



Falcon Family News

Christian Brothers High School Monthly Newsletter

October, 2002

Dear Parents:

You would have been very proud of your sons and daughters at our September 11th Prayer Service. It was a wonderfully moving, religious experience carefully prepared by the students of the Liturgy, Mass, and Prayer class who chose the readings, prayers, symbols, and music for our celebration. You could have heard a pin drop as nearly 1,200 students, faculty, staff, and guests left the gymnasium one by one. They were each given a single carnation to place before the cross on the Main Lawn while Barber's *Adagio for Strings* played hauntingly in the background. The assembly was told that each carnation represented three people who lost their lives on September 11, 2001.

It was my request that we frame our day and our service with scripture, prayer, and symbol, rather the patriotic themes which characterized so many of our national and media celebrations that day. I wanted our students to remember and pray for the ordinary people who were going about their ordinary lives that fateful day, and the extraordinary people who never tired of trying to save them. Ours was a celebration about ordinary life and real heroism. Our shared silence was nearly an hour in length while we prayed, remembered, and listened.

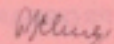
The first reading at our Holy Spirit Liturgy this year was from the First Book of Kings (19:11-12)

Then the Lord said, "Go outside and stand on the mountain before the Lord. the Lord will be passing by." A strong and heavy wind was rending the mountains and crushing rocks before the Lord—but the Lord was not in the wind. After the wind there was an earthquake—but the Lord was not in the earthquake. After the earthquake there was fire—but the Lord was not in the fire. After the fire there was a tiny whispering sound. When he heard this, Elijah hid his face in his cloak and went and stood at the entrance of the cave.

I am convinced that our students found what Elijah himself found at the entrance to the cave: God's holy presence. We recall that presence many times each day as we begin every class, every meeting, and just about everything else we do here with the words: "Let us remember that we are in the holy presence of God."

Last month I wrote about how different their world is from the world I saw at their age. But as I reflect on the generations within my own family who have taught me what is important in life I see that my grandparents had the Depression, my parents had the Holocaust, you and I will forget neither "the day Kennedy was shot" nor the Vietnam Wars, and these kids tell their children and grandchildren about 9/11. Maybe their world is not so different.

Sincerely,


Rudolf Schulze
Principal

PSO - SPIRIT SWEEPSTAKES

*Only 500 Tickets will be sold
at \$250.00 each!*

A \$250.00 ticket entitles you to be eligible for the six monthly cash drawings, a Hawaiian trip, a \$2,500 cash prize, and the \$20,000 cash drawing. The \$20,000 will be given away at the annual Crab Feed and Auction on November 2, 2002 and the \$2,500 cash prize will be given away in December, just in time for the holidays. Each winning stub will be returned to the tumbler so that you have an opportunity to win the remaining prizes! For ticket information, please call 733-3600.

*Please join us in making the
2002 CRAB FEED & AUCTION
a huge success!*

**''125 and Still Rockin''
November 2, 2002**

is the theme for 2002 and we need your help with donations for the silent and live auctions which will be held on November 2, 2002. Any item large or small will help us. Items which you or your favorite business can donate could include gift certificates, wine and food items, sporting tickets, equipment, or logo wear, household items, personal and professional services, themed gift baskets, vacation home rentals, and excursion tickets, art, jewelry, collectibles, holiday gifts, CB and college logo wear, movie passes, concert tickets, rental certificates...the list is endless! Call Donna Adam at 733-3662 for more details.

ANNUAL GIVING PROGRAM

Our Annual Giving Program is in full force right now! The Development Office along with parent volunteers and our President,

Mark Warren, have been busy calling parents asking for their participation in this donation program. If you haven't received your call yet, don't think we forgot you—you're still on our list! Remember, gifts of \$1,000 or more will qualify you for our *Ambassadors' Club Dinner* in February, 2003. You can also support Christian Brothers through a United Way payroll deduction. For more information please call Debbie Woodsford at 733-3605.

RESERVED PARKING PLACES

Please note that there are several "Reserved" parking spaces located around the campus parking lots. Please be courteous and do not park in these spaces. They are to remain open 24 hours a day, 7 days a week for the families who have purchased them. *Unauthorized vehicles will be towed at the owner's expense.*

Support Group Meetings

Tuesday, October 8th

PSO Meeting

Guest Speaker: Mr. Rolf Schumann

Student Activities Director

7:00 p.m. in the Bertram Hall Boardroom

Monday, October 14th

Boosters Club Meeting

7:00 p.m. in the Bertram Hall Boardroom

Coming soon...

CHRISTIAN BROTHERS HIGH SCHOOL

KBFT
SACRAMENTO

Brothers Fellow Television

Thank You

to all of the alumni, parent, and student volunteers who made these fundraisers so successful!

Red & Blue Scrimmage

Mike Chilelli and Barbara Zanze
Co-Chairs

Wine Tasting Extravaganza!

Phil Bokan, Chair

Holy Bowl

Boosters Club

Rob Cooper, Athletic Director

QSP

Vivian Aber and Sylvia Chavez
Co-Chairs

The C.I.F. Needs Officials!

The Sac-Joaquin Section of the C.I.F. needs officials. If you are interested in being a referee, please contact the California Officials Association at (916) 286-3800 or www.calofficials.com.

TARGET STORES SHARE THE WEALTH!

Families, teachers, and friends participating in the Target *Take Charge of Education* school fundraising program continue to raise money for Christian Brothers with every purchase. Target donates 1% of Target Visa and Target Guest Card purchases made at Target or on-line at www.target.com and ½% of Target Visa purchases made elsewhere to eligible K-12 schools designed by customers. Ask Target how your

purchases can benefit Christian Brothers today!

REPORT CARD NIGHT

October 29, 2002

5:30 p.m. – 8:00 p.m.

The annual *Report Card Night* is a scheduled opportunity for parents to discuss with teachers their child's academic progress for the first quarter of the school year. Each parent is asked to limit the discussion to 5-10 minutes in order to accommodate everyone who wishes to speak with a particular teacher. A handout with the location of teachers will be available in Room 102 and in the cafeteria.

Room 102: Ms. Abbott, Ms. Bennett, Ms. Blecha, and Ms. Brousseau

Room 103: Mr. Capogreco, Ms. Cassetta, Ms. Chadbourne, and Ms. Clarke

Room 104: Mr. Costello, Mrs. Coyner, Mr. Coyner, and Brother Dat

Room 105: Sister Diana, Mr. Donch, Mr. Durant, and Mr. Eckel

Room 106: Mr. Elberson, Mr. English, Mr. Fresques, and Mrs. Frias

Room 207: Mme. Gallagher, Brother George, Mr. Gill, and Mr. Haag

Room 208: Mr. Havey, Ms. Headd, Mr. Herb, and Mr. Hoey

Room 209: Ms. Holmes, Ms. Jenkins, Ms. Kenney, and Mr. Kirrene

Cafeteria: All remaining teachers, Mr. Kossick to Mr. Zannetti

*Counselors will be available
in Brother Edward Hall
throughout the evening.*

CALENDAR CHANGES FOR MAY, 2003

A letter was sent in early September to the parents of seniors informing them of some calendar changes involving Baccalaureate and Graduation Ceremonies. Please note the following changes, especially those which affect the schedule for semester examinations for all students.

Wednesday, May 14th

Schedule - ABFGCED

Thursday, May 15th

Founder's Day Celebration and Activities

Friday, May 16th

Schedule: ABGCEDF

Monday, May 19th

B/C Semester Exams for all students.

Tuesday, May 20th

D/E Semester Exams for all students.

Wednesday, May 21st

F/G Semester Exams for all students.

Thursday, May 22nd

A Semester Exams for all students.

Last day of school for freshmen, sophomores, and juniors!

Senior Graduation Barbeque!

Friday, May 23rd

Baccalaureate at 9:00 a.m.

Graduation at 7:00 p.m.

Grad Night Party

Student Activities

We do not have the final total for the *QSP Magazine Drive*, but Mr. Schumann was able to announce on September 26th that not only did the students reach their target goal of \$95,000, but they exceeded last year's total of \$104,244 and are entitled to a second day off school in the spring semester. *Congratulations, Falcons!* You have made a significant contribution to your school!

We started September with **Freshman Class Elections**. I am happy to say that over 15 students ran for 5 offices. *Congratulations to Connor Curley, Kevin Ericson, Mallory Waddle, Oliver Phost, and Adam Zeboski* who were elected as our new Freshman Class officers....We had an extremely successful **Club Day** on September 12th with over 40 clubs showing their stuff....On Friday the 13th, we kicked off the **QSP Magazine Drive**, with our own version of "Who's Line Is It Anyway?" Thanks to our own Mr. Haag, (who played Drew Carey), and the Leadership class who worked hard on the rally....We got a chance to meet many of the parents at the **Sophomore Family Liturgy** on Sunday, September 15th. Thank you for sharing the morning with us....We ended the week with a **Fall Sports Rally** and finally on Friday, September 20th, we had our first **Holy Bowl Lunchtime BBQ**. We enjoyed good food and great music.... The year has started off with a bang!

THINGS TO COME IN OCTOBER

include our annual **Spirit Week** (October 21-25). We start off Spirit Week with *Pajama Day* run by the seniors....We will have a **Night Rally** on October 23rd at 7:00 p.m. on campus....Our *homecoming floats* will be on display at the **Homecoming Game** against Galt on Friday, October 25th and our **Homecoming Dance** will be on Saturday, October 26th from 8:00 p.m. until 11:00 p.m. We will strictly enforce our "Dress Code Policy for Dances" found below....**The Freshman Family Liturgy** is scheduled for Sunday, October 27th. More information to follow. That's all from Student Activities! Feel free to call us at 733-3629 with any questions.

Dress Code Policy for Dances

Christian Brothers High School and all Catholic high schools of the Sacramento Diocese ask that students use good judgment by dressing in a respectful, neat, and clean manner.

Students wearing the following items will not be admitted to the dances: short skirts or dresses, short crop tops exposing the torso, tube or other strapless tops, spaghetti strap tops, backless shirt tops, halter tops, and any clothing with reference to alcohol, sex, drugs, or sexist comments.

Guidance Services Department

As the school year begins, counselors are busy assisting students with strategies for academic success and also distributing a great deal of college planning information. Each counselor has visited classes and introduced the Guidance Services programs and the resources available to students in our College Center and on our web site. Mrs. Gorman, assisted by Mr. Purdy and Mr. Higgins, hosted *College Night for Seniors and Their Parents* in mid-September and presented important and timely college information to an enthusiastic crowd of seniors and parents.

Fresh Guidance Night – October 2nd: The next evening for parents hosted by the Guidance Services Department is our *Fresh Guidance Night* which is scheduled for October 2nd at 7:00 p.m. in the Cafeteria. The evening's program is designed especially for parents of freshmen and deals with the academic, social, and psychological changes experienced by young people as they transition to high

school. Tips on beginning college planning will also be presented. All freshmen parents are cordially invited.

Testing Day – October 15th: This is an important day for students at Christian Brothers. *Testing Day* is a half-day that involves freshmen, sophomores, and juniors in college admission testing and career planning. Coordinated by the counselors, teachers administer the following assessments:

- **Juniors will take the PSAT/NMSQT Examination** (preliminary SAT I). This test is great practice for the SAT and also allows high achieving students to qualify for participation in the National Merit Program.
- **Sophomores will take the PLAN Test** (practice ACT). This is an opportunity for tenth-graders to experience what the ACT test is about. The PLAN also includes a career component and invites students to self-report college plans and academic strengths and weaknesses.
- **Freshmen will take the COPS instrument.** This career interest inventory will assist them in identifying their strengths and offer career options based on the results of the test. Freshman will then attend an assembly specifically designed for their grade level. *Making High School Count* will be presented by a professional team of speakers from the Making It Count organization.
- **Seniors will attend the Senior Liturgy** at the Cathedral of the Blessed Sacrament, along with seniors from other Catholic high schools in the northern California region. This is an important senior class event and is *mandatory*. Parents and seniors have

received information regarding the liturgy our dress code expectations.

Helpful Hints for Testing Day: Please remind your child to get plenty of rest the night before and eat a healthy breakfast. Results of the assessments will be returned to students by their counselor in January, 2003. If you have any questions, or if we can assist you in any way, please call the Guidance Services Department at 733-3680. **Don't forget to visit us at the web site!** Go to the home page at www.cbhs-sacramento.org and click on **College Counseling and Career Center**.

Campus Ministry

This past month, our news media was filled with stories of national heroes and their achievements as our country honored the first anniversary of the tragic events of September 11, 2001. So many individuals have been honored, and rightly so, for their actions and deeds, many of which went far beyond the call of duty and even pushed the limits of human effort. Let us look for the heroes among us—especially those within our own families.

In our basement we have a shelf with all the trophies my brothers and I have won. One day my dad and one of his friends were looking at the trophies, and his friend asked where my dad's trophies were. My father took the man to our den, where the pictures of all the family are on the wall. My dad said to this friend as he pointed to the wall, "These are my trophies." Tonight was the first time I ever heard this story, and it really made me think about how proud my parents are of my brothers and sister and me. What do you value as most important in your life? For what are you willing to spend time and effort? Do

your children, parents, siblings, or spouse know how important they are to you?

*from Family Memories
by Ronald Stegman*

LITURGIES: Visit our campus web site (<http://cbhs.ca.campusgrid.net/home>) for powerful pictures of the moving 9/11 Memorial Prayer Service prepared and presented by members of the Liturgy, Mass, and Prayer class. It included a special reflection by Dr. Holly Peterson, chair of the Religious Studies Department; "Celtic Blessing" sung by the Christian Brothers Vocal Jazz Ensemble under the direction of Mr. Ron Slabbinck; "I Will Remember You" sung by Emily Kollars and accompanied by Neal Davis; and a procession of the entire student body with white carnations offered in remembrance of all those who died.

Congratulations to the sophomore class officers for a beautiful Sophomore Family Liturgy and brunch on September 15th. Next up: the **Freshman Family Liturgy and brunch on October 20th at 9:30 a.m.**

Our bishop, the Most Reverend William Weigand, will join us on **November 1st** to celebrate the Church's Feast of All Saints. Everyone is welcome to attend our **All Saints' Day Liturgy at 9:30 a.m.** in the gymnasium.

RETREATS: Two more **Frosh Retreats** are scheduled for October 22nd and October 29th. Look for permission slips coming home with your son or daughter if they are scheduled to attend.

A **Senior Retreat** is scheduled for **October 20-21**. Last week, permission slips were given to those seniors who signed up for this retreat. They were due in the Campus Ministry office by September 30th.

CHRISTIAN SERVICE LEARNING PROGRAM: Service contracts were due on September 27th. For each day that contracts were late, students were given a day of detention.

*Look who's on board
with Service Learning!*

The Cheerleaders

used their voices and pep spreading joy and celebrating our diverse neighborhood at the Oak Park Multi-Cultural Parade on September 21st.

The Athletic Department

will test their stamina with true team spirit as they support the Diabetes Walk on October 6th.

Spanish

Mr. Tomas Capogreco and his students are writing letters in Spanish as pen pals with students at Elk Horn Village Elementary School in West Sacramento.

Religious Studies

Ms. Jennifer Lystrup and Mr. Chuck Zannetti are utilizing literature and project needs—by creating baskets of supplies for school children in Afghanistan—for *Crop Walk* through the Church World Service organization to initiate discussion and critical thinking in their Social Justice classes and the school's World of Diversity Club.

Art

Mr. Findlay McIntosh and his students are designing, preparing, and painting a colorful mural for the Moral Values Program—an after-school program that serves at-risk kids to cheer up their environment.

Clubs

Ms. Chrys Cassetta and Ms. Tracy Chadbourne are moderating their club, Delta Nu, to spread joy into the community as they assist residents of Primrose, a home for Alzheimer's patients, with make-overs and manicures.



National Merit Scholarships

Based on outstanding performance on SAT, strength of curriculum and academic programs, and academic achievement, 16,000 National Merit Semi-Finalists representing less than 1% of high school seniors in the United States were recently published. We are proud to announce that **Kyle Zarzana** has been named a National Merit Scholarship Semi-Finalist. Kyle will continue in competition to become one of

8,000 finalists who will receive scholarships worth 30 million dollars.

