



Falcon Family News

Christian Brothers High School Monthly Newsletter

September 2005

A MIGHTY, RUSHING WIND.

Windsurfing is an amazing sport! With lots of X-factor thrill, it combines the best of sailing, skiing, surfing, and flying. Windsurfers can smoothly travel over flat water; or they can cut into breaking waves and perform spectacular stunts.

WIND-SENSING.

Whether uphauling a sail off the Pacific coast, or from a water start in the middle of Lake Tahoe, windsurfers must be able to: get balanced on their board, sense the wind around them, and then adjust their sail to capture wind's power at its center of effort. In all this, what's called "Wind-Sensing" is critical.

As a windsurfer, you must be able to determine the direction and velocity of wind – or, you go no where fast. This can seem tough because, after all, wind is invisible.

Yet, windsurfers *HEAR THE WIND* by closing their eyes to measure whispers or thunder in the intensity of its sound. They *SEE THE WIND* upon the water through ripples or waves that gauge gusts and lulls in wind speed. And their whole rig (mast, sail, & boom) is used as a weather vane to *FEEL THE WIND* point windward.

By knowing where the wind's coming from, and knowing its strength, windsurfers enjoy a truly thrilling ride. As such they know the best way to launch, to sail the caps, and to return safely home.

Just like windsurfing, when it comes to living a life in the Holy Spirit we must first appreciate the awesome wind of God's power nearby. That's why Christian Brothers High School celebrated God's Holy Spirit in our lives last week with a special Liturgy.

CAPTURING GOD'S HOLY SPIRIT.

It was on the day of Pentecost when God sent his Holy Spirit. This took place about 50 days after the first Easter, just 10 days following Christ's ascension, when our Lord handed-off his ministry to the disciples.

Scripture tells us that at this time the apostles were all gathered together when suddenly there was a mighty, rushing wind. Then, it says, they were filled with the Holy Spirit. In one fell swoop, these timid souls huddled in an upper room, became bold players in God's plan.

God's Holy Spirit is like the wind, although invisible, we know this power is with us at Christian Brothers, the same way windsurfers know the wind's blowing.

We *HEAR THE HOLY SPIRIT* on Christian Brothers' campus in the way God speaks through us daily. Our classrooms echo with the sounds of learning stellar, college prep academics animated by Gospel values. Engaging lessons cultivate students' ability to discover God's deep voice of creativity which faithfully prepares them for college success and life beyond.

With our words of welcome, courtesy, encouragement, and even friendly banter, we express genuine student-teacher relationships of good manners and Christian maturity. Our teachers come together as Spiritual siblings, touching the hearts of students like big brothers and sisters.

We also *SEE THE HOLY SPIRIT* moving us to do God's good deeds. Together we build a special community here at Christian Brothers; then share it. Our safe, just, and joyful Catholic high school life reflects a love of God and neighbor. The Spirit moves us to open doors for each other, clean-up after ourselves, guide lost freshman, and even help up fallen opponents during athletic contests.

At Christian Brothers a helping hand of service is exercised. Moved to make the loving compassion of our Lord present to real human needs, our community is seen as one that reaches out to those most vulnerable in our world.

We *FEEL THE HOLY SPIRIT* within us, because we gradually discern and appreciate God's presence in our life. High school years can be both turbulent and exciting times. These are when we can encounter God personally.

When troubled times arise, our Christian Brothers education calls our hearts to respond in light of the Gospel – When hurt, we'll forgive; When guilty, we'll reconcile and repent; When fearful, we'll trust. At all times, our Christian Brothers education focuses us to grow in "Gifts of the Spirit."

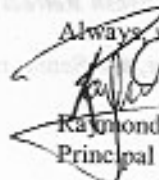
LET US REMEMBER...

Being mindful that we're in the Holy presence of God is more than a prayer starter for us. Our opening to every prayer affirms that we're actually beside God. Now, then, always.

This new school year, let us together take every opportunity to enjoy a wild ride with the mighty, rushing wind of God's Holy Spirit at our backs. Let us always be seeking to listen, look and embrace God's power among us.

Live Jesus in our hearts, forever!

Always, with my highest respect,


Raymond Burnell
Principal

Campus Ministry News



A Parent's Prayer

*Lord, you are my patience, my strength, my light, and my counsel.
You guide me in what I have to say and do with my son and my daughter,
and you help them be responsive to my words.
Be with them and with me at all times.*

*Give me, for their sake, a share in the gifts of your Holy Spirit:
wisdom, understanding, counsel, courage, knowledge, devotion, and awe.
Increase my faith and give me zeal to build your kingdom.*

*Accept my loving commitment as a parent
to be the continuation of your divine Son's earthly ministry.
I ask this in His name. Amen.*

The Campus Ministry program provides liturgies, prayer, and a four-year retreat program. All are off to a busy and fulfilling start this year! We also offer prayer and spiritual resources for parents. Please come by and visit the Campus Ministry office in Brother Bertram Hall. If you have any questions or concerns, please contact Mrs. Susannah Nelson, Director of Campus Ministry, at 733-3626 or at snelson@cbhs-sacramento.org; or Mrs. Jan Millner, Liturgy Coordinator, at 733-3600 ext.1133 or at jmillner@cbhs-sacramento.org.

LITURGIES: We began the school year with our first school liturgy, the Mass of the Holy Spirit, on August 25. We were honored to have Most Reverend Bishop Richard Garcia as our presider at the Mass; Mr. Ray Burnell, our principal, gave a reflection.

Parents are always invited to join us at our school liturgies. All liturgies are held in the gym and begin at 9:30 A.M.

Upcoming Liturgies:

- Sept. 18 – *Sophomore Family Liturgy*
- Nov. 1 – *All Saints' Day Liturgy*
- Nov. 6 – *Frosh Family Liturgy*
- Nov. 22 – *Thanksgiving Liturgy*
- Dec. 8 – *Immaculate Conception Liturgy*

RETREATS: The Senior Retreat Leadership Team held their training session/retreat at the end of August at Christ the King Retreat Center. By the end of the three days there, after praying, eating, and sharing time together, we all felt like one big family! These seniors will be busy this school year leading the Frosh, Sophomore, and Junior retreats.

The **Senior Kairos Retreats** will be held October 4-7, November 15-18, January 17-20, and March 21-24. This is a four-day, student-led retreat grounded in the Christian belief that God is very much a part of our real world, especially through the continuing presence of Jesus Christ as he shows himself to us through our family and friends. **Kairos** is an experience of Christian community, with a series of talks given by both student peers and adults. Prayer and self-discovery are also essential parts of this program, as well as the retreatants' involvement in discussions and other exercises. A letter will go home next week to all senior parents with details about this retreat.

