) - both scholarathletes who achieved grade point averages of 3.5 or better in the first semester.

### CHRISTIAN BROTHERS ART STUDENTS TO PARTICIPATE IN THE FIFTH ANNUAL EMPTY BOWLS LUNCHEON

For the second year in a row, the ceramics students of Christian Brothers High School will participate in the fifth annual Empty Bowls Luncheon, which helps River City Community Services raise money for

The Christian Brothers students (along with other artists from throughout the region) will create their uniquely designed ceramic bowls that will be given to each participant at the luncheon as a powerful reminder of hunger in the Sacramento community.

The goal of this year's event, scheduled for lunchtime on Tuesday, March 11th, is to sell 700 tickets and raise \$50,000. For their \$25.00 donation, participants will receive their choice of ceramic bowls and a gourmet soup luncheon prepared by Sacramento area chefs and restaurants including Lucca, Ettore's, Scott's Seafood, Michelangelo's and others.

#### Tuesday, March 11th, 11:00 a.m. - 1:30 p.m.

Sacramento Masonic Temple, 1123 J Street

\$25.00 (Includes lunch and a ceramic bowl to take home)

For more information, please contact Robert Boriskin, Ceramics teacher and Coordinator for the Empty Bowls event, (916) 733-3600 ext. 1106, or e-mail to rboriskin@cbhs-sacramento.org

### CHRISTIAN BROTHERS STUDENTS TAKE HOME PRIZES AT THE 7TH ANNUAL HIGH SCHOOL SELF-PORTRAIT SHOW AT 20TH STREET ART GALLERY

Slx students from Christian Brothers High School received awards at this year's High School Self-Portrait Show at 20th Street Art Gallery in downtown Sacramento.

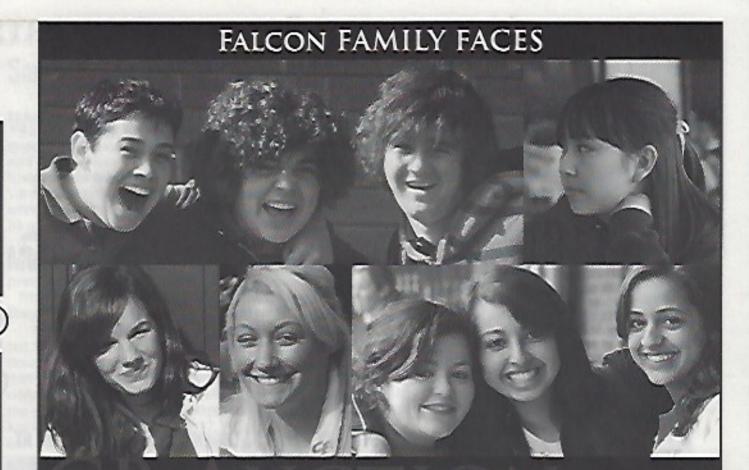
Senior Polo Lopez won a blue ribbon for Excellence in Medium for his charcoal drawing, titled "Two Sixteen Ninety" and senior Madison Hummel received a Third Place award for her photograph "On the Other Side". Honorable Mention awards were also received by senior Mayleah Brown for her mixed media piece, "Indonesian Princess", junior Andrew Meyer for his pastel, "The Thinking Me", junior Sarah Wong for her ceramic piece, "Untitled" and sophomore Eden Redmond for her mixed-media collage, "1992-2007".

The reception for the show was "as crowded as I have ever seen it" according to the Chairperson for the show, Findlay McIntosh. The reception was held on Saturday, February 2, 2008 at the 20th Street Art Gallery from 6:00 - 8:30 p.m.

Special thanks goes out to Jim Ferry of 20th Street Art Gallery for hosting this unique exhibit that showcased artwork from seventeen local high schools.

### Italian Students Looking for Host Families

Would you like to have an Italian student live with your family next year? For the past six years Sacro Cuore High School has sent students to CBHS and presently we are looking for families who would like to host a student for the 2008-09 school year. Sacro Cuore is a Catholic language, scientific and artistic academy in downtown Milan, and each year several of their students have attended CB for their junior year abroad. Each year "our" Italian students have received excellent grades and have involved themselves fully in the life of the school. They are highly motivated and excited to know the "American experience". A host family should be willing to welcome a student as a member of their family for the academic year, beginning in mid-August and ending at the end of the school year, but is not responsible for financially supporting the student. If you are interested in exploring the idea of hosting a student please contact Dr. Holly Peterson at CBHS (733-3600, ext. 1086).



# Catch a Little LUCK O' the IRISH at the Christian Brothers Auction on Saturday, March 15th at 6:00 p.m.

For all of the fun details, please visit the CB website at www.cbhs-sacramento.org. Raffle tickets are still available at the Main Office and in Bertram Hall. Tickets are \$25 each or 5 for \$100. The winner need not be present at the drawing for the prize: A Trip for Two to Ireland or a \$5,000 Travel Voucher!



CHRISTIAN BROTHERS HIGH SCHOOL

4315 Martin Luther King Jr. Blvd. Sacramento, CA 95820-2727

PRSRT First-Class U.S. Postage PAID Permit # 1277 Sacramento, CA

derful production of The Wiz, the singing and dancing, along with the fantastic costumes, will bring you to your feet!

When you come to see CB's won-

This year's springtime musical is yet another showcase of CB's magical Visual/Performing Arts program.

(Please see page 7 for dates, times and ticket information.)

Throughout Sacramento Christian Brothers has made a are in The Wiz, except they, and the songs they sing, have name as a premier school for visual arts, choral and instrubeen jazzed-up and contemporized into modern Jazz, mental music, theater, technology and media arts. You'll find our students' talents in the spotlight from the television studios of KBFT, to the stage of the Mondavi Center for

With The Wiz coming to campus, we'll continue the magic with our gifted theatrical performers enchanting a home

very child knows there's only way to see the Wizard. "Follow the yellow brick road," right? Well, not really.

PRINCIPAL SHARING:

Now there's a new, magical path... straight through our Christian Brothers' campus.

From April 17th to April 20th our CB Drama Dept. will be performing the Tony award-winning musical,

The Wiz, a contemporary reworking of The Wizard of Oz.

The story is familiar to all. All the original characters R&B, Calypso, Blues and even a soulful Gospel number!

Dorothy finds herself once more in the Land of Oz, but it isn't quite the Oz many of us grew up with. Of course, the Performing Arts, to the Crocker Art Museum's galleries. Munchkin land and the Emerald City are still there, but something is different.

Is that scarecrow over there standing in his cornfield stage crowd. singing an old time gospel tune? If you look closely you'll see the crows around him keeping time with their big black floppy wings.

Just then a man made of tin starts doing a soft shoe tap dance, while Dorothy tries to keep oiling his joints, so he won't altogether rust up and fall down.

A great big piercing roar splits the air, and a fierce looking lion appears from behind that tree. Looks like we'd Live Jesus in our hearts, forever!

CHARLETTIN		14 P - 4	DDII -AO
PARTICIAL A	E. 27. 1 /2 /2 /2 /2 /2 /2 /2 /2 /2 /2 /2 /2 /2		PRIL '08

### ENTER TO LEARN, LEAVE TO SERVE

April 28-May 2 Class Council Compaign Week

Scholars Dinner Awards Convocation

Junior Retroot 2008 Good Night Mhg. 8:30 p.m.

