



CHRISTIAN BROTHERS HIGH SCHOOL

The Place to Be.





Academic excellence and a caring community are the primary reasons parents cite for choosing to send their sons and daughters to Christian Brothers.

Welcome!

Welcome to Christian Brothers High School...*the place to be!*

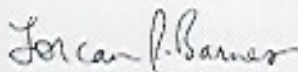
As parents and professional educators, we know firsthand the importance of finding the best possible place for your son or daughter to prepare for success in college and life. We are honored you have included Christian Brothers in your search.

Christian Brothers High School truly is *the place to be* if you are looking for excellent academics in a nurturing, faith-filled community. Visitors to our campus often comment on the warm and welcoming feeling among the faculty, staff and students. This comes from the venerated tradition of St. John Baptist de La Salle and his core belief that the sacred mission of teachers is to touch the hearts and minds of the students entrusted to their care. Excellence is the standard as teachers challenge students to engage fully in a curriculum and a community that prepare them well for the academic rigors and social responsibilities of college.

CB's coeducational, multi-national environment allows students to grow and develop in a healthy setting that reflects the world they will encounter in college and in their careers. Education at Christian Brothers focuses on finding and fostering the God-given talents and gifts unique to each student. Our dedication to educating the whole child includes outstanding programs in the arts and athletics, as well as unique opportunities for meaningful community service. Clubs and co-curricular programs allow students to fully engage as valued members of our campus life.

Please tour our campus and talk with current students, parents and faculty to see firsthand the many reasons that Christian Brothers High School is *the place to be*.

Sincerely,



Lorcan P. Barnes, President



Chris Orr, Principal



Be Part of a Community

Take a walk on the Christian Brothers High School campus and the feeling of community among the students, faculty and staff is palpable. In its more than 140 years in Sacramento, this venerable high school has changed location three times and been known by six different names. What remains unchanged is its inimitable spirit—the Lasallian spirit and tradition of teaching and caring for young people in a community steadfastly dedicated to the intellectual growth and spiritual well-being of its students.

Christian Brothers is an extraordinary community of students from a variety of ethnic, economic and spiritual backgrounds. Together, students learn to recognize their own self-worth, as well as the unique diversity and value of others.



With colleges, universities, primary and secondary schools in 80 countries serving almost 1 million students, Lasallian educators live by the philosophy **that the best teachers touch both hearts and minds.**



We are bound together by a set of values and principles that encourage us to act on our love... Inclusive community isn't a goal, but a standard; concern for the poor isn't an idea, but an action; respect for all people is a responsibility; and faith in the presence of God is a blessing.

ELMER LIZARDE '16 / UCLA '20



Be Challenged

Christian Brothers excels as a college preparatory high school.

Students are challenged to meet their God-given potential with a core curriculum that emphasizes reflective thinking, critical analysis and writing skills. A wide variety of elective courses enhance each student's opportunity to pursue advanced studies in his or her area of interest. Graduates are well prepared for the academic rigors of college and establish habits of lifelong learning and service.

Academic Programs Meet Students Where They Are

A panel of experienced educators evaluates every student on an individual basis to determine the academic program that will best challenge and prepare him/her for college. Program placement is based on a number of factors including placement exam results, standardized test scores, teacher recommendations, past coursework, student achievement and grades. Christian Brothers has three categories of college preparatory curriculum:

- Foundational College Prep
- College Prep
- Accelerated College Prep

Scholar Program

Highly motivated students who seek the additional challenge of the most rigorous college preparation in all subjects are invited to join the Scholar Program following their first year at CB. Students selected to join the program benefit from activities that promote team building, leadership and Christian service.

Potential Scholars

- Are enrolled in honors courses.
- Meet established grade-level GPA requirements.
- Possess keen critical thinking skills.
- Learn rapidly.
- Desire to serve others through leadership.



Graduating from CB as a Scholar is one of the school's highest distinctions. Students who successfully complete the Scholar Program receive additional recognition at graduation and in their high school transcripts.

Christian Brothers earned a place on the Washington Post's list of "America's Most Challenging High Schools" each of the past five years.



Thirty Honors and Advanced Placement (AP) classes provide exceptionally rigorous curricula and the opportunity to earn college credits while attending CB.

Lasallian education is rooted in innovation and giving students what they need, when they need it.

