

FALCON FAMILY NEWS

A MESSAGE FROM THE ADMISSIONS DIRECTOR

You Can Feel It in the Air...

In the Admissions office we can definitely feel a change in the air, a shifting in temperature, a change of color in our gardens. The first leaf has fallen, the sun rises later and sets earlier. Our children are choosing to wear pants instead of shorts, sweatshirts instead of t-shirts. At CB we also sense a change. We feel an increased level of excitement and enthusiasm, of energy and expectation. Something is afoot here at Christian Brothers.

One reason may be because of the changes in our physical plant. Mr. Barsanti and his crew have certainly been busy this past year. When giving tours, we have many new sites to visit. The International Languages wing is now complete, and when walking through it on a quiet day we can hear French, German, Spanish and Mandarin, the languages of the United Nations. The vista from the eastern second story window of the SMAT wing is of the *George Cunningham '40 Performing Arts Center* where one can often find Mr. Barnes enthusiastically inspecting the previous day's construction progress, his shoes lightly coated with dust. Wending our way along the path towards the newly built Counseling Center our senses are tantalized by the scents of various plants and flowers, their colors vibrant despite the lateness of a dying season. Stopping in front of our new Counseling Center, one can see reflected in the glass of the window Mrs. Heine's "Peace Garden," a place of sanctuary and retreat. It is to this garden many of our students go to replenish after exhausting themselves on the various cardio machines in our newly-dedicated *Vesci Fitness Center*.

Another reason is perhaps because we were able to speak at length with parents at the *New Parent Ice Cream Social Orientation Night and Back to School Night* who spoke of their satisfaction with their choice of high school and of their gratitude that "CB has more than delivered on what was promised at Frosh Welcome Night." These parents spoke of the alacrity that our teachers, administrators, and support staff demonstrate when responding to parent emails and phone calls, of their willingness to give their time "outside of the school

day at all hours of the day and night." One comment in particular stands out from a parent who stated "her daughter felt loved by her teachers, that she felt more like a daughter than a student." Perhaps this is why we have so few students transfer out of CB, and why so many transfer into CB.

Perhaps it is because of the exciting iPad program launched this August after eighteen months of infrastructure upgrades and extensive professional training for our teachers. Certainly teaching and learning has seen a paradigm shift reflecting the use of technology in the classroom. Chalkboards have been replaced by screens, paper and pencil by devices and keyboards. Gone are the images of students as beasts of burden overloaded with pounds of books on their backs. Many books are now stored electronically on the iPads. Far from diminishing contact between student and teacher, the iPads actually stimulate interaction as teachers and students collaborate in exploring the use of technology in the classroom.

Or, perhaps it is because for the first time we here in Admissions have freshman daughters who share with us their emotions and experiences. Our inquiries as to "how their day went" are rewarded with responses of depth and volume, personalizing for us the experience that is now shared by the hundreds of applications we reviewed last year in crafting the Class of 2017. We have been nourished by their comments about how much they like their classmates, how much like siblings they've become, how much it feels like family here at CB.

Whatever the reason for this sense of change, it is definitely there, strong and palpable. We feel it on campus, on the field, on the court. Something is most definitely afoot here at CB!

Kenny Kimene

Director of Admissions

COUNSELING AND GUIDANCE DEPARTMENT

TESTING DAY:

Wednesday, October 16, is an important day for students at CB. Testing Day is a **half-day of school** that involves the sophomores and juniors in college admission testing and career planning. **For SOPHOMORES and JUNIORS school begins at 9:00 am and will be dismissed no later than 12:15 pm (FRESHMEN report to their on-campus Frosh Retreat at 8:45 am and are dismissed at 12:30 pm).** Coordinated by the counselors, the teachers administer the following assessments to students:

- **Juniors will take the PSAT/NMSQT Exam** (preliminary SAT). This test is great practice for the SAT, and also allows high achieving students to qualify for participation in the National Merit Scholarship Program.
- **Sophomores will take the PLAN exam** (practice ACT.) This is an opportunity for 10th graders to experience what the ACT test is all about. (The ACT is continuing to grow in popularity at CB, in California and throughout the nation). The PLAN also includes a career component and invites students to self-report college plans and academic strengths and weaknesses.
- **Most seniors will be given the day off (some will be on campus facilitating the Freshman Retreat); however, this day is a great opportunity for college visits.** Each senior should be ready to begin applying to college in October and if he/she has not visited local or regional colleges yet, this mid-week day is a perfect time to schedule a tour and find out more about a college while it is in full swing. In addition, remember that seniors are allowed two days per year for college visits, but the procedure to request the day(s) as excused must be done in advance of the visit (forms are available in the CB Counseling Center or may be downloaded at the CB website – go to the Student Forms folder in the Guidance/College section and you will find the "Request to Visit a College" form). There is no need to fill out this form for October 16. **It is also important to note that the Dean of Admissions of St. Mary's College in Moraga will be here on the 16th to interview seniors who have applied to SMC. These appointments will begin at 11:00 a.m. and will run throughout the day. A signup sheet is posted in the Counseling Center. Space is limited.**

Please mark your calendars for this important day! Here are some tips to help students do their best on the exams:

- Remind your child to get plenty of rest the night before the test.
- Students should eat a nutritious breakfast the morning of the test and bring a healthy snack for the break (the cafeteria will not be open that day, so students who will be staying on campus for sports practices, etc. may want to bring a sack lunch).
- Students received information and material about the PSAT & PLAN from their counselor. For juniors, this included a PSAT Official Student Guide with a practice exam. Please encourage your child to prepare for the test by taking the practice exam at home before Testing Day. Students may also prepare for the exams by utilizing the PrepMe program on their Family Connection. This program can be performed on a PC. We are currently working to make sure that we are able to have students use this program on their iPads.

- Remind your child to bring two sharpened #2 pencils and his/her calculator.
- Encourage your child to develop long-term ways to prepare for college admission exams. These include extensive reading and writing (for pleasure, beyond homework) as much as possible, developing strong study habits, increasing vocabulary, and utilizing free preparation materials.

Results of the exams will be returned to students by their counselor in January/February, 2014. If you have any questions, please call the Counseling and Guidance Department at 733-3680.

Upcoming Counseling & Guidance dates:

- October 1 & 3** Mandatory Parent Nights on Drugs and Alcohol (October 1 is upper-division Night and October 3 is lower-division night). *Please note the information immediately following this calendar of events.*
- October 5** SAT Exam not @ CB
- October 10** UC/CSU Application Workshops (8-9 a.m. and Falcon Flex)
- October 16** Testing Day / Senior local college visits / SMC admissions interviews
- October 26** ACT @ CB
- November 2** SAT @ CB (registration deadline October 3 – www.collegeboard.com)
- November 7** General College App Workshops (8-9 a.m. and Falcon Flex)
- December 3** College Financial Aid Night (7:00-8:30) in the CB Cafeteria
- December 7** SAT not at CB (registration deadline November 8 – www.collegeboard.com)
- December 14** ACT not at CB (registration deadline November 8 – www.actstudent.org)

MANDATORY PARENT NIGHTS

Tuesday, October 1 (upper-division) and Thursday, October 3 (lower-division) there will be a presentation for parents on the many aspects of drug and alcohol use by teens. This is the first of a four-year cycle addressing today's most challenging topics in a very proactive and preventative fashion. Mr. Jackie Long, a retired Special Agent Supervisor with the California Department of Justice, Bureau of Narcotic Enforcement will address current developments in high school drug and alcohol use, trends and culture, drug use recognition and symptoms, parent resources and tips and how we can proactively guide teens through this challenge.

The evening will begin with a 6:30 p.m. check-in (as attendance will be taken) and a 7:00 p.m. program start. We are asking that at least one parent attend one of the presentations, on whichever night works best for them. We feel that this is a very worthwhile program and we are looking forward to seeing parents attend this event. Please contact Kent Morrison, Wellness Counselor, with any questions regarding the evening.

Campus Ministry Celebrate Life!

The month of October brings us many opportunities for prayer and reflection...In the Catholic Church, during the month of October, we celebrate Respect for Life and also the month of the Rosary. We call upon the intercession of the Blessed Mother for strength as we work to build a culture of life in our world today.