Being recognized for their exceptional academic promise are some 34,000 Commended Students throughout the nation. These students placed among the top 5% of more than one million students who entered the 2003 competition by taking the 2001 Preliminary SAT/National Merit Scholarship Qualifying Test. Our commended students are: *Andrew Flynn, Amy Lam, Mary McVeigh, Shawn Richardson, Nathan Sepulveda, Sary Stefanki, and Brandon Williams.*

The National Merit Scholarship Corporation's "press release" stated: "All of these students have demonstrated outstanding potential for future academic success by their high performance in the extremely competitive National Merit Scholarship Program. These scholastically talented youth represent a valuable resource to our nation...."

YOUTH INSPIRE!
Sacramento County
Office of Education

Congratulations to the following students and recent alumni who were nominated for and received the *Youth Inspire!* Award. This distinguished award was presented to these students for their strength of character, heroic resilience, and community service. Students were anonymously nominated for this award by someone who was inspired by and strongly believes in them.

Congratulations to *Vincent Stassi, Caleb Davenport, Abigail Hesser, Alison Kootstra, Christina Yamazaki, Keetah Thompson, Jessica Boune, Kelly Park,*

Sary Stefanki, Jasmine Walton, Michael Kuwabara, Johnny Tran.

The Year Was 1970...

CHRISTIAN BROTHERS HIGH SCHOOL
Tuition & Fees

Registration Fee	\$ 10.00
Tuition (one year)	375.00
Non-Catholic Students	425.00
Student Body Fees	20.00
(Insurance, Taxes, Admission at Home Athletic Events, Reduced Rates at Away Games, Student Body Over, Library and Parking Facilities)	
Special Fees (per semester)	
Art	5.00
Biology	5.00
Chemistry	5.00
Graduation	25.00
Mechanical Drawing	5.00
Modern Language Lab	5.00
Physical Education	5.00
Physical Science	5.00
Physics	5.00
Senior Retreat	20.00
Speed Reading	5.00
Typing	5.00

Payment Schedule: (ALL ADVANCE payment)

1. Full tuition and fees at beginning of school year.
2. One-half of tuition and fees at beginning of each semester.
3. One-fourth of tuition and fees at beginning of each semester, November 15 and March 15.

Textbooks and supplies are purchased by the students.
(Financial Aid For Students Available) Effective 7/1/70



Falcon Family News

Christian Brothers High School Monthly Newsletter

November, 2002

Dear Parents:

It's November. The Church asks us to remember the heroes and sheroes who have gone before us—all saints and all souls. I like thinking about saints, those whom the Church has honored and those who share or have shared our lives. I like thinking about all souls, too. Praying for those who are praying for us. We honor our veterans this month and elect men and women to public office. Our nation pauses in thanksgiving at the end of the month. Some of us will get the flu. Others of us will get flu shots!

Changes. Changing seasons. I get a little weary when adults resist change; I get nervous when students resist change. Change is a part of life. I have watched a number of nieces and nephews grow up. At early points in their lives they could do everything. They could sing, dance, draw, paint, and play any sport or game. They could all cook, act, write stories, and invent things. But they appreciated routine—naps, snacks, walks, feeding the ducks, and eating with the grown-ups. They also appreciated the limits we set (no matter how loudly they screamed!). But even that changed as they matured.

I am reminded of a book by John Powell entitled *Why Am I Afraid to Tell You Who I Am?* It is a wonderful little book about how teenagers change. The book addresses the human condition, interpersonal relationships, and dealing

with emotions. There is a wonderful section about games, roles, and masks.

A teenager answers the title question with this response: *I am afraid to tell you who I am, because if I tell you who I am, you may not like who I am, and it's all that I have.*

How often do we presume or take for granted the image in which we would like to create our children and our students? I know I do. I don't want them to get hurt. I don't want them to suffer. Instead of letting them find the fork in the "two roads diverged in a yellow wood," I want to draw the map and drive the car for them! But I can't. And we can't as parents and teachers.

It is they who must tell us who they are, and this is precisely the time of life in which they are discovering that awesome mystery. They will try on many hats and may coats until they find the ones that fit. It is our task to be signposts, sounding boards, beacons of faith, lighthouses, fog horns, stop signs, and scarecrows. We must help them find out who they are, accept who they are, celebrate who they are, and love who they are. We must love them for their changing. For it is in loving who they are that we will find the hero and shero—the saint—in them.

Sincerely,

Rudolf Schulze
Principal

BOOSTERS CLUB NEWS

Thank You to the *Boosters Club* for providing the school with a new waiting area next to the cafeteria. The newly paved area features a new bench and a plaque that reads:

IN HONOR OF THEIR DEVOTION TO
STUDENT ATHLETES
THIS AREA IS DEDICATED TO THE
1998-2002 BOOSTERS BOARD MEMBERS



AS YOU SIT HERE WAITING FOR YOUR
STUDENT ATHLETE,
REMEMBER THOSE WHO MADE IT ALL
POSSIBLE

The QSP co-chairs, Vivian Aber and Sylvia Chavez, would like to thank all of the many parent volunteers who dedicated their time and help during the two-week QSP Drive. A huge *thank you* to all of the following wonderful parents who helped make this fundraiser a great success:

Anne Engstrom, Nancy McGann, Valerie Boles, Sherron McCarthy, Craig Price, Jeff Arthur, Diana Barnes, Georgia Crane, Jacqui Schetter, Sandy Ward, Karen Gonzalez, Max Cisneros, June Malm, Christina Metzen, Nelie Gavino, Debra Olveda, Connie Koppes, Kerry Metzger, Maria Sargent, Teresa Cerles, Elaine Chew, Carol Pennington, Sabina Gilbert, Marilyn McCarthy, Silvia Flores, Susan Magill, Sally Medina, Marcia Dahduli, and Diane Price.

Several parents volunteered every day during the fundraiser, and we really appreciate their efforts in contributing their time.

JUNIOR CLASS REPRESENTATIVE NEEDED! We need a junior parent to assume the duties of the Class Representative. Please call Donna Adam in the Development Office at 733-3662 if you would like additional information. *Thanks* to Dot O'Connor for performing these duties for the past two years.

RESERVED PARKING PLACES

Please note that there are several "Reserved" parking spaces located around the campus parking lots. Please be courteous and do not park in these spaces. They are to remain open 24 hours a day, 7 days a week for the families who have purchased them. *Unauthorized vehicles will be towed at the owner's expense.*

Congratulations!

To Eagle Scout Jordan Montgomery who passed his review on September 26, 2002. For his project, he completed a 180-foot path for Holy Trinity Church in Cameron Park.

To Jimmy Delgadillo and Joe Anderson who pioneered our blood drive and brought back an award from "Blood Source." Your efforts do save lives!

Wanted

The Brothers on the West Coast are looking for an experienced tailor to make their religious habits—also called "robes."

The person who has been making them in the Bay Area is no longer doing so. If you know someone, please contact Brother George at Christian Brothers, 733-5284.

What You Need to Know About Registering with Selective Service...

The law says that all 18-year-old men, within 30 days of their 18th birthday, must register for the Selective Service System—a government agency whose job it is to provide untrained manpower for the Armed Forces if there is a national emergency. The only young men exempt from registration are non-citizen males who are in the U.S. temporarily as tourists, diplomats and their family members, or foreign exchange students; incarcerated or institutionalized men; men on active duty in the Armed Forces; and students at U.S. military academies.

The penalties for not registering are several and include fines and imprisonment. *In addition, if you fail to register, you cannot qualify for federal student grants or loans for college, job training benefits, and many state and federal jobs.*

Registration is easy. Young men can find registration forms at the post office and in our own Guidance Service Department in Brother Edward Hall. In less than two minutes a young man can register via the Internet at www.sss.gov.

DETENTION

The after-school detention period is now one hour in length.

The Yearbook Needs Senior Baby Pictures!

The yearbook staff would like parents to send one baby picture and one recent picture of their child as soon as possible. A letter was sent home in early October. We need good quality, wallet-size pictures. Parents are also asked to write a message—two or three short sentences—not to exceed 250 characters. The cost is now \$50, payable to *Christian Brothers Yearbook*. Be sure to write "Yearbook" on the envelope. The staff will return the pictures at the end of the school year. For further information, please call Mrs. Rosenfield at extension 1094.

The C.I.F. Needs Officials!

The Sac-Joaquin Section of the C.I.F. needs officials. If you are interested in being a referee, please contact the California Officials Association at (916) 286-3800 or www.calofficials.com.

Student Activities

As this newsletter goes to press, we are right in the middle of *Spirit Week* and everywhere students are dressed with mismatched clothing. The juniors will put on a good half-time show with Brendan O'Brien and Daniel Jacobs providing the music and the Junior Student Council hosting a variety of games. The sophomores were in charge of *Twin Day*, the freshmen were responsible for *Hillbilly Day*, and the ASB Council took care of Friday's events. The Council also worked on the Night Rally on Thursday, October 24th. The Homecoming Game against Galt High School and the Homecoming Dance promised to be memorable events.

The first two and a half months have been a long, exciting roller coaster ride with many fun events. Even though we have faced the panic of many deadlines, the students have done a remarkable job, just like they kept reassuring us they would.

November greets the Student Council with a little bit of "down time" as we get a chance to regroup. We will be having a Blood Drive on Friday, November 15th. Applications for QSP money will also be available some time in November. Thanks to the students' efforts, we brought in over \$110,000 and the final count is still being determined. Student Activities will be distributing about \$35,000 to our clubs, sports programs, and other organizations.

Upcoming Events

Saturday, December 7th

Christmas Dance

8:00 - 11:00 p.m.

(Normal Dance Dress Code in effect.)

Saturday, January 11th

Mother-Son and Father-Daughter

Dessert Dance

Pictures from 5:00 - 10:00 p.m.

Desserts available at 7:00 p.m.

Dancing from 8:00 - 11:00 p.m..

Guidance Services Department

Don't forget to visit us at the web site!

Go to the home page at www.cbhs-sacramento.org and click on **College Counseling and Career Center**.

Campus Ministry

A Prayer for Autumn Days

*God of seasons, there is a time for everything.
There is a time for dying and a time for rising.*

We need courage to enter into a time of change.

God of autumn, the trees are saying goodbye to their green, letting go of what has been. We, too, have our moments of surrender, with all their uncertainty and risk. Help us to let go when we need to.

God of fallen leaves lying in colored patterns on the ground, our lives have their own patterns. As we see the patterns of our own growth, may we learn from them.

God of misty days and harvest moon nights, there is always the dimension of mystery and wonder in our lives. We always need to recognize your powerful presence. May we gain strength from this.

God of harvest wagons and fields of ripened grain, many gifts of growth lie within the season of our surrender. We must wait for the harvest in faith and hope. Grant us patience when we do not see the blessings.

God of geese going south for another season, your wisdom enables us to know what needs to be left behind and what needs to be carried into the future. We yearn for insight and vision.

God of flowers touched with frost and windows wearing white designs, may your love keep our hearts from growing cold in the empty seasons.

God of life, you believe in us, you enrich us, you entrust us with the freedom to choose life. For all of this we are grateful.

LITURGIES: The newly-elected freshman class officers, (Connor Curley, Kevin Ericson, Oliver Pfof, Adam Zebaski, and Mallory Weddle), and their moderators, (Mrs. Rose Ann Holmes and Mr. Dino Nappi), worked hard to prepare and present the *Frosh Family Liturgy* on October 27th. The Freshman Choir, under the direction of Mr. Ron Slabbinck, shared their musical gifts as they led us in song.

Our presider, Fr. Brian Crawford, O.S.J., spoke about their theme, "You Take Us by the Hand and Lead Us." Thanks to all the talented and energetic freshmen who served as greeters, altar servers, readers, and members of the processions. It was worship well done! Fr. Brian Crawford, O.S.J., will return to celebrate our Thanksgiving Liturgy on Tuesday, November 26th, at 9:30 a.m. in the gym. Please join us as we give thanks to God for our many blessings.

RETREATS: The first *Senior Retreat*, held on October 20-21, was a bonding experience of faith and fellowship at Saint Joseph's Camp on the Russian River. The forty retreatants came to know themselves, their classmates, and their relationship with God on a deeper level. Many thanks to the faculty retreat leaders for their faith-sharing over the two-day retreat: Mrs. Leah Newton, Mr. Tomas Capogreco, Mr. Dave Nelson, and Mr. Paul Havey. The next Senior Retreat will be January 12-13, 2003.

The freshmen enjoyed the beauty of Napa and the exploration of their Lasallian heritage at the *Frosh Retreats* held October 22nd and 29th at Mont La Salle—the Brothers' headquarters. Many thanks to their Religious Studies teachers—Ms. Jennifer Lystrup and Mrs. Julie Tucker—for accompanying them on these special days of discovery and camaraderie. Special thanks, also, to the Senior Retreat Team Leaders who led the frosh in activities and discussion throughout the day: Heather McKee, Kyla Thompson, Laura Ward, and Kim Robinson. Frosh Retreats continue on November 5th and November 12th.

It's scary how much service learning is happening!

Science

On November 6th and 7th, Christian Brothers High School students, in an effort to bridge service with education, are doing a food drive for KIDSCAN in conjunction with the Elk Grove Food Bank.

Each of the seven science teachers will be demonstrating a lab. Here are some topics and hands-on experiments the students will be covering:

Biology and Biochem will study fats and balanced diets with proper proportions of proteins, and they will create the *perfect* casserole.

Chemistry will calculate moles from the food labels and thermo chemical-food values.

Physics will explore how food rolls and will calculate the angular velocity, acceleration, and displacement of items.

Physical Science will find the elements and molecular structure of vitamins.

Anatomy will make a Skeleton Can Man, creating muscle fibers (tendons) with spaghetti.

These are the perfect service learning opportunities as they are both a meaningful and efficient ways for collecting non-perishables. The class that collects the most food will be rewarded with more food—a *pizza party!*

Social Studies: Government and Civics
It's an election year! Teachers are providing opportunities for students to help at a variety of campaigns and conventions. This service learning opportunity is sure to reinforce the awesome task of running for office. What a great hands-on experience!

Delta Nu

The members of this club planned a fabulous Halloween party for the patients at Primrose Alzheimer's Home. They dressed up in their best costumes, read spooky stories, and helped the residents with arts and crafts projects.

Big Brothers

Mrs. Rose Ann Holmes and Ms. Linda Moulton support students in this group who are buddies and mentors to the students at Oak Ridge Elementary School. Our students give their time during recess, before school, during class, and occasionally in the evenings for a movie. They also look forward to ice skating and bowling.

Mr. Schulze's Turkey Stuffing *Tacchino Ripieno*

Ingredients:

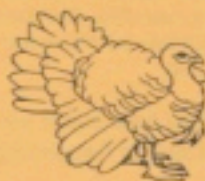
1 stick of butter
Olive Oil
2 eggs (slightly beaten)
3 garlic cloves (finely chopped)
3 medium onions (finely chopped)
1 bunch of celery, including leaves (chopped)
1 Granny Smith apple (peeled, cored, and diced)
8-10 fresh mushrooms (medium size, sliced)
3 mild Italian sausages
3 slices of prosciutto (thickness of a quarter, cut into ½-inch squares)
½ cup of pine nuts (lightly toasted)
1 - 1½ cups of white and wild rice
2 cups unseasoned croutons (homemade or good brand—Acme, Grace Baking)
1 cup good white wine (Chardonnay)
½ t thyme
salt and freshly ground black pepper

You need 3 pots going on at the same time! (Or pace yourself!) (1) Cook the rice according to directions and allow to cool thoroughly. (2) Remove the sausages from their casings, cook thoroughly in a skillet with 2 T of olive oil over medium-high heat until browned, breaking up the meat with a fork. Drain and pat dry with paper towels. (3) In a skillet, melt 4 T of butter and 2 T of olive oil and sauté garlic, onions, and celery until the onions are a light golden color (about 10-15 minutes). Add apples and mushrooms and cook about 10 minutes, stirring occasionally. Add ½ cup of (good) white wine. (If you wouldn't drink it, don't cook with it!) Add cooked sausage and prosciutto and cook for three minutes more. Cool the mixture thoroughly.

When everything is cooled, combine mixture with rice, croutons, eggs, pine nuts, and ½ cup of white wine. You may use more or less wine, rice, eggs, or croutons than indicated, so add them slowly until the proper "stuffing consistency" is achieved. When in doubt, add more rice or croutons! Refrigerate before using.

Either stuff the bird (Don't overstuff!) or serve in a buttered casserole (325 degrees for 35-40 minutes). Be careful that the stuffing doesn't dry out in the oven—use more wine!

Happy Thanksgiving!



