

The Bee's All-Decade Team

Player of the Decade: Jake Browning, Folsom

Coach of the Decade: Kris Richardson, Folsom

Team of the Decade: Folsom, 2014 (16-0)

QB: Jake Browning, Folsom, 2014

RB: Elijah Dotson, Antelope, 2016

RB: Cameron Skattebo, Rio Linda, 2019

TE: Wes Preece, Rocklin, 2015

TE: Spencer Webb, Christian Brothers, 2017

WR: Elijah Badger, Folsom, 2019

WR: Joe Ngata, Folsom, 2018

WR: Alex Van Dyke, Cosumnes Oaks, 2013

OL: Gavin Andrews, Granite Bay, 2011

OL: Kolton Miller, Roseville, 2013

OL: Steven Moore, Elk Grove, 2013

OL: Darrin Paulo, Grant, 2014

OL: Jonah Williams, Folsom, 2015

DL: Arik Armstead, Pleasant Grove, 2011

DL: Jessie Brown, Monterey Trail, 2010

DL: Will Craig, Granite Bay, 2017

DL: Chase Hatada, Rocklin, 2015

DL: Eddie Vanderdoes, Placer, 2012

LB: Jordan Kunaszyk, Roseville, 2013

LB: Bailey Laolagi, Folsom, 2014

LB: Josh Letuligasenoa, Elk Grove, 2012

LB: Cameron Smith, Granite Bay, 2013

LB: Shaq Thompson, Grant, 2011

DB: Jordan Richards, Folsom, 2010

DB: Isaiah Rutherford, Jesuit, 2018

DB: Justice Shelton-Mosley, Capital Christian, 2014

AP: Kaiden Bennett, Folsom, 2018

AP: Ian Book, Oak Ridge, 2015

AP: Zach Claiborne, Oak Ridge, 2012

AP: Trajon Cotton, Inderkum, 2016

AP: Josh Falo, Inderkum, 2016

AP: Tucker Fisk, Davis, 2016

AP: Nate Iese, Sheldon, 2012

AP: DJ Johnson, Burbank, 2016

AP: Tyler Mateer, Del Oro, 2013

AP: Brandon Monroe, Del Oro, 2012

AP: Zach Larrier, Monterey Trail, 2018

AP: Daniyel Ngata, Folsom, 2019

AP: Ryan Robards, Elk Grove, 2015

AP: Thomas Sperbeck, Jesuit, 2012

AP: Damen Wheeler, Sacramento, 2013

All-Decade Coaching Staff

(longtimers who won section titles): Kris Richardson/Troy Taylor, Folsom; Mike Alberghini, Grant; Greg Benzel, Rocklin; Joe Cattolico, Pleasant Grove/Sheldon/Roseville; Eric Cavaliere, Oak Ridge; Ernie Cooper, Granite Bay; Mike Dimino, Del Campo; Jeff Evans, Granite Bay; Jack Garceau, Rio Linda; Terry Logue/Scott Savoie, Bear River; John Heffernan, Burbank/Elk Grove; Dave Humphers, Nevada Union/River Valley; Tony

THE BEE'S ALL-DECADE GIRLS BASKETBALL TEAM

Player of the Decade:

McKenzie Forbes, Folsom

Team of the Decade: McClatchy, 2015

Coach of the Decade: Mike Takayama, Del

Oro and Larry Price, Florin/Elk Grove

G Grace Bliss, Colfax, 2020

G Madeline Campbell, Del Oro, 2011

C Lauren Craig, St. Francis, 2016

G Jordan Cruz, McClatchy, 2017

G McKenzie Forbes, Folsom, 2018

F Gigi Garcia, McClatchy, 2016

G Jzaniya Harriel, Antelope, 2021

G Brandy Huffhines, Rio Linda, 2017

G Kiara Jefferson, West Campus, 2018

G Sara James, Oak Ridge, 2010

C Dalayna Sampton, Florin, 2014

G Brittany Shine, Sacramento, 2010

G Mira Shulman, Elk Grove, 2016

C Baylee Vanderdoes, Placer, 2016

G RyAnne Walters, Sacramento, 2019

All-Decade Coaching Staff (longtime

coaches who won section titles or beyond):

Mike Takayama, Del Oro and Larry Price,

Florin/Elk Grove; Suzanne Baker, Capital

Christian; Sean Chambers, Antelope; Ron

Gulley, Christian Brothers; Jerry Huffhines,

Rio Linda; Jessica Kunisaki, McClatchy;

John Langston, West Campus; James

McKeever, Pleasant Grove; Michele

Massari, Sacramento; Jeff Ota, McClatchy;

Vic Pitton, St. Francis; Mike Ruble,

Bradshaw Christian; Rich Simpton, Colfax;

Steve White, Oak Ridge.