Current projections indicate that more than 1 million U.S. jobs in science, technology, engineering and math (STEM) related fields will go unfilled by 2018. In 2014, CB launched an engineering program featuring an award-winning four-year curriculum to augment its excellent programs in science, technology and math. Providing students with a program that instills a love of engineering and develops future innovators and problem-solvers who also possess deep core values, positions students for success in college and life.



ARTS

Be an Artist

Christian Brothers' dedicated, motivated and creative media, visual and performing arts faculty encourage and challenge students to succeed. As Lasallian educators, they focus on finding and fostering the God-given talents and gifts unique to each student.

As part of its ongoing commitment to educating the "whole" child, Christian Brothers stepped up its commitment to the visual and performing arts. It now boasts an outstanding roster of eight choral groups; six instrumental performance groups; three annual theatre productions; and numerous art classes and exhibitions. Currently, 600 students (more than half of the student body) participate in the arts.

Freshmen may enroll in visual art, men's chorus, women's chorus, beginning band, concert band or orchestra. Both visual arts and the music department offer four-year programs that allow students to pursue advanced study in their chosen discipline. Theatre productions and courses are open to all students.

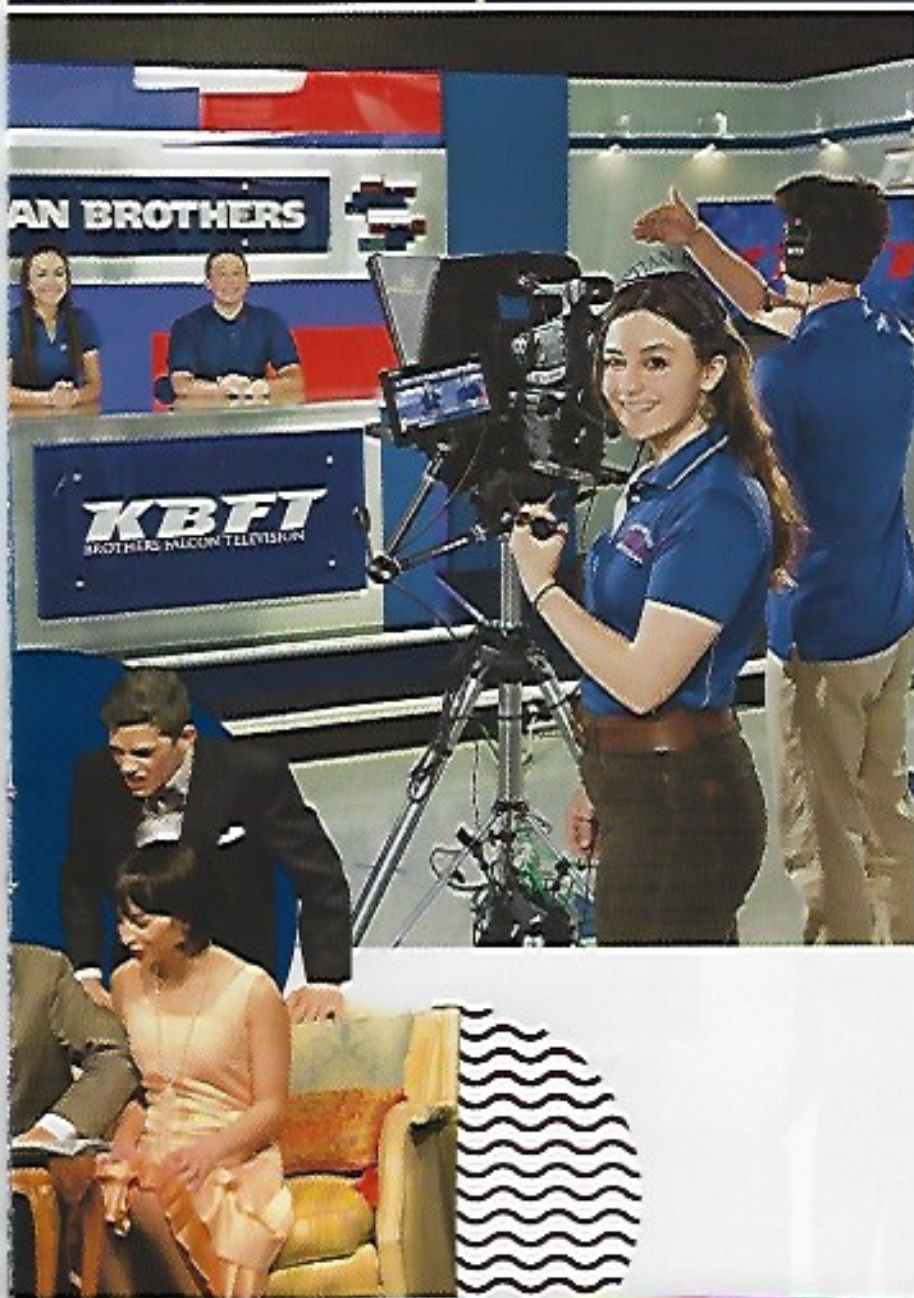
The George Cunningham '40 Performing Arts Center houses the 350-seat Thea Stidum Theatre, the Taylor Family Gallery and two music classrooms.