<b>Biodelinia</b>	NAME OF TAXABLE PARTY.		III OU LINIER I	2
April 1	2008 Gold Night Mhy. 5:30 p.m.	April 14	Community Retreat - NO CLASSES	
April 2	Fresh Envelopent Night 5:30-7:30 p.m.	April 15-18	Multicultural Week - special schedule	
April 3	Classes begin 9:00 a.m.	April 15	Junior Retreat	
April 4	Special Schedule — 12:20 p.m. dismissal	April 17	Cleases begin 9:00 a.m.	
	Upper Division Ball	April 17,18,19	Spring Musical The Wil/ 7:90 p.m.	
April 7-11	Easter Almogiving	April 19	LaSalle Clob Receival Hall of Fame Disser	
	ASE Compaign Week	April 20	Spring Musical 'The Wu' 2:00 p.m.	
April 7	Seester Club Mity, 6:00 p.m.	April 21-25	Vecations Awareness Work	
April 9	Methiotes	April 23	Friends of the Arts Mbg, 8:30 p.m.	
	Alumni Mtg. 7:00 p.m.	April 24	Classes bogin 9:00 a.m.	
April 10	Classes begin 9:00 a.m.	- Park	Fresh Dazz Prayer Service — Falcon Flex	
April 11	Soph Retreat		La Salle Art Shew 7:00 p.m.	
	Grad Night Spaghetti Feed	April 25	Open Mic Night 7:00 p.m.	
April 12	ACT OF CB	April 27		
rigin it.	Dalt Park Close-up 9:30 s.mroom	Mag 11	Senior Family Liturgy 8:30 a.m.	

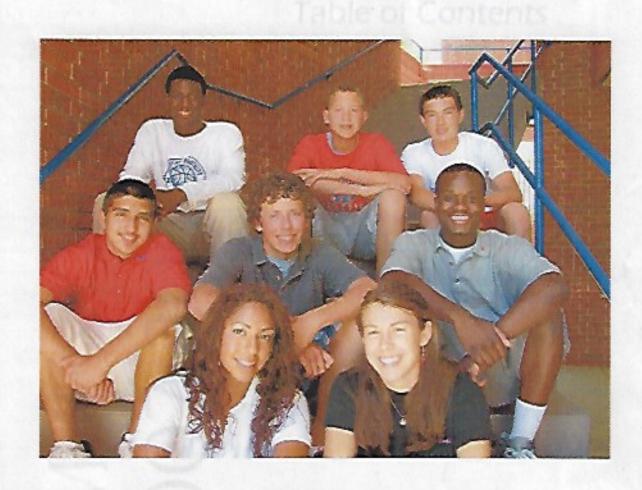
April 28

April 29

Christian Brothers High School Marbly Nevaletar \* 4315 Martin Luther King Jr., Blvd, Sacramento, CA 95820-2727

www.cbhs-sacramento.org

# 2007-08 Compendium



# Christian Brothers High School

Enter to Learn. Leave to Serve

### **GUIDANCE DEPARTMENT NEWS**

### **COLLEGE NEWS**

Graduating Seniors have been receiving letters of acceptance to colleges and universities across the country. Congratulations to the class of 2008! As many seniors already know, this has been a very competitive year for college admission. Since the class of 2008 is not only CB's largest graduating class, but also the largest graduating class in American history, the number of students applying to colleges has seen exponential growth. In addition, a new trend has developed that has more seniors across the country applying to more colleges than ever in order to "hedge their bets." This has resulted in record numbers of applicant pools - over 120,000 to the UC system alone. For example, UC Davis had a 15.6 percent increase in applications, totaling over 40,000 this year; UCLA had a more than 9% jump, with over 55,000 freshman applications for Fall 2008. Since the average freshman class at these schools is between 4,000 and 6,000, one can see how difficult decisions have been for admission offices in 2008. As a result, there have been disappoints - not only among our own students, but for tens of thousands of other California seniors. Thankfully most of our seniors planned well and applied to not only 'reach' schools, but 'target' schools and 'safety' schools. As a result, CB students have options for next year and are able to begin their college careers at great

schools. If any seniors are still grappling with final decisions, remember that Mrs. Hesser and Ms. Bell are available to assist and support you. The good news is that many of our students have been admitted to several prestigious universities and programs, including Stanford University, West Point, University of Chicago, Duke University, USC, etc., and many more too numerous to list. All the colleges students have been admitted to and those they will attend will be listed in the Commencement Program next month. Parents, be sure to have your senior go to the CB Family Connection online (see the letter mailed home to senior parents for details) as soon as possible, but NO LATER than APRIL 15 for scholarships and awards and MAY 2 for college admittance. Students need to list ALL colleges to which they have been admitted and ALL scholarships, awards, etc. We must have this information in order to accurately recognize your child at the Senior Family Liturgy on April 27 and at graduation on

Our two informative college information evenings were very well attended by **Juniors** and their parents in January and March. We also had a great group of parents and students come out in March for our evening designed to assist student-athletes with college planning.

### SUMMER PROGRAMS Do Something Extaordinary This Summer!

Summer will be here before we know it! Summer is a wonderful time for students to expand their horizons, enrich their lives with fascinating experiences, and improve their readiness for college through academic pursuits. There are many summer opportunities for high school students: classes, camps, travel study, volunteer service, and employment. Opportunities exist locally as well as across the country and abroad. Check out the CBHS website for details and contact information.

We hope you will continue to use two valuable tools for help with college planning: the CB website (www.cbhs-sacramento.org, click on Guidance/College Center under Popular Links in the middle of the page)... a wealth of great information; and the CB Family Connection (https://connection.naviance.com/cbhs).

Sophomores and Juniors: This spring is a good time to take the SAT and ACT exams! Sophomores, if you are completing a course you feel you have done well in (for example, AP World History, Chemistry, etc.) and want to take an SAT Subject exam, be sure to register to take the June 7 SAT Subject Exams (the registration deadline is May 6; go to www.collegeboard.com to register). Juniors, if you did not register to take the May 3 SAT Reasoning exam by the April 1 deadline, you may still register late until April 10 (there is a late registration fee). Be sure to register for either the SAT Reasoning or SAT Subject June 7 date by May 6. The next ACT exam is June 14 - the registration deadline is May 9. Go to www.act.org to register.

### **CAMPUS MINISTRY**

#### EASTER PRAYER

from the Living Water Community

God of mercy,

I believe that Jessu is alive and has
become the Lord of life.

From the waters of Baptims you have raised me with him and senewed your gift of life within me.

Increase in my mind and heart the risen life I share with Christ and help me to graw in your windom and store.

Lord Jesus, you appeared to your apostles after the resurrection and filled their hearts with joy when you said to them. "Prace be with you."

May the proce of your presence abide with me and make each day you give me the most beautiful day of my life.

Lord, remember me as in my own way I minister to your people; may my life be body and an example of your love

Lord Jerus, purify my heart with your trust and golde me in the way of holiness, so that I may advays do what is pleasing in your sight.

Amen.

### Words of St. John Baptist de La Salle

The feast of Easter is a day of joy
for the entire Church . . .

It is glorious for Jesus Christ because
by it he overcome death . . .

It is advantageous for us because it is
an assurance of our own resurrection . . .

It was on this happy day that death
was destroyed once and for all . . .

Rejoice with the whole Church over so great
a favor, and thank Jesus Christ Our Lord
very humbly for it.

#### Retreats

There is one Sophomore Retreat opportunity left – April 11 at the Newman Center across from CSUS. Space is still available on this retreat – encourage your son or daughter to sign up in the Campus Ministry office.

There are two Junior Retreats left – April 17 and 29. Space is still available on these retreats – encourage your son or daughter to sign up in the Campus Ministry office.

Attention Junior Parents! Kairos 22 takes place May 27-30 at Christ the King Retreat Center in Citrus Heights. This fourday retreat is for current juniors only – it will be their first opportunity to participate in their senior Kairos retreat program. This is an ideal opportunity for those students who want to make this retreat but are concerned about missing three days of school or have other school activity commitments (e.g. sports, drama, band, choir) that make attending a Kairos retreat during the school year difficult. In addition, the students who attend this retreat will be eligible to lead the other Kairos retreats during the 2008-2009 school year. Please encourage your son or daughter to sign up in the Campus Ministry office.