THE BEE'S ALL-DECADE BOYS BASKETBALL TEAM

Player of the Decade: Jordan Ford, Folsom

Coach of the Decade: Joey Rollings,

Sheldon

Team of the Decade: Sheldon (2013)

G Dakarai Allen, Sheldon, 2013

G Marcus Bagley, Sheldon, 2020

F Jordan Brown, Woodcreek, 2017

C Marquese Chriss, Pleasant Grove, 2015

G Dale Currie, Sheldon, 2018

F Elias King, Christian Brothers/Jesuit,

2018

C Mason Forbes, Folsom, 2018

G Jordan Ford, Folsom, 2016

F Cam Oliver, Grant, 2014

F Isaiah Pineiro, Placer, 2013

G Christian Terrell, Sacramento, 2016

G Jared Wall, Folsom, 2016

G D'Erryl Williams, Sheldon, 2013

F D.J. Wilson, Capital Christian, 2014

F Solomon Young, Sacramento, 2016

All-Decade Coaching Staff (longtime

coaches who section champions, 300-plus

games or a lot of NorCal success): Joey

Rollings, Sheldon; John DePonte, Pleasant

Grove; Lindsey Ferrell, Burbank; Nick

French, Whitney; Greg Harcos, Jesuit; Paul

Hayes, Woodcreek; Drew Hibbs, Foothill/

Woodcreek; Devon Jones, Capital Christian;

Rob Richards, Antelope; Patrick Roth,

Cosumnes Oaks; Dean Stark, Sacramento

Waldorf; Derek Swafford, Sacramento;

Steve Taylor, Rocklin; Scott Tedmon,

Sacramento Adventist; Mike Wall, Folsom;

Josh Williams, Liberty Ranch; Deonard

Wilson, Grant; Fred Wilson, West Campus.

The Bee's Top 20

PRESEASON BOYS

(with last year's record)

1. Sheldon 28-7
2. Grant 26-8
3. Capital Christian 17-13
4. Franklin 19-10
5. Jesuit 21-9
6. Folsom 26-7
7. Rocklin 27-6
8. Vanden 20-9
9. Sacramento 20-11
10. Liberty Ranch 29-4
11. Oak Ridge 19-13
12. Davis 17-9
13. Monterey Trail 18-11
14. Inderkum 20-9
15. Burbank 20-10
16. Whitney 19-10
17. Woodcreek 18-10
18. West Campus 23-8
19. Center 21-8
20. Del Campo 13-14

— JOE DAVIDSON

PRESEASON GIRLS

(with last year's record)

1. Antelope 31-4
2. Oak Ridge 18-9
3. Folsom 21-7
4. McClatchy 28-5
5. Christian Brothers 21-10
6. Sacramento 25-8
7. West Campus 16-15
8. Elk Grove 20-9
9. Grant 17-11
10. Del Oro 23-7
11. Union Mine 23-9
12. Colfax 26-5
13. Bradshaw Christian 18-14
14. Whitney 19-13
15. Woodcreek 19-9
16. Placer 22-9
17. Laguna Creek 26-4
18. Franklin 20-9
19. Vista del Lago 21-8
20. St. Francis 13-16

— CAMERON SALERNO

coach Jeff Ota include Saray White, Mia Waki and Imani Felix, who all played minutes on a team that made it to the D-1 NorCal semifinals.

Another team favored to win its league is Christian Brothers. The Falcons lost the D-III section championship to Bradshaw Christian and in the first round of the NorCal playoffs was stunned by No. 16 seed Union Mine.

This year could be a banner season for coach Shandyn Foster. She returns star post Bria Shine,

who is committed to play at UC Davis. Donnell Allen, Karli Cooper, Anna Vishaj and Sarah Jackson, who transferred from Granite Bay, will also be key pieces for the Falcons.

Other players of note on Bee-ranked teams include Colfax's Grace Bliss, Union Mine's Alli McDonald, Grant's Diamond Richardson, West Campus's Gabby Rones and Del Oro's Madison Parry.