Prayer & Worship

- **Please join us** for our **Homecoming Prayer Service** on **Tuesday, October 15** at **9:30 a.m. in the gym**. The theme for our service is "Celebrate Life!" We will pray in gratitude for the gift of life that we are given and we will also recognize Breast Cancer Awareness month. Breast cancer is something that has affected many within our Christian Brothers community. We would like to extend a special invitation to parents, grandparents, relatives and friends who are facing breast cancer or who are breast cancer survivors. Please invite them to join us for this special service where we will offer a special prayer of blessing and healing. If you have lost a loved one to breast cancer, please submit the name of the person you would like to remember to Jen Yearwood via email jyearwood@cbhs-sacramento.org no later than October 5th.
- **The Freshman Family Liturgy** will be celebrated **Sunday, October 27 at 9:30 a.m.** in the gym, followed by a continental breakfast in the cafeteria. Our presider will be Father LaSalle Hallissey from De La Salle High School in Concord. Information about registration for this event is on the school website. **Frosh families must RSVP online no later than October 17 by using the link via the Christian Brothers website (on the homepage, under "Latest News").**
- We will celebrate **All Saints' Day** on **November 1** with a liturgy at **9:30 a.m.** in the gym. Please join us!



Mary, patroness of America, renew in us a love for the beauty and sanctity of the human person from conception to natural death; and as your Son gave His life for us, help us to live our lives serving others. Mother of the Church, Mother of our Savior, open our hearts to the Gospel of life, protect our nation, and make us witnesses to the truth. Amen.

Retreats

- **The Frosh Retreat is October 16.** This is a mandatory retreat for all members of the freshman class. It will be held on campus. Frosh must check in at the gym by 8:45 a.m. The retreat will end at 12:30 p.m. Information was emailed to all Frosh parents in the middle of September. Frosh students must be in school dress code for this retreat! (Frosh are encouraged to wear their class spirit shirt!)
- **Overnight Retreat Registration....**all Junior and Senior retreat registration must be completed by November 1. All forms and payment information is on the school website. Once on the website, select "Student Life," then "Lasallian Student Life," then "Student Retreats." Here you will find permission forms to download and the option to pay by Visa/debit card. Even though students may desire to attend a retreat in the Spring, all registration **must be completed by the above deadline!** Below are the dates of the Overnight Retreats for the year:
- **Junior Retreat:** Nov. 4 & 5 / Dec. 2 & 3 / Feb. 3 & 4 / March 3 & 4 / April 7 & 8
- **Senior Kairos Retreat:** November 12 - 15 / January 21 - 24 / March 25 - 28

VOCATIONS

Marian Shackel has been an essential member of the Christian Brothers High School community since 2000. As a teacher in the English Department, her reputation as a stellar academic, instructor, peer, and Lasallian stands only to strengthen the gifts she brings to her ministry. A native of Southern California, Ms. Shackel is an alumna of Holy Names College in Oakland and Mount St. Mary's College in Los Angeles, majoring in English and minoring in Drama. Ms. Shackel's vocation journey has taken her on a few adventures, including answering phones at a Chinese take-out and an initial desire to be an actress! "If someone told me I was going to be a teacher, I would have run the other way!" admits this born educator. Still, no journey has been as interesting as teaching high school. Two of her favorite teacher-models were college professors, whom she describes as "tough, but approachable—women whose passion for their subjects was apparent in each class they taught!"

Ms. Shackel's integrity as an educator emulates the values she has been taught in and out of the classroom. Throughout her life, Ms. Shackel's family has played an integral support role in her vocation journey, guiding and encouraging her along the way. She describes her family—especially her parents—as being "delighted with my vocation. Were it not for the financial challenges of a large family, my Dad would have been a teacher, too." She credits many of her good virtues to members of her family members: she learned patience from her Aunt Pip, generosity from her Aunt Tina, and perseverance from her mother. "My mom is an active 93-year-old who enjoys life despite its ups and downs" says Ms. Shackel, "she is my role model." With examples and models like the ones she has encountered in life, it is no wonder that she is a beloved and respected educator. To Ms. Shackel, a vocation is a calling—it is not what you do; it is what God calls you to do. "Find that which gives you joy and pursue it with passion," she advises. We are blessed that Ms. Shackel's vocation journey has brought her to Christian Brothers High School.