November 2002

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4 <div style="border: 1px solid black; padding: 2px; width: fit-content;"> October S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 </div> 1st Session in Children's Dept (No/Nov 9:00-10:00 am) Business Mtg. 7pm	5 Fresh Harvest	6 Contribution Comm Mtg. 7pm Alumni Mtg. 7pm	7 61 (Final) @ Union Men's Open	8 Final JPL from Mar 3, 2002 Open	9 SAT 1 & H (LCCB) Credit Forum-Ancient
10	11 VETERANS DAY No Classes	12 Fresh Harvest Mt of Trainers Mtg. 4pm/5:00AM 7:00 Mtg. 7pm	13 Matchmaking @DB. Dinner Open	14 75 (Final) on Book for 1. Open	15 Board Drive Final in Book for @ Hughes 3:30-7:30pm Community Social	16 ULI Revenue Review
17	18 Progress Reports Due	19 Employment Due	20 Contribution Comm Mtg. 7pm	21 Mail Progress Reports	22 Schedule Launch Mtg	23
24	25 One/DB Screening on Laramie Creek. IV @ CBS 4 pm FreshV @ L.C. 4 pm	26 Thanksgiving Library DARGSY LIP DAY!!	27	28 Thanksgiving Break	29 Double Weekday	30

December
 S M T W T F S
 1 2 3 4 5 6 7
 8 9 10 11 12 13 14
 15 16 17 18 19 20 21
 22 23 24 25 26 27 28
 29 30 31

December 2002

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																		
1	2 1st IB vs. Mary Lema 4:30-5:30 1st IB vs. Mary Lema II 5:30-7 Business Mgt. 1pm	3 1st IB vs. McCloskey Varsity 9pm	4 Convocation Comm. Mtg. 9pm Alumni Mtg. 7pm	5 Christmas Choral Concert 7pm	6 1st IB vs. St. Ignace 1st IB vs. St. Ignace II 1st IB vs. St. Ignace III 1st IB vs. St. Ignace IV 1st IB vs. St. Ignace V 1st IB vs. St. Ignace VI 1st IB vs. St. Ignace VII 1st IB vs. St. Ignace VIII 1st IB vs. St. Ignace IX 1st IB vs. St. Ignace X 1st IB vs. St. Ignace XI 1st IB vs. St. Ignace XII	7 ACT I & II (see 8/26) CW Issues 8-11pm Jazz Singers' Choral Festival 1pm, Rehearsal																																																		
8	9 1st IB vs. Lenoix II Instrumental Orchestra Concert 7pm	10 New Teacher Retreat 5-7pm 1st IB vs. Lenoix I 10:30 PMS Mtg. 7pm	11 Instructors' Open Campus Appt 1st IB vs. St. Ignace 4:30-5:30 College Financial Aid Night/5th & 6th Café Wrestling vs. Carleton 6 pm	12 1st IB vs. St. Ignace IV Adrenal Power Session 1st IB vs. St. Ignace V 1st IB vs. St. Ignace VI 1st IB vs. St. Ignace VII 1st IB vs. St. Ignace VIII 1st IB vs. St. Ignace IX 1st IB vs. St. Ignace X 1st IB vs. St. Ignace XI 1st IB vs. St. Ignace XII	13 Instructor Lunch Mtg. Staff Christmas Party	14 ACT (cont.) (see 8/26) New Wrestling 10:30am 1pm, Rehearsal																																																		
15	16 1st IB vs. Lenoix 4:30-6:30 7:30	17 BC Semester Exams	18 IB Semester Exams Wrestling vs. Union Mts 6 pm	19 1st IB Semester Exams	20 A Semester Exam 1st IB vs. St. Ignace 8-11pm 1st IB vs. St. Ignace II 1st IB vs. St. Ignace III 1st IB vs. St. Ignace IV 1st IB vs. St. Ignace V 1st IB vs. St. Ignace VI 1st IB vs. St. Ignace VII 1st IB vs. St. Ignace VIII 1st IB vs. St. Ignace IX 1st IB vs. St. Ignace X 1st IB vs. St. Ignace XI 1st IB vs. St. Ignace XII	21 New Wrestling Wheelband Tourney 7:30-11:30 1st IB vs. St. Ignace 1st IB vs. St. Ignace II 1st IB vs. St. Ignace III 1st IB vs. St. Ignace IV 1st IB vs. St. Ignace V 1st IB vs. St. Ignace VI 1st IB vs. St. Ignace VII 1st IB vs. St. Ignace VIII 1st IB vs. St. Ignace IX 1st IB vs. St. Ignace X 1st IB vs. St. Ignace XI 1st IB vs. St. Ignace XII																																																		
22	23	24	25 MERRY CHRISTMAS	26 Semester Oral Exams	27	28																																																		
29	30	31	Christmas Break				<table border="1"> <tr> <td colspan="7">November 02</td> </tr> <tr> <td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td> </tr> <tr> <td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td> </tr> <tr> <td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td> </tr> <tr> <td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td> </tr> <tr> <td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td> </tr> <tr> <td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td> </tr> </table>	November 02							S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				
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Falcon Family News

Christian Brothers High School Monthly Newsletter

February 2003

Dear Parents:

Of libraries, volunteers, and the visual and performing arts...

I need your help! You may have heard about an "adjustment" I have made with respect to our library services to ensure that our library is an important, accessible, and relevant learning space for students and teachers. In accepting the librarian's seventeen-point course of action for updating and systematizing the library, I had to make some tough choices because the budget is tight, the project is very technical, and we have one librarian. The task at hand requires every minute of a full-time, forty-hour week from now until the end of the school year.

I have moved the computers and technology components of the library into our Technology Center for the second semester so that all of the electronic tools that were available for research will continue to be available for our students and teachers, simply in a new location for this semester. *In doing so, I have also expanded the hours for our library resources in the Technology Center and I need your help. Would you consider volunteering a bit of time to help us help your children?* In addition to school hours, we want the Technology Center open from 6:45 - 7:45 each morning, and from 4:00 - 6:00 in the afternoons, Monday through Thursday. Teachers have been generous in stepping up to help, but we have no money to pay for assistance, and could really use some volunteers! (All we have to do is have you fingerprinted. Our dime.) Any takers? Please contact Mr. Tom Rutten, Dean of Students, who is handling the master schedule on this project.

As for the visual and performing arts, some insights and news... Nearly every day I notice students who are wearing varsity jerseys, uniforms, and club shirts and carrying instruments—saxophones, trumpets, flutes, even a tuba. I am delighted that students can play sports here, be a part of a club, and still have time for music. At many schools, instrumental music and chorus are before-school or after-school activities and students are forced to make choices: Chorus or football practice? Jazz Band or debate? Imagine the wide receiver tenor, the soprano long distance runner, or the tuba-wielding debater? Here the choices are made a little easier with a seven-period day.

I attended our Christmas Choral and Instrumental Concerts. They were *wonderful* evenings. So much so that I asked our Jazz Choir to sing something special after our Advent Prayer Service. I have scheduled an assembly on May 1st so that the entire student body can hear a couple pieces from the instrumental and choral programs. We have five bands and four choral groups; we are adding another choral group (Men's Chorus) in the fall. Nearly 600 students participate in our instrumental, choral, drama, and media programs. Just about every student spends some time with the art department sketching, drawing, painting, or sculpting.

Because so many students are involved in the visual and performing arts, I want them to be represented on the Principal's Advisory Council by a "director." There are eleven people who advise me on the Council: the assistant principals, deans, the Brother Director of the Community, and the "directors" of student activities, campus ministry, athletics, guidance, and admissions. Next fall, the visual and performing arts will have a voice at that table.

Our Founder, Saint John Baptist de La Salle exhorts us to provide "a human and Christian education for young people, especially the poor." Humanity began creative expression on the walls of caves. We treasure the pictures which children draw of themselves, their families, pets, and houses. What kid doesn't like putting on a play? What teenager doesn't like music, "rap" notwithstanding? We see choreography in football and rigorous athleticism in dance.

"Not all are called to be artists in the specific sense of the term," says Pope John Paul II in his *Letter to Artists*. "Yet, as Genesis has it, all men and women are entrusted with the task of crafting their own life: in a certain sense, they are to make of it a work of art, a masterpiece."

I think that libraries and visual and performing arts programs help a lot.

Sincerely,

Rudolf Schulze
Principal

CAMPUS MINISTRY NEWS

Happy Valentine's Day! St. Valentine was a priest and physician in Rome who was beheaded there on February 14. The custom of sending valentines on February 14 stems from a medieval belief that birds begin to pair on that day. Enjoy this special prayer and share it with those you love on February 14:

Nothing is more practical than finding God,
that is, falling in love in a quite absolute, final way.
What you are in love with, what seizes your imagination,
will affect everything.
It will decide what will get you out of bed in the morning,
what you will do with your evenings,
how you spend your weekends,
what you read, who you know,
what breaks your heart,
and what amazes you with joy and gratitude.
Fall in love, stay in love,
and it will decide everything.
by Fr. Pedro Arrupe, S.J.

Liturgies: Our new semester begins with the **Junior Family Liturgy on Sunday, February 2 at 9:30 a.m.** in the school gym. Fr. J. Patrick Foley will preside. Juniors and their families are warmly invited to attend. Our first school-wide liturgy of the new semester will be the **Ash Wednesday Prayer Service on March 5 at 9:30 a.m.** in our school gym. Please join us for prayer and the distribution of ashes as we begin the Church season of Lent.

Retreats: The **Junior and Sophomore Retreat** season is here! Please encourage your son/daughter to sign up to attend a retreat. Sign-up sheets are available in the Campus Ministry office. **Junior Retreat** dates are January 28, February 25, April 8, and April 29. **Sophomore Retreat** dates are February 7, March 21, and April 11. The first sophomore retreat of the year was last Friday, January 17 – a good time was had by all as we enjoyed a day of prayer, reflection, and social interaction at the Mercy Retreat Center in Auburn.

DATE CHANGE for STUDENT DRAMA PERFORMANCE

Students and Parents please note: *A Night of One Acts* will be performed on the following dates:

- Friday, February 7 and Saturday, February 8 at 7:30 p.m.
- Sunday, February 9 at 2:00 p.m.
- Thursday, February 13 and Saturday, February 15 at 7:30 p.m.
- Sunday, February 16 at 2:00 p.m.

STUDENT PARKING AFTER SCHOOL HOURS

Christian Brothers President Mark Warren and the school Management Team have requested that all students who park cars on the neighboring streets move their cars to the back parking area after school. Thank you for your cooperation.

Student Activities

The year 2003 kicked off with our Mother/Son/Father/Daughter dance on Saturday, January 11th. Over 600 students and parents danced the night away in Woodstock theme. They also enjoyed the delicious desserts from Ettore's, coffee from Java City and Ms. Holmes' special punch. It was a truly enjoyable evening. Over \$2,200 was raised from this event and will be sent to our sister school in Africa.

The Executive Council spent an afternoon during finals' week deciding how to spend \$31,000 in QSP money. Over \$48,000 in requests were submitted, so there were some tough decisions to make. The cheerleaders benefited most, receiving \$5,000 to help with their Pro Bowl trip to Hawaii. Only a few requests were denied. Other requests were taken care of through Student Activities funds. It proved to be a very educational process for all the parties involved. Thanks again to all the parents and students for their wonderful support of QSP.

Student Council planned the Winter Sports Rally to kick off the Winter Sports season on Thursday, January 16th. The seniors squeaked passed the juniors to win the overall rally and earned "free dress" the next day. The rally offered a half-court shot contest, a dunk contest, centipede races and a special appearance by a Sumo wrestler who did not have much success against Mitchell Simmons of our varsity wrestling team.

What's coming up in February? The Junior class will be having their Junior Ring ceremony on Sunday, February 2nd at 9:30 am. We will be hosting a dance at Christian Brothers after our game against Panderosa on Friday, February 14th. The dance will be from 9 - 12 p.m. and all dance and dress code rules will be in effect. Please check the handbook if you have any questions. Finally, on February 28th, we will be having our annual Talent Show. Come and check out the wonderful talent of our students during this evening.

2003-04 PSO Board Elections

Are you interested in seeking a position on the Parent Service Organization Board? Elections are being held in April. If you are willing to serve for one year on the Board, please contact Donna Adam, Director of Support Groups by calling (916) 733-3662 or e-mailing dadam@cbhs-sacramento.org. Nominations are due by March 14, 2003.

A ballot will be mailed to all members of the Parent Service Organization on March 21st for names received for consideration. Voting will take place at the April 8th PSO meeting. The open positions are:

Executive Officers:

- ❖ President
- ❖ Vice President
- ❖ Secretary

Committee Chairs:

- ❖ Class Representatives
- ❖ All Night Graduation Party
- ❖ Hospitality
- ❖ Membership
- ❖ Parent Volunteer Coordinators
- ❖ QSP Magazine Drive
- ❖ Spirit Sweepstakes

All parents are welcome to attend the PSO meeting the 2nd Tuesday of each month.

The meetings are held in the Boardroom of Bertram Hall at 7:00 pm.

The featured guest speaker on February 11th will be Rob Cooper, Athletic Director.

Enter to Learn, Leave to Serve - The Tradition Continues.

A REMINDER ABOUT CHRISTIAN BROTHERS ATTENDANCE POLICIES

In general, a **NOTE** must be written for any absence, early dismissal, appointment, illness, and the like. There are **NO EXCEPTIONS** to this policy. This policy is for our records, and for the protection of students, parents, and the school.

For any and all absences, the parent/guardian is required to call the Attendance Office (733-3625) before 9:30 a.m. each day the student is absent. This number is equipped with voice mail so that you may leave messages 24 hours a day. Upon returning to school after an absence, the student must present a note to the Attendance Office before 7:55 a.m. The note should contain the following:

- Current date
- Date(s) of absence(s)
- Reason for absence(s)
- Parent/Guardian's signature
- Contact phone number



The student is responsible for reminding parents to call the school and making sure that the note is written.

Absences are excused for the following reasons: Illness, medical/dental appointments, CBHS retreats/field trips with teacher approval, on-campus interviews with college representatives, activities and functions related to an office, club membership or school organization, counseling sessions, summons from administrative or attendance personnel, school-related athletic events, religious observances, and funeral attendance. Absences will be considered unexcused if students are taken out of class or absences for reasons other than those listed above.

For the full text of the attendance policies as stated in the Student Handbook, please go to the Christian Brothers High School Web site at <http://cbhs.ca.campusgrid.net/home> and click on "Attendance Policies."

SENIOR PARENTS!!!

Baby pictures can still be submitted for the yearbook through February 28, 2003. Please send a recent picture and a baby picture of your child, preferably 3" x 5". If they are too small, the pictures will not scan. You may also write a brief message—two or three short sentences—not to exceed 250 characters. The cost is \$50, payable to *Christian Brothers Yearbook*. Be sure to write "Yearbook" on the envelope. The staff will return the pictures at the end of the school year. If you've already paid, but haven't turned in your pictures, we need them as soon as possible! For further information, please call Mrs. Rosenfield at extension 1094.

NEWS FROM THE GUIDANCE DEPARTMENT

The Guidance Department is pleased to announce the addition of a part-time counselor to assist with the freshman class. Mrs. Cleann McGuire joins Ms. Kambas and Mr. Higgins in counseling the Class of 2006. Mr. John Higgins has retired from full-time counseling after many years of faithful service to Lasalian schools. He will continue to work on a part-time basis in the Guidance Department (he is on campus one day per week the spring semester). Ms. Kambas is back for the spring semester with office hours every Tuesday, Wednesday, and Thursday. Mrs. McGuire is on campus every Monday. Please join us in welcoming her to the Christian Brothers family. Freshman parents are encouraged to contact any of the Frosh counselors with questions or concerns. You may reach them at:

- Mr. Higgins 733-3688 or jhiggins@cbhs-sacramento.org
- Ms. Kambas 733-3692 or ekambas@cbhs-sacramento.org
- Mrs. McGuire 733-3678 or cmguire@cbhs-sacramento.org

Seniors:

- Private University/College Applications generally require a Secondary School Report or Counselor Recommendation Form. Although many of these applications are not due until early February, please get the forms to Mrs. Gorman as soon as possible. With so many seniors eligible and applying to these colleges, she needs time to complete the paperwork. Also, now that first semester grades are in, be sure to get any **MID-YEAR REPORTS** for private colleges to Mrs. Gorman. Colleges want to see the grades received for the seventh semester.