Junior retreats, a one-day retreat held at Christ the King Retreat Center in Citrus Heights, occur during the second semester. A letter with details will go home to all junior parents after the Christmas break. The focus of this retreat is "journey." Juniors are also invited to make their **Kairos** retreat early, the week after school is out, when they are "brand-new" seniors.

Junior Retreat Dates: Feb. 10; March 10; April 4

Junior Kairos Retreat: May 30-June 2

Sophomore retreats, held at the Newman Center (across from CSUS), will begin in February. Focusing on "values and choices," these one-day retreats will be further explained in a letter to sophomore parents that will go home after the Christmas break.

Sophomore Retreat Dates: Feb. 17 and 24; March 17; April 7

Frosh retreats occur during the first semester at the Marelo Retreat Center in Loomis. The frosh attend these retreats with their religious studies classmates and teacher. This is a mandatory retreat; all frosh are required to attend. The frosh will explore their self-identity, their new CBHS identity, and their new membership in the worldwide Lasallian family. Details of this retreat will be in a letter to frosh parents that will be sent home next week.

Frosh Retreat Dates: Sept. 16 and 23; Oct. 21 and 28; Nov. 8

Sophomore, Junior, and Senior retreats are optional. Students may sign up for these retreats in Campus Ministry.



NEWS FROM THE GUIDANCE DEPARTMENT

Welcome to Christian Brothers, all new and returning families! As the school year gears up, counselors are busy assisting students with strategies for academic success and also distributing a substantial amount of college planning information. Each counselor has visited grade level classes and introduced the guidance program and the resources available to students in our College Center and on our website. Mrs. Hesser will be hosting *College Night for Seniors and Their Parents* on **September 14** (7:00 pm, CB Cafeteria) to present important and timely college information to seniors and parents.

College Exploration for Seniors

The early weeks of the senior year are a time when college exploration will continue and will soon begin to narrow to the selection of a "short list" of those colleges and universities that match up with desired characteristics identified by your son or daughter as important to their educational ambitions and needs. Unlike the junior year and earlier, this year is one that will be influenced by **deadline dates** and other milestones when tasks must be completed. The soundest piece of guidance you can give your senior student is to **create a "things to do" list** as the new school year begins. An orderly approach to all of the admission and financial aid applications tasks will ensure they do not become a distraction to the important things that must continue to happen in the classroom.

Calendar

School has resumed! Summer jobs have ceased. Trips to the beach or lake are behind your college-bound children as the bell sounds for the 2005-2006 school year. Monitor these early days of school and make certain your son or daughter attends to the following tasks:

- Launch the year determined to **be as successful as possible**. Don't allow the college exploration, decision-making or application process to become a distraction.
- Review the courses on your child's current schedule and make certain they are pointing toward her or his college goals. Plan ahead for next year's classes. Also look at **upcoming testing dates and their registration deadlines** (see timelines below).
- Seniors should **schedule visits to the colleges** he/she hasn't seen to this point. Revisit those where unanswered questions exist. This is the countdown year and seniors will soon be refining their list of colleges and initiating the application process.
- Make sure your child listens to the daily announcements and KBFT, and checks the CB website in order to hear about specific **fall college evenings** presented by specific colleges that provide information about the admission and financial aid application process. Remind them to sign up for any of the 40-50 **college rep visits** on our campus and to attend the **College Fair** that CB co-hosts with the other 3 Catholic high schools. This year it will be held at Loretto H.S. on **Monday, October 3, from 7-9 pm**.
- **Juniors** should begin to **map out a long-range strategy** for exploration. Sometime soon each student must identify those characteristics that she or he is looking for in a college and now is the time to begin thinking about those criteria. Initial exploration can involve general college guides and videos or the more specific information presented by colleges on their websites as well as exploring the guidance section of the CB website. Each junior received an individual code from Mr. Purdy when he visited junior classes. This code allows students to register at our college planning website, CB's **Family Connection**. Juniors should complete the personality profile/career interest survey at Family Connection called **"Do What You Are"** by the end of this semester.
- Some anxious **sophomores** may want to become more engaged in the school-to-college transition, but this is a time for them to **concentrate on the classroom** and doing the best job they can do to bring home good grades in challenging college prep classes.

SAT Test Date

October 8 (@ CB)
November 5
December 3

Deadline to Register

September 7
September 30
October 28

ACT Test Date

September 24
October 22 (@ CB)
December 10

Deadline to Register

August 19
September 16
November 4

As we begin this year we have many new and exciting changes in our athletic program. We have new coaches in girls' tennis, boys' water polo, cheerleading, girls' lacrosse and softball along with a late change in the spring with football. Please welcome our new coaches to our community.

Some major facility changes are occurring to our football field. With some very generous donations our football field now has new goal posts and scoreboard, in preparation for hosting our own football games this season on Saturday afternoons. We are very excited to have a real home field advantage with our student-athletes coming out of our locker room onto our fields. We hope all will attend our first game September 17 when we open our new look facility in a game against McClatchy. JV will play at 11 a.m. and varsity kicks off at 1 p.m. GO FALCONS!!!

Fresh Football

The Freshman Football team is working hard and off to a good start. They are led by Anthony Molina, Chase Hamon, Matt Massman, Ben Clemmons and Blake Peterson. The team is focused on having a successful season while maintaining a positive attitude in and outside the classroom.

Cross Country

This cross country season could prove to be a watershed year for the CBS Harriers following Ryan King's gutsy performance at the 2004 California State Cross Country Meet. With a core team of just 17 runners in 2003, this year's team will include over 40 runners!

Returning runners Matt Smolich, Mike Sanchez, Matt Delgado and Erin McKenna will be the varsity anchors for this year's team. Coupled with returning junior Jane Vaden and sophomores Katie Holst, Megan King and Elisa Cuomo on the girls' side and 2004 section champions George Cook, Eric Liddle, Larry Morla, Jose Nieto, Brian McGovern, Grant McNamee, Johnny Soto, and Jon Gayton on the boys' side, this should be an incredible year for the entire CB program.

CB Cross Country would like to introduce and welcome our new assistant coach Ms. Karen Perone. Ms. Perone will be teaching math at CB along with her duties as assistant coach. We are so blessed to have her on our team.

