

# FALCON FAMILY NEWS

## A MESSAGE FROM THE PRINCIPAL

*"God has given you so many graces."*

~St. John Baptist de La Salle

### DEAR FAMILIES:

On behalf of the Christian Brothers High School community, it is my pleasure to welcome you all to the 2018-19 school year! As we embark on our 143<sup>rd</sup> year of Lasallian Catholic education in Sacramento, we are grateful for the trust you have placed in us as and mindful of the many graces God bestows upon us as your partners in preparing your sons and daughters for success in college and life. We are ready!

Faculty members have been teaching summer classes, attending enrichment courses and training sessions designed to enhance the classroom experience for our students. Department heads and administrators have been charting classes and curriculum mapping to ensure the continued relevance and rigor of our course offerings.

I personally had the privilege of attending my second year at the Buttimer Institute of Lasallian Studies at Manhattan College in New York City. This intensive three-year Lasallian formation and education program focuses on the life and work of St. John Baptist de La Salle and the origins of the Lasallian educational mission. This year focused on the educational vision of St. John Baptist de La Salle in terms of the contemporary Lasallian educational mission. We are blessed with a charism that is as alive and relevant as it was 300 years ago in France. St. John Baptist de La Salle was truly an innovator in recognizing that education means touching both the hearts and minds of the students entrusted to

our care. Each day, our talented educators bring to life the charism of St. John Baptist de La Salle, ever mindful of our Lasallian Core Principles of *faith in the presence of God, quality education, inclusive community, concern for the poor and social justice, and respect for all persons.*

I am pleased to share with you that we are welcoming the following new faculty members and staff: Mr. Christian Bohm – Choral Director, Mr. Patrick Hayes – Religious Studies teacher, Ms. Jamie Ralph '12 – Athletic Trainer and P.E. teacher, Ms. April Peletta – English teacher, Ms. Clarisa Veras – Spanish teacher and Ms. Erin Wiley – Social Studies teacher. I believe that I speak for each of them when I say that they are eager for the year to begin and excited to meet your sons and daughters.

I hope you enjoy these last two weeks of summer vacation and look forward to welcoming our new and returning families on August 16.

Live Jesus in our hearts!



Chris Orr

Principal

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The CB Counseling Department is preparing to welcome your student to a new year full of exciting opportunities! The counselors will visit classrooms and share important academic and college information with your son/daughter soon after school begins. Additionally, each student will have a meeting with his/her grade level counselor during the fall semester. Counselors will provide **Academic, Personal and College Counseling**. Students may request a counseling appointment at any time by filling out a green "Counseling Request" form, and parents may make a request by phone or through an e-mail. We would also like to inform you of several upcoming events sponsored by our department that will assist us in supporting your son/daughter.

## Meet Our Counseling and Student Support Team

Counselors are available for consultation if needed. Please contact your child's grade-level counselor to make an appointment. **Ms. Blake Atukiat** will be the counselor for the freshmen (Class of 2022). **Mr. John Riley Portal** will be the sophomore class counselor (Class of 2021). **Mr. Armando Diaz ('M)** will be the counselor for the juniors (Class of 2020). **Mr. Kirk Purdy** will be the senior class counselor (Class of 2019). **Ms. Emily McDownall** will continue to serve as the school's Wellness Counselor, doing prevention presentations and seeing students for more long-term counseling across all grade levels. **Mrs. April Melarkey** is one of our College Counselors, and **Ms. Melissa McClellan** is the Director of College Counseling. In addition, Ms. McClellan is the Coordinator of the Counseling Department, and Mr. Diaz is the Foundational College Prep Program (FCP) counselor. **Ms. Margaret Buggy** is the Director of the FCP Program, the Coordinator of Academic Student Support and will work closely with the counselors. **Ms. Cynthia Grajeda** is the Administrative Assistant to the Counseling Department and is a valuable member of our team. **PLEASE LET US KNOW IF WE CAN ASSIST YOU IN ANY WAY!**

## Naviance/Family Connection

The Counseling & Guidance Department encourages all students and parents to utilize the many facets of our web-based tool for personal, career and college planning! You may access *Family Connection* from the CB website. Now is a great time for students to update their resume, explore careers and colleges, research scholarships, and finish any activity that the counselors has asked them to complete. If you have forgotten your username or your password, please contact your grade-level counselor or Ms. Cynthia Grajeda in the CB Counseling Center in Br. Bertram Hall.

**SAT PREP CLASS:** Christian Brothers is once again offering a four-week SAT exam preparation course for the Class of 2019 students. The class will be taught by our own English and Mathematics teachers and will be held on four Saturdays from 9:00 a.m. to 1:00 p.m. starting September 1. The cost of the course is \$200. Soon you may print the registration form from the school website. This course concludes shortly before the October 6 SAT. Students must register for the exam by going to the College Board website at [www.collegeboard.com](http://www.collegeboard.com)

A similar course will be taught for the juniors (Class of 2020) and concludes shortly before the March 9 sitting of the SAT. More specific information is forthcoming. For more information, please contact Cynthia Grajeda at 733-3680 ([cgrajeda@cbhs-sacramento.org](mailto:cgrajeda@cbhs-sacramento.org)) or Melissa McClellan at 733-3679 ([mmcclellan@cbhs-sacramento.org](mailto:mmcclellan@cbhs-sacramento.org)).

## Upcoming First Semester Counseling & Guidance Events

**Monday, August 27** – Coffee with the College Counselors for Senior Parents from 7:30-8:30 a.m. in Br. Bertram Hall.

**Saturday, September 1** – SAT Preparation Class for seniors begins (in preparation for the October 6 SAT Exam): Four weeks: Saturdays 9/1, 9/15, 9/22, and 9/29 from 9:00 a.m. – 1:00 p.m. in the STEM classrooms. Registration forms will be available in the counseling center and on the CB website (We will not hold a class on 9/8, the day of the ACT test and the Holy Bowl)

**Wednesday, September 5** – College Night for Seniors and Their Parents: from 6:00-8:00 p.m. in the George Cunningham '40 Performing Arts Center

**Monday, September 10** – Jesuit Excellence Tour College Fair (representatives from many Jesuit colleges will be at Jesuit High School from 7:00-9:00 p.m. to speak with students and parents)

**Wednesday, September 12** – Frosh Parents Intro to Counseling Night & Athletics Orientation at 6:00-8:00 p.m. in the George Cunningham '40 Performing Arts Center (parents only)

**Monday, September 17** – Private/Parochial College Fair (representatives from over 100 colleges will be at St. Francis High School from 6:30-8:30 p.m. to meet with students and parents)

**Thursday, September 13** – College Application Workshops before school and during Falcon Flex

**Thursday, September 27** – College Application Workshops before school and during Falcon Flex

**Wednesday, October 3** – Financial Aid Night for seniors and their parents from 6:00-8:00 p.m. in the George Cunningham '40 Performing Arts Center

**Thursday, October 4** – College Application Workshops before school and during Falcon Flex

**Saturday, October 6** – SAT @ CB from 8:00 a.m.-1:00 p.m. in the STEM classrooms

**Wednesday, October 10** – TESTING DAY: PSAT 8/9 for freshmen, PreACT for sophomores and PSAT/NMSQT for juniors (9:00 a.m. start)

**Saturday, October 13** – ACT Preparation Class for seniors begins (in preparation for the October 28 ACT Exam): Two weeks: Saturday 10/13 and 10/20 from 9:00 a.m. – 1:00 p.m. Registration forms will be available in the counseling center.

**Thursday, October 18** – College Application Workshops before school and during Falcon Flex

**Saturday, October 27** – ACT @ CB from 8:00 a.m.-1:00 p.m. in the STEM classrooms

**Thursday, November 8, 15 & 29** – College Application Workshops before school and during Falcon Flex

**Monday, November 19** – Coffee with the College Counselors for Junior Parents from 7:30-8:30 a.m. in Br. Bertram Hall,

## Let Us Remember...

During 2019, the Institute of the Brothers of the Christian Schools and the Lasallian Family will celebrate the 300th anniversary of the death of their founder, Saint John Baptist de La Salle, Patron Saint of Teachers. The Institute has designated 2019 as the Year of Lasallian Vocations.

Throughout the world, events and celebrations are being planned to honor our common heritage of providing a human and Christian education to the young, and the poor, and to promote the vocation of the educational ministry. In honor of this anniversary year, our Campus Ministry Team has selected the theme, "Let Us Remember" as a focus for our upcoming school year. We look forward to remembering all that has been, all that is, and all that is still yet to be within our Lasallian Catholic community at Christian Brothers.

*Jen Yearwood, Director of Campus Ministry*

## Retreats

The Summer Kairos (K71) was held at Zephyr Point in beautiful Lake Tahoe. This was a wonderful time of retreat, reflection and rejuvenation for members of the Class of 2019 who attended! Thank you to our dedicated members from the Class of 2018 who gave up time during their summer vacation to serve as student leaders: Audrey Baier, Andy Chen, Gracie Cotter, Josh Laroa, Caroline McIntire, Madeleine Molitor, Nick Smith, and Kelsey Wurm.



The SRLT (Senior Retreat Leadership Team) gathered for their annual training retreat in beautiful Lake Tahoe from July 22-25. This year's team shared many meaningful moments of grace, faith, and community together. We look forward to many great things from these young leaders this school year.

**RETREAT REGISTRATION:** Registration for the Senior Kairos retreats is continuing online NOW. You will find information and a registration form on in the Campus Ministry section of the CB website. Click [here](#) for the payment link. Spaces are filling up fast so please take time to register today!

## Mark Your Calendar!

**Frosh Retreat** (mandatory) will be held at St. Anthony Parish in South Sacramento over the course of two days, September 10-11, from 8:30 a.m. - 2:30 p.m. Parents are responsible for drop off/pick up of students at the retreat location. **Frosh students will be assigned one of the days to attend the retreat.** This information, along with fuller specifics of the event will be provided to parents on August 10.

## Prayer & Worship

**First Day of School Prayer Service** - Christian Brothers High School will kick off the school year in a spirit of faith and community on Thursday, August 16 with an all-school prayer service on the first day of school at 9:30 a.m. Parents are welcome to remain on campus following the Welcome Back coffee gathering and join us for the prayer service. **Students are required to wear a CB polo with dress-code shorts, capris or pants on Thursday, August 16 for the prayer service and Friday, August 17 for school pictures.**

## Senior Eucharistic Ministry Team

Senior students who are fully initiated and practicing Catholics are invited to become a student Eucharistic Minister for the 2018-19 school year. There will be a training meeting in the Chapel on Wednesday, August 15 following the Senior Class meeting. Interested seniors should email [Ms. Yearwood](#) no later than August 10.

## Praise & Worship Singers and Band Members wanted

CB Campus Ministry is looking for help! We are looking for accomplished musicians (drums, guitar, piano) and confident singers who may have some experience with leading praise and worship in their church communities. We also welcome any parents or alumni who may feel called to this ministry at Christian Brothers. If you are interested or would like to learn more please contact Ms. Jen Yearwood (733-5276 or email: [jyearwood@cbhs-sacramento.org](mailto:jyearwood@cbhs-sacramento.org)).

## Enter to Learn, Leave to Serve

### Welcome Freshmen Families:

For several years, Christian Brothers High School and the Wellspring Women's Center in Oak Park have maintained a solid service partnership. Our students make breakfast for the women and children of Wellspring every Friday. However, in order to meet their needs, we rely on student donations. For the women and children who frequent the Wellspring Breakfast Center, breakfast may be the only hot meal they receive for the day.

**This year we are asking all incoming freshmen to please bring one or more of the following items to Lock-In: water-based pancake mix, syrup, foil, or cash donations for eggs.**

When you arrive at Lock-In please look for the Wellspring donation table. There you may drop off the above items. If you are donating cash, please enclose it in an envelope marked *Christian Brothers Wellspring* and if you are enclosing a check please make it out to *Christian Brothers High School with Wellspring Breakfast Club Donation* written in the memo field. For further questions, please email Ms. Grapé at [ggrape@cbhs-sacramento.org](mailto:ggrape@cbhs-sacramento.org). We appreciate your early support of our Christian Service work here at CB!

### Ven-A-Ver Fall 2018

**Hey Juniors!** Venaver interviews begin in September. Please make sure you have filled out the online application via Schoology. The application deadline is August 31. For any questions on linking to Schoology Venaver, please contact Ms. Williams in the Learning Commons. For any questions about the application process, please contact Ms. Grapé in the LSLO.

### Wellspring All-School Drive

**Welcome back CB!** Thursday, August 16 will kick off our all-school Wellspring Women's Center breakfast donation drive. **This year we are in need of water based pancake mix, syrup, and foil. If you would like to make a cash donation for eggs or drop off a check please see Ms. Lystrup in the LSLO.** If you are donating cash please enclose it in an envelope marked *Christian Brothers Wellspring* and if you are enclosing a check please make sure it is made out to *Christian Brothers High School with Wellspring Breakfast Club Donation* written in the memo field. Please drop off all Wellspring donations in the LSLO room 106. If you are interested in joining the Wellspring Breakfast Club, please contact Mr. Iliff at [billiff@cbhs-sacramento.org](mailto:billiff@cbhs-sacramento.org) or signup during Club Day on August 31.

**ICE CREAM SOCIAL**  
THE UNIVERSITY OF  
**FRESHMEN LOCK-IN &**  
**NEW PARENT ORIENTATION**

**FOR ALL NEW CBHS PARENTS AND INCOMING FRESHMEN!**  
JOIN US ON  
FRIDAY, AUGUST 30<sup>TH</sup>  
AT 6:00 PM  
CELEBRATE THE NEW SCHOOL YEAR, MEET  
NEW PARENTS, TEACHERS, AND STAFF

**Note:** Orientation for new transfer students is  
Wed. August 15 - 12:30pm

WELCOME TO CB... THE PLACE TO BE!

## STUDENT ACTIVITIES

Welcome all new and returning students, to the 2018-19 school year at CB. We will have plenty of fun activities to offer for your participation and enjoyment! Visit the [CB website](#), check out the [daily bulletin](#) beginning August 16, and listen during KBFT and morning announcements so you don't miss out!

### Upcoming Events in August:

#### Frosh Lock-in

The class of 2019 is excited to welcome the incoming freshman class at our **Class of 2022 Lock-In** celebration beginning Friday evening, August 10 and ending early Saturday morning, August 11. Lock-In is one of CB's most cherished traditions and a grand ol' time! All incoming freshmen are welcomed and encouraged to attend, meet other new students, receive their spirit shirt, and get acquainted with the CB campus. Sign up online under the [Incoming Freshmen](#) tab on the CB website.

#### T-Shirts

The Official 2018-2019 Falcon Force t-shirt will be on sale in the Student store for \$6 beginning August 1. Make sure you get your hands on this year's Falcon Force t-shirt and be a part of the sea of blue at every event!

Sophomore, junior, and senior students who need to purchase a **new spirit shirt** may do so for \$5 in the Lasallian Student Life Office.

#### Orientation

**Transfer Student Orientation** will be held on Wednesday, August 15 at 12:30 p.m. Meet Student Activities Director Rose Ann Holmes in Room 105. Members of the ASB Council will be there to welcome our new transfer students.

#### Picture Day

Smile! **Picture Day** is Friday, August 17. More details will be available soon.

#### First Days Dress Attire

**All students should plan to wear a CB polo shirt on the first two days of school – Thursday, August 16 and Friday, August 17, with dress-code shorts, pants or capris.** This attire is required for our opening day prayer service on August 16 and school pictures on August 17.

#### Dance

The first **Frosh-Soph Open Dance** of the year will be at CB on Saturday, August 25 from 7:30-10:30 p.m. Come dance the night away with friends from Jesuit, St. Francis, and Cristo Rey high schools on the Mary Lawn. Tickets will be sold at the Student Council window for \$10.

#### Club Signups

**Club Day** will be held during all-school lunch on Thursday, August 30. With dozens of academic, social, and service clubs, CB is the place to be for all interests. To find out more about starting up a new club, see Mrs. Holmes or Ms. Roybal.

## ATHLETICS

Please note the following important information concerning the 2018-19 athletic year:

- All athletes must have the Appryse athletic medical clearance with a valid physical prior to any participation or tryouts for athletics. Click [here](#) for the Appryse link.
- Fall sports tryouts officially begin **Monday, July 30**. To obtain other specific sport tryout times and practice information contact the head coach directly.

### Upcoming Events

**Monday, July 30** – Fall Sports begin

**Friday, August 10, 10:00 a.m.** – Football Scrimmage Day at CB

**Tuesday, September 12, 6:00 p.m.** – New Parent Athletic Orientation, George Cunningham'40 Performing Arts Center

### Team Updates

**Cheer:** Our cheer squads attended cheer camp at Sacramento State University this summer. They had a blast. The team worked hard and earned many awards.

**Baseball:** In a six-week span in the early summer our baseball program got a peek into the future. A team was put together with incoming freshmen baseball players who played against other schools from Elk Grove. This is the eighth year the CB program has taken part in a summer league of this kind. It was a great opportunity to introduce the class of 2022 to CB and its traditions.

**Women's Basketball:** The women's basketball program had a great summer. All levels participated in a summer league and played in various local tournaments. The varsity team performed very well in the annual Sacramento City College summer league.