- The **Financial Aid Night** held in December was useful and informative for parents of seniors. If you were unable to attend and have financial aid questions, packets of materials distributed that evening are available in Br. Edward Hall and more information can be accessed at the CB website (click on 'College Counseling' then 'Scholarships and Financial Aid').

Congratulations to seniors who have heard about college admission early. CBHS students have been admitted to the following colleges so far this year:

Private Colleges:
Carleton College
Dartmouth College
Public Universities:
Cal Poly San Luis Obispo
Cal Poly Pomona
CSU Chico
CSU Sacramento
San Francisco State



Many, many more colleges will be listed as we head towards graduation. Please let Mrs. Gorman know when you hear from colleges.

For all students:

- Mrs. Hesser visited junior English classes to return **PSAT** Exam results the week of January 13-17; if you have not seen the results, please ask your child to show you the score report. Mr. Purdy visited sophomore Religion classes to return **PLAN** Exam scores the weeks of January 13-17 and 21-24; be sure to ask your child for the results.

- **College Night for Juniors and Their Parents** was well attended in late January. College Nights provide helpful and practical information for students and parents during the college exploration process. The second College Night for Juniors/Parents will be held on March 19, 2003.

Sophomores and Juniors:

• There are several three-day weekends throughout the rest of the winter and into the spring –use these days off to do some college planning – visit local, Bay Area, or Southern California colleges or go online to myroad.com and begin learning more about colleges, majors, your own options, etc. Be sure to visit the 'Planning College Visits' folder on the CB website (click on 'College Counseling'; then 'Planning College Visits') for detailed instructions on how to set up college visits.

• CBHS is planning a **tour of Southern California colleges** hosted by NIEP over Easter break. The dates are **Monday, April 21 - Thursday, April 24**. The cost is \$510 if 30 or more students sign up; \$710 if 15 - 29 students sign up. Colleges included in the tour are LMU, UCLA, Pepperdine, USC, Occidental, the Claremont Colleges (all 5), Chapman, Long Beach State, UC Irvine, UC San Diego, San Diego State, and USD. Cost covers airfare, hotel, materials, campus tours, evening activities, etc. Food is NOT included. An informational meeting was held for interested students and their parents in late January. If you missed it and would like to know more, call or e-mail Mrs. Hesser.

• Also, NIEP College Preview is hosting a college tour for Sacramento area Catholic High School students to the **East Coast, June 15-21, 2003**. The cost is \$1595 for 30 or more participants; \$1905 for 15 -29 students. Students will visit Catholic University, Georgetown, George Washington, American, Villanova, University of Pennsylvania, Princeton, NYU, Yale, Connecticut College, Coast Guard Academy, Brown, Boston, Harvard, and Boston College. Deposit and registration forms are due May 5, 2003. See Mrs. Hesser for more information.

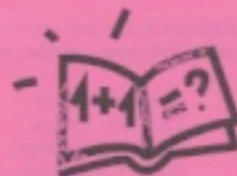
Be sure to register for upcoming college admission tests. Juniors need to take the SAT I and the ACT at least once by the end of junior year (and if applying to selective colleges/UC, the SAT II test is also necessary). Sophomores should consider taking the SAT II subject area test in curriculum areas of strength (e.g., AP World History, Honors Chemistry, etc.). Go to collegeboard.com or act.org to register. Dates are as follows:

SAT I & II Test Dates:

Test Date	Deadline to Register
April 5	February 28
May 3	March 28
June 7 (@CB)	May 2

ACT Test Dates:

Test Date	Deadline to Register
February 8	Jan. 3
April 12(@CB)	Mar. 7
June 14	May 9



College: Making It Happen: Workshops for Parents and Students Grades 8-9

*Meet with College Admissions Counselors

*Find out how to pay for college

*Explore a variety of college majors and careers

When: Sat. March 29, 2003

Where: CSU, Sacramento-University Ballroom

Time: 7:30 am - 12 Noon (Check-in: 7:30 am - 8:30 am)

Cost: FREE!

Space is limited - Pre-registration is required!

Registration begins Jan. 6th and ends March 3rd. If you have any questions or would like to register by phone during the registration period please call: (916) 278-3837 or register online at:

www.csus.edu/outreach/omih.html

Reservation confirmation will be mailed two weeks prior to the event along with a parking permit and campus map.

FALL SPORTS ACHIEVEMENTS

Congratulations to the following students who were recognized in the Sacramento Bee for athletic achievement in Fall Sports:

All-City Fall Sports Team Members

Soccer—Most Valuable Player—Greg Curry

Soccer—Anthony Chinakwe

Soccer—Tyler Tratten

Tennis (second team) - Victoria Damiani-Paulk

All-League Sierra Valley Conference Honors

Golf—First Team—Lindsey Franzoia

Golf—First Team—Alissa Kubochi

Tennis—Most Valuable Player—

Victoria Damiani-Paulk

Tennis—First Team—Heather McKee

Football—First Team—Cameron Randell

Football—First Team—Shawn Richardson

Football—First Team—Antonio Vasquez

Football—First Team—Ryan Wagner

Volleyball—First Team—Nia Freeman

Soccer—Most Valuable Player—Anthony Chinakwe

Soccer—First Team—Greg Curry

Soccer—First Team—Kyle Garman

Soccer—First Team—Ryan Magill

Soccer—First Team—Tyler Tratten

Soccer—First Team—Cameron Whelan-Miille

Soccer—Coach of the Year—Vince Juarez

February 2003

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Junior Ring Liturgy 9:30am	3 Recess Mtg Typ	4 1st Bldg vs Cardinals 4:30pm 7:30pm	5 Catholicism Capers Mtg Typ 1st Bldg vs Cardinals 4:30pm 7:30pm Amenity Mtg Typ	6 1st Bldg vs 3rd Bldg 4:30pm 7:30pm	7 Soph. Retreat 1st Bldg @ 3rd Bldg 4:30pm 7:30pm	8 ACT (1st & CB) Freshman Lunch Test Amenity Dinner 8-11pm
9 All Scheduled A Night of Our Acts 3:30pm	10 Progress Report Due CLASP 1st Service No Classes	11 Perfectionist Due 1st Bldg vs Union Mtg 8:30pm 7:30pm 1st Mtg Typ	12 1st Bldg @ Union Mtg 4:30pm 7:30pm No School Junior Service Worship Maintenance @ 8:00am typ	13 Mid-Progress Report Visitation Study 1st Bldg @ 3rd Bldg 4:30pm 7:30pm	14 1st Bldg vs Freshman 4:30pm 7:30pm CB After Game Dinner	15 Mid vs 3rd vs Viro Series 11am 1st Bldg Series @ 3rd vs Viro 11am
16 All Scheduled A Night of Our Acts 3:30pm	17 PRESIDENTS' DAY No Classes	18 Ambassador Dinner	19 Catholicism Capers Mtg Typ	20 A Night of Our Acts 3:30pm 1st Bldg @ 3rd 4:30pm 7:30pm	21 1st Bldg vs Capers 4:30pm 7:30pm No Freshman Dinner 8-11pm	22 Viro 3rd Series @ Capers 8:30pm 11am 1st Bldg Series vs Capers 8:30pm 11am
23 All Scheduled A Night of Our Acts 3:30pm	24 All Scheduled	25 Junior Retreat	26 Pre-Festival Concert 8pm	27 Senior Service Retreat Viro 4:30pm	28 Senior Lunch Mtg Talent Show	29 All Scheduled
30 Senior Service Retreat Viro 4:30pm All Scheduled						

January

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March

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Falcon Family News

Christian Brothers High School Monthly Newsletter

March 2003

Dear Parents:

In "The World Is Too Much with Us," 18th century British poet William Wordsworth writes:

*The world is too much with us; late and soon,
Getting and spending we lay waste our powers;
Little we see in Nature that is ours;
We have given our hearts away, a sordid boon!*

Part of my job as principal is to keep reminding all of us about the partnership we share: school, students, and parents. In today's difficult and fragmented world, we Catholic educators often stand in stark contrast to society's materialistic values. Our role is to assist you by offering our values as paradigms of faith, service, compassion, honesty, and integrity in conscious opposition to society's misplaced values of winning, grabbing, accumulating, consuming, and enjoying. That isn't always easy.

For two weeks recently I taught a section of our Social Justice course for seniors while one of our teachers was recuperating from back surgery. When the topic of "materialism" presented itself in the text, I asked about the Upper-Division Ball. Based on last year's ball and "local custom," this is what the students anticipate spending. The boys will spend about \$500: tuxedo (\$65-150); bid (\$90); pictures (\$50); haircut (\$10-20); coesage (\$25); limo or party bus (\$50). The boys were quite honest about "party supplies" (\$100) and the rental of a hotel room or condo (\$150) often reserved by a student's parents. The girls will also spend about \$500: dress (\$150-200); shoes (\$60); accessories (\$40); nails/hair/pedicure (\$150); tanning salon (\$65); boutonniere (\$10); miscellaneous (\$30). In rough figures, our students will spend between \$750 and \$1,000 per couple. If 200 couples attend the ball — all 497 juniors and seniors are invited — our students will spend nearly \$200,000.

Here are my questions and perhaps they are yours, too: \$200,000 for what? What are "party supplies"? Why does my child need to share a limo or party bus? Why are there bags and coolers in the trunk? Why would my child need to pack a change of clothes and toiletries? Do I want my child to spend the night in a hotel room with other couples or alone with his/her date? Which parent(s) actually rented the condo or cabin in Tahoe for the kids? Why? Will they be there with the kids?

Some expenses may surprise you. Others are considered "once-in-a-lifetime" expenses. And most are attending the ball with a "friend" and not their "one true love." That's a lot of money to spend on a friend. That's a lot of money, period. Could we do something else with \$200,000 or even \$100,000? What if the Upper-Division Ball were a semi-formal dinner dance? What if the kids donated what they would spend on tuxedos, fancy

dresses, flowers, tanning and toe nails, limos, party supplies, and hotel rooms—"the difference"—to our Lasallian sister school in Africa so that the children there could have all of the immunizations and vaccinations we take for granted in well-baby and preventative health care?

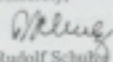
I think some parents console themselves by thinking that their children will be "safer" in a limo. So what would be "unsafe" about using the family car? I can't imagine allowing my teenager to stay in a hotel or to attend a party in a hotel room after the ball. A reasonable curfew is 2:00 or 3:00 in the morning, not late Sunday afternoon. Are tanning salons even environmentally safe? (To be fair, the girls told me that only 50% of the girls do this.) My sister tells me that she looks forward to her first pedicure when the last child graduates from college in six years.

I hope that you will sit down with your child and share this letter. I hope that you will talk with and feel supported by other parents, too. You have a right and an obligation to ask these questions. I hope that you will not "hold your tongues" because your child is eighteen years old, or because there will be a "scene" if the topic is broached, or because "everyone else's parents" approve. I do not want to imagine you "holding your breath" during an all-night vigil praying that your child is safe.

We are just another high school if we are not about living and witnessing to the Gospel values which give meaning and context to our faith. I do not think that we should wink, or briefly turn our backs, or hold our collective breath when it comes to such things. The ball is not what it once was because our world and our society are not what they once were. The expectations placed upon students by society, advertising, and peer pressure are enormous. My heart goes out to these kids. I watch them struggle all the time with what the world is teaching them in contrast to what you hold dear, what they hold dear, and what we hold dear. And the stakes are higher each year for them. Imagine telling your friends that you don't want to chip in for a limo or a hotel room or that you might even consider making your own dress? Would a student dare risk wearing a suit and tie to the ball?

I hope that one of the reasons you sent your child to Christian Brothers was so that we could ask some of these questions. I hope, too, that I will hear from you. Indeed, "The world is too much with us; late and soon / Getting and spending we lay waste our powers."

Sincerely,


Rudolf Schuler
Principal

CAMPUS MINISTRY NEWS

This prayer from St. Patrick's Breastplate is a good reminder of what we need as we begin our Lenten journey:

*May the strength of God guide me this day,
and may his power preserve me.
May the wisdom of God instruct me;
the eye of God watch over me;
the ear of God hear me;
the word of God give sweetness to my speech;
the hand of God defend me;
and may I follow the way of God.
Christ be with me, Christ before me,
Christ be after me, Christ within me,
Christ beneath me, Christ above me,
Christ at my right hand, Christ at my left,
Christ in the fort, Christ in the chariot,
Christ in the ship,
Christ in the heart of every man who thinks of me,
Christ in every eye that sees me,
Christ in every ear that hears me.*



Liturgies: PARENTS ARE ALWAYS WELCOME AT ANY OF OUR SCHOOL LITURGIES AND PRAYER SERVICES. Please join us as we prepare for the journey of Lent at our **Ash Wednesday Prayer Service** on March 5 at 9:30 a.m. in the school gym. Br. Paul Joslin, FSC, from Jersey City, New Jersey, will be our guest speaker.

Our **Multicultural Prayer Service** will be **Monday, March 31 at 9:30 a.m.** in the school gym. Please join us as we celebrate the diversity of our school community.

Congratulations to the Junior Class of 2004! They received their class rings and a class memento at their Junior Ring Liturgy on February 2. Kudos to the Junior Class Officers (Pat Fitzgerald, Chris Messick, Jillian Franzola, Peter Haman, Stephen Caselli, Ana Cedros) and the Junior Class Moderators (Ms. Patti Gallagher and Ms. Linda Moulton) for their hard work in preparing this special liturgy. You can read the inspiring homily delivered by the presider at this liturgy, Fr. J. Patrick Foley, in the February edition of the Talon.

Retreats: The final **Senior Retreat** of the year will be March 23-24 at St. Joseph's Camp near Guerneville. The next **Sophomore Retreat** is Friday, March 21. Sign-ups for these retreats are still available.

The faculty and staff will enjoy a day of prayer and reflection at the **Faculty/Staff Retreat** on **Monday, March 17**. There will be no classes that day.

Student Activities

Plans are underway for our Upper Division Ball. This year's theme is "Every Time I Close My Eyes." The ball is Friday, March 28th from 7:00 p.m. - midnight at the Arden Hills Country Club on Fair Oaks Blvd. A buffet dinner will be served from 7:30 - 9:00 p.m. The DJ will be playing music from 8:00 p.m. until 12:00. Pictures will be available at 6:30 p.m. with prices ranging from \$18 to \$80.

All students must check in by 8:00 p.m. and may not leave until 11:30 p.m. All school conduct rules will be in effect at the Arden Hills Country Club. Any student found to be in violation of these rules will be removed from the UD Ball and parents will be notified. Also, any CB student who has a guest who does not attend CB, Jesuit, Loretto, or St. Francis High School is asked to complete the "Dance Contract for Guest Students."

Tickets for the Upper Division Ball will go on sale Thursday, March 13th.

During the week of March 31–April 4, Christian Brothers celebrates the many cultures represented at our school with Multi-Cultural Week. We start the week with a Multi-Cultural Prayer Service and have different activities planned throughout the week. We will also have one-hour lunches each day that week.

ASB elections are coming up in the beginning of April. All sophomores and juniors are encouraged to think about getting involved in Student Council and running for an ASB office. Class Council elections will take place after Easter Break. This is a great way to get involved and participate in the planning of school functions.

Boosters

The Boosters Club is dedicated to supporting the educational, social, and athletic goals of Christian Brothers High School. Each year the Boosters Club is responsible for the Fireworks Booth, Red and Blue Scrimmage Day, Crab Feed in November, Snack Bar, and the new Spring Auction (2004)

In the past few years we have been blessed with many families who made the Booster organization a success by their volunteer efforts and dedication to supporting athletics at Christian Brothers.

We are accepting nominations for President, Vice-President (2 positions), Secretary and Treasurer for the 2003-04 Executive Board at the next Booster meeting on March 3.

Open Committee Chairs:

Fireworks Assistant Chair
Red & Blue Scrimmage Co-Chairs
Crab Feed Co-Chairs
Auction Assistant Chair
Snack Bar Assistant Chair

Please contact Donna Adam if you would like information about any of the Booster positions.

Thank you for your continued support of Christian Brothers!
Donna Adam, Director of Support Groups (916) 733-3662

Congratulations to Matt Boyd on being selected as a finalist for the winter *CIF Spirit of Sport Award*. The award recognizes students who "live" the ideals of *Pursuing Victory with Honor* in their lives and athletic endeavors. The Christian Brothers community is proud of this honor for Matt and our school.

Library Resources from Your Home

In the absence of our library for this semester, please note that Christian Brothers has a subscription to two databases for our parents and students to use to complete research utilizing computers in the Tech Center or from home:

ProQuest is a database which provides full text or articles from peer reviewed publications. The sources are newspapers, magazines, journals and reference works.