Girls' Tennis

Veteran student athletes Sydney Scheideman, Lindy Wilson and Lindsay Meline will lead the Falcon's tennis squad in this year's league tennis competition. Incoming coach Jun Magno (USPTR) is very impressed by the leadership qualities of these veteran players and said "The experience and skill of these players will contribute much to our new team." Out of 19 student athletes who tried out for tennis, only seven are returning members of the 2004 squad. However, coach Jun is very happy and confident with the abilities and attitude of the new team members saying that "I see a lot of potential with the new players and that a very competitive team is in the making."

The Falcon Tennis team holds their practices at the Natomas Racquet Club which is now the official home court of the team. Sydney Scheideman will be this year's team captain, Lindy Wilson will be the team manager and Lindsay Meline will represent the team at the CBS Athletic Student Council.

Girls' Golf

Coach Soto is very excited about this year's gold team, with 4 returning players including sub-section players Cybil Brant and Nadia DeAla. We have added many new players, all who have experience, and we are looking for a great year on the links.

Girls' Volleyball

The girls are working really hard and have set some pretty high goals for this season. There are 8 players returning from last year's squad, 2 from last year's JV team, 1 senior who played her first 2 years and 1 freshman middle blocker to round out the team of 12. These girls are very competitive, spirited and reckless with a genuine passion for the game. The coaches are extremely optimistic and very excited for the season to begin! Their first match is against Sheldon High School here at CB on Thursday, September 1 at 7 p.m.

The Freshman Girls' Volleyball team is excited for a new season. After a week of competitive tryouts, the team is ready for league play. Making up the squad of young Falcons are Mary Abern, Viviana Becerra, Destini Bouldin, Brittany Chamalvide, Morgan Dahl, Anne Dalisay, Kayla Fernandez, Geanna Flavetta, Carly Haw, Eleni Lewis, Megan Schaap, Claire Taylor, and Kelly Vellanoweth. They are coached by Minh Nguyen and assisted by Dorise Gray. These girls hope to improve on their 3rd place league finish from last year. Thank you for all the prayers and support.

Boys' Soccer

The Boys' Soccer team is working hard and looks forward to another successful season. Our team goals are to defend our league title and make the sectional playoffs. The Varsity returns eight seniors from last year's team and eight juniors from our J.V. program. We also welcome a new student from Denmark and one of our varsity basketball/baseball players to the team. Pre-season play starts August 30 with a scrimmage at Roseville High School; a home game with Jesuit on September 6; and the annual Del Campo Tournament on September 9 and 10.

The 2005 Boy's JV Soccer team is taking shape. We have 9 returning players from last year's team who have either started or played significant minutes. In addition, we have 2 sophomores who chose to play other sports last season, but have come back to soccer, and figure to contribute greatly to this season's success. For the second year in a row, the JV team will be supported by a strong, talented freshman class. Freshmen will comprise half the team and many have a good chance to start this year. Regardless of whether they start or come off the bench, we expect all the freshmen to significantly contribute to the success of the team throughout the season.

Water Polo

The new Men's Water Polo coach, Michael Malone, is excited at the commitment and support for the program from players, parents and the community. We have had a few setbacks with our pool situation, but we are determined to overcome the obstacles and have a successful season marked by hard work and pride.



STUDENT ACTIVITIES

The Falcons are Back!

The *QSP Magazine Drive* is due to blast into gear with a rally on September 9. From September 9 through September 29 our students will be working diligently to sell those subscriptions. Please be sure to save all magazine orders and renewals for the CBHS student of your choice.

QSP benefits all students and their student activities. Any organized group of students involved in student activities on campus has the right to request funds earned from the drive. Last year, the Student Council heard many proposals from their peers. Among the groups who benefited from QSP sales are the Athletic Department which received player seats for teams who use the gym; uniforms for the second freshman boys basketball team; stunting mats for the cheerleaders; pole vaulting equipment for the track team; uniforms and supplies for the softball team; and new-team start-up fees for men's rugby. The Band received funds to form a drum line. The Drama Department received funds to buy equipment. Much needed computer equipment was designated for the *Talon* staff. The benefits are not only financial support for our many student activities, but also the real life experience gained by students identifying needs, making proposals and persuasive presentations, and learning the skills of negotiation as those funds are carefully allocated.

Hot August Nights was the theme of our first open dance of the year held on Saturday, August 27, from 8 – 11 p.m. Students from all four Catholic high schools danced under the stars while they celebrated being back together after a long summer holiday.

Freshmen class officer elections will be held on September 2. Our freshmen look to be a dynamic and eclectic class. Over thirty applications for office were picked up the first day they were available.

Club Day activities will be held during lunch on September 15. We have over forty-five clubs here at CB and they will all be represented with information booths that day. Any student can find a club that will match his/her interests. The clubs will advertise what they do, and where and when they meet. Families may also look online on the school website under clubs for more information.

Almost 280 freshmen enjoyed an exciting Lasallian welcome when Student Council members and senior volunteers hosted them at *Lock-In 2009*. Activities that followed included a dance, rally, magic show, and an early morning prayer service with a slide show. The freshmen saw the sun rise on the football field while they enjoyed donuts and cocoa and embraced their new experience as members of this Christian Brothers community. They had a great night and look forward to an exciting four years here at Christian Brothers High School.

Lasallian Parent Awareness Group

Are you prepared to support your son/daughter through some of high school's social, emotional, and spiritual challenges? Do you want to learn how best to support your son/daughter through high school and join a parental community focusing on growth and development? If yes, then we have just the opportunity for you with the formation of Lasallian Parent Awareness Group (LPAG). In partnership with Christian Brothers and the Lasallian Parent Connection (LPC) we would like to invite all parents to participate in monthly parent meetings featuring monthly speakers and quarterly topics of concerns. The first LPC meeting will feature the formation of LPAG, lead by Lisa Ashley (parent of a sophomore son), which will be held on **September 13, 2005 at 6:30pm in the school library**. It is important to the Lasallian development of your sons and daughters that parents stay involved. In today's world our children need parental guidance, even if they don't think so. LPAG is offering a great opportunity to get involved and get educated on important issues in your son/daughter's life. Please take the time to attend and participate with LPAG.

Topics include:

"Life Within the Walls of High School" – this will highlight the common obstacles your child may face while in high school.

"Parents vs. the Computer" – issues of "blogs", myspace.com, and internet relationships will be discussed.