**Football:** This offseason has been productive for the Christian Brothers football program. The varsity, JV and freshman team trained in June and July for the upcoming season. After a successful spring and summer in the weight room, the varsity Falcons are working hard to challenge for a CAL league championship and return to post-season play. The Christian Brothers Junior Falcons football program recently began its seventh season and will field four teams from ages 6-14 years old. Our high school players and coaches hosted a three-day camp for the Junior Falcons in late July. Over 25 athletes volunteered to help train and coach these future Brothers players. We hope to involve more Christian Brother families in this program and encourage young athletes to learn football fundamentals and brotherhood at an early age.

**Men's Basketball:** Student-athletes and coaches from the men's basketball program continued to embrace the process of working hard in the summer to improve individually and as a team. The varsity team participated in the Florin summer league, St. Mary's College team camp, and the South Lake Tahoe Shootout. Players enjoyed competing against other good programs including Folsom, De La Salle, Berkeley, Granite Bay, St. Mary's of Stockton, and Cardinal Newman. In addition to a competitive summer schedule, the team continued to dedicate themselves in the weight room and in on-court workout sessions twice a week throughout the summer, and also assisted with the CB men's basketball summer camp in June.

**Women's Volleyball:** We are very optimistic for the 2018-2019 women's volleyball season. The team has been working out at open gym sessions all summer. With a cast of returners, we will be able to compete at a high level this year. While we may not be one of the bigger team's height-wise, we will be one of the scrappiest teams in the section. The sky is the limit!

Make this the year to be an artist at CB! Maybe you aren't taking an arts class this year, or maybe you're looking to add more art to your life. There are plenty of arts opportunities!

# AUDITIONS!



**Theatre** is holding **auditions** for the Fall Musical, **Singin' In The Rain**, August 20-23 from 3-5:30 in the Performing Arts Center. All students are welcome to audition. Please prepare a song in the style of the musical for the first day. The second day will be cold readings from the script, with dancing and callbacks on the following days. Have questions? Message Mr. Jackson or Ms. Christianson on Schoology.

If you love helping performers get on stage or have a talent you want to show off, **Open Mic** is the club for you. This fun-loving group meets during all-school lunches to organize our quarterly Open Mic Nights. Look for them on the lawn during club day, or contact Mrs. Schorn with questions.

**Choir** welcomes Mr. Bohm back to CB as Choral Director. Mr. Bohm taught choir at Christian Brothers for several years before building a dynamic program at Sacred Heart Cathedral Preparatory in San Francisco, and he is delighted to return to the students of Christian Brothers! With classes and extra curricular opportunities, choir is a great way to make new friends and great music, so contact Mr. Bohm if you love to sing!

You'll see the **Media Arts** program in action every week, as **KBFT Falcon Television**, keeps students up to date on CB news and **The Talon**, our student newspaper, brings you interviews with engaging students and teachers, as well as articles on local events.

**Instrumental and Visual Arts, and Choral** students will be working hard to showcase their talents at Open House in October, so be sure to drop by as they bring beauty and entertainment to our community.

*Welcome back, CB! Make it an arts-filled year!*

## School Schedule Reminder

*Be sure to keep track of Thursday start times!*

### AUGUST SCHEDULE:

Thursday, August 16  
First day of school, 8:00 a.m. start

Thursday, August 23  
9:00 a.m. start

Thursday, August 20  
9:00 a.m. start

## Fall Semester Class Schedules

Fall semester final class schedules, complete with teacher names, room numbers, and locker assignments, will be available on Power School for all returning sophomore, junior and senior students beginning Wednesday, August 1.

Parents of new freshmen and transfer students will receive their class schedules via email. The class schedule is password-protected using the student's date of birth as the password. To view the schedule, the student's birth date must be entered in this format XX/XX/XXXX.

For all students, questions regarding the class schedule should be directed to the Registrar, [Mrs. Becky Woods '02](#), or Assistant Principal [Mr. David Desmond '94](#).

## Student Store Hours

*There is still time to stock up on CB logo wear!*

Our on-campus Student Store will be open in the Cafeteria

**August 1-3**  
12:00 noon - 6:00 pm.

**August 6-9**  
12:00 noon - 6:00 pm.

**August 10 (Lock-in Day)**  
12:00 noon - 9:00 p.m.

The Student Store will be open in its regular location

**August 13-15**  
3:00 - 6:00 p.m.

**August 16-17**  
3:00 - 4:00 p.m.

*Regular hours during the school year are daily for 30 minutes after school.*

## VOLUNTEER OPPORTUNITIES

### **VOLUNTEER. . . and help make CB the place to be!**

Christian Brothers High School welcomes parents, alumni and members of our local community to volunteer. We believe that our partnership with volunteers is one of the many things that makes the Christian Brothers community a tremendous *place to be*. To volunteer at Christian Brothers High School, please view the list of volunteer opportunities at: <https://tinyurl.com/cbvolunteers1819>.

**Then**, complete and submit the Volunteer Application and upon approval you will receive instructions on next steps. (If you do not see the 'Next' or 'Submit' button at the bottom of your screen, please scroll down). <https://apps.raptortech.com/Apply/NTA50mVulVVT>

It is very important that the information you enter on the application matches your government issued ID, including your full legal name and date of birth. It is also important that you provide a valid email address, so you can be notified as to the status of your application and for future communication.

Depending upon the volunteer opportunities selected during the application process, you may need to complete additional steps to clear the volunteer process. If you selected to volunteer as an **athletic coach, a recurring classroom volunteer, or a field trip chaperone/volunteer**, you will also need fingerprint and TB test clearance before your volunteer application can be approved. The fingerprint form is located at <https://tinyurl.com/cblivescan>. TB Tests can be obtained at U.S. Healthworks on Alhambra Blvd. More specific information is available at <https://tinyurl.com/cbtttest>.

### **Make CB Your community too! Volunteer Parents Needed!**

Volunteering will benefit you, your family and the CB community. The right job for you can help reduce stress, find friends, learn new skills and even advance your career. And best of all, giving of yourself helps all our CB kids!

The **CB Auction** is great way to volunteer, there are jobs big and small to choose from to ensure our event is a success. We are a friendly and fun group and encourage you to come check us out!

### **Auction 2019 Starts Now! Please Join Us!**

#### **Auction Kick-Off Meeting and Social**

Tuesday, September 4, 2018

5:30 - 6:00 p.m. Social

6:00 - 7:00 p.m. Meeting

- Hear from Committee Chairs and learn how you can help
- Work and Play with the Auction Team
- We make things happen because of you
- You can start small - or go big!

Auction meetings take place on the first Tuesday of each month at 5:30 p.m.

Future dates: 10/2, 11/6, 12/4, 1/8, 2/5, 2/19, 3/5.

Questions? Ask Joanne McShane at 916-733-3643 or [jmcshane@cbhs-sacramento.org](mailto:jmcshane@cbhs-sacramento.org)

## **Grandparents Day at CBHS**

**September 13, 2018**

**11:15 a.m.-1:00 p.m.**

**Tickets \$50 each**



**Celebrate National Grandparents Day** by inviting your grandparents to get a sneak peek into a day in the life of their grandkids at Christian Brothers High School. Join us for refreshments in Koppes Plaza with President Lorcan Barnes, Principal Chris Orr and other members of the CB community, then head to the George Cunningham '40 Performing Arts Center to hear more about the amazing programs and opportunities provided at Christian Brothers High School. After learning about why *CB is the Place to Be*, grandparents and grandchildren will enjoy a light lunch and a campus tour.

Don't miss this chance to go "back to school" for a day at Christian Brothers!

**Please purchase tickets on our website:  
[www.cbhs-sacramento.org](http://www.cbhs-sacramento.org).**

**For questions:**

**[jmcshane@cbhs-sacramento.org](mailto:jmcshane@cbhs-sacramento.org)  
or 916-733-3643.**

*All proceeds benefit  
student programs and services.*

# TOP 10 LIST FOR PARENTS

1. VISIT THE CBHS WEBSITE ([WWW.CBHS-SACRAMENTO.ORG](http://WWW.CBHS-SACRAMENTO.ORG)) DAILY TO READ THE DAILY BULLETIN FOR THE NEXT SCHOOL DAY'S EVENTS.
2. CHECK THE [SCHOOL CALENDAR](#) ONLINE FOR CALENDAR UPDATES.
3. CLICK ON THE [PARENTS INFORMATION](#) TAB ON WEBSITE FOR IMPORTANT INFORMATION AND FORMS.
4. READ THE [FALCON FAMILY NEWS](#) FOR IN-DEPTH INFORMATION FROM AROUND THE SCHOOL.
5. FILL OUT THE [ONLINE VOLUNTEER FORM](#) ...AND VOLUNTEER!
6. DON'T MISS THE FRESHMAN, SOPHOMORE, JUNIOR AND SENIOR COUNSELING NIGHTS.
7. ATTEND YOUR STUDENTS GRADE-LEVEL FAMILY LITURGY.
8. CHEER ON THE SPORTS TEAMS ...ATTEND A GAME!
9. SHOW YOUR ENTHUSIASM FOR THE VISUAL AND PERFORMING ARTS...ATTEND A SHOW!
10. GET INVOLVED!!!



31st Annual  
**WINE, BEER & FOOD**  
*Extravaganza*

[www.cbhswinetasting.com](http://www.cbhswinetasting.com)

Tickets are non-refundable. This event does **SELL OUT**.

**FRIDAY, SEPTEMBER 14, 2018**



# FALCON FAMILY NEWS

## A MESSAGE FROM THE PRESIDENT

### DEAR FAMILIES:

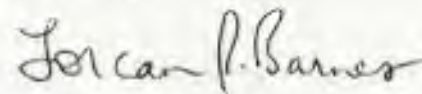
*Let us remember that we are in the holy presence of God. As we begin our 143rd year of Lasallian Catholic education in Sacramento, this phrase echoes through our classrooms and lives in the hearts of our faculty members and staff who lovingly minister to the students entrusted to our care. As such, we are horrified and heartbroken by the circumstances surrounding Cardinal Theodore McCarrick's resignation and the recent grand jury report out of Pennsylvania detailing decades of abuse and endemic failures in protecting victims.*

As Catholic educators, these shameful events are deeply personal and painful. In one of his myriad writings, St. John Baptist de La Salle shared "Have as great a care and love for the children entrusted to you as Saint Joseph had for the Child Jesus. You have been commissioned by God to look after these children just as Saint Joseph did with the Child."

We hold as sacred our calling to care for students and remain steadfast in our commitment to the tenets of our Catholic faith and Lasallian mission. We work diligently to ensure the highest standards of care. Our employees and volunteers undergo fingerprinting and background checks. All employees participate in safety awareness training and training regarding our duties as mandated reporters. Last year, the school invested in a security system that instantaneously screens all visitors to ensure that none appear on sexual predator registries or lists. Further, established boundaries for adult/student interactions can be found on our [website](#).

We are grateful for the trust you place in us as partners in preparing your sons and daughters for college. As we move through this dark and painful chapter for our Church, I invite you to join us in praying for all who have suffered from sexual abuse in the hopes that they may find God's healing and peace.

Live Jesus in our hearts!



Lorcan P. Barnes  
President

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Welcome to Christian Brothers, all new and returning families! Counselors are busy assisting students with resolving personal issues, helping them plan strategies for academic success and distributing a substantial amount of college planning information. Each grade-level counselor is scheduling individual and/or small group conferences with each of his/her students, so all students will be seen by their counselor this semester.

### FRESHMEN

Mrs. Blaire Moskat (Class of 2022 Counselor) will have all freshmen complete the "Learning Styles Inventory" and "MI Advantage" on Naviance/Family Connection by mid-September. Freshmen will then be able to access this important website for college and career planning and personal awareness. Mrs. Moskat will also distribute a packet of helpful information to the frosh regarding how to be successful at CB and best utilize their counselors. This will take place during their pre-scheduled small-group conference. On **Wednesday, September 12 at 6:00 pm in the George Cunningham '40 Performing Arts Center, the counselors will be hosting all freshman parents for "Making the Most of High School."** We will give parents a preview of what to expect from the Counseling Department over the next four years and discuss important issues concerning academic, personal and college counseling, Speaking of Summer Programs...

### SOPHOMORES

Mr. John Riley-Portal (Class of 2021 Counselor) will have sophomores doing "Do What You Are," a personality profile/career interest survey on *Family Connection*. He will also hand out the **Student Guide to the Pre-ACT** for the October 12th test. It will include sample questions and a practice test that gives them a preview of the full-length ACT.

### JUNIORS

Mr. Armando Diaz (Class of 2020 counselor) will be visiting junior English classes along with our college counselors (Ms. Melissa McClellan and Mrs. April Melarkey) to discuss college planning. Juniors will have many tasks to do on Family Connection this year, including the "Career Interest Inventory." They will receive their **Official Guide to the PSAT/NMSQT** so they can prepare for the October 10 test.

### SENIORS

Mr. Purdy (Class of 2019 Counselor) and college counselors, Ms. McClellan and Mrs. Melarkey, have already started visiting the senior English classes to give out specific information about how the counselors will assist them this year in the college application process. The department will be hosting "College Night for Seniors and Parents" on **Wednesday, September 5 at 6:00 p.m. in the George Cunningham '40 Performing Arts Center** to present important and timely college information to seniors and their parents.

### Other Reminders

Monitor these early weeks of school and make certain your son or daughter attends to the following tasks:

- **Juniors and seniors** should consider **scheduling visits** to the colleges they haven't seen yet. They are each allowed two excused days to visit colleges, but must complete the proper paperwork in advance. Seniors will soon be refining their list of "target," "reach" and "likely" colleges and initiating the application process.
- Make sure your student **listens to and reads the daily announcements, watches KBFT and checks Schoology** to hear about all events, including college evenings presented by specific colleges/universities, and dates and times for our college application workshops. Remind them to sign up on **Family Connection** for any of the many **college rep visits** that are held on our campus and to **attend the Private and Parochial College Fair**. This year, it will be held at **St. Francis High School on Thursday, September 17, from 6:30-8:30 p.m.** Jesuit will also be hosting a smaller college for Jesuit colleges on **Monday, September 10 from 7:00-9:00 p.m.**

### Test Prep for SAT and ACT

- See fliers on the [Counseling page](#) on the CB website
- Refer to the Counseling page on the CB website for [SAT and ACT registration and test dates](#).

**Have a great year and let us know how we can be of service to you!**



## CAMPUS MINISTRY

### Welcome to the new school year from Campus Ministry!

*This school year, our theme is "Let us remember..." We will use these words and the spirit of our founder, St. John Baptist de la Salle, to remind us throughout our school year of who we are, whose we are, where we are and why we are!*

*"Remembering that God is with you will help and inspire you in all that you do." (Letter 2—to a Brother, 15 May 1701)*

*With each step ahead along our journey this year, let us remember God walks with us, guiding our path and leading us on to new adventures! Blessings!*

- Jen Yearwood, Director of Campus Ministry

### Prayer & Worship

**Meditation Mondays...**Staff, students and parents are invited to join us at the beginning of each school week for a short time of meditation, prayer and reflection. Ease into the week with a meditation from the writings of our founder and inspiration for the days ahead. We gather at 7:40 a.m. in the Chapel.

On **Thursday, September 20** at 9:45 a.m. please join us for an all-school liturgy as we kick off the International Lasallian Days for Peace in the Ron Limeberger '53 Gymnasium. Students are required to wear a polo shirt and long pants for liturgy dress.

On **September 26**, we invite all students, staff and parents to join us for **See You at the Pole**. See You at the Pole™, a global day of student prayer, began in 1990 as a grass roots movement with ten students praying at their public high school. 28 years later, millions pray on their campuses on the fourth Wednesday in September. It is simply a short time of prayer before school to lift up our friends, families, teachers, school and nation to God. We will begin our prayer service in front of the Chapel at 7:35 a.m. on the 27th. Please consider starting off your morning by joining us for this special time of prayer!

**Mark your calendars...****Frosh Family Mass:** All Class of 2022 families are invited to join us for Sunday Mass on Sunday, October 14 at 9:30 a.m. in the George Cunningham '40 Performing Arts Center. A light continental breakfast will be served following mass.

### Retreats

**Frosh All Class Retreat:** The Class of 2022 retreat will be held on Monday, September 10 and Tuesday, September 11 at St. Anthony Parish in Sacramento. Frosh students are assigned to attend either Monday or Tuesday, depending on their 8 set class. The retreat day will run from 8:30 a.m.–2:30 p.m., and parents are responsible for providing transportation to/from the retreat site. Frosh must bring a lunch/drink (non-microwaveable) and should wear dress code approved pants or shorts along with their orange class spirit shirt.

**Kairos Retreat registration is continuing NOW for Seniors.** These retreats will fill so all interested seniors are asked to complete registration for one of the Kairos retreats no later than October 19. **Registration is done online via the CB website.** Click [here](#) for permission forms and registration. The first fall Kairos being held at Zephyr Point in Tahoe is full. There are spots available for the November, January and March dates. Please contact Ms. Yearwood at [jyearwood@cbhs-sacramento.org](mailto:jyearwood@cbhs-sacramento.org) with questions.



### Peace, Love & Bunco

Back by popular demand...it's **FAMILY BUNCO NIGHT!** Don't miss this fun event held on Wednesday, October 10 from 6:00–8:30 p.m. in the CB Cafeteria. This is an excellent way to meet fellow CB parents and families! Come dressed in your favorite TIE-DYE clothing and accessories! Don't miss out on this evening of good ol' family fun, snacks and prizes! Cost is \$10 per family. Please register on the CB website, via the [Ticket Hub](#) no later than September 25. Families who register by the deadline will receive an extra door prize entry for a dinner and a movie gift card!

