

FALCON FAMILY NEWS

A MESSAGE FROM OUR ADMISSIONS DIRECTOR

DEAR FAMILIES:

I love Club Rush! Each September, every one of our more than 50 student-run clubs sets up displays throughout campus while enthusiastic members encourage other students to join. Academic, service, cultural affinity, and social clubs compete for attention and work to attract members who share their interests and enthusiasm. Whether their passion is robotics, snowboarding, the environment, movies, or the art of grilling the perfect steak, there really is something for everyone. On the rare occasion that there isn't, students are encouraged to create a club and share their interests and ideas with others. In this way, CB becomes the place to belong.

This day, for me, highlights the joys of CB's inclusive community and commitment to educating the whole person. Our dedicated faculty, administrators, and staff create an environment that allows every student to thrive. Students at CB are valued for exactly who they are and encouraged to find and foster their own unique God-given gifts. They are encouraged to share their gifts with others in the classroom, through clubs, Christian service, as athletes, artists, and members of the community.

Today, CB remains the largest Catholic high school in the region with more than 1,100 students joining us from 75 zip codes and four countries. The academic programs are strong, with plans to continually evolve to meet the changing needs of our students. While many schools boast exclusivity, Christian Brothers High School boasts inclusivity. The most recent list from "Niche Rankings" identifies the Most Diverse Private High Schools in America. According to "Niche," CB ranks number one locally and in the top 100 nationally based on ethnic, economic, and cultural diversity statistics and opinions from both students and parents. "Niche" describes a high ranking as an indication "that the school is extremely diverse and fosters a community that accepts and promotes a diversity of viewpoints, backgrounds, religious beliefs etc.

Over the past four weeks, the Admissions team visited more than 30 parochial and private schools. On these visits, we have been joined by our phenomenal Lasallian Student Ambassadors. Each day, I marvel at their kindness, intelligence, dedication, and enthusiasm as they share their love of CB while encouraging prospective students to attend Open House and schedule shadow visits. Each day, they affirm for me that there is no better place for young people as they prepare for success in college and life.

As we prepare for Open House on **Sunday, October 2**, and our upcoming Shadow Days, you as CB parents and families are vital partners in telling our story. Prospective students and parents tell us that the positive stories shared with them by dedicated, enthusiastic CB parents, students, and alumni have inspired them to consider CB as they evaluate their high school options. Thank you to all the teachers, staff, students, parents, and families who help us to ensure that in its 147th year in Sacramento, Christian Brothers High School is still the place to be.

Sincerely,

Kristen McCarthy
Director of Admissions




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Wednesday, October 12 is a very important day for students at Christian Brothers. National Testing Day is a late start/minimum day that involves the freshmen, sophomores and juniors taking practice, preliminary college entrance tests appropriate to their grade level. The exams will begin at 9 a.m. and students will be dismissed earlier than normal, roughly around 12:30 p.m. After all grade-levels have completed their tests, they are dismissed for the day!

Please note the following:

Juniors will take the **PSAT/NMSQT** Exam (preliminary SAT). This test is great practice for the SAT and also allows high achieving students to qualify for participation in the National Merit Scholarship Program, National Hispanic Scholars Program, and the National Achievement Scholarship Program for Black and Native American high school students.

Sophomores will be taking the **Pre-ACT**. This test will be excellent, low-risk practice for the ACT exam, which has gained in popularity both locally and nationwide.

Freshmen will be taking the **PSAT 8/9**, which will give us an excellent baseline score early on in high school and will allow us to keep statistical comparisons when the students take the PSAT/NMSQT and the SAT at a later time.

Seniors will be given the day off – however, this day is a great opportunity for visiting local colleges. Seniors may be ready to begin applying to colleges in October and if they have not visited local or regional colleges yet, this day is a perfect time to schedule a tour while the college is in full-swing!

Here are some tips to help students do their best on their exam:

- Remind your child to get plenty of rest the night before the test.
- Students should eat a nutritious breakfast the morning of the test. Food and drink (including water) are prohibited during the test, except during breaks. (The cafeteria will not be open that day, so students who will be staying on campus for sports practices, etc. may want to bring a snack or bag lunch).
- Remind your student this is practice and not an official score that is submitted to colleges.
- Juniors have already received information and materials about the **PSAT** from their counselor. This included a **PSAT** Official Student Guide with a practice exam. Please encourage your son/daughter to prepare for the test by taking the practice exam at home before Testing Day.
- Freshman, Sophomores, and Juniors should make sure to check Schoology messages from their grade-level counselor regarding test prep materials, room assignments, and extra tips for the testing day.
- Remind your student (at all three grade levels) to bring two sharpened #2 pencils and his/her calculator.