Christian Service

Freshman Service-Learning

Ms. Spinelli, Mr. Guro, and Mr. Havey will be taking their freshman religion classes to volunteer at the Sacramento Food Bank and Family Services (SFFS) throughout the month of October. Our new teachers will also be accompanying the students to assist in the service work. Students need to have all permission forms signed-including the SFFS One Time Volunteer form. Please make sure students are wearing their spirit shirts and that they are wearing shoes that cover the whole foot and are comfortable to walk and work in. This mandatory service-learning project gives freshmen the opportunity to walk through Oak Park and learn what the neighborhood and its resources have to offer. If you have any questions please call Ms. Lystrup or your student's Religious Studies teacher.

Venaver San Dolores

Los Angeles: The following students will be leaving October 20-26 for their Venaver immersion. Immersion activities will consist of service at Father Boyle's Homeboy Industries, tutoring at San Dolores Mission School, working at the soup kitchen on Skid Row, as well as a trip to the Museum of Tolerance. As part of their preparation students met weekly and read Father Greg Boyle's book, *Tattoos on the Heart*. Please pray for the following: *Liwen Luo, Karina Miramontes, Christine Cotterill, Victoria Linares, Conner Swan, Jack Barnes, Taylor Ross, Lizzie Havey, Madison Winn, Natalie Maas, and Colton Wackman*. Ms. Lystrup and Ms. Flaherty are the accompanying adults.

Christian Service

- **Lasallian Youth:** Please see Dr. Holly Peterson
 - **Wellspring Breakfast Club:** Please see Mr. Danny Delgado
 - **Best of Friends:** Please see Ms. Jennifer Lystrup
 - **Christian Service Corps:** Please see Ms. Jennifer Lystrup
 - **The Interact Club:** Please see Ms. Holly Keller
 - **The Blanket Club:** Please see Ms. Adriana Mundo
- Any students interested in starting a Social Justice Committee please see Ms. Lystrup in Room 106.

Student Activities

Homecoming Week

Student Council is excited about their preparations for **Homecoming Week**. This year's theme is "Grease". During the week of October 14 - 19 students will participate in many jazzin' activities. We have **Powder Puff** games every day at lunch. Hey dudes, come out and support the Lady Falcons as they compete with other classes and the Lady Falcon Faculty! We encourage the faculty and students to dress to the theme on all **Spirit Days** that week or you'll be cruisin' for a bruise. As the two culminating activities we will have a far out **rally** at the end of the day on Friday and our amazing **Homecoming Dance** on Saturday. So gents, get your flat-tops ready, and ladies dust off your poodle skirts. The dress code has been posted and **guest passes** are available in the main office and LSLO. They are due by October 11.

Magazine Drive

Students have two weeks left to sell magazine subscriptions. **Our goal is \$100,000** and we still have a ways to go to meet this challenge. SELL, SELL, SELL! Those students who have sold or will sell, come to the student store to claim your prizes. Also, join us on September 27 and October 3 on the main lawn to enjoy the magazine sale games during lunch.

Freshman Family Liturgy

Our **Freshman Family Liturgy** will be held **October 27**. Freshman families, you are invited to join us at 9:30a.m. in the Limeberger Gym for the service, and following the liturgy please come to the cafeteria for a continental breakfast. Please RSVP on the CB website.

International Student Program

Mr. Dale Milton currently teaches World History 2, Economics and Civics. He is also Department Chair for Social Studies. In his 10th year of teaching at CB and as one of CB's favorite teachers, Mr. Milton has some interesting insights into the world of ISP.

During the 2012-2013 school year, Mr. Milton taught three ISP students. Mr. Milton and his family previously hosted an Italian student from Milan so Mr. Milton has some familiarity working with international students experiencing a foreign culture in the home, and the struggles of second language acquisition while working with the rigor of a college preparatory school.

When asked about his experience with the international students, Mr. Milton had a lot to say. He expressed that first and foremost, international students are like any other CB student. "We must meet them where they are and then move forward together." Mr. Milton describes newly arrived international students, as "middle of the road" students because they follow directions, work for everything they want and, too often, go unnoticed because they are quietly doing what is expected. Mr. Milton equates their beginning work to climbing a mountain as they master the English language, our CB culture and American ways. At some point, the ISP student hits a plateau and then maneuvers through hills and valleys of mastery of curriculum the remainder of the year. What impresses him is that some of our international students come at such a young age and plan to stay either three or four years with CB.

Mr. Milton thinks that international students are exemplary. He believes that these students bring value to our American students. "They bring new values, new modalities and new techniques as they give us an appreciation of other rules and other political systems. Our international students are global citizens, they are excellent students and this helps our (American) students."