## Enter to Learn, Leave to Serve

### Freshman Service-Learning

Mr. Havey's D set will be walking to the Sacramento Food Bank and Family Services (SFBFS) on Wednesday, September 19, to volunteer in the Clothes Closet. This is a mandatory activity, as it is connected to assignments within the classroom. Students may not claim this activity for service hours - However, after this mandatory activity, students will have the opportunity to be an active volunteer as they will have completed the required orientation to service at the SFBFS.

Reminders: Students must wear their orange spirit shirt along with shoes that cover the whole foot. Remember to stay mindful when crossing the streets. If you are a parent and are interested in participating, please contact Mr. Havey at [phavey@cbhs-sacramento.org](mailto:phavey@cbhs-sacramento.org). Please see the [Christian Service website](#) for any further clarification or email Mrs. Grapé at [ggrape@cbhs-sacramento.org](mailto:ggrape@cbhs-sacramento.org).

### VENAVER

VENAVER immersions for all grade levels: Applications will be available on Wednesday, September 5 and due on Sunday, September 30. Interviews will begin on Friday, October 5, after school in room 105. For further questions or information please email [ggrape@cbhs-sacramento.org](mailto:ggrape@cbhs-sacramento.org).

### All School World Relief Drive

Our all school World Relief Sacramento Drive begins September 4-20. Please donate the following items: yarn, crochet hooks, knitting needles, fabric, sewing kits, sewing needles, macramé cord, sewing thread, sewing machine needles. All donations may be dropped off in room 106 to Mrs. Grapé's office. Your donations are deeply appreciated. Thank you.

The Refugee Women Initiative Support Group conducts classes focused on English learning, community building and self-sufficiency for refugee women. The materials donated will provide social interaction with other refugee women and American volunteers.

All materials collected this month will be offered at our CBHS school liturgy on September 20.

### Lasallian Youth

If you are interested in joining Lasallian Youth, please see Mr. Elorduy in room 202. Lasallian Youth activities will start during the month of October.

### Service Clubs

If you belong to a Service Club and/or just want to serve and be partnered with a nonprofit organization consistent with our Lasallian mission, please email Mrs. Grapé at [ggrape@cbhs-sacramento.org](mailto:ggrape@cbhs-sacramento.org)

### Seniors

If you have 100+ hours in service and want the hours to appear on your transcript, please have everything completed online by Tuesday, October 2. All hours must be verified online by the activity supervisor. Hours not verified online will not be approved.

### Family Connection/Naviance

For a list of Christian Service opportunities please visit Family Connection/Naviance >> x2Vol at <https://student.naviance.com/cbhs>.

#### AUCTION KICK-OFF MEETING AND SOCIAL

**Tuesday, September 4**  
**Bertram Hall**  
**Social (5:30 – 6:00 p.m.),**  
**Meeting (6:00 – 7:00 p.m.)**

- Hear from Committee Chairs and learn how you can help
- Work and play with the Auction Team
- We make things happen because of you
- You can start small – or go big!

Auction meetings take place on the first Tuesday of each month at 5:30 p.m.

Future dates: 10/2, 11/6, 12/4, 1/8, 2/5, 2/19, 3/5

Questions? Contact Joanne McShane at 916-733-3643 or [jmcshane@cbhs-sacramento.org](mailto:jmcshane@cbhs-sacramento.org)

### CB Arts are off to a great start!



Our **Visual Arts** students have been busy earning accolades off campus. **Emma Talley '19** won first place in the Pop Art category at the California State Fair with her painting, "SLAM," took second place with a crocheted sweater, and earned an honorable mention for her painting, "Ripping Through the Madness." She is currently a finalist in the "Emerging Artist" category of University Art's U Art Open event. **Janice-Dylan deGuzman '20** received second place at the State Fair with her untitled colored pencil drawing, and **Marina Kordich '21** took first and second place in Mixed Media for her portraits of The Flash and Iron Man. To see each of these works, check out the Arts Blog on CB's website!

**Theatre** is a major contender at this year's Elly awards, which honor the best in Sacramento area high school theatre. With more than 30 high schools competing, CB led the field with 17 nominations for last year's productions, Hamlet and State Fair. Students and alumni **Jacob Cherry '18, Emily Davis '18, Spencer Fitzpatrick '20, Owen Larson '20, Ana Riley-Portal '19, Jenn Roberts '18 and Alex Vasilyev '19** were all nominated for their performances. The full list of nominations can be found on the Arts Blog. The awards ceremony will be held on September 9.

**Open Mic Auditions** are coming up October 2 and 3 after school in the choir room. If you have a talent to show off, get your act together and try out! From song and dance to Taiko drumming to unicycle juggling, if you love to perform, we want to see it. Contact Mrs. Schorn at [nschorn@cbhs-sacramento.org](mailto:nschorn@cbhs-sacramento.org) with any questions.

**KBFT** broadcasts have started after Labor Day. If you can't be on campus to catch them, you can still watch via the YouTube channel at: <https://www.youtube.com/user/KBFT>

**Instrumental, Visual Arts and Choral** students will be working hard to showcase their talents at Open House on October 7, so be sure to drop by as they bring beauty and entertainment to our community.

Put the arts on your calendar this year. You won't want to miss these talented students in action!

September is an exciting month for Student Activities!

**Blue Out Week began on Tuesday, September 4.** There will be activities at every lunch:

- Tie-Dye Tuesday is on September 4.
- Prepare to get drenched in an epic water balloon toss on Wednesday, September 5.
- Thursday, September 6 will be a busy lunch while you enjoy the Dunk Tank, face painting, and "photo-boothing" on the Main Lawn. There will also be a White Out spirit day and rally during Falcon Flex as we hype up our women's volleyball team for Holy Court on Friday and our football team for Holy Bowl on Saturday. School is dismissed at 3:00 p.m. on Thursday, September 6.
- Friday, September 7 will feature a massive Tug-of-War game and a delicious treat of Otter Pops. All students are encouraged to wear blue t-shirts with their dress code shorts, capris or pants on Friday as a show of school spirit!

More detailed information will follow on Schoology and in the daily bulletin.

Clubs have available meeting time on Thursday, September 13 and Thursday, September 27. This will give students an opportunity to check out all those amazing clubs they signed up for on Club Day!

### SCHOOL SCHEDULE REMINDER

Be sure to keep track of Thursday start times!

Here is the schedule for September:

- Thursday, September 6 - Holy Games Rally - 9:00 a.m. start (3:00 p.m. dismissal)
- Thursday, September 13 - 9:00 a.m. start
- Thursday, September 20 - 8:00 a.m. start (All school Liturgy Day)
- Thursday, September 27 - 9:00 a.m.

### PICTURE MAKE-UP DAY - Friday, September 7

Students who missed School Picture Day in August will be able to have their picture taken on Friday, September 7. The photographer will be set up from 11:35 a.m. - 1:15 p.m. in the lobby of the George Cunningham '40 Performing Arts Center. Students are expected to get their picture taken during their lunch time. This photo will be used for both the yearbook and the student ID card.

## Upcoming Events

During the next few weeks we have some big events on tap:

- **Tuesday, September 4** – Women's Golf v. Vista Del Lago at Bartley Cavanaugh at 3:30 p.m.
- **Wednesday, September 5** – Men's (3:30 p.m.) and Women's (5:30 p.m.) Water Polo v. Dixon at Sacramento City College
- **Friday, September 7** – **HOLY COURT:** Women's Volleyball v. St. Francis @ St. Francis High School (Frosh at 4:30 p.m., JV and Varsity to follow)
- **Saturday, September 8** – **HOLY BOWL:** Football (Frosh at 2:00 p.m., JV at 4:30 p.m., Varsity at 7:00 p.m.) at Hughes Stadium
- **Tuesday, September 18** – Women's Tennis v. Capital Christian at Laguna Racquet Club at 3:30 p.m.
- **Wednesday, October 10** – Cross Country meet at Willow Hill Reservoir at 3:30 p.m.

**Holy Bowl tickets will go on sale September 4-7 at CB in the Ron Limeberger '53 Gymnasium ticket booth during both lunches and after school until 3:15 p.m.** You can also purchase tickets online at [www.holybowl.com](http://www.holybowl.com).

**Christian Brothers Holy Bowl Tailgate: Saturday, September 8, 2018 from 1:00 – 6:00 p.m.** at the Sac City College parking lot (outside Hughes Stadium) – Join us before, during and after the Frosh and JV games for food, friends, fun and CB spirit! Game times are 2:00, 4:30, and 7:00 p.m.

**The Frosh Parent Counseling Night and New Parent Athletic Orientation will take place on Wednesday, September 12, 2018 from 6:00 – 8:00 p.m.** In the George Cunningham '40 Performing Arts Center.

The **Athletic department will conduct grade checks** of all athletes based on team rosters. For the 2018-19 school year, **the first check will occur on September 18, 2018.** Any student-athlete falling below a 2.0 GPA will be suspended from all sports practices and contests for at least one week until he/she meets minimum requirements. Suspended student-athletes must attend mandatory study hall Monday–Thursday until 5:00 p.m. Once a student-athlete acquires the minimum required 2.0 GPA, and one week has passed, he/she will be immediately reinstated to his/her sport.

## CB HOLY BOWL TAILGATE



**Saturday, September 8, 2018**  
**1:00 - 6:00 p.m.**

Sac City College Parking Lot (outside Hughes Stadium)  
 Look for the blue tents!

**Games:** 2:00 p.m. (Frosh); 4:30 p.m. (JV); 7:00 p.m. (Varsity)

Free BBQ, side dishes and drinks for all CB fans!

In the spirit of sharing, please bring a food item to contribute to the festivities.

Sign up link: <http://signup.com/go/pwrPzPg>

**Food, friends, fun and CB spirit!**



**FOR MORE EVENT PHOTOS AND TO  
 KEEP UP WITH ALL THE FUN AT CB,  
 LIKE US ON FACEBOOK!**

# FALCON FAMILY NEWS

## A MESSAGE FROM THE DIRECTOR OF ADMISSIONS & COMMUNICATIONS

### DEAR FAMILIES:

Serve it up! Each September, volleyball teams from Northern California's Lasallian schools join together on the court and in the community for the *Serve it Up Founders Classic*. This year's event, the sixth annual, brought together players and coaches from Christian Brothers, Justin-Siena, Sacred Heart Cathedral Prep and St. Mary's College High School. Teams arrived at CB on a Friday afternoon, separated into groups and set off to perform community service – some in Oak Park, others at the Sacramento Zoo and some helping the homeless. The camaraderie was instant and the Lasallian dedication to service was evident as they bonded in their efforts to make a difference. Friday evening was spent sharing prayer, a meal and reflecting on the afternoon's projects. On Saturday, the spirit continued on the court with a round robin tournament.

This event really affirms for me the blessing of our Lasallian charism and the myriad of ways our Lasallian Core Principles, *faith in the presence of God, quality education, inclusive community, concern for the poor and social justice and respect for all persons*, are mindfully incorporated into the classrooms and out in the community. I can't help but think about the dedicated Brothers who first arrived in California 150 years ago and how their brave efforts live on in the more than 120 Brothers and over 1,400 Lasallian Partners in the District of San Francisco New Orleans. Together, we serve more than 13,000 students in 21 middle, secondary and post-secondary educational ministries located in Arizona, California, Colorado, Louisiana, New Mexico, Oregon, Texas, Washington, and in Tijuana, Mexico.

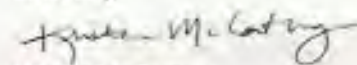
Today, CB is the largest Catholic high school in the region with students joining us from 72 zip codes and four foreign countries. The academic programs have never been better as evidenced by five consecutive years on the *Washington Post's* list of "America's Most Challenging Private High Schools." While many schools boast exclusivity, Christian Brothers High School praises inclusivity. A 2018 list from *Niche Rankings* identifies the "Most Diverse Private High Schools in America," ranking CB **number one locally and number 51 of more than 600 schools**

in California based on ethnic, economic and cultural diversity statistics and opinions from both students and parents. *Niche* describes a high ranking as an indication "that the school is extremely diverse and fosters a community that accepts and promotes a diversity of viewpoints, backgrounds, religious beliefs, etc."

Over the past four weeks, the Admissions team visited more than 30 parochial and private schools. On these visits, we have been joined by our phenomenal Lasallian Student Ambassadors. Each day, I marvel at their intelligence, dedication and enthusiasm as they share their love of CB while encouraging prospective students to attend Open House and schedule shadow visits. Each day, they affirm for me that there is not a better place for young people as they enter to learn and leave to serve.

As we prepare for Open House on Sunday, October 7 and our upcoming Shadow Days, you as CB parents and families are vital partners in telling our story. Prospective students and parents tell us that the positive stories shared with them by dedicated, enthusiastic CB parents, students and alumni have inspired them to consider CB when evaluating their high school options. Thank you to all the teachers, staff, students, parents and families who help us ensure that in its 143rd year in Sacramento, Christian Brothers High School is still *the place to be*.

Sincerely,



Kristen McCarthy

Director of Admissions and Communications

### INSIDE THIS ISSUE

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- Campus Ministry
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- Athletics
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## Testing Day

**Wednesday, October 10** is a very important day for students at Christian Brothers. **Testing Day is a late start/minimum day** that involves freshmen, sophomores and juniors in preliminary college entrance testing. **The exams will begin at 9:00 a.m. (students should arrive by 8:45 a.m.) and will be dismissed earlier than normal. Freshmen and sophomores will be dismissed around 12:00 p.m. and juniors will be around 12:30 p.m.**

Coordinated by the counselors, the teachers administer the following assessments to students:

**FRESHMEN** will be taking the **PSAT 8/9**, which will give us an excellent baseline score early on in high school and allow us to keep statistical comparisons when the students take the PSAT/NMSQT and SAT at a later time.

**SOPHOMORES** will be taking the **PreACT**. This test will be an excellent, low-risk practice for the ACT exam, which has gained popularity both locally and nationwide.

**JUNIORS** will take the **PSAT/NMSQT Exam** (preliminary SAT). This test is great practice for the SAT, and also allows high achieving students to qualify for participation in the **National Merit Scholarship Program, National Hispanic Scholars Program, and the National Achievement Scholarship Program for Black American high school students.**

**SENIORS** will be given the day off – however, this day is a great opportunity for visiting local colleges. Seniors may be ready to begin applying to colleges in October; if they have not visited local or regional colleges yet, this midweek day is a perfect time to schedule a tour and find out more about a college while it is in full-swing. **It is also important to note that the Dean of Admissions for our Lasallian sister school, St. Mary's College in Moraga, will be here on campus on October 10th to interview a limited number of seniors who have applied to SMC. These appointments will begin at 10:00 a.m. and will run throughout the day. A signup sheet is posted in the Counseling Center.**

Here are some tips to help students do their best on the exams:

- Remind your child to **get plenty of rest** the night before the test.
- Students should **eat a nutritious breakfast** the morning of the test. Food and drink (including water) are prohibited during the test, except during breaks. **(The cafeteria will not be open that day, so students who will be staying on campus for sports practices, etc. may want to bring a snack or bag lunch).**
- Juniors have already received information and materials about the PSAT from their counselor in September. This included a **PSAT Official Student Guide with a practice exam**. Please encourage your son/daughter to prepare for the test by taking the practice exam at home before Testing Day.
- Remind your student (all three grade levels) to **bring two sharpened #2 pencils and his/her calculator.**

**Results of the exams will be returned to students by their grade-level counselor in January/February 2019.** If you have any questions, please call the Counseling Department at 916-733-3680.

## Upcoming Counseling Dates

**October 3** - College Financial Aid Night for Seniors and Parents (6:00 - 8:00 p.m.)

**October 5** - SAT Regular Registration Deadline for November 5 exam – [www.collegeboard.com](http://www.collegeboard.com)

**October 6** - SAT Exam (CB is a test center)

**October 10** - Testing Day/Senior local college visits/SMC admissions interviews

**October 27** - ACT Exam (CB is a test center) – [www.actstudent.org](http://www.actstudent.org)

**October 4, 18, 25** - College Application Workshops (before school and at Falcon Flex, room 201)





## CAMPUS MINISTRY



Through the 21st of this month, our Christian Brothers community is invited to join in the Lasallian International Days of Peace as we actively pray for peace and justice in our world. Please join us as we pray for peace in our families, homes, school, community and world!

### Prayer & Worship

- **Freshmen and their families** are invited to join us for the Freshmen Family Liturgy and Breakfast on Sunday, October 14 at 9:30 a.m. in the George Cunningham '40 Performing Arts Center. Please [RSVP here](#) no later than Monday, October 8.

- Please join us on Monday, October 15 at 9:40 a.m. for our **Homecoming Prayer Service**.

- **November 1 is a holy day of obligation (opportunity)!** We will celebrate All Saints Day with an all-school liturgy. Please join us at 9:45 a.m. in the Ron Limeberger '53 Gym.

### Retreats

**Retreat registration is happening NOW for...**

**JUNIOR OVERNIGHT RETREAT** - All juniors are invited to attend one of the four overnight retreats being offered this year. The junior overnight retreat is a wonderful stepping stone to the senior Kairos retreat. Students leave after school on a Monday and are back on campus by the end of the school day on the following Tuesday. Fees include retreat materials, lodging, meals, transportation and snacks. Junior students will receive more information about the retreat and the registration process in the next few weeks. **All registrations for the junior overnight retreat must be completed by November 15.**

**Dates for junior overnight retreats:** October 29-30, January 28-29, February 25-26, and April 1-2.

**SENIOR KAIROS** - There are only 3 remaining retreats open for seniors: November 6-9, January 15-18, or March 19-22. **All Kairos registrations must be completed by October 30.** Visit the [Ticket Hub](#) to register.