### Liturgies

All family members and alumni are invited to the St. La Salle Liturgy, which is our last school-wide Mass. This special Mass honors both our founder, St. John Baptist de La Salle, and the Christian Brothers who reside in our community. Bishop Jaime Soto, the new co-adjutor bishop of the Sacramento Diocese, will be the presider. The liturgy will be in the gym on Thursday, May 15, at 9:30 a.m.

The Senior Family Liturgy will take place Sunday, April 27, at 9:30 a.m. in the gym. We look forward to celebrating with Seniors and their family members as their journey through CB draws to a close. The presider will be Fr. John Boll of St. Anthony Parish. The liturgy will be followed by an awards ceremony and a breakfast.

#### Vocation Awareness Week

Vocation Awareness Week will be the week of April 21-25. During this week, we as a community will be examining God's call to each of us in our different vocations. Whether a student, teacher, administrator, parent, guardian, or staff, we find ourselves intertwined in each other's daily life. The one thread of connection is our faith in Christ and his calling for our lives. There will be personal testimonies from the faculty, interviews with the Brothers, and video clips from seniors who have attended vocation retreats earlier this year. Let's examine our call as we look at the call of St. Jean Baptist De La Salle.

### Community Service Forms Due

Attention all seniors who have done community service hours and want to be considered for a Christian Service Award. Your service documentation forms are due Tuesday, April 1. Please turn in all forms to Ms. DeBenedetti-Emanuel's box in the front office or the Christian Service Center.

To document service please follow the steps below:

- † Students who volunteer can document their hours for college applications.
- † Students can pick up a new form in the Christian Service Center or on the CBHS website, Christian Service Program.
- † Students should fill out one form for each agency or placement where they have volunteered.
- † Students need to assess themselves, write a short reflection, and have a supervisor verify their hours.

### Lenten Almsgiving Project

Each year during the liturgical season of Lent CB engages in a school wide Almsgiving project to benefit an organization that serves the poor and vulnerable. This year the Christian Service Corps (CSC) sponsored our Lenten Almsgiving to benefit Pennies for Peace. Stayed tuned for the May issue of the Family Falcon News for results on how much we raised this year.

### Seniors Donate CB Gear

Are you graduating and can't wait to get rid of your CB gear? Well, bring it to Christian Service. We are asking all graduating seniors to donate their unwanted, gently used CB gear (logo wear such as T-shirts and sweatshirts). You can bring your donations by the Christian Service Center. All donations will go to other CB students who are in need.

Summer Opportunities

Vacation Bible School: Presentation, Our Lady of the Assumption, & St. Philomene's parishes are hosting a Vacation Bible School during the week of July 28 – August 1, 2008. They are looking for students to be Crew Leaders. If you are interested please see Ms. DeBenedetti-Emanuel or the bulletin board outside the Christian Service Center.



Empty Bowls Andred to the Ant Department

Mr. Boriskin's Ceramics class and Mr. McIntosh's 3D Art class participated in a project to benefit River City Community Services (RCCS). The project included throwing, decorating, glazing and firing 150 beautiful bowls for RCCS's annual Empty Bowls Luncheon, Empty Bowls is RCCS's way of "fighting hunger one bowl at a time." This event is designed to raise hunger awareness and funds for the fight against hunger in the Sacramento area. People interested in helping the hungry can pay \$25.00 and receive a simple meal of soup, bread and cookies donated by local restaurants. In thanksgiving for their donation each participant is invited to select a bowl donated by local artists. Mr. Boriskin was happy to announce that Christian Brothers donated the most bowls of any other school in the area. Our students raised \$3,750 to benefit the clients of RCCS, without ever leaving their classroom chairs. The students shared in their evaluations of the project that this activity raised their awareness about hunger and made them realize just how many people are hungry in our community.

Two Students taking on the fight against cancer

Junior Cody Lutz & Sophomore Robby Mulligan are sponsoring a team of Christian Brothers' students and their families to join the "Relay for Life" and raise money for cancer research. Come out and join them on Saturday, May 17th at 10:00 a.m. for a 24-hour relay. Last year they had about 12 students and they are looking to increase those numbers. If you are interested, please come by Christian Service and sign up on the bulletin board in the main hallway or catch Cody and Robby on campus.

### Swimmer Needs a Partner

Jurdan Sonzales, who has Dysautonoma, is looking for a swimming pirther. According to the Dysautonomia Youth Network, Dysautonomia is a "modical term often utilized for a group of complex conditions that see caused by a dysfunction of the autonomic nervous system." Swimming is the only exercise Jordan can do. Although he enjoys the sport, he can't do it alone. Do you live in or note the Pocket/Greenheven area? Do you like to swim? Would you be willing to spend some time avviranting with Jordan? You'd be getting exercise, as well as halping Jordan increase his blood pressure and discrease his heart rate, which his body has a hard time regulating on its own. If you are interested in harming up with Jordan, please email Julie Gorsales at lawig@comcast.net, to set up a time that in convenient for both you and Jordan.

### FALCON FAMILY FACES



The Christian Brothers High School Annual Alumni Golf Tournament is a traditional rite of spring.

Monday, June 2nd El Macero Country Club in Davis

Christian Brothers Hummi Association GOLF TOURNAMENT



This is a great opportunity for Alumni and friends to gather together and share a good time while benefiting the alumni efforts to support Christian Brother High School.

For more information or to register visit the school website, or contact Dave Jablansky '82, Director of Alumni Relations and Annual Giving at either 733-3647 or djablonsky@cbhs-sacramento.org



CHRISTIAN BROTHERS HIGH SCHOOL 4315 Martin Luther King Jr. Blvd. Sacramento, CA 95820-2727

PRSRT First-Class U.S. Postage PAID Permit # 1277 Sacramento, CA

### STUDENT ACTIVITIES

### Frosh Enrollment Night:

On Tuesday, April 2, we will welcome our incoming freshman students and their parents at Freshman Enrollment Night in the Ron Limeberger Gymnasium. This evening is time to complete registration materials, visit academic, athletic and club booths, and mingle with faculty, staff, and other freshman families. Be sure to stop by the Student Council table to pick up your "Save the Date" magnet for Freshman Lock-in, which takes place in August 2008. We will have Falcon Force t-shirts for sale and you will be able to register for Lock-in! Freshmen should also stop by the cafeteria during the evening to have their 2008-2009 ID card and yearbook pictures taken.

### **Multicultural Week:**

Another favorite here at CBHS is our Multicultural Week celebration. It will be held from April 15th through the 18th. On Tuesday the German Club, French Club, Jewish Student Union, and Muslim Student Union will showcase their foods, dress, culture, and entertainment. Wednesday will be "MAYA" day, Thursday "BSU" day and Friday "APC" day. Full meals will be \$3.00 each day. Our students will have the opportunity to try new foods, and enjoy the music and dancing of our featured cultures.

### Class Council Campaign:

The 2008-2009 Student Body Class Council applications will be available beginning Tuesday, April 15, and are due Tuesday, April 22. Those elections will be held the last week in April.

### ATTENTION ALL FRESHMEN, SOPHOMORES & JUNIORS:

2008-09 RE-ENROLLMENT PACKETS for returning students were mailed home on March 17. Your registration fees and forms are DUE BACK BY MAY 1, 2008. Upper Division Ball: Friday, April 4, is the date for the much anticipated Upper Division Ball, also known as Prom. With 500 students attending this year, the night should be full of "Glitz, Glamour and All That Jazz." There will be a special school schedule on that day, with early dismissal at 12:20 p.m. Attendance at school is MANDATORY if students plan to attend the dance that night. While the rest of the student body will be enjoying their "mental health half-day," the upper division students will be spending their time getting their hair cut and make-up done. Party goers should be sure to come hungry since prom includes dinner and dessert. That evening they will be dancing to the tunes of "Hightop Posse", our favorite DJI The prom dress code calls for formal wear. Formal means conservative, formal attire.