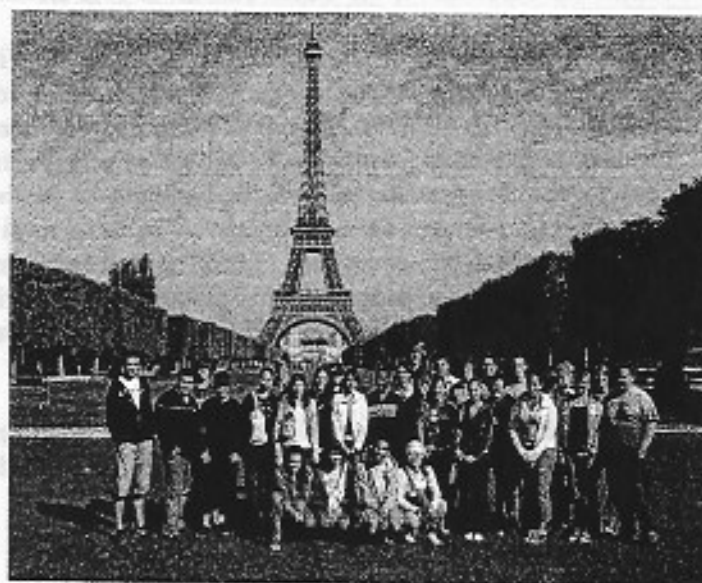
"Students Speaking Out" – this will feature a panel of CB students discussing sex, drugs, and alcohol.

For further information on LPC or LPAG please call Donna Adam at (916) 733-3662.

Class Outside the Walls of Christian Brothers – Summer, 2005 and Summer, 2006

On May 31, 2005, 33 intrepid Christian Brothers students left Sacramento with Ms. Patti Gallagher and Mr. Tom English for a 16-day tour of some of the major sites of Italy and France. The tour included several days in Rome viewing the Roman Forum, the Vatican and its museums, and other notable sites as well as tasting numerous varieties of gelato. The two days in Florence included touring the city's major museums and churches - the Uffizi, the Duomo, the Accademia to see the David, and San Lorenzo - along with shopping for leather and other treasures, a climb to the top of the Duomo's dome, eating more gelato, and an evening trip to Pisa. The hearty adventurers then took a quick trip up the eastern coast of Italy through Padua and on to Venice. The highlights in Venice included even more gelato, a tour of the Doge's Palace, playing with pigeons in St. Mark's Square, an unforgettable gondola ride, shopping for Murano glass, wandering the streets of this small city looking for more Italian treasures, visiting several famous churches, and spending an evening playing at the beach on the Lido. From Venice it was on to Paris. Along the way stops were made at Monaco, Eze, Aigues Mortes, Aix-en-Provence, Nimes to visit the Roman ruins, the famous Roman aqueduct -the Pont du Gard, and finally to Avignon to take the TGV (the 200 mile-per-hour train to Paris). In Paris students visited Notre Dame Cathedral, the Louvre, the Eiffel Tower, the Musee D'Orsay for its impressionist art, along with a night trip down the Seine, and excursions to see the great cathedral at Chartres and the palace of Louis XIV. While at Versailles, students were able to see and enjoy the park's famous fountains at work - something which only occurs on a few days during the summer. At the end of the sixteen days, one half of the students traveled home under the watchful eyes of Mrs. Gail Martin. The remaining students stayed on in France for two or three more weeks to experience life in a French household. The home stays enabled the students to improve their use of the French language. The students on the trip will soon receive a DVD with hundreds of pictures of this unforgettable journey.

All CB students interested in enjoying a similar experience this coming summer may sign up for a trip to Germany, Austria, and France, once again led by Ms. Gallagher and Mr. English.



The highlights of this trip will include visits to Salzburg, to Vienna to see its palaces (which rival Versailles in size and majesty), enjoy an evening concert, and visit the Prater Amusement park. Several days in Munich will follow and include trips to Neuschwanstein and Linderhof palaces (one of which was used by Walt Disney as the model for Disneyland). The Munich portion of the trip will also include a visit to Dachau. From Munich students will take an overnight train to Paris where among other activities, they will visit the Louvre, Notre Dame Cathedral, the Eiffel tower, and take a boat trip along the Seine. Excursions to Versailles and Chambord are also included. After Paris students may elect to stay for one or two-week home stays in France, Germany, or Spain to work on their language skills. If students are interested in this coming summer's trip, please contact Ms. Gallagher or Mr. English.

ANCIENT AVENUES

On June 8, 2006 Ms. Lystrup, Religious Studies teacher, and Ms. Greene, French teacher, will be taking students through the ancient avenues of Italy and Greece. Over the twelve-day period we will be spending time in Rome, Florence, Sorrento, Capri, Pompeii, Patras, Mycenae, Corinth, and Athens. Among some of the sites we will visit are: St. Peter's Basilica, the Sistine Chapel, the Colosseum, the villas of Pompeii once buried in ash, Delphi, the Sanctuary of Apollo, the Theatre of Epidaurus, Acropolis, the Royal Tombs, the Parthenon, and the National Archeological Museum. There is still time to sign up for this remarkable educational tour. For more information, contact Ms. Lystrup or Ms. Greene.

updates from the...Advancement Office
Alumni Association, Booster Club & Lasallian Parent Connection (LPC)

SEPTEMBER Meetings and Events (Open to all parents)

- ❖ 9/7 Grad Nite 2006 Kick-off meeting in school Library (above Main Office) at 6:30pm
- ❖ 9/9 18th Annual Alumni Wine Tasting Extravaganza - Main Lawn 7pm-11pm
- ❖ 9/12 Booster Club Parent Meeting at 6:30 pm in Bertram Hall Boardroom
- ❖ 9/12-28 QSP Magazine Processing Days in Bertram Hall Boardroom (Mornings)
- ❖ 9/13 Lasallian Parent CONNECTION meeting in school Library (above Main Office) at 6:30pm
- ❖ 9/22 Auction Meeting at 7:00pm in Bertram Hall Boardroom
- ❖ 9/24 Holy Bowl - Parent Cheer Section **MEET YOU ON THE 50 YARD LINE!**

GRAD NITE 2006 KICK-OFF MEETING

What is Grad Nite? Grad Nite started as a partnership between the school administration and parent volunteers who wanted to provide an all night graduation party in a drug and alcohol free environment with non-stop activities from 10pm-5am. Grad Nite will follow graduation on May 26, 2006.

How can you help? Parents from all classes are encouraged to participate in the year long planning process of Grad Nite. We need senior parents to help plan; Junior, Sophomore and Freshmen Parents to step forward and run the event so Senior families can enjoy graduation night with their families.

