

## NAMES AND NEWS

# CBS' King is taking some giant strides

### The runner bound for MIT adds a state honor to his résumé.

By Jason Jones  
BEE STAFF WRITER

Graduation saved Ryan King the dilemma of what to do when the editor in chief wins a state honor.

Front-page news?

Well, King never had to make that decision because Christian Brothers High School's graduation took place May 20, a few days before he found out he'd been named the male 2005 California Interscholastic Federation Scholar-Athlete of the Year, an award that includes a \$2,000 scholarship for college.

But even if King had been in school when the news was announced, it's unlikely the track and cross country competitor with a 4.44 grade-point average would have made a big deal of it.

"I'm pretty modest," King said. "I don't like to brag. I don't know if I would have put it in."

If King were inclined, he has plenty about which to brag. He scored 1510 on the SAT and graduated in the top 10 percent of his class. King will attend MIT in the fall. He's still training to run on the cross country and track teams in college.

King, of Land Park, is also an Eagle Scout, took part in Christian Brothers' Scholar Program and was part of the school's Moot Court team that was first among local high schools this year.

He also volunteered at Wellness Women's Center, which helps low-income and homeless women and children.

While King isn't eager to shine the spotlight on himself, he and female CIF winner Heather West of Davis High drew much praise. They are the first Sacramento-area athletes to receive the award, which began in 1982.

King and West spent last Thursday at the state Capitol rubbing elbows with some of the state's most important leaders.

"We got a first-hand look of some of the inner workings of the Capitol," said West, a water polo, swimming and track star who is headed for Stanford. "We actually got to go out on the floor."

In addition to being on the Senate floor, King met Gov.



Sacramento Bee/Randall Benton

**Ryan King, the male 2005 CIF Scholar-Athlete of the Year, walks through the rotunda at the state Capitol, where he was honored.**

Arnold Schwarzenegger and spent about 10 minutes discussing the award and other education-related topics with the former movie star.

When meeting Schwarzenegger, King said it was still easy to envision him as the Hollywood action hero, not a politician.

"He's still like a celebrity, but it was pretty cool," King said. "We got to go back into a private conference area, which is a big deal."

King, who finished 75th in the state cross country meet and was a three-time team MVP, plans to major in mechanical or materials engineering at MIT. He plans to design equipment for outdoor activities such as rock climbing and skiing.

Rock climbing is one of King's favorite activities. He started rock climbing when he was a Boy Scout and eventually became a rock-climbing instructor while a Boy Scout counselor.

"When you're rock climbing, there's no there that's going to help you," King said. "It forces you to depend on yourself. It builds a lot of self-confidence and self-reliance. ... It's not as extreme as most people think. It's a pretty calculated sport."

King said he was honored to receive the award and thankful to all who helped him through high school.

"This is a great way to end the year," King said.

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*The Bee's Jason Jones can be reached at (916) 321-1139 or [jejones@sacbee.com](mailto:jejones@sacbee.com).*

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### No truth to the rumor: Talk

is all wrong about what's to become of that piece of real estate that Christian Brothers High School just bought across Martin Luther King Jr. Boulevard from the front of the school.

"We just don't know what we'll do with it, except that we aren't going to have any student-centered activities there because it's across a busy street," school President Lorcan Barnes said.

"We bought it because it was available. Now we'll have to figure out what to do," he said.

The one-bedroom house on a 1/3-acre overgrown lot has been torn down and all the shrubbery removed. Only the trees remain.

The space could become a parking lot for the 1,060-student school, where things are always changing somewhat, Lorcan said.

"We're on our fourth location now since we were founded in 1876 at 12th and K streets, behind the Cathedral of the Blessed Sacrament," he said. ...