- Boys are to wear a tuxedo or suit and tie.
- Girls will wear a formal dress. Halter, strapless and spaghetti strap dresses are allowed as long as the dress is modest, in good taste and appropriate for your body type.
- Everyone is to wear dress shoes (absolutely no tennis shoes).
   Students may not go barefoot so bring dance shoes if you don't think you can wear dress shoes all evening.

The UD Ball is the highlight of the year as our young people practice their prometiquette. As always we ask our young ladies to not wear anything too short, shear, plunging (front or back), or with a midriff showing. We want everyone to have fun, but to stay conservative.

### CBHS CLASS OF 2008 NEEDS YOU

IF YOU ARE A PARENT OF A SENIOR: PLEASE REGISTER YOUR SENIOR NOW FOR GRAD NIGHT!

Applications are on the C8 web site and will be available in the caleteris during the Spaghetti feed (4/11/08). Scholarships are available.

#### We want 100% participation!

It is important to register early so the planning committees have funds to work with!

#### IF YOU ARE A PARENT OF A JUNIOR:

Please sign up to volunteer for a committee at Grad Night on May 23rd at Country Club Lanes. Auniar parents helping out at Grad Night frees up the senior parents to enjoy graduation. Remember your senior's grad night will be here soon enough! Cantact: Sandra Puliz at 391-0402, sbpull/tillcomcast.net

#### IF YOU ARE A PARENT OF A FRESHMAN/SOPHOMORE:

Please help out with raising donations for the senior's "Goodie Bags." We are looking for \$5.00 gift certificates, disposable cameras, alarm clocks... and raffle prizes. Contact Judy Rubenssein at 852-4714, jrubenst@ffic.com for more ideas.

#### For more information please contact:

Karen Perone (kperone@cbhs-sacramento.org) or Jake Hunley (thunley@cbhs-sacramento.org)

All volunteers are welcome!

PLEASE HELP US MAKE THIS A FANTASTIC "REACHING FOR THE STARS TOGETHER" NIGHT FOR THE SENIORS OF 2008

### **Academic Excellence:**

It is time again to recognize the academic excellence our athletes have demonstrated while being committed to countless hours of practice and competitions this spring. The following teams achieved a 3.0 or better team grade point average at the posting of third quarter grades in March:

Freshman Baseball – 3.41 JV Baseball – 3.22 Varsity Baseball – 3.27 Diving – 3.72 M – Varsity Golf – 3.65 M – JV Golf – 3.49

W - Lacrosse - 3.66

M - Varsity Rugby - 3.12 W - Varsity Soccer - 3.36 W - JV Soccer - 3.35 Varsity Softball - 3.09 Swimming - 3.18 M - Tennis - 3.58 Track and Field - 3.3

As well, the following athletes have earned the title of scholarathletes by achieving a 3.5 grade point average or better the third quarter:

Freshman Baseball: Reeve Axelgard, Joseph Hill, Christopher Iliff, Con nor Lee, Robert Link, Taylor Schnepp, Christopher Venegas; JV Baseball: Paul Drozd, Travis Hart, Christopher Kunz; Varsity Baseball: Kevin Deidrick, Aleksander Fornalski, Evan Hirano, Ryan Metzen, Justin Demianew, Michael Laino, James Pope Jr., Kyle Venegas; Diving: Blair Pierroz; M - Varsity Golf: Joseph Cohen, Conner Penfold, Nick Stathos, Matthew Aronson, Scott Hackney, Grant Rappleye; M - JV Golf: Alexander Contreras, Dylan Fuller, Michael Signorotti, Robbie Templeton, Andrew Florita, Cameron Goodman, Jarrett Link; W - Lacrosse: Emily Bonsignore, Megan Carmazzi, Marina Hernandez, Melissa Huang, Mary Mooney, Morgan Murphy, Kelsey McNamara, Emily Clemons, Hannah Coyner, Giovanna Di Martino, Silvia Guiden, Kate Jelicich, Elsie Michaels, Mina Mohaddess, Maria Ortoleva, Nicole Evashenk, Allison Moser; M - JV Rugby: Alejandro Cuomo, Sean Dunston, Sam Frangola, Martin Hall, Nels Rasmussen, Graham Ryden; M-Varsity Rugby: Kevin Amegin, Daniel Hansen, Paul Hillenbrand II, Joel Johnston, JoshWalters, Daniel Bird, Michael Block, Kelly Harris, Jason Huestis, Miguel Reyes; W - JV Soccer: Britney Belme, Julia Hidalgo, Sarah Long, Rachel Massello, Samantha Schumann, Whitney Swain, Megan Walters, Rachael Wilson; W - Varsity Soccer: Ashlee Difuntorum, Abigail Williams, Rachel Cheney, Alexandria Schrick, Elise Delgado, Eleni Lewis, Britta Swanson, Kara Bacchi, Taylor Chamberlain, Erica Havey, Dara Karnofsky; Varsity Softball: Macey Palermo, Sarah Woolston, Natalie Reyes, Katina Feil; Swimming: Michael Gonzales, Hannah O'Hearn, Kristie Paul, James Rodota, Dominique Bennett, Devyn Cotter, James Dewey, Nicole Gugeler, Diana Jacinto, Grady Pierroz, Joe LaBriola, Joe Lipper, Trevor Meek, Katherine Rodota, David Tracy; M - Tennis: Michael Cohen, Nathan Connor, Michael Laflosa, Nicholas Leathers, Vincent O'Brien, Colin Rooney, Christopher Sylva, Anton Babich, Robbie Scherer, Track and Field: Megan Engstrom, Emily Giorgi, Ade Jackson, James Papilla, Robbie Templeton, Kelsey Wong, Dawn Fleming, Connor Gardner, Matthew Havey, Evan Lian, Ian McCormack, Steven Pham, Rebeca Reyes, Viviana Becerra, Taylor Chang, Greg Hufford, Ruben Montoya, Steven Voss, Elliot Wenzel, Siena Encinas, Reynaldo Enriquez, Nicole Evashenk, Johathan Gayton, Katle Holst, Dara Karnofsky, Megan King, Milawal Mahmood, Ian Markham, Kelly McEnerney, Chris McKinnon, Larry Morla, Alaisha Robinson, Kayla Thompson, Brittany Woodard; M - JV Volleyball: Nathan Goncalves; M - Varsity Volleyball: Daniel Calvillo, Eric Liddle, Bryan Perrin.

### WOMEN'S BASKETBALL SECTION CHAMPIONS DIVISION 4:

Congratulations to the Women's Basketball team who captured the Division 4 Section Championship for the first time ever. The Lady Falcons defeated Modesto Christian in a great game at Arco Arena. Even though we had a first round home game in Nor Cal championship playoffs, the team fell to the eventual state championship St. Patrick/St. Vincent Bruins. Also congratulations to freshman Amara Wainwright and junior Megan Padilla who were selected to the first team for the Sierra Valley Conference. Brittany Woodard was not only selected as the MVP of the Sierra Valley Conference, but also the MVP of the 'All City' team.

Our Men's Basketball team went further than anticipated as the number 12 seed in section playoffs, defeating the number 5 seed Bear River and number 4 seed San Juan before falling to the number 1 seed Colfax in the semifinals. Congratulations to senior Jason Henderson and Junior Sterling Arterbury for being selected to the first team for the Sierra Valley Conference.