Bigchalk Multimedia is a database that provides current and archival news footage from TV/Radio, plus audio, pictures and maps.

Both databases provide assistance in research. They explain how to narrow your searching for best results. The databases allow you to use natural language or Boolean logic. If you make use of the Search Guide you will find success with ease.

You may go directly to www.bigchalk.com for both databases.

Login: cbhs
Password: redandblue

Or go to cbhs-sacramento.org; People & Places; Library & Media Center. Then follow the directions to get to both **Bigchalk** and **ProQuest**.

You might also consider other sources of information:

Research & Reference (Almanacs)

www.infoplease.com

Reference & Reference (Articles/Transcripts)

www.elibrary.com

Research & Reference (Encyclopedia)

www.britannica.com

Government (All Branches & Agencies)

www.firstgov.gov

VENAVER

Come and See!

From February 17-23, ten seniors experienced a unique service retreat called **VENAVER**. The **VENAVER** program is an intense immersion experience in which students had the opportunity to travel to Tijuana in order to see, experience and live for five days in a setting unlike any other. It allowed them the opportunity to move beyond their own known borders and to live and serve in another culture. The **VENAVER** experience included direct contact with the people of Tijuana as well as prayer and reflection, all in the context of community, simplicity and service learning. Please keep the following seniors and moderators in your prayers as they continue to process their experience.

Melissa Baker
Moriah Balingit
Candace Castillo
Neal Davis
Jeff Freiders

Emily Kollars
Tyler Lammerding
Amy Nguyen
Roberta Sutton
Ali Villa

Tomas Capogreco
Leah Newton
Susannah Ruffu

CONGRATULATIONS

...to **Kyle Zarzana**, our *National Merit Finalist!* Of the 1.3 million students who took the PSAT/NMSQT in October, 2001, Kyle Zarzana has been named a National Merit Finalist. He is one of 16,000 finalists in the entire U.S. Kyle is a member of our Scholar Program, taking Accelerated, Honors and AP classes, earning a 4.35 GPA. Over the last three years, Kyle has earned top departmental honors in mathematics, science and social studies, as well as the *Signum Fidei Award*. Beyond academics, Kyle is a member of the Cross Country and Track teams, an accomplished violinist in our String Ensemble, and President of the German Club. Wow — talk about multi-talented!

2003 AATG National Testing & Awards Program

Our German students took the national exam given by the *American Association of Teachers of German (AATG)*. Again, as in prior years, they scored at or above the 85th percentile. Since 26,000 students participated in the exam, this is quite an achievement. Gabriele Truihlte, our German teacher, applauds her students and lauds them with "WUNDERBAR!!"

NEWS FROM THE GUIDANCE DEPARTMENT

Update for the Class of 2003

(NOTE: For complete college and financial aid information, please refer to the Christian Brothers Web site: www.cbhs-sacramento.org)

COMMUNITY COLLEGES

Sacramento City College will administer the SCC Assessment (English and Math tests) at 3:00 PM on Thursday, March 20, in the Christian Brothers library. Students who have not pre-registered for these tests should see Mrs. Gorman in the Guidance Office as soon as possible.

American River College and **Cosumnes River College** prefer that students test on their campuses. They will also set up an appointment with one of their counselors for registration information. Taking the assessment tests will provide the opportunity to register early and get desired classes. Students should plan to go after school or on a day that we do not have classes. The schedule for Assessment tests at ARC and CRC and other information about attending is posted in the College Center in Brother Edward Hall, or you can access it on the college websites:

American River College - www.arc.losrios.cc.ca.us. Click on the Assessment Center Schedule.

Students need to take English and Math tests.

Cosumnes River College - www.crc.losrios.cc.ca.us. Click on the Assessment Center Schedule.

Students need to take the Reading and Writing Test and the Math test.

FOUR-YEAR COLLEGES and UNIVERSITIES

As students receive admission notification from colleges, please provide acceptance letters to Mrs. Gorman to copy for their files and to list in the Graduation program. If students or parents need help or support in the sorting out all those offers of admission or arranging to visit colleges before making the final decision, please contact Mrs. Gorman at 733-3689 or via e-mail at sgorman@cbhs-sacramento.org.

Most college admissions letters will be sent in March and early April, but at this early stage in the process, Mrs. Gorman has received copies of letters from students who have been admitted to the following colleges and universities:

Private:

Albertson College of Idaho
Carleton College, MN
Clark Atlanta University, GA
Dartmouth College, NH
Loyola University, Chicago
Saint Mary's College, CA
Spelman College, GA
Thomas Aquinas College, CA
University of Notre Dame, IN
University of San Diego

Out of State Public:

Indiana University
Pace University, NY
University of Oregon
University of Wisconsin, Madison
University of Washington

California Public Universities:

Cal Poly, San Luis Obispo
Cal Poly, Pomona
Chico State
CSU Fullerton, Northridge, Sacramento
San Francisco State
Sonoma State



SCHOLARSHIPS

- 2003 *Scholarship News* is updated each week. It is posted in Senior Homerooms, Literature and AP English Classes, Brother Edward Hall and at www.cbhs-sacramento.org. Paper copies are also available in Brother Edward Hall.
- Applications for scholarships listed are available either at the website listed for the scholarship or in the Scholarship File in the College center in Brother Edward Hall.

Helping Your Teen Through the Transition to High School

The beginning of high school is an exciting time filled with opportunities. However, high school also presents some challenges. One of the challenges is learning how to handle a tougher academic schedule with more homework, tests and long term projects. Here are some tips for parents to help teens achieve academic success:

Get Organized: Make sure your teen uses the Christian Brothers Agenda given to all freshmen at the beginning of the year. The Agenda is an important tool in keeping track of homework assignments, test dates and project deadlines. Help your teen create a plan on how to get the work done and stick to it.

Follow a School and Study Routine: It is important to attend school every day. In-class instruction is vital to academic success. Emphasize the importance of daily attendance and work with your teen to establish a consistent homework time each day in a well-lit place free of distractions.

Take Notes in Class: Help teens learn how to take notes. During lectures, instead of trying to write down every word, jot down main ideas and important terms. It is also important to review notes everyday and rewrite notes, too. If you need more advice on note taking techniques, consult with teachers or counselors.

Be Prepared for Tests: Cramming the night before is not the best way to prepare for a test. Help your teen schedule several study sessions. Offer to quiz your teen to help him/her prepare.

Communicate with Teachers: Your teen has classes with several different teachers, each with his/her own teaching style and expectations. Encourage your teen to talk with teachers and to ask for help when needed.

Ultimately, students must take responsibility for the grades they earn. After giving students the time, space and tools they need to learn, it is time to let go and let them do the rest. For more tips for parents and students access the Christian Brothers website www.cbhs-sacramento.org.

PARENT SERVICE ORGANIZATION

...is seeking current parents, parents of alum's and friends of Christian Brothers to become a member of the 2003-04 PSO Board. *Join us!*

The Parents Service Organization (PSO) is a support group of enthusiastic parents who pool their time and talents to provide additional services, support and enrichment of the educational experience at Christian Brothers to the students and staff of Christian Brothers. PSO sponsors such events as the Spirit Sweepstakes, QSP Magazine Drive, and Grad Night, and in 2003 the Friends of the Arts program.

Bring your ideas and enthusiasm to the March 11 meeting. I would be happy to answer any questions about PSO.

Donna Adam, Director of Support Groups,
(916)733-3662

GRAD NIGHT 2003

"Growing beyond our roots and branching
into the future."
(2003 graduation theme)

Grad Nite Planning Meetings have started! WE WANT YOU THERE! Volunteers are needed before and during the event!

Next meeting:
March 4 -7pm Bertram Hall
Call Donna Adam with questions:
(916)733-3662

JUNIOR PARENTS: Learn how to plan a memorable night for your upcoming senior in 2004.

SENIOR PARENTS: Join us for...THE event that parents love to volunteer for. You will laugh and have fun as we send our graduating seniors forward...as they branch into the future.

CAMPUS SAFETY NEWS

Because we place a high priority on student safety, we will be practicing various emergency drills on campus during the month of March. These drills will include fire, securement, and shelter in place. We want to be prepared so that our students will always be as safe as possible. We also want to make you aware of the drills so that if you visit us this month, you will not be "alarmed."



STUDENT DRAMA AWARD

Junior Brendan O'Brien was honored with a "Best Playwright" award at this year's Lenaea Festival of Theater at CSUS. His play "Edward Jones Is Dead" was performed at the Festival and here at Christian Brothers, along with three other one-act plays. Congratulations also to cast members David Scott, Thomas Castillo, Emily Olson, and all the actors and technical people involved in the one-act productions.

Mr. Schulze's Feta and Spinach Salad

2 lbs. of spinach, stems removed and leaves torn into one-inch pieces
1/2 cup of olive oil
2 T fresh lemon juice
2 T white wine vinegar (Good stuff)
1/2 t salt
1/4 t ground cinnamon
1/4 t dry mustard
freshly ground black pepper, to taste
2 T toasted pine nuts
2/3 cup of feta cheese, crumbled

Optional Garnishes: bits of fried bacon, pancetta, or prosciutto; scallions; grated hard-boiled egg; cherry-sized heirloom tomatoes (halved); sliced mushrooms. Healthy and delicious — ENJOY!!



March 2003

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
2	3 Blat vs St. Mary's 1:30pm P: Blat @ St. Mary's 1:30pm Business Mtg. 5pm	4 English/Math Exams 10:00AM vs Blat 1:30pm P: Blat vs St. George's 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm	5 PEE For Aids Exams A&B Workshop, Project Review 10:00AM vs Galt @ Lakeside 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm Business Mtg. 5pm	6 Social Studies/Religion Exams 10:00AM vs Blat 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm P: Blat vs St. George's 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm	7 Science/Foreign Language Exams Project Review, Leadership Workshop 10:00AM vs Blat 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm Business Mtg. 5pm vs Lakeside	1 T&F Out Peak Meet 10:00AM vs St. George's @ Community 10:00AM vs Blat @ Vasa Trinity Soccer Exams P&L, Basketball	
9	10 QEP HOLIDAY No Classes 10:00AM vs Galt @ Lakeside 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm V: Galt @ Lakeside 1:30pm	11 Quinn vs Lake Erie Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm	12 Prothonotary One P: Galt vs Blat @ Lakeside 1:30pm Math/Science @ Lake Erie Blat vs Galt @ Lakeside 1:30pm	13 Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm	14 Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm	15 10:00AM vs Vasa Trinity T&F Out @ Lakeside Meet	8 CBIS Church Festival Women's Club 10:00AM vs St. George's @ Community 10:00AM vs Blat @ Vasa Trinity Blat vs Galt @ Lakeside Blat vs Galt @ Lakeside Blat vs Galt @ Lakeside
16	17 Fencing @ Galt @ Lakeside 10:00AM vs Galt @ Lakeside 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm	18 P: Galt vs Lake Erie V: Galt vs Galt @ Lakeside 1:30pm V: Galt vs Galt @ Lakeside 1:30pm V: Galt vs Galt @ Lakeside 1:30pm V: Galt vs Galt @ Lakeside 1:30pm V: Galt vs Galt @ Lakeside 1:30pm V: Galt vs Galt @ Lakeside 1:30pm	19 Commuter/Comm Mtg. 5pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm	20 Classroom Begins 9:15am 10:00AM vs Prothonotary @ Lakeside 1:30pm 10:00AM vs Prothonotary @ Lakeside 1:30pm 10:00AM vs Prothonotary @ Lakeside 1:30pm 10:00AM vs Prothonotary @ Lakeside 1:30pm 10:00AM vs Prothonotary @ Lakeside 1:30pm 10:00AM vs Prothonotary @ Lakeside 1:30pm	21 Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm	22 New SAT Field Trip @ CBIS T&F Out @ Lakeside	15 Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm
23	24 A&B Exams Available 10:00AM vs Prothonotary 1:30pm 10:00AM vs Prothonotary 1:30pm P: Galt vs Lake Erie @ Lakeside Blat vs Galt @ Lakeside 1:30pm	25 10:00AM vs Blat @ Lakeside 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm	26 Classroom Begins 9:15am Blat vs St. George's P: Galt vs Blat @ Lakeside 1:30pm T&F vs Galt 1:30pm	27 10:00AM vs Galt @ Lakeside 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm 10:00AM vs Galt @ Lakeside 1:30pm	28 Career Day UD Ball Blat vs Galt @ Lakeside 1:30pm	29 Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm Blat vs Galt @ Lakeside 1:30pm	
30	31 Multi-Cultural Prayer Service 10:00AM @ Galt 1:30pm 10:00AM @ Galt 1:30pm P: Galt vs Blat vs Galt @ Lakeside						

February

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23	24	25	26	27	28	29

April

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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2



Falcon Family News

Christian Brothers High School Monthly Newsletter

April 2003

Dear Parents:

I want to thank you for the overwhelming response to my last letter in this august publication about the Upper-Division Ball. I have had hundreds of letters, cards, e-mails, telephone calls, voicemail messages, and informal contacts with parents and students at many school events. I have been surprised to receive responses from all over the country as the letter has been shared by others with friends, colleagues, teachers, administrators, and Brothers. Interestingly enough, I've had only two dissenting voices: a letter and a conversation.

As I have said to many people, I and my Principal's Advisory Council have not made any decisions nor do I intend to make any decisions until this new conversation runs a fair course. I had the chance to speak with the junior class on March 20th—clearly the letter rattled a few cages! (That's a good thing.) Imagine the surprise on the faces of the moneychangers when Jesus walked into the Temple one bright sunny afternoon! (Matthew 21:12ff.) Please help me to convince the most outraged among your sons and daughters that this isn't about "control." ("You can't tell us how to spend our money.") It's about the Gospel—who we are and how our actions demonstrate who we say we are.

I am touched by the great number of students who have sought me out in support of this conversation. I received a letter from a number of juniors after the class meeting telling me how much they appreciated the opportunity to voice their opinions. Teachers tell me that classroom discussions are "animated." Two vignettes perhaps capture it: "Yes, he's right and I agree with him, but I still want to party after the dance." And, "We're seniors. We're entitled."

In early June, the principals, deans, and activities directors of the four local Catholic high schools will meet to discuss our experiences of the proms and balls this year. The conversation continues...

I want to share with you that I have hired a *Wellness and Prevention Counselor* for our Guidance Services Department. Mr. Kent Morrison, a licensed and certified chemical dependency counselor, will join us in August. He holds a bachelor's degree in sociology, a master's degree in addiction counseling, and is presently a senior counselor with the Hazelden Organization in Minnesota.

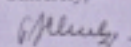
Mr. Morrison will teach psychology and will be responsible for our school's drug and alcohol education and prevention program. He comes with impeccable credentials and references, including that of Mr. David Gust of New Directions, whose services we now use for education, prevention, and referral.

Times have changed, my friends. When I was in high school we had one counselor for 1,200 boys and he spent most of his time with the seniors. Mr. Morrison joins a great team of five personal, academic, and college counselors and will facilitate the curriculum piece of our drug and alcohol education and prevention program for students, provide in-service presentations for teachers, and information for parents. He will also be the on-site referral counselor for students who have drug and alcohol issues and counseling needs, or who require a referral to outside professional programs. I call attention to his title again: *Wellness and Prevention Counselor*.

Happy Easter! I am looking forward to watching my nearly-two-year-old nephew on Easter morning when he spies his first Easter basket and "connects the dots" that the eggs he finds hidden throughout the house should go into the basket. That kind of child-like wonder and awe center me and focus my energies, however briefly, on what's really important. It also reminds me that Jesus died for all of us—for those who are defending our country, for those who believe and those who do not, for the boys and girls who walk these halls each and every day, for the teachers who prepare lessons and correct papers, for counselors, coaches, moderators, and secretaries, for parents and grandparents, brothers and sisters, aunts and uncles, and for Nicholas and his Easter basket.

No one was more surprised at the resurrection than Jesus. The Father raised the dead son so that we might have life. So that we might be bread broken for one another, passed around and shared. So that we might be wine poured out in loving service. "Whenever you do this, remember me." Because of the Resurrection and the sending of the Holy Spirit at Pentecost, Jesus is with us always. Live, Jesus, in our hearts. Forever.