CB absolutely prepared me to succeed in the classroom. The theatre arts program fostered my love of performing and really instilled in me the confidence to follow my dreams.

ALLISON LIAN '14 / NYU TISCH SCHOOL OF THE ARTS '18



KBFT, the school's student-produced newscast offers hands-on experience in television, video and audio-engineering production. Rated number one in the nation numerous times since its inception in 2002, KBFT has earned more than 100 national and local awards for best live news broadcast, best news commentary, best music video, best live sports broadcast, best graphics and numerous other categories. Students may also further their media studies in Sports Broadcasting, Writing for Publication courses and an Advanced Journalism course.

ATHLETICS

Be an Athlete

Education at Christian Brothers extends beyond the classrooms into the athletic arena. From early on, the school's athletic programs provided students with life lessons in teamwork, perseverance, competition and school spirit. Today, more than 600 student-athletes participate in one or more of the school's 29 sports.

Men's Athletics

- Baseball
- Basketball
- Cross-Country
- Diving
- Golf
- Football
- Lacrosse
- Rugby
- Soccer
- Swimming
- Tennis
- Track & Field
- Volleyball
- Water Polo
- Wrestling

Women's Athletics

- Basketball
- Cheerleading
- Cross-Country
- Diving
- Golf
- Lacrosse
- Soccer
- Softball
- Swimming
- Tennis
- Track & Field
- Volleyball
- Water Polo
- Wrestling



In the 2016-17 school year, Christian Brothers student-athletes won an unprecedented seven CIF Sac-Joaquin Section Championships.





In the past five years, **66 student-athletes** committed to play for college sports' programs.



Thanks to my teachers and coaches, I had a fantastic high school experience and achieved my goal of playing college football and graduating from an amazing university.

VINCENT JOHNSON '13
UC BERKELEY '17

Be Inspired

High school years are an ideal time for young people to embrace and celebrate faith. The foundation of our mission as a Lasallian Catholic school is the spiritual and moral development of our students.

Through our Lasallian Student Life program, students explore and experience faith in a community that allows their God-given gifts and talents to flourish. The Lasallian Student Life Office organizes liturgies, coordinates a four-year retreat program, facilitates a vibrant Christian Service program and orchestrates numerous enriching co-curricular activities. Students actively participate in planning and orchestrating liturgies, and serve as retreat leaders helping organize and facilitate student and family retreats.

Enter to Learn, Leave to Serve. While that motto is proudly inscribed on the tower of the school's state-of-the-art STEM wing, it is also inscribed on the heart of our learning philosophy. The school's Oak Park location provides for meaningful, ongoing service to some of the community's most vulnerable members. Students act as tutors and mentors to the children at the local elementary school. The Lasallian Youth, in conjunction with students in Lasallian schools throughout the United States, organize and participate in service activities and charity drives. Throughout the year, ongoing service projects include feeding the hungry, neighborhood clean-up, and helping the homeless.

'Enter to Learn, Leave to Serve' is not just a sign on a building. The faculty and staff at Christian Brothers High School work incredibly hard to ensure that students have numerous opportunities and experiences to serve others and grow in faith.

**SELENA CONNELL '17
TEXAS CHRISTIAN
UNIVERSITY '21**





Lessons taught in the classroom come to life through **Christian Service-Learning** as students take those lessons and apply them through meaningful service projects that help the school and the community.



At the time of his death in 1719, De La Salle not only left a network of quality schools throughout France, but a legacy of inspiring others how to teach and care for young people. Today the De La Salle Christian Brothers continue that legacy—and have built a distinguished reputation for excellence in education, always in a nurturing, faith-filled environment. In 1876, the De La Salle Christian Brothers and members of the Catholic community brought that legacy to the Sacramento valley, establishing a Christian Brothers school in Sacramento.