Thank you to all our CB family and friends for your generous donations to the All-School Drive for World Relief Services! During the All-School Liturgy in September, featuring the International Lasallian Days of Peace, the donations were presented as a gift offering. Thank you for helping us live out our mission to serve.



### Peace, Love & Bunco

Back by popular demand...it's **FAMILY BUNCO NIGHT!** Don't miss this fun event which will be held on Wednesday, October 10 from 6:00-8:30 p.m. in the CB Cafeteria. This is an excellent way to meet fellow CB parents and families! Come dressed in your favorite tie-dye clothing and accessories! Don't miss out on this evening of good ol' family fun, snacks and prizes! The cost is \$10/family. **Please [click here](#) to register no later than October 5.** Families who register by 10/5 will receive an extra door prize entry for a dinner and movie gift card!

**October is Respect Life Month**  
**Please pray in honor of the gift of life!**



God of life and love, you created us in your image and sent your Son to bring us life.  
Instill in us a respect for all life, from conception to natural death.  
Empower us to work for justice for the poor.  
Nourish us that we may bring food to the hungry.  
Inspire us to cherish the fragile life of the unborn.  
Strengthen us to bring comfort to the chronically ill.  
Teach us to treat the aging with dignity and respect.  
Bring us one day into the glory of everlasting life.

We ask through Christ our Lord. Amen.

### SCHOOL SCHEDULE REMINDER

**Be sure to keep track of Thursday start times!**

[Here is the schedule for October:](#)

- **Thursday, October 4** - 9:00 a.m. start
- **Tuesday, October 9** - 9:00 a.m. start/3:00 p.m. dismissal
- **Wednesday, October 10** - 9:00 a.m. start/12:00-12:30 p.m. dismissal (Testing Day for freshmen, sophomores, and juniors)
- **Thursday, October 18** - 9:00 a.m. start/3:00 p.m. dismissal (Homecoming Rally)
- **Thursday, October 25** - 9:00 a.m. start

## ATHLETICS

The Athletic Department is seeking parents and athletes to help volunteer for the Christian Brothers Baseball Hall of Fame Dinner on Saturday, October 13 at 5:00 p.m. If you are interested in helping, please email or call Gloria Bauer at [gbauer@cbhs-sacramento.org](mailto:gbauer@cbhs-sacramento.org) or 916-733-3610.

**Homecoming Games and Senior Night** vs. Del Campo will take place Friday, October 19 at 5:00 and 7:00 p.m. at Sacramento City College - Hughes Stadium. Please make sure to wear your class spirit shirt to the game and represent that great CB pride.

**Come out and support our fall senior athletes** at the following senior night games or matches:

• **Volleyball** vs. Vista Del Lago – Wednesday, October 10 at CB at 6:15 p.m.

• **Women's Golf** vs. El Camino – Thursday, October 11 at Bartley Cavanaugh at 3:00 p.m.

• **Water Polo** vs. Del Campo – Wednesday, October 17 at Sacramento City College at 4:00 and 5:00 p.m.

• **Tennis** vs. Del campo – Thursday, October 18 at Laguna Creek Racquet Club at 3:00 p.m.

• **Football, Cheer, and Athletic Trainers** vs. Del Campo – Friday, October 19 at Hughes Stadium at 7:00 p.m.

• **Cross Country** will honor their seniors at the end-of-the-season banquet.

**Any student wishing to try out for a winter sport on Monday, October 29 must have an updated physical on Appryse and be included in the tryout group on Appryse.** To add your student to a tryout group, use the green tryout button on your individual Appryse account.



## DIVERSITY AND INCLUSION

Essential components of our Lasallian Catholic identity are the core principles of *Inclusive Community* and *Respect for All Persons*. As *the place to be*, we strive to provide excellent learning opportunities for all. In February of 2017, CB's Leadership Team crafted the following statement to encapsulate the school's commitment to diversity and inclusion:

### **Christian Brothers High School Inclusion Statement**

*Christian Brothers High School's Lasallian Catholic mission and Lasallian Core Principles emphasize diversity and inclusion as essential. It is vital that our school community continue learning, celebrating and challenging our perceptions, and developing empathy as we commit to a better understanding of the importance that diversity contributes to our world. We envision a community that goes beyond the tolerance of difference to one that is guided by social justice, cultural competence and engaged citizenship where all voices are respected and valued. We believe that inclusivity is essential to building a stronger Christian Brothers community and achieving the standards of excellence to which we aspire.*

School leaders then invited a cross section of faculty and staff to form a Diversity and Inclusion Committee to identify and facilitate activities that promote the many ways that diversity complements the richness of life and community that we share at CB. The group looks forward to sharing more about their activities in upcoming issues of the *Falcon Family News*.

## Homecoming Spirit Week "Best of Both Worlds"

### Monday, October 15

*White and Blue*  
Prayer Service | Lunch: Spirit games on the Main Lawn

### Tuesday, October 16

*Jack and Jerry*  
Powder Puff | Lunch: Soph. vs. Seniors, Frosh vs. Juniors

### Wednesday, October 17

*Preppy and Hippie*  
Powder Puff | Lunch: Consolation Game

### Thursday, October 18

*Angels and Devils*  
Powder Puff & Rally | Lunch: Championship Game

### Friday, October 19

*Cowboys and Aliens*  
Lunch: Spirit games on the Main Lawn

## Enter to Learn, Leave to Serve

### Freshmen Service-Learning



Freshmen will continue their walks with their frosh classes in the month of October.

Mr. Hayes: Wednesday, October 3 & Thursday, October 4

Mr. Guro: Wednesday, October 24 & Thursday, October 25

**Reminder:** Students need to wear closed toe shoes and their orange spirit shirts. We walk rain or shine!

### Hispanic Heritage Service Opportunity



La Raza club is hosting a Christian Service opportunity at St. Mary's Catholic Cemetery, in Oak Park (located on Fruitridge, five minutes away from CB) on Saturday, October 20 from 9:00 – 11:00 a.m. A pizza lunch will be provided. This morning

of service is part of the Latino Heritage Month Celebration and involves students cleaning and painting gravestones for a minimum of two hours after school in preparation for All Souls' Day and All Saints' Day. If you wish to sign up, please contact Mrs. Grapé on Schoology or email her at [ggrape@cbhs-sacramento.org](mailto:ggrape@cbhs-sacramento.org).

### VENAVER



If you do not have your passports or government issued photo ID, please begin the process soon. Interviews will take place on Friday, October 5 in Room 105.

**Please note:** If you missed the VENAVER registration due date, please see Ms. Grapé in Room 106.

## RUN TO FEED THE HUNGRY

### Join us on Thanksgiving Day as we Run to Feed the Hungry!

It has become an unofficial Christian Brothers tradition to participate in the annual Run to Feed the Hungry on Thanksgiving Day (Thursday, November 22, 2018) to benefit the Sacramento Food Bank & Family Services. If you and your family are planning to participate in this event, please consider joining our team – You will receive a CB team shirt. You are invited to join us in the team area before the race for coffee, donuts and a team photo.

Registration is now open at [www.runtofeedthehungry.com](http://www.runtofeedthehungry.com). Select the Team Member option and choose "Christian Brothers High School." If you already registered as an individual, you can switch over to CB's team online. **Team registration closes on November 1.**

Race packets for CB team members will be available for pickup here on campus the week of the race. Come out and walk/run with us and tell your family and friends! It's sure to be another great CB community event and we'll help a wonderful organization. The additional fundraising portion of this event is not a requirement to be on the CB team.

For any questions, please contact the Team Captains, Jake Hunley at [jhunley@cbhs-sacramento.org](mailto:jhunley@cbhs-sacramento.org) or Mary Kessler at [mjkessler@comcast.net](mailto:mjkessler@comcast.net).



FOR MORE EVENT PHOTOS AND TO  
KEEP UP WITH ALL THE FUN AT CB,

[LIKE US ON FACEBOOK](#)

## MEDIA VISUAL AND PERFORMING ARTS

**Open Mic Auditions** are coming up October 2 and 3 after school in the choir room. If you have a talent to show off, get your act together and try out! From Taiko drumming to unicycle juggling, if you love to perform, we want to see it. Contact [Mrs. Schorn](#) with any questions. **Open Mic Night** will be held Friday, October 12 at 7:00 p.m. in the George Cunningham '40 Performing Arts Center. Tickets are \$2 and are available at the door.



The talented student journalists at **The Talon** keep you updated on all that affects our CB community. From interviews that highlight students and faculty to CB event features to local issues like the Jump Bike craze, these students have their finger on the pulse of CB. Find their work on the **Talon Talk Podcast**, available from all major podcast providers, and online at [www.CBTalon.com](http://www.CBTalon.com).

**Theatre** once again led the way at the Elly Awards, taking home five awards including Best Overall Production - Play for Hamlet, and individual awards for **Jacob Cherry '18 (Lead Male in a Play)**, **Spencer Fitzpatrick '20 (Supporting Male in a Musical)**, **Michael D. Jackson (Direction of a Play)**, and **Heather Christianson '01 (Set Design of a Play)**. To see this dynamic program in action, get your tickets to **Singin' in the Rain** from the [Ticket Hub](#) on CB's website. Performances start November 9.

**Visual Arts student Ryan Lee '19** collaborated with McClatchy High School student Adrian Lau on an entryway mural at the *Tearing Walls Apart* event at the abandoned Mansion Inn on September 23. Visual and performing arts high school students from across Sacramento participated in the event.

**Instrumental, Visual Arts and Choral** students will be working hard to showcase their talents at Open House on October 7, so be sure to drop by as they bring beauty and entertainment to our community.

**Put the arts on your calendar this year. You won't want to miss these talented students in action!**



## STUDENT ACTIVITIES

The **Freshman Family Liturgy** will be held on Sunday, October 14 at 9:30 a.m. in the George Cunningham '40 Performing Arts Center. The freshman class council welcomes classmates and their families for faith and fellowship as we celebrate the theme, "Finding Our Way." After the mass, please be sure to join us for a continental breakfast in the cafeteria. Frosh families are asked to please [RSVP here](#) for this event no later than Monday, October 8.

**Homecoming Week** kicks off on Monday, October 15 with a fun, spirited week celebrating the "Best of Both Worlds." The spirit dress codes, daily schedule and a downloadable version of the Homecoming dance guest pass form for non-Catholic school students are posted in the [Student Activities](#) section of our website.

**Homecoming dance guest passes** are also available online or in the Lasallian Student Life Office (LSLO). All guest passes are due no later than 4:00 p.m. on Tuesday, October 9 and must be filled out completely to be considered for approval.

The **Homecoming dance** takes place on Saturday, October 20 from 7:30-10:30 p.m. in the Ron Limeberger '53 Gymnasium. All students attending should arrive no later than 8:30 p.m. and may not leave the dance before 10:00 p.m. Any non-CB guest must arrive with his/her CB host. The cost for tickets is \$15/person or \$30/couple. Tickets will be available for sale online via the Ticket Hub beginning Monday, October 8 and during lunch throughout Homecoming Week, October 15-19, at the LSLO window or at the powder puff games. Checks should be made payable to Christian Brothers High School. Ticket purchases for guests attending from non-Catholic schools are not considered final until a Homecoming dance guest pass is submitted and approved by the Director and/or Assistant Director of Student Activities. Please see the [Student Activities](#) page on the website for [dance behavior and dress guidelines](#).

**La Raza is hosting Latino Heritage Week** beginning Monday, October 29. There will be educational opportunities to learn about Latino heritage, special events at break all week and a celebration of Latino heritage at all-school Lunch on Thursday, November 1. Tacos from Vallejo's Restaurant will be available for purchase on that day. Students should listen to announcements during the week so they won't miss any of the celebration!

**Halloween Spirit Day** will be held on Wednesday, October 31, featuring a spooky dress code. Students will also enjoy a haunted house experience at both lunches brought to you by the amazing minds of the Creators Club!

# FALCON FAMILY NEWS

## A MESSAGE FROM THE DIRECTOR OF CHRISTIAN SERVICE

### DEAR FAMILIES:

A lady recently being baptized was asked by a co-worker what it's like to be a Christian. She replied, *"It's like being a pumpkin: God picks you from the patch, brings you in, and washes all the dirt off you may have gotten from the other pumpkins. Then He cuts the top off and scoops out all the yucky stuff. He removes the seeds of doubt, hate, greed, etc. Then He carves you a new smiling face and puts His light inside of you to shine for all the world to see."*

It is amazing how quickly the holiday season is approaching. In no time at all, we will celebrate Thanksgiving, a time where we gather around a table with those we love and give thanks for our many blessings. What a special day and celebration this is for families. In preparation for the Feast of All Saints' Day, All Souls' Day, and Thanksgiving, we reflect on our personal blessings, the people and events that have brought joy and meaning in our lives.

Christian Service encourages us to become more aware of the daily blessings in our lives. When we take the time to be grateful for what we have, there is an amazing transformation that can occur within us. Our eyes are opened wide to see more blessings around us and our hearts become more willing to give because we want others to receive the same blessings as we have. We are more eager to spread the Good News and giving of ourselves to a family in need.

Recently, a Christian Service faculty team was formed to promote a greater experience of Christian Service among faculty, staff and students. This team provides an environment in which diversity of opinions can safely be expressed in the spirit of collaboration and communication. In August 2018, fifteen faculty members were invited and agreed to be part of this team. Each team member is representative of a department and organization and is responsible for assessing the current Christian Service program, evaluating best practices and programs of other Lasallian schools from the district, acting as a liaison to other faculty members on campus, and offering recommendations to the Christian Service department and Leadership Team that are aligned with the Lasallian mission.

In addition, our Christian Service department is in the process of implementing a new Christian Service adult volunteer team. If you are interested and are a parent, alumnus, alumni parent and/or CB friend, I'd like the chance to meet with you in person to discuss Christian Service opportunities.

St. Paul understood the importance of embracing this attitude of gratitude. He often begins his letters by remembering those who walk the journey of faith with him and how they have blessed his life: "I thank my God every time I remember you, constantly praying with joy in every one of my prayers for all of you, because of your sharing in the gospel from the first day until now." (Philippians 1:3)

Please know that I am grateful for all that you do, and I am honored to be serving by your side.

Wishing you a Blessed Thanksgiving!

Sincerely yours in Christ,



Gigi Grapé  
Director of Christian Service

### INSIDE THIS ISSUE

- Counseling
- Campus Ministry
- Christian Service
- MVPA
- Student Activities
- Athletics

**Autumn is always quite a busy time in the Counseling Department! We are in the midst of a very active college application period and continue to provide personal counseling and academic guidance along with extensive college planning.**

As you may know, Christian Brothers provides one of the most comprehensive programs of **Advanced Placement** course offerings in the region. We currently offer fifteen Advanced Placement courses and have 522 AP exams scheduled to be taken by our students this May. We are very pleased to announce that the following students earned special recognition from the Advanced Placement program based on 2018 exam results.

**AP Scholar** (granted to students who receive scores of **3 or higher on three or more AP Exams**):

- |                          |                           |
|--------------------------|---------------------------|
| • Joseph Archer '18      | • Meera Khaira '18        |
| • Bellissima Arriaga '18 | • Daniel Ledesma '18      |
| • Leander Balmeo '19     | • Margaret Leppert '19    |
| • Emily Davis '18        | • Cesar Lopez '18         |
| • Aaron Davis '18        | • Lilliana Ma '19         |
| • Gabrielle Downey '19   | • Madeline Mercer '18     |
| • Julia Dudensing '18    | • Shatara Moufon '18      |
| • John Duncan '19        | • Kristina Murphy '18     |
| • Matthew Dunn '18       | • Jacob Narisco '18       |
| • Ashley Eickman '19     | • Grace Nolan '18         |
| • Olivia Elopoulos '18   | • Camilla Patterson '18   |
| • Gabriella Geach '18    | • Mark Powers '18         |
| • Hannah Gruber '19      | • Brendan Sample '19      |
| • Candace Gutierrez '18  | • Marvin Shi '19          |
| • Sabrina Hirsh '18      | • Daniel Simoes '18       |
| • Kathryn Janicki '19    | • Chance Sims '19         |
| • Caira Johnson '18      | • Nicholas Smith '18      |
| • Morgan Jones '18       | • Stephen Smith '18       |
| • Creighton Kauss '18    | • Katherine Stiplosek '18 |

**AP Scholar with Honor** (granted to students who receive an average score of **at least 3.25** on all AP exams taken, and scores of **3 or higher on four or more** of these exams):

- |                      |                       |
|----------------------|-----------------------|
| • Colette Caspar '19 | • Madeline Madrid '19 |
| • Andy Chen '18      | • Siena Mazza '19     |
| • Jacob Cherry '18   | • Miguel Menchaca '19 |
| • Turner Clark '19   | • Sofia Nguyen '19    |
| • Aeron Davies '18   | • Alanna O'Neill '19  |
| • David Garza '18    | • Samuel Sellar '19   |
| • Casey Koenig '19   | • Nason Tarver '18    |
| • Sofia Linares '18  |                       |

**AP Scholar with Distinction** (granted to students who receive an average score of **at least 3.5** on all AP exams taken, and scores of **3 or higher on five or more** of these exams):

- |                          |                          |
|--------------------------|--------------------------|
| • Mitchell Berger '18    | • Alex Mantong '18       |
| • Delaney Bird '18       | • Kaleo Mark '19         |
| • Michaela Cahill '18    | • Hallie Mikacich '19    |
| • Regina Chapuis '18     | • Marliis Neal '18       |
| • David Cook '19         | • Isabel Nguyen '18      |
| • Paulina Crum '18       | • Amelia Poroli '18      |
| • Julianne Downing '18   | • Georgiana Prevost '19  |
| • Jeremy Fernandez '18   | • Jennifer Roberts '18   |
| • Landi Guo '18          | • Justin Romani '18      |
| • Alexandra Hock '19     | • Aidan Smith-Fagan '18  |
| • Hannah Kaplon '18      | • Elizabeth Sperring '18 |
| • David Karalli '18      | • Katherine Stenger '18  |
| • Nicholas Kennedy '19   | • Emma Talley '19        |
| • Navneet Khaira '18     | • Matthew Thomas '18     |
| • Tristan Kimball '19    | • Olivia Tobin '19       |
| • Natalia Kimmelshue '19 | • Juliet Tochtermann '18 |
| • Zachary Lau '18        | • Patrick Wiseman '18    |
| • Natalie Leclerc '19    | • Alice Wong '18         |
| • Rachel Li '18          |                          |

**National AP Scholar** (granted to students who receive an average score of **at least 4** on all AP exams taken, and scores of **4 or higher on eight or more** of these exams):

- |                        |                       |
|------------------------|-----------------------|
| • Michaela Cahill '18  | • Matthew Thomas '18  |
| • Julianne Downing '18 | • Patrick Wiseman '18 |
| • David Karalli '18    | • Alice Wong '18      |
| • Rachel Li '18        |                       |

**CONGRATULATIONS TO THESE CURRENT AND FORMER STUDENTS!**

### Upcoming Events

**SAT Test Dates:** November 3 (Registration closed), December 1 (Deadline to register is November 2)

**ACT Test Dates:** December 8 (Deadline to register is November 2)

**College Application Workshops for Seniors:** Thursdays (November 8, 15, and 29) at 8:00 a.m. in room 201



### Reflections in November

The month of November brings us many opportunities for prayer and reflection...