BOOSTER CLUB MEETING

The **Booster Club** was founded in the 1930's and is the oldest organization at the school. The purpose is of this parent-run association is to provide volunteer support for athletic programs and financial support for educational and social programs. All parents are welcome at the monthly meetings.

Booster Club events: **Red & Blue Scrimmage** (August 27, 2005); **Holy Bowl Cheer Section- CBHS vs. Jesuit** (September 24, 2005); **Home Football Game Support** (see calendar for dates); **La Salle Club Coaches Night** (October 22, 2005); **Auction-Monte Carlo Evening** (March 11, 2006); **Spring BBQ for Spring Sports** (date to be announced); **Hall of Fame Dinner** (April 21, 2006), **Fireworks Booth** (June 28-July 4, 2006); **Snack Bar, Booster Spirit Wear, St. LaSalle Classic and PAL Tournaments.**

QSP Magazine Drive: September 9-28 SAVE YOUR MAGAZINE SUBSCRIPTIONS FOR THE ONLY STUDENT FUNDRAISER OF THE YEAR! Students will bring home all materials on Friday, September 9 to start selling. Ordering online through the CBHS website is now available. Volunteers are needed to help process orders on the following mornings: September 12, 14, 16, 19, 21, 23, 26, 28.

Lasallian Parent Connection "LPC"

The LPC is a parent service organization based on the teachings of Saint John Baptist De La Salle. Participation is encouraged in Hospitality, Parent Education (meetings & information nights), Parent Class representatives, QSP Magazine Drive, Grad Nite and the new Mums of Alum's/Dads of Grads.

Lasallian Parent Connection(LPC) events: **School Hospitality Book Sales; Falcon Family Ice Cream Social; Open House** (October 9., 2005); **Placement Exam** (January 28, 2006) and other special events; **QSP Magazine Sales** (September 9-28); **Parent Information Evenings** with guest speakers to discuss relevant topics; **Grad Nite** on May 26, 2006 and **Class Representatives** organizing volunteer support for school dances, class liturgies and guidance nights.

SAVE THE DATE to sail on the S.S. Falcon March 11, 2006



ALL HANDS ON DECK!

The S.S. Falcon will be "sailing" to Hawaii on March 11, 2006. Plan to ~~see~~ sail for this one night cruise as a guest or crew member. It will be an entertaining evening of fun and frolic, enjoying delectable food, a Silent & Live Auction and Monte Carlo Night. We need volunteers to join the crew to lend a hand before, during or after the "cruise". Call the Cruise Directors to ask about the list of positions. *Contact Mary Anderson (392-4524) or Mary Ann Burford (492-9129).*

Reserved Parking Spaces

Please note that there are two "RESERVED" parking spaces in front of the gym. Please be courteous and do not park in these spaces. They are to remain open 24 hours a day, 7 days a week for the families who have purchased them at the annual Auction. *Unauthorized vehicles will be towed at the owner's expense.*

...News from the Dean of Students

Program "ICE"

A grassroots movement to help protect our loved ones has begun by encouraging as many people as possible across the country to program "ICE" into their cellular telephones. In Case of Emergency should be programmed into your cell phone address book where the most important contact numbers for that user are listed. Emergency response workers are learning to look for this on cell phones to contact someone if there is an emergency involving the phone's owner. I would encourage you to follow this simple practice as it is another way to help keep our kids safe both in and out of school.

Drop-Offs

When dropping off or picking up your students at CB, please pull as far forward as possible in the front lot so we can keep the traffic moving along MLK Blvd. Also, keep the center "lane" of the front parking lot clear so cars may flow along. Everyone is in a hurry to drop off or pick up their child, and a little patience and understanding in following the above advice will help with the daily routine. Your cooperation is appreciated.

Planned Absences

Please remember that planned absences are for absences long than one day. The form, the signatures, and the written request must be submitted to the Attendance Office no later than five school days in advance, or the absence will be considered unexcused. Per the *2005-2006 Parent/Student Handbook*, the Dean will not easily approve these absences as excused unless the reason is "exceptional" in nature (p.16). Also remember that although a planned absence may be approved, the days a student is absent still count towards the 10-day absence guidelines (pg. 8). The Absence Permission form can be found in the Attendance Office.

Who Let the Dogs Out?

To ensure a safe, secure campus life for our students, CB employs professional detection services to further protect our community. One such service, Interquest Canine Detection Services, will perform random searches for contraband (including drugs, alcohol, and other illegal substances) by trained dogs and handlers starting in 2005-06. This service is now being utilized by each of the four Catholic high schools in Sacramento and will help promote a healthy and safe environment for our community. The school will introduce Interquest to our CB community early in the first semester.

Christian Brothers High School

OPEN HOUSE

Sunday, October 9, 2005 - 1:00 p.m. - 4:00 pm

Informational Presentations at 1:30 p.m. and 2:30 p.m.

See and Learn:

- Religious Education and Campus Ministry
- Academics, Activities, and Athletics
 - Visual and Performing Arts
 - ...and much more!



All parents and 6th, 7th, and 8th grade students are welcome. Spread the word—tell your family and friends!!!

ATTENTION PARENTS

The 2005-2006 *Buzz Book* Parent Directory will be available this fall. A free copy will be provided for each Christian Brothers family. If you do not wish to be included in the directory, please send a note to the Main Office, Attention Rona Gordon, contact Rona Gordon at 733-3674, or send an e-mail to parents@cbhs-sacramento.org.

The Lasallian Corner

About a month ago I took my two nieces to Disneyland for a four-day vacation. We drove down in a van, loaded with enough clothes and supplies to cover a month-long excursion into the bush. It's as if we thought that Anaheim was some abandoned outpost without stores or sanity. (Well, the sanity part could be argued, I suppose.) My nieces had been all over the internet for weeks, scouring for deals and promotions, and e-mailing me the results. I learned more about fast-passes than I cared to know. But they did manage to get free parking at Disneyland for the days that we were there, and to me that alone made it all worthwhile. Once we arrived, they had each day and evening fully planned out, complete with the rides, restaurants, shopping, and parades.

We had a great time, of course, and came away with sore feet, a sunburn, and a plethora of Disneyesque bric-a-brac, both in terms of memories and material. The striking thing to me, however, was how focused, organized, deliberate, and persistent my nieces were in their preparations and in the execution of their plans. Of course, those plans changed and accommodations were made for a certain foot-sore uncle. But generally we adhered to the program, and it all worked out pretty well. The fond memory I now have is sitting on the sidewalk one evening, just outside of the mini-winery at California Adventure, sharing a loaf of freshly-made Boudin French bread, a pickle, some chocolate-covered strawberries, and a blue ice drink of some kind while watching the Electric Parade go by, inundated by that loud, goofy tune that embeds itself into your brain and doesn't go away until hours later.