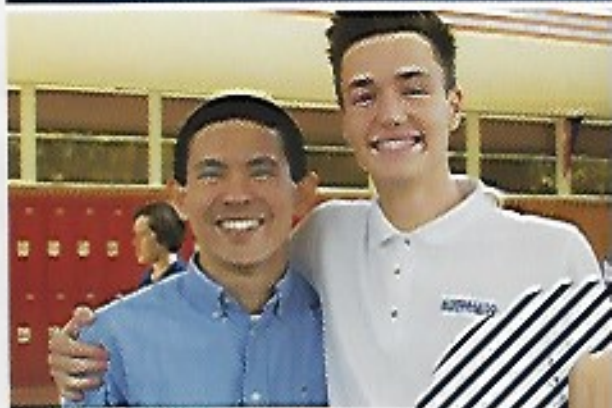
Be Connected

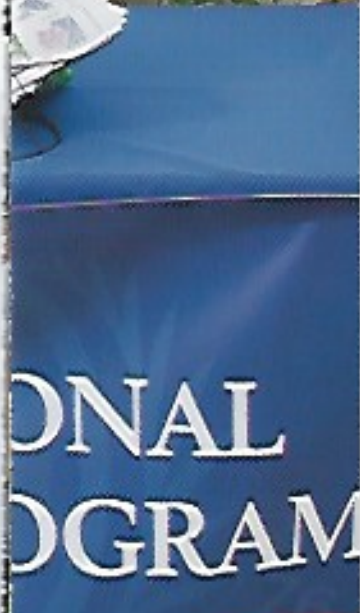
Christian Brothers' Lasallian Catholic mission calls for innovation in ensuring that students are prepared to take their place as ethical leaders in an interdependent, diverse and rapidly changing world. Today, that means an international, 21st century education that equips them with cultural knowledge, technological skills and integrity.

In 2012, CB launched an International Student Program. Since then, students have come to CB from countries including China, Colombia, Germany, Italy, Japan, Korea, Sweden and more. Yet, welcoming young men and women from other countries and cultures is only part of the equation. Learning about other cultures is integrated throughout the curriculum. Faculty members understand that teaching about other cultures, faiths, and ways of living helps students better understand the various perspectives that frame our world.



INTERNATIONAL
STUDENT PROGRAM





THE PLACE TO BE



My family and I looked at many schools in the United States. Christian Brothers stood out for me as the best and it definitely lived up to my expectations.

GELIANG 'NEIL' ZHANG '16 / MICHIGAN STATE UNIVERSITY '20

Connecting in a Digital World

Technology is a vital component of 21st century learning connecting students with the world in real-time. Teenagers today are surrounded by technology—the internet, cell phones, Facebook, Instagram, Snapchat, text messaging, etc. Their ability to multitask and embrace new technologies has changed the way they learn

and, in turn, changes the way we teach. Integrating technology into the classroom and enhancing the learning environment are priorities embraced at Christian Brothers.

In 2013, the school began its 1:1 student iPad program to harness students' energy and enthusiasm for technology while developing essential skill areas of complex communication, new media literacy, collaboration, creativity, and self-directed learning. In a global economy where colleges and employers select candidates from around the world, CB graduates will be strategically positioned and prepared for success. With increased cultural understanding and the vast expanse of resources now available, Christian Brothers students have the world at their fingertips.

Be In a Real-World Coeducational Environment

Back in the 1980s when discussions began between the Diocese of Sacramento, Christian Brothers High School, the Board of Regents, students, families, alumni and Sacramento's other Catholic high schools, it became clear that coeducation was an idea whose time had come. Nearly 30 years after making that transition, the school stands as a stalwart example of just how right they were.

Look beneath CB's excellent college admissions and high standardized test scores, and you will find an inclusive, spirited school community grounded in reinforcing mutual respect and preparing students to thrive in the real world of college and beyond.