Joe Davidson: 916-321-1280,
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12/18/19

Sports

5B

THE BEE'S TOP 20 BOYS BASKETBALL RANKINGS

1. Sheldon (4-0)
2. Jesuit (6-1)
3. Capital Christian (2-2)
4. Whitney (8-1)
5. Davis (6-0)
6. Vanden (7-1)
7. Grant (5-2)
8. Folsom (5-2)
9. Franklin (6-4)
10. Oak Ridge (8-2)
11. Woodcreek (9-2)
12. Rocklin (9-2)
13. Inderkum (4-2)
14. Ponderosa (6-2)
15. Vacaville (7-2)
16. Christian Brothers (8-3)
17. Elk Grove (6-1)
18. Sacramento (3-2)
19. Union Mine (6-3)
- 20t. Antelope (7-2)
- 20t. El Camino (7-3)

— JOE DAVIDSON

THE BEE'S TOP 20 GIRLS BASKETBALL RANKINGS

1. Antelope (6-0)
2. Oak Ridge (7-1)
3. McClatchy (9-0)
4. Vanden (5-0)
5. Folsom (6-1)
6. Del Oro (6-1)
7. Woodcreek (8-2)
8. Christian Brothers (6-3)
9. Vista del Lago (6-2)
10. Laguna Creek (9-1)
11. Franklin (8-2)
12. Placer (6-2)
13. Colfax (5-2)
14. St. Francis (5-4)
15. Sacramento (2-3)
16. Grant (5-4)
17. Granite Bay (6-3)
18. Whitney (4-6)
19. Lincoln (5-1)
20. Monterey Trail (7-0)

— CAMERON SALERNO

11/13/19

Bria Shine of Christian Brothers High School sets a milestone

time powerhouse Sacramento and ranked Capital Christian and Vista del Lago. The Falcons open CAL play at Del Campo on Jan. 8 and hosts rival St. Francis on Jan. 11 in the annual Holy Court game.

LINCOLN ZEBRA ZING

Lincoln is enjoying one of its best starts in school history, sitting at 11-2 under third-year coach Amy Avila entering the week.

The losses were to Woodcreek 54-45 on Dec. 10 and to Placer in overtime 36-34 on Dec. 21. Some of the big wins include beating Vista del Lago

SEE MILESTONE, 3B

Shine is one of the region's top talents, headed to UC Davis on scholarship. She just eclipsed the 1,000-point career total and is averaging 12.1 points, 7.0 rebounds and 3.5 steals a game for a program used to making a run to the Sac-Joaquin Section finals.

Shine is all gloss and grit. She leads her team in scoring, rebounding and assists (1.9). Foster would like her star to grab more boards — what coach doesn't want more rebounds? — as Shine averaged 10.5 rebounds her sophomore and junior seasons.

Christian Brothers is 8-6 and is a threat in the Capital Athletic League that also includes long-

BY JOE DAVIDSON AND CAMERON SALERNO
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Bria Shine presents a physical challenge at 6-foot-1 in the low block. She's also a difficult handle in the open floor with her long strides.

So how does a team guard and deal with the Christian Brothers High School senior who can play guard, forward and in the post?

Good luck with that. Shine is a four-year starter at Christian Brothers, coached by an alum of the school in Shandyn Foster, who went by Shandyn Hicks during her Falcons playing days.



JOSE LUIS VILLEGAS / jvillegas@sacbee.com

Falcons guard Bria Shine (C) (41) is fouled by Diamondbacks guard Mayci Ball (4) as she drives past Alli McDonald (C) (23) in the first half in the first round of the CIF NorCal Regional playoffs.

12/24/19

Top 20 basketball ranking

Boys

1. Sheldon (7-0)
2. Jesuit (7-1)
3. Whitney (12-1)
4. Davis (6-0)
5. Vanden (7-2)
6. Capital Christian (5-4)
7. Monterey Trail (7-2)
8. Grant (7-3)
9. Franklin (8-4)
10. Folsom (7-4)
11. Oak Ridge (8-2)
12. Woodcreek (13-2)
13. Rocklin (10-2)
14. Inderkum (5-2)
15. Vacaville (9-2)
16. Ponderosa (8-4)
17. Wood (8-2)
18. Christian Brothers (9-5)
19. Bradshaw Christian (8-4)
20. Elk Grove (6-1)

Bubble teams (listed alphabetically): Antelope (8-5), Burbank (8-4), Cosumnes Oaks (7-3), Del Campo (10-3), Del Oro (8-5), El Dorado (10-3), Lincoln (9-5), Oakmont (8-2), Rio Americano (6-4), Union Mine (7-5).