Wrestling: Equally impressive were our wrestlers this season. We had three wrestlers qualify for the Masters tournament: Jameson Cordeiro, Jason Howard and Ryan Lutz. It has been over 10 years since we sent three wrestlers advance that far in postseason competition. In addition Dylan Orr just missed qualifying for the Masters tournament, but in a Frosh/Soph tournament hosted by USA Wrestling, Dylan placed 8th out of 62 wrestlers in his weight class.

SPRING SPORTS Our spring sports are off and running and beginning league action. Some notable accomplishments to date:

 Our Varsity Rugby team is currently undefeated with an impressive 11 - 0 record. They stayed undefeated with a dramatic victory over the Islanders by scoring a try on the last play of the game.

Our Varsity Men's Golf team is living up to expectations with a 7 – 0 record, and scoring impressive victories in the St. Mary's Kickoff Classic and being three-peat champions of the Wolfpack Invitational in Red Bluff. The Falcons continued their win streak over Jesuit with a spectacular sudden death victory against the Marauders on March 3.

### VISUAL AND PERFORMING ARTS



### 16TH ANNUAL LA SALLE ART EXHIBIT

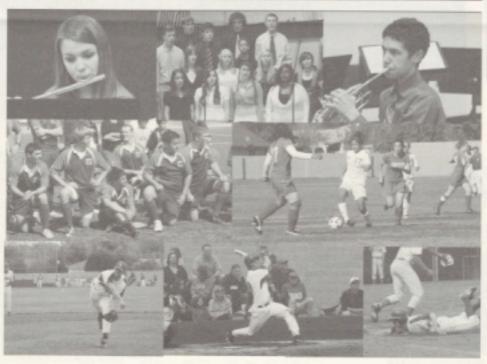
Come and celebrate with Christian Brothers High School the sixteenth year of the La Salle Art Exhibit. Over 60 works of art by the students of Christian Brothers, including paintings, drawings, ceramics, photography and much more, will be on display on Thursday, April 24 from 7:00 - 8:30 p.m. in the SMAT building Faculty Lounge. Best of Show winner will take home \$250. Hors d'oeuvres, beverages and music will be provided at the reception.

There will also be a display of artwork by the faculty and staff of Christian Brothers. Exhibiting for the art faculty will be Kevin McGovern, Findlay McIntosh and Rob Boriskin, along with other members of the faculty and staff

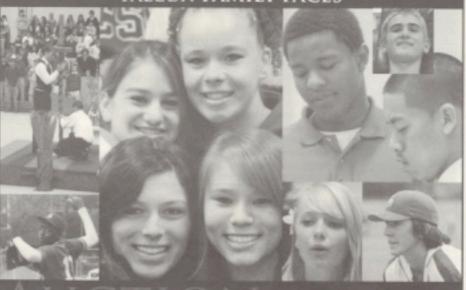
Christian Brothers High School

DATES AND TIMES: Thursday, April 17th at 7.00 pm Friday, April 18th at 7:00 pm Saturday, April 19th at 7:00 pm Sunday, April 20th at 2:00 pm

LOCATION: Ohristian Brothers High School gymnasium PRICE: \$10.00 for adults, \$5.00 for students and seniors (tickets available for advance purchase in the CB Main Office)



### FALCON FAMILY FACES



ON BEHALF OF THE ENTIRE CHRISTIAN BROTHERS HIGH SCHOOL COMMUNITY. THANK YOU TO OUR TIRELESS VOLUNTIERS, SPONSORS AND ADVERTISERS, ATTENDEES, DONORS OF AUCTION ITEMS, BIDDERS AND "WINNING" BIDDERS OF AUCTION ITEMS, FUND-AN-ITEM DONORS, AND RAFFLE TICKET PURCHASIRS. AND A VERY SPECIAL THANK YOU TO OUR INCREDIBLE AUCTION CO-CHAIRS, SALLY SYLVA AND ELIZABETH BELME. IT WAS A TRULY SPECIAL EVENING DUE TO YOUR OUTSTANDING LEADERSHIP



CHRISTIAN BROTHERS HIGH SCHOOL 4315 Martin Luther King Jr. Blvd. Sacramento, CA 95820-2727

PRSRT First-Class U.S. Postage PAID Permit # 1277 Sacramento, CA

# FALCON FAMILY NEWS PRINCIPAL SHARING: "BRINGING OUTTHE BEST"

There's a great scene from the film Chariots of Fire, when Eric Liddell is asked why he so passionately desires to run. With a warm smile this future Olympian whispers that,



"When I run fast, I feel God's pleasure."

All of us are called to run at break neck speed, using the talents God has entrusted to us. To do so, is one of life's gold-medal victories.

Competitive athletics is one such race that brings out the best in our students at Christian

Brothers. Today, over 600 student-athletes participate in one or more of our 54 teams.

CB's athletic programs provide our young men and women with life-lessons in character and fitness. In the athletic arena they learn fair play and good sportsmanship, personal discipline and teamwork, loyalty to obligations and respect for authority, while building a positive self-image and a high regard for the value and dignity of others.

And our Falcons win. Make no mistake about it, as St. Paul put it, they "run to win." Not victory at all costs – but, victory with INTEGRITY • HONOR • EXCELLENCE.

Over the years, CB athletic programs have established themselves among the area's most competitive. Along with capturing multiple championships in the Sierra Valley Conference, we've won a number of Sac-Joaquin Section titles. Again this year we've cheered many triumphs. Our women's volleyball program once again started the year off in championship style. Our frosh and JV teams were undefeated league champions. Our varsity team captured its third consecutive Division IV section title and made it to the NorCal championship title game for the second year.

Both our men's and women's cross country teams qualified and competed in the state meet for the second year. Our JV football program was undefeated league champions.

On the basketball court, the Lady Falcons captured our first ever Division IV section championship. Down the fairway, our gentlemen's golf team is three peat league champions and is looking again to the state playoffs.

Rugby, in just its fourth year of existence, were champions of the Sacramento Valley Rugby Conference and are now in the Northern California and Pacific Coast playoffs. (Please see all Springtime Highlights on Page #6)

As in their scholarship and friendships, artistic performances and community service to those most in need, CB students experience God's goodness by fully exercising their athletic talents. And with that, God smiles.

Live Jesus in our hearts, forever!

Raymond Burnell, Principal

May 1	Classes begin 9:00 a.m. Instrumental Concert 7:00 p.m.	May 10	SAT Prep Class 9:30 a.m12:30 p.m. Oak Park Clean-up 9:30 a.m noon	May 23	Baccalaureate Liturgy 9:30 a.m. Graduation Ceremony 7:00 p.m.
May 2	Class Council Elections	May 12-16	De La Salle Week		Grad Night
May 3	SAT @ CB		Oak Ridge Clothing Drive	May 27-30	Kairos 22
	SAT Prep Class 9:30 a.m12:30 p.m.	May 12-13	Picture Days		Guidance Dept, News
	"Extreme School Makeover" @ Holy Cross School	May 14-15	Review Days		
May 5-15	AP Exams	May 14	Spirit Day	Have	
May 5	Booster Club Mtg. 6:00 p.m.	May 15	St. La Salle Liturgy 9:30 a.m.		Student Activities
May 6	Lasallian Parent Club Mtg. 6:30 p.m.	May 15	Founder's Day	grea	
	Spring Sports BBQ 3:00 p.m.		Special Schedule/early dismissal	Summ	2 1
May 7	Alumni Mtg. 7:00 p.m.		Hellywood Bewl Concert 7:30 p.m.		Visual & Performing Art
May 9	Open Mic Night 7:00 p.m.	May 19-22	Semester Exams/Special Schedule		Award Recipient
		May 20	Grad Night Mtg. 6:30 p.m.		Falcon Family Face

### GUIDANCE DEPARTMENT NEWS

**Gear up for Summer!** 

The counselors would like to remind students and parents that summertime is a good time to continue college planning and academic preparation. Parents: studies have shown that students who suffer from the dreaded "B" word (boredom) in the summer are more likely to engage in at risk behavior with drugs, alcohol, early sexual activity, and "partying" than those students who are involved in structured, productive activities. Busy, involved students who are working on academic pursuits, a summer job, or enrichment activities are better prepared for the rest of high school and for college. In addition to the many outside summer program opportunities available as well as CB's own Summer School Program (check out the CB website Guidance Section under "Summer Programs" for outside programs or click on "Summer School 2008" on our CB Homepage for our summer programs), there are several other things that students should be doing this summer.