There are two points that stand out for me in this experience. The first one is that we tend to become very focused, organized, and deliberate when we're dealing with something that we really want to do. It's likely that my nieces would never have approached their schoolwork in the same way that they approached this trip. Their interest, anticipation, and excitement defined their "work habits" in this case. How we see something defines what we do about it. And I don't need to draw you a picture of how that applies to teaching, to parenting, and even to one's vocation in life. John Baptist de La Salle, the Founder of the Brothers, was thinking of the same principle when he told his teachers: "Do you take advantage of their affection for you to lead them to God? If you must have for them the firmness of a father to restrain and withdraw them from misbehavior, you must also have for them the tenderness of a mother to draw them to you and to do for them all the good that depends on you." (Med. 101.3)

The second point was highlighted by a book I picked up about the "Disney Way" called *Be Our Guest*. When your GOAL is to go *beyond the expectations* of those with whom or for whom you labor, then you pay great attention to details and approach what you do with a whole different way of thinking. It's one of the things that God seems to do so well, going far beyond most people's limited expectations and seamlessly paying lots of attention to detail in the process. And the amazing thing is that we can do the same thing in whatever we do. We just have to bring God into the picture. "You carry out a work that requires you to touch hearts, but this you cannot do except by the Spirit of God." (De La Salle – Med. 43.3)

Perhaps I should now consider myself as being a "cast member" for God's show.

NOTE: Morning Mass is available in the Brothers Community Chapel – between Bertram Hall and the school – every school day morning at 6:45 AM. All are welcome to attend.

Christian Brothers Honors Chorale Performance at the Mondavi Center

For the second year in a row, the Christian Brothers community will have the opportunity to see one of its choirs perform at the Mondavi Center. Following last year's performance by the Vocal Jazz ensemble in the Sacramento Jammies, our very own Honors Chorale will participate in "A Call for Unity" on Friday, September 23rd. The concert includes a variety of groups from around the Sacramento area and will celebrate the diversity within our city. Tickets cost \$15-\$20, and may be purchased by calling (866) 754-ARTS.

For more information, visit www.newsreview.com/unity.

September 2005

For current sports schedules, please see the monthly Falcon Family News and the CB website.

Aug 2005		Sep 2005		1	2	3										
S	M	T	W	T	F	S	S	M	T	W	T	F	S	1	2	3
7	8	9	10	11	12	13	2	3	4	5	6	7	8		ARBCCO Foothill Soccer	
14	15	16	17	18	19	20	9	10	11	12	13	14	15			
21	22	23	24	25	26	27	16	17	18	19	20	21	22			
28	29	30	31				23	24	25	26	27	28	29			
							30	31								
4	5 LABOR DAY No classes	6 ARBCCO	7 ARBCCO	8 ARBCCO Clearinghouse on GEP Training for Transportation and Access 8:00 am	9 ARBCCO GEP Migration Drive Rally	10										
11	12 ARBCCO 2005 Address Application Night 5:30pm-8pm	13 ARBCCO Senior Panel Mtg 4:30 pm	14 ARBCCO New Teacher Mtg 7:00 pm Lecturer Panel Mtg 8:30 pm	15 ARBCCO Clearinghouse on Department Mtg	16 ARBCCO	17										
18	19 ARBCCO Sophomore Family Literacy 8:30 am	20 ARBCCO Foster Panel Mtg 4:30 pm	21 ARBCCO Vocational Day	22 ARBCCO Clearinghouse on Community Mtg 1:30pm	23 ARBCCO Fall Progress Reports	24										
25	26 ARBCCO Freshman Career High Ign Coffin	27 ARBCCO	28 ARBCCO Classroom Mgt Mtg on Department Mtg	29 ARBCCO	30 ARBCCO GEP Holiday (no classes) No classes											

Updated on August 20, 2005

Sun	Mon	Tue	Wed	Thur	Fri	Sat
				1 7:00PM G V VLB Sheldon High School	2	3
4	5	6 3:30PM G V GLF Oak Ridge High School 4:00PM B V SOC Jesuit 4:00PM G FR VLB Falcon High School 5:00PM G JV VLB Falcon High School 5:30PM B JV SOC Jesuit 6:00PM G V VLB Falcon High School	7	8 3:30PM B FR FB @ El Camino High School 3:30PM G V GLF @ Union Mine 3:30PM G AL CHR @ El Camino High School 4:00PM G FR VLB Loreto High School 5:00PM B JV FB @ El Camino High School 5:30PM G JV VLB Loreto High School 5:30PM G VJ CHR @ El Camino High School 6:30PM G V VLB Loreto High School 7:30PM B V FB @ El Camino High School	9 TBA B V SOC @ Del Cerro 3:00PM BG V XC @ Rocklin Invit. @ Rocklin Park	10 TBA B V SOC @ Del Cerro 3:00AM BG V XC @ Ed Sies Invit. @ Hidden Valley Park 6:30AM G V VLB @ Chadwick Memorial Tourney 8:30AM G FR VLB @ CIVT Tourney
11	12 4:00PM B V SOC Cordova 5:30PM B JV SOC Cordova	13 3:30PM G V GLF @ Dorado 3:30PM G V TEN @ Oak Ridge High School 3:45PM BG V WFL @ Del Cerro High School 4:00PM G FR VLB Rio Americano High School 5:00PM G JV VLB Rio Americano High School 6:00PM G V VLB Rio Americano High School	14 4:00PM BG V XC @ SVC Center West #1 4:00PM B JV SOC @ Rosemead High School 4:00PM G FR VLB Rosemead High School 5:00PM G JV VLB Rosemead High School 6:00PM B V SOC @ Rosemead High School 6:00PM G V VLB Roseville High School	15 3:30PM B FR FB C.K. McClatchy 3:30PM G V GLF Ponderosa 3:30PM G V TEN Cordova 3:30PM G FR CHR C.K. McClatchy 4:00PM B V SOC @ Napa High School 4:00PM G FR VLB Cordova 5:00PM G JV VLB Cordova 5:30PM B JV SOC @ Napa High School 6:00PM G V VLB Cordova	16	17 8:30AM BG V XC @ DelaSalle @ Newhall Park, Concord 8:30AM G JV VLB @ CIVT Tourney 11:00AM B JV FB C.K. McClatchy 11:00AM G VJ CHR C.K. McClatchy 1:00PM B V FB C.K. McClatchy
18	19 4:00PM B V SOC @ Ponderosa 5:30PM B JV SOC @ Ponderosa	20 3:30PM G V GLF @ John F Kennedy High School 3:30PM G V TEN @ Rosemead High School 3:45PM BG V WFL @ Woodcreek High School 4:00PM G FR VLB @ Rosemead High School 4:00PM G JV VLB @ Rosemead High School 5:00PM G V VLB @ Rosemead High School	21 4:00PM B V SOC @ Dorado 5:30PM B JV SOC @ Dorado	22 3:30PM G V GLF @ Rosemead High School 3:30PM G V TEN Ponderosa 3:45PM BG V WFL Roseville High School 4:00PM G FR VLB Ponderosa 5:00PM G JV VLB Ponderosa 6:00PM G V VLB Ponderosa	23 4:00PM B V SOC @ Lincoln 5:30PM B JV SOC @ Lincoln	24 8:00AM BG V XC @ Stanford Invit. @ Stanford 8:00AM BG V XC @ Froggswell Invit. @ Angelo Camp 3:00PM B FR FB @ Jesuit 3:00PM G FR CHR @ Jesuit 5:00PM B JV FB @ Jesuit 5:00PM G VJ CHR @ Jesuit 7:00PM B V FB @ Jesuit
25	26 11:00AM G V GLF @ Laagis Match #1 @ TBA 4:00PM B JV SOC @ Galt 6:00PM B V SOC @ Galt	27 3:30PM G V GLF @ Galt 3:30PM G V TEN @ El Dorado 3:45PM BG V WFL @ Bear River High School 4:00PM G V VLB @ El Dorado 4:00PM G FR VLB @ El Dorado 5:30PM G JV VLB @ El Dorado	28 4:00PM B V SOC @ Union Mine 5:30PM B JV SOC @ Union Mine	29 3:30PM G V GLF @ Oak Ridge High School 3:30PM G V TEN Galt 3:30PM G FR CHR @ Oak Ridge High School 3:45PM BG V WFL @ Rocklin High School 4:00PM G FR VLB Galt 5:00PM G JV VLB Galt 6:00PM B FR FB @ Oak Ridge High School 6:00PM G V VLB Galt	30 5:30PM B JV FB @ Oak Ridge High School 6:30PM G VJ CHR @ Oak Ridge High School 7:30PM B V FB @ Oak Ridge High School	