Sincerely,


Rudolf Schälze
Principal

page 1

CAMPUS MINISTRY NEWS

On Thursday, March 20, the morning following the outbreak of war in Iraq, the four Catholic high schools in the diocese joined in a communal prayer for peace at each of our school sites. This prayer from Pope John Paul II was a part of our prayer services that day:

Prayer for Peace

O God, Creator of the universe, who extends your concern over every creature and guides the events of history to the goal of salvation, we acknowledge your love when you break the resistance of mankind and, in a world torn by strife and discord, you make us ready for reconciliation. Renew for us the wonders of your mercy; send forth your Spirit that he may work in the intimacy of hearts, that enemies may begin to dialogue, that adversaries may shake hands and peoples may encounter one another in harmony. May all commit themselves to the sincere search for true peace, which will extinguish all arguments, for charity, which overcomes hatred, and for pardon, which disarms revenge.

Liturgies

A **Multicultural Prayer Service** will take place on **Monday, March 31, at 9:30 a.m.** in the gym. Our theme is **"We Are One Body."** In prayer, song, and readings, we will celebrate the diversity of our Christian Brothers community and the unity we share as the Christian Brothers family.

Please also join us for the **Holy Thursday Prayer Service** on **April 17 at 9:30 a.m.** in the gym. We will enter the Easter Triduum, the holiest days of the Church year, as a community, and celebrate the end of the Lent season and the approach of Easter.

The **Senior Family Liturgy** will take place on **Sunday, May 4, at 9:30 a.m.** in the gym. We look forward to celebrating with Seniors and their family members as their journey through CB draws to a close.

Retreats

The final retreats of the year take place in April. There is one more **Sophomore Retreat** on **Friday, April 11**. There are two more **Junior Retreats** on **Tuesday, April 8** and **Tuesday, April 29**. Places are still available on all these retreats. Please encourage your son/daughter to sign up for these retreats in the Campus Ministry Office.

ADMISSIONS

We are preparing for the registration of next year's Freshman class, the class of 2007. This year, again, proved to be an exciting one for the Admissions Office. 467 students took the Placement Exam for approximately 280 available spaces. Unfortunately, because of the large number of qualified applicants for the limited number of spaces, we have had to inform many families that we are unable to offer them admission to next year's Freshman class. As Christian Brothers continues its 126-year legacy of educating the young men and women of Sacramento, we face the continuing call in our community for quality education in a setting designed to prepare students not just for college, but for life. The demand for the Christian Brothers experience continues to grow each year.

Student Activities Update

Multi-Cultural week begins March 31. On Monday, we will be starting the week with a Multi-Cultural Prayer Service to celebrate the diversity on our campus and in the world. On Tuesday, the Maya Club will serve traditional Hispanic food and a live alternative Mexican band will perform. On Wednesday, the Black Student Union offers us a full meal including chicken and ribs with a side order of entertainment. Thursday, the Asian Pacific Club will provide oriental delights and a display of dancing and martial arts. Friday is European day with a variety of European treats, and the German Oom-pa-pa band will perform once again. The French, German, and Greek/Italian clubs are sponsoring the day on Friday.

ASB elections will be held on Friday, April 11. Applications for ASB office are now available in the SAC to all sophomores and juniors. Students may run for the following offices:

President, Vice-President, Secretary, Treasurer, Rally Chairperson, and Publicity/Historian. Parents—encourage your students to run for an office and get involved. Class elections are coming up in May.

Throughout the 4th quarter, the Activity Period will be scheduled during the regular school day. On these days dismissal is at 2:55 p.m. During Activity Period students should attend club meetings or see their teachers for tutorial help. Assemblies and other events will also take place.

Looking ahead, Powder Puff football games begin April 29. Start practicing, ladies! The championship game will be on Friday, May 2. Our Lower Division Dance, set for the night of Saturday, May 10, is already being planned by the freshmen and sophomore councils. More information will follow about this special evening.

Technology for Kids - Mannar, Sri Lanka

by Br. Roch Dufresne, FSC

Last year, I had the chance to participate in a program for Lasallian teachers in Sri Lanka. Miss Amy Bell and I went for a month to work and teach disadvantaged students in one of the Christian Brothers schools in the city of Mannar. The school serves a very poor community. During our stay, we were able to live a missionary experience. I was asked to teach "technology" to these students with what I had available - four old "386" computers. It was a challenge to teach some computer skills with these outdated computers. The students were excited to learn more about computers and software. However, the obsolete equipment did not provide them a current lesson in technology.

I proposed to the Administration, the Leadership class, and the entire student body that we raise money during this Lenten season to help the students in Mannar get 6 new computers in their

school. In June, I will have the opportunity to return to Mannar to teach and, hopefully, install their new computers. This community effort has had very good participation so far from all the staff, teachers and students. However, we are still some distance from our goal of raising \$6,000.

During this Lenten season, I'm asking for your help to reach our goal. We have established "The Fund for Mannar." If you would like to be part of this community effort, please donate any amount toward this fund by sending your donation to the Christian Brothers Main Office. If you are donating by check, please make your check out to CBHS with a "Mannar" notation on the check.

Thank you very much on behalf of the children in Mannar.

PARENT SUPPORT GROUPS

Congratulations to the following nominees for the 2003-04 Parent Groups Executive Board. Voting will take place at the April meetings and all parent members are welcome to attend.

BOOSTERS

Voting will take place April 7 - 7:00 p.m. in Bertram Hall

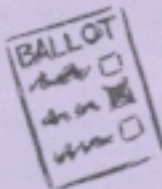
President Elect: Tim Mickiewicz

1st Vice President Elect: Mike McCarthy

2nd Vice President Elect: Mike Chillelli

Treasurer Elect: Craig Price

Secretary Elect: Susan Magill



PARENT SERVICE ORGANIZATION -PSO

Voting will take place April 8 - 7:00 p.m. in Bertram Hall

President Elect: Lynne Giovannetti

Vice President Elect: JoAnne Payan

Treasurer Elect: Sophia Aguilar

Secretary Elect: Shauna Pompei

Join us at the April PSO meeting on April 8, 2003—7:00 p.m. in the Faculty Lounge in the new SMAT building. The guest speaker will be:

Mark Warren, President of Christian Brothers High School

Mr. Warren will have a short question and answer session following a summation of the current school year with highlights of the upcoming year.

Volunteers are needed for the 2003-04 school year!

Please call a member of the Boosters & PSO Boards to volunteer, or call Donna Adam at 733-3662. The 2003-04 volunteer form will be in the summer mailing.

The **Boosters** is an organization of parents who support athletics at Christian Brothers. The members are actively involved in fundraising activities such as Fireworks Booth, Snack Bar, Red & Blue Scrimmage, Spirit Wear, Crab Feed & Dance and the Auction Gala. Join other parents and friends of CB in supporting the athletic programs. The **Parents Service Organization (PSO)** is a group of enthusiastic parents who pool their time and talents to provide additional services, support and enrichment of the educational experience at Christian Brothers. The PSO sponsors such events as the QSP Magazine Drive, Spirit Sweepstakes, Grad Nite and in 2003-04 the *Friends of the Arts* program, in addition to the many other volunteer needs on campus.

Scholarship Information:

The **Presentation Alumnae Association** will award up to 5 scholarships of \$1,000. each. To be eligible, students must be in their freshman, sophomore, or junior year at a Catholic high school. The scholarship is open to children, grandchildren, nieces or nephews of Alumnae of Presentation High School - Berkeley, Presentation High School - San Francisco, or Our Lady of Loretto High School - Los Angeles. Copies of the application are available in Brother Edward Hall (see Mrs. Heine), and the deadline for all scholarship applications is June 2, 2003. Please call Patricia Kelly, Alumnae Director, at (415) 422-5021 with questions.

NEWS FROM THE GUIDANCE DEPARTMENT

COLLEGE NEWS

Congratulations to the class of 2003! Admission decisions have been steadily arriving for our seniors, with more to come throughout the month of April. Some of the colleges and universities this year's graduating class have been admitted to are:

Private:

Albertson College of Idaho
Beloit College, WI
Carleton College, MN
Clark Atlanta University, GA
Creighton University, NE
Dartmouth College, NH
Goucher College, MD
Loyola Marymount University, CA
Loyola University Chicago, IL
Mount St. Mary's, CA
Northeastern University, MA
Notre Dame de Namur University, CA
Saint Mary's College, CA
Spelman College, GA
Thomas Aquinas College, CA
Tulane University, LA
University of Notre Dame, IN
University of Portland, OR
University of San Diego, CA
University of San Francisco, CA

California Public Universities:

California State University campuses:
Cal Poly, San Luis Obispo, Cal Poly, Pomona,
Chico State, CSU Dominguez Hills, Fresno,
Hayward, Humboldt, Long Beach, Monterey Bay,
Fullerton, Northridge, Sacramento, San Diego,
San Francisco State, San Jose State, San Marcos,
Sonoma State

University of California campuses:

UC Davis, UC Irvine, UCLA, UC Riverside,
UC Santa Barbara, UC Santa Cruz

Out of State Public:

Florida A & M
Indiana University
Morgan State, MD
Pace University, NY
Penn State, PA
University of Oregon
University of Wisconsin, Madison
University of Washington

Reminder to Seniors: Please give Mrs. Gorman a copy of your letters of acceptance. Thanks!

SUMMER PROGRAMS

Summer will be here before we know it! Summer is a wonderful time for students to expand their horizons, enrich their lives with fascinating experiences, and improve their readiness for college through academic pursuits. Each year Christian Brothers High School receives materials from schools and organizations describing programs available to high school students during the summer. Some of these are travel/study programs or work camps abroad. Many programs are offered on U.S. high school or college campuses. These materials have been organized in a box in the summer program room in Brother Edward Hall. (The inclusion of a program in this listing is not an endorsement or recommendation by CBHS. Students and their parents should look closely into any programs they are considering.) The Christian Brothers' website lists dozens of summer programs that are available to your child. Check it out at www.cbhs-sacramento.org - go to College and Career Center, then click on the [Summer Programs](#) folder. New programs are added weekly!

THE FALCON FAMILY NEWSLETTER is now available online! Just go to the school Web site at www.cbhs-sacramento.org and you will find the link on the front page. You may also sign up to automatically receive an e-mail version of the newsletter.

How To Talk To Kids About War

(Adapted from *Massachusetts General Hospital*, KCRA Channel 3 website, and many other sources)

KidsPeace and clinical experts at more than 50 centers across the country suggest that America's parents do the following:

- Listen to children. Allow them to express their concerns and fears.
- Regardless of age, the most important issue is to reassure children of safety and security. Tell children that you, their schools, their friends and their communities are all focused on their safety and they will be protected by those around them.

Adolescents

- When discussing the events with teens, more detail is appropriate, and many will already have seen news broadcasts. Do not let them focus too much on graphic details. Rather, elicit their feelings and concerns and focus your discussions on what they share with you. Be careful of how much media they are exposed to. Talk directly with them about the war and answer their questions truthfully.
- Listen, listen, listen.
- Watch TV news with them.
- Engage your adolescent in healthy conversation. "What do you think about the events that are taking place in our world today?" "How did you feel when you first heard we were at war?" "Do any of your friends have family members in Iraq?"
- Share your feelings with them honestly.
- Encourage them to express feelings of anger, and brainstorm with them about how they can deal with those feelings.
- Let them know they are safe. Keep to a structured "normal" routine of school, sports practice, etc.
- Although this group is more mature, do not forget to reassure them of their safety and your efforts to protect them. Regardless of age, kids must hear this message.

Be on the lookout for physical symptoms of anxiety that teens may demonstrate. They may be a sign that a teen, although not directly discussing the war situation, is very troubled by current events. Talk more directly to kids who exhibit these signs:

- Headaches
- Stomach aches
- Back aches
- Trouble sleeping or eating
- Nightmares
- Withdrawal
- Excessive worry
- Increased arguing
- Irritability
- Loss of concentration
- Refusal to go to school

Parents and caregivers should often reassure children of all ages that they are loved. During times like these, words expressing love combined with deeds demonstrating love can provide the most comfort to children and teens. If you are concerned about your children and their reaction to the war or any world event, talk directly with their CBHS counselor, family doctor, or have your older children visit KidsPeace's teen-help Web site, which provides anonymous and clinically screened help and resources for teen problems before they become overwhelming.

San Diego/Tijuana 2003—Lasallian Youth Assembly

The 5th annual West Coast Summer Assembly of Lasallian Youth is being held at the University of San Diego, July 27—August 1, 2003. The theme "Un Mundo" or "One World" will serve as the backdrop for service sites, education programs, and community events. In addition to engaging service opportunities in San Diego, students will also be exploring concepts of justice and peace, as they learn how borders are created and broken down in the hearts and minds of human beings. The last full day of the week will culminate with reflection, prayer, and celebration in Tijuana at Centro La Salle.

Registration forms are available from Janis Hoffart in the Christian Brothers' Main Office, and are due by Tuesday, April 15. If you have questions, please contact Ms. Hoffart at 733-3633.

SUMMER PROGRAMS

Christian Brothers 2003 Summer Programs brochure will be mailed home April 9. This year's offerings include an expanded sports camp program, comprehensive high school and pre-high school courses, a drama camp, and an enrichment program for children in fourth through eighth grades. New this year is the addition of Summer Fun classes, including Introduction to Video Production and Introductory Culinary Skills. Both offerings require a fee and have limited enrollment. Registration and payment for Summer Programs are due by June 9; the first day of classes begins on Friday, June 13. Please call the Admissions Office at 733-3690 for more information, or log on to the CBHS website at: www.cbhs-sacramento.org and find Summer Programs information beginning April 11.

TARGET STORES SCHOOL FUNDRAISING PROGRAM

Did you know that every time you use your Target Visa or Target Guest Card at a Target store, an amount up to 1% of your purchases can be donated to Christian Brothers High School?

You can learn more about the School Fundraising program, sign up to participate, and designate CBHS as your recipient school by calling 1-800-316-6142, or log onto the Target web site at www.Target.com and from the bottom of the home page click on "Community Giving."

Through September 2002 Target's donations to CB totaled \$1,818!

GRAD NIGHT 2003

"Growing beyond our roots and branching into the future."
(2003 graduation theme)

Volunteers are needed before and during the event! Please call Sally Medina (393-8694) or Marcy Robinson (422-2348) to volunteer.

JUNIOR PARENTS: Learn how to plan a memorable night for your upcoming senior in 2004.

SENIOR PARENTS: Join us for...THE event that parents love to volunteer for. You will laugh and have fun as we send our graduating seniors forward...as they branch into the future.



CHEERLEADING TRYOUTS

Sign up in the Main Office.

Mandatory Parent and Student Meeting
April 10 at 6:30 p.m., Cafeteria

Cheer Clinic—April 12, 14-16, main lawn
Freshman, JV, Varsity 4:00-5:30 p.m.

Tryouts—April 17, Room 804
Varsity 3:30 p.m., JV 4:45 p.m.
Freshman 6:00 p.m.

Questions??
Call Patti Lewkowitz—421-8999.