Mr. Milton knows that our international students will do well at CB. If they "get involved in the CB community (sports, arts, events), they will love it (high school) and make it their own experience." Mr. Milton looks forward to teaching International students again soon.

Congratulations to these outstanding students who were honored at our annual Awards Assembly:

ENGLISH

Class of 2016
Henry Agnew
Nicolette Washburn
 Class of 2015
Madeleine Nicolas
Dante Mazza
 Class of 2014
Madeline MacLeod

VISUAL AND PERFORMING ARTS

ART AWARD

Class of 2016
Adrian Avila
William Legrand
Seamus Hudnut
Eleanor Weber

Class of 2015

Amanda Maurer

Madeleine Nicolas

Class of 2014

Karla Bernardo

Hannah Hawkins

INSTRUMENTAL AWARD

Class of 2016

Min Hyung Lee

Class of 2015

Lee Charles Ross

Class of 2014

Matthew Reade

CHORAL AWARD

Class of 2016

Henry Agnew

Marcela Bandala

Class of 2015

Ritam Sarmah

Maura Tomassetti

Class of 2014

Allison Lian

Sergiy Vasylyev

DRAMA TECHNICAL AWARD

Class of 2015

Garrick Sigi

Class of 2014

Kimberly Taketa

DRAMA BEST ACTING AWARD

Class of 2016

Eric Pytel

Class of 2015

David Alcalá

Katherine Vrame

Class of 2014

Domenic Tavianini

LASALLIAN TELEVISION

TECHNICAL AWARD

Class of 2015

Daniel Lee

Class of 2014

Lucas Dudley

LASALLIAN TELEVISION

NEWSCASTER AWARDS

Class of 2015

Natalie Maas

Class of 2014

Emma Bradford

FOREIGN

LANGUAGE

FRENCH AWARD

Class of 2016

Seamus Hudnut

Min Hyung Lee

Class of 2015

Elizabeth Dewey

Natalie Maas

Class of 2014

Sophie Lee

Madeline MacLeod

GERMAN AWARD

Class of 2015

Kristen Geibel

Victoria Coleman

Class of 2014

Zoe Haenggi-Wattenberg

MANDARIN AWARD

Class of 2016

Nicolette Washburn

SPANISH AWARD

Class of 2015

John Jedrzynski

Class of 2014

Andrea Gil

Daniel Lee

Conner Swan

Class of 2013

Karla Bernardo

MATHEMATICS

Class of 2016

Min Hyung Lee

Brittany Leek

Elmer Lizarde

Timothy Mendoza

Class of 2015

Ryan Bandaccari

Daniel Kever

Class of 2014

Dana Kimball

Sophie Lee

Kimberly Taketa

MATHLETES

Class of 2016

Min Hyung Lee

Class of 2015

Katherine Chen

Class of 2014

Dana Kimball

PHYSICAL

EDUCATION

Class of 2016

Kirsten Gruber

Maliah Haroldson

Elmer Lizarde

Alexander Poroli

Class of 2015

Anthony Guzzetta

Andrea Martinez

Class of 2014

Allison Schwartz

RELIGION

Class of 2016

Maria Pearson

Adam Wong

Class of 2015

Anna Dahl

Miya Takahashi

Class of 2014

Julia Grajeda

Charlie Ibarra

Dana Kimball

SCIENCE

Class of 2016

Henry Agnew

Nicolette Washburn

Class of 2015

Ryan Bandaccari

Madeleine Nicolas

Hongyl Huang

Matthew Lemire

Class of 2014

Sophie Lee

Sergiy Vasylyev

SOCIAL STUDIES

Class of 2016

Adriana Alvarado

Seamus Hudnut

Class of 2015

Madeleine Nicolas

Ritam Sarmah

Class of 2014

Matthew Reade

SPECIAL AWARDS

SCHOLAR-ATHLETE

Class of 2016

Maliah Haroldson

Elmer Lizarde

Class of 2015

Camden Belliveau

Lauren Overstreet

Class of 2014

Prestin Barnett

Haley Snyder

ACADEMIC

EXCELLENCE

Class of 2016

Min Hyung Lee

Class of 2015

Ritam Sarmah

Class of 2014

Sergiy Vasylyev

SIGNUM FIDEI

AWARD

Class of 2016

Efrain Vallejo

Class of 2015

Daniel Lee

Dante Mazza

Class of 2014

Dana Kimball

CB TALON Student Corner

The Band's New Instrument

By Jessica Reynolds, Talon Arts Editor

The iPad has proven its success within CB classrooms from Science to English courses. Can it prove its usefulness within a classroom filled with instruments?