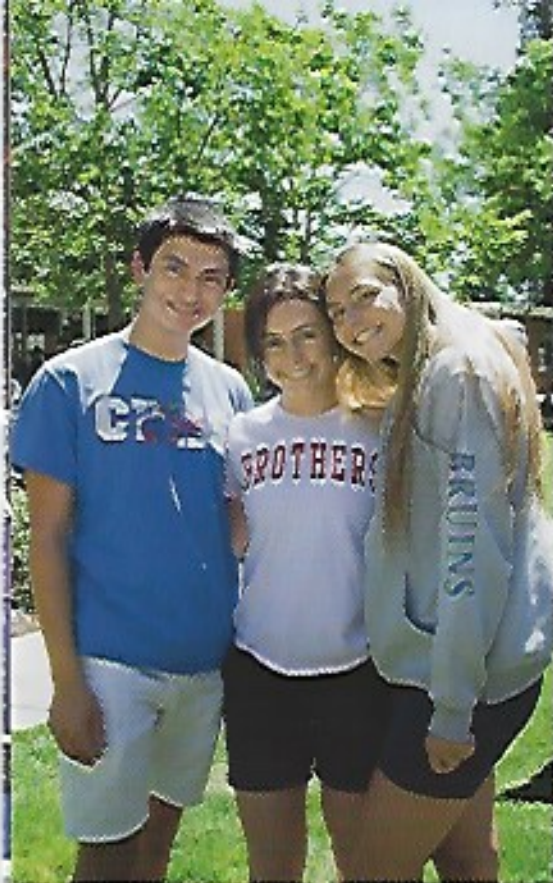
As a Lasallian Catholic school, it is Christian Brothers' responsibility to prepare students to thrive in college, a workforce and world that include both men and women. Rather than separating boys and girls during this important developmental time, educators mindfully facilitate interactions that reinforce mutual respect, collaboration, friendship and learning to appreciate differences in others. Doing so in the classroom is ideal as it is both purposeful and supervised.



A growing body of research shows the benefits of coeducation include:

- Increased confidence in expressing views in the presence of opposite-gender peers.
- An ability to make friends easily with both males and females.
- Increased opportunities to participate in co-curricular activities with opposite-gender peers.
- Increased participation by girls in the classroom.





The education I received at CB would have been incomplete without discussing issues and hearing male and female perspectives. How do you really get ready for college if you haven't worked with half of the population?

MOLLY HALLSTEN '16 / UC BERKELEY '20



Be Prepared for Success in College

Caring, attentive and highly-skilled college and guidance counselors work closely with students to ensure they are well prepared, academically and socially, for success in high school and ultimately with the college admissions process. CB provides students with dedicated grade-level counselors, a four-year comprehensive guidance program, and a wellness and prevention program to proactively address the many choices and challenges facing teens today.



Recent graduates of Christian Brothers High School were offered admission to the following colleges and universities:

Academy of Art College
American University
Auburn University
Barnard College
Berkelee College of Music
Boise State University
Boston College
Boston University
California Institute of
Technology
California Institute of
the Arts
California Polytechnic
University
California State University—
all campuses
Carroll College
Chaminade University

Chapman University
Claremont-McKenna
College
Clark Atlanta University
College of William and
Mary
Columbia University
Cornell University
Creighton University
Dartmouth College
De Paul University
Dickinson College
Dillard University
Dominican University
Duke University
Embry-Riddle Aeronautical
University
Emerson College

Evergreen State University
Fisk University
Fordham University
Franklin & Pierce University
Franklin College Switzerland
George Washington
University
Georgia Tech
Georgetown University
Gonzaga University
Grace and University
Great Falls University
Hampton University
Harvard University
Harvey Mudd College
Hendrix College
Holy Names College
Howard University

Indiana University
Lafayette College
LaSalle University
Lehigh University
Lewis University
Lewis & Clark College
Loyola Marymount
University
Macalester College
Manhattan College
Massachusetts Institute
of Technology
Middlebury College
Mills College
Morehouse College
Mount Holyoke College
Mount St. Mary's College
New Mexico Military Institute



CLARK & KELSO

Be Ye



In a recent survey of CB graduates, 100 percent of respondents indicated that CB's academic programs prepared them for the rigors of college.

CB changed my life. I met the most amazing people and my intellect was challenged every day by an extraordinary faculty.