### FINAL EXAM STUDY DAY

The Communion and Liberation Club will again be hosting the semi annual Final Exam Study Day. The Final Exam Study Day will take place on Saturday, May 17th. Many teachers, as well as students from all grades, will be present in the library at 9:00 a.m. to do group studying, individual studying, or work with a teacher. At 12:00 noon a free pasta lunch will be served in the cafeteria by the Communion and Liberation Club. The day will conclude at 1:00 p.m. Students are asked to sign up for the Final Exam Study Day in room 207 by May 15th. For more information, please contact Dr. Peterson, Ms. Bennett, or Mr. Fresques.

### SPRING SEMESTER EXAMINATION SCHEDULE

MONDAY, May 19

B SET 9:00 a.m. - 10:35 a.m. BREAK 10:35 a.m. - 10:50 a.m. C SET 10:55 a.m. - 12:25 p.m.

TUESDAY, May 20

D SET 9:00 a.m. - 10:35 a.m. BREAK 10:35 a.m. - 10:50 a.m. E SET 10:55 a.m. - 12:25 p.m.

#### WEDNESDAY, May 21

F SET 9:00 a.m. - 10:35 a.m. BREAK 10:35 a.m. - 10:50 a.m. G SET 10:55 a.m. - 12:25 p.m.

THURSDAY, May 22 A SET 9:00 a.m. - 10:35 a.m. All underclassmen, remember to spend time this summer completing your summer reading assignments!!!

**Sophomores,** consider taking the SAT Subject Exam on June 7 in a subject area you just completed (for example, AP World History or Chemistry)

#### Juniors: MAY ...

- Take SAT or SAT Subject Exams May 3. Students who did not register in time can come to CB on May 3 as stand-by registrants (there is a late fee see Ms. Kambas for details).
- Register for the June 14 ACT Exam by May 9. Go to www.act.org to register
- If enrolled in AP classes, take Advanced Placement Exams
- · Plan for a challenging senior year
- Start checking out financial aid and scholarship resources.
   Try www.fastweb.com or www.finaid.com
- · Study hard for your finals.

#### JUNE ...

- Take the SAT or SAT Subject Exams June 7 (the requirement for UC is any two Subject Exams of your choice as long as they are not in the same curriculum area). It is a good idea to take an SAT subject area test in a curriculum area you've just completed, for example, US History or Chemistry
- . Take the ACT June 14

#### SUMMER ...

- Complete summer "homework" for college admission (distributed by Mrs. Hesser to all juniors in May – this is due the first day of school in Augusti)
- · Send for college applications or check out www.commonapp.org
- · Study for SAT/ACT
- · Begin drafting college essay
- Do something extraordinary! Try a summer program on a college campus, work at a summer job, or travel.

#### Seniors: MAY ...

- · Congratulate yourself (but stay focused on finals!) You did it!
- Tell Mrs. Hesser by May 2 where you have decided to enrall
- · Advanced Placement Exams for AP students
- Fill out housing forms and pay careful attention to deadlines concerning housing deposits, etc.
- Write "Thanks but no thanks" letters to colleges you will not attend
- Take the Analytical Writing Requirement (previously known as the Subject A Requirement) test for UC bound students or the ELM & EPT for CSU-bound students
- Enjoy your graduation and begin your college journey!

#### JUNE ...

- Make sure you have responded to all requests from your college
- Have the CB Registrar send your final transcript to college no later than JULY 15— and don't forget to thank your teachers, counselor, the registrar, etc. for all of their help over the past four years!

### CAMPUS MINISTRY

### A simple prayer for Pentecost

(May II)

"Loving and gracious God, today the fire of your Holy Spirit enkindles the face of the Earth. May the warmth of Christ's presence among us give us the strength to speak your wisdom and the power to accomplish your will. We ask this through Christ, our strength and counsel. Amen."

from Prayers for Dawn and Dusk by Edward F. Gabriele

May your family be filled with the love and grace of God, and may the Holy Spirit touch you and all those whom you hold dear.

### Words of St. John Baptist de La Salle

You carry out a work that requires you to touch hearts, but this you cannot do except by the Spirit of God.

Pray to him to give you today the same grace he gave the holy apostles, and ask him that, after filling you with his Holy Spirit to sanetify yourselves, he also communicate himself to you in order to procure the salvation of others.

Med. 43.3 (cf. John 14:23-31; Pentecost)

### Liturgies

Our St. La Salle Liturgy in honor of our founder, St. John Baptist de La Salle, will be Thursday, May 15, at 9:30 a.m. in the gym. PARENTS ARE ALWAYS WELCOME AT OUR SCHOOL LITURGIES. Please join us for this special piece of our De La Salle Week celebration. Joining us as our presider for this liturgy will be the new Co-Adjutor Bishop of Sacramento, Bishop Jaime Soto. This will be Bishop Soto's first visit to Christian Brothers!

The **Baccalaureate Liturgy** for the graduating Class of 2008 will be **Friday**, **May 23 at 9:00 a.m.** at the Cathedral of the Blessed Sacrament. Bishop Jaime Soto will be the presider.

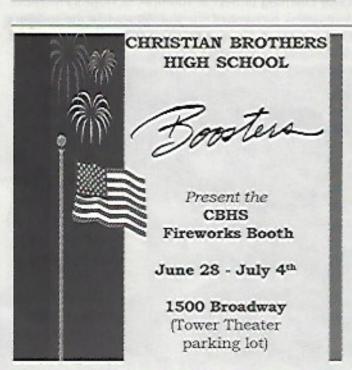
All current Juniors who are practicing Catholics and would be interested in being a Eucharistic Minister at our liturgies next school year can sign up now for this ministry in the Campus Ministry office. The training session will occur in August when school resumes.

### Retreats

The Campus Ministry team expresses its gratitude for being able to "pray and play" with your sons and daughters through the retreat program this year

Many thanks to the Senior Retreat Leadership Team for their faith and leadership skills as they led 13 Frosh, Sophomore, and Junior retreats this year. The application and interview process for next year's team is underway. All current Juniors who are interested in being a Senior Retreat Leadership Team member next year should see Mrs. Nelson in Campus Ministry.

The next **Kairos** retreat is May 27-30 at Christ the King Retreat Center and is for **current Juniors only**. See Mrs. Nelson in Campus Ministry for more information.



### THANK YOU!!

To the families, faculty and staff that supported the CB Scrip program with their everyday shopping! To date, these are the total funds that have been donated from the following companies:



Nugget Market: \$621.49 Raley's/Bel Air \$4,749.50 SchoolPOP: 106.59 Target \$1,128.90

Other Income: \$608.00



It's not too late to sign up and support CBHS over the summer. See Donna Adam in the Main Office for more information.