Thursday, November 1, the Feast of All Saints' Day, is a holy day of "opportunity" when the Catholic Church honors the lives of those holy men and women who serve as models of our faith. We also remember those who transformed the world and who are now "rejoicing in heaven." For this liturgy, the God Squad has chosen the theme, "Under Construction - Saints in the Making." Each of us is called to live a life of holiness and to look to the Saints as their examples of courage and faithfulness. Many of the Saints were everyday, ordinary people living with extraordinary faith. So when you notice that I chose to use the word "opportunity" in place of obligation, I did so intentionally. All Saints' Day is an opportunity—a chance to remember and honor the lives of the official Saints, but also a time to recognize how each day affords us the opportunity to build lives as faithful followers of Christ.

Saturday, November 2, All Souls' Day, is a day in which we pray for and honor our loved ones who have passed away. This is another opportunity to offer a prayer of thanksgiving for the time we were given with these special individuals, even if for only a short time. On this day, take a moment to remember the gift of your loved ones' presence and the specific ways in which they touched your life.

Finally, the month of November invites us to practice an attitude of gratitude. Stop for a moment and be thankful for the abundance of blessings that grace your life. Appreciate friends and loved ones, remembering that many may be lonely and less fortunate. As you prepare to gather around your table for Thanksgiving dinner, please find a table prayer to share. Blessings to you!

- Jen Yearwood, Director of Campus Ministry

### Retreats

**Registration for junior overnight and senior Kairos retreats is due by November 30!** We are registering for junior overnight retreats and the remaining senior Kairos retreats, which means even if a student plans to attend a retreat sometime between January and April, they must sign up now! This helps us plan ahead for transportation and for food and lodging at the retreat centers. In addition, some of the retreat dates tend to fill up fast so the best way to secure a retreat spot is to have your registration/medical form and payment turned in. Please speak with your son/daughter and determine which retreat date will work best.

### Retreat Dates

**Junior Overnight:** November 26–27 (registration due by 11/15), January 28–29, February 25–26, and April 1–2

**Senior Kairos:** January 15–18 (limited space available), March 19–22

More information about these retreats, as well as registration links, can be found at the [Campus Ministry student retreats page](#) on the CB Website.

#### THANKSGIVING TABLE PRAYER

Lord God,

Our hearts are crowded with gratitude  
as we celebrate the feast of Thanksgiving.  
We have come to this our feasting table  
with great joy and eagerness.

for we are truly grateful to You, our God,  
for all that we have been given.

We pause now and, in silent prayer,  
do thank You for the great generosity of Your gifts.

*Pause for silent reflection.*

We also thank one another for gifts—  
especially for the gifts of love and affection  
that we have freely shared.

We are thankful for all who are present at this our feast,  
as well as for all those who have labored in love  
in order to bring this dinner to our table.

May You, our God, bless this Thanksgiving feast  
and all of us who shall share it  
in Your holy name.

Amen.



## Enter to Learn, Leave to Serve

### Thanksgiving *Yes We Can!* Food Drive

Hello CB students and families,

We are happy to announce that our Thanksgiving *Yes, We Can!* Food Drive class competition is on!



Starting on November 1 through November 15, each class is challenged to donate canned foods.

#### Drop-off details

**Freshmen:** Ms. Roybal in room 105

**Sophomores:** Ms. Bronson in room 602

**Juniors:** Ms. Williams in Learning Commons

**Seniors:** Mr. English in room 402

Last year, we collected 2,500 canned and non-perishable boxed food items which were donated to William Memorial Church, CB's neighboring church for 54 years. We have had the privilege of reaching out to our Oak Park families through this partnership for four years. *We Remember...* our blessings and are invited daily to be mindful of the many opportunities we have to give of ourselves.

Help make the Thanksgiving *Yes, We Can!* Food Drive memorable this year for families in need!

#### Contest Guidelines

- Canned and all non-perishable boxed donations must have suitable expiration dates and be unopened.
  - Collections will be tallied by class moderators by **Wednesday, November 14.**
  - Winning class will be announced on Friday, November 16.
- Winners will earn a Denim Day on Tuesday, November 20.**

### Volunteer Opportunities

**Christian Service and Black Student Union (BSU) are hosting two opportunities to serve Oak Park pre and post-Thanksgiving!**

Mark your calendars! On Thursday, November 15, students are invited to pack food from 3:30-5:30 p.m. at William Memorial Church.

On Friday, November 23, students are asked to distribute food from 10:00 a.m.-12:00 p.m. at McClatchy Park.

Service involves packing canned and non-perishable boxed foods and distributing them.

Contact Ms. Grapè on Schoology for more information.

### November 1 - Feast of All-Saints Offertory

Christian Service and La Raza hosted a service opportunity at St. Mary's Catholic Cemetery in Oak Park. The service involved CB students cleaning and polishing gravestones. A mini remembrance of this service is being offered as part of Latino Heritage Month, Día de los Muertos ("Day of the Dead"). Thank you, La Raza!

### VENAVER

**VENAVER Otro Lado participants:** If you have not obtained your passport or government-issued photo identification, please begin the process as soon as possible. The turnaround time during the holidays is slow. Please have your identification by mid-December. Thank you!

Please check Schoology for the following **schedule of interviews:**

**VENAVER Yakima, WA:** Week of Monday, October 29 through Friday, November 2.

**VENAVER Denver, CO:** Week of Tuesday, November 13 through Friday, November 20.

**VENAVER Memphis, TN:** Thursday, November 29 from 7:15 to 8:50 a.m. (Three groups of 25-minute interviews)

## RUN TO FEED THE HUNGRY

**It has become an unofficial Christian Brothers tradition to participate in the annual Run to Feed the Hungry on Thanksgiving Day (Thursday, November 22, 2018) to benefit the Sacramento Food Bank & Family Services.** If you and your family are planning to participate in this event, please consider joining our team - You will receive a CB team shirt. You are invited to join us in the team area before the race for coffee, donuts and a team photo.

Registration is open at [www.runtofeedthehungry.com](http://www.runtofeedthehungry.com). Select the Team Member option and choose "Christian Brothers High School." If you already registered as an individual, you can switch over to CB's team online. **The last day to register for a team is November 1.**

For any questions, please contact the Team Captains, Jake Hunley at [jhunley@bhs-sacramento.org](mailto:jhunley@bhs-sacramento.org) or Mary Kessler at [mikessler@comcast.net](mailto:mikessler@comcast.net).



## MEDIA VISUAL AND PERFORMING ARTS

This November, CB is **Singin' in the Rain!** You won't want to miss this exciting show, based on the beloved Gene Kelly film. Tickets are \$10 for adults and \$5 for students and kids, and are available for purchase from the [Ticket Hub](#) on CB's website or at the door. This is a great show for all ages. Catch our award-winning theatre program in action November 9-11 and 16-18 with Friday and Saturday performances at 7:00 p.m. and Sunday matinees at 2:00 p.m.

CB's **Honors Choral** performed on October 18 at the Ambassadors' Club Dinner and received rave reviews. A particular highlight of their performance was their rendition of "For Good" from the musical, *Wicked*. Many in the audience were moved to tears and the group received a standing ovation in thanks for their inspirational songs. Students in the choir were grateful to say a "thank you" of their own for the donors' spirit of generosity throughout the years.



The talented student journalists at **The Talon** keep you updated on all that affects our CB community. From interviews that highlight students and faculty, to CB event features, to local issues like the Jump Bike craze, these students have their finger on the pulse of CB and the local community. Find their work on the **Talon Talk Podcast**, available from all major podcast providers, and online at [www.CBTalon.com](http://www.CBTalon.com).

Put the arts on your calendar this year. You don't want to miss these creative and talented students in action!



## STUDENT ACTIVITIES

**Student Activities and the Student Council would like to thank the members of the CB community for an amazing Homecoming Week** full of costumes, inclusivity and fun. November will look like a slower month in comparison to October's full schedule, but there is still plenty of fun to be had in these remaining autumn days!

**La Raza is celebrating Latino heritage on Thursday, November 1 with the event *La Pachanga*.** There will be food, music, dancing and cultural celebrations. There will be pan dulce, paletas, and Vallejo's is catering tacos. Enjoy the good food while watching folklorico dancing, all taking place during lunch. To celebrate November, which in the liturgical calendar is a month to remember those who have passed away, **La Raza set up an *ofrenda*, a community altar of remembrance, in the main office hallway.** The *ofrenda* will remain from November 2, All Souls' Day, until Thanksgiving break.

Freshmen will have one more opportunity to meet with the senior buddies in their Falcon Families during all-school lunch on Thursday, November 15. Seniors will share their experiences and survival tips for the remaining weeks of the semester, including preparation for final exams.

**Our annual "Sixty Seconds of Service" sandwich-making competition will be held during all-school lunch on Thursday, November 29.** Sponsored by Sodexo, students are encouraged to come out and represent their class in this fun peanut butter and jelly sandwich-making competition. Students who have peanut sensitivities are still encouraged to come out and make sun butter sandwiches at our special nut-free tent. CB competes nationwide in this "race to make the sammies" and won by a landslide last year against other high schools, and even colleges and universities! Come help us defend our title and make some sandwiches for the local charities that need them the most. We hope you have fun! See how you can contribute to the community even with just a few minutes of your time.

### SCHOOL SCHEDULE REMINDER

Be sure to keep track of Thursday start times!

November schedule:

- **Thursday, November 1** – 8:00 a.m. start (All Saints' Day liturgy at 9:45 a.m.)
- **Thursday, November 8** – 9:00 a.m. start
- **Thursday, November 15** – 9:00 a.m. start
- **Thursday, November 22** – Happy Thanksgiving! No school.
- **Thursday, November 29** – 9:00 a.m. start

## Capital Athletic League SCHOLAR-ATHLETE AWARD

**Eligibility:** Athletes who are members of a Capital Athletic League recognized varsity team are eligible for this award. Freshmen are not eligible as the athlete must have at least one year of grades, beginning with the 9th grade. Athletes must finish the season in good standing and have a cumulative 3.50 or above GPA (weighted grade point average) as well as a current 3.50 or above weighted GPA. The cumulative GPA is based on cumulative grades of semesters from 9th grade onward. Athletes are awarded a Scholar-Athlete patch for each sport season for which they qualify.

The following athletes are recognized as Capital Athletic League Scholar Athletes:

### Women's Varsity Volleyball

- Catherine Cordano '19
- Allison Corgiat '21
- Dylan-Janice deGuzman '20
- Sydney Durana '20
- Madelyn Hesse '21
- Sophia Overstreet '20
- Chloe Splinter '20

### Women's Varsity Golf

- Victoria Abansado '21
- Karina Brouwer '19
- Jessi de la Mora '20
- Ashley Eickman '19
- Katherine Gergen '20
- Ja'Lece Hickey '21
- Annabelle Horan '21
- Kathryn Maebori '20
- Grace Patterson '20

### Varsity Football

- Andrew Dettling '19
- Frederick Fiske '19
- Chace Gallup '19
- Patrick Greiner '20
- Sawyer Hays '21
- Reed Mercer '20
- Anthony Miranda '19
- Jackson Ryan '20
- Jakob Uebelhoer '19

### Men's Varsity Water Polo

- Dylan Delucchi '21
- Caleb Quinn '20
- Colin Quinn '20

### Women's Varsity Water Polo

- Emma Busch '20
- Sydney Carlson '19
- Lana Jan '19

### Varsity Cheer

- Eva Anders '19
- Jennifer Lee '19
- Sara Littlejohn '19
- Abigail Wall '20

### Women's Varsity Tennis

- Fiona Babcock '21
- Bianca Noelle '21
- Emma Emigh '21
- Emma Frink '21
- Mariana Garcia '21
- Lola Jan '21
- Sophia Sidley '21
- Ai-Linh Tran '21

### Varsity Cross-Country

- Samuel Copley '19
- Aileen Fortin '19
- Malia Gay '21
- Alberto Mujica '19
- Nicolas Sanchez '19
- Paige Sparks '21
- Enrique Verschoor '19
- James White '19

## Save the Date!



## JOIN OUR AUCTION VOLUNTEERS

Our Auction Meeting is on Tuesday, November 6 from 5:30-7:00 p.m. in Brother Bertram Hall. Please join our fun group! We need parents to help with the many parts of this large fundraising event. Come and check out what goes into the making this event for the ultimate benefit of our students.

Contact Joanne McShane at [jmcshane@cbhs-sacramento.org](mailto:jmcshane@cbhs-sacramento.org) or (916) 768-0253 with any questions.



# FALCON FAMILY NEWS

## A MESSAGE FROM THE DIRECTOR OF CAMPUS MINISTRY

### DEAR FAMILIES:

If you recall, our school theme that we have been praying with this year is "Let Us Remember" in honor of the 300th anniversary year of the death of our founder, St. John Baptist de La Salle. Throughout the school year we are afforded many opportunities to remember.

For as long as I can remember, I have been fascinated with Christmas trees. The beauty and décor of each individual tree has always captivated me. From my earliest memories as a child, I recall our family tree – an artificial, white, flocked Christmas tree (yes, I said flocked!). For the longest time, the mystery of its white and fluffy branches peaked my curiosity. This, of course, led to a regular fascination of touching its branches, which was surely followed by a parent's wag of the finger with strict instructions to not touch! In my teen years, I spent time with my Aunt Annie learning the art of crafting and creating hand-made ornaments and bows to adorn the tree. When I was newly married and the time came to acquire and decorate our first Christmas tree, I was bent on having a live, evergreen tree. Our hunt to find the perfect tree in our tiny first apartment led to what more likely resembled a Charlie Brown Christmas tree. Still even in its simplicity, there was beauty. Now, I look forward to our annual family tree hunt in search of that perfect Christmas tree that my husband, daughter and I can all agree on. Sure, we all have our own preferences but in the end, we always find one that is impeccably us. The time we spend together searching, placing and decorating is time I will always treasure. What I love most is reminiscing and remembering stories, gifts or people that are associated with each ornament that is hung.

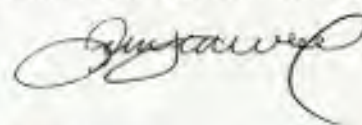
In the hurried nature of the holiday season, I look forward to the (almost) silent night when all others in my home are fast asleep and I can steal a quiet moment of peace to sit and gaze upon the Christmas tree. As I breathe in the wonderful smell of evergreen deeply, I remember the gift of life that I have been given. The twinkling lights remind me of the steady light of Christ that burns brightly within my heart, even when in times of darkness, I may find myself feeling discouraged. As my attention is drawn

from ornament to ornament, each one with a story to tell, I am reminded of countless memories and blessings, so much that my heart overflows. The garland, which surrounds the tree reminds me of the loving embrace of the God who formed me, knows me from within and regularly invites me into His holy presence. Finally, the star at the top gives me pause to recognize the gentle hand of God, leading and guiding my life, as the Magi were led so long ago to the sacred place where the Savior was. In this peaceful moment of reflection, I am at the manger, where instead of fancy gifts wrapped in bows, I find the greatest gift – the gift of Christ given for me.

Our world today presents us with many opportunities, attractions and distractions that make it easy to lose sight of the true meaning of the Christmas season. The joys of the holiday season are wonderful but let us not forget to take time in the waiting of Advent and in preparation for Christmas, to ready ourselves to welcome Christ, once again, into our lives.