MATTHEW READE '14
POMONA COLLEGE '18

New York University
Northern Arizona University
Northwestern University
Occidental College
Oregon State University
Pepperdine University
Pomona College
Princeton University
Purdue University
Reed College
Regis University
Rice University
Rutgers University
Saint Mary's College
Santa Clara University
Scripps College
Southern Methodist University

Spelman College
Stanford University
St. John's University
Texas A & M University
Tufts University
Tulane University
Tuskegee University
U.S. Air Force Academy
U.S. Coast Guard Academy
U.S. Military Academy (West Point)
U.S. Naval Academy (Annapolis)
University of Arizona
University of California—all campuses
University of Chicago
University of Colorado
University of Florida

University of Georgia
University of Idaho
University of Illinois
University of Maine
University of Miami
University of Montana
University of Nebraska
University of Nevada, Las Vegas
University of Nevada, Reno
University of New Mexico
University of New South Wales
University of Notre Dame
University of Oregon
University of the Pacific
University of Pennsylvania
University of Portland

University of Redlands
University of St. Andrews (Scotland)
University of San Diego
University of San Francisco
University of Southern California
University of Sydney (Australia)
University of Washington
Vanderbilt University
Wake Forest University
Washington State University
Wellesley College
Whitman College
Willamette University
Xavier University

Be Yourself

Education at CB is more than textbooks, examinations and report cards. Although these are all important, the goal at CB is to develop the whole person. With a diverse and wide-ranging list of student clubs and activities, we encourage all students to become involved in campus life outside of the classroom.

Student Government

- Associated Student Body Officers
- Class Councils

Activities and Clubs

- Academic Decathlon
- Anime Club
- Announcement Club
- Badminton Club
- Block Club
- BSU
- CB Cinema
- Christian Service Corps
- Club 106 (Ping Pong Club)
- Computer Science Club
- Cooking Club
- Dignity Club
- Disney Club
- Environmental Club
- Falcon Force
- French Club
- GQ Club
- Heartbeats
- Helping Others (Grief Group)
- Interact
- Intramural Club
- Kids 4 Kids
- Lasallian Youth
- Literary Arts Journal
- Mathletes
- Maya Club
- Model United Nations
- Moot Court
- Multicultural Club
- Open Mic
- Red Cross Club
- Respect Life
- Robotics
- Sailing Club
- Science Olympiad
- Skiing Club
- Tech Factor
- Theatre Society
- Super Blankets
- Wellspring Breakfast Club



Students come to Christian Brothers from **75 zip codes** throughout Sacramento and its surrounding communities.





Christian Brothers leads the region in providing need-based tuition assistance. The school provides **\$2.7 million** to approximately **450** deserving young men and women each year.



ADMISSIONS

Be a Falcon

Admissions

Christian Brothers invites a wide range of students to apply for admission. Students who are accepted to the 9th grade each year range from individuals seeking the most rigorous college preparatory curriculum to young men and women needing additional skill development as they prepare for college. Courses are taught to ensure every student reaches his or her potential. Christian Brothers seeks to admit students from Catholic elementary schools, children of alumni and families presently enrolled as well as those from other religious, private and public schools. Since applications exceed the spaces available, all applicants must follow the procedures noted below.

- Complete the online application, including the parent/student questionnaire.
- Teacher Evaluation Forms and Transcript Request Forms are available online or upon request through the admissions office.
- Take the High School Placement Test at Christian Brothers in January.

Please visit our website at cbhs-sacramento.org for a complete admissions timeline including important deadlines and test dates.

Transferring to Christian Brothers

Christian Brothers welcomes students interested in transferring into the sophomore or junior year. The following process is offered to be considered for admission:

Campus Visits: Students considering transferring to Christian Brothers are invited to join us for a campus visit. Please contact the admissions office at (916) 733-3690 to schedule your visit.

Application, Transcripts and Recommendation Forms: Transfer applications are accepted online. The school will also need an immunization record, student transcript, daily attendance record and all required CIF paperwork.

Please contact the office of admissions at (916) 733-3690 or visit our website at cbhs-sacramento.org for more detailed information and exact dates.





Christian Brothers High School prepared me well for every aspect of college. Academically, I had a solid foundation. Socially, CB reinforced respecting and appreciating the differences in others, men and women, rich and poor, smart and struggling.

PRESTIN BARNETT '14 / UNIVERSITY OF CHICAGO '18



CB does not discriminate on the basis of gender, color or racial or ethnic origin in the administration of its education policies, admission policies or tuition assistance.





CHRISTIAN BROTHERS HIGH SCHOOL

4315 Martin Luther King, Jr. Blvd. Sacramento, CA 95820-2727
916.733.3600 · www.cbhs-sacramento.org



[FB.com/CBSacramento](https://www.facebook.com/CBSacramento)



[YouTube.com/KBFT](https://www.youtube.com/KBFT)



[@CBHSSacramento](https://twitter.com/CBHSSacramento)