2004-2005 Spring Semester Honor Roll

Freshmen

Mark William Alger
 Samantha Kristine Anderson
 Matthew Donovan Aronson
 Daniel Jordan Calvillo
 Brendan Thomas Carroll
 Paige Noelle Castleberry
 Hailey Kathleen Cavanaugh
 Taylor Renee Chamberlain
 Sophia Rose Crawford
 Elisa Maria Cuomo
 Amanda Helen D'Elia
 Justin Alexander Demianew
 Aaron James Dennings
 Nathaniel Paul Domek
 Aaron Garcia Domingo
 Ian Alexander Dwight
 Siena Elena Encinas
 Reynaldo Arthur Enriquez
 Nicole Marie Evashenk
 Ashley Danielle Ferreira
 Anthony Cole Gallegos
 Charisse Amarissa Gardiol
 Jonathan Anthony Gayton
 Alexander Parker Hall
 Erica Marie Havey
 Edward Charles Henry
 Monica Catherine Hudnall
 Asa Raasaan Webster Jackson
 Megan Nicole King
 Reid Weston Konkel
 Erin Brittany Kwok
 Joseph Mark LaBriola
 Joseph Jackson Lipper
 Bilawal Mahmood
 Ryan Andrew Massello
 Kelly Ann McEnerney
 Brian Patrick McGovern
 Christopher Corey McKinnon
 Grant Joseph McNamee
 Tyler Makana akua Meredith
 Gregory Mindlin Miguel
 Veronica Grace Mooney

Allison Lynn Moser
 Samantha Lou Moser
 Jose Silvano Nieto
 Jennifer Lena Pascual
 Ivan Alejandro Perez
 Bryan Michael Perrin
 Erin Frances Perry
 Charles Russell Probst
 Blair H. Pterroz
 Nelson Evaristo Ramirez
 Niesha Shante Reed
 Kaitlin Alexa Robinson
 Jaelyn Rose Ruiz
 Robert Eugene Scherer
 Tracy Elizabeth Schwartz
 Carolyn Rose Sechrest
 Josephine Ali Shaifreha
 Kathleen Nicole Simmons
 Ann Fahy Steimel
 Anthony Thomas Taviani
 Michael Valim Teixeira
 Stephen Christopher Thomas
 Kayla Shantelle Thompson
 Samantha Skye Torado
 Pedro A. Torres
 David Truman Tracy
 Margaret Meara Waterhouse
 Evann Renee Whitelam
 Briana Yvonne Wilborn
 Matthew Benjamin Wong
 Amanda Michele Zeboski

Sophomores

Lauren Jane Alger
 Matthew B. Anderson
 Lyawna Jelynn Archie
 Ashley Marie Aurich
 Dane Christian Axelgard
 Sonny Lee Birtwistle
 Jessica Grace Bond
 Palmer Bishop Brown
 Evan Phillip Burford
 Caitlinn Adele Butcher

Christopher Camilo Carrillo
 Angela Therese Carter
 Bryan Joseph Caselli
 Allison Michelle Clark
 William Coddington
 Candace Marie-Guzman Cole
 Matthew Joseph Leon Connors
 Tyler Skover Coons
 Britton Andrew Cope
 David Garrett Cotter
 Megan Marcelina Dagang
 Meghann Louise Danley
 Jeffrey Alexander Delgadillo
 Matthew Patrick Delgado
 Manuel Xesus Diaz
 Katherine Carey Drack
 Joseph H Ezaki
 Madeleine Clare Flynn
 Eric Stephen Fornalski
 Patrick Manogue Gormley
 Katherine Anne Groesbeck
 Vincent Nicholas Guidera
 Aaron Thomas Gustin
 Alexander Glenn Haw
 Leslie Ann Hoffeditz
 Juleah Lyn Horsting
 Stacey Jane Howell
 Victoria Desiree Hrabak
 Thomas Wayne Hua
 Alicia Christina Isaacs
 Amanda Catherine Johnston
 Matthew James Kalmanson
 Richard Leroy King
 Caitlynn Marie Kreis
 Timothy David Kunz
 Lauren Anne Lahey
 Jessica Renee Lam
 Lena Lam
 Adria Patricia Lawrence
 Lauren Ann Leishman
 Joseph Raymond Lewis
 Nicole Caitlin Link