May you be blessed with a quiet moment or two around your Christmas tree. May the peace of God rule in your hearts. May your joys bring gratitude to your heart and may you find under your Christmas tree, the greatest gift – the gift of love.

Blessings for a peace-filled Advent and a very Merry Christmas!



Jen Yearwood  
Director of Campus Ministry

### INSIDE THIS ISSUE

- Counseling
- Christian Service
- Campus Ministry
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- Athletics
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## COUNSELING

### College Entrance Exams

It's that time of the year when we break down the basics of the tests that students may need to take as they consider their college options. Most four-year colleges and universities require a college entrance test score as part of the application process. The two national tests are the **ACT** (American College Test) and the **SAT** (Scholastic Aptitude Test). All colleges and universities will accept either score. Both tests are offered at local area high schools 7-8 times throughout the year. CB administers both exams in the fall and spring. Research nationally, and with our own CB students, indicates that students often perform differently on the ACT and SAT. Here is some information on each test:

#### ACT

- Has four content areas – English, math, reading and science reasoning
- Measures academic achievement in the four areas and contains analytical and problem-solving exercises related to what has been learned in the classroom
- Has an optional essay (which we recommend)
- Registration for the ACT is done on the ACT website ([www.actstudent.org](http://www.actstudent.org))

#### SAT

- Tests reading and mathematics
- Has an optional essay (which we recommend)
- Focuses on problem-solving, data-analysis, evidence-based reading and writing, and writing and analyzing literature, social studies and science passages
- Some parts of the math test now eliminate the use of calculators.
- Registration for the SAT is done on the SAT website ([www.collegeboard.com](http://www.collegeboard.com))

#### SAT Subject Tests

- Subject area tests that UC and a few selective colleges either recommend or require (it will depend on the schools and the major areas of study – check their websites)
- Should be taken by the fall of senior year, but can be taken after sophomore or junior year in May or June, following the completion of the last course in that subject or after an AP course is completed

Though the trend seems to be to take college entrance exams earlier in a student's high school career, we do not see any significant benefit to this action for most students. Sometimes waiting until a student finishes Algebra 2 or junior year English can greatly improve scores. There is never a penalty for taking a test early or more than once. Colleges will see every SAT score (unless a student chooses SAT score choice, which we do not recommend), but they always take the highest score. The UC system takes the best score from one sitting. Many private colleges and the CSUs will take a student's highest score from each section during different sittings and combine them into the highest possible score

(the "super-score"). Since colleges will accept either the SAT or the ACT and take the highest score, we recommend that students consider taking both tests at least once.

**Khan Academy** has an agreement with College Board for free online test prep for the SAT. See more details on their [website](#).

**TESTING DAY RESULTS FOR JUNIORS, SOPHOMORES AND FRESHMEN** Counselors will be returning score reports from the SAT and ACT practice tests taken last October. We will let parents know when that process begins.

**MOCK SAT AND ACT FOR JUNIORS** On January 12, juniors will be able to experience each section of the SAT and ACT and receive scores instantly to help decide which exam to take in the spring and during junior year. More information about this "combo" practice test is available on the [Counseling page](#) of our website and in the Counseling department. The cost is \$20 to [register](#) for the test given at CB on January 12.

**CHRISTIAN BROTHERS SAT PREP CLASS FOR JUNIORS** CB is once again offering an SAT prep course for the class of 2020 students planning to take the SAT on March 9 or May 4. The class will be taught by our own math and English teachers and will be held from 9:00 a.m.–1:00 p.m. on four Saturdays (February 2, 16, 23 and March 2). **Registration information** will be announced and available on the school website.

**ACT PREP CLASS FOR JUNIORS** We are offering an ACT prep class at CB in April, leading up to the exam we host on April 13. The course will be from 9:00 a.m.–1:00 p.m. on two Saturdays (March 30 and April 6). **Registration Information:** Click [here](#) for information on how to register for this course.

**There are many other options available for ACT and SAT prep.** Check with our Director of College Counseling, [Ms. Melissa McClellan](#), if you have any questions or seek guidance on the many options that are available.

#### Tips for Parents on Using CB's *Family Connection*

**Family Connection** is a remarkable tool for students and parents to use for self-awareness or for educational, career and college planning. There is a vast amount of information on hundreds of careers and scholarships that students may apply for, as well as the popular *Scattergrams* on what it might take to get into individual colleges. Students have been shown how to gain access to and navigate the site. They are urged to share the log-in information with their parents and communicate about the many features that are available. Counselors will continue to present information at parent evenings, but parents who have specific questions about *Family Connection* are urged to contact their son/daughter's grade-level counselor or the college counselor. *Family Connection* can be accessed at this [link](#) from the CB website.

## A Message from the Counseling Department **New Class of 2022 Counselor**

After 8 ½ years of service, Blaire Moskat will be leaving Christian Brothers at the end of the fall semester. Our goal as counselors is to make this transition as smooth as possible for the students. Erica Gormley will step into her role as the Class of 2022 Counselor at the start of spring semester and has already begun working with Blaire and the freshmen class.

Erica earned her bachelor's degree in communications from Sacramento State University and master's degree in counseling from Saint Mary's College of California. She joined our community last year as assistant coach for the swim team and recently accepted the varsity coach position.

We wish farewell blessings to Blaire and look forward to Erica joining our team and serving the students of CB!

## CHRISTIAN SERVICE

### Enter to Learn, Leave to Serve

#### Thank You!

#### Thanksgiving Yes, We Can! Food Drive

Thank you to our CB family for the generous canned and boxed foods that were donated the week prior to Thanksgiving. **We collected nearly 5,000 canned foods, doubling the amount collected last year!** Christian Service and the Black Student Union (BSU) stayed after school, sorting and bagging the donated canned and non-perishable boxed foods for distribution.



Christian Service sincerely thanks our CB students and families, Mrs. Holmes, the Leadership Class, Student Council, the Class Moderators, Black Student Union, and our awesome Facilities Team that made this year's Canned Food Drive a highly successful event! **The winner of our 2018 Canned Food Drive Contest is the senior class!** They brought the most cans and will receive the "Yes, We Can" trophy, which is kept in Mrs. Grapé's office in room 106.



Christian Service would like to thank all the students and families who donated to the Camp Fire relief. **We collected nearly \$1,400 in cash cards in 1.5 days** for the Newman Center in Chico to assist the families devastated by the Camp Fire.



#### Advent Almsgiving

##### Annual Festival of Trees and Lights

Every year, CB donates two decorated Christmas trees for the Annual Festival of Trees and Lights Benefit for Cathedral House, which provides transitional housing for the homeless. Lasallian Youth and Twinning Program members decorated the trees as part of CB's Christian Service's partnership with the Cathedral of the Blessed Sacrament.

##### Giving Tree

Everyone is invited to participate in a community "Giving Tree" as a way of spreading the Christmas spirit and sharing gifts with those in need. **Starting on Monday, December 10, there will be a "Giving Tree" in the front office that will enable you to adopt a family for Christmas.** Anyone wishing to adopt a family can take a Christmas ornament from the tree, which has gift requests listed from a family in need. Each ornament taken needs to be recorded at the front office. **Gifts are due underneath the "Giving Tree" by Tuesday, December 18 at noon.** Please make sure the gifts are wrapped and labeled with the ornament number. For any questions, please contact Ms. Grapé at [ggrape@cbhs-sacramento.org](mailto:ggrape@cbhs-sacramento.org).

##### Oak Ridge Toy Drive

Sign up's for Lasallian Youth's Oak Ridge Toy Drive have begun. We are gathering wrapped and unwrapped toys valued around \$15-25. **The due date for toys is Friday, December 7.** If you have any questions, please contact Mr. Elorduy at [jelorduy@cbhs-sacramento.org](mailto:jelorduy@cbhs-sacramento.org).

##### Loaves & Fishes Collection

**The collection for Loaves & Fishes is from December 3-11.** Donate sides, beverages and accessories including: Yams (large cans), apple juice and cider (one-gallon size), cranberry sauce (large cans), Pepperidge Farms Dry Dressing mix, heavy napkins, and sturdy plastic utensils. **Drop-off is in the Cafeteria during lunch time only.**

##### Service Opportunities

For a list of service opportunities, log in to [Family Connection](#). Click the "x2Vol" tab to see a list of non-profit organizations.

### Prayer and Worship

Please join us for our **Advent Prayer Service** on Tuesday, December 11 at 9:40 a.m. in the Ron Limeberger '53 Gymnasium.

**SAVE THE DATE** **Sophomore Family Mass & Breakfast** will be on Sunday, January 13 at 9:30 a.m. in the George Cunningham '40 Performing Arts Center.

### Advent: The Season of Waiting and Preparing

As you busily make holiday preparations this Advent and Christmas season, here are a few blessings you may want to share with your family:

#### Blessing of a Christmas Tree

Once the tree has been prepared, gather all around it. Lights are turned on at the end of the blessing.

**INTRODUCTION** This tree is a blessing to our home. It reminds us of all that is beautiful, all that is filled with the gentleness and promise of God. It stands in our midst as a tree of light that we might promise such beauty and hope to one another and to our world. It stands like the tree of paradise that God made into the tree of life, the cross of Jesus.

#### SCRIPTURE READING

Listen to the words of the apostle Paul to Titus:

But when the kindness and generous love of God our Savior appeared, not because of any righteous deeds we had done but because of His mercy, He saved us through the bath of rebirth and renewal by the Holy Spirit, whom He richly poured out on us through Jesus Christ our Savior, so that we might be justified by His grace and become heirs in hope of eternal life. *Titus 3:4-7*

**SHARED PRAYER** Let us now pray for God's blessing upon all who gather around this tree as we offer any special prayer intentions.

**CLOSING PRAYER** God of all creation, we praise You for this tree which brings beauty, memories and the promise of life to our home. Let Your blessing come upon us as we illuminate this tree. May the light and cheer it gives be a sign of the joy that fills our hearts (*pause for lighting of tree*). We ask Your blessing upon this tree that its evergreen branches be a sign in our lives of the hope of the Advent and Christmas season; its ornaments, a sign of joy; the gifts beneath it, a sign of love and thanksgiving for our many blessings. We praise you for your Son, Jesus, who is Emmanuel, God With Us, the Prince of Peace, who fills us with the wonder of Your love. Amen.

*(adapted from Catholic Household Blessings and Prayers)*

### Advent Dinner

#### Blessing

Come, Lord Jesus! Open our minds, hearts and souls as we wait for You

to be born anew in our lives and our family. Help us to experience Your love in our family today. *(Each family member then shares one way they have experienced the love of the Jesus and or family in their home today.)*

As we prepare for the coming of Your Son, O God, we give You thanks for the love of Your son, Jesus, which we have experienced in our home today. We give You thanks for this food and drink, signs of Your gracious love. May this meal strengthen us to share Your gifts with the hungry and all who look for Your justice and mercy. Grant this through Christ our Lord. Amen.

#### Retreats

**Registration for Junior Overnight and Senior Kairos retreats is in its final days!** We are preparing for the remaining junior and senior retreats and would like to have all students interested in attending one of the upcoming retreats signed up. This means even if a student plans to attend a retreat sometime between January and April, they must sign up now. This helps us plan ahead for transportation and the retreat centers for food and lodging. **The January Kairos has limited spots open and the March Kairos is the last remaining opportunity for seniors to attend.** In addition, the January Junior Retreat is filling up fast! Please speak with your son/daughter to determine which retreat date will work best:

- **JUNIOR OVERNIGHT** January 28-29, February 25-26, April 1-2
- **SENIOR KAIROS** March 19-22 (25 spots open)

Click [here](#) to register online and [here](#) to access registration forms for the Junior Overnight or Kairos Retreat. **All overnight retreatants must be registered for by December 15.**

#### Sophomore All-Class Retreat

**On Friday, January 11, the class of 2021 will gather for a mandatory day of retreat at the CSUS Alumni Center from 8:30 a.m.-2:30 p.m.** It is your responsibility to drop off and pick your student up from the Alumni Center. Their day begins at this location; please do not drop them off at CB! An email will be sent to all sophomore families with more specific information. The theme of the retreat will focus on "Values & Choices" as well as further developing class unity. Our day will be facilitated by Ms. Yearwood and the Senior Retreat Leadership Team. If you have any questions, please contact Ms. Yearwood at [yearwood@cbhs-sacramento.org](mailto:yearwood@cbhs-sacramento.org).



## STUDENT ACTIVITIES

### It's Christmastime at CB!

- Student Council is excited to share holiday spirit with the CB community beginning **Monday, December 3**. Be on the lookout for Christmas decorations as we close out the fall semester in style and cheer!
- **Candy Grams will be on sale Monday, December 3–Thursday, December 6**, during lunch at the Student Activities Window in the LSLO. Know your friends' B set teachers to make the process easier!
- **Christmas Spirit Day is on Thursday, December 6**. Students can join the Junior Class Council at break for candy canes and hot cocoa. They can also take a picture with Santa! Modified dress code details will be forthcoming.



As the fall semester comes to an end, Student Activities and Student Council want to wish everyone a very Merry Christmas and a Happy Holiday season. We are blessed to serve this Lasallian community with faith and zeal, and look forward to more opportunities for faith, service and community in the spring. God bless and thank you!

## One Night In Casablanca

### Christian Brothers High School DINNER & AUCTION

- Silent Auction  
 - Live Auction  
 - Dinner  
 - Golden Raffle  
 - Balloon Pop  
 - Jelly Bean Blow  
 - Sign-Up Parties

Tickets Available January 3, 2019 at  
 www.cbhs-sacramento.org

## ATHLETICS

Congratulations to our **Men's Water Polo** team for repeating as the Division III Section Champions for the third straight year! Great job and congratulations to CB coaches **Steve Hanson** and **Hannah Widman**.

### CAL All-League Fall Athletes

Congratulations to our CAL League Champion teams (**Men's Cross Country** and **Women's Volleyball**) for fall 2018!

The following list includes our CAL All-League players for the fall season:

#### Women's Volleyball

- Catherine Cordano '19
- Hailey Naldoza '19
- Sophia Overstreet '20
- Lauren McGinness '22
- James Todd  
(Coach of the Year)

#### Women's Golf

- Carly Krause '20
- Grace Paterson '20
- Annabelle Horan '21
- Alison Oliveira '22

#### Women's Water Polo

- Alyce Munoz '19

#### Men's Water Polo

- Luc Verspieren '19  
(CAL League MVP and Division III Section First Team)
- Sam Noonan '20  
(CAL All League and Division III Section MVP)
- Caleb Quinn '20  
(CAL All League and Division III Section First Team)
- Colin Quinn '20  
(Division III Section First Team)
- Owen Clark '19  
(Division III Section Second Team)
- Nick Piper '19  
(Division III Section Second Team)
- Luke Sorensen '19  
(Division III Section Second Team)
- Thomas Piper '21  
(Division III Section Second Team)

#### Cross Country

- Nevin Afong '19
- John Isaiah Jimenez '19
- Alberto Mujica '19
- Enrique Verschoor '19

#### Women's Tennis

- Fiona Babcock '21
- Bianca Cabanag '21

#### Football

##### ALL LEAGUE

- Andrew Dettling '19
- Tyler Green '19
- Freddie Fiske '19
- Chase Gallup '19
- Luke Jones '20
- Jon Pearson '20

##### [HONORABLE MENTION]

- Graeme Farrell '19
- Reed Mercer '20
- Justin Douglas '21
- Vincent Po'oi '21



**The holidays are here,  
and the CB Arts are spreading holiday cheer!**

The choral program will be performing songs of the season at their **Choral Christmas Concert** on Saturday, December 1 at 7:00 p.m. General Admission is \$5. You don't want to miss our student choirs this Christmas season, so get your tickets from the [Ticket Hub](#) on CB's website! They will also be available for purchase at the door.



The **Instrumental Christmas Concert** will be performed for your enjoyment the following week. Join us on Friday, December 7 at 7:00 p.m. for a festive evening of fun. Our musicians have been working all semester to bring your favorite Christmas music to the stage. Tickets are \$5 and available in the [Ticket Hub](#).

### **The Talon**

New articles and podcasts are out from our talented student journalists at **The Talon**. From academics to student clubs to life on campus, these kids know what's going on in the CB community! You can find their work at [www.CBTalon.com](http://www.CBTalon.com), or subscribe to the Talon Talk podcast from any major podcast provider.

### **Audition Time!**

**Open Mic** will be holding auditions for their final performance of the year. Whether you're a seasoned performer or haven't quite gotten your courage up to try out, don't let 2018 go by without taking your shot at the spotlight! **Auditions are Tuesday, December 4 and Wednesday, December 5 after school in the George Cunningham '40 Performing Arts Center. Open Mic Night is Friday, December 14 at 7:00 p.m.** Admission is \$5 at the door for raising money for Wellspring and an evening packed with entertainment.

**Theatre** is back at it with auditions for an original One Act play, written by Nick Maricle '19. This play will be part of our delegation to the Lenaea Theatre Festival in early February, in which actors perform for theatre professionals and students from as many as 70 other high schools. **Auditions are Monday, December 10 and Tuesday, December 11 from 3:00-5:00 p.m. in the George Cunningham '40 Performing Arts Center.** You don't need to prepare anything – just show up ready to have fun!

