

9/19/20

**VOLLEYBALL**

1. St. Francis (13-0)
2. Oak Ridge (14-2)
3. Cosumnes Oaks (10-3)
4. Del Oro (9-4)
5. Nevada Union (14-2)
6. Lincoln (6-1)
7. Rocklin (10-7)
8. Christian Brothers (10-4)
9. Vacaville (10-2)
10. Rio Americano (12-7)
11. Oakmont (7-2)
12. Whitney (6-6)
13. Pleasant Grove (2-4)
14. Vanden (3-1)
15. Pioneer (14-4)
16. Vista Del Lago (3-3)
17. Folsom (9-10)
18. Bear River (8-1)
19. Woodcreek (10-5)
20. Ponderosa (7-6)

— CAMERON SALERNO

2005, Union Mine in 2006, Christian Brothers from 2009-2011 and Whitney in 2015.

His resume speaks for itself. In his time at those four schools, the teams won 11 league championships, six section championships and four NorCal championships.

Deter has done a ton of winning, but nothing for him was as exciting as this season. The personal thrill for Deter was coaching freshman daughter Jordyn. Prior to the season, a first.

"It has its highs and lows," Deter said. "I'm harder on her than I am anyone else. All the kids know I don't play favorites and I push them all just as hard. It's just so surreal. First time coaching her, first time her setting. This year was fun."

### COACH OF THE YEAR

Jeff Deter wanted a challenge.

When the opportunity presented itself to coach volleyball at Lincoln High School, he jumped at it.

Deter is the Bee's Coach of The Year after guiding Lincoln to a 28-10 record, a Foothill Valley League Championship, a Sac-Joaquin Section Division V finals appearance and to the CIF Northern California semifinals.

"A bunch of people called me when the (Lincoln) position opened last year," Deter said. "I asked my wife and when she said yes, I knew I had to take it."

Not bad for a coach in his first season. Lincoln hadn't won a league championship since 1975.

"I expected this year to be a battle for league," Deter said on his thoughts before the season. "I love coaching. It's what I love to do."

Before taking the job at Lincoln, he had stops at other Sacramento area schools. He was at Golden Sierra between 1998-

Aubrey Miller, Whitney, Sr.  
Sophia Overstreet, Christian Brothers, Sr.  
Annabelle Thalken, Rio Americano, Jr.

#### Second team

Kaylie Beck, Woodcreek, Sr.  
Maddie Boerstra, Vista del Lago, Jr.  
Emily Casner, Vanden, Sr.  
Sydney Durana, Christian Brothers, Sr.  
Ivana Erlandsen, Rocklin, Sr.  
Raley Gilmore, Whitney, Jr.  
Kira Givans, Rio Americano, Jr.  
Paige Gwaltney, Rio Americano, Sr.  
Kendall Hughes, Nevada Union, Sr.  
Ella Jimenez, Del Oro, Jr.  
Claire Kuykendall, Oak Ridge, Sr.  
Ashley Magley, St. Francis, Jr.

#### Honorable mention

Nora Abou-Taleb, Oak Ridge; Gracie Adams, Rocklin; Kaity Barr, Del Oro; Grace Bliss, Colfax; Izzy Bandy, Vacaville; Colfax; KC Cochran, Woodcreek; Macey Cooper, Ponderosa; Christiana Cruz, Vacaville; Jordyn Deter, Lincoln; Victoria Espinoza, West Campus; Bella Fuentes, Pioneer; Kendall Gimenez, Whitney; Gigi Hurley, Christian Brothers; Jahniya Jackson, Cosumnes Oaks; Lulu Leppke, Rocklin; Vivian Light, Pleasant Grove; Margaret Malarkey, Christian Brothers; All McDonald, Union Mine; Kailee McLaughlin, Nevada Union; Allison Mick, Rocklin; Maddy Miller, Whitney; Ana Mora, Whitney; Jesiree Moral, St. Francis; Hailee Mulic, Colfax; Danica Nelson, St. Francis; Ella Nerli, Cosumnes Oaks; Lilian Patock, Christian Brothers; Lauren Patella, Camille Rivers, Vacaville; St. Francis; Paige Rudi, Pioneer; Jordan Sawyer, Oak Ridge; Kate Slack, Roseville; Jayhlin Swain, Cosumnes Oaks; Bella Thornbury, Bear River; Hannah Traynor, Del Oro; Sam Waiselewski, Vacaville; Emily Wahl, El Camino.

### THE BEE'S TOP 20

1. St. Francis 36-3
2. Lincoln 28-10
3. Nevada Union 42-12
4. Oak Ridge 31-10
5. Vacaville 30-7
6. Cosumnes Oaks 29-10
7. Christian Brothers 27-10
8. Rocklin 24-13
9. Rio Americano 30-13
10. Del Oro 23-14
11. Colfax 25-12
12. Whitney 21-14
13. Union Mine 25-13
14. Vanden 23-5
15. Pleasant Grove 13-11
16. Woodcreek 21-10
17. Pioneer 37-6
18. Bear River 22-13
19. West Campus 21-5
20. Forest Lake Christian 20-11

### THE SACRAMENTO BEE'S 2019 ALL-METRO TEAMS

**Player of the year**  
Alexa Edwards, St. Francis, outside hitter, Sr.

**Coach of the year**  
Jeff Deter, Lincoln

**First team**  
Haley Burdo, Cosumnes Oaks, Sr.  
Morgan Colyer, Lincoln, So.  
Ramonn Cook, Cosumnes Oaks, Sr.  
Kennedy Crane, Rocklin, Jr.  
Ellie Eichhorn, St. Francis, Jr.  
Allison Hakes, Folsom, Sr.  
Chloe Henning, St. Francis, Jr.  
Kealani Kuykendall, Oak Ridge, Sr.  
Faith Menary, Nevada Union, Sr.

11/24/19