Taylor Fraga Mahony
 Scott Graison McCalla
 Chayla Charlise McDavid
 Lindsay Terumi Meline
 Samantha Linn Miller
 Pamela Anne Mosbarger
 Alexandra Kathleen Murphy
 Daniel Anthony Naraval
 Caitlin Mee Olson-Kenny
 Elizabeth Marie Olveda
 Stacie Marie Olveda
 Briana Gabriella Perez
 Anthony Q Pham
 Brendan T Phillips
 Javier Andres Plasencia
 Matthew Louis Putrino-Mamola
 Kiana Josephine Salazar Thompson
 Sidney Morgan Kennedy Scheideman
 Jake Preston Schuering
 Joshua Stanford Bida Silver
 Nicholas Adam Sullivan
 Clark Garrett Taylor
 Vivian William Thompson
 Dominic William Trelford
 Michael Scott Van Beek
 David Michael Van Muyden
 Hugo Vega-Ramirez
 Lora Danielle Walton
 Christopher Keith Webb
 Ryan Timothy Wilson
 Anne Meredith Winslow
 Christopher Elliott Wong

Juniors

Jennifer Lynn Ary
 Khazei-Marin Alohilani Bauer
 Maile-Rochet Naraikalani Bauer
 Katherine Anoush Bedrosian
 Ashley Marie Black
 Brian Anthony Bonsignore
 Jessica Nicole Boriskin
 Matthew Benjakarn Braly
 Michael Jack Burlando

2004-2005 Spring Semester Honor Roll

Jonathan David Chaffin	Megan Michelle Palermo	Kimberly Michelle Christophersen	Amanda Natalie Plasencia
Roque Chavez	Justin Dieter Andres Perez	Stephanie Ann Cotta	Heather Lynn Ravas
Joyce Hay Yee Chuk	Mark Ellis Polhemus	Anthony John Crisostomo	Miamah Beruda Reed
Alex Jonathan Compton	Salvador Ramirez, Jr.	Rashad Anthony DuPaty	Brian Michael Riley
Christopher Sean Corcoran	Sofia Lucha Robles Castillo	Jennifer Nicole Ferreria	Felipe Riviera-Jurado
Anna Elise Chape DaCosta	Jennifer Lynn Roebuck	Amy Leigh Field	Nicolaus Cortopassi Seppi
Eric Gomez Del Real	Claudia Romanelli	Allison Marie Proehler	Kayla Lee Simas
Andrea Marisa Diaz	Arne Marie Rosensteel	William Anthony Giovannetti, Jr.	Lauren Michelle Singer
Douglas Quincy Drozd	Calvin John Ruiz	Zane Palacios Griffin	Melissa Anne Singh
Thomas Niels Duffy	Kathlin Margaret Ryder	Keith Jefferson Henwood	Andrew John Spisak
Lauren Helene Evashenk	Kent Edward Sargent	Meaghan Nicole Hillson	Angela Courtney Stassi
Irene Ferrari	Thaddeus Michael Segura	Taylor Thomas Hodges	Jennifer Lynn Stathos
Keenan Mikal Flynn	Marthaw Alan Smolich	Elizabeth Joan Hogan	Lauren Kathleen Shuebing
Rachel Ann Franzosa	Valerie Karen Taylor	Erica Michelle Jaramillo	Brian Richard Taylor
Carlos Enrique Garcia	Kelsey Ann Thompson-Briggs	Evan Michele Jeffries	Sonya Elizabeth Teclai
Chaire Elizabeth Gilbert	Mallory Kamiko Tokunaga	Christina Elizabeth Juarez	James Howard Thompson
Gabrielle Elizabeth Grow	Kathryn Leigh Tonello	Ryan Nicholas King	Spencer Russell Tochterman
Aileen Elizabeth Gugeler	Korin Raquel Vallejo	Adam Robert Koppel	Gilberto Valentino Tovar
David Benjamin Hart	Alyssa Juliann Van Gundy	Andrey Jane Laino	Michael Joseph Vatnone
Anastasia Katherine Hesser	Amanda Melanie Walther	Monica Mary Laubacher	Courtney Cashin Vellanoweth
Laine Monicelle Himmelmann	James Leo Waterhouse	Marthaw David Louis	Kelsey Rose Walsh
Megan Kiyo Hirano	Kelli Annette Waters	Catherine Elizabeth Lyons	Noah Douglas Webb
Bryan Edward Holst	Lindy Lee Wilson	Zachary Joseph Madewell	Paul Guilford Wolfing
Erica Danielle Howard	John Stewart Winslow	Mario Madrigal	Ashley Anne Wright
Samuel Sherman Hyde	Ryan Thomas Wong	John Anton Malinowski	Jared Isao Yamasaki
Ebony Martina Jeffries	Brendan Samuel Wright	Tessa Kay Malinowski	Shane Andrew Zarze
Lisa Ann Kelkoon	Adam Paul Zeboski	Allison Elizabeth McCarthy	
Alex Kemper-McCall		Brianna McCoy	
Tara Michelle Larson	Christine Elizabeth Amorose	Kimberly Michelle McGann	
Amanda Lillian Limeberger	Jeynysha Lorynn Archie	Jane Ashley McMillan	
Britany Kayla Liverett	Erin Leigh Barsanti	McKenzie Muelko Meline	
Nicholas John Loucarich	Danielle Nicole Bennett	Gary Mindlin Miguel	
Hannah Christine Lowe	Jenna Leigh Bodolay	Jacqueline Norma Minas	
Keith Kee-Chi Lui	David Gale Borden	Edward James Mizutani	
Christopher James Luna	Andrew David Boriskin	Theodore John Monson	
Maria Rebecca Manzo	Michael Amorn Braly	Braydon John Moreno	
Erin Kathleen Mckenna	Alicia Renee Brosterhous	Andrea Mariese Navarrete	
Jessica Elaine Metzner	Tyler Wayne Brown	Engelbert Chua Navarro	
Rafael Mindlin Miguel	Teal Janee Burger	Katherine Davida Niehaus	
Natalie Lynn Nelson	Ana Mannuella Carrasco	Elizabeth Anne Nolan	
Jeremy Robert Nevis	Adam Jeffrey Chapman	Andrew Lloyd Oliva	
Timothy Dang-Nam Nguyen	Eric Perez Chavez	Vishal Dilipkhai Patel	
Colin Byrne O'Brien	Brandon Timothy Chin	Sarah Nicole Perrin	