### CHRISTIAN SERVICE

### Community Service Documentation Forms Due

To document service please follow the steps below:

- † Students who volunteer can document their hours for college applications.
- † Students can pick up a new form in the Christian Service Center or on the CBHS website, Christian Service Program.
- Students should fill out one form for each agency or placement where they have volunteered.
- Students need to assess themselves, write a short reflection, and have a supervisor verify their hours.

### **Lenten Almsgiving Project**

Christian Service Corps (CSC) sponsored our Lenten Almsgiving to benefit Pennies for Peace and we raised \$350 to help students in "Pakistan and Afghanistan buy pencils and open the door to literacy."

### Seniors Donate CB Gear

Are you graduating and can't wait to get rid of your CB gear? Well, bring it to Christian Service. We are asking all graduating seniors to donate their unwanted, gently used CB gear. You can bring your donations by the Christian Service Center. All donations will go to other CB students who are in need.

### "Extreme Makeover"

Freshmen & sophomores from the five Catholic schools in Sacramento are coming together to engage in an "Extreme Makeover" project at Holy Cross Elementary School in West Sacramento. The project will take place on Saturday, May 3rd from 9:00 a.m. to 3:00 p.m. This is the first joint service project of all five Catholic schools.

Mrs. Holmes' Leadership class and the freshman and sophomore class councils helped raise \$600 to go towards supplies for our makeover project. The students sold wristbands at lunch for \$2.00. Each person who bought a wristband was able to wear jeans on Friday, April 25. A big thank you to all the students who were involved in helping us raise money for this worthy project.

### CHITES AND CONTROL COLLABORATION CONTROL CONTR

On Sunday, April 27, 2008, the seniors named below received Christian Service Awards. The following students received a Christian Service Award for doing more than 100 hours of service:

Adrian Speed, Alisa Mosman, Bryan Perrin, Caitlin Ferguson, Christy Lee, Claire Peletta, Erin Perry, Gabe Franzoia, Ian Markham, Jennifer Ulibas-Pascual, Kate Collins, Kayla Thompson, Kelly McEnerney, Matthew Aronson, Nina Kisoki, Reid Konkel, Robbie Scherer, Samantha Calkins, Shane Torpey, Sophia Crawford, and Scott Lewis.

The following students received a Christian Service Award with Distinction for completing more than 250 hours of service:

Bilawal Mahmood, Claire Jennings-Bledsoe, David Tracy, Eric Liddle, Katherine Holst, Laurel Schmidt, Mark Rossow, Megan King, Samantha Anderson, and Trevor Rappleye.

Two Students taking on the fight against cancer

Junior Ryan Lutz & Sophomore Robby Mulligan are sponsoring a team of Christian Brother's students and their families to join the "Relay for Life" and raise money for cancer research. Come out and join them on Saturday, May 17th at 10:00am for a 24 hour relay. Last year they had about 12 students and they are looking to increase those numbers. If you are interested, please come by Christian Service and sign up on the bulletin board in the main hallway or catch Ryan and Robby on campus.

### Summer Opportunities - Vacation Bible School

Presentation, Our Lady of the Assumption, & St. Philomene's parishes are hosting a Vacation Bible during the week of July 28 – August 1, 2008. They are looking for students to be Crew Leaders. If you are interested please see Ms. DeBenedetti-Emanuel or the bulletin board outside the Christian Service Center.

### Christian Service-Learning

Art Department – Mr. McIntosh's Advanced Drawing class did a Christian Service-Learning project at Triumph, St. Hope's Preschool. The art students drew pictures of the toddlers, while the toddlers sat very still, "like statues." The toddlers got to keep the picture of themselves, which they were thrilled to have.



### STUDENT ACTIVITIES

### Class Council Elections

The week of April 28 through May 2 is Class Council campaign week. We have a strong roster of student leaders ready to represent their classes on Student Council. Posters will go up on Monday with speeches on Thursday and the election on Friday.

Founder's Week begins May 12th and ends on the traditional "fun day" Friday, May 16. Friday will begin with homeroom when the students receive their yearbooks. For the remainder of the morning, students will enjoy activities offered around campus. The annual car show put on by the Car Club will be displayed on the Mary Lawn. The Main Lawn will have jousting, an obstacle course and a dunk tank. There will be plenty of room for students to sit and sign yearbooks, or enjoy icees and cotton candy. Dodge ball and basketball games will take place in the gym. Frisbee golf will be played on the football field. As well, the Open Mic crew will put on a senior-featured Open Mic show during the entire event. It's always a poignant day for our seniors as they celebrate for the last time as members of the school-wide community before they embark on the adventures in the next phase of their lives.

### A special Spirit Day will take place on May 14th to honor the seniors of CB.

Each student will be asked to wear purple in support of the graduating class. Congratulations seniors, you're almost there! Multicultural Week took place during the week of April 1518. Each day a different cultural club sponsored food and activities for the student body. The week gave Christian Brothers' students a look into the lifestyles of cultures from around the world. The week began with the German, French, Muslim, and Hebrew Student Union clubs. We enjoyed a variety of foods and the ever popular German Band. Wednesday was MAYA Club day. This was a day to celebrate the history of Hispanic culture with delicious Mexican food and dancing brought to us by Aztec Dancers. Thursday was sponsored by the Black Student Union, and included a variety of music, with a guest appearance by '99 CB alumni Monroe Howard (now know as Aaron Devon) and a poem read by seniors Kayla Thompson, Asa Jackson, and Monica Hudnall. To finish the week, Asian Pacific Club entertained us with their students dancing. Their show this year included their own hip-hop dancing to go along with the traditional dancing that the students had developed themselves.

**Student Council:** As the year winds down we are already beginning to look forward to the next with Student Council elections. The first election process was for the Associated Student Body officers. These strong student leaders will oversee the class councils as they all work together to plan Lock-In, dances, rallies, Homecoming, Spirit Days, and other student activities during the year.

### Congratulations to the ASB officers for 2008 – 2009

PRESIDENT

Becca Mosbarger

VICE-PRESIDENT

Katie Amegin

SECRETARY

Katie Jelicich

TREASURER:

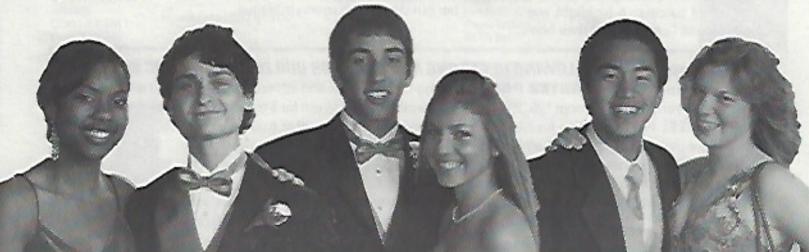
Raeann Cooper

RALLY CHAIRS:

Donald McFadden

Mina Mohaddess





**Highlights:** Expectations were high for continuing excellence in our spring sport programs. They have not disappointed, and with a couple of weeks left in season for most sports, here are the highlights:

**Baseball:** The Varsity squad is 5 – 5 in league and vying for the third spot for section playoffs. Our Frosh and JV teams are also having solid seasons.

Men's Golf: Our very own Grant and Cameron Rappleye signed letters of intent to compete and study next year at California State University, Sacramento. They have followed up with great golf, helping our Men's team to an undefeated league record to date. Our golfers are looking to go all the way to the state tournament and look ready to make their run.

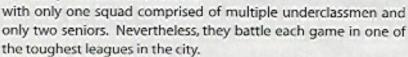
**Men's Rugby:** In only our fourth season, the Men's rugby team has become a force in the club scene. Our Varsity squad became co-champions in league play and is looking strong as they begin their playoff run.

**Men's Tennis**: Our young Tennis team finished 500 going into the league championships. With only three graduating members, the team looks to a strong future.