Mr. Travis Maslen, Christian Brothers Band Director, is pleased to confirm the surprising and valuable benefits of the iPad within his Instrumental Band classroom. He exclaims his ease of quizzing his students as he is starting to do video quizzes.

"In the past, what I had them do used up a lot of class time. They would come in and play their scale for their weekly quiz," he says. "Now I just create an assignment in Schoology and they record themselves playing."

Senior **Alyse Toth ('14)**, part of the String Ensemble, confirms that with the additional class time students spend "less time on quizzes and more time on actually getting the songs right in class."

Another one of Mr. Maslen's students, senior **Neena Lynton ('14)**, agrees. "Schoology has been the biggest part [of the class] because that is how Maslen uploads all of our music, and we just transfer all of it to our iBooks and it becomes a PDF. I organize all of it," the senior says. "All our warm-ups are on one shelf, all of our melodies are on another shelf. It's just a whole lot easier."

Mr. Maslen says some special guests helped him discover how the vital the iPads can be for his class. "We actually had a group come here last year called the Axiom Brass, the number one brass ensemble. They came here and performed for us. They all used the iPad's," the band director says.

Neena, who attended the Axiom Brass visit, commented that the four piece brass section had their music on iPads, and that she prefers this style better than actual paper. "It's easier to organize and store, because before we just had a big black folder with tons of papers in it and it was hard to find which piece was with what," she says. "On the iPad it's always neat."

Alyse predicts that the iPads will greatly prove their value during the spring when concerts held outside will be performed. Wind, which has been a huge disruption to performances in the past, will be hindered by the iPads' sturdy nature. "Performances will probably be better and easier because you won't lose your music," Alyse states. "Part of the performances is turning the page — now with the iPad, page turning is not an issue."

With this school year just beginning, Mr. Maslen is sure to find even more uses for the iPad throughout the year. "Yesterday we were talking in class about some version of a song they had found on YouTube," he says.

This unpredictable use of the iPad not only gave Mr. Maslen insight for the correct song to perform for an upcoming school liturgy, but also demonstrated one of the many changes the iPad will continue to add to his classroom.



ATHLETICS

FALL SPORT UPDATES

Cross Country

Christian Brothers XC is off and running. With four meets under our feet, the Falcons have proven themselves to be worthy opponents to some of the area's best teams. At the Lagoon Classic in Vacaville, the Falcons finished 1st in the Frosh Boys' race, 2nd in the Varsity Boys' race and top ten in each of the other races. In the Hornet Invitational hosted by CSU, Sacramento, the CB Boys' varsity was able to capture 9th place in what was solidly a large school race. Our next two races will take the varsity teams to Stanford University and Clovis in Fresno to compete against some of the top schools in the state. It should give us a preview of this year's state finals and let us now where we currently stand among those storied programs.

Girls Volleyball

Varsity: Women's varsity volleyball is entering its 3rd week of nonconference action. The team had an outstanding stretch where they beat 5 successive opponents who were ranked in the Bee top 20, including wins over Rocklin and Oak Ridge which moved the Falcons into the #3 ranking. They are working hard to continue their streak when they face the Bruins of Ponderosa and St. Francis in the annual Holy Court. The team is looking forward to this weekend's "Founders Classic Tournament" to be held at Sacred Heart Cathedral High School in San Francisco. The girls will be spending the day on Friday at one of two service projects in San Francisco, working either with "Mission Girls" (an afterschool program targeted to Latina girls) or the "Kenya Ministry" by the Daughters of Charity (an organization that is a training center for young women who did not finish high school or who are single mothers). On Saturday, the girls will compete in matches with fellow La Sallian schools - host Sacred Heart Cathedral, St. Mary's, Berkeley and La Salle, Oregon.

JV: A highlight of the JV volleyball team's early season was winning the championship at the Vista Del Lago tournament. The squad has exhibited good balance in posting additional impressive wins against strong opponents such as Rocklin, El Camino and Rio Americano.