Results of the exams will be returned to students by their grade-level counselor in January/February 2023.

If you have any questions, please contact your student's grade-level counselor.

Upcoming Counseling Dates

October 1:

SAT Exam (CB is a test center for this exam)

October 4:

“College Financial Aid Night for Seniors and Parents”
George Cunningham '40 Performing Arts Center, 6-8 p.m.

October 7:

SAT Regular Registration Deadline for Nov. 5 exam

October 12:

Testing Day for 9-11 grade / Seniors can do local college visits

October 22:

ACT Exam (CB is a test center for this exam)

Every Tuesday:

College App Workshops for Seniors (9:30 to 10 a.m. and 3:10 to 3:45 p.m., Room 103)

Canned Food Drive

This year, our freshman class will be planning and hosting the Canned Food Drive for Williams Memorial Church while learning about food justice in the Oak Park Community and in Sacramento. They will also take part in a special talk on **October 14** during NEST from **10:35-11:40 a.m.** in the Theatre about why service is so important. The drive will run **October 24** to **November 4**.

KAIROS Retreats

The pinnacle of our four-year retreat program is the Kairos retreat held for seniors. This time away with God welcomes seniors to examine, develop, and deepen their relationships with God, themselves, and others. Kairos will be held at a new location this year, Alliance Redwoods, which provides a "renewal in the redwoods" in Occidental, CA.

KAIROS 87 This Senior retreat is happening **October 4-7** at Alliance Redwoods.

KAIROS 88 **November 15-18**, register and pay [here](#).

KAIROS 90 **March 14-17**, register and pay [here](#).

Sophomore Retreat

October 27 and 28, the whole Sophomore class will be on retreat at the Sacramento Newman Center. The Senior Retreat Leadership Team is hosting this retreat, which builds on the freshman experience and students participate in fun activities and icebreakers for building community.

IMPORTANT REMINDER

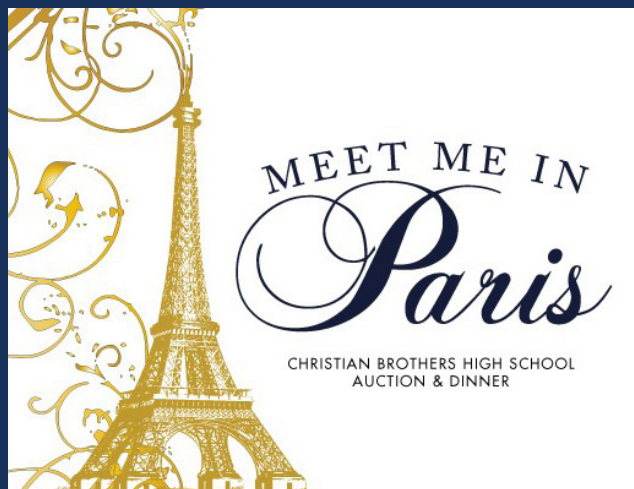
Due to Open House on **Sunday, October 2**, there will be no class on **Monday, October 3!**

ANNUAL AUCTION AND DINNER

SAVE THE DATE:

Saturday, March 18, 2023

CB's Annual Auction is the largest fundraising event of the year with all proceeds directly benefitting our students. But this grand event does not happen without the help of our families, alumni, and friends. We need your help!



SPONSORSHIPS AND VOLLUNTEERING:

Contact Kim Villarreal, Director of Parent Relations at via email or at (916) 733-3647 for personal or business sponsorships and to join our Auction Committee.

AUCTION ITEMS NEEDED: Every year, donations come from throughout the CB community to make this event a success. These items raise money for CB tuition assistance from our Live and Silent Auctions. We will be reaching out in the coming monts regarding gift gathering, but in the meantime, brainstorm things you may be able to contribute. Experiences and household items, like barbeques are always a hit!

Website: ParisCBAuction.givesmart.com

Text: [ParisCBAuction](https://ParisCBAuction.com) to 76278

MEDIA, VISUAL AND PERFORMING ARTS

Open Mic Night

Join our talented CB community for an evening of song, dance, comedy, poetry, music and more! **October 21** at **7 p.m.** in The George Cunningham '40 Performing Arts Center. Tickets are only \$2 at the door.