**Men's Volleyball:** The Volleyball team is working hard and improving each match. With the JV squad made up of all freshman and one sophomore they look to contend in future years.

**Women's Lacrosse**: With one of the largest squads in history, the young Falcon team is improving and setting the stage for future success. A highlight was a huge win against Granite Bay at their home. **Women's Soccer:** As it has in recent years, the league championship will come down to the final game of the season against Ponderosa. Our Varsity squad, currently 7 – 1 in league play, is gearing up for a section title run. The JV are impressive with a 7 – 4 league record.

**Softball:** The team has had an uphill battle this season,



**Swimming:** Our swimmers are competing strongly in the league championships. Of our 32 swimmers in the championship competition, at least 25 will advance into the finals. What they lack in numbers they certainly make up for in talent.

**Diving:** The Dive team continues to help with league points with Blair Pierroz and Robin Davis. Robin placed first in the Frosh/Soph diving competition in the Catholic Schools Invitational.

**Track and Field:** Our men's Track squad has been very strong all season, losing only to Galt. Coach Nguyen is confident our team will come back and defeat the Warriors at the league meet. Our 4x4 team of Larry Morla, Asa Jackson, George Cook-Cantu and Reid Konkel hold school records in the 4 x 400 and the 4 x 800, and Adrian Speed broke the school record in triple jump with a 46' leap. All are looking toward the goal of competing in the state championships. Our JV team continues to impress with great young talent and our female competitors are small in number but competing strong in league.





### PLEASE NOTE THE FOLLOWING UPCOMING MEETINGS FOR OUR 2008-09 ATHLETIC SEASONS:

MEN'S AND WOMEN'S WATER POLO: Meeting for all parents and athletes for the 2008-09 season will be held May 14 at 6:00 p.m. in room 106. If your child is considering going out for a team this meeting is mandatory.

FOOTBALL: Parent meeting for all levels will be held Tuesday, May 20 at 6:00 p.m. in the cafeteria. It is very important that all parents attend; athletes are welcome.

CHEERLEADING: A clinic is scheduled from April 29 – May 1, 4:00 to 6:00 p.m. and tryouts will be held May 2 at 4:00 p.m. in the gym. There will be a mandatory meeting April 30 at 6:00 p.m. in the cafeteria.

Multiple camps and summer programs will take place this summer. For more information, please contact the head coach directly.

### VISUAL AND PERFORMING ARTS



One would think that now that it is May, things would be coming to a close in the world of Visual and Performing Arts here at Christian Brothers High School. It is true that we just completed an enormously successful production of "The Wiz", It is also true that our student artists presented one of the finest La Salle Art Shows in history. Our Instrumental program just performed its final concert of the year. And, our vocal jazz group "CB City Rhythm" recently competed in the Reno Jazz Festival, one of the largest jazz festivals in the United States.

Yet we are just beginning! We still have numerous opportunities for you to enjoy our talented students. On May 2nd, our Senjor Video Production Class will be showing their competing films at the Crest Theater in Downtown Sac-

ramento. On May 9th, our final Open Mic night of the year features the talented artisans of Christian Brothers High School, This Open Mic is particularly special because it honors the senior class. On May 16th the 6th annual Choir Hollywood Bowl Concert takes place on the Mary Lawn. The very next day on May 17th, our very own Honors Chorale will be one of two high school choirs invited to sing in the CSU Sacramento final concert of the year. From June 3-June 6, forty-two choir students will be travelling to Orlando, Florida to perform at Universal Studios. And lastly, if you know any current 5th - 8th graders who like to sing, or play an instrument, our Summer Choral Camp and our Summer Band/Orchestra Camp take place from June 16-June 26.

For times, prices and details on any of the above events, please contact Director of Visual and Performing Arts, Ron Slabbinck at (916) 733-3617 or rslabbinck@cbhs-sacramento.org.

#### 2007-08 AWARD RECIPIENTS

Congratulations to the following students who received our top Departmental Awards at the Awards Convocation on Monday, April 28th.

ENGLISH CLASS OF 2011 Miranda Friot Scott Valino CLASS OF 2010 Cameron Goodman Megan Walters CLASS OF 2009 **Emily Clemons** 

ART AWARD CLASS OF 2011 Jacki Keen Sana Mahmood CLASS OF 2010 Eden Redmond CLASS OF 2009 **Drew Meyer** 

INSTRUMENTAL AWARD CLASS OF 2011 **David McClain** CLASS OF 2010 Kevin Hack CLASS OF 2009 **Taylor Chang** 



CHORAL AWARD CLASS OF 2011 Miguel Francisco Hannah Wilson CLASS OF 2010 **Christopher Capron** Amanda Hahn Gabriela Luera CLASS OF 2009 Morgan Dahl Spencer Tierney

DRAMA STAGECRAFT AWARD CLASS OF 2011 Miranda Friel CLASS OF 2010 Nicholas Lunetta CLASS OF 2009 Robert Meyer

DRAMA BEST ACTOR AWARD CLASS OF 2011 Veronica Gray CLASS OF 2010 Amanda Hahn CLASS OF 2009 Rebecca Wolfing

LASALLIAN TELEVISION TECHNICAL AWARD CLASS OF 2010 Andrew Monarque CLASS OF 2009 **Clifford Huang** 

LASALLIAN TELEVISION NEWSCASTER AWARD CLASS OF 2010 Alexander Bayani CLASS OF 2009 **Emily Clemons** 

FRENCH AWARD CLASS OF 2011 Sarah Long CLASS OF 2010 **Dulma Altan** CLASS OF 2009 Amy Egerter

GERMAN AWARD CLASS OF 2011 Sana Mahmood CLASS OF 2010 Cameron Goodman CLASS OF 2009 Alexander Fornalski

SPANISH AWARD CLASS OF 2011 Miranda Friel CLASS OF 2010 Alexander Bayani Rebecca Reyes CLASS OF 2009 **Eleni Lewis** Vincent O'Brien

MATHEMATICS CLASS OF 2011 Marina Hernandez Scott Hollingsworth CLASS OF 2010 Leslie Lai CLASS OF 2009 **Clifford Huang** Claire Taylor

MATHLETES CLASS OF 2011 Zaehary Anderson CLASS OF 2010 Raeann Cooper Steven Pham CLASS OF 2009 Hannah Coyner **Andrew Thomas** 

PHYSICAL EDUCATION CLASS OF 2011 **Brittany Belme** Joseph Hill CLASS OF 2010 Michael Lahey Natasha Wright CLASS OF 2009 Kaitlyn Amegin Nico Molina

RELIGION CLASS OF 2011 Misa Mulhern Katherine Sylva CLASS OF 2010 Megan Walters Alexia Yue CLASS OF 2009 James Borup **Emily Clemons** 

LIFE SCIENCE PHYSICAL SCIENCE CLASS OF 2011 Ade Jackson Anne Conway Michael Conzoles CLASS OF 2010 Tyler Leishman Travis Hart CLASS OF 2009

Kevin Amegin Claire Taylor

SOCIAL STUDIES CLASS OF 2011 Melissa Huang Katherine Sylva CLASS OF 2010 Alexander Bayani Kelsey McNamara CLASS OF 2009 Claire Taylor

SCHOLAR-ATHLETE **CLASS OF 2011** Ashlee Difuntorum **Robert Templeton** CLASS OF 2010 Cameron Goodman Megan Walters CLASS OF 2009 Jason Howard Geanna Flavetta

### Highest Academic Awards

SIGNUM FIDEL AWARD Class of 2011 Abigail Williams Class of 2010 Alexander Bayani Class of 2009 Spencer Tierney

ACADEMIC EXCELLENCE Class of 2011 Melissa Huang Class of 2010 Cameron Goodman Class of 2009

Hannah Coyner