April 2003

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																										
<p>March</p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					<p>1</p> <p>ACT/Chad @ 8:00 AM American 1 1/2 hrs Saves vs Cardinals 3 1/2 hrs Good News Mtg</p>	<p>2</p> <p>Continuation Comm Mtg 1/2 hr Fr: Bldg vs Oak Ridge 3 1/2 hrs SBlad vs Oak Ridge 3 1/2 hrs MAY @ 8:00 AM Football Practice: Mustang 1/2 hr Mission Mtg 1/2 hr</p>	<p>3</p> <p>Ind/Gall vs Oak Ridge @ 11:00 AM 3 1/2 hrs Ind/Texas vs Union Mar 3 1/2 hrs Ind/Chad vs Paducah 3 1/2 hrs</p>	<p>4</p> <p>Bldg @ 8:00 AM Fr: Bldg vs Cardinals 3 1/2 hrs SBlad vs Cardinals 3 1/2 hrs</p> <p>— Spring Musical 3 1/2 hrs —</p>	<p>5</p> <p>SAT 1 Only (rest @CCB) Luther's LIVED Ball</p>	
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<p>6</p> <p>— Spring Musical 3 1/2 hrs —</p>	<p>7</p> <p>ABB Campaign Week Progress Report 1/2 hr Ind/Texas @ Oak Ridge 3 1/2 hrs Ind/Saves @ Oak Ridge 3 1/2 hrs Business Mtg 1/2 hr</p>	<p>8</p> <p>Judicial Retreat Ind/Chad vs Paducah @ 11:00 AM Bldg @ Oak Ridge 3 1/2 hrs SBlad vs Oak Ridge 3 1/2 hrs Home @ Paducah 3 1/2 hrs Ind/Chad vs Cardinals @ 11:00 AM PMS Mtg 1/2 hr</p>	<p>9</p> <p>Fresh Experience Evening 3 1/2 hrs Meditation @ Sacramento 3 1/2 hrs TAB vs OI Daniels 3 1/2 hrs</p>	<p>10</p> <p>ABB Progress Report ABB vs Union Mar @ 11:00 AM 3 1/2 hrs Ind/Texas vs Cardinals 3 1/2 hrs Ind/Saves vs Cardinals 3 1/2 hrs Bldg vs Oak Ridge 3 1/2 hrs Home @ Paducah 3 1/2 hrs</p>	<p>11</p> <p>Jepp News ABB Devotion Schedule Lunch Mtg Saves vs OI Daniels 3 1/2 hrs</p>	<p>12</p> <p>ACT @CCB Jepp Fresh/Saves Dinner 8 1/2 hrs</p>																																										
<p>13</p> <p>— Spring Musical 3 1/2 hrs —</p>	<p>14</p> <p>Student Extension of Teachers Academy Awards Celebration 1/2 hr</p>	<p>15</p> <p>Ind/Chad vs Paducah @ 11:00 AM Ind/Gall vs OI Daniels 3 1/2 hrs Ind/Chad vs Union Mar 3 1/2 hrs</p>	<p>16</p> <p>Continuation Comm Mtg 1/2 hr</p>	<p>17</p> <p>Holy Week Prayer Service</p>	<p>18</p> <p>GOOD FRIDAY No Classes</p>	<p>19</p> <p>— Spring Musical 3 1/2 hrs —</p>																																										
<p>20</p> <p>EASTER SUNDAY</p>	<p>21</p> <p>Ind/Texas vs Union Mar 3 1/2 hrs Bldg @ Oak Ridge 3 1/2 hrs SBlad vs OI Daniels 3 1/2 hrs</p>	<p>22</p> <p>Ind/Chad vs Paducah @ 11:00 AM Ind/Gall vs OI Daniels 3 1/2 hrs Ind/Chad vs Union Mar 3 1/2 hrs</p>	<p>23</p> <p>Bldg Fr vs Cardinals 4 1/2 hrs Bldg Fr vs Cardinals @CCB 1/2 hr Fr: Bldg vs Oak 3 1/2 hrs SBlad vs Oak 3 1/2 hrs</p>	<p>24</p> <p>Ind/Gall vs OI Daniels @ 11:00 AM Spring Ind/Texas @ Paducah 3 1/2 hrs Ind/Chad @ Oak Ridge 3 1/2 hrs</p>	<p>25</p> <p>Bldg vs Union Mar 4 1/2 hrs Bldg of Fame Dinner</p>	<p>26</p>																																										
<p>27</p>	<p>28</p> <p>Ind/Texas @ OI Daniels 3 1/2 hrs Ind/Saves @ OI Daniels 3 1/2 hrs</p>	<p>29</p> <p>Judicial Retreat Ind/Chad vs OI Daniels 3 1/2 hrs Bldg @ Union Mar 4 1/2 hrs Fr: Bldg @ Oak Ridge 3 1/2 hrs SBlad @ Oak Ridge 3 1/2 hrs</p>	<p>30</p> <p>Ind/Saves Awards Dinner 1/2 hr M.M. News TAB @ Paducah 3 1/2 hrs</p>	<p>— Spring Musical 3 1/2 hrs —</p>	<p>— Spring Musical 3 1/2 hrs —</p>	<p>— Spring Musical 3 1/2 hrs —</p>																																										

3/26/2003



Falcon Family News

Christian Brothers High School Monthly Newsletter

May/June 2003

Dear Parents:

In this final letter of the school year, I want to share some of the many blessings we received this year...First of all, **Corey Valine**, a freshman in our SAGES Program, was honored at our Academic Awards Convocation on April 14th with one of the school's highest awards: the *Signum Fidei* Award. Our seniors are filling their college portfolios with acceptance letters from Dartmouth, Harvard, all of the campuses of the University of California, Boston University, Northeastern, Tulane, Notre Dame, Harvey Mudd, Santa Clara, Loyola (Chicago), Loyola Marymount, USC, USD, USF, and many others.

A new club on campus, *World of Difference*, recently participated in an intensive training program to help all of us understand and appreciate the many levels of diversity within our community. These students now form the leadership team which will begin an education program for the faculty and student body in the fall and may well extend to presentations in the elementary schools.

Freshman **Anthony Guldry** found \$300 in cash earmarked for tuition near one of the soda machines and turned it into the Main Office.

For the first time in our school's history, we had nearly 500 applications for admission. We have a full "waiting list" of students seeking admission to all academic programs.

Our students continue to be actively involved in service projects which are close to our hearts at Oak Ridge Elementary School, St. HOPE Academy, Wellspring, and Streetsweep. Our Service-Learning Coordinator, **Mrs. Leah Newton**, is helping to move us toward a service-learning model wherein curriculum, service, and reflection are intimately connected to and spring from the teacher's lesson plan and course outcomes rather than from an arbitrary "service requirement."

Our Guidance Services Department provided a number of evening events for parents in search of college information and financial assistance. Scott's presentation to the student body on drugs and alcohol—"It Can Never Happen to Me"—was very

well received. So much of our counselors' work is unseen as they help our students negotiate their way through adolescence. Thanks to **Mrs. Mary Hesser** and her wonderful team!

In Campus Ministry our beautiful liturgies, 9/11 Prayer Service, retreats, and immersion experiences have been exceptional opportunities for our students to grow in faith and self-knowledge. I am particularly grateful to **Ms. Susannah Ruffu** and the students in her Liturgy, Mass, and Prayer classes for their outstanding leadership and participation.

In Student Activities we began the year with the traditional "Lock-in" hosted by the seniors, members of the class councils, and the ASB. I was quite impressed with how our students welcomed the new Falcons! This year's rallies, dances, lunchtime activities, and the QSP Magazine Drive have been well organized and enjoyable experiences. **Mr. Rolf Schumann**, the Director of Student Activities, will be stepping down after six years of leadership. His assistant, **Mrs. Rose Ann Holmes**, has been appointed to take his place. Many suspect that Mr. Schumann will find a place in the SMAT wing with a piece of chalk in one hand and a math book in the other! (Oops! We don't use chalk anymore!)

Brother Roch is the "Pied Piper" of media services here at Christian Brothers and he has done a wonderful job creating and building our television studio and programming services—KBFT. His students have done a great job this year and it is a delight to watch their "morning show" during homeroom...News, sports, the school calendar, fashion, weather, and special features are the order of the day. *C'est magnifique!*

Our instrumental and choral music programs continue to thrive under the gentle batons of **Mr. Tom Herb** and **Mr. Ron Slabbinck**, respectively. In fact, our classes are growing so quickly that we may have to add staff in the very near future to accommodate students in the visual and performing arts. **Mr. Kevin Haag** has been appointed as the first Director of Visual and Performing Arts, a new position about which I wrote in February.

page 1

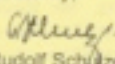
Our new Athletic Director, **Mr. Rob Cooper**, and his associate, **Mrs. Jill Bennett**, have done worked tirelessly this year to coordinate and support our many athletic teams. We have enjoyed successes at all levels—successes measured in achievement, personal accomplishment, team spirit, and school unity. There are many changes and new opportunities for our student-athletes in the works for the new school year, including some new coaches and programs. As the "owner" of the team(s), I am very proud of our student-athletes. I am particularly grateful for the enthusiasm and dedication of our coaches. A special word of congratulations to our long-time soccer coach, **Mr. Vince Juarez**, who was named *Sierra Valley Conference Coach of the Year*. His hard work, dedication, and commitment to our students and his fellow coaches are what high school athletics are all about in a Lasallian school.

We have an exceptional group of new teachers this year and I am delighted to be associated with them. As they finish their "rookie year" I congratulate **Elizabeth Coyner, Lorie Frias, Leah Newton, Sean O'Brien, George Petrissans, Ron Slabbinck, Lincoln Snyder, and Julie Tucker**.

Finally, some farewells... After twenty-two years of service as a teacher and coach, **Mr. Mike Costello** will be retiring. Beloved, long-time counselor, **Mr. John Higgins**, will also retire this spring after twenty years at Christian Brothers. **Mr. Tom Rutten**, Dean of Students (2001-2003) and Principal (1997-2001), will be moving to Sacramento High School as principal of the *School of Public Service* under the charter awarded to Mr. Kevin Johnson of St. HOPE Academy. **Mr. Fred Quontamatteo** and **Ms. Marcia Clarke** will have new, part-time assignments next year as they ease into their own retirements after lifetimes of service to Catholic education. **Ms. Britt Wiseman** and **Ms. Shannon Blecha** will also be leaving us, with our gratitude, for new challenges and opportunities.

I make Saint Paul's words to the Christians at Philippi my own: "I thank my God when I think of you. And every time I pray for you, I pray with joy." (Phil. 1:3-4) May the summer be a time of rest, relaxation, a little bit of work, and plenty of time for reading beyond the required summer reading! We're back "live" on August 20th!

Sincerely,


Rudolf Schiwe
Principal

SUMMER READING

This summer Christian Brothers students are again assigned three summer reading books, books which will help them further develop one of the most important of their life long learning processes and skills - reading. Christian Brothers requires Summer Reading of its students to provide them with a continuous exposure to literature, to familiarize the students with a number of well-written popular books, to reinforce the students' reading skills and techniques addressed in their courses this past year, to help them recognize that reading literature is highly rewarding, and to encourage the students in the habit of reading.

The books assigned to students this summer are commensurate with their reading ability, and *all students will be tested on their reading assignments before the end of the second week of school in the fall semester*. Students will be tested on the books in their English, Religious Studies, and Social Studies classes. The following are tips which will help make the students' summer reading successful. Spread the reading out over the course of the summer; do not wait until the last three weeks of the summer to read all three books. Read the entire books; summaries do not provide enough information about the book for the student to pass the test. Do not rely on movies or television programs to understand the books. The movie and television versions of a book often leave out important events and characters, and in some cases, the actual plot of the book is changed in the movie or television version.

Please do not wait until the last days of summer to purchase the summer reading books. Obtain them as soon as possible in order to be able to begin reading them when the summer starts. Thank you for supporting us in our endeavor to help our students further develop their reading skills and minds.

The English Department
The Religious Studies Department
The Social Studies Department



CAMPUS MINISTRY NEWS

Because we have been gifted with God's peace in the risen Christ, we are called to our own peace and to the making of peace in our world. As disciples and as children of God it is our task to seek for ways in which to make the forgiveness, justice and mercy, and love of God visible in a world where violence and enmity are too often the norm."

Challenge of Peace



On behalf of the Campus Ministry team, I wish you and your families a blessed Easter season. May these fifty days be filled with the love and grace of God for you and all those you hold dear.

Liturgies

The **Senior Family Liturgy** will be **Sunday, May 4, at 9:30 a.m.** in the gym. We look forward to celebrating with Seniors and their family members as their journey through Christian Brothers draws to a close. Our **St. La Salle Liturgy** in honor of our founder, **St. John Baptist de La Salle**, will be **Monday, May 12, at 9:30 a.m.** in the gym. **PARENTS ARE ALWAYS WELCOME AT OUR SCHOOL LITURGIES.** Please join us for this special beginning of our Founder's Day celebration week. Joining us as our presider for this liturgy will be Bishop Richard Garcia. The **Baccalaureate Liturgy** for the graduating Class of 2003 will be **Friday, May 23 at 9:00 a.m.** at the Cathedral of the Blessed Sacrament. Bishop William Weigand will be the presider and Fr. George Wanser, S.J., will be the homilist.

Retreats

Many thanks to the **Senior Retreat Leadership Team** for their faith and leadership skills as they led 13 frosh, sophomore, and junior retreats this year. The application and interview process for next year's team is underway.

A new retreat program for seniors, **KA/ROS**, will begin next year. This four-day, three-night retreat will provide an opportunity for seniors to reflect on who they are, who Christ is in their life, what is Christ's message for them, and how they will live that message. More information on this retreat will be available at the beginning of the school year.

Service Learning

A huge thank you to all of the students who contributed more than 30,000 hours of volunteer service to our surrounding community. Special thanks to all the parents who helped with the organization of their sons' and daughters' time and transportation. Thank you also to the teachers who began our service learning program and who continue to model the work of St. John Baptist de La Salle. In his words, "Apostolic work with the poor is essential to our lives."

Emergency Telephone Tree

We have recently implemented procedures for an *Emergency Telephone Tree* for the entire Christian Brothers High School community. The purpose for the "telephone tree" is to ensure that in the event of an unforeseen operational emergency or a critical personal issue that would impact the whole campus, there will be a clear and orderly process for notifying everyone from administrators to students.

Mark Warren, President, and Rudy Schulze, Principal, will activate the *Emergency Telephone Tree* by contacting key administrators, faculty or staff members. They will decide, depending on the nature of the situation, whether students will be contacted. Every teacher has a list of students that he or she is responsible for calling, if necessary. Please help us by making sure that you notify the school of any changes to your address and telephone number(s) so that up-to-date information is always available when needed.

Although we sincerely hope that we will not have reason to activate the *Emergency Telephone Tree*, we are confident that it is an appropriate and effective way to facilitate communication if a critical situation should occur. Thank you for your cooperation.

Student Activities Update

We just finished our ASB elections, and I am happy to announce our new ASB officers for next year:

- ASB President: Lauren Schaub
 - Vice-President: Alexandra O'Brien
 - ASB Secretary: Jillian Franzola
 - ASB Treasurer: Peter Haman
 - ASB Rally Chairs: Stephen Caselli, Spencer Murphy
 - ASB Publicity/Historian: Mai Nguyen/Joe Schlosser
- Congratulations to our new officers and to all the candidates who ran for an office.

Class Council applications will be available April 28th. Candidates will be campaigning the week of May 5th to May 9th. Speeches will be during the activity period on May 8th and elections will be May 9th.

Powder Puff football starts on Tuesday, April 29th, with the sophomores taking on the freshmen. On Wednesday, April 30th, the seniors take on the juniors. On Thursday, we will have the consolation game and on Friday, the Powder Puff championship game. The day will end with our Spring Rally for all our spring sports and the presenting of the Powder Puff Championship Trophy. The Ladies of the Christian Brothers Faculty have challenged the Powder Puff All-Stars to a game on

Tuesday, May 6th. Ms. Holmes has assembled a team that according to her "can't be beat."

The lower-division class councils have been working hard planning for the Lower-Division Dance on Saturday, May 9th. This dance will be outside in the quad area from 8:00 - 11:00 p.m. The theme of the dance will be "All Stars." It will be a date dance, but groups of singles are encouraged to attend.

On Thursday, May 15th, we celebrate the day of our Founder with a Founder's Day celebration. School starts at 9:00 a.m. and the day will include handing out our yearbooks, many inflatable games, cotton candy, snow cones, a dunk tank, music, and a BBQ luncheon for our students. Activities should end by noon.

As we reflect on our year in Student Activities, it began in mid-August with our Leadership Retreat and Freshman Lock-In. We had Homecoming, night rallies, many dances, a talent show, Club Day, Spirit Fridays, spirit rallies, and our Prom. ASB and Class Council officers have worked hard to involve our students in a variety of activities. It has been a great year, and we thank all of them for a job well done. We all look forward to another great year in Student Activities.

A World of Difference

We are proud that the Christian Brothers High School student body reflects a tradition of cultural, ethnic, economic, and academic diversity. To build on the richness and strength of the diversity on our campus, we are implementing a new co-curricular activity, *A World of Difference*, to support equality and social justice as an integral part of the Lasallian educational experience.

The *Anti-Defamation League* initiated the *A World of Difference* anti-bias campaign in 1985 to combat prejudice, promote democratic ideals, and strengthen pluralism. In *A World of Difference Institute's Peer Training Program*, students develop leadership roles in efforts to create respectful and inclusive school environments. Peer Trainers are taught to respond effectively if they hear racial slurs, name-calling and put-downs in the hallways, lunchrooms and classrooms. Peer trainers become role models for social responsibility, positively influencing school culture by challenging prejudice and modeling respect and civility.