Freshmen: The Girls Frosh volleyball team currently has a record of 5 wins and only 1 loss against powerhouse Rocklin High School in pre-season matches. All 11 team members bring their strengths onto the court during each match and are looking forward to the start of league play against Oakmont High School on Oct 2. They are currently getting ready to being a part of Holy Court when they play against St. Francis.

Boys Water Polo

Varsity: The Varsity water polo team has had a very heavy front-loaded schedule. CB has played some of the top competition in the Sacramento and Central Valley area. There have been some great wins, including an exciting 11-10 victory over Dixon when Spencer Tibbitts scored the winning goal with 1 second left. Despite some tough losses, the team is growing and building upon every game played. Most importantly, the Varsity is off to a 2-0 start in league play with two solid performances against Oakmont and Rio Linda.

JV: The JV Falcons are having a very strong season thus far. Only tasting defeat one time, the Falcons hold a solid record of 6-1.

The Falcons appear to be one of the top JV squads in the Sacramento region. Upcoming tournaments at Oakmont HS and Jesuit HS will offer the JV team significant competition and an opportunity to gain some needed experience.

Cheerleading

The biggest highlight in September was the cheer squads' appearance at the Holy Bowl. The girls performed during the games and halftimes as they work hard to present a positive image for their school. The team is looking forward to the coming weeks to see what the different levels can accomplish.

Girls Tennis

The women's tennis team is off to a 4-1 start, including three 5-4 victories over Elk Grove, El Camino and Oakmont. The latter victory signaled a successful league start as well for the Lady Falcons. This year's team has an effective balance of experienced upper division returners combined with a large number of promising newcomers.

Girls Golf

The season has barely begun for the Lady Linksters but the girls' golf team is already 5-0. The team has recorded impressive wins in league play, where they are undefeated after four matches.

Boys Soccer

With a very busy early season schedule, the boys' soccer team has laid a solid foundation for the beginning of league play with a 5-2-2 record. No doubt one of the highlights included a 1-1 tie with traditional rival Jesuit which is nationally ranked. The JV soccer team is currently 3-3-1 under head coach Mario Moreno.

Women's Water Polo

The 2013 women's water polo program is off to a much improved start this season and has recorded some impressive wins, including a thrill-packed sudden death victory over league rival Oakmont. Both varsity and JV teams are tied for first and undefeated in league! This year's varsity squad has exhibited a balanced attack and is poised to make a bid for the playoffs. The athletes and coaches hope to see more of the CB faithful pool side during the season.

Football

Varsity: Varsity football began the season winning their first three games over River City, Placer and McClatchy before losing to Holy Bowl rival Jesuit. This year's team displays an exciting offense led by senior Mason Stahley who leads the team in rushing, all-purpose yards and scoring. Junior QB Chris Guillen has demonstrated versatility both as a passer and runner in leading the team in total offense. The offensive line has done an outstanding job opening lanes for the running backs and protecting the passer. On defense, seniors Austin Hart and John Wagstaff are the leading tacklers, while Wagstaff and Zac Ewersten are the sack leaders. Ryan Griggs has been a consistent performer in the secondary and leads the team in interceptions. Special teams have also been a strength for this year's team.

MEDIA, VISUAL & PERFORMING ARTS

The accomplishments of our media, visual and performing arts students are stacking up already, and the year has only just begun! Auditions are now complete for our fall play **"A Midsummer Night's Dream"**; and after a rigorous audition, twenty individuals were cast from the fifty that auditioned. The rehearsals are now in full swing, and lines are being learned, memorized and perfected for a November performance.

In the world of visual art, Sam Swanson was accepted into the American Icon digital art show which was shown at the **Sausalito Arts Festival** over Labor Day, Amanda Maurer participated in this year's **"Chalk it Up"** festival, and Caitlin Berger and Josh Levis both sold pieces of art at the **CB Wine, Food, & Beer Extravaganza**.