Seussical

Get your tickets now for this fun-for-all-ages musical based on the beloved and whimsical world of Dr. Seuss. Show opens on November 11 at The George Cunningham '40 Performing Arts Center. Tickets are \$10 for general admission and \$5 for students and children. Buy yours today [here!](#)

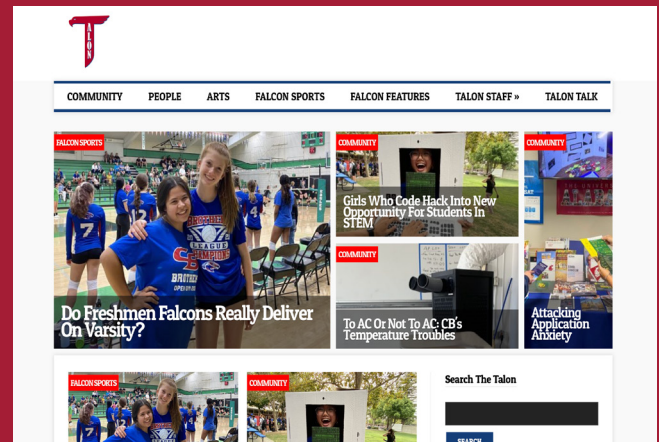


Original Playwriting Contest

Spin your creative writing skills into a one-act play. Two winners will be chose for inclsing in the annual Lenaea High School Theatre Festival held at Folsom Lake College in February. Submissions must be sent to Mr. Jackson by **October 31**. Join the Schoology group, Lenaea Theatre Festival with code KJK4-M87J-JZRTN for guidelines.

The Talon

Check out the latest CB stories written by our talented students journalists at CBTalon.com! Articles this semester feature a wide variety of topics, from a new opportunity for students in STEM to Attacking Application Anxiety and much more!



IMPORTANT DATES TO REMEMBER

- **10/2:** Open House
- **10/3:** No Classes
- **10/4-7:** Kairos 87
- **10/12:** National Testing Day
- **10/15:** Holy Court
- **10/22:** ACT at CBHS
- **10/22-23:** Homework Free Weekend!
- **10/24-11/4:** Canned Food Drive
- **10/27-28:** Sophomore Retreat



Upcoming Events

Come out and support our fall senior athletes at the following senior night games and matches!

- **October 11 Water Polo:** v. oakmont at SCC at 5 and 6 p.m.
- **October 13 Women's Golf:** v. El Camino at Bing Maloney Golf Course at 3:30 p.m.
- **October 18 Women's Tennis:** v. Vista del Lago at Laguna Racquet Club 4:30 p.m.
- **October 19 Women's Volleyball:** v. Vista del Lago at CBHS at 6:15 p.m.
- **Cross Country:** will honor seniors at their end of season banquet.

Winter Sports Signups

Any student wishing to try out for a Winter Sport on **Monday, October 31** must have an updated physical on Final Forms and all the FinalForms parent and student Forms signed to participate. To add your student to a tryout group, use the sport button on your individual Final Forms account.

New Yearbook Vendor

Walsworth is our new vendor for the yearbook. On their [website](#), you can buy tribute space to your senior! Submissions are due no later than **November 20**. Please read [this flyer](#) closely for more details and contact Mrs. Schorn with questions.

Request for Senior Parents

Please submit one high-resolution baby picture of your senior into the CB yearbook's google form [here](#) no later than **October 22**.

WE NEED YOU!

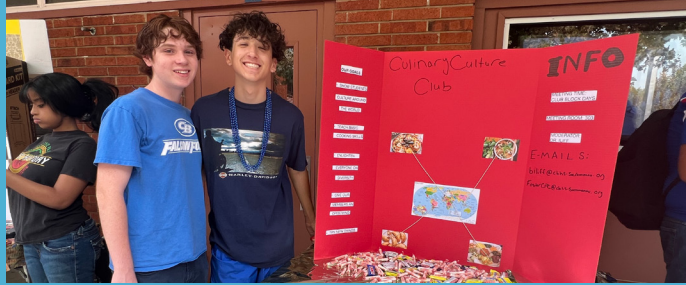
Are you looking for more ways to become involved as a CB Parent? Look no further!

Volunteering is one of the many ways to become involved and connect as a part of the CB Community. There are a variety of opportunities, whether it is painting a set for an upcoming CB performance, taking tickets at a game, or becoming a member of one of our many volunteer parent committees, there really is something for everyone!

To make it easier to volunteer we launched a new CB VolunteerHub website over the summer. [CLICK HERE](#) to find the various opportunities available.

[CLICK HERE](#) to find out more about volunteerism at CB, including information about background checks, or email KVillarreal@cbhs-sacramento.org.

CLUB RUSH



HOLY BOWL



SPIRIT WEEK



FOR MORE EVENT PHOTOS AND TO KEEP UP WITH ALL THE FUN AT CB, FOLLOW US ON FACEBOOK, INSTAGRAM AND TWITTER!