- Joe Davidson

Top 20 basketball ranking

Girls

1. Antelope (8-0)
2. McClatchy (11-0)
3. Woodcreek (11-2)
4. Oak Ridge (8-2)
5. Vanden (10-1)
6. Folsom (7-2)
7. Del Oro (8-3)
8. Laguna Creek (9-1)
9. Placer (10-2)
10. Franklin (10-3)
11. Granite Bay (7-5)
12. Colfax (8-3)
13. Christian Brothers (8-5)
14. Vista del Lago (6-3)
15. Lincoln (9-2)
16. St. Francis (6-6)
17. Rocklin (9-5)
18. Monterey Trail (9-0)

Bubble teams (listed alphabetically): Capital Christian (6-4), Forest Lake Christian (10-3), Inderkum (6-3), Nevada Union (6-5), Pioneer (11-2), Rio Americano (7-3), River Valley (8-3), Sacramento (3-6), Sheldon (8-6), Whitney (4-8).

- Cameron Salerno

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The Bee's Top 20 basketball rankings

Boys

1. Sheldon (11-1)
2. Whitney (14-1)
3. Jesuit (8-2)
4. Vanden (9-3)
5. Capital Christian (6-6)
6. Davis (11-1)
7. Monterey Trail (9-3)
8. Grant (10-3)
9. Franklin (9-5)
10. Elk Grove (12-2)
11. Burbank (12-4)
12. Folsom (9-5)
13. Oak Ridge (9-4)
14. Woodcreek (13-3)
15. Vacaville (9-3)
16. Rocklin (10-4)
17. Inderkum (7-3)
18. Rio Americano (9-4)
19. Del Campo (12-4)
20. Bradshaw Christian (10-6)

Bubble teams (listed alphabetically): Antelope (8-5), Christian Brothers (9-5), Cosumnes Oaks (7-5), El Dorado (12-4), Florin (9-4), Kennedy (9-7), Lincoln (10-5), Oakmont (8-2), Ponderosa (8-7), Sacramento (5-5), Vista del Lago (5-5), Wood (9-4).

- - JOE DAVIDSON

Girls

1. Antelope (10-1)
2. McClatchy (14-0)
3. Woodcreek (11-3)
4. Oak Ridge (11-3)
5. Vanden (11-2)
6. Folsom (10-3)
7. Laguna Creek (11-1)
8. Placer (11-2)
9. Del Oro (9-4)
10. Granite Bay (8-5)
11. Franklin (11-3)
12. Colfax (10-3)
13. Lincoln (11-2)
14. Monterey Trail (11-0)
15. Rocklin (10-6)
16. Christian Brothers (8-6)
17. St. Francis (6-6)
18. Vista del Lago (7-5)
19. Bear River (8-0)
20. Inderkum (8-4)

Bubble teams (listed alphabetically): Capital Christian (6-7), Forest Lake Christian (10-3), Grant (9-5), Nevada Union (9-6), Pioneer (13-3), Rio Americano (7-3), River Valley (9-5), Sacramento (3-8), Sheldon (10-6), West Campus (7-2).

- - CAMERON SALERNO

Sheldon boys, Antelope girls sit atop basketball rankings

BY CAMERON SALERNO AND JOE DAVIDSON

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All area high school basketball teams have started league action. Some leagues have been especially strong in the early going.

The Sacramento Bee breaks down the league races:

League

Christian Brothers (17) and Vista del Lago are the only ranked teams by The Bee from the CAL. However, Capital Christian (8-8), Sacramento (4-8) and Rio Americano (7-4) are all on the bubble and could join the league title race. Sacramento has dominated the league since joining in 2018 and played a national non-conference schedule. Capital Christian's Malie Williams leads the league in scoring with 22.1 points per outing.

THE SACRAMENTO BEE'S TOP 20 BASKETBALL TEAMS

This season's records in parentheses.

Boys

1. Sheldon (10-2)
2. Whitney (15-1)
3. Jesuit (10-3)
4. Capital Christian (7-6)
5. Davis (11-1)
6. Vanden (10-4)

7. Grant (12-3)
8. Monterey Trail (9-5)
9. Elk Grove (13-2)
10. Franklin (10-6)
11. Folsom (11-5)
12. Burbank (12-5)
13. Oak Ridge (9-5)
14. Woodcreek (14-3)
15. Rocklin (13-4)
16. Vacaville (10-3)
17. Inderkum (9-4)
18. Rio Americano (11-4)
19. Del Campo (12-4)
20. Oakmont (11-2)

Bubble teams (listed alphabetically): Antelope (10-6), Bradshaw Christian (11-6) Christian Brothers (9-7); Cosumnes Oaks (10-5), Del Oro (9-9), El Dorado (12-4), Florin (11-4), Kennedy (10-7), Lincoln (12-5), Ponderosa (10-7), Sacramento (5-5), Wood (11-4).