On March 26-27, 2003, 25 students, accompanied by Mrs. Jennifer Lystrup, the club moderator, Ms. Rona Gordon, Administrative Assistant to the Principal, and

Mr. Tom Rutten, Dean of Students, had the opportunity to attend an intensive training presented by *Anti-Defamation League* staff and consultants at St. Joseph's Camp. This two-day session provided introspection, self-awareness, and a heightened sensitivity about understanding issues of prejudice and how to handle incidents of discrimination. After this memorable and meaningful experience, the students and staff returned to school enthusiastic and ready to share what they had learned with teachers, peers, and younger students.

Participation in *A World of Difference Peer Training* requires an ongoing commitment of time and energy. It is a challenging and rewarding experience that will remain with these students throughout their lives. During the coming school year, training will be provided for interested students to serve the Sacramento community by presenting sessions on bullying and harassment to neighboring elementary schools. Also planned are a student-led presentation to our faculty, a school-wide assembly, and additional training for faculty and staff. To learn more about this program and how to become involved, please contact Mrs. Lystrup at extension 1043, or Ms. Gordon at 733-3674.

Parent Service Organization Staff Appreciation Thank-You!

The PSO Staff Appreciation Day on March 14 was a big hit this year with handmade goodie bags filled with lots of TLC. Each bag was personalized and unique to all staff members. Cookies, brownies and other delectable treats were added to the bag along with toys, a CD and a "Luck of the Irish" poem, just in time for St. Patrick's Day!

A round of thanks to the PSO Committee Chairs Sophia Aguilar, Lynne Giovannetti, and Shauna Pompei who organized the entire project from making the fabric bags, shopping, calling parents to send in baked items, and the assembly line organization, and to the many helping hands...

Angie Acosta	Diane Calkins	Judy Lee	Patti Lewkowicz
Barbara Dingley	Diane Price	Kathy Fitzgerald	Penny Hilson
Barbara Duffy	Donna Adam	Laurie Bonsignore	Pussadee Braly
Brenda Klutz	Elisabeth Feher	Lisa Hayes	Ruz Garibay
Carol Kinlock	Jackie Crooks	Marjorie Duffy	Sandra Polk
Cindy Blecha	Mary Gonzalez	Sonia Hernandez	Susan Magill
Cindy Castronovo	Jackie McGrath	Nancy Paez	Susan Alcala
Debra DeVerter	JoAnne Payan	Nellie Plasencia	Vivian Sarte
Silvia Flores		Vivian & Ken Aber	

Class of 2003 Graduation Reminders

Members of the Class of 2003 and their parents are reminded that graduation practice will take place Monday, May 19, through Thursday, May 22. Practice will take place in the school gymnasium each day starting at 12:00 noon. All four practices are mandatory for all members of the Class of 2003. Seniors and their parents are reminded that work schedules, doctor's appointments, and other planned activities need to be rescheduled so that all members of the Class of 2003 can participate in the practices. Questions concerning practice should be addressed to the Senior Class moderators, Tom English and Kenny Kirrene.

The activities for graduation day, May 23, are as follows:

Baccalaureate Liturgy and Awards Ceremony at the Cathedral of the Blessed Sacrament at 9:00 am. Seniors are to report to the Cathedral with their gowns by 8:15 am. The Baccalaureate ceremony will be followed by a catered reception for the graduates and their immediate families at Christian Brothers from 11:30 am - 1:00 pm. This reception is hosted by the Trustees, Administration, Faculty and Staff of Christian Brothers High School. Graduation will take place at 7:00 pm at the Memorial Auditorium. The seniors need to be at the Memorial Auditorium no later than 5:45 pm. The graduation ceremony will be followed by the Grad Night Party. Busses for the party will leave Christian Brothers at 10:00 pm.

The PSAT Pays Off!

Last October, more than one million juniors took the PSAT and the National Merit Scholarship Qualifying Test. The highest scoring 50,000 students have qualified. About 16,000 of the more than 50,000 high performers will be named Semifinalists next fall. Only semifinalists will have an opportunity to advance in the competition for Merit Scholarship awards to be offered in 2004. The approximately 34,000 other high scorers will be designated Commended Students, but they will not continue in the Merit Scholarship competition. Semifinalists and Commended Students will be notified of their standing in September, 2003.

Nine members of the Class of 2004 have qualified. They are: *Leslie Campbell, Patrick Fitzgerald, Nathan Freeland, Steven Holmes, Derek Katz, Erin Parr, Samuel Rada, Amber Rankin, and Audrey Tucker.* Congratulations!

ATTENTION SENIOR PARENTS AVOID THE LAST MINUTE PANIC FOR FINAL TRANSCRIPTS!

Please have your senior request a final transcript to be sent to his or her college or university of choice by coming into the main office and filling out the blue Transcript Request Form. Your senior will need to provide the name and address of the college or university, and the \$2 transcript fee.

NEWS FROM THE GUIDANCE DEPARTMENT

College Update

Congratulations to our graduating seniors! Members of the Class of 2003 have worked very hard and have been admitted to many prestigious colleges and universities all over the country. They have been offered a myriad of honors and scholarships, which will be listed in the Graduation program. The following is the updated list of colleges the Class of 2003 has been admitted to as of April 15, 2003:

Private Colleges and Universities:

Albertson College of Idaho
Beloit College, WI
Boston University, MA
Carleton College, MN
Case Western Reserve, OH
Catholic University of America, D.C.
Clark Atlanta University, GA
Clark Honors College, University of Oregon
Creighton University, NE
Dartmouth College, NH
Dominican University, CA
Evergreen College, WA
Goucher College, MD
Graceland University, IA
Harvard University, MA
Harvey Mudd College, CA
Holy Names College, CA
La Salle University, PA
Lewis and Clark College, OR
Loyola Marymount University, CA
Loyola University Chicago, IL
Mount St. Mary's, CA
New England Conservatory of Music, MA
New York University, NY
Northeastern University, MA
Notre Dame de Namur University, CA
Oberlin College, OH
Occidental College, CA
Pace University, NY
St. John's NY
Saint Mary's College, CA
Santa Clara University, CA
Seattle University, WA
Spelman College, GA
Thomas Aquinas College, CA
Trinity College, CT
Trinity International University, IL
Tulane University, LA
University of La Verne, CA
University of Miami, FL
University of Notre Dame, IN

University of Portland, OR
University of Rochester, NY
University of San Diego, CA
University of San Francisco, CA
University of Southern California, CA
Whitworth, WA

Out of State Public Colleges and Universities:

Arizona State
Eastern Washington University
Florida A & M
Indiana University
Morgan State, MD
Penn State, PA
Rutgers University, N
University of Arizona
University of Kansas
University of Oklahoma
University of Oregon
University of Wisconsin, Madison
University of Washington
Washington State University

California Public College and Universities:

University of California:
Berkeley, Davis, Irvine, UCLA, Riverside, Santa Barbara, Santa Cruz, San Diego

California State University:
Maritime Academy, Cal Poly, San Luis Obispo, Cal Poly, Pomona, Chico, Dominguez Hills, Fresno, Fullerton, Hayward, Humboldt, Long Beach, Monterey Bay, Northridge, Sacramento, San Marcos, San Diego, San Francisco, San Jose, Sonoma

California Community Colleges:

American River, Cosumnes River, Cuesta, Orange Coast, Sacramento City, Santa Barbara City

Summer Programs

Remember to check the Summer Programs folder on the CBHS website for information about extraordinary opportunities for students this summer. Click on "College Counseling and Career Center" on the homepage, and look for the Summer Programs 2003 folder. Students can find academic enrichment programs, travel opportunities, community service experiences, and more!

If you have questions about the Summer School Program here at Christian Brothers, please contact your child's counselor or the Summer School Office (733-3622). If your child is required to attend Summer School, you will be notified. Brochures about the summer program have been mailed home and are also available in the Main Office.

CB Family Bicycle Day - May 10th

Many CB folks enjoy bicycling, and Sacramento has a terrific bike trail. Brother George invites you and your family to join him for a first-ever CB Cycle Day on Saturday, May 10, the day before Mothers' Day. Those interested should meet at Discovery Park - near the green bridge at the very beginning of the American River Bicycle Trail - at 10:00 A.M. We will cycle, each at his/her own pace (this is NOT a race), up the trail 15 or so miles to where the trail runs next to Hagen Community Park in Rancho Cordova (large grassy areas, picnic tables, playgrounds, Sacramento Live Steamers Club trains, barn with animals, etc.), where we will stop for lunch, snacks, or whatever food you brought, prepared, or begged from others. Groups may decide to press on towards Folsom Lake, return after lunch to Discovery Park, or make their own plans. Some may wish to start elsewhere and plan to end up at Hagen Community Park around lunch time. The two invited gathering points, however, are Discovery Park at 10 A.M. and Hagen Community Park around noon. You might invite other family members or friends to drive to Hagen Community Park (Folsom Blvd. to Coloma Rd. to Chase Dr.) and prepare a lunch for you (and a couple of friends?). If two people, twenty people, or two hundred people show up, Brother George will be quite content. You are also invited to wear something "CB" so that you may be identified as a member of the pack. If you have questions, concerns (no, this is not an official CB event, so liability is your own), comments or suggestions, please email Brother George at brothergeorge@cbhs-sacramento.org or see him at school. The school website will have updated information, if any, posted. Otherwise, meet him at the green bridge at the head of the bike trail in Discovery Park on Saturday, May 10 at 10 A.M. or at Hagen Community Park around noon. He will be the one on the funny-looking bike.



COMING UP IN JUNE.....

Saturday, June 7	SAT I & II @ CB
Tuesday, June 10	Board of Trustees Meeting and Dinner (4:00/5:00 p.m.)
Friday, June 13	Summer Session I Begins
Saturday, June 14	ACT (not at CB)



Christian Brothers High School **BOOSTERS** present the

2003 CBHS Fireworks Booth

June 28-July 4 at 1500 Broadway (Tower Theater parking lot)
Come and Support Christian Brothers! Volunteers are needed.
Call Donna Adam at 733-3662 for more information.



"Funding the Vision"

The Institutional Advancement Department exists to provide financial assistance and community relations support to the school. We work closely with faculty and staff in the development of objectives, goals and strategies which enable us to provide assistance to current students as well as to "fund the vision" of the future!

The Advancement Department assists in:

- Bridging the gap between tuition fees and the actual cost of educating our students;
- Funding tuition assistance programs for deserving students per our mission as Lasallian educators; and
- Fostering close relationships and providing support to alumni, parents, grandparents, and the community.

Institutional Advancement Staff:

Janie Desmond Ison, Vice President for Institutional Advancement (916) 733-3808

Debbie Woodsford, Senior Advancement Director (916) 733-3605

Sally Cebrenos, Director of Alumni Relations (916) 733-3647

Donna Adam, Director of Parent Groups (916) 733-3662

SUMMER MAILINGS

Two important packets of information will be mailed to your home this summer. The July mailing, scheduled to be sent out on July 1, will include the following: Book List, Car Pool form, First Week of Classes Schedule, Dress Code Policy, Driver's Ed Registration, Parking Permit Request, and Student Class Schedule. The August Principal's mailing, to be mailed August 1, will include: the Principal's Letter, Parent/Student Handbook and Agreement form, Database Check form, and 2003-2004 School Calendar. Please look for these materials and follow the instructions for returning specific forms.

**Tentative School Calendar
2003-2004**

(the official school calendar will be sent home mid-summer)

August 15-16:	Freshman Lock-In 2007 (8:00 p.m. – 7:00 a.m.)	December 15-18:	Final Examinations
August 20:	Student Processing Day Class Meetings and Orientation	December 19 –	
August 21-22:	First Semester Begins (all classes meet)	January 8:	Christmas Break
September 1:	Labor Day Holiday	January 7:	Second Semester Begins (all classes meet)
October 12:	Annual Open House for Prospective Students	January 19:	Martin Luther King, Jr. Holiday
October 13:	Saint Rudolf's Day School Holiday (no classes)	February 9:	Faculty Professional Day (no classes)
October 20:	Faculty Professional Day (no classes)	February 16:	Presidents' Day Holiday
October 21:	Special Schedule - National Testing Day Diocesan Senior Mass	March 8:	Faculty Professional Day (no classes)
November 11:	Veterans' Day Holiday	March 15:	Faculty/Staff Retreat (no classes)
November 26-28:	Thanksgiving Day Holidays	March 29:	WASC Work Day (no classes)
		April 9-18:	Easter Break
		May 24-27:	Final Examinations
		May 28:	Graduation Day



SPORTS UPDATE

Highlights over this past year include our Men's Varsity Soccer team capturing their third straight Sac Joaquin Section Title by finishing the year with a 27-0-1 record!

Our Girls' Basketball team reached the play-offs and lost in overtime to 2nd seeded Colfax High School. 2003-2004 should be another great year with all five starters returning.

The Spring Sports season is off to a very successful start for our teams to date. Our Varsity Baseball team is ranked in the Sacramento Bee's top ten with an 11-4 overall record, and is currently in first place in league play. The Girls' Soccer team is in first place as well, with a 7-0-1 league record and a 10-3-1 overall record. Both teams are making a strong push for the play-offs. The Boys' Tennis team, Boys' Golf team, and Swimming teams should also be involved in post-season play.

Please be sure to check our website (www.cbhs-sacramento.org) for updates and for our weekly athletic schedule. Just click on the link to "Athletics," then click on "Weekly Schedules" to view the schedule.

May 2003

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;"> April S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 </div>	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;"> May S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 </div>	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;"> June S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 </div>	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;"> July S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 </div>	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;"> August S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 </div>	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;"> September S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 </div>	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;"> October S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 </div>
4 Senior Family Liturg 9:30am	5 ABCDEFG AP English Exam (am) AP German Exam (pm) Annual Golf Tournament Dismisses 5:45 pm	6 ABDFEGC AP French Exam (pm)	7 BLUACBDE AP Spanish Exam (am) AP Computer Exam (am) Carnegie Center 5:45 pm Dismiss 5:45 pm Class Council Campaign Week	8 Classes Begin 9:15am (BLUEBBG) AP Calculus Exam (am) Class Speeches La Salle Art Show 7-8:30pm Support Group BBQ	9 ABFGCED AP US History Exam (am) AP European History Exam (pm) St. Francis Leadership Day of Reflection Class Election	10 CBLEDBAEC 8-11pm
11	12 ABCDEFG AP Biology (am) AP Physics (pm) AP World History (pm) St. La Salle Liturgy	13 ABDFEGC AP Chemistry Exam (am) St. Francis Liturgy 7:00pm FSG 5:45 pm	14 ABFGCED AP Government Exam (am) Machias 6:30-7:30 pm	15 SPECIAL SCHEDULE Founders Day/Cat of the Year Staff Luncheon	16 ABGCEDF St. Francis St. Prims	17 Found St. Ball
18	19 BC Semester Exams	20 DE Semester Exams	21 FG Semester Exams Dismiss 5:45 pm	22 A Semester Exam St. Grad BBQ	23 BACCALAGREATE 6:00 am GRADUATION 7:00pm No Classes	24
25	26 MEMORIAL DAY No Classes	27 Grades Due	28 Senior Year Exams	29 Senior-Grades Meeting	30	31

May 2003 - Athletics

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;"> April S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 </div>	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;"> May S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 </div>	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;"> June S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 </div>	<p>1</p> <p>IN/Out vs Blue Aces 3 Open IN/Out vs Golf IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p> <hr/> <p style="text-align: center;">Preceder P&F Football</p>	<p>2</p> <p>Don 100' Meet @Carson 1:30</p> <hr/> <p style="text-align: center;">Senior League Meet</p>	<p>3</p> <p>T&F Meet of Champions @Highway</p>	
4	<p>5</p> <p>Alameda Golf Tournaments IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p> <hr/> <p style="text-align: center;">IN/Out vs Football 4 Open</p>	<p>6</p>	<p>7</p> <p>IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p>	<p>8</p> <p>IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p>	<p>9</p> <p>IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p>	<p>10</p> <p>Don Section Finals</p>
11	<p>12</p> <p>IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p>	<p>13</p> <p>IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p>	<p>14</p> <p>IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p>	<p>15</p> <p>IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p>	<p>16</p> <p>IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p>	<p>17</p> <p>IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p>
18	<p>19</p> <p>IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p>	<p>20</p> <p>IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p>	<p>21</p> <p>IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p>	<p>22</p> <p>IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p>	<p>23</p> <p>IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p>	<p>24</p> <p>IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p>
25	<p>26</p> <p>MEMORIAL DAY No Classes</p>	<p>27</p>	<p>28</p> <p>IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p>	<p>29</p>	<p>30</p> <p>IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p>	<p>31</p> <p>IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open IN/Out vs Football 4 Open</p>