**Don't let 2018 go by without seeing the work of our wonderful student artists!**

## SCHOOL SCHEDULE REMINDER

### December Schedule

- **Thursday, December 6** – 9:00 a.m. start, 3:00 p.m. dismissal
- **Thursday, December 13** – 9:00 a.m. start, 12:30 p.m. dismissal
- **Thursday, December 20** – 9:00 a.m. start, 10:30 a.m. dismissal
- **Christmas Break: Friday, December 21, 2018 – Monday, January 7, 2019**

## 2018 FALL SEMESTER REVIEW/FINAL EXAMINATION SCHEDULE

- **Wednesday, December 12**  
9:00-10:30 a.m. B Set Review  
10:30-10:35 a.m. Announcements  
10:35-10:50 a.m. BREAK  
10:55 a.m.-12:25 p.m. C Set Review  
12:30-2:00 p.m. Faculty Office Hours
- **Thursday, December 13**  
9:00-10:30 a.m. B Set Final  
10:30-10:50 a.m. BREAK  
10:55 a.m.-12:25 p.m. C Set Final  
12:30-1:00 p.m. Faculty Office Hours
- **Friday, December 14**  
9:00-10:30 a.m. D Set Review  
10:30-10:35 a.m. Announcements  
10:35-10:50 a.m. BREAK  
10:55 a.m.-12:25 p.m. E Set Review  
12:30-2:00 p.m. Faculty Office Hours
- **Monday, December 17**  
9:00-10:30 a.m. D Set Final  
10:30-10:50 a.m. BREAK  
10:55 a.m.-12:25 p.m. E Set Final  
12:30-1:15 p.m. Faculty Office Hours
- **Tuesday, December 18**  
9:00-10:30 a.m. F Set Review  
10:30-10:35 a.m. Announcements  
10:35-10:50 a.m. BREAK  
10:55 a.m.-12:25 p.m. G Set Review  
12:25-12:55 p.m. LUNCH  
1:00-2:30 p.m. A Set Review  
2:35-3:20 p.m. Faculty Office Hours
- **Wednesday, December 19**  
9:00-10:30 a.m. F Set Final  
10:30-10:50 a.m. BREAK  
10:55 a.m.-12:25 p.m. G Set Final  
12:30-1:15 p.m. Faculty Office Hours
- **Thursday, December 20**  
9:00-10:30 a.m. A Set Final  
10:55 a.m.-12:25 p.m. Make Up Final



# FALCON FAMILY NEWS

## A MESSAGE FROM THE PRINCIPAL

### DEAR FAMILIES:

Happy New Year! I pray you all enjoyed a restful and blessed Christmas break and are as eager as I am to embark on 2019! This is a momentous year for the Institute of the Brothers of the Christian Schools as this spring marks 300 years since the passing of the Founder, St. John Baptist de La Salle. We are blessed to be a part of his incredible legacy that now extends to 80 countries, educating nearly 1 million students.

Our fall semester was certainly one for the record books! We hosted a spectacular Open House and have already welcomed more than 800 eighth graders for shadow day visits. The men's water polo team brought home its third consecutive Sacramento Section championship banner. Christian Service is thriving. Students, faculty and staff donated 5,000 food items to our neighbors at Williams Memorial Church, who provide Thanksgiving meals to Oak Park residents in need. Student-artists brought an impressive production of "Singin' in the Rain" to the stage, a festive instrumental Christmas concert and a sold-out choral production at the George Cunningham '40 Performing Arts Center. Media arts is on full display with weekly KBFT broadcasts, live sports coverage thanks to the Sports Broadcasting class and outstanding features in *The Talon*, our online newspaper. Academics are strong and members of our senior class are beginning to hear from their dream schools, including two of our young women who have been offered admission to Massachusetts Institute of Technology!

Every day I have the honor of witnessing amazing acts of brilliance, kindness, care, love of neighbors and social justice that are preached daily by our amazing faculty and staff. Our teachers and staff truly love young people and have dedicated their lives to making a difference. They believe in the mission of the school and of our Founder, living it every day.

We are profoundly grateful to partner with families whose goals and ideals so closely mirror those of the Founder, those that CB has been living out for more than 140 years. Faculty and staff are drawn to working here because they believe in the mission.

We provide an outstanding education, a safe place for students, a space where students can practice their faith, a safe haven where students can express their opinions and ideas and a home where everyone can get involved. I believe the Founder would be proud.

This is an exciting time to be a Falcon. Over the past several years, we have launched programs and initiatives that have helped us stand above the other high schools in Sacramento. I look forward to building on these programs and identifying new opportunities for learning that inspire the mind and energize the spirit. Now, more than ever, is the time to celebrate the unique gifts and talents God has provided each one of us. Please pray for our students and staff as they begin this new semester and continue their journey to find their unique gifts and talents.

St. John Baptist de La Salle, pray for us!

Sincerely,



Chris Orr  
Principal

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### Parents: If your child has 'D's or 'F's on his/her report card, PLEASE READ THIS!

As discussed in the [Parent/Student Handbook](#) beginning on page 13, 'D's and 'F's are bad news on report cards! It is important for you and your student to understand that neither 'D' or 'F' grades are acceptable. 'D' grades, though worth 5 credits toward graduation, are NOT accepted by four-year colleges and universities. 'F' grades must be repeated for credit to graduate from Christian Brothers High School. **All California State University campuses, University of California campuses and most private institutions require a 'C' or above in all core courses** (core courses are approved History, English, Math, Lab Science, Foreign Language, Visual and Performing Arts, and Elective courses - also known as the "a-g" list of approved courses. See the chart below with these requirements). If students have 'D's on their transcript in any "a-g" courses and do not remediate them, they are NOT eligible to apply for admission to CSU and UC schools, therefore seriously limiting their choices for college.

	Subject	Requirement
a	Social Science	2 years (1-year World History & 1-year U.S. History or 1 semester U.S. History/1 semester government)
b	English	4 years, including frequent writing
c	Mathematics	3 years, including Algebra II; 4 years recommended
d	Laboratory Science	2 years; 3 years recommended (one must be a life science and one a physical science)
e	Foreign Language	2 years (of the same language); 3 years recommended
f	Visual & Performing Arts	1 year
g	College Preparatory Electives	1 year; More recommended

If your child would like to keep his/her options open and remain eligible to apply to a four-year college, the Counseling Department highly recommends that he/she remediate (repeat for credit) any 'D' grades earned in "a-g" approved courses. **Students may enroll in a variety of classes during the 2019 CBHS Summer School session to remediate a grade.** While previous grades are never removed from a student's transcript, if a student completes the course in summer school with a 'C' or above, his/her transcript will reflect the new credits and the new grade will be used when calculating the grade point average.

For example, if your child is currently enrolled in biology and received a 'D' the first semester, he/she should consider repeating biology this summer. If he/she is currently enrolled in a math or foreign language course and received a low grade the first semester ('D' or 'F'), it is important to receive a 'C' or

above at the end of the spring semester. CSU and UC will "validate" (count as successful) the whole year of a math or foreign language course if the student shows marked improvement the second semester (i.e., goes from a 'D' to a 'C,' 'B,' or 'A'). Therefore, students have a choice - work very hard this semester and bring up the grade, or repeat the class in summer school or the next school year to raise the grade. **Since four years of English is a basic requirement for eligibility to a four-year college, any 'D's in English should be remediated in the summer.** One year of world history is the minimum requirement for eligibility, so students should have a 'C' or above for at least two of the four semesters of Frosh/Soph World History. Any U.S. history 'D's should also be remediated.

**Please contact your child's grade-level counselor if you have questions about remediating grades.** If you intend to register for summer school, registration will be available in February on the CB website.

### Standardized Test Scores

PSAT 8/9 (grade 9), Pre-ACT (grade 10) and PSAT/NMSQT (grade 11) test results will be returned to students during classroom visits in January and February. Counselors will go over results with students by explaining and analyzing their scores and also assist them with **pre-registration for classes in the 2019-2020 school year.** Please ask your son/daughter to see his/her exam results (you may also check the scores on [Family Connection](#) as they have already been posted). Look for a mailing regarding pre-registration in early February.

### Attention Seniors and Their Parents:

Please remember to turn in copies of your admission decisions and scholarship letters to Cynthia Grajeda, Melissa McClellan, April Melarkey, or Kirk Purdy in the Counseling Center as you receive them. It is also very important that students update their "admission status" on [Family Connection](#).

### On-Campus SAT Prep

An on-campus SAT prep course will be offered this spring to help juniors prepare for the exam. Our Saturday morning class (9:00 a.m. -1:00 p.m.), taught by CB teachers, will begin on February 2, leading up to the **March 9 SAT exam. Dates for the classes are February 2, 16, 23 and March 2. There will not be a class on February 9, as this is a national ACT test date and we want to give students an opportunity to take the test.** Registration forms will be available in the Counseling Center or on the [Counseling page](#) of the school website. The cost is \$200, which will include the textbook and practice tests.

Please contact [Melissa McClellan](#) (916-733-3679) or [Cynthia Grajeda](#) (916-733-3680) with any questions.

## Enter to Learn, Leave to Serve

### VENAVER: El Otro Lado

#### Tucson, AZ and Nogales, Mexico

Congratulations to the following ten students for their upcoming service to VENAVER El Otro Lado. Students will be traveling to Tucson, AZ and Nogales, Mexico to serve those in need and gain a better understanding about the issues of immigration. Please pray for the following students as they prepare and embark in a week-long service immersion: Bella Barbosa, William Carrey, Viviana Dazo, Christopher DeShong, Edward "Mack" Emerson, Rafael Fernandez, Gabriela Hernandez, Sam Noonan, Brandt Porteus, and Malia Wienstroer; Adults: Ms. Grapé and Ms. Fernandez.

### Paradise, CA and St. Thomas More Catholic Parish Coat Drive

On December 19, 2018, Paradise, CA was opened back to the community. At St. Thomas More Catholic Parish, power was restored, and masses will be offered beginning in mid-January. As residents of Paradise begins to reestablish their community and recover from their massive losses, Christian Brothers High School will be hosting a Coat Drive for St. Thomas More Catholic Parish parishioners in preparation for the cold winter. **Please drop off your new or gently used coats, blankets, and gloves in Mr. Anderson's office by January 30.**

### Advent Almsgiving Appreciation

**Thank you to our CB families, faculty, staff and students for participating in the Advent Almsgiving and finishing strong!**

#### Impact from Your Giving

- **Annual Festival of Trees and Lights:** Donated two beautiful Christmas trees to Cathedral of the Blessed Sacrament
- **CB's Giving Trees:** Collected for CB families in need
- **Oak Ridge Toy Drive:** Provided Christmas gifts to students in the after-school program
- **Loaves & Fishes Drive:** Together contributed 10 boxes of donations



### Service Opportunities

For a list of service opportunities, log in to [Family Connection](#). Click the "x2Vol" tab to see a list of non-profit organizations.

## Happy New Year from Student Activities!

Falcon Force is ready to cheer on the men's basketball team at **Holy Court** on Saturday, January 5 in the Ron Limeberger '53 Gymnasium. Come dressed in your best **CB blue** to cheer the boys as they take on Jesuit in this next installment of the Holy Games!

Take me  
OUT  
to the  
Ballgame

Tickets for the February 2 **Family Dance** will go on sale online beginning Tuesday, January 8 on the [CB Ticket Hub](#). Tickets are \$30 for the first two people and \$10 for each additional family member. You

can also purchase tickets at the LSO window at lunch during the week of Monday, January 28 through Friday, February 1. Online sales close at 6:00 p.m. on Saturday, February 2 and then may be purchased at the door. Desserts from Ettore's will be served at 7:00 p.m. with dancing from 7:30-10:30 p.m. Don't miss the best dance of the year! The theme will be "Take Me Out to the Ballgame" – A Family Sports Event.

- The first spirit day of the spring semester will be Friday, January 18. In celebration of Holy Hoops, the whole school will have a **Blue Out Day** and be decked out head to toe in blue. Modified dress code will be posted on the [Student Activities page](#) of the CB website.
- **Holy Hoops** will be *the place to be* for all CB students on Saturday, January 19. Support the CB women's basketball team as they take on St. Francis High School for this exciting match up!
- The **Winter Rally and Spirit Day** will take place on Thursday, January 31 with the theme of "SPORTSBALL!" As we get ready for the Family Dance and other winter activities, students can dress up in their favorite jerseys and sports attire. Modified dress code will be posted on the [Student Activities page](#) of the CB website.

### SAVE THE DATE

[Sophomore Family Liturgy and Breakfast](#)  
Sunday, January 13 at 9:30 a.m.

All sophomore families are invited to join us for a special liturgy and light breakfast to follow at Christian Brothers in the George Cunningham '40 Performing Arts Center.

## Reflections for the New Year

### *Let us remember...*

As we begin 2019, I would like to share with you a meditation from our Christian Brothers founder, St. John Baptist de La Salle. The meditation, which was written in honor of the feast of the Epiphany, is as follows: "The star did not appear to the Magi in vain, for this sight caused them to receive the grace of God, and it made this day a day of salvation for them because they showed themselves most faithful to the divine inspiration. Are we attentive to the inspirations we receive from God?" (*Med. 96.1*)

As it is custom for many of us, we will be looking for ways to improve our lives by setting goals for the start of a new year. These "resolutions" and plans are often made with great intent, honored for a period of time (some longer than others), and then "life" happens and we lose our focus. I'm all for a good set of resolutions but I've learned that the more intentional I am in my reflecting and selecting of resolutions, the better I am able to work toward true growth and change. One "aha" moment I have had when it comes to things of this nature is to include God in the process. By inviting God into my struggles or areas that I am hoping to change, and praying for wisdom and strength for the dedication and work that must be done, I am better off for the journey ahead. The new year gives us the opportunity to take pause and reflect on all that is going well and all that may need some renewing or changing along our journey. Our faith in God gives us the roadmap for how to reach our destination. Happy New Year and happy journeying into 2019! May you and yours be filled with blessings of peace!

- Jen Yearwood, Director of Campus Ministry

### Retreats

**REGISTRATION FOR JUNIOR OVERNIGHT AND SENIOR KAIROS RETREATS IS IN ITS FINAL DAYS!** Thank you to all those who registered early for our overnight retreats! If you missed the deadline, there are limited spots open on the remaining retreats. Please contact Ms. Yearwood immediately ([jyearwood@cbhs-sacramento.org](mailto:jyearwood@cbhs-sacramento.org)) to register for:

- **JUNIOR OVERNIGHT** January 28–29 (only a few spots remain), February 25–26, April 1–2
- **SENIOR KAIROS** March 19–22

Registration may be accessed at the [Ticket Hub](#) on the CB website.

### Sophomore All-Class Retreat – What are my values?

**On Friday, January 11th, the entire Class of 2021 will gather for a mandatory day of retreat.** Our sophomores will come together to further build and strengthen class bonds and unity, and also to

reflect on the very important theme of values and choices. Their day together will begin at 8:30 a.m. at the Sacramento State University Alumni Center (located in back side of the campus). **Parents are responsible for bringing their students to the retreat and picking them up from the retreat.** There is no transportation from Christian Brothers to the retreat so please make note on your calendar that **school on Friday, January 11 for sophomores begins at 8:30 a.m. at the Sacramento State University Alumni Center! Students are to bring a lunch, and wear dress code pants and their teal class spirit shirt or a blue CB shirt. The retreat concludes at 2:30 p.m. – please be on time to pick up your student.** The retreat will be led by Ms. Yearwood and members of the Senior Retreat Leadership Team (SRLT). An email with retreat information was sent out in early December to all sophomore parents, along with the consent form, which was due back to students' religious studies teacher on December 12. If you did not receive the email, please contact Ms. Yearwood immediately!

### A Prayer for the New Year

Our Father and our God, as we stand at the beginning of this new year we admit our need of Your presence and Your guidance as we face the future.

We each have our hopes and expectations for the year that is ahead of us—but You alone know what it holds for us, and only You can give us the strength and the wisdom we will need to meet its challenges. So help us to humbly put our hands into Your hand, and to trust You and to seek Your will for our lives during this coming year.

In the midst of life's uncertainties in the days ahead, assure us of the certainty of Your unchanging love.

In the midst of life's inevitable disappointments and heartaches, help us to turn to You for the stability and comfort we will need.

In the midst of life's temptations and the pull of our stubborn self-will, help us not to lose our way but to have the courage to do what is right in Your sight, regardless of the cost.

And in the midst of our daily preoccupations and pursuits, open our eyes to the sorrows and injustices of our hurting world, and help us to respond with compassion and sacrifice to those who are friendless and in need.

And so, our Father, we thank You for the promise and hope of this new year, and we look forward to it with expectancy and faith. This I ask in the name of our Lord and Savior, who by His death and resurrection has given us hope both for this world and the world to come. Amen.

*(Prayer by Reverend Billy Graham)*



## Holy Games

### Holy Court

The **Holy Court** game against Jesuit is scheduled for **Saturday, January 5 at Christian Brothers High School**. Game times are 3:00 (freshmen), 4:30 (JV) and 6:00 p.m. (varsity). **Holy Court tickets are available online for Christian Brothers basketball families, students and staff as of Friday, December 28.** Tickets are \$6 each with a \$1 service charge and are print-at-home. Tickets must be shown at the door. Limit four tickets per person.

### Holy Hoops

The **Holy Hoops** game against St. Francis is scheduled for **Saturday, January 19 at St. Francis High School**. Game times are 2:30 (freshmen), 4:00 (JV) and 5:30 p.m. (varsity). **Holy Hoops tickets will be available online for Christian Brothers families, students and staff beginning Friday, January 11.** Tickets must be shown at the door.