Girls

1. Antelope (11-2)
2. McClatchy (15-1)
3. Woodcreek (14-3)
4. Oak Ridge (11-4)
5. Laguna Creek (14-1)
6. Folsom (11-3)

7. Vanden (12-2)
8. Placer (12-2)
9. Del Oro (9-5)
10. Franklin (12-4)
11. West Campus (8-2)
12. Granite Bay (11-5)
13. Colfax (12-4)
14. Lincoln (13-2)
15. Monterey Trail (11-1)
16. Rocklin (11-6)
17. Christian Brothers (8-6)
18. Bear River (8-0)
19. Vista del Lago (9-6)
20. Grant (11-6)

Bubble teams (listed alphabetically): Capital Christian (8-8), Forest Lake Christian (11-4), Inderkum (9-5), Nevada Union (10-6), Pioneer (14-3), Rio Americano (7-4), River Valley (10-6), Sacramento (4-8), Sheldon (11-6), St. Francis (7-7).

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1/7/20

Holy Court, milestones and upsets define prep basketball

BY CAMERON SALERNO
AND JOE DAVIDSON
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Bee-ranked No. 15 Christian Brothers beat rival St. Francis 50-44 in the annual Holy Court game Saturday for the second year in a row as Bria Shine went for 18 points and Karli Cooper 11.

It was a packed house inside Ron Limeberger Gym, as is the norm any time these rivals compete in basketball or volleyball. Students stormed the court after their team got the victory. Rushing



JOSÉ LUIS VILLEGAS jvillegas@sacbee.com

Christian Brothers guard Bria Shine has been nominated to play in the McDonald's All-American Game.

SEE BASKETBALL, 5B

the court or field at "holy events" between Christian Brothers and St. Francis or Jesuit has become the norm.

Earlier this season, Christian Brothers beat Jesuit in front of a large crowd at Hughes Stadium in the Holy Bowl — and fans went nuts.

Christian Brothers coach Shandyn Foster, a former Falcons player, revved up the locker room after the win by celebrating with her players. She is now 3-1 against St. Francis in her short tenure as the Falcons coach, including in a tournament last season in Stockton.

MCDONALD'S ALL-AMERICA NOMINATIONS

Shine of Christian Brothers and Maile Williams of Capital Christian are the only girls within the Sac-Joaquin Section who made the McDonald's All-American Game nomination list.

It's a credit to those players as Shine is headed to UC Davis and Williams has scored more than 1,000 career points, though this game is generally slotted for the five-

THE BEE'S TOP 20 8/16/20

Boys

1. Sheldon (11-2)
2. Whitney (17-1)
3. Jesuit (12-4)
4. Capital Christian (10-6)
5. Grant (13-4)
6. Vanden (12-4)
7. Elk Grove (15-2)
8. Davis (11-3)
9. Rocklin (15-4)
10. Monterey Trail (11-6)
11. Folsom (12-6)
12. Burbank (14-5)
13. Woodcreek (16-3)
14. Oak Ridge (10-5)
15. Franklin (11-7)
16. Inderkum (12-4)
17. Vacaville (11-4)
18. Del Campo (13-5)
19. Cosumnes Oaks (11-6)
20. Rio Americano (12-5)

Girls

1. Antelope (12-2)
2. Laguna Creek (16-1)
3. McClatchy (16-2)
4. Woodcreek (16-3)
5. Folsom (12-4)
6. Oak Ridge (12-5)
7. Franklin (14-4)
8. Placer (14-2)
9. Vanden (12-3)
10. Granite Bay (12-5)
11. Del Oro (12-5)
12. Lincoln (16-2)
13. West Campus (8-2)
14. Colfax (12-4)
15. Christian Brothers (10-6)
16. Sacramento (7-8)
17. Grant (13-6)
18. Vista del Lago (10-6)
19. Monterey Trail (11-2)
20. Rocklin (11-7)

Bubble teams (listed alphabetically):
Antelope (12-6), Bradshaw Christian (12-8), Christian Brothers (10-7), Del Oro (9-10), El Dorado (), Florin (13-4), Kennedy (10-9), Lincoln (13-5), Oakmont (11-2), Ponderosa (10-7), Sacramento (7-7), Wood (13-4)