Our musicians have already set the tone for this year, as all of the men from our choral program were featured performers at the **"Real Men Sing"** choral festival at CSU Sacramento, where 350 high school male singers from 18 schools gathered for a day of singing and camaraderie. Our men gave a rousing performance of "The Pirate King" from Gilbert and Sullivan's "The Pirates of Penzance." They will be presenting an encore performance at CB's **Open House** on Sunday, October 6, so tell all of your friends with 8th graders to come out and listen. And of course, not to be outdone, our women will be featured at the **Women's Choral Festival** at CSU Sacramento on Friday, October 4. This festival will include 500 female high school singers, and the women in CB's **Women's Chorus** and **Chamber Choir** will combine at this event to represent Christian Brothers and its fine choral program. Finally, our award-winning **Vocal Jazz Ensemble** brought the sounds of jazz to the **Waterleaf** at Land Park, lighting up the faces of residents and visitors alike with their beautiful ballads and fabulous swing tunes.

Our instrumentalists have been performing as well. The **pep band** and **drum line** kept the crowds going throughout the **Holy Bowl Rally** and at Hughes Stadium for the **Holy Bowl** itself. Our elegant **string ensemble "Dolce Fuoco"** and **jazz combo** also provided music, creating a beautiful atmosphere at the **Heringer Estate Art Auction** in Clarksburg. And you will be able to catch our CB jazz combo at the **Our Lady of Assumption** annual fundraiser on October 12.

Kudos also to Seniors Emma Bradford and Lucas Dudley who will travel to New York in early October for the 1st **"All American High School Film Festival"**. This festival received over a thousand submissions for 6 categories. Their music video has been nominated for two awards. The first is for best of category and the second nomination enters their film into a camera giveaway for best cinematography. This is a tremendous honor and an example of KBFT's continued success on the national stage.

And if you are looking for an opportunity to see our talented students first hand, please join us at our first **Open Mic Night** of the year on Friday, October 25 at 7:00 p.m. in the cafeteria. If you have not been to an Open Mic Night at CB, you are missing out. The talent of our students never ceases to amaze. Tickets will be sold during lunches the week of Open Mic. This event sells out, so get tickets early.

And as always, please join us at any or all of our **Friends of the Arts** meetings. Whether you are a parent, advocate, or are just passionate about the arts, you are always welcome. See the school calendar for dates throughout the year.

FALL SPORT UPDATES...

JV: The JV Football Team is off to another great season. With wins against River City and CK McClatchy, they took their 2-1 record into Hugh Stadium to square off against their nemesis, the Jesuit Marauders in the 43rd Annual Holy Bowl. The Falcon's offense looked great as the team drew first blood with an exciting 51 yard touchdown run from Quarterback Braeden Bourke. The Falcons entire defense was outstanding and shutout the Marauders taking a 7-0 lead into the locker room at halftime. The Marauders gave the Falcons a scare as they tied the game at 7 late in the 3rd quarter. But CB recaptured the lead with less than 2 minutes to go and a touchdown run from Austin Vonhof gave the Falcons a 13-7 lead, sealing the victory for Christian Brothers.

Freshmen: While the freshman football team has started slowly record-wise, the players have shown significant improvement in their skill level. Both the offensive and defensive lines have made progress, with Elias Robinson and Raul Arambula leading the way on the offensive front and Jimmy Ghilardi and Chase Davis on the defensive side. Nico Orr has been a consistent performer in the secondary along with Anthony Davis at linebacker. Aarmon Euwing, Pat Barnes and QB Matt Marengo have sparked the offense.

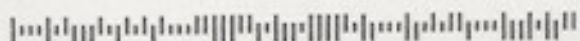
Athletic Reminders:

1. **Winter sports begin on Monday, November 11.** All prospective athletes must have a **completed Athletic Packet** which can be downloaded from the Athletic section of the school website under Files and Links.
2. Don't forget the **Homecoming football game on Friday, October 18** against Rio Linda at Hughes Stadium. Game times: 5:00 and 7:00 p.m.
3. **Additional key contests:**
 - Cross Country- CVC Center Meet, Wednesday, October 9, @ Maidu Park in Roseville.
 - Soccer v. Bella Vista at CB, October 31, 3:00 p.m.
 - Girls and Boys Water Polo v. Bella Vista at Sac City, October 29, 5:00/6:00 p.m.
 - Girls Tennis v. Bella Vista at Laguna Creek RC, October 24, 4:00 p.m.
 - Girls Golf- CVC League Tourney, October 14, Haggin Oaks, 9:00 a.m.
 - Girls Volleyball Vista del Lago Tournament, October 12, all day.



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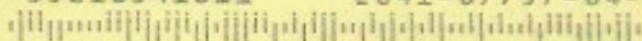


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