### Appryse

**All athletes must have the Appryse athletic medical clearance with a valid physical prior to any participation or tryouts for athletics.** If your son or daughter plans to join an athletic team, the parent must sign their individual student consent requirement for any athletic team through the green tryout button on your individual Appryse account. The green tryout button will only appear if the student's enrollment has been accepted by the Christian Brothers staff. Visit the [Appryse](#) link on the CB website to complete the process.

### Spring Sports

**Spring tryouts officially begin Monday, February 4.** To obtain other specific sport tryout times and practice information, please contact the head coach directly.

## SCHOOL SCHEDULE REMINDER

### January Schedule

- **Thursday, January 10** – 9:00 a.m. start, 2:25 dismissal (Falcon Flex)
- **Thursday, January 17** – 9:00 a.m. start, 2:25 dismissal (Falcon Flex)
- **Thursday, January 24** – 9:00 a.m. start, 2:25 dismissal (Falcon Flex)
- **Thursday, January 31** – 9:00 a.m. start, 3:00 dismissal (Winter Rally)

## Make a New Year's resolution to put some CB Arts in your life!



The Choral program entertained a sold-out house at the **Choral Christmas Concert**. With beautiful religious music and a hefty dose of beloved Christmas pop standards, the Thea Stidum Theatre was echoing with festive fun.

A short week later, the **Instrumental Christmas Concert** wowed the audience with music from "The Polar Express," up-tempo Christmas jazz, and the classic favorite "You're A Mean One, Mr. Grinch."


To close out the season, **Open Mic** hosted 21 unique acts, including pop song covers, Taiko drumming by Hunter Leong '21, live performances from student bands "Kiwi" and "Coconut the Juicebox." If you missed out last semester, don't forget to attend arts events in the spring and see our talented performing artists at work!

Have you ever wanted to learn more about CB's toy drive for Oak Ridge Elementary, or how to keep your style fresh and in dress code during the cold winter months? What about how Mr. Havey manages to be such a great teacher? If so, you need to read **The Talon**. From academics, student clubs, to life on campus, these kids know what's going on in the CB community. You can find their work at [www.CBTalon.com](http://www.CBTalon.com), or subscribe to the Talon Talk podcast from any major podcast provider.

After a wildly successful run of "Singin' in the Rain," **CB Theatre** is gearing up for the Lenaea Festival. This annual high school theatre festival is held at Folsom Lake College's Three Stages, and hosts students from as many as 70 high schools from California, Oregon and Nevada. Students perform monologues, scenes, songs and one-act plays for the public, and professional judges provide feedback and help them build their skills. This year, CB has a full slate of talent headed to Lenaea, including an original one-act play, "Shattered Glass," written and directed by Nick Maricle '19. You can catch the action for yourself at Folsom Lake College February 1-3, 2019. The event is open to the public and tickets to the entire weekend's activities are ~\$15. If you can't make it to Folsom, **we'll be bringing these performances back to CB for one night only on February 8 at 7:00 p.m.** Hope to see you there!

# HAPPY 2019!

# One Night In Casablanca

MARCH 16 2019 

Christian Brothers High School  
2019 AUCTION

**5:30 p.m. Jack Witry Field House**

Check In, Hosted Cocktails & Appetizers,  
and Silent Auction

**7:30 p.m.**

**Ron Limeberger '53 Gymnasium**

Live Auction, Dinner and Entertainment

## TICKETS

Table of 10: \$1,000

Tickets on or before February 16, 2019: \$110

Per person after February 17, 2019: \$125

RSVP ONLINE

[CBAuction.givesmart.com](http://CBAuction.givesmart.com)

MAKE SURE TO JOIN US FOR  
THIS MAGICAL EVENING!

## SPONSORSHIP

**\$5,000 Diamond Sponsor**

Table for 10 with preferred placement, full page color auction catalog ad,  
5 golden raffle tickets, membership in the Ambassadors' Club

**\$2,500 Gold Sponsor**

10 auction tickets, half page ad in auction catalog,  
membership in the Ambassadors' Club

**\$1,000 Silver Sponsor**

4 auction tickets, quarter page ad in the auction catalog

**\$500 Bronze Sponsor**

2 auction tickets, acknowledgment in the auction catalog

Contact the auction committee at 916-733-3643

All proceeds benefit the students and programs of  
Christian Brothers High School.

## SAVE THE DATES

Junior Family Liturgy and Breakfast  
Sunday, March 10, 2019 at 9:30 a.m.

CB Ring Ceremony and Reception  
Thursday, April 25, 2019 at 7:45 a.m.

## PLACEMENT EXAM FOR INCOMING FRESHMEN

Students interested in attending Christian Brothers in the 2019-20 school year are required to take the **High School Placement Exam on Saturday, January 12, 2019**. The exam will be held at CB. Please arrive no later than 8:45 a.m. on Saturday morning. The test will begin promptly at 9:00 a.m. and end by 12:30 p.m. Please bring two sharpened no. 2 pencils. Calculators are not permitted.

If you need to take the make-up exam on January 19, please contact the Admissions Office.

Please visit the Admissions section of our website or contact the admissions office at (916) 733-3690 for more information.



For more information on events in January, please follow the daily bulletin, weekly update and [the monthly school calendar](#).

 Like us on  
**Facebook**

FOR MORE EVENT PHOTOS AND TO KEEP UP  
WITH ALL THE FUN AT CB,

[CLICK US IN THE PHOTO!](#)

# FALCON FAMILY NEWS

## CB IS *THE PLACE TO BE* AN ARTIST

### DEAR FAMILIES:

As Technical Director of the George Cunningham '40 Performing Arts Center on campus, most of my time is spent in the theatre, watching students begin their journey in the audition process or taking their first theatre class. They are invariably nervous, excited and uncertain about what lies ahead. Over the course of a few months, a cast, orchestra and crew work together to create a high-level production, building friendships and confidence along the way. Everywhere I go on campus, I see the same passion and connection extending throughout the arts at CB. I see it in the instrumental students who pack their days with music, electing to play in the drumline at rallies or the pep band at basketball games, and consistently describing the band as a "family." It can be found in the choir students of De La Femme and De La Dudes who make time in their busy schedules to choose and rehearse music on their own, often squeezing in time during Falcon Flex or the morning break. The talent and hard work of students, past and present, are on display in the visual arts rooms and around campus in display boxes, the Senior Wall, show posters and more. Just stop a group of students on the way to the kilns, fresh ceramics projects in hand, and they'll talk about the frustration and joy of spinning clay or the much-needed stress release that art brings to their day. Check out the content produced by *The Talon*, KBFT, or the Talon Talk podcast and you will see media students fusing creativity with 21st century technology. Attend an Open Mic night and watch student talent that ranges from Taiko drumming, musical performances and stand up comedy, organized and hosted by a student-run club, with a supportive and enthusiastic audience.

Of course, the kids don't do it alone. Supporting them is a school administration with a strong commitment to funding and supporting arts programs, and teachers who are game for anything that encourages students to grow. A sports broadcasting class? Sounds great! You want to create a podcast? I'm in! You wrote an original one act play? Let's do it! Parent efforts complete the community by working as box office staff for arts events, volunteering with Friends of the Arts (FOTA),

building scenery alongside students on Saturdays, attending events and applauding the students' accomplishments.

When I reflect on the profound impact of the arts at CB, I often think first of my favorite theatre ritual: The closing night pre-show prayer at which each senior in the production offers a short message about what CB theatre has meant to them. They speak of finding a community – a place on campus where they fit. They speak about fun and joy, learning to push themselves and gain skills, or finding a new form of expression. Most of all, they speak about lasting bonds of friendship and the memories they will take with them. Five years ago, I returned to CB as a teacher, nervous, excited and uncertain of what lies ahead. What I found was a wonderful, thriving arts community and passionate, inspiring students. Every year, it keeps getting better. I hope this spring, you and your family will attend an arts event so you can see what makes CB *the place to be* an artist.

Best wishes,



Heather Christianson '01

Technical Director, George Cunningham '40 Performing Arts Center  
Performing Arts Teacher

- Counseling
- Media, Visual and Performing Arts
- Campus Ministry
- Christian Service
- Athletics
- Student Activities
- 2019 Auction

### Pre-Registration for 2019–2020 Classes

Current freshmen, sophomores and juniors will be working on pre-registration for the 2019–2020 school year with their counselors during February. **Online pre-registration will be open from February 25 to March 8, 2019.** This process allows assistant principal Mr. Dave Desmond '94 and the curriculum department chairs an opportunity to begin building the master teaching schedule with the appropriate number of course sections. Students should be looking ahead to their post-secondary plans when trying to decide which courses to take next year and beyond. The counselors encourage students to think about challenging themselves academically with courses in which they can be successful (C's or better). Teachers are also highly involved with the process of recommending the proper courses for students to take. Look for the pre-registration materials students will bring home from their classroom counselor visits, and use the updated [Course Catalog](#) on our website as a reference. During the classroom visit, counselors will also be reviewing PSAT 8/9, Pre-ACT, and PSAT 11 results. They will discuss benchmarks and using the information for SAT and ACT preparation purposes.

### Class of 2020 College Information

Juniors have begun meeting individually with college counselors, Ms. McClellan and Mrs. Melarkey, to learn more about the college planning process. They are reviewing their transcripts, discussing SAT and ACT tests, performing college searches, talking about summer programs and asking any other questions they have at this point. Juniors are also encouraged to update their resumé on [Family Connection](#), enter potential colleges into "Colleges I'm Thinking About" and complete the [College Advising Questionnaire](#) survey and [Do What You Are](#) personality profile.

### Class of 2019 College News

Seniors are finishing college applications and are now in a "holding pattern," anxiously awaiting word on college admittances. If parents have any questions, they should contact the college counselors, [Ms. Michelle McClellan](#) or [Mrs. Ruth Melarkey](#), or [Mr. Kirk Puntz](#), grade-level counselor for the Class of 2019. **Seniors should turn in any college acceptances and/or scholarships to the counselors by the April 8th deadline** for the Senior Family Liturgy and Awards Ceremony, as well as the graduation program.

### Sophomore Academic Planning Night

Parents and students of the Class of 2021 are invited to the Sophomore Parent Academic Planning Night on Wednesday, February 20 from 6:00–8:00 p.m. in the George Cunningham '40 Performing Arts Center. Pre-registration and early college planning will be addressed.

### There's plenty of art on the horizon at CB!

On February 4, CB will host K-8 choral students for the **Diocesan Choral Festival**, performing and receiving feedback from Mr. Christian Bohm and choral teachers from St. Francis and Jesuit High Schools. It's a great day full of excited kids and singing.

**Theatre** will be taking a full roster of students to the **Lenaea Festival**, a high school theatre festival in which participants from 60–70 high schools present monologues, songs, scenes and one acts. All entries are judged by theatre professionals who provide feedback and opportunities to workshop the performances. Lenaea takes place at Folsom Lake College's Three Stages facility February 1–3. **For your chance to see the material from Lenaea, including an original one act play, "Shattered Glass," written and directed by Nick Maricle '19, come to our Theatre Showcase on February 8 at 7:00 p.m. Tickets are \$5.**

for the spring play, Ray Bradbury's **"The Martian Chronicles"** are February 5–7 from 3:00–5:30 p.m. in the George Cunningham '40 Performing Arts Center. If you'd like to prepare ahead of time, join the Martian Chronicles Schoology group. Audition scenes, called "sides," are available in the Resources folder. We are looking for actors who can create three or four unique characters for this play in which 18 actors play 60 roles. Come on out!

for **Open Mic** are February 20–21 after school in the choir room (802). If you have a unique talent, get an act together and audition! Past performances have included student bands, singers, musicians, dancers, comedians and more. Don't miss your opportunity to get on the CB stage.



### Arts Alumni News

- **James Snyder '99** was recently cast as Harry Potter on Broadway in *The Cursed Child*, Parts 1 and 2.
- **Allison Lian '14** is touring with the traveling production of *Finding Neverland*, rotating roles, including Peter Pan.
- **Regina Chapuis '18** wasted no time getting involved at Cal Poly, San Luis Obispo this fall, joining the Rose Parade float committee. With fellow students, she planned, built and decorated the float that took home the Extraordinaire Award.

**For more details about these incredible alumni, check out the blog on the [arts page](#) of our website!**



# Hello February

## Reflections for February

As we begin this month, we join Catholic schools nationally in the celebration of Catholic Schools Week. As a Catholic school, Christian Brothers gives our students many opportunities to grow, learn and celebrate in their faith. Celebrating our faith is part of growing into our faith, a faith that connects us to others. In faith, we are the Body of Christ, united as one community in the mission of Jesus and our founder, St. John Baptist de La Salle. Faith in the presence of God is one of our core principles at CB, and what a gift it is to be able to share in something so beautiful. Faith is often described as "a free response," "active" and "communal." Our founder's mission was first and foremost a concern for the salvation of the souls of the students entrusted to his care. This mission continues on here at Christian Brothers today as we encounter many opportunities to experience the fully alive holy presence of God. The Catholic Bishops of Northern Ireland stated that "The ultimate aim of Catholic education is the full growth of the individual, a fully alive person for self and others, in communion with Christ." During this first week of February, let us give thanks for the gift of Catholic education and the Lasallian Catholic community of Christian Brothers. Blessings!

— Jen Yearwood, Director of Campus Ministry

## Retreats

**REGISTRATION FOR JUNIOR OVERNIGHT AND SENIOR KAIROS RETREATS IS COMPLETE!** Thank you to all who registered early for our overnight retreats! If you missed the deadline, there may be limited spots open on the remaining retreats. Please contact Ms. Yearwood immediately ([www.cbhs-sacramento.org](http://www.cbhs-sacramento.org)) to register for:

- **February 25–26** (limited space), April 1–2 (open)
- **March 19–22**

The Class of 2021 gathered for a day-long retreat at CSU Sacramento on Friday, January 11. Thank you so much to our student leaders and staff who worked hard to make the day a success! Thank you, parents, for your flexibility and support of this important event!

## Mark Your Calendars!

- **February 14** "Choose Love!" Please join us in prayer on Thursday, February 14 at 9:45 a.m. in the Ron Limeberger '53 Gymnasium.
- **Wednesday, March 6** at 9:45 a.m. in the Ron Limeberger '53 Gymnasium
- **Sunday, March 10** at 9:30 a.m. in the George Cunningham '40 Performing Arts Center
- **Thursday, April 4** at 9:45 a.m. in the Ron Limeberger '53 Gymnasium, followed by an opportunity for the Sacrament of Reconciliation from 11:30 a.m. – 2:00 p.m. in the Chapel of St. Joseph
- **Thursday, April 25** at 7:45 a.m. in the Chapel of St. Joseph



## Enter to Learn, Leave to Serve

### It's Baby Bottles Time! Sacramento Life Center

This month, we have the opportunity to support and promote families and life, and to focus on celebrating the National Marriage Week and World Marriage Day!

In the month of February, the Heartbeats Pro-Life Club, with moderators Ms. Mary Bowers and Ms. Courtney Hendry, will be handing out baby bottles to students and families to raise money for disadvantaged pregnant mothers and their unborn babies. These bottles are to be filled with cash, checks and coin donations. This is a fantastic way to assist others in need this month.

### Donations Needed for Maryhouse

Maryhouse is a daytime hospitality shelter for homeless women and children that provides support and personal attention to each woman to help her identify challenges and take the next steps to overcoming them. Women come to Maryhouse in crisis; some receive short-term help while others may require help for a longer period.

**If you have any gently used or new sweatpants, sweatshirts, tennis shoes, backpacks and jeans for women and children, please donate them to the LSLO between February 11-15.** Christian Brothers' Christian Service is deeply grateful for your generosity!

### Interfaith Build for Unity Day Habitat for Humanity of Greater Sacramento

As a Christian Ecumenical Ministry, Habitat for Humanity of Greater Sacramento's mission is to put God's love into action to help build hope, homes and community.

The *Build for Unity* campaign was piloted in 2016 in Sacramento by the local organization as an opportunity to bring people of different backgrounds and faiths together to put differences aside and build homes and unity in our community. The first *Build for Unity* project brought over 1,000 volunteers from across the Catholic, Lutheran, Episcopalian, Presbyterian, Methodist, Muslim, Jewish, Buddhist, Sikh, and other Christian and non-denominational faith communities together as a sign of interfaith unity and to build two homes side-by-side in Sacramento for hardworking, low-income families.

This month, our very own **Laine Himmelmann '06**, Director of Development for Habitat for Humanity of Greater Sacramento, invited CB students from engineering classes to participate.

: Saturday, March 9 from 7:30 a.m. -1:30 p.m.

: 3825 43rd Avenue (on 43rd and Martin Luther King, Jr. Blvd.)

**If you are a CB engineering student and/or upper division student and are interested in this Interfaith Build for Unity Day, please contact Mrs. Grapé via Schoology or email at [ggrape@cbhs-sacramento.org](mailto:ggrape@cbhs-sacramento.org) by February 15.**

### VENAVER Thank You! VENAVER El Otro Lado



*Pictured: VENAVER attendees at Sonora Border*

From January 20-25, CB students went on an immersion trip to learn another perspective of what's happening in the Borderlands. The trip impacted and left an impression in the students' hearts; this trip will always be remembered.

### Coat Drive

Thank you for the Coat Drive donations! St. Thomas More Parish in Paradise, CA, and the Sacramento Food Bank and Family Services greatly appreciate the new and gently used winter coats, scarves and gloves.

*thank you*

**For questions about Christian Service, please contact Mrs. Grapé at [ggrape@cbhs-sacramento.org](mailto:ggrape@cbhs-sacramento.org).**